



Lutheran Homes Barossa

TIT TAT

June 2026



Message from the Chaplain—Ian Lutze *Chaplaincy to the Organisation*



When you are being interviewed for a job, and a panel of eminent people from the employing body are sitting opposite you, you can feel very much alone. Now, maybe this has not been your experience, and the picture I painted feels a bit Hollywoodish. But that was my experience many years ago, applying for a hospital chaplaincy role. Making matters worse was the smart-aleck on the panel throwing in the curved-ball questions like, “What does it mean to you to be Chaplain to the Organisation?”

I thought what? I’m applying to be a chaplain to people, not a vague entity. So I spluttered and gave a kind of ‘I’ll get back to you’ answer. But that question has stuck with me ever since. How are we chaplains to the organisation? Part of an answer in dot points include, targeted to LHB:

- Leaning how LHB works, the people, the systems, the history, so that a chaplaincy approach in writing and priorities gels with where LHB is at
- Being present at senior leaders and other relevant decision-making and team-building opportunities
- Wrestling with the question of what does it mean for LHB to be a Christian and Lutheran organisation, finding fresh, influential and challenging ways to place this question before people
- Finding creative ways forward, together with the team, where systems and structures seem to take on a life of their own and don’t serve the people and values we aspire to serve.

Being chaplains to the organisation can be hard to visualise and confusing to put into practice, but it is an important and rewarding part of ensuring Christian care and values remain central to what we do.

Enjoy your first blast of winter! And may the warmth and care of our organisation, LHB, help a little as well.

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
“Love one another as I have loved you”

John 13:34



27 Bridge Street, Tanunda SA 5352

Phone : (08) 8563 7777

Fax : (08) 8563 7799

Email : info@tlhome.com.au

Website : www.tlhome.com.au

Facebook : Lutheran Homes Barossa



**Lutheran Church
of Australia**

Welcome
NEW RESIDENTS

Eric Pfeiffer

*May our home be warm, and our friends be many.
May every moment shared here, be filled with
comfort and connection.*



JUNE BIRTHDAY
CELEBRATIONS

- 2nd Thomas Fox
- 9th Dorcas Kernich
- 11th Ken Fyfe
- 19th Alex Muir
- 25th Trevor Frost
- 27th Brian Selwood
- 27th Gaynor Green
- 30th Janice Baker
- 30th Barbara White



IN LOVING MEMORY OF

Our deepest sympathy to the family of

Jeanette Muir 14th May

May she rest in peace ...



*Put blinders on to those
things that conspire to hold
you back, especially the
ones in your own head..*

- Meryl Streep



- Wednesday 3rd June
- Wednesday 10th June
- Wednesday 17th June
- Wednesday 24th June

Shopping Bus



LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

King's
BIRTHDAY



Monday 8th June

The Administration Office and Entrance will be closed on Monday 8th June due to the King's Birthday Public Holiday.

Why was the King only a foot tall?
Because he was a ruler!



**FIGHT
MND.**
IT TAKES PEOPLE

Join us in support of MND by wearing **BLUE** this Thursday 4th June. For those wishing to participate, we would appreciate a gold coin donation into the jar at Reception. All funds will go towards Fight MND to improve care and research, in hopes to find a cure.

Words From Our CEO

MICHELLE SCHUPELIUS



As we move through yet another busy and productive period, I wanted to take the opportunity to share a few updates about some important projects and initiatives happening across Lutheran Homes Barossa.

I'm delighted to share that work has now commenced on our **new call bell system upgrade**. This is a significant investment in our future and one that will enhance the safety, comfort and care experience of our residents for many years to come. Projects like this are only possible because of the foresight and support of our Board, and I would like to sincerely thank them for their commitment to continually improving our services and facilities.

The project will be managed by Sharon Berridge, with works commencing in ABGO before progressing throughout the home. We expect the full upgrade to take approximately five months to complete. While there may be some minor disruptions along the way, the end result will be a modern, reliable system that supports both residents and staff. We appreciate everyone's patience as this important work is carried out.

Many of you will have noticed the recent **changes to traffic flow and directional signage** around our site.

To ensure these changes were achieving the intended outcomes, we engaged a traffic engineer to review the new arrangements. It was very pleasing to receive positive feedback, with the engineer complimentary of the new traffic direction and overall improvements. A few minor recommendations for additional signage were also made, and these will be implemented in the coming weeks. We recognise that any change, even positive change, can take time to get used to. Familiar habits don't change overnight, and that's perfectly normal.

One quote I often reflect on is: *"Change is hard at first, messy in the middle, and gorgeous at the end."* - Robin Sharma

As we continue to adjust together, I thank everyone for their patience, understanding and willingness to embrace improvements that ultimately make our environment safer and easier to navigate.

One of the most exciting pieces of work currently underway is the **development of our new Strategic Plan**.

A draft plan is now being shared with residents and staff as part of our consultation process. These conversations are incredibly important because the best plans are shaped by the people who live, work and spend time within our community every day. I encourage everyone to take the opportunity to provide feedback. Your ideas, experiences and perspectives help ensure that our priorities and future direction truly reflect what matters most. Following consultation and final refinement, we look forward to releasing the completed Strategic Plan in July.

As part of our ongoing improvements, our Rock group has been working on **planting suggestions for our large carpark**.

As part of our planning process, we have needed to review the proposed planting locations following further investigations of underground infrastructure. This has identified the presence of underground power lines and fire water pipes in several areas, requiring us to carefully reconsider where planting can occur safely and sustainably. While this has caused some delays to the landscaping plans, taking the time to get it right now will help avoid future issues and ensure that any improvements enhance the site without impacting essential services. We also want everyone to be safe when digging! We remain committed to creating attractive outdoor spaces that contribute to the overall look and feel of our community, and we look forward to sharing more details as the revised plans are finalised.



QUALITY NEWS



Sharon Berridge - Executive Care Manager
Lisa Morrison - Clinical Nurse Consultant
Ravneet Kaur - Clinical Nurse Consultant

Belinda Treloar - Customer Service, Volunteer & Leisure Coordinator

HYDRATION REMINDER

Maintaining good hydration is important for overall health and wellbeing, especially during the colder months when people may feel less thirsty.

Drinking enough fluids can help support energy levels, circulation, skin health, and reduce the risk of dizziness, confusion, constipation, and urinary tract infections.



Residents are encouraged to enjoy regular fluids throughout the day; however, residents who have been prescribed a fluid restriction by their medical team are kindly reminded to maintain their recommended fluid allowance to help manage their health condition and prevent complications such as fluid overload and breathing difficulties.

Please speak with the clinical staff if you have any questions or require support regarding hydration or your fluid allowance.



COMPLIMENTS, COMPLAINTS & SUGGESTIONS

Area of Concern	Concern	Compliment	Suggestion	Total Area of Concern
Care / Clinical	2			2
Housekeeping / Laundry	4	1		5
Education/ Training			1	1
Environment	1		2	3
Catering / Café	5	15	1	21
Lifestyle / Volunteers		5		5
Maintenance		1		1
Other / LHB	1	1		2
Staff	6	17		23
Wellbeing		1	1	2
CHSP		3		3
	19	44	5	68

We value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us at Lutheran Homes Barossa.



Australian Commission on **Safety and Quality** in Health Care

ANTIMICROBIAL STEWARDSHIP

Antimicrobial Stewardship includes a range of activities that promote and support optimal antimicrobial prescribing and use. We have a range of resources and information to support health professionals and services with antimicrobial stewardship and improve the safe and appropriate use of antimicrobials.

Antimicrobials refer to all antibiotics, antivirals, antifungals, and antiparasitic agents. They treat and prevent infections caused by bacteria, viruses, fungi, parasites and other microorganisms.

Antimicrobial Stewardship (AMS) programs help to decrease inappropriate antimicrobial use and prevent and contain antimicrobial resistance.

What is Antimicrobial Stewardship?

Antimicrobial Stewardship programs are run by a team of health professionals within hospitals and health care settings and involve a range of activities and strategies that optimise antimicrobial use and decrease antimicrobial resistance.

These activities can include:

- ♦ auditing the use of antimicrobials
- ♦ providing feedback and advice to health professionals on alternative options to antimicrobials
- ♦ overseeing and managing antimicrobials
- ♦ monitoring antimicrobial prescribing patterns to identify trends and areas for improvement
- ♦ raising awareness on antimicrobial resistance.



Our Preventing and Controlling Infections Standard requires all health service organisations to have an Antimicrobial Stewardship program.

Our Antimicrobial Stewardship in Australian Health Care book provides detailed advice and steps on running AMS program.

We also provide resources to help health services successfully implement their Antimicrobial Stewardship programs and meet the requirements of our Preventing and Controlling Infections Standards and Antimicrobial Stewardship Clinical Care Standard.

Why is Antimicrobial Stewardship important?

Inappropriate use of antimicrobials contribute to antimicrobial resistance, where microorganisms develop the ability to survive exposure to antimicrobial agents.

People who have infections caused by antimicrobial resistant microorganisms are more likely to experience ineffective treatment, recurrent infection, delayed recovery, or even death. Antimicrobial Stewardship programs help to decrease inappropriate antimicrobial use and prevent and contain antimicrobial resistance.

Strengthened Quality Standards



If you feel these standards aren't being met please let us know in one of the following ways:

- Share Your Experience Form
- Customer Service Coordinator Belinda Treloar

If you prefer to raise your concerns externally you can also contact:

The Aged Care Quality and Safety Commissioner on 1800 951 822
National Aged Care Advocacy Line on 1800 700 600

...please share your contact details

DATE : _____
 NAME : _____
 ADDRESS : _____

 PHONE : _____
 EMAIL : _____
 I'd prefer to remain anonymous?
 ON BEHALF OF: _____
 ADDRESS : _____



<input type="checkbox"/> RESIDENT AGED CARE:	<input type="checkbox"/> COMPLIMENT:	<input type="checkbox"/> RESIDENT:
<input type="checkbox"/> RETIREMENT LIVING:	<input type="checkbox"/> SUGGESTION:	<input type="checkbox"/> RELATIVE:
<input type="checkbox"/> COMMUNITY SERVICES:	<input type="checkbox"/> FEEDBACK:	<input type="checkbox"/> VISITOR:
<input type="checkbox"/> OPERATIONS:	<input type="checkbox"/> CONCERN:	<input type="checkbox"/> STAFF:
<input type="checkbox"/> OTHER:	<input type="checkbox"/> COMMENT:	<input type="checkbox"/> OTHER:

YOUR FEEDBACK: Please share your compliments, suggestions, feedback or concerns. Your input will be confidential and without repeat.

WE APPRECIATE YOUR SUGGESTIONS FOR IMPROVING OUR SERVICES. PLEASE PROVIDE SPECIFIC DETAILS.

THANK YOU FOR YOUR FEEDBACK WE APPRECIATE YOUR TIME AND INTEREST

WOULD YOU LIKE TO DISCUSS THIS DIRECTLY?

I would like to know what improvements and actions have been ignored on my feedback.

YES YES

OFFICE USE

Date Received: _____
 CSC Log #: _____
 Receipt Acknowledged: Yes - No
 Phone: In Person: Email: Other
 Forwarded To Departmental Head: Yes - No
 Required: Yes - No
 Satisfactory Outcome: Yes - No
 Date Closed: _____
 Follow Up required: Yes No N/A
 3 months 6 months 9 months
 Other Comments: _____

...thank you

The safe and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience' form and return to reception or pop into any of the myriad orientation drop boxes within the building.

Receipt of your feedback will be acknowledged

...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been initiated as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or support Manager, please contact the Executive Assistant, **Bethany Michon** by phone on **8543 7733**

Bethany will arrange your appointment.
bethany.michon@lhome.com.au

Alternative Contacts:

The Aged care Quality & Safety Commissioner
1800 951 822
National Aged care Advocacy Line
1800 700 600

Lutheran Homes Barossa
27 Bridge Street TANUNDA SA 5332



Ensuring Your Life

Lutheran Homes

Barossa

Lutheran Homes Barossa

27 Bridge Street TANUNDA SA 5332

Phone: 8543 7777 info@lhome.com.au

www.lhome.com.au

...we invite you to share your experience

A confidential opportunity to give feedback on our service, our staff, experience or a situation. ... we appreciate your interest!



Lutheran Homes Barossa

Ensuring Your Life



WHAT TO DO IF YOU HAVE A COMPLIMENT, SUGGESTION, OR A CONCERN THAT WE SHOULD KNOW ABOUT?

Complete a "Share Your Experience" form and drop it in one of the black feedback boxes located throughout the facility.

...we invite you to share your experience

A confidential opportunity to give feedback on our services, our staff, experiences or a situation...we appreciate you message!



Alternatively talk to one of our friendly staff to discuss any concerns or questions you may have about the quality of service we provide to you, and they will then follow our comment making process on your behalf.

All comments are to be forwarded to **Belinda Treloar** (Customer Service, Volunteer & Leisure Coordinator) who will ensure the correct person is notified and will contact you.

You can also contact Belinda directly through belinda.treloar@tithome.com.au

Or ask your direct staff person to speak with Belinda on your behalf.

To book an appointment with Belinda you can contact Kasey at reception by email: kasey.welch@tithome.com.au or Ph: 8563 7777

We take all feedback seriously. If you have a concern, we will respond to it promptly and confidentially.

Your comments will give us an opportunity to improve our services.

We appreciate you taking the time to provide us with your valuable feedback.

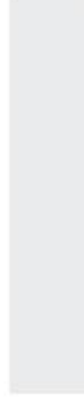


Do you have concerns about an aged care provider, worker or responsible person?

You can do something about it. If you have concerns about the aged care you or someone else is receiving, you can raise it with your provider or us.

You have the right to make a complaint. We encourage you to raise your concerns or make a complaint to your provider first. This is often the easiest and quickest way to resolve a complaint, and it gives your provider an opportunity to improve their service. It should not feel uncomfortable or wrong to make a complaint.

Your local contact within this service is:



If you don't feel comfortable doing this, or if you are having trouble getting your provider to resolve a complaint, please contact the **Aged Care Quality and Safety Commission on 1800 951 822** for free advice or help. You can make a complaint or provide feedback to us about an aged care provider, worker, or responsible person. Providing feedback is a way to tell us about your concerns without being involved with how we handle it. You can share your concerns anonymously or confidentially if you wish.

If you'd like support to raise your concern, a free advocate may be able to help. Call the Older Persons Advocacy Network (OPAN) on their Aged Care Advocacy Line on **1800 700 600**.

If you need an interpreter to speak with us, call the Translation and Interpreting Service on **131 450**.



Phone
1800 951 822



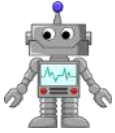
Email
info@agedcarequality.gov.au



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 98 19, in your capital city



ROBOTS



Rachel Strudwick - Executive Operations Manager

We are looking for names for our 2 Clean Linen Robots and our 2 Resident Tray Delivery Robots. Please see Kasey at Reception with your suggestions.

Kasey has started us off with Lenny & Lucy, and Honey & Sugar!



CATERING

Aged Care Food Summit 2026

I recently had the privilege of attending the 2026 Food & Aged Care Summit in Sydney, where the Aged Care Quality and Safety Commission shared their vision and expectations for Standard 6. It was an inspiring and energising experience, highlighting the exciting future of food and dining in aged care.



I was fortunate to hear from a range of industry leaders, including David Martin, Executive Chef at St Vincent's Care, Elke Travers, Commercial Development Chef for Nestlé Professional, and Julie Dundon, Accredited Practising Dietitian from Nutrition Professionals Australia, who completes our LHB reports and approves our menu. Their presentations were filled with positive stories of innovation, improvement, and the meaningful changes already being made across the sector.



A recurring theme throughout the summit was creating meals that deliver a true “flavour bomb” experience, food that is nutritious, delicious, and memorable. There was a strong focus on wholesome, home-style cooking, including hearty soups packed with flavour and nutrition, as well as freshly made, protein-rich snacks prepared daily to support residents' health and wellbeing.

What was particularly encouraging was seeing how many of these principles already align with what we do well. Our commitment to providing fresh, nourishing meals, listening to resident preferences, and continually improving the dining experience places us in a strong position as the sector evolves.

The future of aged care dining is incredibly exciting. The focus is shifting beyond simply meeting nutritional requirements to creating enjoyable food experiences that enhance quality of life, support health outcomes, and bring joy to all every day. I look forward to exploring new ideas, building on our existing strengths, and continuing to create positive dining experiences for those in our care.



I also watched some of the Chef of the Year competitions, this was held over the three days and was very exciting to watch. I was stressed for them but they were loving it.

If you have a favorite soup recipe that you would like us to recreate, please let Kasey know and we will discuss this further with the kitchen team.



RESEARCH STUDY

Jason will be onsite from **3rd–5th June** to conduct these research studies. If you have any questions or would like to learn more about participating, please speak with a member of the **Lifestyle Team**, who can provide further information.

Help us improve meaningful activity participation for aged care residents

We are looking for :

- Residents
- Staff, volunteers, or visiting personnel who support resident in daily activities
- Family members, friends, or contact persons of residents

What is this study about?

Monash University researchers are exploring how meaningful activity is supported in aged care homes, and how it can be improved for residents.

Why participate?

You will contribute valuable information towards recommendations on how to better support residents' participation in meaningful activities in aged care homes.



What is involved?

Participate in a 30 - 45-minute interview (in person, online, or via telephone)

Scan to register your interest:



This project is led by Jason Yeung, a PhD candidate at Monash University and an occupational therapist with experience in aged care.

Please feel free to contact Jason if you have any questions.



(03) 9904 4528



jason.yeung@monash.edu

NATIONAL VOLUNTEERS WEEK



Lutheran Homes Barossa is proud to say that we have approximately 70 volunteers that are part of our very special community. Each and everyone of these people make an amazing contribution to our little community. This year for National Volunteers Week, we recognised some very special people that help make LHB a home; the volunteers. Small tokens of our appreciation were very generously donated by Maggie Beer and gifted to the volunteers.



2026 had significant achievements with many volunteers contributing to large number of Years of Service.

- | | |
|----------------------------------|----------------------------|
| Lena Rogers | 45 Years of Service |
| Rae Materne | 29 Years of Service |
| Kathy Maas | 28 Years of Service |
| Judy Nicholls | 27 Years of Service |
| Evonne Pritchard | 27 Years of Service |
| Chris Thomas | 26 Years of Service |
| Dianne Litterini | 25 Years of Service |
| Christine Mitchell | 22 Years of Service |
| Melva & Trevor Ratsch | 21 Years of Service |



FOOTY TIPPING COMPETITION

NEIGHBOURHOOD LEADERS

ABGO	Dorcas Kernich	64
PROTEA	Marjorie Irvine	69
TRINITY	Liz Linke	73
WARATAH	Kevin Jones	61



STAFF LEADERS

Ian Lutze — Chaplain	69
Sean Hyland — Lifestyle Officer	69
Michelle Duff — PCW	68

All scores correct as of the 25/05

NEWSPAPER REMINDERS

Please note that our communal Advertiser and Leader newspapers are intended to remain in the lounge areas for all residents to enjoy. These newspapers should not be taken to residents' rooms. Alternatively, residents are welcome to visit Reception to arrange and pay for their own personal daily newspaper subscription.



Thank you for your assistance in ensuring these shared resources remain accessible to everyone in the facility. If you have any further questions, please see Reception.



1

WHO AM I?

2



I am an American singer, song-writer, and producer. I have been singing for 50 years. I began my career as a jingle writer until one day I was asked by the director of CBS to arrange some songs for a new musical called The Drunkard. Instead, I wrote an entire original score. I went on to produce the Bette Middler album The Divine Miss M.

My first album was a non-event but my second made me world famous with the hit Mandy. I wrote a string of successful songs like Can't Smile Without You, Copacabana, and I Write the Songs.

I was an American actress, singer and dancer. I began my career in vaudeville with my parents and sisters. I was thirteen years old when MGM offered me a contract. I went to school at Metro with Ava Gardner, Lana Turner and Elizabeth Taylor. In 1938 Metro was looking for Dorothy for the movie Wizard of Oz; they wanted Shirley Temple but 20th Century Fox declined, they offered Deanna Durbin but she was unavailable. So I was cast! Other movies I made include: For Me and My Gal, and Meet Me in St. Louis.

ANSWERS CAN BE FOUND ON PAGE 17

CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



HAPPY MOTHER'S DAY



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



WHAT'S HAPPENING IN JUNE

June Church Services

Sunday Service: 10.00:
7th, 14th, 21st, 28th

Acacia Lounge Service:
11.00: 1st, 15th, 22nd,
29th

Waratah Service: 10.30:
3rd

Wisdom of Elders: 10.30:
5th and 26th

Blessing of the Month:
1.30: Acacia Lounge: 10th



COUNTRY WESTERN DAY



Join us on Monday 22nd of
June 2026 for a **BOOT
SCOOTIN'** good time!

Staff and Residents are
encourage to dress in your
best country western outfit.



We will be running a simple beginner
line dancing class for
STAFF AND RESIDENTS TO JOIN
at 1:30pm in the Gramp Chapel.
Come along and learn some dance
moves or sit back and watch the fun!

Food Meeting & Tasting

10th of June 2026

1:30pm in the Chapel



LHB LITERARY CLUB

AUTHOR OF THE MONTH



FIONA MCLNTOSH

Fiona is the first to admit that she came to writing novels late in life after a career in sales, marketing and magazine publishing, but knew it was her future since submitting her first manuscript to a global publisher in the Year 2000. She now has dozens of novels across various genres.

LHB LIBRARY 25-06-2026 M - 1:30PM



LET'S FLY
OUR
IMAGINATION



Innerware
Fit day

Bras
Briefs
Slips
Camisoles
Nighties
Pajamas
Robes
Hosiery
Socks
& more

17 JUNE | 10AM-3:30PM | TANUNDA LUTHERAN HOMES
SEE RECEPTION TO BOOK YOUR FREE BRA FITTING

Fitting appointments
available.

Please see the Lifestyle
team to book an
appointment if you are
wanting to be fitted on
the day.



LHB Airlines @Lutheranh

EXPLORE LONDON

BOOK YOUR NEXT
ADVENTURE WITH US!

The airlines that allows
you to explore the world
from the comfort of your
chair.

24th June 2026

Boarding passes will be
allocated on the day.

08 8563 7701



VOLUNTEER NEWS

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



CAN YOU HELP?

VOLUNTEER VACANCIES:

We are currently looking for some volunteers

- Monthly Birthday Card Visits*
- Gramp Chapel Flowers*
- Special Transport Vehicle Drivers*
- 1x1 Visits*

If you feel that you have some spare time each week and want to make a difference, please contact me to get involved.



A very big Happy Birthday to all the volunteers celebrating a birthday in **June**.

Keep an eye out for your birthday card and Courtyard Café voucher in the post.

Best wishes!

Hello Volunteers, and a big welcome to the month of June,

The Volunteers Morning Tea was a huge success with approximately half of the registered volunteers in attendance. A very big shout out to Maggie Beer for the donation of the amazing Maggie Beer products.

It still completely amazes me to see such large numbers of years of voluntary service; you should all be really proud. Did you see our group photo in The Leader on the 27th of May?

Thank you again for everything you all do, and have an amazing month.

— Belinda

Do you have Social Media?

Head over to Facebook and Like [Lutheran Homes Barossa](#)

You can also follow us on Instagram [lutheranhomesbarossa](#)



Who am I? Answers



Barry Manilow



Judy Garland

ABGO ACTIVITIES



Arts And Craft

Ball Games



Walking Group

RESIDENTIAL ACTIVITIES



Time with Teddy

THE BIGGEST MORNING TEA

Thank you to everyone that attended the Biggest Morning Tea. It was lovely to see so many people gather together to support such an important cause. LHB raised \$629 which was donated to the Cancer Council Foundation.



Mother's Day Pampering



Winter is a good time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home..



JUNE - 2026 RESIDENTIAL ACTIVITIES CALENDAR

Monday 1st

10:30 Singing in the Chapel
 10:00 Worship Service
 1:30 Art and Craft
 1:30 **VR Journey**
 3:00 Tunnel Ball

Chapel
 Acacia
 ABGO
 Protea
 ABGO

Tuesday 2nd Tuscan Hill Café 10-12pm

10:15 Knit and Natters
 10:30 **The Sprout Squad**
 10:30 Movers and Groovers
 1:30 Men's Shed /
 Ladies Pampering
 1:30 Art and Craft
 3:00 Table Games

Protea
 ABGO
 Chapel
 Shed
 ABGO
 Protea
 ABGO

Wednesday 3rd General Store ABGO 10-2pm

From 9am **LHB LIBRARY OPEN**
 10:30 **VR Journey**
 10:30 **Waratah Church Service**
 1:30 Basket Ball
 1:30 **The Kings Quiz**
 3:00 Bingo

Trinity
 ABGO
 Waratah
 ABGO
 Chapel
 ABGO



Thursday 4th

From 10am **CAFÉ' SHOP TROLLEY**
 10:30 Tit Tat Reading
 10:30 Movers and Groovers
 1:30 Golf
 1:30 Residents Meeting
 3:00 Pampering

ABGO
 Chapel
 ABGO
 Chapel
 ABGO

Friday 5th

From 9am **LHB LIBRARY OPEN**
 10:30 Movement to Music
 10:30 Wisdom of the Elders
 1:30 Dart Ball
 1:30 Bingo
 3:00 Interactive Table

Trinity
 ABGO
 Chapel
 ABGO
 Chapel
 ABGO

Saturday 6th

1:30 Rapp Ball
 3:00 Word Games
 4:00 1x1's

ABGO
 ABGO
 ABGO



Sunday 7th

10:00 Church Service
 1:30 Armchair Exercises
 3:00 Card Games
 4:00 1x1

Chapel
 ABGO
 ABGO
 ABGO

Monday 8th: Public Holiday Kings Birthday



Tuesday 9th Tuscan Hill Café 10-12pm

10:15 Knit and Natters
 10:30 **Tuscany Visit**
 10:30 Movers and Groovers
 1:30 Men's Shed /
 Walking Group
 1:30 **Coffee and Chat (Michelle CEO)**
 3:00 Doug Singing

Protea
 ABGO
 Chapel
 Shed
 ABGO
 Chapel
 ABGO

Wednesday 10th General Store ABGO 10-2pm

From 9am **LHB LIBRARY OPEN**
 10:30 Armchair Exercises
 10:30 Bottle Top Sorting/ **VR Journey**
 1:30 Blessing of the Month
 1:30 Food Focus Meeting and Tasting
 3:00 Bingo

Trinity
 ABGO
 Waratah
 Acacia
 Chapel
 ABGO

Thursday 11th

From 10am **CAFÉ' SHOP TROLLEY**
 10:30 Hoy
 10:30 Movers and Groovers
 1:30 Bean Bag Toss
 1:30 Pampering
 3:00 Pampering

ABGO
 Chapel
 ABGO
 Spa Room
 ABGO



Friday 12th

From 9am **LHB LIBRARY OPEN**
 10:30 Balloon Tennis
 10:30 Hoy
 1:30 Rap Ball
 1:30 Bingo
 3:00 Memory Game

Trinity
 ABGO
 Chapel
 ABGO
 Chapel
 ABGO

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.
 PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY .**

JUNE - 2026 RESIDENTIAL ACTIVITIES CALENDAR

Saturday 13th

10:30 Knock em down
1:30 Picture Bingo
4:00 1x1

Sunday 14th

10:00 Church Service
1:30 Armchair Exercises
3:00 Quoits
4:00 1x1

Monday 15th

10:30 Singing in the Chapel
11:00 Worship Service
1:30 Art and Craft
1:30 **Faith Foundation Class**
3:00 Tunnel Ball



**LONDON
FOODS**

& WHERE TO
FIND THEM



Tuesday 16th Tuscan Hill Café 10-12pm

10:15 Knit and Natter
10:30 **Sprout Squad**
10:30 Movers and Groovers
1:30 Men's Shed /
Ladies Pampering
1:30 **London Cooking**
3:00 Table Games

Protea
ABGO
Chapel
Shed
ABGO
THC
ABGO

Wednesday 17th **Innerware 9:30 - 3:30**

From 9am **LHB LIBRARY OPEN**

10:30 **VR Journey**
10:30 Bottle Top Sorting
1:30 Ten Pin Bowling
1:30 **Innerware Fittings and shopping**
3:00 Bingo

Trinity
ABGO
Protea
ABGO
Waratah
ABGO



Thursday 18th

From 10am **CAFÉ' SHOP TROLLEY**

10:30 Hoy
10:30 Movers and Groovers
1:30 Golf
1:30 Wheel of Fortune
3:00 Pampering

ABGO
Chapel
ABGO
Chapel
ABGO

Friday 19th

From 9am **LHB LIBRARY OPEN**

10:30 Movement to Music
10:00 **Faith Pen Pal Visit**
1:30 Dart Ball
1:30 Bingo
3:00 Interactive Table



Trinity
ABGO
Chapel
ABGO
Chapel
ABGO

Saturday 20th

1:30 Rap Ball
3:00 Word Games
4:00 1x1

ABGO
ABGO
ABGO

Sunday 21st

10:00 Church Service
1:30 Armchair Exercise
3:00 Card Games
4:00 1x1

Chapel
ABGO
ABGO
ABGO



Monday 22nd

10:30 Singing in the Chapel
11:00 Worship Service
1:30 Art and Craft
1:30 **Boot Scooting Line Dancing**
3:00 Ping Pong

Chapel
Acacia
ABGO
Chapel
ABGO

Tuesday 23rd Tuscan Hill Café 10-12pm

10:15 Knit and Natter
10:30 **Tuscany Visit**
10:30 Movers and Groovers
1:30 Men's Shed /
Ladies Pampering
1:30 Billiard Bowls
3:00 Doug Singing

Protea
ABGO
Chapel
Shed
ABGO
Waratah
ABGO

Tuscan Hill

Café

Open Tuesdays
from 10am
Located in Waratah



JUNE - 2026 RESIDENTIAL ACTIVITIES CALENDAR

Wednesday 24th General Store ABGO 10-2pm

From 9am **LHB LIBRARY OPEN**

- 10:30 Armchair Exercises
- 10:30 Bottle Top Sorting/ **VR Journey**
- 1:30 **Parachute Game**
- 1:30 **London Armchair Travel**
- 3:00 Bingo

- Trinity
- ABGO
- Waratah
- Acacia
- Chapel
- ABGO



Thursday 25th

From 10am **CAFÉ' SHOP TROLLEY**

- 10:30 Hoy
- 10:30 Movers and Groovers
- 1:30 Bean Bag Toss
- 1:30 **The Literary Club**
- 3:00 Pampering

- ABGO
- Chapel
- ABGO
- Library
- ABGO



Friday 26th

From 9am **LHB LIBRARY OPEN**

- 10:30 Movement to Music
- 10:30 Wisdom of the Elders
- 1:30 Country Drive / Pet Therapy
- 1:30 Bingo
- 3:00 1x1

- Trinity
- ABGO
- Chapel
- ABGO
- Chapel
- ABGO

Saturday 27th

- 1:30 Knock em Down
- 3:00 Picture Bingo
- 4:00 1x1

- ABGO
- ABGO
- ABGO

Sunday 28th

- 10:00 Church Service
- 1:30 Armchair Exercises
- 3:00 Quoits
- 4:00 1x1

- Chapel
- ABGO
- ABGO
- ABGO



Monday 29th

- 10:30 Singing in the Chapel
- 11:00 Worship Service
- 1:30 Art and Craft
- 1:30 General store
- 1:30 Memory Lane Crossword
- 3:00 Tunnel Ball

- Chapel
- Acacia
- ABGO
- ABGO
- Protea
- ABGO

Tuesday 30th Tuscan Hill Café 10-12pm

- 10:15 Knit and Natters
- 10:30 **The Sprout Squad**
- 10:30 Movers and Groovers
- 1:30 Men's Shed / Pampering
- 1:30 Carpet Bowls
- 3:00 Table Games

- Protea
- ABGO
- Chapel
- Shed
- ABGO
- Waratah
- ABGO

The Library

Open Wednesday and Friday
9am—12noon
Located in Trinity Court



The General Store Experience

Open Wednesdays
10am-2pm
Bookings are required through Lifestyle



The Shed

Open Tuesdays
1.30—2.30pm
Located off the Oleander Garden

See Lifestyle Staff for more information



PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you



A	C	E	X	W	M	V	P	M	E	X	I	C	O
N	M	A	L	A	Y	S	I	A	Y	I	A	D	A
A	I	T	E	I	O	S	J	E	A	R	C	M	A
P	A	L	A	A	I	A	D	C	T	M	A	C	N
A	U	A	V	R	M	C	I	O	C	N	N	I	N
J	A	M	A	A	N	R	A	S	M	P	A	U	O
S	E	P	I	I	F	I	B	C	L	W	D	M	D
C	A	C	N	A	B	M	U	A	M	L	A	N	N
H	A	W	A	I	I	D	D	I	E	I	Z	A	O
A	T	H	A	I	L	A	N	D	A	R	W	U	L
M	A	N	E	W	Z	E	A	L	A	N	D	N	A
A	T	B	M	A	U	S	T	R	A	L	I	A	A
I	Y	N	A	M	R	E	G	N	C	V	H	A	V
C	I	R	E	Y	J	O	A	L	T	D	A	A	M

MALAYSIA
AFRICA
JAMAICA
LONDON
MEXICO

NEW ZEALAND
CANADA
DUBAI
JAPAN
GERMANY

AUSTRALIA
PARIS
VIETNAM
THAILAND
HAWAII

