

Lutheran Homes Barossa

TIT TAT

February 2026



Message from the Chaplain - Ian Lutze

Community in a RACF



Isn't it fascinating to ponder life for our 120 or so residents living in a RACF (Residential Aged Care Facility)! At the end of my day I go home. But this is home for this group of people. People who in some cases have lived very independent lives until very recently. People whose neighbours were at least tens of metres away rather than single metres (that's 10x more congested than before). People supported to live independently and according to their own lifestyle as much as is possible and for a long as possible, even now in an RACF, yet inevitably encountering new sights, new sounds, new aromas and the whole gamut of different human personality types. A sense of community is nevertheless achieved, under the guidance of a magnificent caring team, and of course family members with their refrain: "Cmon Mum, he can't be that annoying!". We applaud our residents who under challenging circumstances show great resilience and intent to create a life in this new setting.

'Loving Christian community' is another layer of the being of our community. It suggests the quality of the care, the faith of most residents, a collective hope for the future, a sense of grace, good humour and acceptance as another day in community arises. Our care reflects the love and grace of God although of course we aren't God and don't get it right all the time. But care goes two ways too, and our residents are often a great blessing to our staff.

We've heard throughout life that we need each other. "No Man is an Island, etc." And late in life, this truth has arrived in a new way for our residents: "Community!" 'Home was never like this!' my Grandpa used to say when Mum made a nice meal (we think he had a soft spot for her). Community is sometimes predictable, often surprising. And our hope is to make our community a pleasant surprise, with even a sense that sometimes the best is saved to last.

Celebrate life today, and have a wonderful February.

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"

John 13:34



27 Bridge Street, Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax : (08) 8563 7799
- ★ Email : info@tlhome.com.au
- ★ Website : www.tlhome.com.au
- ★ Facebook : Lutheran Homes Barossa



**Lutheran Church
of Australia**

Welcome NEW RESIDENTS

Janet Neumann
Max Schubert
Ren Gertig

May our home be warm, and our friends be many.

*May every moment shared here, be filled with
comfort and connection.*



FEBRUARY BIRTHDAY CELEBRATIONS

11th Laima Ledgard
19th Barbara Zerna
21st Ray Rosenzweig
21st Linda Peressin
24th Hedley Rohrlach
27th Rosemary Berg

Sending Big Birthday Wishes!

IN LOVING MEMORY OF

*Our deepest sympathy to the family of
Rosalie 'Dawn' Betts 15th January
May she rest in peace ...*



Success is not final;

*Failure is not fatal;
It is the courage to continue
that counts.*

Wednesday 4th February
Wednesday 11th February
Wednesday 18th February
Wednesday 25th February

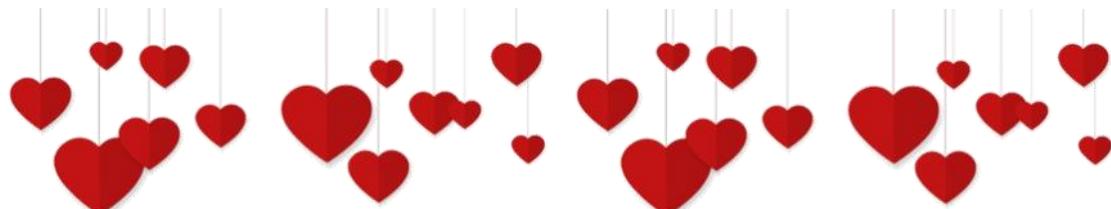
Shopping Bus



LHB (in home) residents must
be at reception by 9am.

The Bus will pick **IL Residents**
up from their home after 9am.
- ONLY if you have booked -

We invite all residents, staff, and visitors to wear **RED** on **Friday 13th and Saturday 14th February** as we celebrate appreciation, care, friendship, and all things **LOVE** in honour of Valentine's Day.



Words From Our CEO

MICHELLE SCHUPELIUS



We would like to extend a sincere thank you to the residents from Retirement Living and staff who have been actively assisting with reviewing potential improvements to some of our external garden spaces, particularly those located near the carpark. Their thoughtful feedback, ideas, and willingness to be involved highlight the strength of collaboration within our community. By working together, we can continue to enhance these shared spaces for everyone to enjoy.

It may feel like a while since we last had a decent spell of rain, and our gardens and trees are certainly starting to show the effects. Extended dry periods can place stress on plants, lawns, and larger trees, particularly those in exposed areas. Without regular moisture, soil can harden, roots struggle to absorb nutrients, and plants may become more vulnerable to pests and disease. While we watch our larger trees for stress, the dropping of limbs remains a risk and we ask that everyone takes heed.

For our gardens and green spaces, a little extra care can make a big difference. Deep watering less often is more beneficial than frequent light watering, as it encourages roots to grow deeper and stronger. Applying mulch around plants and trees helps retain moisture in the soil, keeps roots cooler, and reduces water loss through evaporation. It's also a good time to remove weeds, as they compete with plants for valuable water and nutrients. Keeping an eye on trees for signs of stress, such as leaf drop or cracking soil around the base, can help ensure any issues are addressed early.

Just as our gardens need attention during dry conditions, so do we. Hot, dry weather can be tiring and increase the risk of dehydration, particularly if we're spending time outdoors. Remember to drink water regularly throughout the day, even if you don't feel thirsty. Wearing a hat, using sunscreen, and choosing the cooler parts of the day for gardening or walking can help protect against heat-related illness. Taking breaks and listening to our bodies is just as important as tending to our plants.

On a lighter (and slightly cheeky) note, there has been some excitement on the sporting front! We're delighted to celebrate an astonishing achievement by the Lutheran Homes Barossa lawn bowls team, who enjoyed an unexpected win at Night Owls at the Nuriootpa Bowling Club last week. Incredibly, the team took out the win across the entire night - something we're still a little shocked by ourselves!

A special congratulations goes to Michael Stroeh and Michael Hentschke, who delivered an outstanding performance in a sport they had not played before. A great effort and a lot of fun were had by all. Of course, in true sporting fashion, the following week brought us back down to earth with a rather hefty loss, proving once again that bowls, like life, has its ups and downs.

Commiserations (and good-natured rivalry intact!) to the team we played in that winning round, our very own Nuriootpa Retirement Living residents. Win or lose, it's all about connection, laughter, and community spirit, and on that front, everyone came out on top.





QUALITY NEWS



Sharon Berridge - Executive Care Manager

Lisa Morrison - Clinical Nurse Consultant

Ravneet Kaur - Clinical Nurse Consultant

Belinda Treloar - Customer Service, Volunteer & Leisure Coordinator

Hydration Reminder

Staying well hydrated is especially important during warmer weather. Drinking enough fluids supports energy, comfort, and helps prevent issues such as dizziness, constipation, and urinary tract infections.

In line with the Aged Care Quality Standards (Standard 3: Personal Care and Clinical Care), our team remains committed to promoting resident health, wellbeing, and safe care. Staff will continue to encourage regular fluids throughout the day.



Podiatry Update

We would like to inform you that we are currently in the process of arranging a new podiatrist for our site. We remain in contact with Comfort Steps and are working to confirm ongoing podiatry services as soon as possible.

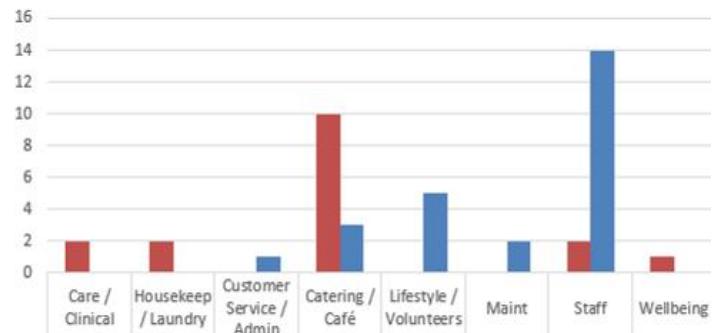
We will keep everyone updated and advise residents and families once a new podiatrist is available on-site.—Thank you for your patience and understanding.



COMPLIMENTS, COMPLAINTS & SUGGESTIONS

Area of Concern	Concern	Compliments	Total
Care / Clinical	2		2
Housekeeping / Laundry	2		2
Customer Service / Admin		1	1
Catering / Café	10	3	13
Lifestyle / Volunteers		5	5
Maintenance		2	2
Staff	2	14	16
Wellbeing	1		1
CHSP		1	1
	17	26	43

January Compliments Vs Concerns



We value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us at Lutheran Homes Barossa.



STAFF NEWS

We are delighted to welcome all our new staff who have commenced with us in 2026 across all departments. It's been wonderful to see so many new faces around the facility, from Personal Care Workers and Registered Nurses to our Catering, Maintenance and Administration teams. Each of you brings fresh energy, skills and perspectives, and we are excited to have you join our community.

If you see a new face along the hallway, don't forget to introduce yourself, as you may just make someone's day!



Every great journey begins with a single step.

We're honoured you've taken yours with us!



Employee OF THE MONTH

November 2025

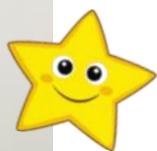
Michael Hentschke
Maintenance/Carpenter Officer



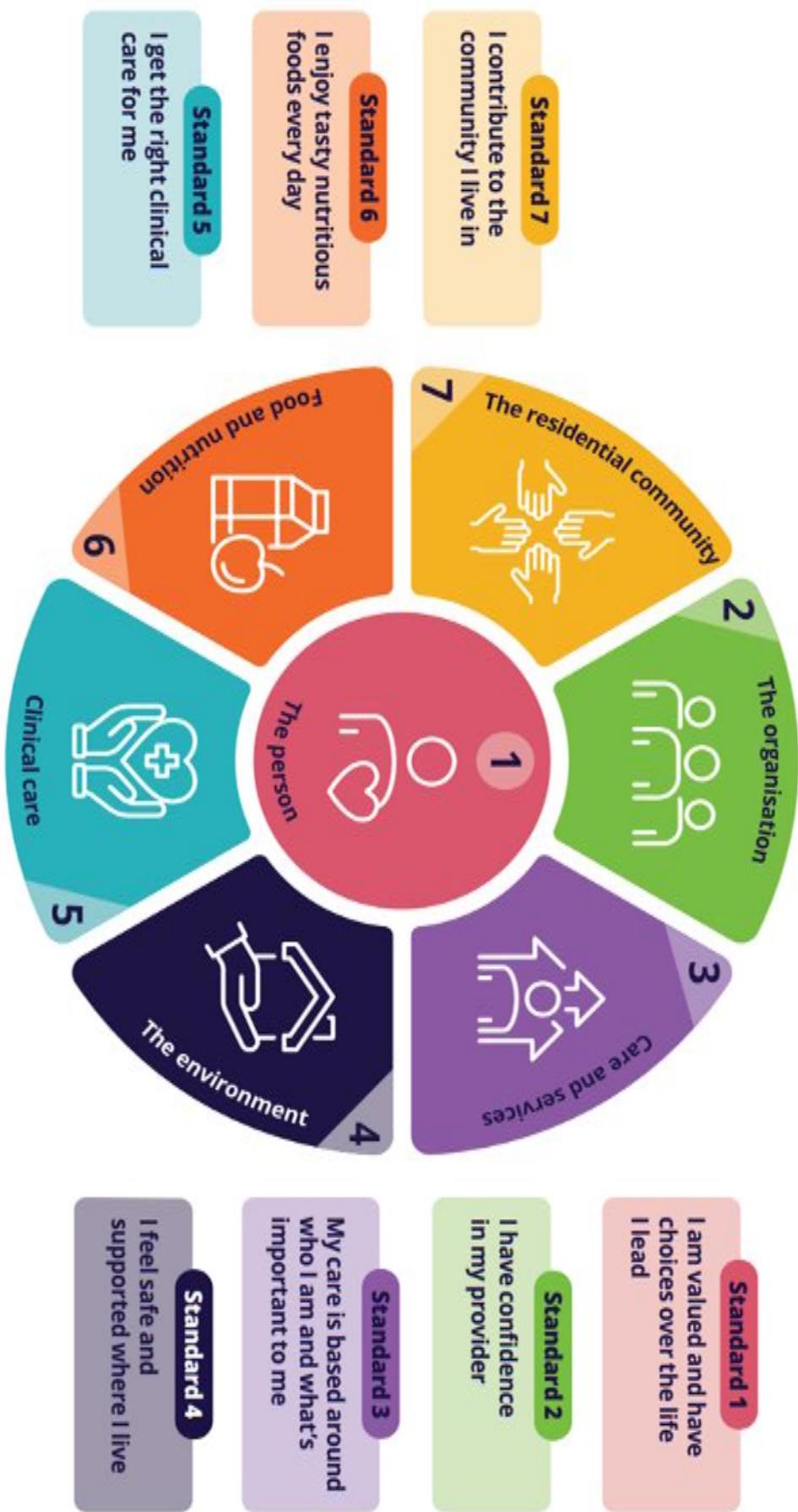
Congratulations to our Employees of the Month, who were recognised for their exemplary display of our *Customer* value—both have received wonderful feedback from a wide range of residents and staff, praising their dedication and hard work, which has truly paid off.

December 2025

Belinda Treloar
Customer Service, Volunteer & Leisure Coordinator



Strengthened Quality Standards



If you feel these standards aren't being met
please let us know in one of the following ways:

- Share Your Experience Form
- Customer Service Coordinator Belinda Treloar

If you prefer to raise your concerns externally you can also contact:

- The Aged Care Quality and Safety Commissioner on 1800 951 822
- National Aged Care Advocacy Line on 1800 700 600

please ...share your contact details

RESIDENT AGED CARE: <input type="checkbox"/>	COMPLIMENT: <input type="checkbox"/>	RESIDENT: <input type="checkbox"/>
RETIREMENT LIVING: <input type="checkbox"/>	SUGGESTION: <input type="checkbox"/>	RELATIVE: <input type="checkbox"/>
COMMUNITY SERVICES: <input type="checkbox"/>	FEEDBACK: <input type="checkbox"/>	VISITOR: <input type="checkbox"/>
OPERATIONS: <input type="checkbox"/>	CONCERN: <input type="checkbox"/>	STAFF: <input type="checkbox"/>
OTHER: <input type="checkbox"/>	COMMENT: <input type="checkbox"/>	OTHER: <input type="checkbox"/>

YOUR FEEDBACK: Please share your compliments, suggestions, feedback or concerns. Your input will be confidential and without reprisal.

DATE: _____
NAME: _____
ADDRESS: _____

PHONE: _____
EMAIL: _____
 I'd prefer to remain anonymous?

ON BEHALF OF: _____
ADDRESS: _____

OFFICE USE

Date Received: _____

CSC Log #: _____

Receipt Acknowledged: Yes - No

Phone: In Person: Email: Other

Forwarded To Departmental Head: Yes - No

CI Required: Yes - No

Satisfactory Outcome: Yes - No

Date Closed: _____

Follow Up required: Yes No N/A

3 months 6 months 9 months

Other Comments: _____

THANK YOU FOR YOUR FEEDBACK WE APPRECIATE YOUR TIME AND INTEREST

WOULD YOU LIKE TO DISCUSS THIS DIRECTLY?

YES
YES

I would like to know what improvements and actions have been ignited on my feedback.



WE APPRECIATE YOUR SUGGESTIONS FOR IMPROVING OUR SERVICES. PLEASE PROVIDE SPECIFIC DETAILS.

...thank you

The safe, and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience Form' and return to reception or pop into any of the marked administration drop boxes within the building.

Receipt of your feedback will be acknowledged

...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been ignited as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or relevant Manager, please contact the Executive Assistant, Britany Mickan by phone on **8563 7733**

Britany will arrange your appointment.
britany.mickan@tlhome.com.au

Alternate Contacts:

The Aged care Quality & Safety Commissioner
1800 951 822

National Aged care Advocacy Line
1800 700 600

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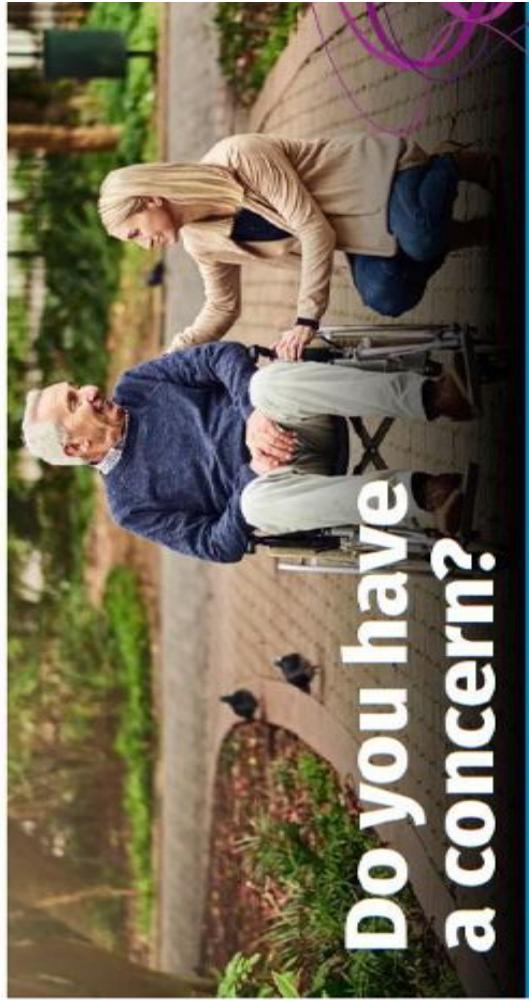


...we invite you to share your experience

A confidential opportunity to give feedback on our service, our staff, experience or a situation. ...we appreciate your interest



Lutheran Homes Barossa
Enriching Your Life



Do you have a concern?

You can do something about it.

If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. **Your local contact within this service is:**

- Michelle Schupelius, Chief Executive Officer
Phone: 08 8563 7736 or Email: michelle.schupelius@tthome.com.au
- Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@tthome.com.au
- Rachel Strudwick, Operations Manager
Phone: 08 8563 7771 or Email: rachel.strudwick@tthome.com.au
- Simon Wong
simon.wong@tthome.com.au
- Belinda Treloar
belinda.treloar@tthome.com.au

- Phone** 1800 951 822
agedcarequality.gov.au
- Write**
GPO Box 9819, In Your Capital City
- Web**
agedcarequality.gov.au

...we invite
you to
share your
experience



Share Your Experience

LHB supports your right to share compliments, suggestions, concerns or to make a complaint.

We welcome feedback and complaints as part of our commitment to providing a high-quality service.

Share the things we are doing well, or if you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For feedback, compliments, suggestions, concerns, or complaints:

- Complete the Share Your Experience form and return it to any of the black boxes located around the Home or drop into Reception.
- Alternatively, direct your feedback to one of the key personnel listed below:

Chief Executive Officer – Michelle Schupelius michelle.schupelius@tthome.com.au

Care Manager – Sharon Berridge
(Including Clinical Care, Lifestyle, Allied Health, CHSP)

Operations Manager – Rachel Strudwick
(Including Catering, Housekeeping
Administration & Maintenance)

Finance Manager – Simon Wong

Customer Service Coordinator – Belinda Treloar



ROBOTS

Rachel Strudwick - Executive Operations Manager

So, we are needing to find a home for our new robots before they arrive. We have been busy looking for the perfect location, and we have come up with a couple of ideas but will run this past the Robot guru himself, Jacob, before making any moves.

Keep a look out for the updates.



We haven't had our handy helpers, Axel and Robbie, since before Christmas due to technical issues — perhaps they thought they also needed a ***Christmas break***. We are all busy working behind the scenes to have them back up and running as soon as possible, as we need them back helping the staff transport food in the areas.

Lucky Betty and Sadie are still hard at work. They are always out and about while we all sleep, busy cleaning our long corridors wiping away the day dust to start a fresh.



ABGO FLOORING SURVEY



We are looking at replacing the current square tiled flooring in ABGO in the future and would like to ensure this decision reflects the needs and preferences of those who use the space every day. Before any decisions are made, we would love to hear feedback from our residents, families, and staff members. Your input will help guide us in choosing flooring that is practical, safe, comfortable, and visually appealing for everyone.

To gather your feedback, we have opened a survey which can be accessed by scanning the QR code or by collecting a paper copy from Reception. The survey will remain open until **Monday 9th February 2026**, and we encourage everyone to take a few moments to share their thoughts.

CATERING & CAFE

Rachel Strudwick - Executive Operations Manager



As we move through the early months of 2026, the kitchen has been buzzing with baking, cooking, training, organising and forward planning, as the team continues to build on their skills and creativity.



We've also been lucky enough to welcome Cameron back from the Maggie Beer Foundation already this year for another engaging session, sharing valuable knowledge, inspiration and fresh ideas that support our commitment to delivering delicious, nutritious meals for everyone to enjoy.

Did you know?

A cluster of bananas is called a 'hand'. A single banana is called a 'finger'.

There are over 7,500 varieties of apples.



SHARE YOUR FEEDBACK

The Catering Team and Courtyard Café have received some wonderful feedback over the past few months, with a standout highlight being our Family Christmas Functions in December 2025.

Families shared their appreciation for the wonderful food, excellent service, and delicious meals, noting how grateful they were to be able to celebrate with their loved ones in the home and how greatly our staff are appreciated.

The Courtyard Café has also been praised for its great food and service, with mentions of Tammy for doing an amazing job! Comments like "the food is top notch" and "when you walk into the Café, you always feel welcomed" - truly mean a lot to us.

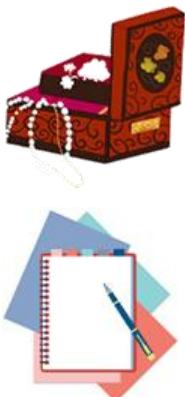
We love hearing all your feedback so much, that we want more! **How did the Courtyard Café go over the Christmas break?** We'd love your feedback, as it was the first time the Café has been open during this period.

Was it a winner — and should we do it again this year?



PROTEA ARMS OP SHOP

The Protea Arms Op Shop is currently looking for donations. Do you have knick-knacks at home collecting dust? We are seeking items such as ornaments, statues, clocks, jewellery boxes, note pads and pens, AFL-themed items, sun catchers, and anything else you think may be suitable. Please drop your donations off at either Reception or with the Lifestyle Team.



ADVERTISER INCREASE

Please note that effective **Sunday 15th February 2026**, the **Sunday Mail** pricing from *The Advertiser* will increase by 50 cents, changing to \$5.00 per paper. As a reminder, if you wish to order any newspapers or magazines, please visit Reception to complete an order form.

STATE ELECTION COMING SOON

How to vote?



There are three ways you can vote in the 2026 state election.

You can apply for a postal vote, you can go to a local poling booth on poling day or you can vote onsite at LHB prior to poling day. (Date is still to be advised).

If you are registered to vote, you must do one of these. It is important to know your enrolment status and address registered on the electoral role.

If you wish to be removed from the role, please see one of the Clinical Staff to provide you with the appropriate forms. (This form must be signed by your GP).

For more information, please visit [Home - Electoral Commission SA](#) or call 1300 655 232

AFL 2026 SEASON



AFL season is just around the corner and is starting with the opening round on the 5th of March.

If you would like to be part of the LHB Football Tipping Competition, please let one of the Lifestyle Team Members know by the 26th of February.

Each participant receives a participation award, and a Medallion and Trophy are awarded to 1st, 2nd and 3rd place for each neighbourhood.

POEM - 'PATIENTLY WAITING'

By Ken Fyfe — LHB Waratah Resident

When nursing homes became Gods waiting rooms; it wasn't quite disaster
Not all the residents got entry visas; with them you'll get to heaven faster.
But with waiting rooms quite prevalent; I've even thought about that too,
And since I'm living in a nursing home; I've seen the way; just like you do.
Of course, that sounds more like a scam; life's really better when we wait,
Because the waiting can be good for us, and most results are often great
Recalling; waiting at my doctors thinking, I'd spend hours contemplating,
I'd thought if things weren't getting better; I might not be sitting waiting.
Knowing now the Lutheran Homes Barossa; is where I'll stay till I pass on,
Quite sure there's no place I'd find better; I'll live in comfort till I'm gone.
But, I'm really not a patient person; and I've no thoughts of where I'll go,
And if I'm here just two more Christmas's, I should see my One, Oh, Oh.
Although the hundred doesn't bother me; I never got one playing cricket,
I waited patiently till bowling time, and went to heaven with each wicket.
I just want to thank the staff here; and that means, everyone concerned,
The Christmas Fete was run fantastically; I'm not too old to say I learned.
There were committee, staff and volunteers, each loving family member,
I can't meet or know them all by name, but all concerned I do remember.
Each year though, things get better; I'll wait with patience till things end,
If I don't get that entry visa; there's more chance, I'll meet some friends!



WHO AM I?



6th of February 1917



I was crowned Miss Hungary in 1936 before immigrating to the United States in 1941. I became an actor and socialite in my new country. I was married nine times and my divorces always appeared on the front pages of newspapers! My parents were Jewish however I was a practicing Roman Catholic. One of my husbands was Conrad Hilton and we had a daughter. "I am a marvellous housekeeper: Every time I leave a man I keep the house."

20th of February 1927

I am a Bahamian-American actor, film director and diplomat. My family lived in the Bahamas and while visiting the United States I was born prematurely and was not expected to live. After some weeks in hospital my family took me back to the Bahamas where I grew up. I came back to the U.S. when I was 16 years old. My breakthrough in films came in 1958 when I worked with Tony Curtis in the movie The Defiant Ones. I was the first Black American to be nominated for an Academy Award; I was also the first to win an Oscar as Best Actor for the film Lilies of the Fields. 1967 was my best year with three successful films: To Sir with Love, Guess Who's Coming to Dinner, and In The Heat of the Night. From 1997 to 2007 I was the Bahamian Ambassador in Japan.

Answers can be found on Page 17

CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



...book your appointment today

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777**

The Allied Health Clinic is open
...9am to 5pm - Monday to Friday

Barossa Club Connections is open
...9am to 4pm - Monday to Friday

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-on-one), as well as group fitness programs.

...we can assist you

The First Step - Find out if you are eligible
Contact My Aged Care on 1800 200 422

The Second Step - Following your assessment, the assessor will provide you with referral codes for your eligible services.

The Third Step - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

WEDNESDAY MEN'S GROUP



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



SWAN REACH BUS TRIP



LUNCH AT BARNACLE BILLS



ЧУМЧ!!!
ЧУМЧ!!!
ЧУМЧ!!!
ЧУМЧ!!!

WHAT'S HAPPENING IN FEBRUARY



MONDAY MORNING
SINGING IN THE
CHAPEL WILL RETURN
IN FEBRUARY

Movers and Groovers

Tuesday & Thursday
10.30am in the
Gramp Chapel



Join us on the 16th of February
for our movie day:
Social Centre - 1:15pm

Tuscan Hill Café Open
Tuesday's from 10.00am
located in Waratah



Barossa Bush Gardens

The Barossa Bush Gardens is a community-led project displaying, conserving and distributing local native vegetation. The gardens are used for recreation, environmental education, and it is also a place to bring the community together.

Join us in the Barossa Bush Gardens:
Monday 23rd February



Dressed 4 Success
Monday 9th Feb
Gramp Chapel

Church Services
Sunday Service
Chapel: 1st, 8th, 15th, 22nd

Ash Wednesday Service
Chapel: 18th

10:30 Lenten Service
Chapel: 25th

10:30 Wisdom of the Elders
Chapel: 27th



New additions to the LHB
activity program

**KEEP AN EYE OUT FOR OUR NEW
ACTIVITIES.**

**WE WOULD LOVE TO HEAR
WHAT YOU THINK.**





VOLUNTEER NEWS

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



CAN YOU HELP?

VOLUNTEER VACANCIES:

*Visiting Residents 1x1's
Scrabble Players / Board Games
Pampering
Activity Assistance - Thursday Afternoons
BCC Meal Service Assistance
Café Helpers
Transport Drivers*

If you feel that you have some spare time each week and want to make a difference, please contact me to get involved.



A very big Happy Birthday to all the volunteers celebrating a birthday in **FEBRUARY**

Keep an eye out for your birthday card and Courtyard Café voucher in the post.

Best wishes!

2026 is YOUR YEAR to volunteer!

For those of you who have been volunteering for a long time firstly thank you; we have an updated volunteer handbook with current information. If you would like to see one of these you are welcome to come and collect one from my office or I can email a copy to you.

As always, if you have some extra free time and would like to spend it with us, reach out and we can find the perfect thing to fill your time.

Thank you again and have an amazing month.
— Belinda

National Volunteer Week
18-24 MAY 2026
YOUR YEAR TO VOLUNTEER



Do you have Social Media?

Head over to Facebook and Like [Lutheran Homes Barossa](#)

You can also follow us on Instagram [lutheranhomesbarossa](#)



**Who Am I?
Answers**

**Zsa Zsa Gabor
Sidney Poitier**



ABGO RESIDENTIAL ACTIVITIES



Art and Craft

We had lots of Australian themed art and craft activities enjoyed by the residents throughout the month of January to celebrate Australia Day.



Top L: Marlene Schroeter **Top R:** Janet Neumann

Bottom L: Hedley Rohrlach & Alex Muir

Bottom R: Judy Heuzenroeder

Far R: Lennie Stoeckel & Norma Wood

Garden and Sunshine

Throughout January, the residents have been soaking up the warm sunshine and fresh air.

They have enjoyed spending quality time outside in the Oleander Garden as well as the ABGO Courtyard.



Joyce Lehmann



Ruth Rohrlach & Norma Wood



Trevor & Glenys Taylor



RESIDENTIAL ACTIVITIES

Australia Day Activities



Hermit Crab Naming and Information Day

Sue Secomb was our guest speaker throughout January.

Sue shared some interesting information with the residents about hermit crabs.

Sue stated that there are over 800 species of hermit crabs in the world, some living in water but others like ours, live on the seashore with rock pools and plants.

Hermit crabs have 10 legs; 6 we see with a hard shell and 4 with a soft shell inside their chosen shell home.

Female hermit crabs release their eggs into the water.

They are very tiny and float around in the ocean.

Once big enough, they move to the shore and can vary from the size of a golf ball.

The residents had the opportunity to watch the hermit crabs crawl around and gave them names.

Snickers



Taffy



Chloe

Claws



Hermie





FEBRUARY- 2026 RESIDENTIAL ACTIVITIES CALENDAR

Sunday 1st

10:00 Church Service
1:30 Card Games
3:00 Parachute Ball
4:00 1x1

Chapel
ABGO
ABGO
ABGO

Saturday 7th

1:30 Rapp Ball
3:00 Word Games
4:00 1x1's

ABGO
ABGO
ABGO

Monday 2nd

10:30 Singing in the Chapel
10:45 Worship Service
1:30 Art and Craft
1:30 Carpet Bowls
3:00 Tunnel Ball

Chapel
Acacia
ABGO
Chapel
ABGO

Chapel
ABGO
ABGO
ABGO

Tuesday 3rd — Tuscan Hill Café 10-12pm

10:15 Knit and Natter
10:30 The Sprout Squad
10:30 Movers and Groovers
1:30 Ladies Pampering
1:30 This Day in History
3:00 Table Games

Protea
ABGO
Chapel
ABGO
Waratah
ABGO

10:30 Singing in the Chapel
10:45 Worship Service
1:30 Art and Craft
1:30 Dress 4 Success
3:00 Ping Pong

Chapel
Acacia
ABGO
Chapel
ABGO

Wednesday 4th — General Store ABGO 10-2pm

From 9am **LHB LIBRARY OPEN**

10:30 Basketball
10:30 Waratah Service / Walking Group
1:30 Armchair Exercise
1:30 French Cooking Session
3:00 Bingo

ABGO
Waratah
ABGO
Tuscany
ABGO

Tuesday 10th — Tuscan Hill Café 10-12pm

10:15 Knit and Natter
10:30 Tuscany Visit
10:30 Movers and Groovers
1:30 Men's Shed /
Ladies Pampering
1:30 Memory Lane Crossword
3:00 Doug Sing Along

Protea
ABGO
Chapel
Shed
ABGO
Protea
ABGO

Thursday 5th

From 10am **CAFÉ' SHOP TROLLEY**
10:30 Hoy
10:30 Movers and Groovers
1:30 Golf
1:30 Residents meeting
1:30 1:1's
3:00 Pampering

ABGO
Chapel
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Chapel
LHB
Sensory R



Friday 6th

From 9am **LHB LIBRARY OPEN**
10:30 Balloon Tennis
10:30 Hoy
1:30 Movement to Music
1:30 Bingo
3:00 Coffee and Chat

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Wednesday 11th

From 9am LHB LIBRARY OPEN
10:30 Ten Pin Bowling
10:30 Word Games / Walking Group
1:30 Blessing of the Month
1:30 Food Focus Meeting / Tasting
3:00 Bingo

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PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.
PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you

FEBRUARY- 2026 RESIDENTIAL ACTIVITIES CALENDAR

Thursday 12th

From 10am CAFÉ' SHOP TROLLEY

10:30 Hoy

10:30 Movers and Groovers

1:30 Table Tennis

1:30 **Valentines Pampering**

3:00 Pampering



Join us for Valentines Pampering in the Chapel with Champagne and Chocolate

Friday 13th

From 9am LHB LIBRARY OPEN

10:30 Drumming

10:30 Hoy

1:30 Bean Bag Toss

1:30 Bingo

3:00 Reminiscing

Saturday 14th Valentines Day ❤️

1:30 Knock'em Down

3:00 Picture Bingo

4:00 1x1's

Sunday 15th

10:00 Church Service

1:30 Card games

3:00 Parachute Ball

4:00 1x1

Monday 16th

10:30 Singing in the Chapel

10:45 Worship Service

1:30 Art and Craft

1:30 Movie Day (Moulin Rouge)

3:00 Tunnel Ball

Tuesday 17th — SHROVE TUESDAY

9:30-12:00 Pancakes - 2 for \$5 + Drink

1:30 Men's Shed /

Ladies Pampering

1:30 Mover and Groovers

3:00 Table Games

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Sensory R

Wednesday 18th — Ash Wednesday



From 9am LHB LIBRARY OPEN

10:30 Basketball

10:30 Ash Wednesday Service

1:30 Armchair Exercises

1:30 **The Literacy Club**

3:00 Bingo

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Chapel

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Library

ABGO



Thursday 19th

From 10am CAFÉ' SHOP TROLLEY

10:30 Hoy

10:30 Movers and Groovers

1:30 Golf

1:30 The Price is Right

3:00 Pampering

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Chapel

ABGO

Chapel

Sensory R

Friday 20th

From 9am LHB LIBRARY OPEN

10:30 Dart Ball

10:30 Hoy

1:30 Movement to Music

1:30 Bingo

3:00 Pet Therapy

Trinity

ABGO

Waratah

ABGO

Chapel

ABGO

Chapel

ABGO

ABGO

Saturday 21st

1:30 Rap Ball

3:00 Word Games

4:00 1x1

ABGO

ABGO

ABGO

Chapel

Acacia

ABGO

Social C

ABGO

Sunday 22nd

10:00 Church Service

1:30 Quoits

3:00 Dart Ball

4:00 1x1

Chapel

ABGO

ABGO

Chapel

Shed

ABGO

Waratah

ABGO

Monday 23rd

10:30 Singing in the Chapel

10:45 Worship Service

1:30 Art and Craft

1:00 Bus Trip: Barossa Bush Gardens

3:00 Ping Pong

Chapel

Acacia

ABGO

LHB

ABGO



\$5

Shrove Tuesday

Join us for some delicious pancakes on the 17th of February



\$5



FEBRUARY - 2026 RESIDENTIAL ACTIVITIES CALENDAR

Tuesday 24th — Tuscan Hill Café 10-12pm

- 10:15 Knit and Natter
- 10:30 **The Sprout Squad**
- 10:30 Movers and Groovers
- 1:30 Men's Shed /
Ladies Pampering
- 1:30 **Rummikub Afternoon**
- 3:00 Doug Singing

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Chapel
Shed
ABGO
Protea
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Wednesday 25th — General Store Open in ABGO 10 -2pm

From 9am **LHB LIBRARY OPEN**

- 10:30 Ten Pin Bowling
- 10:30 Lenten Service
- 1:30 Armchair Exercise
- 1:30 *Armchair Travel- The city of Love*
- 3:00 Bingo

Trinity
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Chapel
ABGO
Chapel
ABGO



Thursday 26th

From 10am **CAFÉ' SHOP TROLLEY**

- 10:30 Hoy
- 10:30 Movers and Groovers
- 1:30 Table Games
- 1:30 **Dragonfly Adornments**
- 3:00 Pampering

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Sensory R



Friday 27th

From 9am **LHB LIBRARY OPEN**

- 10:30 Balloon Tennis
- 10:30 Wisdom of the elders
- 10:30 Hoy
- 1:30 **The Protea Arms—Op Shop Visit**
- 1:30 Bingo
- 3:00 Memory game

Trinity
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Chapel
Waratah
ABGO
Chapel
ABGO

Tuscan Hill Café

Open Tuesdays
from 10am
Located in Waratah



The General Store Experience

Open Wednesdays
10am-2pm
Bookings are required
through lifestyle



Enjoy the sunshine in one of
the beautiful gardens around
the facility.

Protea Arms Op Shop

Located in **Protea**

This shopping experience is the perfect place to pick
up a new outfit or a small gift for a loved one.

The Protea Arms is open all day, available for everyone.



Pancake Day



FLOUR
 BUTTER
 STRAWBERRIES
 DELICIOUS
 EGGS
 FLIP
 SUGAR

WHISK
 MILK
 BATTER
 SHROVE
 TOPPINGS
 SYRUP
 COOK
 INGREDIENTS

