



## Message from the Chaplain - Ian Lutze

### *Christmas.. Something for Everyone*



When I spent a bit of time looking at the Christmas display on the way to the Memory Support Unit, it struck me that some parts of the display warmed me and other parts left me a bit cold. But that's Christmas, and I'm sure it's the same for you.

Christmas began as a simple occasion, marking the Birth of Jesus. But even on this level Christmas was already controversial. Speaking for the Protestant forms of Christianity, there were times when the Puritans ruled England that Christmas carols were banned, and you could be arrested for being too raucous. Read about it. It was terrible! Lutherans had their own version of this: dour Christmas hymns that were theologically-pure but a chore to sing. Some Christians still want to save the celebrating of Christmas to Christmas Day, but the rest of society just wants to party.

Every tradition, it seems, has joined the party, from odious grinchers to righteous drummer boys, to power-hungry displays featuring reindeer, over-stuffed Santas and kangaroos riding surfboards. It's the silly season, and we all have our traditions which sometimes includes looking down our noses at other people's traditions.

OK, everybody's suspicious of the Santa myth which seems to deliver better presents to the kids who already have too much. So the tradition of sharing with those at risk of missing out is an extra special theme of Christmas: Harley-riding toy deliveries, appeals to provide aid to the poorest of the poor, generous staff volunteering their time to ensure the lost and lonely have a great day too.

The Reason for the Season is God's gift of love to a tired and unloved world. And of course our hearts leap when this most wonderfully good news touches us deeply, and our response of joy takes 1000 different forms. Maybe some people have forgotten the 'reason', but the joy is enduring and real.

Merry Christmas, whatever that means for you.

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

*John 13:34*



27 Bridge Street, Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax : (08) 8563 7799
- ★ Email : [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website : [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook : Lutheran Homes Barossa



**Lutheran Church  
of Australia**

## Welcome NEW RESIDENTS

Brian Sitters  
Lindy Swanson

*May our home be warm, and our friends be many.  
May every moment shared here be filled with  
comfort and connection.*



## DECEMBER BIRTHDAY CELEBRATIONS

**5th** Valerie Brent  
**12th** Shirley Rowe  
**17th** Ernst Ziermair  
**18th** Eileen Ingham  
**19th** Yvonne Fox  
**20th** Lola Miles  
**25th** Pat Rohrlach

*Sending Big Birthday Wishes!*

## IN LOVING MEMORY OF

*Our deepest sympathy to the families of*

*Stephanka Athanasov 6th November*

*Grant Kohlhagen 13th November*

*May they rest in peace ...*

***Noel, Noel, the angels sing,  
A beautiful Christmas,  
let our hearts take wing.  
On this wonderful way,  
we'll find our place,  
In each other's arms,  
a warm embrace.***



Wednesday 3rd December  
Wednesday 10th December  
Wednesday 17th December  
Wednesday 24th December  
Wednesday 31st December

## Shopping Bus



LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -



## Christmas Opening Hours



The Administration Office/Entrance will be **OPEN** over the Christmas and New Year Period, **excluding any Public Holidays and Weekends.**

The Barossa Club Connections will also remain **OPEN** for their clients to attend sessions.

Please enter the facility via the Protea/Chapel Entrance when required.

If you are in need of assistance during *out of office times*, please contact the Registered Nurse on 8563 7712.



## Words From Our CEO

# MICHELLE SCHUPELIUS



As we roll our way into the festive season, quite literally for some of us on the bowling green and attending the many luncheons, I'm delighted to share some joyful moments from across our community.

December always brings a special kind of sparkle; a mix of celebration, gratitude, and the unmistakable smell of baking Christmas goodies drifting through our homes and corridors.

Our lawn bowls team has been spreading good cheer and good laughs over the past few months. Led by the talented Sean Hyland, along with a lively rotation of players from Lutheran Homes Barossa, the team has enjoyed some excellent wins, some very large losses, and plenty of amusement and camaraderie. One of the highlights has been standing alongside a lively team of Nuri resident bowling stars, who continue to surprise and impress with their skill and what we are starting to see is a very healthy competitive streak! We break for Christmas in two weeks and already have budding enthusiasts lined up for a few games. But as we look forward to next year quickly starting up again, we'd love to welcome more players to the team. If you've ever wanted to give lawn bowls a go, let Sean know and he can offer some tips on preparing for a great night.

Over the weekend, the Christmas Fete can be deemed another wonderful success, filled with colour, music, friendly faces, and more food than should be allowed in one place. A huge thank you to all the volunteers who gave their time to contribute to such a special day. Your generosity and festive spirit helped make the event feel like a big wrap around Christmas hug.

During November, we celebrated Years of Service across Lutheran Homes Barossa, acknowledging the incredible dedication we see every day from our dedicated staff. The level of care, compassion, and teamwork on display is the best gift we could ask for.

There is a clear sense that Christmas is on its way with every corner, wall and door covered in colour, sparkles and love. For everyone at Christmas, I hope you find moments of peace, joy, and connection. This season reminds us of the importance of community, family, kindness, and looking after one another. May your days be filled with warm gatherings, shared stories, and the occasional Christmas treat.

Wishing you all a very Merry Christmas.



# QUALITY NEWS

Sharon Berridge - Executive Care Manager, Lisa Morrison - Clinical Nurse Consultant, Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator



With Christmas coming up very quickly this year, it is a good time to remember that not everyone celebrates this holiday in the same way. Some people find joy in the Christian aspects of the season, some enjoy the holiday atmosphere and the break from working. For others it can be a time of sadness, missing loved ones no longer present among us or others who live too far away to visit. Loneliness can become deeper at this time of the year for many people.

I ask you all to remember those who have difficulty at this time of year and check in on them—they may be your neighbours, friends or relatives. Be kind to everyone you meet, as we don't know what each other are going through or struggling with . A little kindness from one person may make all the difference in their life to someone. Be the change you want to see. Most of all have a peaceful and happy Christmas and don't let the silly season people put you out of sorts.

## CUSTOMER SERVICE

Christmas can be a tricky time for some people. If you find yourself feeling a little down or flat and just need someone to talk to, LHB have access to an onsite Chaplain , as well as Lifestyle staff and for those that might need a little extra support, the Sonder service is available. Please reach out and allow us to support you when times get a little tough.



**Residential Wellbeing**  
Therapeutic counselling for people living in residential aged care facilities.

**Do you feel sad, lonely or less interested in the things you used to enjoy?**

**If you are living in a residential aged care facility, and are feeling more nervous or worried than usual, know that you are not alone.**

**Our Residential Wellbeing program provides therapeutic counselling for free and aims to help you cope with the challenges of living in a residential facility and improve your quality of life.**



## *Celebrating Excellence at the Leecare Awards!*

In November, several of our staff attended the Leecare Forum and Awards Presentation in Melbourne — a major annual event hosted by the wonderful Carolyn Lee and her son William.

For those who may be unfamiliar, Leecare is one of Australia's leading aged care software platforms. Their annual forum brings together sector leaders to share innovation, strengthen practice, and celebrate exceptional contributors.

We are incredibly proud to share that two of our own team members were recognised at this year's awards:

Clinical Support Nurse, Tanya Snaith – Assessment Star Award - Tanya's nomination described her as *"an assessment guru who guides and mentors new clinical staff with assessments, new resident information, likes & dislikes, family engagement and more. Residents and families are drawn to Tanya's pleasant nature."*

Clinical Support Nurse, Samantha Gibbs – The Quiet Achiever Award - Sam was celebrated as *"an assessment and care planning superstar who engages well with residents and families in our dementia unit to achieve great outcomes with care and service. Sam is known for her friendly, confident manner."*

We are so proud of Tanya and Sam for the skill, compassion, and dedication they bring to Lutheran Homes Barossa. Congratulations to both of you, your recognition at a national level is truly well deserved.



## CHRISTMAS PLANNING

As we are officially into the Christmas season, we are looking to find out in advance, if you or your loved one will be offsite over the Christmas period.

This will allow us to properly organise catering, care, and support needs.

If you will be taking your loved one out of the Home for a day or a longer period, **please let us know** by visiting or calling Reception on 8563 7777.





**Strengthened Quality Standards**



**Standard 1**  
I am valued and have choices over the life I lead

**Standard 2**  
I have confidence in my provider

**Standard 3**  
My care is based around who I am and what's important to me

**Standard 4**  
I feel safe and supported where I live

**Standard 7**  
I contribute to the community I live in

**Standard 6**  
I enjoy tasty nutritious foods every day

**Standard 5**  
I get the right clinical care for me

If you feel these standards aren't being met please let us know in one of the following ways:

-Share Your Experience Form

-Customer Service Coordinator Belinda Treloar

If you prefer to raise your concerns externally you can also contact:

The Aged Care Quality and Safety Commissioner on 1800 951 822  
National Aged Care Advocacy Line on 1800 700 600



# ...please share your contact details

DATE : \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

I'd prefer to remain anonymous?

ON BEHALF OF: \_\_\_\_\_

ADDRESS: \_\_\_\_\_



<input type="checkbox"/> RESIDENT AGED CARE:	<input type="checkbox"/> COMPLIMENT:	<input type="checkbox"/> RESIDENT:
<input type="checkbox"/> RETIREMENT LIVING:	<input type="checkbox"/> SUGGESTION:	<input type="checkbox"/> RELATIVE:
<input type="checkbox"/> COMMUNITY SERVICES:	<input type="checkbox"/> FEEDBACK:	<input type="checkbox"/> VISITOR:
<input type="checkbox"/> OPERATIONS:	<input type="checkbox"/> CONCERN:	<input type="checkbox"/> STAFF:
<input type="checkbox"/> OTHER:	<input type="checkbox"/> COMMENT:	<input type="checkbox"/> OTHER:

**YOUR FEEDBACK:** Please share your compliments, suggestions, feedback or concerns. Your input will be confidential and without reprisal.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**WE APPRECIATE YOUR SUGGESTIONS FOR IMPROVING OUR SERVICES. PLEASE PROVIDE SPECIFIC DETAILS.**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**THANK YOU FOR YOUR FEEDBACK WE APPRECIATE YOUR TIME AND INTEREST**

WOULD YOU LIKE TO DISCUSS THIS DIRECTLY?

I would like to know what improvements and actions have been ignited on my feedback.      YES       YES

**OFFICE USE**

Date Received: \_\_\_\_\_

CSC Log #: \_\_\_\_\_

Receipt Acknowledged:  Yes -  No

Phone:  In Person:  Email:  Other

Forwarded To Departmental Head:  Yes -  No

CI Required:  Yes -  No

Satisfactory Outcome:  Yes -  No

Date Closed: \_\_\_\_\_

Follow Up required:  Yes     No     N/A

3 months     6 months     9 months

Other Comments: \_\_\_\_\_

## ...thank you

The safe and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience Form' and return to reception or pop into any of the marked administration drop boxes within the building.

**Receipt of your feedback will be acknowledged.**

## ...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been ignited as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or relevant Manager, please contact the Executive Assistant, Britiany Mickan by phone on **8563 7733**

Britiany will arrange your appointment.  
[britiany.mickan@tlhome.com.au](mailto:britiany.mickan@tlhome.com.au)

Alternate Contacts:

The Aged care Quality & Safety Commissioner  
1800 951 822

National Aged care Advocacy Line  
1800 700 600

Lutheran Homes Barossa  
27 Bridge Street TANUNDA SA 5352



Enriching Your Life

**Lutheran Homes**  
**Barossa**

Lutheran Homes Barossa  
27 Bridge Street TANUNDA SA 5352  
Phone 8563 7777 [info@tlhome.com.au](mailto:info@tlhome.com.au)  
[www.tlhome.com.au](http://www.tlhome.com.au)

## ...we invite you to share your experience

A confidential opportunity to give feedback on our service, our staff, experience or a situation.  
...we appreciate your interest



Enriching Your Life  
**Lutheran Homes Barossa**





## Share Your Experience

...we invite you to share your experience



LHB supports your right to share compliments, suggestions, concerns or to make a complaint.

We welcome feedback and complaints as part of our commitment to providing a high-quality service.

Share the things we are doing well, or if you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For feedback, compliments, suggestions, concerns, or complaints;

- Complete the Share Your Experience form and return it to any of the black boxes located around the Home or drop into Reception.
- Alternatively, direct your feedback to one of the key personnel listed below:

Chief Executive Officer – Michelle Schupelius	<a href="mailto:michelle.schupelius@lhbhome.com.au">michelle.schupelius@lhbhome.com.au</a>
Care Manager – Sharon Berridge (Including Clinical Care, Lifestyle, Allied Health, CHSP)	<a href="mailto:sharon.berridge@lhbhome.com.au">sharon.berridge@lhbhome.com.au</a>
Operations Manager – Rachel Strudwick (Including Catering, Housekeeping Administration & Maintenance)	<a href="mailto:rachel.strudwick@lhbhome.com.au">rachel.strudwick@lhbhome.com.au</a>
Finance Manager – Simon Wong	<a href="mailto:simon.wong@lhbhome.com.au">simon.wong@lhbhome.com.au</a>
Customer Service Coordinator – Belinda Treloar	<a href="mailto:belinda.treloar@lhbhome.com.au">belinda.treloar@lhbhome.com.au</a>



# Do you have a concern?

You can do something about it. If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

We encourage you to raise concerns with your service provider first. **Your local contact within this service is:**

Michelle Schupelius, Chief Executive Officer  
Phone: 08 8563 7736 or Email: [michelle.schupelius@lhbhome.com.au](mailto:michelle.schupelius@lhbhome.com.au)

Sharon Berridge, Care Manager  
Phone: 08 8563 7757 or Email: [sharon.berridge@lhbhome.com.au](mailto:sharon.berridge@lhbhome.com.au)

Rachel Strudwick, Operations Manager  
Phone: 08 8563 7771 or Email: [rachel.strudwick@lhbhome.com.au](mailto:rachel.strudwick@lhbhome.com.au)

If you can't resolve your concern with your service provider, you can contact the **Aged Care Quality and Safety Commission**

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on **1800 951 822** or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information

**Phone**  
1800 951 822

**Web**  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

**Write**  
Aged Care Quality and Safety Commission  
GPO Box 9819, in Your Capital City

# ROBOTS

Rachel Strudwick - Executive Operations Manager



## NEWS FLASH — FUTURE TECH IS ROLLING INTO LHB!

There's a buzz in the air...and a few spare bolts too! Our **Dirty Linen Robot** is currently off-site receiving a full *blockbuster-worthy makeover*. Soon to return stronger, sleeker, and ready to tackle all the heavy lifting, this hardworking superstar will be back on it's wheels before you know it. Stay tuned — *more updates coming soon!*

But that's not all — new recruits are on their way!

The **Linen Delivery Robots** and **Catering Robots** have almost landed in Adelaide, preparing for their grand debut. We're thrilled to welcome these futuristic teammates to the LHB family, with their official premiere set for **2026**.

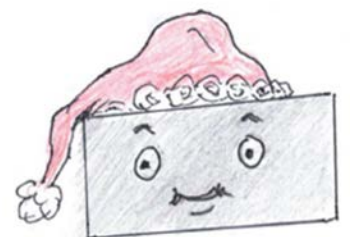
With robot tech, a refreshed star performer, and a touch of cinematic flair, it's starting to feel a little like a scene from *Wall-E* or *Robots* around here!

Roll out the red carpet — our robotic cast is gearing up for action!

The rest of our robot team are gearing up for the Christmas season, polishing their wheels, fine-tuning their sensors, and getting into the holiday spirit as they prepare for the busy weeks ahead. From delivering meals with precision to keeping our spaces clean and sparkling, they're working hard behind the scenes to help ensure a smooth and joyful Christmas period for everyone.

Why did the robot go shopping  
at the shoe store?

*He needed to get re-booted...*



MERRY CHRISTMAS  
FROM THE  
ROBOTS



# CATERING

## Rachel Strudwick - Executive Operations Manager

Our Catering Team is hard at work preparing for the busy Christmas period, ensuring all our December events are filled with delicious meals, warm service and plenty of festive cheer. With so many celebrations taking place throughout the month, they are dedicated to making every gathering special for our residents, families and community.

Please note that our Courtyard Café will be **OPEN** over the Christmas period (**excluding public holidays and weekends**), and we kindly ask that you book a table in advance by calling Reception, if you plan on visiting with family and loved ones.



Above: Kim Sawers — Catering Coordinator



Thank you to all the families who have booked a table for our Christmas Family Lunches on Tuesday 16th December OR Wednesday 17th December.

Bookings are officially closed as we have reached maximum capacity. The event will begin at 11:30am, and we kindly ask all guests to be seated by 12:00pm for serving.

If you have not yet advised us of any dietary requirements, please contact Reception on 8563 7777 as soon as possible.

We also encourage everyone to come dressed in their festive Christmas attire to help bring out the true spirit of the season!





# Christmas Fete 2025

Our Christmas Fete last weekend was a wonderful success, with a fantastic turnout and steady crowds filling the venue throughout the day.

The variety of stalls were buzzing with activity, creating a vibrant atmosphere and plenty of happy shoppers.

We are incredibly thankful to everyone who helped bring the event to life, those who assisted with set-up and pack-up, volunteered their time on a stall or in service, and all who worked tirelessly behind the scenes to ensure everything ran smoothly. We are truly grateful.

And to everyone who purchased items or simply came along to show their support for the Home, thank you for being part of such a special day.

If you have any feedback from the day or suggestions for next year, we would love to hear from you via our Share Your Experience forms.











# Sponsors & Donations

We would like to extend our heartfelt thanks to all the businesses, companies, and community members for their generous sponsors and donations towards our Fete and the Home, not only throughout December, but across the entire year. Your ongoing support make an incredible difference to our residents, staff, and community. Without you, events like these simply wouldn't be possible, so we are truly grateful.

Altaira Agency	Kodo Technologies
AHA	Lee Care
Atlas McNeil	Levrier Wines
Aussie Wide Badges	Maggie Beer Foundation
Automasters	Melba's Chocolate
Barossa Bowland	Menz
Barossa Carpet Courts	Northland Packaging
Barossa Co-op	Office National
Barossa Nursery	Plush Audio
Barossa Pharmacist	Porto Coffee - HDS
Bean Addiction Coffee	RAA
Big 4 Holiday Parks	Revive Agency Staff
Boofs Car Detailing	Sage Home & Living
Browns Donuts	Tanunda Cellars
Bunnings	Tanunda Hotel
CSJ Electrical	Tanunda Pine Golf Course
Dementia Australia	Tena
Dragonfly Adornments	The Clubhouse
Dominant Chemicals	The Plaster Studio
Elite Kitchens & Cabinets	Tony Colyer
Endota	Vine Inn
Foodland	WINC
Imprint Flowers, Gawler	Wohlers
Jaymal	<i>And more....</i>
Jill Boxall, Hairdressing	





A thank you to all our wonderful entertainers who helped make the day truly special. The free face painting by Key Star Ventures was an absolute hit with all ages, adding colour and smiles that lit up the event. Doug & Gary had their fantastic live music, creating the perfect atmosphere throughout the day. To the Day Drippers Van for keeping everyone warm and energised with their delicious hot coffee.



## LHB CHRISTMAS RAFFLE

### \$2 each OR 3 for \$5

Our HUGE Christmas Raffle has over 20 amazing prizes up for grabs, from gourmet hampers to special surprises! Tickets are **still available for purchase** at Reception and Protea Loungeroom. The raffle will be drawn on Monday 22nd December 2025. You've got to be in it, to win it!







# YEARS OF SERVICE



In November, we proudly recognised our incredible team members who have reached significant milestones in their journey here. We recognised 51 staff members for their dedication — including those marking 3, 5, 8, and 10 years, as well as 6 team members who have each devoted over 20 years of service, with our current longest-serving staff member achieving an amazing 37 years!

Your commitment, compassion, and hard work make a lasting difference in the lives of our residents and the heart of our community.

One of our residents, Ernst was delighted to offer his time to capture photos of the celebration, adding a personal touch to the event.





# THANKYOU, VOLUNTEERS



**We love our volunteers and the incredible service they provide.**

Last month, we had the pleasure of honouring them at our Volunteer's Christmas Lunch 2025. It was a warm, joy-filled afternoon celebrating the amazing people who generously give their time, kindness and energy to support our residents, staff and the wider community. To each and every one of our volunteers — thank you. Your compassion and dedication make a world of difference every single day, and we are truly grateful for everything you do.

## CHRISTMAS SPIRIT

The Protea Arms Op Shop is bursting with festive cheer and open for all your Christmas gifting needs! From thoughtful treasures to fun seasonal specials, you're sure to find something perfect for your loved ones. And while you're in the spirit, don't forget to wander down to Santa's Cave in the ABGO hallway — a magical stop for all ages. The big question is... are you on the naughty or nice list this year?





# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



## ...book your appointment today

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777**

**The Allied Health Clinic** is open  
...9am to 5pm - Monday to Friday

**Barossa Club Connections** is open  
...9am to 4pm - Monday to Friday

## ...how can we help?

As you get older, everyday tasks can become more difficult. Asking for help doesn't mean losing your independence. Lutheran Homes Barossa provide services that improve, restore and maintain the health, safety, well-being and independence for older people.

The **Allied Health+Therapy Services** and **Barossa Club Connections Social Centre** provide a range of specialist activities to help you stay on top and lead an active life.

- Physiotherapy and Exercise Groups
- Occupational Therapy
- Better Balance - Falls Prevention + Rehabilitation
- Club Connections + Social Outings
- Activity and Games Centre
- Art, Craft and Cooking projects

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-on-one), as well as group fitness programs.

## ...we can assist you

**The First Step** - Find out if you are eligible  
**Contact My Aged Care on 1800 200 422**

**The Second Step** - Following your assessment, the assessor will provide you with referral codes for your eligible services.

**The Third Step** - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

## BBQ DAY & BUILDING THE WORM FARM



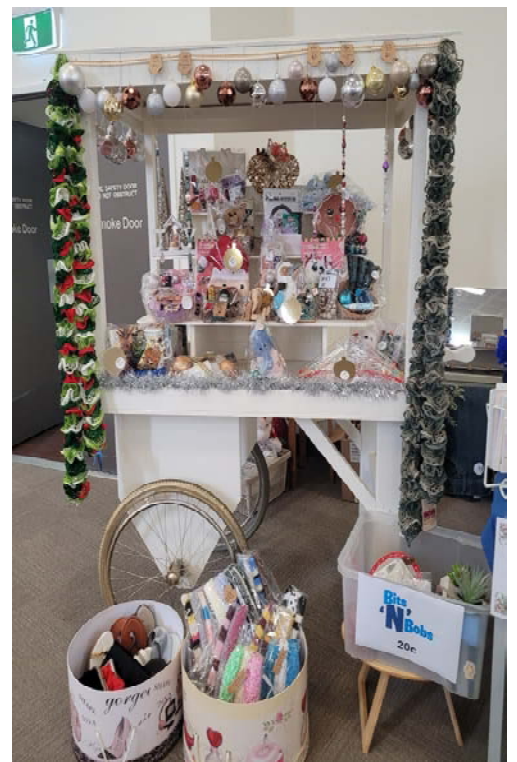


# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

## MELBOURNE CUP IN THE BAROSSA CLUB



## BAROSSA CLUB FETE STALLS





# WHAT'S HAPPENING IN DECEMBER



## Light Pass Choir

Monday 08/12/25

1:30pm Gramp Chapel

## Christmas Honey Biscuit Decorating

Thursday 18/12/25

1:30pm

Gramp Chapel



## Valley Voices

Monday 01/12/25

1:30pm– Gramp Chapel

Christmas Carols

## New Years

### Art and Craft

Wednesday 31st

1:30pm Chapel

1:30pm ABGO



**REMEMBERING 1966**  
*Activities for Seniors*  
[www.galdencarers.com](http://www.galdencarers.com)



## Coffee and Chat

Tuesday 30th

Waratah: 1:30pm

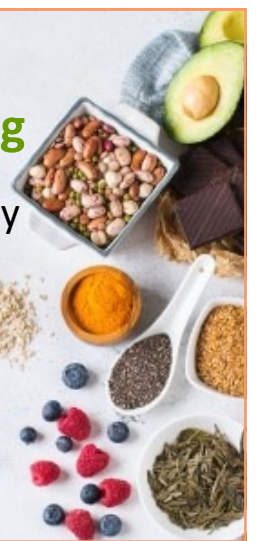
ABGO: 3:00pm



## Food Focus Meeting

Please join us on Tuesday  
the 02/12/25 at 1:30pm

in the Gramp Chapel to  
discuss all food matters.



## NEXT RESIDENT MEETING DECEMBER

THURSDAY 4TH 1:30PM IN THE CHAPEL

ALL FAMILIES AND REPRESENTATIVES ARE WELCOME TO JOIN US





# VOLUNTEER NEWS

Belinda Treloar;  
Customer Service, Volunteer  
& Leisure Coordinator



## CAN YOU HELP?



We are currently seeking volunteers to assist as our  
***Special Transport Drivers & Café Helpers***

If you feel that you have some spare time each week and want to make a difference, please contact me to get involved.

A very big Happy Birthday to all the volunteers celebrating a birthday in December. Keep an eye out for your birthday card and Courtyard Café voucher in the post. Best wishes!



Happy December to the amazing volunteers at LHB.

It was so wonderful to see so many of you at the Volunteer Christmas Lunch. The afternoon was filled with lots of fun and fellowship. I would like to thank you all for your contributions throughout the year. We couldn't do what we do for the residents without all of you.

“As the Christmas Season approached, we pause to give thanks. Thank You for the gift of Your Son, Jesus, whose birth fills the world with hope and reminds us that no one is ever forgotten or alone. Bless every hand that wraps a gift, every voice that sings a carol, every smile that brightens a room this Christmas and every volunteer.

Use our small acts of kindness to wrap these precious souls in the warmth of Your love, just as You wrapped Your Son and laid Him in a manger. Comfort those who feel far from family, heal those who carry pain, and let every resident feel, even for a moment, the wonder of being deeply seen and truly cherished. May the light of the Christmas star shine in these hallways, chase away loneliness, and remind us all that—God-is -with-us—, in the laughter, in the quiet tears, in the sharing of cookies and Christmas stories, in every gentle touch that our volunteers bring. Amen”

Wishing you all a very blessed Christmas—Belinda Treloar



### Do you have Social Media?



Head over to Facebook and Like  
[Lutheran Homes Barossa](#)  
You can also follow us on Instagram  
[lutheranhomesbarossa](#)







# RESIDENTIAL ACTIVITIES

## FAITH STUDENT DRAMA PERFORMANCE



Above— L) Barb White, R) Kevin Jones    Below— L) Joan Minge, R) Shirley Rowe



Joyce Lehmann & Faith Students





# RESIDENTIAL ACTIVITIES

## REMEMBRANCE DAY



Ron Reed



RSL Poppy Project



Barbara Zerna



Rosemary Berg



Liz Hussey



Ron Reed



Valda Roennfeldt

This year, Lutheran Homes Barossa participated in the RSL Poppy Project. The residents painted, knitted and crochet poppies to contribute to the RSL display. The Faith Year 11 students joined us in our poppy art and craft session and enjoyed listening to many reminiscing stories that were shared from our residents who have served. Thank you to Liz, Grant, Val, Peter, Brian, Kevin, Fred, Julie, Anna, Ron, Margaret & Jean for participating in the Remembrance Day Service.









## DECEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR

### Monday 1st

10:30 Singing in the Chapel **Chapel**  
 10:30 Hymns sing along **ABGO**  
 1:30 **Valley Voices** **Chapel**  
 3:00 Tunnel Ball **ABGO**

### Tuesday 2nd Tuscan Hill Café 10-12pm

10:15 Knit and Natter **Protea**  
 10:30 Movers and Groovers **Chapel**  
 10:30 **The Sprout Squad** **ABGO**  
 1:30 Men's Shed / **The Shed**  
     Ladies Pampering **ABGO**  
 1:30 **Food Focus Meeting** **Chapel**  
 3:00 Table Games **ABGO**

### Wednesday 3rd General Store Open in ABGO 10-2pm

From 9am **TLH LIBRARY OPEN** **TC**  
 10:30 Waratah Service **Waratah**  
 10:30 Armchair Exercise **ABGO**  
 1:30 Ten Pin Bowling **ABGO**  
 1:30 Ping pong **Chapel**  
 3:00 Bingo **ABGO**



**National Cookie Day**

### Thursday 4th **National Cookie Day**

From 10am **CAFÉ' SHOP TROLLEY**  
 10:30 Bean Bag Toss **ABGO**  
 10:30 Movers and Groovers **Chapel**  
 1:30 Ball Games **ABGO**  
 1:30 Residents Meeting **Chapel**  
 1:30 1x1's **LHB**  
 3:00 Foot Spa's **Sensory Room**

### Friday 5th

From 9am **TLH LIBRARY OPEN** **TC**  
 10:30 Movement to Music **ABGO**  
 10:30 Hoy **Waratah**  
 1:30 Tit Tat Reading **ABGO**  
 1:30 Bingo **Chapel**  
 3:00 Christmas Decorating **ABGO**

### Saturday 6th

1:30 Knock'em Down **ABGO**  
 3:00 Picture Bingo **ABGO**  
 4:00 1x1's **ABGO**

### Sunday 7th

10:00 Church Service **Chapel**  
 1:30 Chair Yoga **ABGO**  
 3:00 Cards **ABGO**  
 4:00 1x1 **ABGO**

### Monday 8th

10:30 Singing in the Chapel **Chapel**  
 10:50 Worship Service **ABGO**  
 1:30 **Light Pass Choir** **Chapel**  
 3:00 Ping Pong **ABGO**

### Tuesday 9th Tuscan Hill Café 10-12pm

10:15 Knit and Natters **Protea**  
 10:30 Movers and Groovers **Chapel**  
 10:30 Tuscan Hill Café **ABGO**  
 1:30 Men's Shed / **The Shed**  
     Ladies Pampering **ABGO**  
 1:30 Ten Pin Bowling **Waratah**  
 2:30 Doug Concert **ABGO**



In what country did the tradition of Christmas trees originate?

### Wednesday 10th General Store Open in ABGO 10-2pm

From 9am **TLH LIBRARY OPEN** **TC**  
 10:30 Bottle Top Sorting / Walking Group **Waratah**  
 10:00 Armchair Exercise **ABGO**  
 10:45 **1st Blessing of the Month** **ABGO**  
 1:30 Table Tennis **ABGO**  
 1:30 **Christmas Quiz** **Chapel**  
 3:00 Bingo **ABGO**

### Thursday 11th

From 10am **CAFÉ' SHOP TROLLEY**  
 10:30 Hoy **ABGO**  
 10:30 Movers and Groovers **Protea**  
 1:30 Golf **ABGO**  
 1:30 Tunnel Ball **Chapel**  
 3:00 Foot Spa's **Sensory Room**

### Friday 12th

From 9am **TLH LIBRARY OPEN** **TC**  
 10:30 Movement to Music **ABGO**  
 10:30 Wisdom of the Elders **Chapel**  
 10:30 Hoy **Waratah**  
 1:30 Coffee and Chat **ABGO**  
 1:30 Bingo **Chapel**  
 3:00 Pet Therapy **ABGO**

### Saturday 13th

1:30 Rap Ball **ABGO**  
 3:00 Word Games **ABGO**  
 4:00 1x1's **ABGO**

### Sunday 14th

10:00 Church Service **Chapel**  
 1:30 Chair Yoga **ABGO**  
 3:00 Quoits **ABGO**  
 4:00 1x1 **ABGO**

# DECEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR

## Monday 15th

10:30 Singing in the Chapel	Chapel
10:50 Worship Service	ABGO
1:30 Art & Craft	ABGO
1:30 Chimney Toss	Chapel
3:00 Tunnel Ball	ABGO



## Tuesday 16th Tuscan Hill Café 10-12pm

10:15 Knit and Natter	Protea
10:30 Movers and Groovers	Chapel
10:30 <b>The Sprout Squad</b>	ABGO
12:00 <b>Residents Family lunch</b>	Chapel
1:30 Men's Shed / Ladies Pampering	The Shed ABGO
1:30 1:1's	LHB
3:00 Table Games	ABGO

## Wednesday 17th General Store Open in ABGO 10-2pm

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Bottle Top Sorting / Walking Group	Waratah
10:30 Armchair Exercise	ABGO
12:00 <b>Residents Family lunch</b>	Chapel
1:30 Ten Pin Bowling	ABGO
1:30 Wheel of Fortune	Waratah
3:00 Bingo	ABGO

## Thursday 18th

From 10am <b>CAFÉ SHOP TROLLEY</b>	
10:30 Chimney Toss	ABGO
10:30 Movers and Groovers	Chapel
1:30 Ball Games	ABGO
1:30 <b>Christmas Biscuit Decorating</b>	Chapel



**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY  
BE SUBJECT TO CHANGE..  
PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER  
FOR DETAILS ON THE DAY —Thank you**

## Friday 19th

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Movement to Music	ABGO
10:30 Hoy	Waratah
1:30 Christmas Reminiscing	ABGO
1:30 Bingo	Chapel
3:00 Table Games	ABGO

## Saturday 20th

1:30 Knock'em Down	ABGO
3:00 Picture Bingo	ABGO
4:00 1x1's	ABGO

## Sunday 21st

10:00 Church Service	Chapel
1:30 Christmas Chair Yoga	ABGO
3:00 Card games	ABGO
4:00 1x1	ABGO

## Monday 22nd

10:30 Singing in the Chapel	Chapel
10:50 Worship Service	ABGO
1:30 Christmas Art & Craft	ABGO
1:30 Festive Memory Game	Protea
3:00 Ping Pong	ABGO

## Tuesday 23rd Tuscan Hill Café 10-12pm

10:15 Knit and Natter	Protea
10:30 Movers and Groovers	Waratah
10:30 <b>The Sprout Squad</b>	ABGO
1:30 Men's Shed / Ladies Pampering	The Shed ABGO
1:30 <b>CARPET BOUBLES (Happy Hour)</b>	Waratah
2:30 Doug Concert	ABGO



## Wednesday 24th

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Bottle Top Sorting/ Walking Group	Protea
10:30 Arm Chair Exercises	ABGO
1:30 Christmas Carols	ABGO
1:30 Egg Nogg and Christmas Carols	Chapel
3:00 Christmas Bingo	ABGO



## DECEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR

### Thursday 25th Christmas Day

10:00 Christmas Day Service

Chapel



### Friday 26th Boxing Day



### Saturday 27th

1:30 Rap Ball

ABGO

3:00 Word games

ABGO

4:00 1x1

ABGO

### Sunday 28th

10:00 Church Service

Chapel

1:30 Chair Yoga

ABGO

3:00 Card games

ABGO

4:00 1x1

ABGO

### Monday 29th

10:30 Singing in the Chapel

Chapel

10:30 Hymns Sing along

ABGO

1:30 Art & Craft

ABGO

1:30 Dart Ball

Chapel

3:00 Tunnel Ball

ABGO

### Tuesday 30th Tuscan Hill Café 10-12pm

10:15 Knit and Natter

Protea

10:30 Movers and Groovers

Chapel

10:30 The Sprout Squad

ABGO

1:30 Men's Shed /

The Shed

Ladies Pampering

ABGO

1:30 Remembering 1966 (coffee & chat)

Waratah

3:00 Remembering 1966 (coffee & chat)

ABGO

### Wednesday 31st General Store Open in ABGO 10 -2pm

From 9am TLH LIBRARY OPEN

TC

10:30 Bottle Top Sorting / Walking Group

Waratah

10:30 Armchair Exercise

ABGO

1:30 New Years Art and Craft

ABGO

1:30 New Years Art and Craft

Chapel

3:00 Bingo

ABGO



**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY  
BE SUBJECT TO CHANGE..  
PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER  
FOR DETAILS ON THE DAY —Thank you**





# Christmas

## WORD SEARCH

I I J L L S D Y R J E I P J J C C V I P  
W M V G K N S A V C M R L Z O A A B V J  
G R H O G S X D T T D Z C K L K R O D J  
B I A Q W L W I C H X K D P L R O I N I  
V R I P R X W L T T X N R I Y X L J Q N  
O S Q E P D O O M W R E A T H Q E E K G  
F T B N E I C H R I S T M A S T R E E L  
N G O Q A N N Q L E E X E D J N S O Y E  
D A E R B R E G N I G N E L A C T F N B  
K I C E N G S T P F G C A M V E Y G Z E  
Z Q A N K A S H R A O Y W C L E Q K Y L  
P Q L U W Q M G W R P O D T Y R S A A L  
H L P C A Z T E A H N E S M Z D T K W S  
W J E C D K R T N S Z I R E E D N I E R  
O M R A H N I V H T M G U Y N D W A V M  
J V I C O O A W P D S N W D O S K Q C S  
U T F R N O B L D N O R T H P O L E A S  
H L S S F L G M R K L U T H Z B L N Y E  
C O B S G E F G U A M W D X Y D T L U D  
W O B H B A K B H D G Z O H T A I F K L

JINGLE BELLS

BOW

CANDY CANE

CAROLERS

CHRISTMAS TREE

DECORATIONS

ELVES

FIREPLACE

GARLAND

GINGERBREAD

HOLIDAY

JOLLY

SANTA

MISTLETOE

NORTH POLE

ORNAMENTS

PRESENTS

REINDEER

SNOWMAN

WREATH

WRAPPING PAPER

