

Lutheran Homes Barossa

TIT TAT September 2025







Message from the Chaplain - Ian Lutze ...Visitors



I was visited by a beautiful young eclectus parrot last month. It might have been some noisy miners that made it seek refuge, and it was very tame. And very noisy. Squawking for most of the day, even when it had its mouth full of food. But this bird changed my life, or at least my plans, for this one day.

This parrot is a parable of people who enter our lives for a short time, bless us, and then move on. Perhaps we see our children like that, or a partner or friend. Nobody stays forever, even if it be death that us parts. Spiritually Jesus was with people for a short time before moving on and being present in new ways.

Staff come and go in aged care. My assistant Chaplain, Helen McNicol has now retired, after 6.5 years with us. Were we blessed by her? Of course. Will we remember her? Why not! Will we miss her? Absolutely!!

Staff who leave, are leaving behind relationships formed. People put their heart and soul into their work and, despite the many reasons why people leave, it's up to all of us who stay to find a way to honour them for their service among us.



So here's to everybody who came, if only for a short time, with intention to make our lives better. May we remember, and say thank you.



The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

John 13:34

27 Bridge Street, Tanunda SA 5352

★ Phone: (08) 8563 7777

★ Fax: (08) 8563 7799

★ Email: info@tlhome.com.au

★ Website: www.tlhome.com.au

★ Facebook : Lutheran Homes Barossa



Lutheran Church of Australia



Permanent

Kevin Jones
Raymond Rosenzweig
Margaret Noack

"May our Home be warm, and our friends be many"



SEPTEMBER BIRTHDAY CELEBRATIONS

6th Grant Taylor

13th Lorraine Moore

29th Brenda Hollitt

30th Margaret Noack

IN LOVING MEMORY OF

Our deepest sympathy to the families of

Melvyn Sonntag Patrícía Dale

Venus Bessell

1st August 26th August 26th August

May they rest in peace ...

Tell me and I forget.

Teach me and I remember.

Involve me and I learn.



Wednesday 3rd September Wednesday 10th September Wednesday 17th September Wednesday 24th September

Shopping Bus





LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

SAVE THE DATE

22nd October – Ashton Hurn MP Visit

25th November – Volunteers Christmas Luncheon

29th **November** – LHB Christmas Markets

9th December & 11th December – Family Christmas Lunch

All events will be held in our Gramp Chapel. More information for all events will be in the upcoming TitTats, but for now please save the dates!



Words From Our CEO





Working Towards a New Financial System

Behind the scenes, we're undertaking a major project: the implementation of a new financial system. This isn't just about numbers—it's about creating a more streamlined, accurate, and user-friendly way of managing resources.

The new system will:

- Provide greater transparency for residents and families.
- Make processes easier and more efficient for staff.
- Strengthen our ability to plan and invest in services that directly benefit residents.

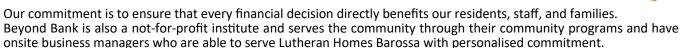
While transitions of this kind take time, we're committed to ensuring a smooth rollout. Training and support will be available to staff so that everyone feels confident in using the new system. We thank everyone for their patience and understanding as we test and test again our new system.

Changing Our Banking Partner

As a not-for-profit organisation, it's vital that our banking arrangements reflect our unique needs. After careful review, we are transitioning to a new banking partner that better understands and supports the community sector.

This change will:

- Reduce costs so we can reinvest savings into resident care.
- Provide us with improved tools and services tailored for NFPs.
- Strengthen financial management, ensuring long-term stability.



Understanding the New Aged Care Act

The upcoming Aged Care Act is one of the most significant changes to aged care in recent years. A key part of this new legislation is the introduction of the "associated provider" role.

What does this mean?

- It ensures that commonwealth funded aged care organisations are fully accountable for the quality of care provided and services that we engage.
- It improves oversight and reporting requirements, giving families greater confidence in the services their loved ones receive.
- It aligns with a broader push to ensure aged care services are delivered with dignity, respect, and safety at their

We are actively preparing for these changes by reviewing our systems and training to ensure a seamless transition once the Act takes effect. This will not have minimal impact to our residents as services will continue as normal. If there are any significant changes to services, we will absolutely let you know.

Strengthening Governance

Good governance is the backbone of any trusted organisation. That's why the Board and leadership team are currently reviewing and testing our governance practices.

This involves:

- Regularly evaluating how the Board operates and makes decisions.
- Testing our organisational policies and procedures to ensure they are effective.
- Strengthening risk management so we can respond quickly and confidently to challenges.

These steps help us remain transparent, accountable, and aligned with best practice—ensuring residents and families know they are in safe hands.

Each month, the board is engaged in information and education with external education also on the coming agendas to strengthen their knowledge and governance practices.

Retirement Living Act – Coming Soon

The new Retirement Living Act will commence on 2 February 2026, and it will bring important changes to the way retirement living services are managed.

The Act is designed to:

- Provide stronger protections for retirement village residents.
- Ensure greater transparency in contracts and fees.
- Set clearer expectations for providers and residents.

Although 2026 may feel some way off, we are already preparing to align with the new requirements. Our goal is to make this transition smooth for residents, with plenty of communication and support along the way.

Thank you to all our residents, families, staff, and Board members for being part of our journey. Together, we are building a supportive, caring, and thriving community.



QUALITY NEWS

Sharon Berridge - Executive Care Manager, Lisa Morrison - Clinical Nurse Consultant, Jess Osborne - Quality & Training Officer, Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator

The New Aged Care Act & Strengthened Aged Care Quality Standards

The first of November is getting closer and with that hopefully comes the New Aged Care Act and Standards. Last month we spoke about Standard Five: Clinical Care, this month we'll talk about Standard Six: Food and Nutrition.

Standard Six: Food and Nutrition

"I enjoy food and drinks that meet my needs and preferences."

Standard Six is all about making sure that the meals, snacks, and drinks you're offered at LHB support your health, are enjoyable, and reflect your personal preferences.

To meet this standard, here's what we're working towards:

- ⇒ Nutritious and safe meals
- ⇒ Personalised options
- ⇒ Enjoyable mealtime experiences
- ⇒ Snacks and drinks throughout the day
- ⇒ Support where needed





Please visit or book in with Jess Osborne located in Waratah if you have any questions about the standards, or suggestions for training.

COMPLIMENTS, COMPLAINTS & SUGGESTIONS

Avec of Conserve	6	Camadianant	Commention	Total Area
Area of Concern	Concerns	Compliment	Suggestion	of Concern
Care / Clinical		1		1
Housekeeping / Laundry		2		2
Customer Service / Admin		1		1
Education/Training				-
Environment		1		1
Catering / Café	2	9	4	15
Lifestyle / Volunteers		20	2	22
Maintenance		2		2
Management & Communication				-
Other - LHB	1	5	1	7
Quality				-
Staff		8		8
Finance				-
Wellbeing				-
CHSP		5		5
Total	3	54	7	64

We value this feedback.
Thank you for taking the time to communicate your thoughts, opinions and experiences with us.



SERVICES

Black Forest Optometry are here onsite, Monday 8th of September to see our RACF residents.

To be placed on the list, a consent form must be completed and returned to Lisa Morrison or Front Reception before the visit date.





EDUCATION UPDATES

Parkinson's Education and Q&A

On the 23rd of October from 1:30pm—2:30pm in the Chapel, we are lucky enough to have health professionals coming to give information about living with Parkinson's, with a time allocated for O&A.

The discussion will be by 'The Hospital Research Foundation Group', a charity group who are passionate about maximising choice, independence, mental health and wellbeing for people impacted by Parkinson's or other neurological and movement disorders through support, education, advocacy and research in the ACT, NT and SA.



All staff at LHB are currently going through a change of online training platform. If any residents, family or community members are curious to look, the new system we are moving to is Ausmed. The information taught on Ausmed is supported by Healthdirect Australia and the Department of Health and Aged Care, as well as other leading Australian healthcare providers.



SUPPORTING LOCAL

ListenHear – Mobile & Independent **Hearing Services** Helping you hear life's important moments



ListenHear is an independent, family-owned hearing service led by Nicole Emes, an accredited audiometrist with over 14 years' experience serving the Barossa Valley. Nicole previously worked in her family's practice, Ron Kendall Audiology, before launching ListenHear in 2025 as a fully independent clinic, free from corporate and manufacturer ties.

We can help with all aspects of hearing care — whether you'd like a full hearing check, support with your hearing aids, or just some friendly advice. We look after fittings, adjustments, and repairs, and for pensioners and veterans there are free or subsidised services through the Hearing Services Program. Just as importantly, we share simple communication tips with residents, families, and carers, making everyday conversations easier. And if travel is difficult, Nicole can visit you right here at Lutheran Homes Barossa, so your hearing care is always easy and stress-free.

0411 622 886

nicole@listenhear.com.au

Servicing the Barossa Valley, Clare Valley, Gawler & Surrounds

QUALITY NEWS

Enriching Your Life Barossa utheran Homes

N

The organisation

Strengthened Quality Standards

llead

in my provider I have confidence

Standard 2

I am valued and have

Standard 1

choices over the life

community I live in I contribute to the Standard 7

Standard 6

foods every day enjoy tasty nutritious

The residential community nobraun bne bood 9 The person The environment cave and services

supported where I live feel safe and Standard 4

If you feel these standards aren't being met please let us know in one of the following ways:

Clinical care

care for me

get the right clinical

Standard 5

- Share Your Experience Form
- Customer Service Coordinator Belinda Treloar
- Quality Officer Jessica Osborne

If you prefer to raise your concerns

The Aged Care Quality and Safety Commissioner on 1800 951 822 National Aged Care Advocacy Line on 1800 700 600 externally you can also contact:

TITTAT 6 SEPTEMBER 2025

who I am and what's My care is based around

important to me

NT LIVING: COMPLIMENT: COMPLIMENT: SUGGESTION: RELATIVE: COUR GREATIST STAFF: CONCERN: CONCERN: COMMENT: COMMEN		WE APPRECIATE YOUR SUGGESTIONS FOR IMPROVING OUR SERVICES. PLEASE PROVIDE SPECIFIC DETAILS.	THANK YOU FOR YOUR FEEDBACK WE APPRECIATE YOUR TIME AND INTEREST WOULD YOU LIKE TO DISCUSS THIS DIRECTLY? I would like to know what improvements and actions have been ignited on my feedback.
RESIDENT AGED CARE: RETIREMENT LIVING: COMMUNITY SERVICES: OPERATIONS: OTHER: YOUR FEEDBACK: Please share your company of the company of		WE APPRECIATE YOUR SUGGESTIONS	THANK YOU FOR YOUR FEEDBACK WE APPR WOULD YOU LIKE TO DISCUSS THIS DIRECTLY? I would like to know what improvements ar
share your contact details DATE: NAME: ADDRESS:	PHONE: EMAIL: I'd prefer to remain anonymous? ON BEHALF OF: ADDRESS: OFFICE USE	Date Received: CSC Log #: Receipt Acknowledged: □ Yes - □ No Phone: □ In Person: □ Email: □ Other Forwarded To Departmental Head: □ Yes - □ No CI Required: □ Yes - □ No Satisfactory Outcome: □ Yes - □ No	Date Closed: Follow Up required: □ Yes □ No □ N/A □ 3 months □ 6 months □ 9 months Other Comments:

thank you

The safe and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience Form' and return to reception or pop into any of the marked administration drop boxes within the building.

Receipt of your feedback will be acknowledged

...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been Ignited as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or relevant Manager, please contact the Executive Assistant, Britany Mickan by phone on 8563 7733

Britany will arrange your appointment. britany.mickan@tlhome.com.au

Alternate Contacts:

The Aged care Quality & Safety Commissioner 1800 951 822

National Aged care Advocacy Line 1800 700 600

> 27 Bridge Street TANUNDA SA 5352 Phone 8563 7777 info@tlhome.com.au

Lutheran Homes Barossa

www.tlhome.com.au

27 Bridge Street TANUNDA SA 5352



share you to experience

A confidential opportunity to give feedback on our service, our staff, experience or a situation.
...we appreciate your interest



experience share your ...we invite

Share Your Experience

LHB supports your right to share compliments, suggestions, concerns or to make a complaint. We welcome feedback and complaints as part of our commitment to providing a high-quality service. Share the things we are doing well, or if you have a concern, we would like to hear from you.

and aim to provide a welcoming environment for you to raise a concern or a complaint. We understand the importance of resolving matters promptly within our service

For feedback, compliments, suggestions, concerns, or complaints;

- Complete the Share Your Experience form and return it to any of the black boxes located around the Home or drop into Reception.
- Alternatively, direct your feedback to one of the key personnel listed below:

michelle.schupelius@tlhome.com.au Chief Executive Officer - Michelle Schupelius

Care Manager - Sharon Berridge (Including Clinical Care, Lifestyle, Allied Health, CHSP)

sharon berridge@tlhome.com.au

Operations Manager – Rachel Strudwick (Including Catering, Housekeeping Administration & Maintenance)

Finance Manager - Simon Wong

Customer Service Coordinator - Belinda Treloar

belinda.treloar@thome.com.au

simon.wonq@thome.com.au





Aged Care Quality and Safety Commission Australian Government



fyou have a concern or feedback You can do something about it.

about the aged care you or someone else is receiving, you can talk to us.

agedcarequality.gov.au

1800 951 822

We encourage you to raise concerns with your service provider first. Your local contact within this sorvice is: Michello Schupollus, Chief Executive Office Phone: 08 8563 7736 or Emeil: mis

Rachel Strudwick, Operations Manager Phone: 08 8563 7757 or Email: aha

Sharon Berridge, Care Manager

rachel. strudwick@tlhome.com.au

Phone: 08 8563 7771 or Email: raci

If you can't resolve your concern with your service provider, you can contact the **Agod Caro Quality and Safoty Commission** Anyone can lodge a concern

You can also give us foodback about the care you or You can be anonymous or confidential

Call us on **1800 951 822** or visit **agedcarequality.gov.au** for more information someone else is receiving to help us when we check a sorvice against quality standards

Nrito
Nrito
Aged Care Quality and Safety Commission
also Box 9919, in Your Capital City

ROBOTS

Have you met Temi, our concierge assistant robot? She is located at the Front Reception, ready to welcome you. Temi is here to help guide visitors to different areas around the facility. It's great to see visitors interacting with her and letting her direct you to your location; be sure to check her out next time you're onsite!



Some exciting news — Our little Temi has recently received further upgrades!

We are still working on the mapping process to provide a short explanation/video for each location point, and working on making lifestyle activity announcements for the residents as Temi moves throughout the neighbourhoods.

Temi also includes features for interactive games and will provide short post-meal surveys. There is a lot of exciting development happening in the Temi space.



Look how cute her face is – Please let us know if you have any suggestions for Miss Temi.



I'm a happy Vittle root

Here to welcome Journ

With a wink of my big blue eyes

And a heeky crocked in

Whe reveal my pictures

I hope it will impress

Then I can read the way

E your preferred address

I may be 5 mall in stature

Out I make my presence known

I'm definitely the cuttest

As the residents have shown!

Poem/drawing by resident, Anna Gee — thankyou, we love receiving these for our robot features!

HOSPITALITY

We're excited to welcome a few new faces to our Hospitality team, bringing fresh energy to our daily operations. The kitchen has been bustling with activity, preparing and serving delicious meals to our residents and clients. In addition to our regular service, the team has also been busy catering special events, including the recent celebration for our newly donated pipe organ.

A big shout out to our incredible Laundry and Housekeeping team for all the hard work and dedication they put in each and every day behind the scenes. From fresh linens to spotless spaces, you play a vital role in ensuring our residents feel at home and cared for.



Our Catering Team served up over 10,800 meals to our residents in August.

Favourite August Meals: Lamb Curry, Lemon Tarts and Cornflake Cookies

HAIRDRESSING SALON



We have our wonderful onsite hairdressing salon, 'Ruby Blue', where residents, staff and the community can indulged in a relaxing experience. Whether it's a trim or a refreshing wash and blow-dry, the salon always provides a welcoming space. If you're interested in a visit to the salon, please ring Jill Boxall to make a booking.



How did the hairdresser win the race?

She took a short cut!

Why should you always watch football at the hairdressers?

Because the highlights are better!

AGED CARE EMPLOYEE DAY

This year's Aged Care Day was one to remember! Our gardens were filled with laughter and conversation as residents, staff, families, and Board Members came together for a special BBQ lunch. The Board not only attended but also helped on the grill, showing their appreciation for the incredible work our aged care team does every day. We shared stories, enjoyed delicious food, and celebrated the wonderful contributions of our staff. Events like this highlight the heart of our community—where everyone belongs and feels valued.



A wonderful opportunity for management and our residents to express our appreciation for all the delightful things that our staff do—it's the little things that make each day special. A big thank you to everyone who joined us—it was a perfect reminder of the warmth and connection that make our community so special. A special mention and thank you to the small working group that brought it all together.



















BOOK WEEK

What a successful week we had celebrating Book Week! Our facility came alive with beloved characters leaping from the pages. This year's theme, "Book an Adventure," was the perfect inspiration to promote the joy of reading and shine a spotlight on our onsite LHB Library. All funds raised on the day have gone directly towards supporting our Library, helping us continue a



love of reading for all. Special events like this bring joy to our community, creating cherished memories and moments of connection that last well beyond the day itself.

MIXED GRILL & MULTICULTURE

Poem written by resident, Ken Fyfe — great talent we have here!



I've given holiday spots, a lot of thought, now that summer's almost here, Regarding different food and drinks we'll try; if we go overseas next year, Like roast beef and Yorkshire pudding, and English beer that's almost cold, And Scotland's whiskey and their haggis: even Wales grows leeks I'm told. America has Big Mac's, KFC and bourbon; as well as coke with plenty of ice, But, with cocaine and crystal ice there too; I'll check all ice, once or twice There's German sausages and sauerkraut; German lager, lots of schnapps, Russia does a borscht, and caviar; they're served with vodka too; perhaps. France has frogs and snails and croissants; sauterne or French champagne, Even Mexico serves tacos with tequila; that's cactus juice, its proper name. The West Indies all have coconuts and rum, and pineapples too, out there, Although, we had those up in Queensland; living there, I've had my share. There's also plenty of Asian countries; with all those different great cuisines, With pork and chicken, rice and spices, and sauces made from soya beans.









To make curries, sushi and chop-suey's; and they all make great fried rice. Then my taste buds had a tea break, because my wife got home just then, She said, "I brought Italian home for tea dear; lasagna did look good again. It was either that or Indian curry; it's from the new place down the street, We'll try that Indian café tomorrow; they make a gorgeous mango sweet". That helped my thoughts come racing home; to this new style Ozzie food, I thought why go overseas, we've got it all; with multiculture looking good. There's almost nothing we can't get here; but if there was, we'll always try, Although the one thing not yet mentioned; we're still short of humble pie!

There's India and China, Japan and lots of others; they love oriental spice,



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



...how can we help?

As you get older, everyday tasks can become more difficult. Asking for help doesn't mean losing your independence. Lutheran Homes Barossa provide services that improve, restore and maintain the health, safety, well-being and independence for older people.

The Allied Health+Therapy Services and Barossa Club Connections Social Centre provide a range of specialist activities to help you stay on top and lead an active life.

- · Physiotherapy and Exercise Groups
- Occupational Therapy
- Better Balance Falls Prevention + Rehabilitation
- Club Connections + Social Outings
- Activity and Games Centre
- Art, Craft and Cooking projects

...book your appointment today

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777**

The Allied Health Clinic is open ...9am to 5pm - Monday to Friday

Barossa Club Connections is open ...9am to 4pm - Monday to Friday

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-onone), as well as group fitness programs.

...we can assist you

The First Step - Find out if you are eligible Contact My Aged Care on 1800 200 422

The Second Step - Following your assessment, the assessor will provide you with referral codes for your eligible services.

The Third Step - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

...join us this month in the BAROSSA CLUB



STEP BY STEP PAINTING

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MEN'S SHED
ACTIVITIES



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

WINTER WONDERLAND LUNCHEON





COUNTRY & WESTERN DAY











WHAT'S HAPPENING IN SEPTEMBER

NEXT RESIDENT MEETING IS IN SEPTEMBER

THURSDAY 4TH 1:30PM IN THE CHAPEL
ALL FAMILIES AND REPRESENTATIVES ARE WELCOME TO JOIN US



James Kendall
'The Bikie Busker"

Wednesday 10th

Playing in the

Chapel at 1:30pm

OKTOBERFEST BINGO



German afternoon tea provided along with live piano accordion music.



SATURDAY 27TH

AFL Grand Final



Movers and Groovers

Tuesday & Thursday

10:30am in the Chapel



Faith Student Visits:

Monday 1st 10:30am:

Year 1-2 students

Monday 15th 10:30am:

Foundation Class (Faith) Chapel

Monday 22nd 1:15pm:

Year 5/6's Drama
Performance



FOOD TASTING & FOOD MEETING

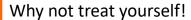




Opportunity to share ideas, concerns, feedback with the Catering Team.

CAFÉ SHOP TROLLEY

Every Thursday from 10.30am visiting rooms.





SEPTEMBER CHURCH SERVICES:

Sunday Church Gramp Chapel – 10:00am on 7th, 14th, 21st, 28th

Acacia Lounge Church – 10:50am on 1st, 8th, 15th, 22nd, 29th

Waratah Lounge Church – 10:30am on 3rd, 10th

Focus on the Month (ABGO) – 1:30pm on 10th

Wisdom of the Elders (Gramp Chapel) – 10:30pm on 26th





VOLUNTEER NEWS

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



CAN YOU HELP?

We are currently seeking volunteers to assist with the



Special Transport Driver, Resident Visits Café Helpers, Scrabble / Chess Players



If you feel that you have some spare time each week and want to make a difference, please contact me.



A very big Happy Birthday to all the volunteers celebrating a birthday in September. Keep an eye out for your birthday card and Courtyard Café voucher in the post.



Happy September to our wonderful volunteers at LHB; A huge thank you to you all for making a choice to be a difference in the lives of others. I am pleased to ask you all to SAVE THE DATE for the 25th of November. This is when we will hold our Volunteers Christmas Lunch. Please keep an eye out in your emails for an official invitation in the coming weeks.

We are still on the hunt for some volunteers to drive the STV which is a little mini van, to take residents to and from appointments. If you have a current drivers license and have some free time, come and have a chat; we would love to hear from you.

"In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'" ACTS 2:35



Have an amazing month — Belinda Treloar



Do you have Social Media?

Head over to Facebook and like

<u>Lutheran Homes Barossa</u>

You can also follow us on Instagram

lutheranhomesbarossa



RESIDENTIAL ACTIVITIES



Last month, ABGO residents participated in some Daffodil Day Art and Crafts.







ABGO shared interactions with our furry friends throughout August.

FOOTY TIPPING COMPETITON

NEIGHBOURHOOD LEADERS



LHB football tipping competition has now closed.





Winners will be announced on the 10th of October at the Football Presentation.

This will be held in the Chapel at 1:30pm.

Good Luck!



RESIDENTIAL ACTIVITIES

Thank you to everyone who joined us with dressing up for Book Week.

We had some very creative costumes!

Our best dressed winners:

Resident: Anna Gee (Winnie the Poo)

Staff: Mel Cardinal (The Mad Hatter)









What is Oktoberfest? Oktoberfest is the world's largest folk festival, originating in Munich, Germany, in 1810 to celebrate a royal wedding. Today, it's an annual celebration that combines a beer festival with a funfair, featuring live Bavarian music, traditional food, and amusement rides, and is held from mid-September to the end of October

SEPTEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR

	<u>Monday 8th</u>
Chapel	10:30 Singing in the Chapel
ABGO	10:45 Worship Service
ABGO	1:30 Art & Craft
Protea	1:30 Art and Craft
ABGO	3:00 Tunnel Ball
	ABĠO ABGO Protea

Tuesday 2nd

Protea
Chapel
ABGO
The Shed
ABGO
Waratah
Protea
ABGO

Wednesday 3rd General Store Open in ABGO 10-2pm

Wearresday or a serior ar Store Spor	111171200 102
From 9am TLH LIBRARY OPEN	TC
10:30 Waratah Service	Waratah
10:45 Armchair exercise	ABGO
1:30 Billiard Bowls	Chapel
1:30 Wheel of Fortune	Waratah
1:30 Ten Pin Bowling	ABGO
3:00 Bingo	ABGO

<u>Thursday 4th</u> From 10am **CAFÉ**' **SHOP TROLLEY**

10:30 Bean Bag Toss	ABGO
10:30 Movers and Groovers	(Cancelled)
1:30 Ball Games	ABGO
1:30 Residents Meeting	Chapel
1:30 1x1's	LHB
3:00 Foot spa's	Sensory Room

Friday 5th Fathers Day BBQ (Social Centre): 12pm

I Huay Juli autiers Day DDQ (Social C	Jenne), iz
From 9am TLH LIBRARY OPEN	TC
10:30 Movement to Music	ABGO
10:30 Hoy	Waratah
1:30 Coffee and Chat (Tit Tat reading)	ABGO
1:30 Bingo	Chapel
3:00 Pet Therapy	ABGO

Saturday 6th

1:30 Rap Ball	ABGO
3:00 Word Games	ABGO
4:00 1x1's	ABGO

Sunday 7th Fathers Day

10:00 Church Service	Chapel
1:30 Chair Yoga	ABĠO
3:00 Quoits	ABGO
4:00 1x1	ABGO

10:30 Singing in the Chapel	Chapel
10:45 Worship Service	ABGO
1:30 Art & Craft	ABGO
1:30 Art and Craft	Protea
3:00 Tunnel Ball	ABGO

Tuesday 9th

<u> </u>	
10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Tunnel Ball	Protea
1:30 Word Games	Waratah
2:30 Doug	ABGO

Wednesday 10th

From 9am TLH LIBRARY OPEN	TC
10:30 Waratah Service	Waratah
10:45 Armchair exercise	ABGO
1:30 The Bikie Busker	Chapel
1:30 Focus on September	ABĞO
3:00 Bingo	ABGO



James Kendall "The Bikie Busker" Wednesday 10th Playing in the Chapel at 1:30pm

Thursday 11th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Hoy	ABGO
10:30 Movers and Groovers	Chapel
1:30 Ball Games	ABĠO
1:30 Ping Pong	Waratah
1:30 Pampering	Protea
3:00 Foot Spa's	Sensory Room

Friday 12th

From 9am TLH LIBRARY OPEN	TC
10:30 Movement to Music	ABGO
10:30 Hoy	Waratah
1:30 Reminiscing	ABGO
1:30 Bingo	Chapel
3:00 Interactive Table	ABGO





TITTAT 21 SEPTEMBER 2025

SEPTEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR				
Saturday 13th 1:30 Knock em Down 3:00 Picture Bingo 4:00 1x1's	ABGO ABGO ABGO	Friday 19th From 9am TLH LIBRARY OPEN 10:30 Movement to Music 10:30 Hoy 1:30 Coffee and Chat (Tit Tat reading)	TC ABGO Waratah ABGO	
Sunday 14th 10:00 Church Service 1:30 Chair Yoga 3:00 Cards	Chapel ABGO ABGO	1:30 Bingo 3:00 Pet Therapy Saturday 20th	Chapel ABGO	
4:00 1x1 Monday 15th 10:30 Foundation Class (Faith)	ABGO Chapel	1:30 Rap Ball 3:00 Word Games 4:00 1x1's	ABGO ABGO ABGO	
10:50 Worship Service 1:30 Art & Craft 1:30 Art and Craft 3:00 Ping Pong Tuesday 16th	ABGO ABGO Protea ABGO	Sunday 21st 10:00 Church Service 1:30 Chair Yoga 3:00 Quoits 4:00 1x1	Chapel ABGO ABGO ABGO	
10:15 Knit and Natter 10:30 Movers and Groovers 10:30 Interactive Table 1:30 Men's Shed Ladies Pampering 1:30 Golf 1:30 Pet therapy	Protea Chapel ABGO The Shed ABGO Protea Waratah	Monday 22nd 10:30 Singing in the Chapel 10:50 Worship Service 1:30 Art & Craft 1:15 Faith Year 5/6 Performance 3:00 Tunnel Ball	Chapel ABGO ABGO Chapel ABGO	
3:00 Table Games Wednesday 17th From 9am TLH LIBRARY OPEN 10:30 Walking Group 10:45 Armchair exercise 1:30 Carpet Bowls 1:30 Memory game 1:30 Ten Pin Bowling 3:00 Bingo	ABGO TC	Tuesday 23rd 10:15 Knit and Natter 10:30 Movers and Groovers 10:30 Interactive Table 1:30 Men's Shed Ladies Pampering 1:30 Dart Ball 1:30 Coffee and Chat 2:30 Doug	Protea Chapel ABGO The Shed ABGO Chapel Waratah ABGO	
Thursday 18th From 10am CAFÉ' SHOP TROLLEY 10:30 Bean Bag Toss 1:30 Movers and Groovers 1:30 Ball Games 1:30 Wheel of Fortune 3:00 Foot Spa's	ABGO Chapel ABGO Waratah Sensory Room	Wednesday 24th From 9am TLH LIBRARY OPEN 10:30 Bottle Top Sorting 10:45 Armchair exercise 1:30 Protea Arms-New Stock 1:30 Parachute Game 3:00 Bingo	TC Waratah ABGO Chapel ABGO ABGO	

PLEASE NOTE: ALL LIFESTYLE PROGRAMS MAY

BE SUBJECT TO CHANGE..

PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER

FOR DETAILS ON THE DAY —Thank you



SEPTEMBER - 2025 RESIDENTIAL ACTIVITIES CALENDAR

Thursday 25th

From 10am CAFÉ' SHOP TROLLEY

10:30 HoyABGO10:30 Movers and GrooversChapel1:30 Ball GamesABGO1:30 Food tasting/ meetingChapel

3:00 Foot Spa's Sensory Room

Friday 26th

From 9am TLH LIBRARY OPEN

10:30 Movement to Music

10:30 Wisdom of the Elders

1:30 Reminiscing

1:30 Oktoberfest Bingo

3:00 Interactive Table

TC

ABGO

Waratah

ABGO

Chapel

ABGO

Saturday 27th: AFL Grand Final

1:30 Knock em Down
3:00 Picture Bingo
4:00 1x1's

ABGO
ABGO

Sunday 28th Oktoberfest

10:00 Church Service Chapel
1:30 Chair Yoga ABGO
3:00 Card Games ABGO
4:00 1x1 ABGO

Monday 29th

10:30 Singing in the ChapelChapel10:50 Worship ServiceABGO1:30 Art & CraftABGO1:30 Bus Trip / 1:1'sChapel3:00 Ping PongABGO

Tuesday 30th

10:15 Knit and Natter Protea 10.30 Movers and Groovers Chapel 10:30 Interactive Table **ABGO** 1:30 Men's Shed The Shed Ladies Pampering **ABGO** 1:30 Tarp Target Toss Waratah 1:30 Coffee and Chat Protea 3:00 Table Games **ABGO**









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FOR DETAILS ON THE DAY —Thank you

TITTAT 23 SEPTEMBER 2025

RUOK? WORD SEARCH 30 words

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CONVERSATION CONNECTION MEANINGFUL COMMUNITY SERVICES PREPARED EVERYDAY EMOTIONS CHANGES FEELINGS TALKING TOGETHER NOTICED FAMILY SAYING LISTEN FRIEND DOING **HEALTH CHECK SUPPORT MOMENT ACTION RUOK TIME CARE HELP** WHEN **ASK HOW**

