

#### **Lutheran Homes Barossa**

# TIT TAT August 2025





# Message from the Chaplain - Ian Lutze A Loving Christian Home



In LHB's Vision and Values Statement, LHB is called a 'loving Christian home'. It's an old phrase which reflects the early history of LHB when all staff and residents had to be of the Christian faith, even the Lutheran faith, to belong.

Things have certainly changed, mostly for the better. Government standards require care of older persons at a level which well-meaning Christians were often not able to provide. So care in our home is provided by people of many faiths and spirituality.

I had a delightful chat the other day with a carer who was the very first Hindu staff member recruited, and the lovely open-hearted sense of history in the making as she was welcomed as a carer with us. She still works for us, and still feels the welcome.

Being a 'Christian' home means we 'welcome the stranger', as Christ did, for residents and for staff. It also means (and I'm so glad the word here is not 'Lutheran') that we welcome people of <u>all</u> Christian backgrounds. This means that LHB is an ecumenical community, from the Board down. It means that as worthwhile (though often frustratingly elusive) the question "What is a Lutheran ethos?" is, an even more worthwhile question is "What does a Christian ethos look like in our care?". Every one of us potentially contributes to an answer to that question, even those who practice a different religion or philosophy of life.

So here's to keeping 'Christian' in our vision and values, and for all the as-yet unexplored possibilities of that term. More about the specifics of a Christian ethos next time.

Stay warm, and enjoy the hints of Spring!

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

John 13:34

 $\smile$ 

27 Bridge Street, Tanunda SA 5352

★ Phone: (08) 8563 7777

★ Fax: (08) 8563 7799

★ Email : info@tlhome.com.au

★ Website : www.tlhome.com.au

★ Facebook : Lutheran Homes Barossa



Lutheran Church
of Australia

#### Welcome NEW RESIDENTS

#### Respite

**Kevin Jones** 

#### **Permanent**

Margaretha May Marlene Schroeter

"May our Home be warm, and our friends be many"



## AUGUST BIRTHDAY CELEBRATIONS

4th Ira Zeunert

5th Doreen Macleod

**5th** Brigitte Dummin

9th Graham Whenan

14th Kevin Jones

16th Bill Bosward

19th Stan Rosenzweig

19th Howard Klaebe

**26th** Hedley Mates

27th Keith Mickan

28th Annabel Gee

29th Avis Humphrys

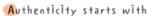
#### IN LOVING MEMORY OF

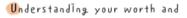
Our deepest sympathy to the families of

Laura Jovanovích Ella Larwood Betty Tísher 18th July 24th July 31st July

May they rest in peace ...

#### Hello August





Glowing in your way because a

Unique, imperfect, and different

Self is much better

Than the perfect clone

Wednesday 6th August Wednesday 13th August Wednesday 20th August Wednesday 27th August

# Shopping Bus





LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked



Thanks for caring

# THURSDAY 7 AUGUST 2025



Thankyou for the important part you all play in making a huge difference in our residents and clients lives, every day...



#### **Words From Our CEO**

# MICHELLE SCHUPELIUS



It has been a busy time in the world of health and aged care, and I wanted to take a moment to update you on several important developments and upcoming activities that are shaping our world.

#### Final Draft Rules Released for New Aged Care Act

The final draft rules for the new Aged Care Act have been released, all 649 pages of them! These changes mark a significant moment in the evolution of aged care in our country, and I know many of us are eager to understand how these new regulations will impact our operations and the care we provide. I will be dedicating considerable time over the next few weeks to reading and deciphering these rules thoroughly to ensure we are fully aligned with the changes. This is a crucial step in continuing to provide the highest quality care and services while meeting the regulatory requirements. To bring all of this information together and to be able to discuss this with all residents, family, visitors and staff, I will host an information session on Thursday 30<sup>th</sup> October. More details to come!

#### **New Inquiry on Aged Care Funding**

In addition to the new Aged Care Act, another inquiry has been announced, again focused on aged care funding. This inquiry presents another opportunity for us to have our voices heard. I am already planning to review the terms of reference and formulate a comprehensive submission. Our insights, based on years of experience in the sector, will contribute to shaping future funding models that better support aged care services and for those that use it.

#### Aged Care Employee Day - A Heartfelt Thank You

On a more personal note, I would like to take this opportunity to thank each and every staff member for your hard work, passion, integrity and dedication to providing exceptional care to those who need it most. Being both a staff member and a family member, I can confidently say that care and services is exceptional! We celebrate Aged Care Employee Day on 7<sup>th</sup> August where the management team and board will show our thanks through cooking a BBQ for all staff. If you would like to participate in saying thank you, you are more than welcome to help with the cooking which kicks off at 10am.

#### Aged Care Quality and Safety Commission Conference: Focus on Clinical Governance and Risk

At the recent Aged Care Quality and Safety Commission conference, there was a strong focus on clinical governance and risk management. These areas are vital for ensuring we continue to provide safe and high-quality care across our services. I had the privilege of attending some insightful sessions, and I believe there are several key takeaways that will guide our ongoing improvements. I look forward to discussing these ideas further with our clinical leadership team and incorporating them into our strategies for maintaining the highest standards of clinical care.

#### **Family Trip to Italy**

Lastly, on a personal note, I'm excited to share that I had my last big family trip traveling to Italy in July with my husband, two children and dad. We were very blessed to have our eldest son travel into Italy to meet us twice from France and spend beautiful time with us. It was of course very sad to have to once again say goodbye to him. We were be able to spend time with the children's au pair from when they were little and her family. The Italians were very surprised in how many kilometres we were able to cover as we travelled from Rome to Pompeii, up to Florence, across to Pisa and up to the Cuneo region. There are many stories to tell everyone, too many for here so pop in and we can share over a cup of tea.





As always, thank you for your unwavering commitment to our mission. Together, we continue to make a meaningful difference in the lives of those we care for.





#### **QUALITY NEWS**

Sharon Berridge - Executive Care Manager, Lisa Morrison - Clinical Nurse Consultant, Jess Osborne - Quality & Training Officer, Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator

#### **Strengthened Aged Care Quality Standards**

It has been announced that the new Strengthened Standards will now start on 1 November 2025, giving a few more months for system reform and to prepare workers. Last month we spoke about Standard Four: The Environment. This month we'll look into Standard Five: Clinical Care

#### **Standard Five: Clinical Care**

"I get the right clinical care for me."

Standard 5 is all about making sure you receive the safest, best quality care for your health and wellbeing. It means that any clinical care you need (like medicines, wound care, pain management, or palliative care, etc) is done based on evidence, and always with your preferences in mind.

To meet this standard, here's what we're working towards:

- You get care that's safe and planned around you
- Your medicines are managed safely
- Infection control is a priority
- Comprehensive, safe, and quality care
- High-risk areas are monitored closely
- Support for dementia and memory loss
- Palliative and end-of-life care





Please visit or book in with Jess Osborne, Quality & Training Officer located in Waratah if you have any questions about the standards, or suggestions for training.

#### **COMPLIMENTS, COMPLAINTS & SUGGESTIONS**

A		G		Total Area
Area of Concern	Complaint	Compliment	Suggestion	of Concern
Care / Clinical	2			2
Housekeeping / Laundry				
Customer Service / Admin				
Education/Training				
Environment				
Catering / Café	1	11	1	13
Lifestyle / Volunteers	1			1
Maintenance				
Management & Communication				
Other - LHB	1	1		2
Staff	2	7		9
Rights & Responsibility				
Wellbeing				
CHSP	1			1
Total	8	19	1	28

We value this feedback. Thank you for taking the time to communicate your thoughts, opinions and experiences with us.





### Residents' Experience Survey

#### Share feedback on the care you receive

The survey gives you a chance to share your experience on the care you receive.

Scheduled survey date

Tuesday the 12th of August

#### On the day:



A small number of residents will be randomly selected to participate in the survey. Your participation is voluntary.





If a survey team member invites you, they will first ask you for your consent to participate.





The survey will take 10 to 30 minutes.





Your name will not be connected to your responses. No one at your aged care home or the Australian Government will be informed of your participation.





We can arrange an interpreter or other support for you. A family member or friend can be with you.



Speak with your staff at your aged care home or email the survey team at RES@acna.org.au.



#### Scan the QR code or visit:



www.health.gov.au/our-work/residents-experience-surveys

#### **QUALITY NEWS**

Enriching Your Life Barossa atheran Homes

Strengthened Quality Standards

I lead

choices over the life I am valued and have

Standard 1

I contribute to the Standard 7

community I live in

foods every day enjoy tasty nutritious Standard 6

care for me get the right clinical Standard 5 nobraun bne bood

9

Clinical care

The residential community The organisation The person The environment early services

> in my provider I have confidence

Standard 2

supported where I live feel safe and Standard 4

please let us know in one of the following ways: If you feel these standards aren't being met

- Share Your Experience Form
- Quality Officer Jessica Osborne -Customer Service Coordinator Belinda Treloar

If you prefer to raise your concerns externally you can also contact:

The Aged Care Quality and Safety Commissioner on 1800 951 822 National Aged Care Advocacy Line on 1800 700 600

who I am and what's My care is based around

important to me

NT LIVING: COMPLIMENT: COMPLIMENT: COURTING: CONCERN: CONCERN: CONCERN: CONCERN: CONCERN: COMMENT: COMMENT: COMMENT: COMMENT: CONCERN: CONCERN: COMMENT: COM		WE APPRECIATE YOUR SUGGESTIONS FOR IMPROVING OUR SERVICES. PLEASE PROVIDE SPECIFIC DETAILS.	INTEREST  YES  gnited on my feedback.  YES
COMPLIMENT:  SUGGESTION:  FEEDBACK:  CONCERN:  COMMENT:		FOR IMPROVING OUR SERVIC	E APPRECIATE YOUR TIME AND ECTLY?
RESIDENT AGED CARE:  RETIREMENT LIVING:  COMMUNITY SERVICES:  OPERATIONS:  OTHER:  YOUR FEEDBACK: Please share your com		WE APPRECIATE YOUR SUGGESTIONS	THANK YOU FOR YOUR FEEDBACK WE APPRECIATE YOUR TIME AND INTEREST WOULD YOU LIKE TO DISCUSS THIS DIRECTLY? I would like to know what improvements and actions have been ignited on my feedback.
Share your contact details  DATE: NAME: ADDRESS:	EMAIL:  EMAIL:  I'd prefer to remain anonymous?  ON BEHALF OF:  ADDRESS:	OFFICE USE  Date Received:  CSC Log #:  Receipt Acknowledged:   Yes -   No Phone:   In Person:   Email:   Other Forwarded To Departmental Head:   Yes -   No CI Required:   Yes -   No Satisfactory Outcome:   Yes -   No	Date Closed:  Follow Up required: □ Yes □ No □ N/A  □ 3 months □ 6 months □ 9 months  Other Comments:

# thank you

The safe and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience Form' and return to reception or pop into any of the marked administration drop boxes within the building.

Receipt of your feedback will be acknowledged

# ...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been ignited as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or relevant Manager, please contact the Executive Assistant, Britany Mickan by phone on 8563 7733

Britany will arrange your appointment.

britany.mickan@tlhome.com.au

Alternate Contacts:

The Aged care Quality & Safety Commissioner 1800 951 822

National Aged care Advocacy Line 1800 700 600

27 Bridge Street TANUNDA SA 5352



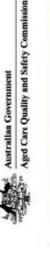
Lutheran Homes Barossa 27 Bridge Street TANUNDA SA 5352 Phone 8563 7777 info@tlhome.com.au

www.tlhome.com.au

# we invite you to share your cxperience

A confidential opportunity to give feedback on our service, our staff, experience or a situation.
...we appreciate your interest





experience share your ...we invite



# Share Your Experience

LHB supports your right to share compliments, suggestions, concerns or to make a complaint. We welcome feedback and complaints as part of our commitment to providing a high-quality service. Share the things we are doing well, or if you have a concern, we would like to hear from you.

and aim to provide a welcoming environment for you to raise a concern or a complaint. We understand the importance of resolving matters promptly within our service

For feedback, compliments, suggestions, concerns, or complaints;

- Complete the Share Your Experience form and return it to any of the black boxes located around the Home or drop into Reception.
- Alternatively, direct your feedback to one of the key personnel listed below:

michelle.schupelius@tlhome.com.au Chief Executive Officer - Michelle Schupelius

Care Manager – Sharon Berridge

(Including Clinical Care, Lifestyle, Allied Health, CHSP)

Operations Manager – Rachel Strudwick (Including Catering, Housekeeping Administration & Maintenance)

rachel.strudwick@tlhome.com.au

sharon.berridge@tlhome.com.au

Finance Manager - Simon Wong

Customer Service Coordinator - Belinda Treloar

belinda.treloar@thome.com.au

simon.wonq@tlhome.com.au





Write
Northe
Aged Care Quality and Safety Commission
6PO Box 9819, in Your Capital City



# You can do something about it.

about the aged care you or someone else is receiving, you can talk to us. fyou have a concern or feedback

We encourage you to raise concerns with your service provider first. Your local contact within this sorvice is: Michello Schupellus, Chief Executive Office

Phone: 08 8563 7757 or Email: sha Sharon Berridge, Care Manager

Phone: 08 8563 7736 or Email: mic

Raohel Strudwick, Operations Manager Phone: 08 8563 7771 or Email: rache

If you can't resolve your concern with your service provider, you can contact the **Aged Care Quality and Safety Commission** Amyone can lodge a concern

You can also give us feedback about the care you or You can be anonymous or confidential

Call us on 1800 951 822 orvisit agedcarequality.gov.au for more information someone also is receiving to help us when we chack a service against quality standards

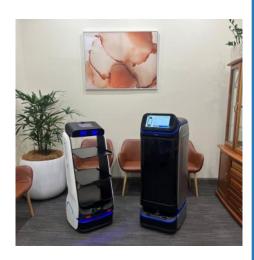
#### **ROBOTS**

We've recently introduced **new trial robots** as part of an ongoing effort to support staff and reduce physical strain during daily tasks.

These robots are currently focused in Trinity Court, where they are being trialed in both linen transport and tray service roles. A key objective of the trial is to save staff from the repetitive push/pull movements involved in moving heavy linen trolleys around the facility, including up and down the ramp in Trinty Court. This is being achieved through close collaboration with the laundry team to ensure the robots meet workflow needs.

Meanwhile, Robbie continues to provide reliable support for catering and deliveries, and our cleaning robots remain actively engaged in their regular cleaning

> routines across the facility. We continue to request any feedback from visitors, staff, or residents regarding our robots; it's great to hear your thoughts!





#### **HOSPITALITY**

The kitchen staff have been busy 'cooking up a storm' and catering for our beautiful residents. Thankyou to those who attended the food tasting session last month for our upcoming menu. We received some great feedback on the day, and all left with full bellies. As always, if you have any feedback or suggestions for our Hospitality Department, we encourage you to fill out a "Share Your Experience" form, your input truly helps us grow and improve.

Our staff served up over 11,000 meals in July





Catered for events, meetings, clients, functions...

**Did you know?** Bananas resemble 60% of human DNA. An average strawberry has around 200 seeds. Apples are more effective to wake you up in the morning than coffee.

#### Come down and treat yourself at the Courtyard Café

We are in the process of giving our Courtyard Café Menu a little refresh!

If you have any suggestions please come and see Kasey at Front Reception or call on 8563 7777

### **COURTYARD CAFÉ MENU Dine in or Takeaway**

9.90 Coffee Small Med Large 9.90 Long Black 3.50 4.00 4.50 9.90 Cappuccino 4.00 4.50 5.00 nips 9.90 Latte 4.00 4.50 5.00 9.50 Mocha 4.20 4.70 5.20 12.00 Hot Choc 4.00 4.50 5.00
tra 1.50
5.50 Pot of Tea For 1 3.50 For 2 5.00 Milkshakes 6.00 *Choice of Chocolate, Vanilla, Strawberry, Banana or Lime 2.50  4.00 Soft Drink/Water 2.50  4.00 4.00
Cream OR Cheese & Gerkins

#### **CAFÉ SHOP TROLLEY**

Every Thursday from 10.30am visiting rooms with a variety of sweats, treats and snacks!

If there is something you are craving, reach out to staff and we can make arrangements to have this on the trolley.







#### **BIRTHDAY CELEBRATIONS**

Kathleen Rochford celebrated turning 103 on the 31st of July - this is a remarkable milestone.

Kath is a beloved resident of Protea, and her special day was filled with heartfelt messages, visits and lots of love from family, friends and staff.

When asked what the best part of getting older is, Kath smiled and shared: "Being surround by my big, beautiful family—six generations to be exact! Lots of little Roberts running around".

Congratulations Kath!

Pictured: Kath Rochford and Sharon Berridge, LHB Care Manager.



#### THE PROTEA ARMS

The Protea Arms held it's first "New Stock Arriving" day with a great turn out. The residents were able to purchase some winter warmers, such as gloves and scarves, then were able to enjoy a hot drink and a scone. A huge thank you to the community for all the donations.











#### ABGO SENSORY WALL

Have you seen the newest addition to our destinations? ABGO has been given a much needed sensory wall at the entrance.

The new sensory wall provides an opportunity for engagement and distraction for residents who tend to congregate at the nurses station, or who like to wander around the neighbourhood. A big thank you to the Great Revival Store who's donation made this possible. Come down and take a look; we would love to hear what you think.









#### **LEGO DISPLAY**





It's back! Someone's been busy..

There is a new Lego display at the entrance of ABGO, from one of our ABGO residents Grandsons, Bailey. Come along on Sunday 10th August at 1:30pm to hear about each piece and what goes into building a display. We hope to see you there!





# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



#### ...how can we help?

As you get older, everyday tasks can become more difficult. Asking for help doesn't mean losing your independence. Lutheran Homes Barossa provide services that improve, restore and maintain the health, safety, well-being and independence for older people.

The Allied Health+Therapy Services and Barossa Club Connections Social Centre provide a range of specialist activities to help you stay on top and lead an active life.

- Physiotherapy and Exercise Groups
- Occupational Therapy
- Better Balance Falls Prevention + Rehabilitation
- Club Connections + Social Outings
- Activity and Games Centre
- Art, Craft and Cooking projects

# ...book your appointment today

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777** 

The Allied Health Clinic is open ...9am to 5pm - Monday to Friday

Barossa Club Connections is open ...9am to 4pm - Monday to Friday

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-on-one), as well as group fitness programs.

#### ...we can assist you

The First Step - Find out if you are eligible Contact My Aged Care on 1800 200 422

**The Second Step -** Following your assessment, the assessor will provide you with referral codes for your eligible services.

**The Third Step** - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

...join us this month for Guest Speaker - Michelle Varelias
Chatting to us about PARKINSON'S
27th August 2025 @ 1.30pm
EVERYONE WELCOME (BOOKINGS ESSENTIAL)





Wednesday
Wise Guys!
MEN'S SHED
ACTIVITIES





# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

**RAA - TONY'S FINAL SESSION** 



**NAIDOC WEEK - DOT PAINTING** 









#### WHAT'S HAPPENING IN AUGUST

#### **NEXT RESIDENT MEETING IS IN AUGUST**

THURSDAY 7TH 1:30PM IN THE CHAPEL ALL FAMILIES AND REPRESENTATIVES ARE WELCOME TO JOIN US



Sunday 3rd of August Oliver will join us for an Opera performance during the 10am Chapel Service - All Welcome!

#### JOIN US ON

SUNDAY THE 10TH **OF AUGUST** AT THE **ABGO** ENTRANCE AT 1.30PM



TUESDAY 12th of August Cooking at 1.30pm Lemon Tarts in Tuscany



#### **Movers and Groovers**

Tuesday & Thursday 10.30am in the Chapel



Monday **18th of August Faith Students** will be joining us during art and craft for Daffodil making in Waratah at 1.30pm



#### Saint Jakobi Children's Choir

LEGO DISPLAY



10.30am Tuesday 19th in the Chapel

#### **CAFÉ SHOP TROLLEY**

**Every Thursday from** 10.30am visiting rooms. Why not treat yourself!



Join us on Wednesday the 20th of August for a Book Week themed Pick A Box at 1.30pm in the Chapel—Prize will be given to the most creative costume



Children's Book Week 16-23 August 2025





#### **VOLUNTEER NEWS**

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



#### **CAN YOU HELP?**

We are currently seeking volunteers to assist with the



<u>Special Transport Driver, Resident Visits</u> <u>Café Helpers, Scrabble / Chess Players</u>



If you feel that you have some spare time each week and want to make a difference, please contact me.



A very big Happy Birthday to all the volunteers celebrating a birthday in August. Keep an eye out for your birthday card and Courtyard Café voucher in the post.





Happy August to all the amazing volunteers at Lutheran Homes Barossa. Hopefully by now you would have all received an email from me in relation to the new check in and out system. When coming on site, please sign into the Visitor / Volunteer sign in book on arrival and

sign out on departure. If you need assistance with this process, please don't hesitate to ask for help. We are currently on the hunt for some Scrabble and Chess players. If you or someone you know can play these games and have some free time, we would love to hear from you. Thank you for all the amazing work you do. Have a wonderful month and stay warm! - Belinda Treloar



#### Do you have Social Media?

Head over to Facebook and like

<u>Lutheran Homes Barossa</u>

You can also follow us on Instagram

lutheranhomesbarossa



#### **RESIDENTIAL ACTIVITIES**









There is nothing better than having a cuddle from an animal. Residents in ABGO love visits from animals; big and small.









ABGO had a fun month engaging in some of the favourite activities like bingo, knock'em down and the interactive table.

#### FOOTY TIPPING COMPETITON

#### **NEIGHBOURHOOD LEADERS**



ABGO Malcolm Rohrlach 117

TRINITY Liz Linke 119

PROTEA Kath Rochford 118

Elmore Zeunert 118

WARATAH Keith Mickan 123

Scores correct as of the 30/7







#### **RESIDENTIAL ACTIVITIES**

The art and craft group seem to be on a roll at the moment; this month, they were painting boomerangs for NAIDOC week and shells to make a beautiful display.







Ciao from Tuscany! The Tuscan Hill Café was buzzing this month with residents visiting from all neighbourhoods.



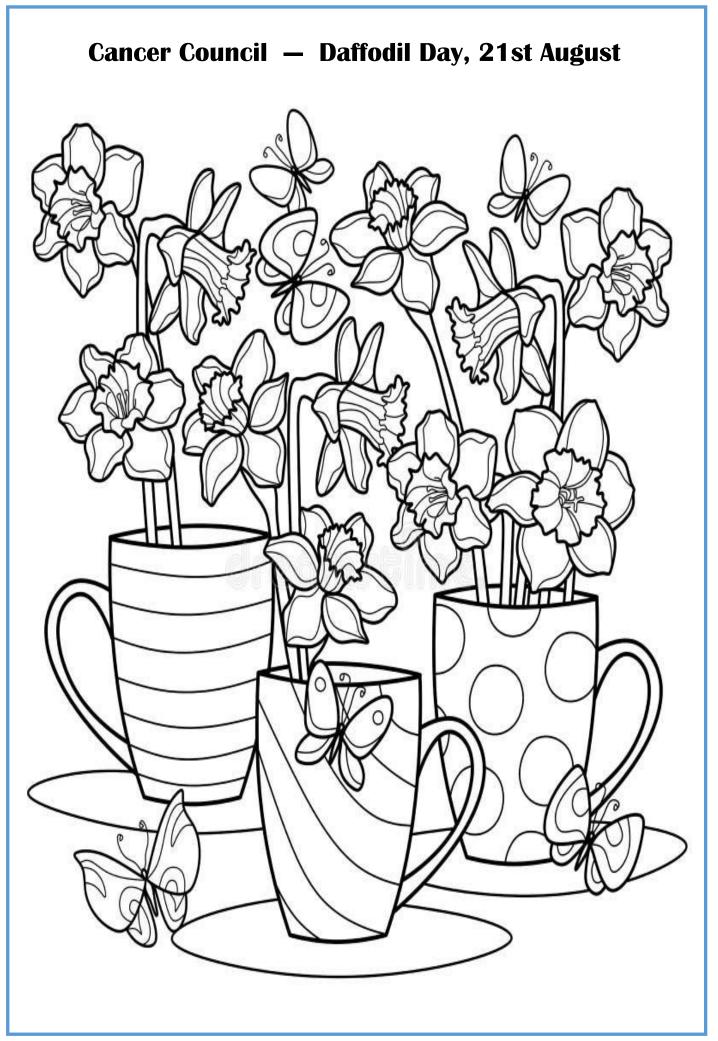


A few residents faced the cold and went on a trip to visit the new Lyndoch football grounds. On the way back, they took the scenic route and had a look at some of the wildlife.









#### AUGUST- 2025 RESIDENTIAL ACTIVITIES CALENDAR

Friday 1st		Thursday 7th- Aged Care Employee Day	
From 9am TLH LIBRARY OPEN 10:30 Movement to Music 10:30 Hoy 1:30 Coffee and Chat Tit Tat Reading 1:30 Movie in Protea (1x1's) 3:00 Pet Therapy	TC ABGO Waratah ABGO Protea ABGO	From 10am CAFÉ' SHOP TROLLEY 10:30 Bean Bag Toss 10:30 Movers and Groovers 1:30 Ball Games 1:30 Carpet Bowls 3:00 Pampering	ABGO Chapel ABGO Chapel Sensory Room
Saturday 2nd		Friday 8th	
1:30 Knock'em Down 3:00 Picture Bingo 4:00 1x1's  Sunday 3rd 10:00 Church Service 1:30 Chair Yoga	ABGO ABGO Chapel ABGO	From 9am TLH LIBRARY OPEN 10:30 Movement to Music 10:30 Hoy 1:30 Reminiscing 1:30 Bingo 3:00 Interactive Table  Saturday 9th	TC ABGO Waratah ABGO Chapel ABGO
3:00 Quoits 4:00 1x1 Monday 4th	ABGO ABGO	1:30 Rap Ball 3:00 Word Games 4:00 1x1's	ABGO ABGO ABGO
10:30 Singing in the Chapel	Chapel	Sunday 10th	
10:45 Worship Service 1:30 Art & Craft 1:30 Art and Craft 3:00 Ping Pong	ABGO ABGO Chapel ABGO	10:00 Church Service 1:30 Lego Display Talk 3:00 Card Game 4:00 1x1	Chapel ABGO ABGO ABGO
Tuesday 5th- Tuscan Hill Café Open fro	<u>om 10am</u>	Monday 11th	
<ul> <li>10:15 Knit and Natter</li> <li>10:30 Movers and Groovers</li> <li>10:30 Interactive Table</li> <li>1:30 Men's Shed <ul> <li>Ladies Pampering</li> </ul> </li> <li>1:30 Tarp Target Toss</li> </ul>	Protea Chapel ABGO The Shed ABGO Waratah	<ul><li>10:30 Singing in the Chapel</li><li>10:45 Worship Service</li><li>1:30 Art &amp; Craft</li><li>1:30 Memory Game</li><li>3:00 Tunnel Ball</li></ul>	Chapel ABGO ABGO Chapel ABGO
3:00 Table Games	ABGO	Tuesday 12th- Tuscan Hill Café Open fr	<u>om 10am</u>
Wednesday 6th- General Store Open in From 9am TLH LIBRARY OPEN 10:30 Waratah Service 10:45 Armchair exercise 1:30 Golf 1:30 Ten Pin Bowling 3:00 Bingo	TC Waratah ABGO Chapel ABGO ABGO	<ul> <li>10:15 Knit and Natter</li> <li>10:30 Movers and Groovers</li> <li>10:30 Interactive Table</li> <li>1:30 Men's Shed <ul> <li>Ladies Pampering</li> <li>1:30 Tuscany Lemon Tart Decorating</li> <li>2:30 Doug Sing Along</li> </ul> </li> </ul>	Protea Chapel ABGO The Shed ABGO Waratah ABGO



LHB Library
Open Wednesday and Friday
from
9am-12noon
Level 1 Trinity Court



#### **Tuscan Hill**

Café

Open Tuesdays from 10am-3pm

#### **AUGUST - 2025 RESIDENTIAL ACTIVITIES CALENDAR**

#### Wednesday 13th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 Waratah Service	Waratah
10:45 Armchair exercise	ABGO
1:30 Pampering	Chapel
1:30 Focus on August	ABGO
<b>3:00</b> Bingo	ABGO

#### <u>Thursday 14th—</u> <u>Indian Lunch</u>

ABGO
Chapel
ABGO
Chapel
Sensory Roon

#### Friday 15th—Indian Independence Day

From 9am TLH LIBRARY OPEN	TC
10:30 Memory Game	ABGO
<b>10:30</b> Hoy	Waratah
1:30 Dart Ball	ABGO
<b>1:30</b> Bingo	Chapel
3:00 Gardening Group	ABGO

#### Saturday 16th—Book Week

1:30 Knock'em Down	ABGO
3:00 Picture Bingo	ABGO
<b>4:00</b> 1x1's	ABGO

#### Sunday 17th

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Quoits	ABGO
<b>4:00</b> 1x1	ABGO

#### Monday 18th

<b>10:30</b> Singing in the chapel	Chapel
10:45 Worship Service	ABGO
1:30 Art & Craft -Daffodil making	g Faith/s Waratah
1:30 Art & Craft	ABGO
3:00 Ping Pong	ABGO

#### Tuesday 19th

10.30 Saint Jakobi Choir (children)	Chapel
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Mover's and Groovers	Chapel
3:00 Table games	ABGO

#### Wednesday 20th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 Bottle top sorting/ walking Group	Waratah
10:45 Armchair exercise	<b>ABGO</b>
1:30 Ten Pin Bowling	<b>ABGO</b>
1:30 Pick a Box—All Areas	Chapel
<b>3:00</b> Bingo	ABGO



#### **Thursday 21st— Daffodil Day**

From 10am CAFÉ' SHOP TROLLEY	
10:30 Bean Bag Toss	ABGO
10:30 Movers and Groovers	Chapel
1:30 Hot Choc & Chat	ABĞO
1:30 Tunnel Ball	Waratah
3:00 Pampering	Sensory Room

#### Friday 22nd

From 9am TLH LIBRARY OPEN	TC
10:30 Movement to Music	ABGO
10:30 Wisdom of the Elders	Chapel
<b>10:30</b> Hoy	Waratah
1:30 Reminiscing	ABGO
<b>1:30</b> Bingo	Chapel
3:00 Interactive Table	ABĞO

#### Saturday 23rd

1:30 Rap Ball	ABGO
3:00 Word Games	ABGO
<b>4:00</b> 1x1's	ABGO

#### Sunday 24th

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Card Game	ABGO
<b>4:00</b> 1x1	ABGO

#### Monday 25th

10:30 Singing in the Chapel	Chapel
10:45 Worship Service	ABGO
<b>1:30</b> Art & Craft	ABGO
<b>1:30</b> Bus Trip / 1x1's	LHB
3:00 Tunnel Ball	ABGO

#### **AUGUST - 2025 RESIDENTIAL ACTIVITIES CALENDAR**

#### Tuesday 26th- Tuscan Hill Café Open from 10am

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Dart Ball	Chapel
2:30 Sing Along Doug	ABĠO

#### Wednesday 27th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
<b>10:30</b> Bottle top sorting/ walking Group	Waratah
10:45 Armchair exercise	<b>ABGO</b>
1:30 Table Tennis	<b>ABGO</b>
1:30 Protea Arms- new stock arriving	Protea
<b>3:00</b> Bingo	<b>ABGO</b>

#### **Thursday 28th**

#### From 10am CAFÉ' SHOP TROLLEY

<b>10:30</b> Hoy	ABGO
10:30 Movers and Groovers	Chapel
<b>1:30</b> Golf	ABGO
1:30 Wheel of Fortune	Waratah
3:00 Pampering	Sensory Room

#### Friday 29th

From 9am TLH LIBRARY OPEN	TC
10:30 Movement to music	ABGO
<b>10:30</b> Hoy	Waratah
1:30 Gardening Group	ABGO
<b>1:30</b> Bingo	Chapel
3:00 Coffee and Chat	ABGO

#### Saturday 30th

1:30 'Knock' em Down	ABGO
3:00 Picture Bingo	ABGO
<b>4:00</b> 1x1's	ABGO

#### Sunday 31st

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Quoits	ABGO
<b>4:00</b> 1x1	ABGO

PLEASE NOTE: ALL LIFESTYLE PROGRAMS MAY
BE SUBJECT TO CHANGE..

PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER
FOR DETAILS ON THE DAY —Thank you



### Protea Arms Op Shop

Located in **Protea**This shopping experience is the perfect place to pick up a
new outfit or a small gift for a loved one.
The Protea Arms is open all day, available for everyone.



## **Thankyou For Caring**



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administration maintenance gratitude compassion manager support impact appreciation coordinator community employee thankyou encourage nurse housekeeping leadership teamwork catering quality valued

carer

