

#### Tanunda Lutheran Home Inc.

# TIT TAT March 2024





#### Message from the Chaplain — Ian Lutze

#### Happy Easter Everyone



I can truthfully say it — HAPPY EASTER!! Yes, Easter Sunday scrapes into March by the skin of its teeth this year. And who can quite believe March 31st marks the end of the first quarter of 2024. I've never quite bought the idea that 'time flies' or speeds up when you age. Perhaps that's still ahead of me, because my 7 years at TLH feels simply like that — 7 years. Maybe this year is the year of speeding up?

But at the time of writing, Easter is still over a month away. We were, or are, in Lent, conscious of identifying, if it is our tradition, with a humble Jesus making his way toward an inevitable and chosen death. 'Inevitable' because Jesus is like a scapegoat who will attract the rage of people, in many cases, like us. Thus the call for honest reflection and some sacrifice in this season. 'Chosen' because it is a free act of love that takes Jesus to that Cross, which allows him to not run away.

So make the most of this Purple Season, as purple as the grapes ripening on the vines, a season where time stands still for a while, and stops altogether on a dark Friday. Easter is coming. A season where all is forgiven and life begins again.

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

John 13:34

\_\_\_\_\_

27 Bridge Street, Tanunda SA 5352

★ Phone: (08) 8563 7777

★ Fax: (08) 8563 7799

★ Email: info@tlhome.com.au

★ Website: www.tlhome.com.au

★ Facebook : Tanunda Lutheran Home



Lutheran Church
of Australia

## Welcome

#### **NEW RESIDENTS**

#### Respite

Linda Saegenschnitter
Ruth Rathjen
Lorna Bosenberg

#### **Permanent**

Trevor Kassebaum

Jeffrey 'Jeff' Rosenzweig

Frances Shrubsole

# MARCH BIRTHDAY CELEBRATIONS

10th Peggy Guyatt

18th Elizabeth Mahoney

21st Eileen Hueppauff

21st Anne Hoebergen

23rd Daphne Gower

27th Fereleth Booth

31st Rosaleen Placzek

31st John Howlett

#### **DEATHS**

Our deepest sympathy to the families of

Helga Jaunzarins 9th February Alexander 'Alex' Rodgers 13th February Colin Ladd 26th February

May they rest in peace ...



#### **APRIL TIT TAT**

The deadline for all: News/Information/ Stories is Monday 25th March 2024.

Email: kasey.welch@tlhome.com.au

The April TitTat will be distributed late due to the Public Holiday. Sorry for any inconvenience.

#### SHOPPING BUS

Wednesday 6th March Wednesday 13th March Wednesday 20th March Wednesday 27th March



TLH (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

#### **UPCOMING PUBLIC HOLIDAYS**

Adelaide Cup - Monday 11th March







Good Friday - **Friday 29th March**Easter Monday - **Monday 1st April** 













The Administration Office and Entrance will be closed on Monday 11th March, Friday 29th March and Monday 1st April 2024 due to Public Holidays.

During these times, please enter the facility via the Protea/Chapel Entrance.

If you require assistance, please call the Registered Nurse on 8563 7712.

# FROM THE CEO





#### Lee Martin

I hope all is well with everyone. I've probably said it before, how fast time goes when you're having fun. Here we are, in March and heading towards Easter.

With the weather so changeable I do hope you are managing the cooler days to the very hot days. I certainly feel for those living in other parts of Australia suffering from severe weather occurrences. Cyclones and floods in Queensland, severe storms in NSW and Victoria and then there's the fires. Please stay safe everyone, our thoughts do go out to all those affected.

Have you had the opportunity to read the proposed New Aged Care Act yet? If not there's still time to provide comment as the review date has been extended. From my observation there has been many proposed changes to the way the Act has been written. I'm now hearing that the new Act may not be ready for the 1<sup>st</sup> July 2024 implementation date. I'll continue to let you know how things develop.

I have the pleasure to acknowledge the work done by Sharon Berridge and her team in developing the "General Store" located in the ABGO area.

What a great outcome that has been achieved. During the first day of operation, the residents thoroughly enjoyed looking at all the objects from the past. At the same time enjoying a treat of scones and cream with a cup of tea. The smiles on their faces were priceless. If you would like to visit the General Store, please ask one of the staff to take you there when it is open.

With the developing requirement to have an Independent Advisory Committee I can now announce that we have been able to appoint Sherrie Boucher as the chairperson of that committee. Staff and residents will now be brought together on occasions throughout the year to review the outcomes of the services being provided and provide the TLH Board with recommendations of any changes. The TLH Board with provide written responses to all residents and the families.

Our current projects are on track and making good progress. The Nuriootpa Retirement Village – stage three is well underway. The planning for the Angaston Retirement Village is nearing completion. The sale of the land at Luther Court is nearing settlement. The TRL community center and refurbished Barossa Club area are making good headway to the finish date later this year. Work on the carpark and solar project continues.

"During Lent, let us find concrete ways to overcome our indifference." - Pope Francis

# **QUALITY INFORMATION**



# **Sharon Berridge - Executive Care Manager Lisa Morrison - Clinical Nurse Consultant**



**Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator** 

#### **HOME UPDATES:**

Australian Dental Foundation – Please see Clinical Staff for a consent form which is to be returned to Lisa Morrison (Clinical Nurse Consultant). They will be coming to TLH on the **8th of March** so forms will need to be handed in ASAP.

**Speech Pathologist**—They are expected to be on site on the 12th of March to see residents with any



swallowing or chewing difficulties identified by Clinical Staff. Residents can also ask to be referred if they have identified an issue themselves – please speak to Clinical Staff to be referred.

#### **COMPLIMENTS, COMPLAINTS AND SUGGESTIONS**

During February, TLH received compliments about Care (1) Cleaning (1) Environment (1) Food & Beverages (3), Laundry (1) Lifestyle (3), Maintenance (4), Management & Communication (o) Wellbeing (o) and Other (15).

During February, we received complaints about Care (o),
Food & Beverages (2), Lifestyle (o), Maintenance (o), Environment (5)
Management & Communication, Wellbeing (o) and Other (4)
and a total of (5) Suggestions.

We value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.









If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager Phone: 08 8563 7757 or Email:

Ameya Bhiskute, Finance Controller
Phone: 08 8563 7768 or Email: ameya,bhiskute @tihome.com.au

eager Email: cindy.penn@tihome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards

Callus on 1800 951 822 or visit agedcarequality.gov.au







#### Share your Experience

TLH support's your right to share compliments, suggestions, concerns or to make a complaint.

We welcome feedback and complaints as part of our commitment to provide a high-quality service.

Share the things we are doing well; We appreciate hearing from you.

If you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For feedback, compliments, suggestions, concerns, or complaints; complete the Share your experience form, or alternatively direct your feedback to one of the key personnel listed below:

Executive Care Manager – Sharon Berridge (Including Clinical, sharon.berridge@tlhome.com.au or Ph: 8563 7757 Allied Health and Lifestyle)

Executive Operations Manager - Rachel Strudwick (Including Catering, rach Food Service, House Keeping, Maintenance, RTW and Administration) rachel.strudwick@tlhome.com.au or Ph: 8563 7771

Executive Financial Controller – Ameya Bhiskute (Including, Fees / Bonds And Accommodation) ameya.bhiskute@tlhome.com.au or Ph: 8563 7768

Executive Home Care Manager - Cindy Penn (Including CHSP cindy.penn@tlhome.com.au or Ph: 8563 7709

# ELCOVE A



Raks An



Winnie Ngugi



**Rachel Harvey** 



**Kaylah Jones** 

Housekeeping

Registered Nurse

Lifestyle Officer

Housekeeping

#### Robot Update

We had a great time trialing the "ABI" robot. Residents were able to ask questions and receive some very intelligent answers. The robot was able to sing and dance, did a Tai Chi lesson, said grace before a meal and spoke in German to one of the residents. The ABI robot can speak 90 different languages. It is planned that an ABI robot will be delivered later this month for us to use for an extended period.



#### Courtyard Café Fortnightly Specials



Fortnightly Specials are available at our Courtyard Café. Please keep an eye out for our specials flyers around the Home as they are regularly updated with discounted meal combos and deals you just cannot resist!

Stop by the Café on your way in or out for a coffee and cake or call Reception (8563 7777) and book a table for lunch. Please pre-order your meals before 11:30am if possible.

#### **DID SOMEONE SAY SPECIALS?**

#### **ABGO Garden**

Our ABGO garden is looking very festive this month. With Easter on it's way, the bunnies are coming out to play! Make sure to have a look at the garden in the beautiful sunlight.







### HOLLYWOOD **\*\***









Come and visit the Hollywood Hallway located between the Hairdresser and the Courtyard Café.





#### **General Store**



Last month, we had our opening of the new General Store in Tanunda Lutheran Home. Our beautiful couples who live in ABGO came to share a cup of tea and cake to celebrate Valentine's Day. Many stories were shared of days gone by sparked by all the wonderful items collected and gathered into the store.

A special mention to Sharon Berridge, Executive Care Manager and her team of amazing helpers for creating this space which will be enjoyed by all.

If you are interested in visiting our General Store, please see the Lifestyle Team and they will organise a time for you to visit.









#### Resident Feature — Graham Bruhn (Waratah)



Graham moved to Mt McKenzie in the late 1958 after his 14th birthday. He's lived out here up until August 2022 when he moved into TLH. He's worked the family dairy from the age 14, which was the age he left school. He's been an active member of the community in particular our local hall, which was built in 1926. This is one of only a couple of community owned and managed halls.

His involvement included selling raffle tickets to the local community driving around in his 1968 Valiant Ute. His ticket sales often were enough to cover the costs of the local band, The Wanderers. Helping set up the old Mt McKenzie sherry parties, working with members on the bar serving refreshments was also an undertaking. His entrenchment and dedication to the Hall and community led him to have the unofficial title of Mayor of Mt McKenzie.

Graham celebrated his 79th birthday on the 17th of December 2023 which was the day of the Christmas Show at the Hall. Last weekend, Mt McKenzie hall had its country rock outdoor night with funds going back



into the maintenance of the hall. This event took over from the sherry party of the past.

#### WHAT'S HAPPENING IN FEBRUARY

#### **RESIDENTS MEETINGS**

THURSDAY 7TH OF MARCH 1.30PM IN THE CHAPEL

ALL FAMILIES ARE WELCOME TO JOIN US



Card Making with Irene and Friends in Protea Lounge Thursday 7th of March from 10am







CAFÉ
TROLLEY
EVERY
THURSDAY
FROM 10am

#### **TLH SHOW**

Bringing the local show to TLH.

Come and vote for the best in each category from the 9th of March in the Protea Lounge.

#### LENTEN SERVICE (for March)

6th of March at 10.30am 13th of March at 10.30am 20th of March at 10.30am



29th of March at 10.00am Good Friday

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.



Please return this form to the Customer Service
Coordinator at Tanunda Lutheran Home
via any of the drop boxes located through-out the
home or drop of at reception, alternatively you can post

to Tanunda Lutheran Home Attn: Customer Service Coordinator 27 Bridge Street TANUNDA SA 5352

# We welcome feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides.

We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, Independent living residents, CHSP clients, friends or staff.

Please feel free to ask staff to assist you to complete the form if required. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter if you have indicated so.

All the comments are forwarded to Belinda Treloar (Customer Service Coordinator) who coordinates the comment process and will ensure the correct person is notified of your comment. You can contact Belinda directly via email at belinda.treloar@TLhome.com.au

# Share Your Experience





Tanunda

Lutheran Home Inc. Enriching the lives of our older people

	Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.	Follow Up: Yes/ No N/A
	Do you have any suggestions of how we can improve the services provided?	CI Required? Yes/No Was the outcome satisfactory: Yes/No N/A Closure Date:
No	Would you like to discuss this issue with the relevant leadership team member? Yes/No	Comment Maker Acknowledged: Yes/No  Phone Letter Email In Person Newsletter  Comment forwarded to Department Leader:
		OFFICE USE ONLY  Date Received: CCS Log No: #
		On Behalf of:  If you have provided your details but wish to remain anonymous please tick the box
		Address:
	Comments / Details:	Contact Number:
	□ Resident □ Relative □ Staff □IL Resident □CHSP Client □ Other: □ Comment □ Compliment □ Complaint □ Suggestion Date: □/_	Comment Makers Information  By providing your details it ensures that we are able to contact you and inform you, of any and all outcomes from your feedback.  Name:

TITTAT 10 MARCH 2024



#### **VOLUNTEER NEWS**

Belinda Treloar; Customer Service, Volunteer & Leisure Coordinator



#### **VOLUNTEERING AT TLH**

If you would like to become a volunteer at TLH, please either send me an email at <a href="mailto:belinda.treloar@tlhome.com.au">belinda.treloar@tlhome.com.au</a> or you can call reception.

#### **Happy Birthday**



To all our wonderful volunteers for the month of March Many happy returns.

#### **CAN YOU HELP?**

We are currently seeking volunteers for the following vacancies.

\* Palliative Care

\* Barossa Club Connections

\* STV Drivers

If you feel that you have some spare time each week and want to make a difference, please contact me.

Happy March,

A big thank you to those who come into the home and make a difference in the lives of our residents. We are currently looking for people to join our Palliative Care Volunteer Team. If you think this could be you, please either pop in and see me or send me an email. This is a very special role and training will be provided. Please also remember to sign out using the zipline machine when you have

finished your visit. This helps me track how many hours our volunteers contribute to the home. Thank you again for everything you do. Have a safe Easter and an amazing March – Belinda





Do you have Social Media?

Head over to Facebook and like

<u>Tanunda Lutheran Home</u>

You can also follow us on Instagram

tanundalutheranhome



#### **RESIDENTIAL ACTIVITIES ABGO**













ABGO have had an amazing month with a variety of different activities on the program; such as quoits, tunnel ball, pet therapy, parachute ball, rap ball and pampering.



#### **VALENTINES DAY QUIZ**

Love was in the air and a hot topic for a Valentines Day quiz.

Nothing like a little competition to bring out the best in people.

Congratulations to the winners!





#### **RESIDENTIAL ACTIVITIES**





















Shrove Tuesday was a huge success with a large number of Residents and Independent Living Residents enjoying pancakes in the Chapel. A big thank you to everyone involved and who made the day an enjoyable day. A big thank you to our master chef Julie, who would have cooked close to 200 pancakes.

# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



Lutheran Homes Barossa

27 Bridge Street Tanunda SA 5352 (located in the main building)

# ...join us at Barossa Club Connections

High quality services tailored to your individual needs, delivered by a team you can trust ...love your independent life

#### Allied Health & Therapy Services

Exciting services are happening now!

#### Group Physiotherapy Exercise Classes-Held in the LHB Gym

The Gym includes:

A range of weights, static bike, treadmill, step ladder and balance bars.

#### Hand Wax Bath Therapy - Experience the soothing comfort

If you suffer from hand pain or arthritis, Hand Wax Therapy can provide welcome relief.

The gentle heat from the wax soothes aching joints and muscles, reducing discomfort and increasing mobility.

#### Better Balance-Falls Prevention Program

Discover a healthier, more confident you with our Better Body Balance classes, led by experienced physiotherapists. These specialized sessions are designed to enhance your fitness, boost strength, and significantly improve your balance, reducing the risk of falls.

#### Individual Physiotherapy

- Rehabilitation—Post Injury
- Personal Fitness programs
  - Pain reduction Massage





# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

Last month, the Barossa Club Connections coordinators organised a BBQ lunch for the club members. There were lots of laughs and conversations shared by all. Thankyou to the staff who assisted in cooking the BBQ. We are sure there will be more events like this to come in the future.





Club Member and TLH Resident, Dorcas Kernich enjoyed a lovely visit with her sister Margaret and brother-in-law Irwin.



#### **Indoor Carpet Bowls**

(Terf Terminators)

The Terf Terminators each sit at the end of the green competing against each other to bowl their ball as close as they can to the white ball.







#### **ACTIVITY PROGRAM**

ACT	IVITY
<u>Friday 1st</u>	
From 9am TLH LIBRARY OPEN 10:30 Gardening Group 10:30 Hoy 1:30 Chair Yoga 1:30 BINGO 3:00 Tanunda Show Works	TC ABGO Waratah ABGO Protea ABGO
Saturday 2nd	
1:30 Balloon Tennis 3:00 Walking Group 4:00 <b>1x1's</b>	ABGO ABGO ABGO
Sunday 3rd	
10:00 Chapel Service 1:30 Bean Bag Toss 3:00 Sing Along 4:00 <b>1x1's</b>	Chapel ABGO ABGO ABGO
Monday 4th	ADOO

Monday	y 4th

10:30 Singing in the Chapel	Chapel
11:00 Worship Service	ABĞO
1:30 Drumming	ABGO
1:30 Gum Boot Throwing	TC / Protea
1:30 Memory Game	Waratah
3:00 Art & Craft	ABGO

#### Tuesday 5th

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Ping Pong	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Carpet Bowls	TC / Protea
1:30 Gum Boot Throwing	Waratah
3:00 Interactive Table	ABGO

#### Wednesday 6th - General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 Lenten Service	Chapel
10:30 Bottle Top Sorting	Waratah
10:30 Tit Tat Reading	ABGO
1:30 Armchair exercise	ABGO
1:30 Wheel Of Fortune—All Areas	Chapel
1:30 Tanunda Show Works—All Areas	Waratah
3:00 Word Games	ABGO

#### Thursday 7th

From 10am CAFÉ' SHOP TROLLEY	
10:00 Card Making with Irene and Friends	Protea
10:30 Quoits	ABGO
1:30 Bingo	ABGO
1:30 Residents Meeting	Chapel
3:00 Parachute Game	ABGO

#### Friday 8th

From 9am TLH LIBRARY OPEN	TC
10:30 Gardening Group	ABGO
10:30 Hoy	Waratah
1:30 Chair Yoga	ABGO
1:30 BINGO	Chapel
3:00 Tanunda Show Works	ABĠO

#### Saturday 9th—Tanunda Show

1:30 Gum Boot Throw	ving	ABGO
3:00 Picture Bingo		ABGO ABGO
4:00 <b>1x1's</b>		ABGO

#### Sunday 10th

10:00 Church Service 1:30 Dart Ball	Chapel ABGO
3:00 Pet Therapy 4:00 1x1	ABGO ABGO

#### Monday 11th - Public Holiday Adelaide Cup

#### Tuesday 12th

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Memory Game	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Water Ping Pong	TC / Protea
1:30 Carpet Bowls	Waratah
2:00 Sing Along with Doug	ABGO
3:00 Interactive Table	ABGO

#### Wednesday 13th - General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 Lenten Service	Chapel
10:30 Bottle Top Sorting	Waratah
10:30 Current Affairs	ABGO
1:30 Focus on March	ABGO
1:30 Pampering	TC / Protea
1:30 Word Games	Waratah
3:00 Guided Walks	ABGO

TITTAT 17 MARCH 2024

Tanunda Lutheran Home	Residential	Lifestyle Program	March 2024
Thursday 14th	Wednesday 20th - General Store Open in ABGO 10		oen in ABGO 10-2pm
From 10am CAFÉ' SHOP TROLLEY 10:30 Bean Bag Toss 10:30 Movers and Groovers 1:30 Bingo 1:30 Parachute Ball / Balloon Tennis 1:30 Dart Ball 3:30 1x1 / Sensory Room	ABGO Chapel ABGO TC / Protea Waratah ABGO	From 9am TLH LIBRARY OPEN 10:30 Lenten Service 10:30 Bottle Top Sorting 10:30 On this day 1:30 Armchair exercise 1:30 Bean Bag Toss 1:30 Reminiscing 3:00 Word Games	TC Chapel Waratah ABGO ABGO TC/Protea Waratah ABGO
Friday 15th From 9am TLH LIBRARY OPEN 10:30 Gardening Group 10:30 Hoy 1:30 Chair Yoga 1:30 BINGO 3:30 What's in the Bag? / Interactive Tab  Saturday 16th 1:30 Balloon Tennis 3:00 Walking Group	TC ABGO Waratah ABGO Chapel le ABGO ABGO ABGO	Thursday 21st—Harmony Day From 10am CAFÉ' SHOP TROLLEY 10:30 Quoits 10:30 Bingo 1:30 Dart Game	<b>AY</b> <b>†</b> * <b>↑</b>
4:00 1x1  Sunday 17th—Saint Patrick's Day	ABGO	1:30 Parachute Ball / Balloon Tennis 3:30 Parachute Game	
10:00 Church Service 1:30 Saint Patricks Day Activities 3:00 Sing Along / Happy Hour 4:00 1x1	Chapel ABGO ABGO ABGO	Friday 22nd From 9am TLH LIBRARY OPEN 10:30 Gardening Group 10:30 Hoy 1:30 Chair Yoga 1:30 BINGO 3:30 Table Games / Interactive Table	TC ABGO Waratah ABGO Chapel e ABGO
Happy St. Patrick's Day!		<u>Saturday 23rd</u>	
Monday 18th  10:30 Singing in the Chapel 11:00 Worship Service 1:30 Drumming 1:30 Coffee & Chat	Chapel ABGO ABGO TC / Protea	1:30 Rapp Ball 3:00 Hoy 4:00 <b>1x1's</b> <u>Sunday 24th</u>	ABGO ABGO ABGO
1:30 Billiard Bowls 3:00 Art & Craft  Tuesday 19th	Waratah ABGO	10:00 Church Service 1:30 Dart Ball 3:00 Pet Therapy 4:00 1x1	Chapel ABGO ABGO ABGO
10:15 Knit and Natter 10:30 Movers and Groovers 10:30 Ping Pong 1:30 Men's Shed Ladies Pampering 1:30 Easter Craft—All areas 1:30 Pampering 3:00 Interactive Table	Protea Chapel ABGO The Shed ABGO TC / Protea Waratah ABGO	Monday 25th  10:30 Singing in the Chapel 11:00 Worship Service 1:30 Ten Pin Bowling 1:30 Billiard Bowls 1:30 Coffee & Chat 3:00 Art & Craft	Chapel ABGO ABGO Chapel Waratah ABGO

#### Tuesday 26th

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Memory Game	ABĠO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Easter Quiz—All areas	TC / Protea
1:30 Pet Therapy	Waratah
3:00 Interactive Table	ABGO

#### Wednesday 27th

From 9am ILH LIBRARY OPE	.N IC
10:30 Walking Group (weather pe	ermitting) Leaving from Protea
10:30 Bottle Top Sorting	Waratah
10:30 Current Affairs	ABGO
1:30 Armchair exercise	ABGO
1:30 Reminiscing	TC/Protea
1:30 Bean Bag Toss	Waratah
3:00 Guided Walks	ABGO

#### Thursday 28th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Bean Bag Toss	ABGO
10:30 Movers and Groovers	Chapel
1:30 Bingo	ABGO
1:30 Bingo	Chapel
3:30 1x1 / Sensory Room	ABGO

#### Friday 29th—Good Friday

10:00 Good Friday Service Chapel

#### Saturday 30th—Holy Saturday

#### Sunday 31st—Easter Sunday

10:00 Church Service Chapel



#### Monday 1st April —Easter Monday

#### Tuesday 2nd

<u>ruesuay zhu</u>	
10:15 Knit and Natter	Protea
10:00 Walking Group (weather permitt	ing) Leave from Protea
10:30 Ping Pong	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	Sensory Room
1:30 Water Ping Pong	TC / Protea
1:30 Carpet Bowls	Waratah
3:00 Interactive Table	ABGO

#### **COURTYARD CAFE**



Open Monday to Friday 9am – 3pm Café Trolley Available on a Thursday Morning from 9:30am Closed Public Holidays

#### **TLH LIBRARY**



TLH Library is located in TC Level 1,
Open Wednesday and Friday
from 9am -12noon.
Stocking a wide range of books (large print), magazines, DVD's & puzzles.

#### **TLH HAIR SALON**



Open Tuesday, Thursday and Friday (located next to the Courtyard Café)

For appointments please phone Nicky on 0422 492 82 or EXT 750



UCSMBASKE RXRCSFKBW TMDVYXUC CCUXSUNDAYD GYYWLCE DAYCS MUSBY GXTJ RAGXOAQNDACJAN PGBCTT DZBMTS FDKDBSPHEBSWQES

HOT CROSS BUNS CELEBRATE TRADITION

FRIENDS BASKET HOLIDAY

FAMILY SUNDAY DECORATE

BUNNY EGGS CHOCOLATE

CHURCH CHICK HUNT