



# TIT TAT

Monthly Newsletter  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"  
*John 13:34*

MAY 2022



*Lutheran  
Church  
of Australia*



## Chaplain's Reflection



### TRIP DOWN MEMORY LANE

This year is the 70<sup>th</sup> Anniversary of the opening of TLH (formerly called the Lutheran Rest Home). We've just missed the anniversary actually, which was held on the afternoon of 17<sup>th</sup> February 1952.

The Lutheran Rest Home began with 19 residents and a staff of 4, with Matron Joyce Graetz directing day to day care. But 'care' meant no nursing care in those days. There was not even a wheelchair in the place, and if anybody got sick they went to hospital.

Small beginnings, but the Lutheran Rest Home was the labour of love conceived 7 years earlier (1945) at a meeting of the United Evangelical Lutheran Church of Australia (one of the 2 Lutheran churches before they united in 1966).

The UELCA voted unanimously 'that a home for the aged be established'. And following this, a huge fund-raising effort began. Finally the day arrived for the dedication. 3000 people came to the service. Most of those traipsed through the buildings, creating a massive mess to be cleaned the next day. Pastor August Simpfendorfer from Light Pass, the visionary and the fundraiser, appropriately preached the sermon, highlighting the original vision that single women without children, at risk of poverty and homelessness, would now be cared for by the church itself. "Through the Home, the Church would take the place of children, toward those who had no children to care for them" said Pastor August.

The spirit of TLH to this day is well expressed by historian and former chaplain Hartley Hage. Mindful of this project following so soon on the conclusion of WW2, Pastor Hartley reflects on the soldiers' bravery, and adds - "As a memorial TLH is likewise meant to be a place of remembrance, not of death, but of protection and life. It stands there as an open invitation to residents, staff, visitors and members of the community alike, to give thanks to God for past mercies." [*Tanunda Lutheran Home 1952-2002, by Hartley Hage*]

Well said Pastor Hartley!

# HAPPY BIRTHDAY

## MAY



- 3 Eleanor Collis
- 3 Edna Pfitzner
- 6 Audrey Zerk
- 7 Pat Hunter
- 7 Sylvia Steinberner
- 9 Iris Ellis
- 10 Sarah (Jean) Fitzgerald
- 14 Neville Alderslade
- 17 Loris Fiebiger
- 23 Bev Kernich
- 24 Toini Mustalahti
- 24 Joyce Lehmann



# WELCOME!

## Respite

Elizabeth (Liz) Linke

# HOME

♥ sweet ♥

# HOME



# family

Stay safe and remember your hand hygiene .  
Please, if you are unwell do not visit the  
home , we are keeping our residents, your  
loved ones safe .

*Thank you*



## DEATHS

*Our deepest sympathy  
to the families of*



Ken Hueppauff	5th April
Beatrice Hueppauff	6th April
Joan McAuley	12th April
Margaret Feuerherdt	13th April

*May they rest in peace ..*

## SHOPPING BUS



### **Please remember to book**

They will only be travelling to Tanunda until  
further notice. Thank you

Wednesday	4th May.	Tanunda
Wednesday	11th May.	Tanunda
Wednesday	18th May.	Tanunda
Wednesday	25th May.	Tanunda

The Bus will pick **IL Residents** up from their  
home - ONLY if you have booked -

TLH (in home) Residents must be at  
reception by 9am and must book.

The **DEADLINE** for all:  
News / Information / Stories - June 2022 edition is

**Thursday 23rd May 2022**

**Email: courtney.mudge@tlhome.com.au**

TIT TAT TEAM consists of many who put in the hard yards to make this  
amazing edition happen.

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



# From the CEO

**Lee Martin**

Wow, where does the time go? I'm sure time is getting faster – there seems to be little space between regular tasks. Hopefully you are all coping with where the world is at. I take pleasure in watching the football scores – go the CROWS. It was nice to see the Power finally win a game for the season. Nothing more needs to be said.

To all people in Europe, I would like to think we are all keeping them in our thoughts and prayers wishing them safety and security. If only others had the conditions, we share here in Australia and more specifically in the Barossa Valley – we are all very fortunate.

I have had the opportunity to attend a conference in Melbourne to present the outcomes of our Robot Project to other aged care providers. Overall, the conference was great. There are so many things happening in the Robot space to enhance the future of aged care. As we know there are ongoing workforce issues, not enough trained staff, growing number of people needing care and not enough funding to pay staff the wages they deserve.

The use of Robots into the future has a real way of assisting the future workforce. Robots can do a lot of the repetitive back of house tasks, they can assist with manual handling, even assist with social activities. The one thing the Robots can't do is replace a human. Our jobs are safe, they may change where we can do things safer or easier – which are good things.

Working in aged care still requires the “calling to assist others” trait. I don't see that trait being installed in a robot. Our staff are our backbone of who Tanunda Lutheran Home is – our residents really do appreciate the efforts of our staff ensuring the care and support is delivered. I'm hoping in the near future we can all look back and see how far we have come with acceptance of the Robots working with the staff.

A small number of projects are to be commenced in seeing what else the Robots can do. We are hoping to install software that will enable the Robot to recognise you and may even be able to ask simple questions of you. We also hope to complete a research project in regard to infection control. Lastly a researcher would like to measure the effect of having Robots in and about the Aged Care environment. Please feel free to participate in any feedback forum that may occur.

Technology will be more applicable in the future. I seen how a GP can do an examinations without leaving their office. Very technical devices can allow the staff member on site allow the GP to into the ears, down a patient's throat, listen to the abdominal sounds and heart sounds – all though the assistance of the current advancement of technology. These small devices ensure that residents can be examined easier, and GPs can reduce their requirement to travel at night or longer distances.

There are number of alarm type devices being developed for the use in aged care environments. TLH is currently looking into a whole new Nurse Call system for residents to use – this will improve resident safety, staff response times, reduce falls and aid security for all. Financing for this project is via a government grant. The application has been submitted and we are waiting on the outcome – fingers crossed.

As we move into the winter season, please remember to arrange your flu vaccinations and those over 65 years old the second booster for the COVID virus. Please stay safe by wearing a mask in grounded places and staying home if unwell.

**I won't be impressed with technology until I can download Chocolate!**

# Quality Information

from Sharon & Rebecca

Care Manager &  
Quality & Training Officer



## COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During March we received complaints about Care (2), and Other (1). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during March we received compliments about Care (13), Laundry (1), Food & Beverages (3), Lifestyle (3), Maintenance (2), Other (2), and Management & Communication (1).

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.



# NEW STAFF



**TAYLOR KEMP**  
PERSONAL CARE  
WORKER



**SMRITI OLI**  
PERSONAL CARE  
WORKER



**KELLY RICHARDS**  
ENROLLED NURSE



**CONGRATULATIONS**  
ANISH APPUKUTTAN  
MARCH 2022



*TLH would like to  
wish all the  
Special ladies a very*

*Happy Mother's Day.  
Sunday 8th May*



Thank you to everyone who came to our ANZAC service on Wednesday the 27th of April. It was wonderful that so many people participated, it gave the service a warm community feel.

A special mention to Pastor Ian, Assistant Chaplain Helen, Lifestyle Coordinator Marianne, Residents Ron & Loris and ILR Wilf Fechner who all contributed to the day.



## CONGRATULATIONS

In early April our very own Julian Soriano won an award for Early Career Pharmacist of the year for SA & NT. Julian has played a vital role in case conferencing and medication management and training while at TLH.



To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: [britany.mickan@tlhome.com.au](mailto:britany.mickan@tlhome.com.au)

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 – if you prefer not to raise your concerns with management.

## We Love Receiving Feedback

This form gives you the opportunity to “Share Your Experience” about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Rebecca Hudson (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Rebecca directly via email at [rebecca.hudson@tlhome.com.au](mailto:rebecca.hudson@tlhome.com.au) or ask a staff member to direct you to speak with Rebecca.

You are also welcome to talk to Consumer Services Coordinator – **Belinda Treloar** if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to  
Tanunda Lutheran Home  
Attn: Quality & Training Officer  
27 Bridge Street TANUNDA SA 5352



**Tanunda**

Lutheran Home Inc.

Enriching the lives of our older people

*Share Your Experience*



## Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

On Behalf of: \_\_\_\_\_

If you have provided your details but wish to remain anonymous please tick the box ☐

### OFFICE USE ONLY

Date Received: \_\_\_\_\_ CCS Log No: # \_\_\_\_\_

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No \_\_\_\_\_

Was the outcome satisfactory: Yes/No \_\_\_\_\_

Closure Date: \_\_\_\_\_

Follow Up: 3 Months ☐ N/A ☐

6 Months ☐

9 Months ☐

Other: \_\_\_\_\_

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: \_\_\_\_\_  
☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,  
we appreciate your comment.*






# Do you have a concern?

You can do something about it.  
If you have a concern or feedback  
about the aged care you or someone  
else is receiving, you can talk to us.

1800 951 822  
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager  
Phone: 08 8563 7757 or Email: [sharon.berridge@ahome.com.au](mailto:sharon.berridge@ahome.com.au)

Lee Martin, Chief Executive Officer  
Phone: 08 8563 7755 or Email: [lee.martin@ahome.com.au](mailto:lee.martin@ahome.com.au)

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



Phone  
1800 951 822



Web  
[agedcarequality.gov.au](http://agedcarequality.gov.au)



Write  
Aged Care Quality and Safety Commission  
GPO Box 9810 in Your Capital City



**Tanunda**  
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



*Share Your  
Experience*



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 800. If you are deaf or have a hearing or speech impairment call 1800 555 677 (National Relay Service) and ask for 1800 951 822

If you need an interpreter call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Care Manager - Sharon Berridge  
(including Allied Health & Lifestyle)

[sharon.berridge@ahome.com.au](mailto:sharon.berridge@ahome.com.au) or Ph: 8563 7757

Operations Manager - Rachel Strudwick  
(Including Catering, Food Service, WHS, Maintenance)

[rachel.strudwick@ahome.com.au](mailto:rachel.strudwick@ahome.com.au) or Ph: 8563 7771

Financial Controller - Ameiya Bhiskute  
(Accommodation & Fees/Bonds)

[ameiya.bhiskute@ahome.com.au](mailto:ameiya.bhiskute@ahome.com.au) or Ph: 8563 7768



*ABG Artist s  
of the Month  
Norma Liersch*



## RESIDENTS MEETING

The next residents meeting will be held on Thursday the 2nd of June at 1.30pm in the chapel

Please note the minutes from the last meeting are located in the dining rooms.



## NEIGHBOURHOOD LEADERS



ABG

TRINITY COURT

PROTEA

WARATAH

Vic Lehmann 40

Pat Hunter 35

Jan Schupelius 34

Irene Golding 36



NATIONAL 16-22 MAY 2022  
**VOLUNTEER**  
Better Together WEEK

*May 16th—22nd is National Volunteers week.*

*TLH currently has over 80 volunteers that contribute to residents lives in many ways. This week is an opportunity for us to officially say thank you and show our appreciation to all our volunteers.*

*Thank you Volunteers—you are our **Rays of Sunshine***

**Rays of  
Sunshine**





Due to the COVID-19 virus Tanunda Lutheran Home requests all visitors to schedule their visits in advance to prevent overcrowding of each site and area.

Residential Visiting hours will be:

Monday to Friday: 10:00am to 7:00pm  
Weekends and Public Holidays: 10:00am to 6:00pm

All visitors must schedule their visits via <https://tlhome.zipline.app/welcome>  
or phone Courtney at Reception on (08) 8563 7777  
Monday to Friday.

## Reception Closure



On Thursday May 12th at 12:30pm  
Reception will be closed due to a  
General Staff Meeting being held.  
For any emergencies please contact the  
Registered Nurse on 8563 7712. Any  
general inquires please email  
[info@tlhome.com.au](mailto:info@tlhome.com.au) or the office will be  
back open 8:30am on Friday 13th.

Thank you.

## 12th May– International Nurses Day

Thank you to all our wonderful nurses at  
Tanunda Lutheran Home.







# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



**Please feel free to contact  
Tania Miller on 8563 7729 if you would  
like to know more or would like to make  
a time to have a chat.**

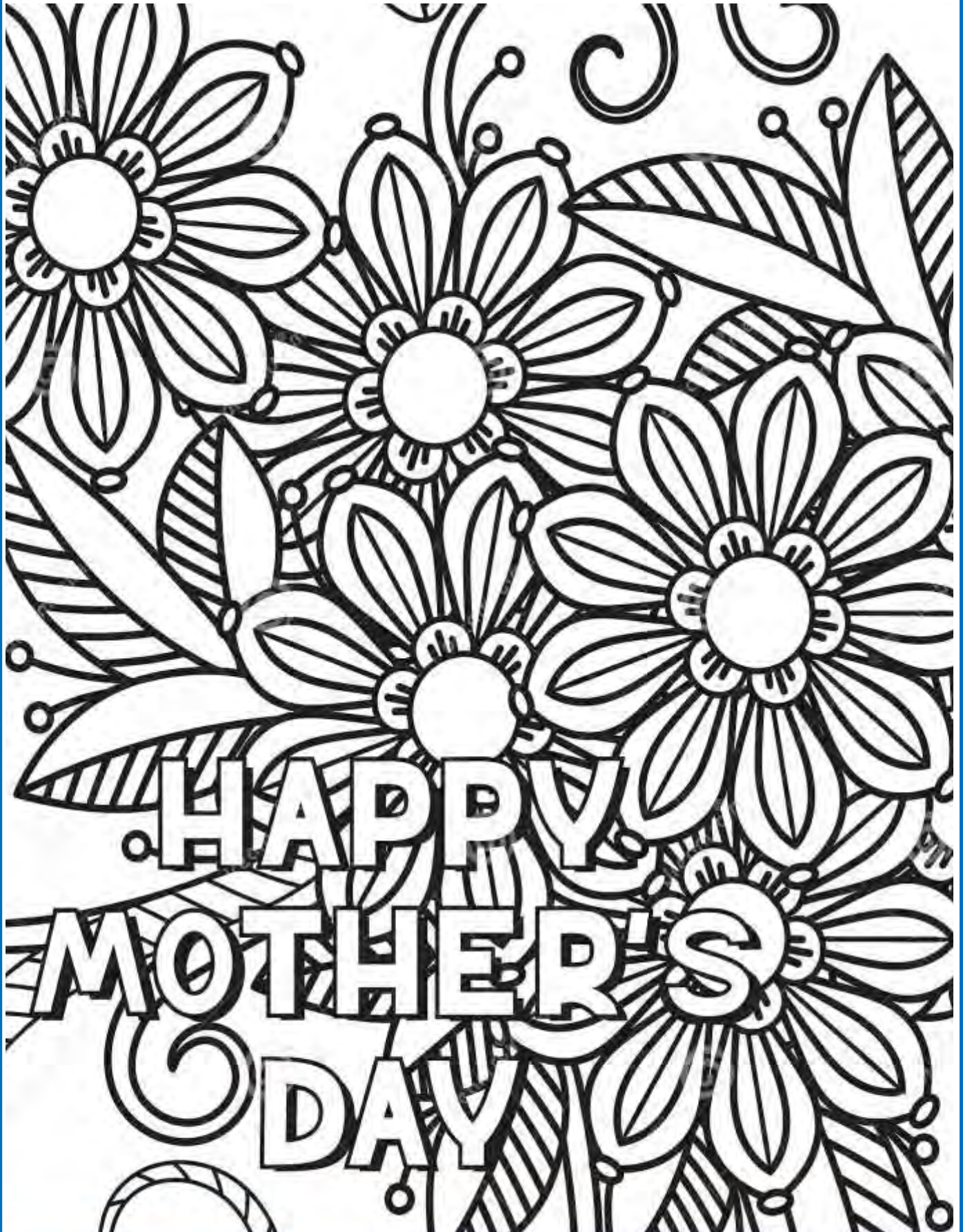
*Barossa Club - Fun, Games,  
Food, Friends & Memories....*



# Easter in the Barossa Club







Colour in your master piece .. Be creative and colourful

Name: \_\_\_\_\_



## RESIDENTIAL ACTIVITIES



The residents said farewell to Autumn & Caitlin with a cocktail party. Residents from Waratah were so thankful of the time that the girls spent with them. We wish them all the very best with their future endeavors, you will be dearly missed.



A big congratulations to our Easter Raffle winners. It was wonderful to see so many of you purchase tickets. Thank you very much. The funds raised will go directly to the residents Activity programs; We have purchased an another companion pet. This time it's a do called "Buddy"

Pictures of our winners; Irene Golding, Jean Carey, Deb Leighton, Pat Hunter and Heather Bear. Congratulations again.





## VOLUNTEER NEWS



**Message from Belinda;  
Customer Service,  
Volunteer & Leisure  
Coordinator**

***Thank you to all our beautiful volunteers  
who give countless hours to the home.  
You are our RAYS OF SUNSHINE.***



### **Volunteering**

If you would like to become a volunteer at TLH  
please either send me an email at  
[belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au)  
or you can call reception.



***Happy Birthday***  
***To all of our***  
***wonderful Volunteers***  
***for the month of***  
***May***



The Library is open every  
Wednesday and Friday Mornings  
from 9am—Come on in and say HI

## COMMUNITY NEWS

### **Cutting Edge**

The Hairdresser is open  
Wednesday—Friday 8:30—5pm  
Please phone to make an appointment  
**On ext 750**

Bottle top sorting for the grow love  
gardens will commence again this  
month. If you wish to donate your bottle  
tops please ensure they are the correct  
ones. All other bottle tops will be  
placed in the general recycling.



TLH continue to collect used stamps  
that can be dropped off at either  
reception or the Protea nurses station.



# ACTIVITY PROGRAM

## Sunday 1st

10:00 Church Service Independent Only  
 1:30 Movement to music  
 2:30 Word Games  
 4:00 1X1



Chapel  
 ABG  
 ABG  
 ABG

## Monday 2nd

10:30 Card Games  
 10:30 1x1's  
 11:00 Worship Service  
 1:30 Ten Pin Bowling  
 1:30 Memory Game  
 3:30 Pampering / Footspas  
 3:30 BINGO



TC / Protea  
 Waratah  
 ABG  
 ABG  
 TC / Protea  
 Waratah  
 ABG

## Tuesday 3rd

10:30 Memory Game  
 10:30 Moovers and Groovers  
 10:30 Knit and Natter  
 1:30 Men's Shed / Ladies Pampering  
 1:30 Carpet Bowls  
 1:30 Parachute Ball  
 3:30 Reminiscing / Small Group Activity

ABG  
 TLH  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG

## Wednesday 4th

From 9am TLH LIBRARY OPEN  
 10:30 Art and Craft  
 10:30 Bottle Top Sorting  
 11:00 Waratah Service  
 1:30 Armchair Exercise  
 1:30 Balloon Tennis  
 1:30 Water Ping Pong  
 2:00 1st Blessing of the month  
 3:30 Word Games

TC  
 ABG  
 Protea  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG  
 ABG

## Thursday 5th

From 10am CAFÉ' SHOP TROLLEY  
 10:30 Current Affairs  
 10:30 Moovers & Groovers  
 10:30 Card Making with Irene  
 1:30 Bean Bag Toss  
 1:30 Pampering  
 1:30 Word Games  
 3:30 Creative Corner



ABG  
 TLH  
 Protea  
 ABG  
 TC / Protea  
 Waratah  
 ABG

## Friday 6th

From 9am TLH LIBRARY OPEN  
 10:30 Chair Yoga  
 10:30 Chapel Service  
 10:30 Hoy  
 1:30 Coffee & Chat  
 1:30 BINGO  
 3:30 Memory Game / Small Group Activity



TC  
 ABG  
 TC / Protea  
 Waratah  
 ABG  
 Chapel  
 ABG

## Saturday 7th

1:30 Art & Craft  
 3:00 Rapp Ball  
 4:00 1x1



ABG  
 ABG  
 ABG

## Sunday 8th—Mother's Day

10:00 Church Service  
 1:30 Balloon Tennis  
 2:30 Card Games  
 4:00 1X1



Chapel  
 ABG  
 ABG  
 ABG

## Monday 9th

10:30 Singing In the chapel  
 11:00 Worship Service  
 1:30 Bean Bag Toss  
 1:30 Pampering / Footspas  
 1:30 Memory Game  
 3:30 Bingo

Chapel  
 ABG  
 ABG  
 TC / Protea  
 Waratah  
 ABG

## Tuesday 10th

10:30 Memory Game  
 10:30 Moovers and Groovers  
 10:30 Knit and Natter  
 1:30 Men's Shed / Ladies Pampering  
 1:30 Parachute Ball  
 1:30 Billiard Bowls  
 3:30 Reminiscing / Small Group Activity

ABG  
 TLH  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG

## Wednesday 4th

From 9am TLH LIBRARY OPEN  
 10:30 Music Therapy  
 10:30 Bottle Top Sorting  
 11:00 Waratah Service  
 1:30 Armchair Exercise  
 1:30 Water Ping Pong  
 1:30 Balloon Tennis  
 3:30 Small Group Activity



TC  
 ABG  
 Protea  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY—Thank you**



**Thursday 12th—  
International Nurses Day**

From 10am CAFÉ' SHOP TROLLEY

10:30 Current Affairs

10:30 Moovers &amp; Groovers

ABG

TLH

**Friday 13th**

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga

10:30 Chapel Service

10:30 Hoy

1:30 Cooking / Food Tasting

1:30 BINGO

3:30 Memory Game / Small Group Activity

TC

ABG

TC / Protea

Waratah

ABG

Chapel

ABG

**Saturday 14th**

1:30 Healing Hands

3:00 Tunnel Ball

4:00 1x1



ABG

ABG

ABG

**Sunday 15th**

10:00 Church Service

1:30 Movement to music

2:30 Word Games

4:00 1X1

Chapel

ABG

ABG

**Monday 16th—Volunteers Week**

10:30 Singing In the chapel

11:00 Worship Service

1:30 Ten Pin Bowling

1:30 Chair Yoga / Ice Cream Cart

1:30 Tunnel Ball

3:30 Bingo

Chapel

ABG

ABG

TC / Protea

Waratah

ABG

**Tuesday 17th**

10:30 Memory Game

10:30 Moovers and Groovers

10:30 Knit and Natter

1:30 Men's Shed / Ladies Pampering

1:30 Ten Pin Bowling

1:30 Bean Bag Toss

3:30 Reminiscing / Small Group Activity



ABG

TLH

Waratah

ABG

Chapel

Waratah

ABG

**PLEASE NOTE : ALL LIFESTYLE  
PROGRAMS MAY BE SUBJECT TO CHANGE.  
PLEASE SPEAK TO A LIFESTYLE TEAM MEM-  
BER FOR DETAILS ON THE DAY—Thank you**

**Wednesday 18th**

From 9am TLH LIBRARY OPEN

10:30 Art &amp; Craft

10:30 Bottle Top Sorting

11:00 Waratah Service

1:30 Armchair Exercise

1:30 Coffee &amp; Chat

1:30 Wheel Of Fortune

3:30 Word Games

TC

ABG

Protea

Waratah

ABG

TC / Protea

Waratah

ABG

**Thursday 19th**

From 10am CAFÉ' SHOP TROLLEY

10:30 Current Affairs

10:30 Moovers &amp; Groovers

1:30 Water Ping Pong

1:30 Quiz

1:30 Drumming

3:30 Board Games / Puzzles

ABG

TLH

ABG

TC/ Protea

Waratah

ABG

**Friday 20th**

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga

10:30 Chapel Service

10:30 Hoy

1:30 Drumming

1:30 BINGO

3:30 Memory Game / Small Group Activity

TC

ABG

TC / Protea

Waratah

ABG

Chapel

ABG

**Saturday 21st**

1:30 Art &amp; Craft

3:00 Rapp Ball

4:00 1x1

ABG

ABG

ABG

**Sunday 22nd**

10:00 Church Service Independent Only

1:30 Balloon Tennis

2:30 Cards

4:00 1X1

Chapel

ABG

ABG

ABG

**Monday 23rd**

10:30 Singing In the chapel

11:00 Worship Service

1:30 Ten Pin Bowling

1:30 **Jadee's Fashion**

3:30 Bingo

Chapel

ABG

ABG

Chapel

ABG

**Tuesday 24th**

10:30 Memory Game

10:30 Moovers and Groovers

10:30 Knit and Natter

1:30 Men's Shed / Ladies Pampering

1:30 Bean Bag Toss

1:30 Ten Pin Bowling

3:30 Reminiscing / Small Group Activity

ABG

TLH

Waratah

ABG

TC / Protea

Waratah

ABG

**Wednesday 25th**

From 9am TLH LIBRARY OPEN

10:30 Music Therapy  
 10:30 Bottle Top Sorting  
 11:00 Waratah Service  
 1:30 Armchair Exercise  
 1:30 Wheel Of Fortune  
 1:30 Coffee & Chat  
 3:30 Small Group Activities

TC  
 ABG  
 Protea  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG

**Thursday 26th**

From 10am CAFÉ' SHOP TROLLEY

10:30 Current Affairs  
 10:30 Moovers & Groovers  
 1:30 Bean Bag Toss  
 1:30 *Adopt A Pet*  
 3:30 Creative Corner



ABG  
 TLH  
 ABG  
 TLH  
 ABG

**Friday 27th**

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga  
 10:30 Chapel Service  
 10:30 Hoy  
 1:30 Foot Spas  
 1:30 BINGO  
 3:30 Memory Game / Small Group Activity

TC  
 ABG  
 TC / Protea  
 Waratah  
 ABG  
 Chapel  
 ABG

**Saturday 28th**

1:30 Healing Hands  
 3:00 Tunnel Ball  
 4:00 1x1

ABG  
 ABG  
 ABG

**Sunday 29th**

10:00 Church Service Independent Only  
 1:30 Movement to music  
 2:30 Word Games  
 4:00 1X1



Chapel  
 ABG  
 ABG  
 ABG

**Monday 30th**

10:30 Singing In the chapel  
 11:00 Worship Service  
 1:30 Ten Pin Bowling  
 1:30 Tunnel Ball  
 1:30 Chair Yoga / Ice cream cart  
 3:30 Bingo

Chapel  
 ABG  
 ABG  
 TC / Protea  
 Waratah  
 ABG

**Tuesday 31st**

10:30 Memory Game  
 10:30 Moovers and Groovers  
 10:30 Knit and Natter  
 1:30 Men's Shed / Ladies Pampering  
 1:30 Rapp Ball  
 1:30 Memory Game  
 3:30 Reminiscing / Small Group Activity

ABG  
 TLH  
 Waratah  
 ABG  
 TC / Protea  
 Waratah  
 ABG

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY—Thank you**

*Jadees Fashion*  
*will be visiting here on ....*

**Monday  
 23rd  
 May  
 1:30pm**

For more information call  
 Jane Johnson  
**0408 172 111**  
 Jane.jadeesfashion@hotmail.com




On Thursday the 26th of May the Lifestyle Team will be holding an adopt a pet day. There are a large variety of stuffed animals that are looking for their forever homes. We invite all residents to join us in the Protea Lounge from 1.30pm where they can come along and select a pet. Gold Coin donation is encouraged. —We look forward to seeing you there.





# Mothers Day Word Search

E K W H C O O R P G Z E L J V V T J P T  
M U K E B N T K T L A C C M L O V E O F  
O W U L B E E U F M O T H E R K Y M W B  
Y A T P Y M X F I V W Z U A F R E A D R  
G I B D D L C O O K C D Z D Y Z Q S R U  
E I B B I Q I C E O O G N T F Q E Z K N  
V K H W N O V R W F D A N C E P G T D C  
J Y Q D N O P K F L Q A U L V L E U S H  
K R O S E S F S W O U D R Y M H Z T J O  
Z X D S R S X M F W C C T M E B B H G C  
W M D N K X X Q O E U R U C M M A A Y O  
L R L U I L O J R R D N R O O E K A G L  
E L R G S N H U G S D H E N R E E P P A  
K I E G S P E C I A L Z R S I B M E I T  
E S P L E J D E V S E D K O E O Q Y I E  
K X W E S A I F E E Z U J L S G I F T S  
H M P C A Z P M Z H T I T E O L L Y J E  
T J V H Y C A R D S U N D A Y F D L N H  
P Y N J G N D P O I H C S K Q M P X W C  
O V P P U T R P U A S N J T I L X A L W

Love  
Dance  
Read  
Cards  
Dinner  
Cook

Mother  
Snuggle  
Console  
Chocolates  
Brunch  
Cuddle

Hugs  
Bake  
Forgive  
Roses  
Memories  
Kisses

Nurture  
Help  
Gifts  
Sunday  
Flowers  
Special

