



Tanunda
Lutheran Home Inc.



HAPPY EASTER

TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

APRIL 2022



*Lutheran
Church
of Australia*



Chaplain's Reflection

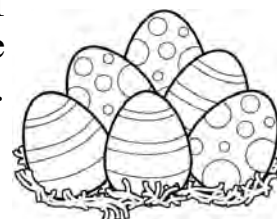


It's been an interesting month, with various good Christian residents suggesting to me creative ways to make the Russian President disappear. I guess the war in Ukraine has knocked COVID off from being the number one news item. It is excruciating to watch though. It's like watching a car accident in slow motion, wondering where the car will land and what will become of all the people in the car. We hope for the best but fear the worst.

And we care. And we're able to care, because we have good news sources, TVs, newspapers, the ability to participate in world affairs even from the comfort, or discomfort of a residential care bed. Who says the door shuts, never to open again, when we enter aged care? People just do life from a different place.

April is the month for Lent, Good Friday, Easter, and Anzac Day: all big events that many of us share in through our imaginations, reinforcing our sense of right and wrong, being part of crucial battles, surviving the worst of times, and embracing hope. When evil is afoot innocent people die horrific deaths. But Easter is God's big "Nevertheless". Hope, new life, resurrection, goodness, is God's last word. I'd like to believe the Ukraine war is a Lenten war, and come Easter it will end and new life will emerge from the ruins. Perhaps too much to hope for. We can't predict how that car wreck will end.

But, my fellow participants in life, I invite you to enjoy the fullness of Autumn with me, and these most meaningful holidays. Hope will spring again.



Chaplain Ian

HAPPY BIRTHDAY

APRIL

- 7 Rodney Lomman
- 8 Christine Wilksch
- 9 Victor (Vic) Lehmann
- 13 Ingeborg Thomas
- 17 Margaret Feuerherdt
- 17 Jean Carey
- 20 Bev Hoffmann
- 26 Cheryl Frost



Welcome



Permanent

Patricia (Pat) Dale
Hartley Hage



Stay safe and remember your hand hygiene .
Please, if you are unwell do not visit the
home , we are keeping our residents, your
loved ones safe .

Thank you



DEATHS

*Our deepest sympathy
to the families of*



Dot Warren 8th March
Colin Bachmann 10th March
Donald Jaeger 13th March
Joan Haese 30th March

May they rest in peace ..

The DEADLINE for all:
News / Information / Stories - April 2022 edition is

Thursday 21st April 2022

Email: courtney.mudge@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

Lee Martin , Rachel Strudwick & Courtney Mudge- TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.

SHOPPING BUS



Please remember to book -

They will only be travelling to Tanunda until
further notice. Thank you

Wednesday	6th April.	Tanunda
Wednesday	13th April.	Tanunda
Wednesday	20th April.	Tanunda
Wednesday	27th April.	Tanunda

The Bus will pick **IL Residents** up from their
home - **ONLY** if you have booked -

TLH (in home) Residents must be at
reception by 9am and must book.



From the CEO

Lee Martin

Isn't it great to be able to live, work and play in the Barossa Region! When I start to consider the unfortunate people in the war-torn zones in Ukraine and our Australians counterparts in Queensland and New South Wales with the ongoing floods, I consider us here very fortunate. During the last month at Tanunda Lutheran Home (TLH) we have had yet again an interesting and challenging month. It's amazing how so many things happen for a reason.

TLH experienced our first resident with being COVID-19 positive. Just by this alone was timely as it tested our Infection Control systems and Outbreak Plans. The PPE and staff actions prevented the spread of the virus – no other resident was infected. As far as our record during the COVID-19 pandemic we are well recognised for our efforts in keeping the virus out of the Home. Our staff are now back at work, so we are not as short staffed as we were. Don't get me wrong – we still need staff, if you know anyone, please encourage them to come and work for us to look after you.

There was one day in late February when the sky opened up and dropped two inches of rain on top of the Home. I have never seen so much water inside a building – it was coming from everywhere. The staff on duty with the assistance of the fire staff who attended worked well to return the environment back into a safe mode in a short time. The repairs are still being completed – fingers crossed we are in better shape next time it rains.

So, what keeps you awake at night? I'm sure my list would be different to you! I do hope as our residents we are able to confirm your safety, ensure you are well fed and most importantly cared for in a way you prefer. Then to ensure you have access to family & visitors and kept entertained is also very important. The staff of TLH like to hear what we do well and what we can improve upon – please feel free to talk to staff or complete one of the feedback forms. We have a very good system to deal with the good and not so good things.

For me, the things that keep me awake – the Crows loosing, Port Power winning, my dog Ted snoring and as all CEOs do, worry about things at work. We are very lucky at TLH – there are very good staff who all pitch in when things get tough. I'm sure you know who they are – I would like to think you too give them some positive feedback. Everyone working in the aged care industry are special people – we all care about those we are looking after. I hope you are like me and pray that the politicians will see reason and begin to support the workers in improving their salaries and conditions – they deserve it.

With Easter and ANZAC Day coming I do hope you are able to take time to reflect on what is important to you and your families. There are certainly many people close and far who are doing things tough. No shelter, food, basic daily requirements – feeling unsafe and unsupported so they have real issues that will keep them awake at night. Consider them in your thoughts as you consider your own predicament in the here and now. If you can or need to ask for assistance or assist others during this very trying time.

Winter is coming. Along with it a Flu season. Please ensure you line up for your vaccination and if over 65 years old make sure you consider getting the second COVID-19 booster. TLH will have vaccination clinics to provide easy access residents, volunteers, and staff – keep an eye out for dates and times.

Sleep tight, don't let the bed bug's bite. Sweet dreams. You are all important to us.





Tanunda
Lutheran Home Inc.

Quality Information

from Sharon & Rebecca

Care Manager &
Quality & Training Officer



PROTECTING OLDER AUSTRALIANS
COVID-19 UPDATE



Australian Government
Department of Health

ATAGI recommends COVID-19 Winter vaccine dose for residents in aged care facilities

The expert Australian Technical Advisory Group on Immunisation (ATAGI) recommends an **additional COVID-19 vaccine dose** for residents in aged care facilities before winter.

The recommended COVID-19 Winter vaccine dose is to bolster residents' protection from severe illness, hospitalisation or death from COVID-19 over the winter season.

In addition to aged care residents and people living in disability accommodation, ATAGI recommends a COVID-19 Winter dose for other vulnerable groups also considered to be most at risk of serious illness. These groups, which may include some of your workforce, are:

- Adults aged 65 years and older
- Aboriginal and Torres Strait Islander people over the age of 50, and
- People aged 16 years and older who are severely immunocompromised.

ATAGI recommends the above vulnerable groups receive their COVID-19 Winter dose **from 4 months after their initial booster dose**.

In special circumstances, individuals may be vaccinated at a shorter interval, such as in aged care facilities and remote communities, where some flexibility of the minimum interval may facilitate vaccination of a larger proportion of individuals.

The additional booster dose should not be administered less than 3 months from the previous booster dose.

COVID-19 Winter vaccine doses will be available for these vulnerable groups **from 4 April 2022**.

STAFF COMPLIMENTS

EMPLOYEE ★ OF THE MONTH ★

FEBRUARY 2021



DEBB LEIGHTON - HOSPITALITY

COMPLIMENTS RECEIVED FOR FEBRUARY 2022

JANE JOKUDU, BAROSSA CLUB, KELLY DOWN, QUINNIE AHRNS,
CHARLOTTE CHURCHER, MICHAEL HENTSHKE, NEVILLE PARHAM, TANIA MILLER,
ALBERT DAVIS, MOSES KOGEI, SEAN HYLAND, LIFESTYLE STAFF &
LAUNDRY STAFF

THANK YOU TO ALL STAFF FOR ALL THE WONDERFUL WORK YOU DO!



All compliments submitted are also reviewed annually for our value based awards.

NEW STAFF



TINA MORGAN
Hospitality



SAM UNDO
Hospitality



RAMANDEEP
DNALI WAL
PCW



LIZA HILL
Clinical Support
Enrolled Nurse



DOMINIC
CHINHANGA
Enrolled Nurse



SAMANTHA
GIBBS
Clinical Support
Enrolled Nurse



ROMEO TANVIR
Enrolled Nurse



KETO
BYAMASU
PCW



EDDY
VANGASTEL
Hospitality

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.timmis@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to Consumer Services Coordinator – **Belinda Treloar** if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer

at Tanunda Lutheran Home

via drop of at reception or by posting to

Tanunda Lutheran Home

Attn: Quality & Training Officer

27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people

Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box ☐

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months ☐ 6 Months ☐ 9 Months ☐ N/A ☐

Other: _____

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: _____
☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Do you have a concern?

You can do something about it.
If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@lhome.com.au

Lee Martin, Chief Executive Officer
Phone: 08 8563 7755 or Email: lee.martin@lhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information

 Phone: 1800 951 822

 Web: agedcarequality.gov.au

 Write: Aged Care Quality and Safety Commission
GPO Box 9819, in Your Capital City



Tanunda
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822. If you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Care Manager - Sharon Berridge
(including Allied Health & Lifestyle) sharon.berridge@lhome.com.au or Ph: 8563 7757

Operations Manager - Rachel Strudwick
(Including Catering, Food Service, WHS, Maintenance) rachel.strudwick@lhome.com.au or Ph: 8563 7771

Financial Controller - Ameya Bhiskute
(Accommodation & Fees/Bonds) ameya.bhiskute@lhome.com.au or Ph: 8563 7768



ABG Artists of the Month *Rosalie Betts*



EASTER RAFFLE

All proceeds will be used in the Waratah Balcony project!

TICKET INFO:
\$2 each or 3 for \$5

MANY PRIZES TO BE WON!

See Lifestyle Staff, Autumn or Caitlin to purchase your tickets!



NEIGHBOURHOOD LEADERS

ABG	Vic Lehmann 14
TRINITY COURT	Pat Hunter 11
PROTEA	Jan, Gladys & Brian 10
WARATAH	Irene Golding 12



Reception April Closing Times:

During these times— entry to the facility will be from the Protea/Chapel Entrance where staff will assist you.
Please phone 8563 7712 through to the RN for assistance after hours.

Friday 15th-Monday 18th— closed due to Easter

Monday 25th— closed for Anzac Day





Due to the COVID-19 virus Tanunda Lutheran Home requests all visitors to schedule their visits in advance to prevent overcrowding of each site and area.

Residential Visiting hours will be:

Monday to Friday: 10:00am to 7:00pm
Weekends and Public Holidays: 10:00am to 6:00pm

All visitors must schedule their visits via <https://thome.zipline.app/welcome>
or phone Courtney at Reception on (08) 8563 7777
Monday to Friday.

Entry to our facility remains via the Main Administration Entrance during business hours and via the Protea/Chapel entrance after hours.

All individuals entering Tanunda Lutheran Home will be required to sign in via our Zipline device, QR code, provide their vaccination evidence and have their temperature taken.

Visitors must be prepared to undergo RAT testing prior to entry in the facility.

Please be safe.

RESIDENTIAL AGED CARE FACILITY VISITORS

COVID-19 vaccination is mandatory

FROM 29 JANUARY

Must have received:

- First and second COVID-19 vaccine doses
- Booster dose (within 4 months of second dose or positive COVID-19 result)



Government of South Australia
SA Health

sahealth.sa.gov.au/covidagedcare



RESIDENTS MEETING

The next residents meeting will be held on Thursday the 7th of April at 1.30pm in the chapel

Please note the minutes from the last meeting are located in the dining rooms.



ANZAC DAY
LEST WE FORGET





What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





Irish Bowls and St Patricks Day cupcakes



IMPORTANT INFORMATION

**Barossa Club will be closed
Friday 15th April, Monday
18th and Monday 25th April
due to Public Holidays.**



WARATAH BALCONY PROJECT

Hello Everyone! We are Autumn and Caitlin; you might have seen us floating around the Home over the last couple of months! We are University Students Studying Occupational Therapy and we are completing our community project placement here at TLH. If you are unfamiliar with our project, we are working in the Waratah Neighborhood to create a garden on the balcony for all residents to enjoy!



So far, we have made many great community connections for our project. These include, but are not limited to, Barossa Men's Shed, Barossa Mitre 10, Barossa Enterprises, Independent Living Residents, family members of residents, and Barossa Nursery. The planter boxes for the space are being made by Barossa Enterprises, which is a not-for-profit organisation for individuals with disabilities looking for work. We have a bench being donated to us by the Barossa Men's shed, plants and time will be donated by Barossa Bush gardens, and herbs will be donated by local nurseries.

The Waratah Residents have been helping us to decide on the design features of the balcony and have attended regular meetings for the project!

Our project is getting very exciting now! Over the final weeks of our project, we will be finalising the balcony design, planting the plants with help from the Barossa Bush gardens staff and holding an opening ceremony.

We are very excited for the end product of the project and we know that the Waratah residents, especially, are too!

If you have any questions or would like to get involved please don't hesitate to ask, we would love for your support and feedback!





Colour in your master piece .. Be creative and colourful

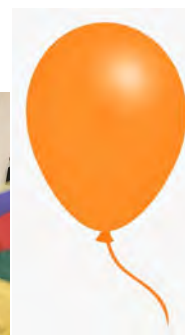
Name: _____



RESIDENTIAL ACTIVITIES



TLH celebrated **Harmony Day** on Monday the 21st of March with a beautiful display of traditional cultural dress from the staff.
Thank you to all the staff involved on the day.
It was wonderful to see everyone coming together.



VOLUNTEER NEWS



**Message from Belinda;
Customer Service,
Volunteer & Leisure
Coordinator**

Thank you to all our beautiful volunteers who give countless hours to the home. We are currently looking for volunteers who would love to bring their pets to the home for a visit. If this is you please come and see me and we can buddy you up with some residents who would love to have a special visit. Thank you again and God bless you all.

Volunteering

If you would like to become a volunteer at TLH please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.



Happy Birthday
To all of our
wonderful Volunteers
for the month of
April

Residents please be mindful that we have many volunteers that work around the home with all different jobs. If you see them give them a smile and wave and thank them for their service.



COMMUNITY NEWS

Cutting Edge

The Hairdresser is open
Wednesday—Friday 8:30—5pm
Please phone to make an appointment
On ext 750

Bottle top sorting for the grow love gardens will commence again this month. If you wish to donate your bottle tops please ensure they are the correct ones. All other bottle tops will be placed in the general recycling.



TLH continue to collect used stamps that can be dropped off at either reception or the Protea nurses station.

**Stamps
for
Mission**

**Place your
stamps here!**

The sale of these stamps raises funds to support God's mission in the world through LCA International Mission.

Thank you for your support!

LUTHERAN CHURCH OF AUSTRALIA **INTERNATIONAL MISSION**
global partners - local church

ACTIVITY PROGRAM

Friday 1st April—April Fools Day

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga

10:30 Chapel Service

10:30 Hoy

1:30 Coffee & Chat

1:30 BINGO

3:30 Memory Game / Small Group Activity

TC

ABG

TC / Protea

Waratah

ABG

Chapel

ABG

Saturday 2nd

1:30 Art & Craft

3:00 Rapp Ball

4:00 1x1



ABG

ABG

ABG

Sunday 3rd

10:00 Church Service Independent Only

1:30 Movement to music

2:30 Word Games

4:00 1X1

Chapel

ABG

ABG

ABG

Monday 4th

10:30 Card Games

10:30 1x1's

11:00 Worship Service

1:30 Ten Pin Bowling

1:30 Chair Yoga

3:30 Pampering / Footspas

3:30 BINGO

TC / Protea

Waratah

ABG

ABG

TC / Protea

Waratah

ABG

Tuesday 5th

10:30 Memory Game

10:30 Moovers and Groovers

10:30 Knit and Natter

1:30 **Men's Shed / Ladies Pampering**

1:30 Tunnel Ball

1:30 Memory Game

3:30 Reminiscing / Small Group Activity

ABG

TLH

Waratah

ABG

TC / Protea

Waratah

ABG

Wednesday 6th

From 9am TLH LIBRARY OPEN

10:30 Art and Craft

10:30 Bottle Top Sorting

11:00 Waratah Service

1:30 Armchair Exercise

1:30 Parachute Game

1:30 Rock Painting

2:00 1st Blessing of the month

3:30 Word Games

TC

ABG

Protea

Waratah

ABG

TC / Protea

Waratah

ABG

ABG

Thursday 7th

From 10am **CAFÉ' SHOP TROLLEY**

10:30 Current Affairs

10:30 Moovers & Groovers

11:00 Balcony Opening Ceremony

1:30 Parachute Ball

1:30 **Resident's Meeting**

3:30 Board Games & Puzzles

ABG

TLH

Waratah

ABG

TLH

ABG

Friday 8th

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga

10:30 Chapel Service

10:30 Hoy

1:30 Cooking / Tasting

1:30 Cocktails

3:30 Memory Game / Small Group Activity

TC

ABG

TC / Protea

Waratah

ABG

Chapel

ABG

Saturday 9th

1:30 Healing Hands

3:00 Tunnel Ball

4:00 1x1



ABG

ABG

ABG

Sunday 10th— Palm Sunday

10:00 Church Service

1:30 Balloon Tennis

2:30 Card Games

4:00 1X1



Chapel

ABG

ABG

ABG

Monday 11th

10:30 Board Games & Puzzles

10:30 1x1's

11:00 Worship Service

1:30 Bean Bag Toss

1:30 BINGO

3:30 Ten Pin Bowling



TC / Protea

Waratah

ABG

ABG

Chapel

ABG

Tuesday 12th

10:30 Memory Game

10:30 Moovers and Groovers

10:30 Knit and Natter

1:30 **Men's Shed / Ladies Pampering**

1:30 Tarp Target Toss

1:30 Quiz—Easter

3:30 Reminiscing / Small Group Activity

ABG

TLH

Waratah

ABG

TC / Protea

Waratah

ABG

**PLEASE NOTE : ALL LIFESTYLE
PROGRAMS MAY BE SUBJECT TO
CHANGE.**

Wednesday 13th

From 9am TLH LIBRARY OPEN
 10:30 Easter Display Tour
 10:30 Bottle Top Sorting
 11:00 Church Service
 1:30 Armchair Exercise
 1:30 Cooking
 1:30 Tarp Target Toss
 3:30 Word Games

TC
 ABG
 Protea
 Chapel
 ABG
 TC / Protea
 Waratah
 ABG

Thursday 14th—

From 10am **CAFÉ' SHOP TROLLEY**
 10:30 1x1
 10:30 Moovers & Groovers
 1:30 Water Ping Pong
 1:30 Wheel Of Fortune
 1:30 Billiard Bowls
 3:30 Board Games & Puzzles
 ABG

ABG
 TLH
 ABG
 Chapel
 Waratah

Friday 15th—Good Friday

10:00 Church Service
 Chapel

Saturday 16thSunday 17th—Easter Sunday

10:00 Church Service
 Chapel

Monday 18th—Easter MondayTuesday 19th

10:30 Memory Game
 10:30 Moovers and Groovers
 10:30 Knit and Natter
 1:30 **Men's Shed / Ladies Pampering**
 1:30 Coffee & Chat—Easter
 1:30 Memory Game
 3:30 Reminiscing / Small Group Activity

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 TLH
 Waratah
 ABG
 Waratah
 Chapel
 ABG

Wednesday 20th

From 9am TLH LIBRARY OPEN
 10:30 Music Therapy
 10:30 Bottle Top Sorting
 11:00 Church Service
 1:30 Armchair Exercise

TC
 ABG
 Protea
 Chapel
 ABG

Thursday 21st

From 10am **CAFÉ' SHOP TROLLEY**
 10:30 Current Affairs
 10:30 Rummikin / Board Games
 10:30 Moovers & Groovers
 1:30 Bean Bag Toss
 1:30 Meet & Greet The Collaboration Committee
 3:30 Creative Corner

ABG
 Protea
 TLH
 ABG
 Chapel
 ABG

Friday 22nd

From 9am TLH LIBRARY OPEN
 10:30 Chair Yoga
 10:30 Chapel Service
 10:30 Movement To Music
 1:30 Drumming
 1:30 BINGO
 3:30 Memory Game / Small Group Activity

TC
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 TC / Protea
 Waratah
 ABG
 Chapel
 ABG

Saturday 23rd

1:30 Art & Craft
 3:00 Rapp Ball
 4:00 1x1



ABG
 ABG
 ABG

Sunday 24th

10:00 Church Service Independent Only
 1:30 Movement to music
 2:30 Word Games
 4:00 1X1

Chapel
 ABG
 ABG
 ABG

Monday 25th—ANZAC DayTuesday 26th

10:30 Memory Game
 10:30 Moovers and Groovers
 10:30 Knit and Natter
 1:30 **Men's Shed / Ladies Pampering**
 1:30 Carpet Bowls
 1:30 Wreath Making
 3:30 Reminiscing / Small Group Activity

ABG
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 TC / Protea
 Waratah
 ABG

ANZAC DAY

Wednesday 27th

From 9am TLH LIBRARY OPEN
 10:30 Art and Craft
 11:00 **ANZAC Service**
 1:30 Armchair Exercise
 1:30 2 UP
 1:30 Reminiscing
 3:30 Concentration

TC
 ABG
 Chapel
 ABG
 TC / Protea
 Waratah
 ABG

Thursday 28thFrom 10am **CAFÉ' SHOP TROLLEY**

10:30 Current Affairs

10:30 Moovers & Groovers

11:00 Balcony Opening Ceremony

1:30 Parachute Ball

1:30 **Secret Women's Business**

1:30 Water Ping Pong

3:30 Creative Corner



ABG

TLH

Waratah

ABG

Chapel

Waratah

ABG

Friday 29th

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga

10:30 Chapel Service

10:30 Hoy

1:30 Foot Spas

1:30 BINGO

3:30 Memory Game / Small Group Activity

TC

ABG

TC / Protea

Waratah

ABG

Chapel

ABG

Saturday 30th

1:30 Healing Hands

3:00 Tunnel Ball

4:00 1x1



ABG

ABG

ABG

April Fools Jokes

A woman found her husband in the kitchen
stalking around with a fly
swatter.....

"What are you doing?"

"Hunting flies", he replies.

"Oh..." she says with a grin, "Killing any?"

"Yep, three males, two females"

"How can you tell?" she asks.

"Easy, 3 were on a beer can and 2 were on
the phone!"

Conductor:

"Madam are all these children yours, or is it a picnic?" Lady:

"They are all mine, and believe me it's no picnic!"

"Pete" says his wife, "why don't you play golf
with George anymore?"

"Would you play golf with a bloke who puts
down the wrong score and moves the ball when
you're not looking?" Says Pete.

"No..." says his wife.

In the early hours of **Sunday, April 3, 2022**, daylight saving will end for Australians in NSW, Victoria, South Australia, Tasmania and the ACT. That means clocks will turn back one hour - and yes, you'll get an extra hour of sleep.

