



# TIT TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"  
*John 13:34*

**AUGUST 2021**

*Lutheran  
Church  
of Australia*



## Chaplain's Reflection



It's been encouraging seeing how residents throughout TLH have fared in the latest COVID-19 lockdown. Most people have looked across the fence, so to speak, and realized things could have been a lot worse for us if not for good leadership, decisive action, the assurance that things will get better soon, and a pat on the back when we've done the right thing. I guess we can cope with most things if these ingredients are in the picture, and residents will naturally feel some pride that they've got through without too much distress.

A little setback does invite the question of how we'd go in a really big setback, like if we were in Sydney right now. Some of you have certainly suffered truly heart-breaking traumas in your life, and these have had a big effect on your faith. Sometimes we feel like we're losing our faith, and for good reason: like if we've been used to thinking of God as an all-powerful being who listens to every prayer and changes tack in the running of the universe in order to help just us, we may think "Where is he? Does he really care?" when disaster strikes. But if we've thought of God more as being like Jesus, who suffered and was powerless like us, but totally resolute in his love and his presence, then our faith may have been more resilient.

It's worth asking: "What is happening to my faith?" when a disaster or a setback, or just a simple frustration, is happening to us. Nothing worse for our faith than when life just goes super-boring and meaningless on us! At least with a decent setback people rally around us, we learn, we change and we grow. St Peter said that our faith is like gold. It is there to be tended, treated with care, enjoyed.

Enjoy August too – We live in hope that Spring will come soon!

Chaplain Ian.

*family*



# HAPPY BIRTHDAY



9 Graham Whenan



19 Stanley Rosenzweig

20 Wendy Shemmeld



26 Helga Jaunzarins



# Welcome

## Respite

Brenda Button

Gwenyth Benjamin

## Permanent

Ian Young

Daphne Hage

Valerie DeValle



family

Stay safe and remember to hand hygiene .  
Please, if you are unwell do not visit the home , we are keeping our residents, your loved ones safe .

If you have had your COVID-19 vaccinations remember to upload details on our Zipline system or ask the reception for help if needed.

*Thank you*

The **DEADLINE** for all:  
News / Information / Stories - September 2021 edition is

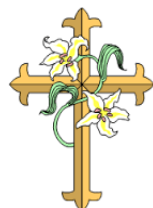
**Monday 23rd August**

**Email: rachel.strudwick@tlhome.com.au**

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



## DEATHS

*Our deepest sympathy  
to the families of*

Teresa O'Brien 10th July

Myrtle Hage 14th July

Peter Mattner 13th July

*May they rest in peace ..*



## SHOPPING BUS



**Please remember to book -**

They will only be travelling to Tanunda until further notice. Thank you

Wednesday 04th August Tanunda

Wednesday 11th August Tanunda

Wednesday 18th August Tanunda

Wednesday 25th August Tanunda

The Bus will pick **IL Residents** up from their home - **ONLY** if you have booked - TLH (in home) Residents must be at reception by 9am and must book.

**My Last Tit Tat Article for TLH!**  
**Look After One Another-Thank you for Everything!**

Kim Hahn  
People, Culture and Customer Service Manager-Signing Out!



Hi Everyone,

Lee has given me the privilege of still writing this article (Lee and I take it in turns) even though, by the time you read this, I would have officially worked my last day at TLH and would have commenced my new role as General Manager for Regis Playford.

COVID-19 SA restrictions that commenced as of midnight 20th July, prevented us from having an opportunity to say goodbye during my last week (farewell events had to be cancelled), I am not someone that enjoys the spotlight, but I was genuinely really sad to miss the opportunity to say the things that I felt you all needed to know and of course to be able to say, Goodbye for now.

Since the announcement of my resignation, I have been overwhelmed by all of your well wishes, Congratulations, sadness and the chance to reflect on the memories we have experienced together. I think that when you accept responsibility for a role, being consciously aware of achievements that you have contributed isn't something you always have time for, your words, emails, text and messages have really validated for me, that you think I made a difference at TLH, this has been a lovely feeling and I thank you so much.

Within all of my roles, hats and responsibilities during my time at TLH, I am proudest of the relationships formed and being able to closely watch the development and genuine care that all of you contribute to each other's lives. Many friendships that will last a lifetime have stemmed from the last 10 years here. I have met the most amazing people and will be forever grateful that some of those friendships have evolved into some of the most important relationships in my life.

I have also been privileged to get to know so many of you during times in your lives that were difficult and private-thank you for trusting me enough to reach out and let me try to help.

Our beautiful Residents and their families, staff and volunteers and TLH support groups have all touched my life in an individual and unforgettable way, you have all been such a joy to me, in good times and in bad.

I would like to make special mention to the Leadership team and my team (Rae, Tammy, Stephanie, Sheree, Shu and Helen) your support, hard work, extra effort and genuine love of our Residents has been so appreciated and admired.

To my three right hands, Hollie, Mandy and Britany, your support, skills, professionalism and dedication to me and TLH has been incredible, will be so missed and never forgotten.

Thank you for your well wishes with my next adventure, I am so excited to see what further contributions to the world of caring for Residents and Staff that I might be able to make

Wishing you happiness, friendship and love,

Kim xx



**Tanunda**  
Lutheran Home Inc.

## Quality Information

from Lisa & Steph  
Clinical Nurse Consultant &  
Quality & Training Officer



### **SECOND DOSE COVID-19 VACCINE CLINICS IN RESIDENTIAL AGED CARE 99% COMPLETE**

As at 25 June 2021, over 309,000 COVID-19 vaccine doses have been administered in 2,566 residential aged care facilities receiving in-reach clinics through the Commonwealth's roll out in aged care.

Second dose vaccination clinics have been held in 99 per cent of facilities, with the remaining clinics scheduled for completion within the recommended interval between doses.

Thank you again to all residents, their families, aged care facility workers, providers and vaccine workforce providers for your support and cooperation. **Source:** DOH — Email, 25 June 2021

### **MANDATING OF COVID-19 VACCINATION FOR AGED CARE**

The Department of Health has issued an eAlert providing further details of the approach to the mandating of vaccination for residential aged care workers.

This confirms the deadline for vaccination as 17 September. LASA has sought clarification of the detail of the public health orders to bring this into effect.

This includes confirmation that all residential aged care workers, irrespective of age, will be offered the Pfizer COVID-19 vaccine. LASA notes that availability of Pfizer through all the identified channels varies over time.

There are some details about who will be captured in this requirement such as volunteers and those who are responsible for resident care, support and services as well as those who access, or are reasonably likely to access any premises for the administration of the service. We are seeking greater clarity on this.

LASA notes the inclusion of details of the existing channels, not all of which are available to all providers (such as the roving clinics and SONIC hubs) and we continue to advocate for an effective, efficient and safe roll out to the residential aged care workforce.

The Department includes material for sharing with staff and further encourages staff to access the [eligibility checker](#) to ascertain access at the local level.

**Source:** LASA - Health Update 195, Email, 6 July 2021

### **COVID-19 VACCINATION REPORTING REQUIREMENTS EXTENDED FOR RESIDENTIAL AND HOME CARE PROVIDERS**

The Australian Government has introduced new COVID-19 vaccination reporting requirements for residential and in-home aged care providers.

The expanded reporting is necessary to identify the potential level of risk each aged care service faces in the context of a COVID-19 outbreak in residential, in-home and community settings. It will inform how those services, residents and workers can best be supported.

While the new reporting requirements start on **27 July 2021**, all providers are encouraged to start reporting voluntarily now.

Details of the reporting requirements on COVID-19 vaccination for aged care providers is available on the Department's website - [Reporting requirements on the COVID-19 vaccination status of aged care workforce](#).

### **Changes to residential aged care reporting**

**Starting on 27 July 2021**, it will become a formal requirement for residential aged care providers to report weekly on the COVID-19 vaccination status of residents through the online [My Aged Care provider portal](#). This is in addition to the current reporting on workforce vaccination.

The tool records de-identified data on the:

- total number of residents and workers at each aged care service and, of those,
- the number of residents and workers who have received a first dose of a COVID-19 vaccine
- the number of residents and workers who have received all required doses of a COVID-19 vaccine.

The purpose of the new reporting requirement is to provide greater health security for residents in their care. It is especially important for all residential aged care facilities to report weekly on the COVID-19 vaccination status of new residents to ensure ongoing vaccine access for this vulnerable group of senior Australians.

The following fact sheets are available to support providers, residents and workers:

- [Guidance for residential aged care providers on reporting resident and workforce COVID-19 vaccinations](#)
- [Information for residents on COVID-19](#)
- [Information for residential aged care workers](#)

**Source:** DOH - Email, 14 July 2021

## **CONTINUOUS IMPROVEMENT**

- TLH have received a grant to purchase robots to assist with manual handling tasks, we expect to see these onsite in October/November. Renovations around the home will occur to accommodate the use of the robots.
- Resident Collaboration Committee Photos have been put up in Resident neighbourhood dining rooms, helping resident to identify their neighbourhood representatives.
- New look Lifestyle Uniforms, to ensure distinction between lifestyle and physio departments.

## **COMPLIMENTS, COMPLAINTS AND SUGGESTIONS**

During June we received complaints about Care (6), Environment (2), Food & Beverages (4), Management & Communication (2), Safety (1), Staff (3), and Wellbeing (5). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during June we received compliments about Care (1), Customer Service (1), Education/ Training (1), Food & Beverages (12), Lifestyle (2), Maintenance (1), Other (3), and Staff (17) and a total of six suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.



We congratulate and farewell Kim as we wish her every success and happiness in her new job!



Steph  
19th July 2021



...to name our Robots

Rewards for the 3 best Robot Names!

Please send in your suggestions to  
reception by returning this slip or by  
emailing Stephanie Timmis at  
[stephanie.timmis@tlhome.com.au](mailto:stephanie.timmis@tlhome.com.au)  
By 30th August 2021



Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Robot Name/s: \_\_\_\_\_

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: [britany.mickan@tlhome.com.au](mailto:britany.mickan@tlhome.com.au)

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

## We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at [stephanie.timmis@tlhome.com.au](mailto:stephanie.timmis@tlhome.com.au) or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to  
**Tanunda Lutheran Home**  
 Attn: Quality & Training Officer  
 27 Bridge Street TANUNDA SA 5352



**Tanunda**

Lutheran Home Inc.

Enriching the lives of our older people

**NURIOOTPA**  
RETIREMENT LIVING

**TANUNDA**  
RETIREMENT LIVING

# Share Your Experience



## Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

On Behalf of: \_\_\_\_\_

If you have provided your details but wish to remain anonymous please tick the box ☐

### OFFICE USE ONLY

Date Received: \_\_\_\_\_ CCS Log No: # \_\_\_\_\_

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: \_\_\_\_\_

Follow Up: 3 Months ☐ N/A ☐

6 Months ☐

9 Months ☐

Other: \_\_\_\_\_

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: \_\_\_\_\_  
☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

Thank you for being apart of our TLH family, our people are our greatest strength,  
we appreciate your comment.






# Do you have a concern?

You can do something about it.  
If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822  
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager  
Phone: 08 8563 7737 or Email: [sharon.berridge@lutheranhome.com.au](mailto:sharon.berridge@lutheranhome.com.au)

Lee Martin, Chief Executive Officer  
Phone: 08 8563 7718 or Email: [lee.martin@lutheranhome.com.au](mailto:lee.martin@lutheranhome.com.au)

- If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission
- Anyone can lodge a concern
  - It's free
  - You can be anonymous or confidential
  - You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
  - Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



Phone  
1800 951 822



Web  
[agedcarequality.gov.au](http://agedcarequality.gov.au)



Write  
Aged Care Quality and Safety Commission  
GPO Box 9819 in Your Capital City



**Tanunda**  
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



*Share Your Experience*



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

**Care Manager - Sharon Berridge**  
(including Allied Health & Lifestyle)  
[sharon.berridge@lutheranhome.com.au](mailto:sharon.berridge@lutheranhome.com.au) or Ph: 8563 7757

**Operations Manager - Rachel Strudwick**  
(Including Catering, Food Service  
WHS, Maintenance)  
[rachel.strudwick@lutheranhome.com.au](mailto:rachel.strudwick@lutheranhome.com.au) or Ph: 8563 7771

**Financial Controller - Ameya Bhiskute**  
(Accommodation & Fees/Bonds)  
[ameya.bhiskute@lutheranhome.com.au](mailto:ameya.bhiskute@lutheranhome.com.au) or Ph: 8563 7768

# Staff News



welcome  
TO THE TEAM



**Chloe Heinrich**  
Hospitality



**Debra Hook**  
Hospitality

## Employees of the Month

June 2021

Congratulations

*Stephanie Crawford*

Jessica Thompson, Joylene Bvunzawaybaya, Herrah Chawla, Kim Chau, Jane Jokudu, Pritgya Panta, Lilly Fletcher, Kelly Templer, Carol Winter, Anish Appukuttan, Rebecca l'Anson, Rita Joshi, Wesley Kiprono, Moses Koegi, Joyce Lovell, Deb Milton, Alyson Nicolai, Rebecca Hudson, Tanya Snaith, Stephanie Timmis, Michael Henstchke, Mike Schultz, Anne Harris, Hannah Norwood, Jill Brinkes, Michelle Manning, Nicole Lister, Joyce Lovell, Quinnie Ahrns, Maddy Williams, Iris Egel, Jane Long, Belinda Barmby, Pauline Andala, Aimerance Nyamahoro, Tara Bhandari, Steph Crawford, Steve Bennick, Jenny Irrang, Lifestyle Staff, Maintenance Team, Reception Staff & Kitchen Staff



*"Thank you for being their for our staff and residents"*

*" Thank you for advocating for our residents to ensure they have best care"  
Thank you for the bright smiles and warm words of welcome"*

*"Thank you for going above and beyond for residents & Co-workers"*

All compliments Submitted are also reviewed annually for our Value based awards.



*Aidacare Healthcare  
Equipment*

**Aspire Altitude  
Vertical Lift Chair**



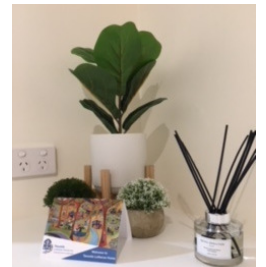
You may have seen our amazing new respite rooms with the Altitude Vertical lift Chair:

- Fully lie down mode
- Fully rises to get you out of chair
- Able to have lifters underneath chair
- Handles at back to transport a resident around



**\$1946.25 GST Free** (not including freight) Please Note: purchase subject to assessment by Physio OT (*Pls contact Sharryn to arrange*) (retail price over \$2500.00)

Contact: Sharryn Hueppauff  
Placement Coordinator on 8563 7713



*Introducing the new look lifestyle team.*



*The team have new uniforms; let us know what you think.*



*Colour in your master piece .. Be creative and colourful*

*Name:* \_\_\_\_\_



# HELP WANTED - HELP WANTED

The laundry are looking for some volunteers who would like to assist with some ironing.

On a **Tuesday** and/or a **Thursday** morning  
Between **10-11.30am**

Either on a regular basis or a once off.

Don't need to be an expert, all skill levels will be welcomed.

If you are available to help please either see  
Tammy Wastell or Belinda Treloar



What did one toilet say to  
the other toilet ?

You look a little flushed..



*ABG Artist of the  
Month  
Liz Mahoney*

## *Rental Opportunities*

*Recliners - Fridges -  
Carparks*

**Recliners** - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

**Fridges** - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

**Car parking** - Residents with a car, we can offer you a reserved park .

**Chairs (normal chair) -**

Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and  
agreements, please see  
Sharryn Hueppauff.







# COVID-19 Vaccine Q&A

**Presented by Julian Soriano**  
**onsite clinical pharmacist**

This forum is an opportunity for you to ask any lingering questions you have about the COVID-19 vaccine. Julian will also provide an update about the latest COVID-19 Vaccine information.

**Where:** The Social Centre

**Where:** Thursday the 19th of August @2pm  
If postponed due to Lockdown we will reschedule to:  
Monday the 20th of September @2pm

**RSVP:** Reception: 8563 7777  
Belinda Treloar: 8563 7775  
Carolyn Redden: 8563 7709

Please bring along your phone or smart device as this presentation will be interactive. If you do not have one of these you will still be able to participate.



**Tanunda**  
**Lutheran Home Inc.**  
Enriching the lives of our older people

Aged Care Employee Day gives the whole of Australia an opportunity to celebrate and honour the people who care for and support the older members of our community.



**Tanunda**  
Lutheran Home Inc.

Join us on Friday the 6th and Saturday the 7th of August in thanking all the staff at TLH for their hard work and dedication on

# Aged Care Employee Day



  
**Aged Care  
Employee Day**  
*Thanks for caring*







"Enjoying life with fun & friends"

# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact  
Tania Miller on 8563 7729 if you would  
like to know more or would like to make  
a time to have a chat.**

*Barossa Club - Fun, Games,  
Food, Friends & Memories....*





**"Enjoying life with fun & friends"**

*Always something happening in the  
.. Barossa Club ..*



How much fun does the latest addition  
to the Barossa Club look ?

Whenever you walk past the Barossa  
club all you hear is laughter.

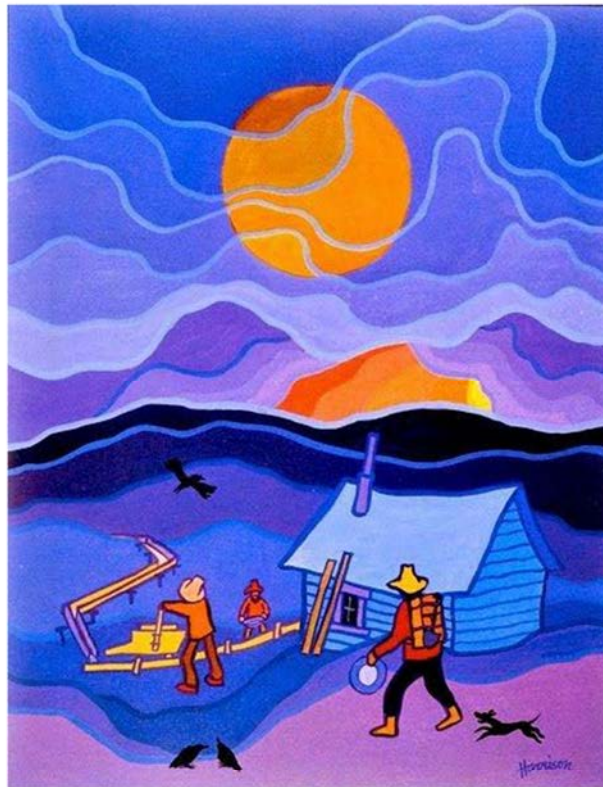
Tania and the amazing staff are always  
going the extra mile to make sure  
everyone leaves with a smile ....

Well Done Team !!





**Ted Harrison** – Edward Hardy 'Ted' Harrison (August 28, 1926 – January 16, 2015) was a Canadian naïve artist celebrated for his paintings depicting northern Canada. He was born in the English village of Wingate and moved to Canada in 1968, settling in the Yukon. His love for the people and landscape of Yukon brought him national and international acclaim. He was also an illustrator and author. Ted Harrison helped raise money for the Alzheimer's Foundation after losing his wife to the disease. He died in his sleep at the age of 88.



*Colour in your master piece .. Be creative and colourful*



## TLH are working with the Grow Love community Gardens and sorting bottle tops for recycling.

We have been really pleased to see staff, visitors and Independent living residents support this initiative and have also donated their bottle tops.

A few important points — Please ensure that all bottle tops are clean and are not soiled

- ✗ Metal lids (wine lids) are not part of this initiative and can not be accepted
- ✗ Lids off of jars and other items are also not appropriate such as vegemite lids and chemical tops.
- ✗ Small lids from soft drink bottles are also not accepted

- 3lt milk bottle tops
- Large Juice bottle tops
- Large flavour milk tops



### NEIGHBOURHOOD LEADERS

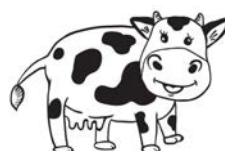
ABG	Trevor Frost	100
TRINITY COURT	Pat Hunter	104
PROTEA	Barb White	105
WARATAH	Dudley Koch	86

Tally's are placed in the neighbourhood dining rooms on the pinboards each Tuesday with Results.

**Residents Meeting**  
**Thursday 5th August 1.30pm**  
**in the Chapel**



What's a cows favourite holiday ?



**MOO years eve ...**

## Residential Lifestyle Activities



Glen Noack

Margaret Grossman



Margaret Meyer

Ella Larwood



## OLYMPIC WEEK



Hedley Mates

Gwen Smith

Lily Kernich





## VOLUNTEER NEWS



### Message from Belinda Lifestyle / Volunteer Coordinator

Volunteers and Independent Living Residents have been invited to attend a Covid-19 Vaccine information session. If you would like to attend please RSVP to either Belinda or Carolyn. We would love to have all our volunteers and Independent Living Residents fully informed when making a decision to have the vaccine or not.—We hope to see you all there.

## THANK YOU FOR VOLUNTEERING

"VOLUNTEERS DO NOT NECESSARILY HAVE  
THE TIME; THEY JUST HAVE THE HEART."  
- ELIZABETH ANDREW

### Volunteering

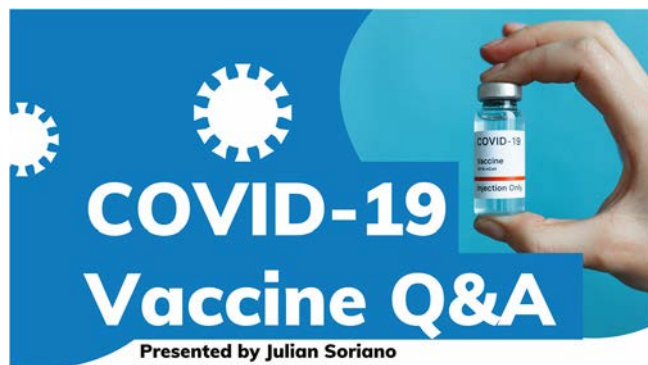
If you would like to become a volunteer at TLH please either send me an email at [belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au) or you can call reception.

*Happy Birthday*

To all of our wonderful Volunteers

for the month of

*AUGUST*



Presented by Julian Soriano  
onsite clinical pharmacist

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## ACTIVITY PROGRAM

### Sunday 1st

10.00 Church Service  
1.15 Balloon Tennis  
2.30 Cards  
4.00 1x1

Chapel  
Grevillea  
Grevillea  
ABG

### Monday 2nd

11.00 Worship Service  
1.30 Dressed For Success  
1.30 Card / Bingo  
2.30 Art and Craft

Acacia Lounge  
Chapel  
Grevillea  
Grevillea

### Tuesday 3rd

From 10am Knit & Natter  
10.30 Moovers & Groovers  
10.30 Memory Game  
1.30 Olympic Carpet Bowls/Happy Hour  
1.30 Men's Group  
1.30 Ladies Pampering  
3.30 Quiz / Reminiscing

Protea  
Chapel  
Acacia  
Chapel  
Men's Shed  
Grevillea  
Grevillea

**PLEASE NOTE : ALL LIFESTYLE  
PROGRAMS MAY BE SUBJECT TO  
CHANGE.**

**Wednesday 4th**9.00 - 12noon [TLH Library Open](#)

10.00 Bottle Top Sorting

10.30 Art Therapy

11.00 Waratah Service

1.30 Arm Chair Exercises

2.00 **1st Blessing of the Month**

1.30 Olympic Volleyball

3.30 Current Affairs



Trinity  
Protea  
ABG  
Waratah  
Acacia Lounge  
Acacia  
Chapel  
Grevillea

**Thursday 5th**

From 10am CAFÉ SHOP TROLLEY

10.15 [Card Making with Irene](#)

10.30 Wonders of Nature

10.30 Moovers &amp; Groovers

1.30 Water Ping Pong

1.30 Residents Meeting

1.30 Switch Cards

Protea  
Grevillea  
Chapel  
Grevillea  
Chapel  
Library

**Friday 6th**9.00 - 12noon [TLH Library Open](#)

10.00 Hoy

10.30 Walking Group

11.00 Church Service Protea / TC

1.30 Social Bingo

1.30 Memory Games / Happy Hour Spiders

3.30 Movie Time

Trinity  
Waratah  
Leaving from Acacia  
Chapel  
Waratah / Protea  
Acacia  
ABG

**Saturday 7th– Aged Care Employee Day**

1.30 Keep Moving

3.30 Tunnel Ball

Grevillea  
Grevillea

**Sunday 8th**

10.00 Church Service

1.15 Sing Along

2.30 Reminiscing

4.00 1x1

Chapel  
Acacia  
Grevillea  
ABG

**Monday 9th**

10.15 Singing in the Chapel

11.00 Worship Service

1.30 Social Bingo

1.30 Card / Bingo

2.30 Art and Craft

Chapel  
Acacia Lounge  
Chapel  
Grevillea  
Grevillea

**Tuesday 10th**

From 10am Knit &amp; Natter

10.30 Moovers &amp; Groovers

10.30 **Memory Game**

1.30 Billiard Bowls /Happy Hour

1.30 Men's Group

1.30 Ladies Pampering

3.30 Quiz / Reminiscing

Protea  
Chapel  
Acacia  
Chapel  
Men's Shed  
Grevillea  
Grevillea

**Wednesday 11th**9.00 - 12noon [TLH Library Open](#)

10.00 Bottle Top Sorting

10.30 Art Therapy

11.00 Waratah Service

1.30 Arm Chair Exercises

1.30 Ten Pin Bowling

3.30 Current Affairs



Trinity  
Protea  
ABG  
Waratah  
Acacia Lounge  
Chapel  
Grevillea

**Thursday 12th**

From 10am CAFÉ SHOP TROLLEY

10.30 Wonders of Nature

10.30 Moovers &amp; Groovers

1.30 Rapp Ball

1.30 Bean Bag Toss

1.30 Switch Cards

Grevillea  
Chapel  
Grevillea  
Protea  
Library

**Friday 13th**9.00 - 12noon [TLH Library Open](#)

10.00 Hoy

10.30 Walking Group

11.00 Church Service Protea / TC

1.30 Social Bingo

1.30 Memory Games

3.30 Movie Time

Trinity  
Waratah  
Leaving from Acacia  
Chapel  
Waratah / Protea  
Acacia Lounge  
ABG

**Saturday 14th**

1.30 Art and Craft

3.30 Pampering

Grevillea  
Grevillea

**Sunday 15th**

10.00 Church Service

1.15 Balloon Tennis

2.30 Cards

4.00 1x1



Chapel  
Grevillea  
Grevillea  
ABG

**Monday 16th**

10.15 Singing in the Chapel

11.00 Worship Service

1.30 Social Bingo

1.30 Card / Bingo

2.30 Art and Craft

Chapel  
Acacia Lounge  
Chapel  
Grevillea  
Grevillea

**Tuesday 17th**

From 10am Knit &amp; Natter

10.30 Moovers &amp; Groovers

10.30 **Memory Game**

1.30 Water Ping Pong

1.30 Men's Group

1.30 Ladies Pampering

3.30 Quiz / Reminiscing

Protea  
Chapel  
Acacia  
Chapel  
Men's Shed  
Grevillea  
Grevillea

**Wednesday 18th**9.00 - 12noon [TLH Library Open](#)

10.00 Bottle Top Sorting

10.30 Art Therapy

11.00 Waratah Service

1.30 Arm Chair Exercises

1.30 **The Gawler Strummers**

3.30 Current Affairs

Trinity  
Protea  
ABG  
Waratah  
Acacia Lounge  
Chapel  
Grevillea**Thursday 19th**

From 10am CAFÉ SHOP TROLLEY

10.30 Wonders of Nature

10.30 Moovers &amp; Groovers

1.30 Cooking

1.30 Arm Chair Travel

1.30 Switch Cards

Grevillea  
Chapel  
Grevillea  
Waratah  
Library**Friday 20th**9.00 - 12noon [TLH Library Open](#)

10.00 Hoy

10.30 Walking Group

11.00 Church Service Protea / TC

1.30 Social Bingo

1.30 Memory Games

2.00 Sing Along with Steve

3.30 Movie Time

Trinity  
Waratah  
Leaving from Acacia  
Chapel  
Waratah / Protea  
Acacia Lounge  
Grevillea  
ABG**Saturday 21st**

1.30 Keep Moving

3.30 Tunnel Ball

Grevillea  
Grevillea**Sunday 22nd**

10.00 Church Service

1.15 Sing Along

2.30 Reminiscing

4.00 1x1

Chapel  
Grevillea  
Grevillea  
ABG**Monday 23rd**

10.15 Singing in the Chapel

11.00 Worship Service

1.30 HOY

1.30 Card / Bingo

2.30 Art and Craft

Chapel  
Acacia Lounge  
Chapel  
Grevillea  
Grevillea**Tuesday 24th**

From 10am Knit &amp; Natter

10.30 Moovers &amp; Groovers

10.30 **Memory Game**

1.30 Mini Putt Putt

1.30 Men's Group

1.30 Ladies Pampering

3.30 Quiz / Reminiscing

Protea  
Chapel  
Acacia  
Chapel  
Men's Shed  
Grevillea  
Grevillea**Wednesday 25th**9.00 - 12noon [TLH Library Open](#)

10.00 Bottle Top Sorting

10.30 Art Therapy

11.00 Waratah Service

1.30 Arm Chair Exercises

1.30 Wheel Of Fortune

3.30 Current Affairs

Trinity  
Protea  
ABG  
Waratah  
Acacia Lounge  
Chapel  
Grevillea**Thursday 26th**

From 10am CAFÉ SHOP TROLLEY

10.30 Wonders of Nature

10.30 Moovers &amp; Groovers

1.30 Bean Bag Toss

1.30 Target Toss

1.30 Switch Cards

Grevillea  
Chapel  
Grevillea  
Chapel  
Library**Friday 27th**9.00 - 12noon [TLH Library Open](#)

10.00 Hoy

10.30 Walking Group

11.00 Church Service Protea / TC

1.30 Social Bingo

1.30 Memory Games

3.30 Movie Time

Trinity  
Waratah  
Leaving from Acacia  
Chapel  
Waratah / Protea  
Acacia Lounge  
ABG**Saturday 28th**

1.30 Art and Craft

3.30 Pampering

Grevillea  
Grevillea**Sunday 29th**

10.00 Church Service

1.15 Balloon Tennis

2.30 Cards

4.00 1x1

Chapel  
Grevillea  
Grevillea  
ABG**Monday 30th**

10.15 Singing in the Chapel

11.00 Worship Service

1.30 HOY

1.30 Card / Bingo

2.30 Art and Craft

Chapel  
Acacia Lounge  
Chapel  
Grevillea  
Grevillea**Tuesday 31st**

From 10am Knit &amp; Natter

10.30 Moovers &amp; Groovers

10.30 **Memory Game**

1.30 Carpet Bowls / Happy Hour

1.30 Men's Group

1.30 Ladies Pampering

3.30 Quiz / Reminiscing

Protea  
Chapel  
Acacia  
Chapel  
Men's Shed  
Grevillea  
Grevillea





## Summer Olympics Word Search

Football  
Taekwondo  
Handball  
Basketball  
Triathlon

Tennis  
Rugby  
Archery  
Badminton  
Diving

Trampoline  
Sailing  
Athletics  
Equestrian  
Judo

Volleyball  
Shooting  
Fencing  
Gold  
Swimming

A R C H E R Y A G O L D I J I X V F Q T  
T R I A T H L O N K W D R K I E B H T R  
S S Q C P Z X E P R R M N J P D D I T A  
N X N F E Q X O V O L L E Y B A L L P M  
T I P E J U D O T U A T V O S D W P P P  
J F M P C N N B R H Y L T I A Q D C U O  
Z B A R N S H J I Y Y U R W I B B T Y L  
R J W R J A Q H A N D B A L L A O E V I  
V C C R U D K Z E F X S Y J I D E N A N  
X N E N A A V O Q K U H C N N M F N T E  
N S B W O S Z B U Q D M P A G I G I H D  
I K F E D B H T E S W I M M I N G S L T  
W F O W S M V W S E T C R D J T U C E B  
V C O I K S L Z T U B O Z T R O A R T D  
H Z T Y D O S P R O U D I V I N G U I K  
V Z B U D I G S I W U D M Z A I N G C Y  
J Z A J F J M H A F E N C I N G E B S K  
O X L G R L M C N S H O O T I N G Y P T  
Z R L H X T A E K W O N D O U P M K J V  
C A V B A S K E T B A L L O O Y V D J S