



**Tanunda**  
Lutheran Home Inc.

# TIT

# TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Fax: (08) 8563 7799
- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"

*John 13:34*

## MAY 2021

*Lutheran  
Church  
of Australia*



# Chaplain's Reflection



"May the Fourth be with you" is the greeting called out on **Star Wars** Day, which incidentally is the day the first robot visits TLH.

"Mayday, Mayday" is the cry from the bridge of a warship which has just been torpedoed in **Battle of Midway**.

Dad enjoyed seeing the silver screen lit up by screen-siren Mae West. Movies like **I'm No Angel**, and **Go-in' To Town**.

So May is probably a good month for going to the movies, although with COVID-19 delaying releases, and Netflix getting the gigs there doesn't seem to be much on offer at the local cinema these days.

Media manager and promotor, Harry M Miller (dec) once said that "the Movie Cinema is the New Church". He was partly right, in that people go to the movies to see a great story, identify with a heroic figure, witness a battle that feels a bit like the struggles we go through, and get an ending that is satisfying if not always happy. Which is a little like what going to church gives us – a narrative that our souls crave, about a God loving people madly, no matter how disappointing they are, and continuing to love even after the beloved has thrown it back in his face. It's a narrative that is more story than movie in church, and also more participatory even though in the movies we too may feel one with our favourite actors or actresses.

In church life we are up to the Easter part of the story – continuing each week to hear about how things are different when life, rather than death, is the daily reality. And within this month of May we soon come to Pentecost – the dramatic story of the introduction of the Holy Spirit to the world.

Enjoy a good movie this month if you can. Be swept up in the drama of a great epic, or be inspired by the warmth of surprising love found in a morbid setting. And recognise that we love movies because we are spiritual beings, with hopes and dreams and connections and struggles and triumphs, just like God made us.



**Chaplain Ian.**



HAPPY BIRTHDAY

## MAY



- 3 Eleanor Collis
- 3 Edna Pfitzner
- 6 Audrey Zerk
- 7 Pat Hunter
- 7 Sylvia Steinberner
- 9 Iris Ellis
- 10 Sarah (Jean) Fitzgerald
- 14 Neville Alderslade
- 17 Loris Fiebiger
- 23 Bev Kernich
- 24 Toini Mustalahti
- 24 Joyce Lehmann
- 26 Judith Rosenzweig
- 29 Adrienne Mickan



*Celebrating Mothers all over the world..*

The **DEADLINE** for all:  
News / Information / Stories - June 2021 edition is

**Monday 24th May**

**Email: [rachel.strudwick@tlhome.com.au](mailto:rachel.strudwick@tlhome.com.au)**

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

# Welcome



## Respite

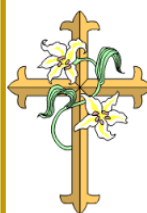
Brenda Button

Ian Young

## Permanent

Judith Menzel

Judith Rosenzweig



## DEATHS

*Our deepest sympathy  
to the families of*

Stuart Wilkinson 6th April

Hilda Randall 16th April

*May they rest in peace ..*



## SHOPPING BUS



**Please remember to book -**

They will only be travelling to Tanunda until further notice. Thank you

Wednesday	5th May	Tanunda
Wednesday	12th May	Tanunda
Wednesday	19th May	Tanunda
Wednesday	26th May	Tanunda

The Bus will pick **IL Residents** up from their home - **ONLY** if you have booked - TLH (in home) Residents must be at reception by 9am and must book.



## From the CEO



Well, we have had the Vintage Festival and the parade. The weather has been perfect to ensure bumper crowds at all the events. I would like to express my gratitude to Greg Hamilton and the volunteers for the work in putting our float together for the Vintage Parade – as it happens, we took out the Best Display of Vintage Clothing award. Lots of people throughout the region hopefully assisting in the economic recovery following the past months of the COVID-19 pandemic. Have you had your COVID inoculations yet? Please do get them as it will be the only way we will ensure the safety of the community. It is also time to consider having a flu injection. To enter the Home as of the 1 June 2021 you will need evidence of having received one.

As you would be aware the Federal Budget is to be handed down in the coming days. In the aged care industry, we have our fingers crossed that there will be some financial considerations to ensure the future of aged care and improve the financing of improved access to care required by our ageing population. I will ensure to keep you all informed of the future outcomes of the Budget and Royal Commission as they happen.

At Tanunda Lutheran Home we have a lot happening. To ensure we keep up to date with computer software we are replacing 30 computers around the Home. This will assist in meeting the current safety requirements and reduce the possibility of viruses or other IT issues. As previously mentioned, the Robots are Coming. I have signed the contracts, paid the deposit and work is about to commence on the altering of some doors to ensure the Robots can get around easily. The Robots will be assisting the staff with back of house hotel service tasks allowing staff to spend more time caring and dealing with our residents. One special Robot will travel the corridors disinfecting areas as it moves around using a strong Ultraviolet light. This will be an exciting time for TLH as we will be the first in SA to use this type of technology.

The sales of ILUs in Nuriootpa have been going very well over the past months thanks to the work of Greg Hamilton and well supported by Carolyn Redden. Five of the current seven units are now sold. We have made the decision to now start construction of a further five units – a tender will be offered to local builders soon. It is hoped that building materials such as timber will be available to allow for the work to be completed in a reasonable timeframe.

You may have heard on the grapevine that Cherie Cheyne – our Chief Finance Officer resigned and has accepted a position at an Aged Care facility in Mannum. Cherie has been with TLH for over 15 years. In her many roles she is respected for the outcomes achieved over the many years. TLH is in a much better place because of her financial / Payroll, IT and Administration experience. Cherie has always had time to speak to staff and will be missed by all who have had dealings with her. We all wish Cherie all the best in her new role as the Chief Executive Officer of the Aged Care home in Mannum. Until a replacement in the position of finance is found via a recruiting process, I have asked assistance from another Lutheran Aged Care Service – LHI to provide assistance in completing the many reports required to meet the aged care system processes.

***Please remember, wash your hands and use sanitizer.***

*“One can choose to go back toward safety or forward toward growth. Growth must be chosen again and again; fear must be overcome again and again.” —Abraham Maslow*

# Quality Information

from Kim & Steph

People, Culture & Customer Service Manager &  
Quality & Training Officer



## ORGANISATIONAL GRIEF & BEREAVEMENT SUPPORT & ADVICE FOR AGED CARE PROVIDERS

The Australian Centre for Grief and Bereavement (ACGB) has been funded to provide grief and loss support for those living, working and caring in the aged care sector, who have been impacted by COVID-19.

You may know that they are available to provide support and advice to individuals including aged care recipients, their loved ones and aged care staff over the phone and in person by connecting with them via freecall number **1800 22 22 00**. They have also been funded to provide support to organisations.

If you are an aged care provider, your residents, communities and staff may be grieving the loss of a loved one due to COVID-19, or they may be feeling loss due to what impact COVID-19 has had on their lifestyle: missing their visitors, routines or events that were important to them. ACGB can help your organisation plan your response to COVID-19. Aged care providers Australia wide can contact the ACGB for advice and support, anonymously if you prefer.

This support can include:

- Advice on how to help individual residents, community members and staff
- Planning for staff care and facility meetings
- Community meetings
- Memorialisation events
- Requesting a visit to your facility for intensive support
- Direction to appropriate resources

Referrals to counselling and support where required.

Reach out to the Australian Centre for Grief and Bereavement from 9am-5pm AEST on **1800 22 22 00** or through their website: [www.aged.grief.org.au](http://www.aged.grief.org.au).

Source: DOH Update 9—April 2020 - Email, 9 April 2021

## SOUTH AUSTRALIAN FLU VACCINATION REQUIREMENTS

The South Australian government has directed that all staff and visitors to a residential aged care facility must be vaccinated against 2021 seasonal influenza by 1 June 2021.

In addition, the Australian COVID-19 vaccination program is currently underway in RACFs. COVID-19 vaccination is voluntary, but strongly encouraged for both residents and staff.

Providers are advised that if a residential aged care facility is unable to access an adequate supply of the influenza vaccine by 1 June 2021, or an employee or contractor is unable to receive the influenza vaccination by 1st June 2021 due to the timing of their COVID-19 vaccination:

- The facility must notify the Department for Health and Wellbeing within two business days of 1 June 2021 to advise that staff have not been able to be vaccinated due to the above reasons (include the timing of COVID-19 vaccinations being offered to staff, where applicable).
- This notification should be made by email to:

[officeforageingwell@sa.gov.au](mailto:officeforageingwell@sa.gov.au)





- The facility must take all reasonable steps to ensure that all staff are vaccinated as soon as reasonably practicable after 1 June 2021, or following the preferred minimum interval of 14 days between administration of the COVID-19 vaccine and the influenza vaccine.

Source: DOH COVID-19 Update - Email, 23 April 2021

## CONTINUOUS IMPROVEMENT

- Staff Flu Vaccinations will occur onsite between 30th April and 13th May 2021. All staff must have a flu vaccination by the 1st June 2021.
- We welcome 1 new Resident Representative to our Resident Collaboration Committee.
- SIRS Committee implemented

## COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During March we received complaints about Care (4), Customer Service (1), Environment (3), Food & Beverages (7), Other (1), Staff (2) and Wellbeing (1) and we are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during March we received compliments about Care (3), Customer Service (2), Food & Beverages (11) Lifestyle (1), Other (2), and Staff (30) and a total of thirteen suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Thank you to all the Mums, for always sharing your smiles, your hugs, your words of encouragement and for all the countless times you've been there for us.

Happy Mothers Day to All, Kim & Steph



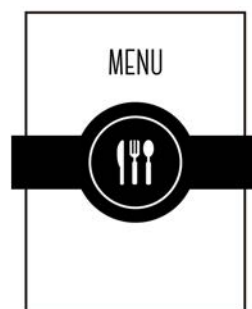
## TLH WINTER MENU PLANNING



*What's for **Breakfast**?*

*What's for **Lunch**?*

*What's for **Dinner**?*



Tanunda Lutheran Home are seeking the input of residents and their relatives in creating the 2021 Winter menu. If you have a suggestion or recipe you would like to share, please forward to Rae Maurer, Catering Coordinator by dropping a copy off at reception, completing a "Share Your Experience form" or via email [rae.maurer@tlhome.com.au](mailto:rae.maurer@tlhome.com.au) by the **14th May 2021**.

The final menu is sent to our Nutrition Consultant for approval, as per the guidelines adapted from the Nutrition Checklist for Menu Planning, Best Practice Food & Nutrition Manual for Aged Care Facilities (2015).

Your suggestions are greatly appreciated.

## UNDERSTANDING DEMENTIA FOR CARE RECIPIENTS

By Kasha Wiencierz

On the 15th April, Residents, Relatives, Volunteers and Independent Retirement Living Residents (IRL) had the opportunity to attend an information session on Dementia, Mental Health in the Older Person and Risks for the Older Person. The sessions aim was to clarify what is Dementia, how Dementia influences a person's functionality, how to communicate with people with Dementia, ways to build partnerships, most common behaviours and why they occur and the treatment of Dementia. The information session ran for one hour with a private question and answer time available at the end. Attendees were provided with handouts outlining the most common types of Dementia and common factors to aggressive Behaviour. Copies of both handout and the presentation "Understanding Dementia for Care Recipients" are available upon request at [stephanie.timmis@tlhome.com.au](mailto:stephanie.timmis@tlhome.com.au)

We would like to thank everyone who attended.



Left to Right: Kasha Weincierz, Cheryl Frost, Barb White & Ros Whiteford

## REMINDERS FOR VISITORS

All visitors to the home must pre-book their visit by contacting the booking line on 8563 7730 from 10.30am to 3.30pm weekdays or with the RN on weekends by calling 8563 7712.

Residents and Customers are welcome to visit the café, however, COVID-19 Emergency Management Directives require TLH to avoid any visitor, visiting with our Residents in common areas, including the Café, Dining Rooms and lounges.

To avoid disappointment we encourage residents and visitors to contact Shu, Café Coordinator at the café directly on 8563 7756 for a booking or provide an alternative suggestion.

## OUR VISION & VALUES

**PHILANTHROPY:** We are proud of our genuine acts of

KINDNESS, COMPASSION & GENEROSITY

**COLLABORATION:** We value TEAMWORK & COHESION through willing PARTICIPATION & honest COMMUNICATION

**PROTECTION:** We protect everyone's SAFETY by actively ADVOCATING & REPORTING. We are committed to our DUTY.

**CHOICE:** We RESPECT all people's right to choose through out actioned AWARENESS of human DIVERSITY & DIGNITY

**PROFESSIONALISM:** We represent our Organisation through our PRESENTATION, COMPETENCE & COMMITMENT to our professional DEVELOPMENT.

**CUSTOMERS:** We value our customers EXPERIENCE & JOURNEY by dedicating ourselves to the provision of exemplary SERVICE to them & their LOVED ONES.

**POSITIVITY:** We take PRIDE in our Organisation & our culture. We nurture our culture through ACKNOWLEDGEMENT, GRATITUDE &

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: [britany.mickan@tlhome.com.au](mailto:britany.mickan@tlhome.com.au)

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

## We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

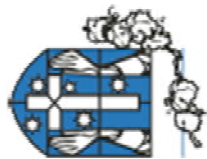
The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Vickers (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at [stephanie.vickers@tlhome.com.au](mailto:stephanie.vickers@tlhome.com.au) or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to  
Tanunda Lutheran Home  
Attn: Quality & Training Officer  
27 Bridge Street TANUNDA SA 5352



**Tanunda**

Lutheran Home Inc.

Enriching the lives of our older people

**NURIOOTPA**  
RETIREMENT LIVING

**TANUNDA**  
RETIREMENT LIVING

# Share Your Experience





## Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

On Behalf of: \_\_\_\_\_

If you have provided your details but wish to remain anonymous please tick the box ☐

### OFFICE USE ONLY

Date Received: \_\_\_\_\_ CCS Log No: # \_\_\_\_\_

Comment Maker Acknowledged: \_\_\_\_\_

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: \_\_\_\_\_

Follow Up: 3 Months ☐ 6 Months ☐ 9 Months ☐ N/A ☐

Other: \_\_\_\_\_

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: \_\_\_\_\_

☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.*







Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

Tanunda  
Lutheran Home Inc.



- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.

Share Your  
Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

**Customer Service - Kim Hahn**  
Executive People, Culture & Customer Service Manager  
(Including Catering, Food Service, WHS, Maintenance)  
[kim.hahn@lthome.com.au](mailto:kim.hahn@lthome.com.au) or Ph: 8563 7752

**Clinical and Care - Lee Martin**  
Chief Executive Officer  
(Including Allied Health & Lifestyle)  
[lee.martin@lthome.com.au](mailto:lee.martin@lthome.com.au) or Ph: 8563 7733

**Financial - Cherie Cheyne**  
Executive Chief Finance Officer  
(Accommodation & Fees/Bonds)  
[cherie.cheyne@lthome.com.au](mailto:cherie.cheyne@lthome.com.au) or Ph: 8563 7768

# Do you have a concern?

You can do something about it.  
If you have a concern or feedback  
about the aged care you or someone  
else is receiving, you can talk to us.

1800 951 822  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager  
08 8563 7752 or [kim.hahn@lthome.com.au](mailto:kim.hahn@lthome.com.au)  
Cherie Cheyne - Chief Finance Officer  
08 8563 7768 or [cherie.cheyne@lthome.com.au](mailto:cherie.cheyne@lthome.com.au)  
Lee Martin - Chief Executive Officer  
08 8563 7733 or [lee.martin@lthome.com.au](mailto:lee.martin@lthome.com.au)

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



Phone  
1800 951 822



Web  
[agedcarequality.gov.au](http://agedcarequality.gov.au)



Write  
Aged Care Quality and Safety Commission  
GPO Box 9819, In Your Capital City





# Staff News

welcome  
TO THE TEAM



**Nicole Lister**  
Enrolled Nurse



**Kaylah Jones**  
Hospitality



**Hollie Spicer**  
Hospitality



**Ashlyn Bray**  
Carer



**Sharon Abdilla**  
Hospitality



**Ishpreet Makkar**  
Enrolled Nurse

**Thank you for all the compliments received for staff in**

**March 2021**

“Thank you to the wonderful staff for their amazing love & care provided to mum”

“Thank you for the love, care & support given day in, day out”

“Mum is wonderfully cared for”

“TLH is certainly a home in the true sense of the word”

**Well done and thank you to all the staff who received compliments for March**

Kelly Templer, Rebecca l'Anson, Jane Jokudu, Irina Shopova, Kayla McPhail, Michelle Duff, Fritz Bvunzawabaya, Jainah Chishaya, Madelyn Williams, Cathy Fahey, Michael Schultz, Sue Rogers, Shu Eguchi, Ian Lutze, Cherie Cheyne, Raylene Schrapel, Michelle Adams, Belinda Treloar, Tahnee Koch, Qunnie Ahrns, Melissa Cardinal, Belinda Barmby, Kristy Park, Tania Miller, Carol Winter, Evelyn Halay, JayJay Ongcharoen, Debbie Naeher, Trisha Cummings, Ro Hunter, Bridie Potter, Jane Long, Jen Taylor, Jill Ware, Debb Harris, & All Staff

All compliments Submitted are also reviewed annually for our Value based awards.



*Aidacare Healthcare  
Equipment*

**Aspire Altitude  
Vertical Lift Chair**



You may have seen our amazing new respite rooms with the Altitude Vertical lift Chair:

- Fully lie down mode
- Fully rises to get you out of chair
- Able to have lifters underneath chair
- Handles at back to transport a resident around

\$1946.25 *GST Free* (not including freight)

Please Note: purchase subject to assessment by Physio OT (*Pls contact Sharryn to arrange*) (retail price over \$2500.00)



*You too can have a  
Altitude Vertical Lift Chair in your  
own room*

Contact: Sharryn Hueppauff  
Placement Coordinator on 8563 7713

*Welcome*

Reminder on visiting your loved  
ones during COVID-19 ...



All visitors to the home must pre-book their visit. It is paramount that arrangements are made prior to arriving at the Home due to the current COVID-19 and Influenza checks that must be conducted on anyone entering TLH. Please be advised from the 1st of June all visitors must provide evidence of receiving their 2021 flu vaccination to be allowed entry into TLH.

Appointments can be arranged by contacting the booking line on 8563 7730 from 10.30am to 3.30pm Monday to Friday and 8563 7712 for weekends to the registered nurse.

*Please Note:*

- Reception is the only door to enter during office hours 8:30am to 4:00pm. – Monday to Friday.
- For afterhours and weekends, please enter through the Protea doors, located near the Chapel.

**Please note: No visitors are to be in the communal areas this includes watching or participating with group activities — All visits to loved ones must stay within their rooms. Thank you for understanding**

*family*





*Happy 102nd Birthday Nel  
May your day be as perfect  
as you are ....*

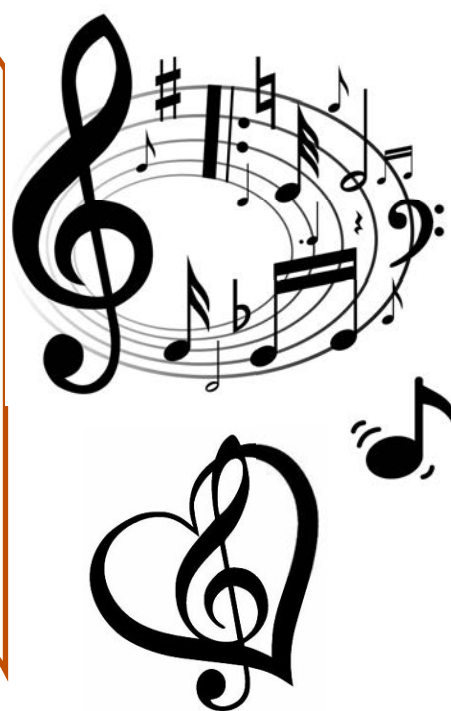


**The Valley Voices are back .....**

**Please come along and enjoy !!**

**Date: 1st of June - Time: 1.30pm - Where: Chapel**

**Come along and listen to the beautiful signing of the Valley Voices. There will be a range of Old time songs and Christian music .....**







Helen McNicol TLH 's assistant chaplains grandchildren laying the wreath at the **Anzac Day Service**; pictured, on L: Felix McNicol (10), and Leroy McNicol (8).

*In Helens words :*

*"They did a Stirling job, and I was very proud of them!"*



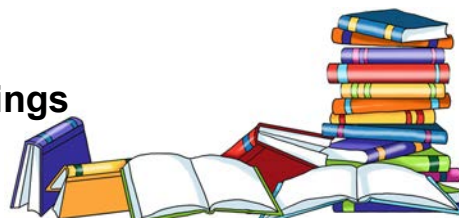
**ANZAC DAY**



## LIBRARY OPEN

**Wednesday and Friday mornings**

**From 9am**



### *Rental Opportunities*

*Recliners - Fridges - Carparks*

**Recliners** - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

**Fridges** - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

**Car parking** - Residents with a car, we can offer you a reserved park .

**Chairs (normal chair)** - Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and agreements, please see Sharryn Hueppauff.



**ABG Artist of the Month**

**Raelene Graetz**



# *Thank you*

to The Great Revival Shop Inc. Tanunda, for your great generosity! Your donation has purchased a much needed piece of equipment for our staff and residents.

*Your support is invaluable to us . . .*





# MENU

We are seeking your recipes  
or item/s suggestions for our

## Winter Menu.

Please ask to see  
Rae or Catering Coordinator  
or email your suggestions to

[info@tlhome.com.au](mailto:info@tlhome.com.au)

Thank You



The Lifestyle Team are looking for Donations of Silk  
Scarves to use with the New Activity in ABG  
movement to Music.

If you have some that you would like donate please  
drop them off at reception or the Lifestyle office.



## HELP WANTED



The laundry are looking for some volunteers who  
would like to assist with some ironing.

On a **Tuesday** and/or a **Thursday** morning

Between **10-11.30am**

Either on a regular basis or a once off.

Don't need to be an expert, all skill levels will  
be welcomed.

If you are available to help please either see  
**Tammy Wastell or Belinda Treloar.**

(If you are not a current registered volunteer we will be happy to sign you up)



"Enjoying life with fun & friends"

# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact  
Tania Miller on 8563 7729 if you would  
like to know more or would like to make  
a time to have a chat.**

*Barossa Club - Fun, Games,  
Food, Friends & Memories....*







Easter Time  
@ the Barossa  
Club ...

Egg & Spoon  
Races



Easter Egg Hunt

Easter Fun & Games

Amazing food !

Amazing Staff !

Always a great day  
@ the Barossa Club  
with Tania & the  
team ..







*Colour in your master piece .. Be creative and colourful*

*Name:* \_\_\_\_\_

## TLH are working with the Grow Love community Gardens and sorting bottle tops for recycling.

We have been really pleased to see staff, visitors and Independent living residents support this initiative and have also donated their bottle tops.

A few important points — Please ensure that all bottle tops are clean and are not soiled

- ✗ Metal lids (wine lids) are not part of this initiative and can not be accepted
- ✗ Lids off of jars and other items are also not appropriate such as vegemite lids and chemical tops.
- ✗ Small lids from soft drink bottles are also not accepted

- 3lt milk bottle tops
- Large Juice bottle tops
- Large flavour milk tops



*"There's no way to be a perfect mother and a million ways to be a good one."*



## NEIGHBOURHOOD LEADERS

### CONGRATULATIONS

TRINITY COURT — Rita Nitschke 37

PROTEA — Barb White 34

WARATAH — Erna Auricht & Dudley Koch 29

ABG — Hilde Koczberski 34



Tally's are placed in the neighbourhood dining rooms on the pinboards each Tuesday with Results.



## Residential Lifestyle Activities



Iris Wandel



Jim Miller Erna Auricht Glen Noack



Bev Kernich Wendy Schem-



Kevin Linke  
Vic & Joyce Lehmann



Hedley Mates  
Joan Haese



Lorraine Russack  
Barry Falland



Glenys Selwood



Elvie VanGastel Evelyn Schottelius



Kelly Templer



**Congratulations to  
our Easter Raffle Win-  
ners**

Glenys Selwood  
Pam Zeunert  
Evelyn Schottelius



Pam Zeunert





# VOLUNTEER NEWS

## Volunteers Information

### Have you seen the flyers in your letter boxes??????

We are looking for some extra helpers to assist with some extra jobs around the home.

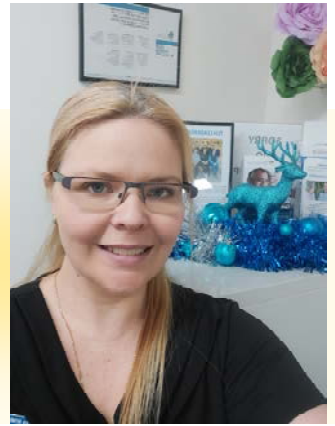
- We are looking for someone to assist the STV crew in driving our residents to and from appointments.
- We are also looking for Bingo helpers on a Monday and Friday afternoon.
- We are also looking for some helpers in the club to assist with meal service.
- We also looking for someone who would like to take some of our residents out for walks in wheelchairs.

## Volunteering

If you would like to become a volunteer at TLH please either send me an email at [belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au) or you can call reception.



## Message from Belinda Lifestyle / Volunteer Coordinator



TLH would like to give a very big thank you to all of the volunteers who give their time for our residents.

Each and everyone of you make a difference either directly or indirectly. In May we have National volunteer week along with the rest of the country.

Please keep an eye out in your letter box for a small token of our appreciation for you and all the hard work you do.

Life at TLH wouldn't be the same with out you.

God Bless you all.

**NATIONAL** 17-23 MAY 2021  
**VOLUNTEER**  
RECOGNISE. RECONNECT.  
REIMAGINE. **WEEK**

## ACTIVITY PROGRAM

### Saturday 1st

1.30 Pampering Afternoon

Grevillea

### Sunday 2nd

10.00 Church Service

1.30 Billiard Bowls

3.30 Bottle Top Sorting

Chapel  
Grevillea  
Grevillea

### Monday 3rd

10.15 Singing in the Chapel

11.00 Worship Service

1.30 Social Bingo

1.30 Picture Bingo

3.30 Art and Craft

Chapel  
Acacia Lounge  
Chapel  
Grevillea  
Grevillea

**Tuesday 4th**

From 10am Knit & Natter TLH  
 10.30 Moovers & Groovers Protea / TC1 Chapel  
 1.30 Carpet Bowls Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Quiz Game Acacia

**Wednesday 5th**

9.00 - 12noon TLH Library Open Trinity  
 10.00 Bottle top Sorting Protea  
 10.30 Art Therapy ABG  
 11.00 Waratah Service Waratah  
 1.30 Wheel Of Fortune Chapel  
 1.30 Arm Chair Exercises Acacia Lounge  
 2.00 1st Blessing of the Month Acacia  
 3.30 A Current Affairs ABG

**Thursday 6th**

10.30 Wonders of Nature Grevillea  
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel  
 1.30 Art and Craft Protea  
 1.30 Flower Arranging Grevillea

**Friday 7th**

9.00 - 12noon TLH Library Open Trinity  
 10.30 Walking Group Leaving from Acacia  
 11.00 Church Service Protea / TC Chapel  
 1.30 Social Bingo Chapel  
 1.30 Memory Games Acacia Lounge  
 2.00 Happy Hour Grevillea

**Saturday 8th**

1.30 Wrap Ball Grevillea  
 3.30 Bottle Top Sorting Grevillea

**Sunday 9th—Mother's Day**

10.00 Church Service Chapel  
 1.30 Water Ping Pong Grevillea  
 3.30 Happy Hour Grevillea

**Monday 10th**

10.15 Singing in the Chapel Chapel  
 11.00 Worship Service Acacia Lounge  
 1.30 Social Bingo Chapel  
 1.30 Picture Bingo Grevillea  
 3.30 Art and Craft Grevillea

**Tuesday 11th**

From 10am Knit & Natter TLH  
 10.30 Moovers & Groovers Protea / TC1 Chapel  
 1.30 Water Ping Pong Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Quiz Game Acacia

**Wednesday 12th**

9.00 - 12noon TLH Library Open Trinity  
 10.00 Bottle top Sorting Protea  
 10.30 Art Therapy ABG  
 11.00 Waratah Service Waratah  
 1.30 Ten Pin Bowling Chapel  
 1.30 Arm Chair Exercises Acacia Lounge  
 3.30 A Current Affairs ABG

**Thursday 13th**

From 10am CAFÉ SHOP TROLLEY  
 10.30 Wonders of Nature Grevillea  
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel  
 1.30 Art and Craft Chapel  
 1.30 Balloon Tennis Grevillea

**Friday 14th**

9.00 - 12noon TLH Library Open Trinity  
 10.30 Walking Group Leaving from Acacia  
 11.00 Church Service Protea / TC Chapel  
 1.30 Social Bingo Waratah / Protea  
 1.30 Memory Games Acacia Lounge  
 2.00 Happy Hour Grevillea

**Saturday 15th**

1.30 Keep Moving Grevillea  
 3.30 Hoy Grevillea

**Sunday 16th**

10.00 Church Service Chapel

**Monday 17th—Volunteer Week**

10.15 Singing in the Chapel Chapel  
 11.00 Worship Service Acacia Lounge  
 1.30 Social Bingo Chapel  
 1.30 Card / Bingo Grevillea  
 2.30 Art and Craft Grevillea

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.**

**Tuesday 18th**

From 10am Knit & Natter TLH  
 10.30 Moovers & Groovers Protea / TC1 Chapel  
 1.30 **BILLIARD BOWLS NEW GAME** Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Quiz Game Acacia

**Wednesday 19th**

9.00 - 12noon TLH Library Open Trinity  
 10.00 Bottle top Sorting Protea  
 10.30 Art Therapy ABG  
 11.00 Waratah Service Waratah  
 1.30 Balloon Tennis Chapel  
 1.30 Arm Chair Exercises Acacia  
 3.30 A Current Affairs ABG

**Thursday 20th**

From 10am CAFÉ SHOP TROLLEY  
 10.15 Card Making with Irene Protea  
 10.30 Wonders of Nature Grevillea  
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel  
 1.30 Bean Bag Toss Grevillea  
 1.30 Art and Craft Chapel

**Friday 21st**

9.00 - 12noon TLH Library Open Trinity  
 10.30 Walking Group Leaving from Acacia  
 11.00 Church Service Protea / TC Chapel  
 1.30 Social Bingo Chapel  
 1.30 Memory Games Acacia Lounge  
 2.00 Happy Hour Grevillea

**Saturday 22nd**

1.30 Wrap Ball Grevillea  
 3.30 Bottle Top Sorting Grevillea

**Sunday 23rd**

10.00 Church Service Chapel  
 1.30 Water Ping Pong Grevillea  
 3.30 Foot Spas / Hand Massages Grevillea

**Monday 24th**

10.15 Singing in the Chapel Chapel  
 11.00 Worship Service Acacia Lounge  
 1.30 Social Bingo Chapel  
 1.30 Card / Bingo Grevillea  
 2.30 Art and Craft Grevillea

**Tuesday 25th**

From 10am Knit & Natter TLH  
 10.30 Moovers & Groovers Protea / TC1 Chapel  
 1.30 Carpet Bowls Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Quiz Game Acacia

**Wednesday 26th**

9.00 - 12noon TLH Library Open Trinity  
 10.00 Bottle Top Sorting Protea  
 10.30 Art Therapy ABG  
 1.30 Arm Chair Exercises Acacia Lounge  
 1.30 TLH SINGERS Chapel  
 3.30 A Current Affairs ABG

**Thursday 27th**

From 10am CAFÉ SHOP TROLLEY  
 10.30 Wonders of Nature Grevillea  
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel  
 2.00 SING ALONG WITH DOUG Grevillea

**Friday 28th**

9.00 - 12noon TLH Library Open Trinity  
 10.30 Walking Group Leaving from Acacia  
 11.00 Church Service Protea / TC Chapel  
 1.30 Social Bingo Waratah / Protea  
 1.30 Memory Games Acacia Lounge  
 2.00 Happy Hour Grevillea

**Saturday 29th**

1.30 Keep Moving Grevillea  
 3.30 Bingo Bottle Top Grevillea

**Sunday 30th**

10.00 Church Service Chapel

**Monday 31st**

10.15 Singing in the Chapel Chapel  
 11.00 Worship Service Acacia Lounge  
 1.30 Social Bingo Chapel  
 1.30 Card / Bingo Grevillea  
 2.30 Art and Craft Grevillea

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.**



# Mother's Day



S R E W O L F S Y S W J I G S  
V Q H U V K W T R U A W U H H  
S L V A M L H L R C G I M C O  
F O R G I V I N G A D O E U B  
L D N T Q T D E I A E E M K I  
V A B Q N Z S A N Y R H O G K  
S K I E B W M C U E P Y R N C  
Z P R C E Y E Q T G Y A I I H  
B A R E E X K A E O H X E R I  
P D T I V P L B J K P T S A L  
O R E H N O S U N D A Y E C D  
J Q K L C G H G U A L Y X R M  
V P D O N W R K A N A A P F Y  
V F H H O E D K R M G H B N L  
T C Z G S B U F P L Y N X Z Y

CARING  
CHILD  
CHOCOLATE  
DAUGHTER  
FLOWERS  
FORGIVING  
GUIDANCE  
HEART

LAUGH  
MAY  
MEMORIES  
PARENT  
SON  
SPECIAL  
SPRING  
SUNDAY  
SWEET

