



Tanunda
Lutheran Home Inc.

TIT

TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

OCTOBER 2020

*Lutheran
Church
of Australia*



Chaplain's Reflection



Is it possible to be jealous of residents living in aged care?

Before you say, "Don't be ridiculous. Aged care is a haven for suffering, neglect and broken dreams. Haven't you been watching the tellie lately?", please hear me out. I do try to be a bit provocative in my writing as I'm sure you've realised by now!

I think it is always possible to be jealous (well, on a good day, call it 'inspired') of people who are able to live with grace, contentment, dignity, generosity, trust and good humour in the face of the challenges life throws at you. Some people are simply more resilient and easily contented than others. Some people are able to draw on the gifts of everything around them which is life-giving. And some of those people live in aged care contexts. And some of those people make me a tiny big jealous. After all, we all aspire to live well no matter how old we are. And not just materially either.

The tragedy in aged care is that many people simply lose the ability, due to overwhelming physical and mental impediments, to live well in their final years. And yet gleams of light shine from these people too. Just a touch more rarely. But we don't all get to do a wonderful late in life reappraisal, allowing us to walk from this life to the next barely missing a beat. I really wish everybody had that chance.

But irrespective of the journey any of our loved ones must take, let's allow ourselves to celebrate, be inspired by, and yes, be jealous if you must be of our older folk. They need a bit of a leg up, but they're getting there. And we will get there too.

Blessings for the month. German culture, footy finals, Spring, No Covid.

Something for everyone.



HAPPY BIRTHDAY

October



- 1 Margaret Meyer
- 1 Stephanka Athanasov
- 3 Shirley Schutz
- 3 Iris Wandel
- 4 Jayne Pfeiffer
- 4 Colin Bachmann
- 5 Ken Hueppauff
- 8 Lil Kernich
- 9 Mary Brown
- 12 Kathy Kohlhagen
- 13 Betty Holness
- 15 Frank Schapel
- 15 Kevin Linke
- 16 Edna (Jo) Zerk
- 17 Patricia Hatch
- 18 Raelene Rosenzweig
- 18 Gary Jones
- 19 Kathleen Rohde
- 19 Graham Thetford
- 24 Annette Ognajonevic
- 26 Dudley Graetz
- 29 Gladys Saegenschnitter
- 31 Geoff Munzberg



Q: What do you get when you cross a sheepdog with a rose?



A: A collie-flower!

The **DEADLINE** for all:
News / Information / Stories - November 2020 edition is
Monday 26th October 2020

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH
Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.

Welcome

Respite

Ian Young
Brenda Button

Permanent

Ken Hueppauff
Iris Ellis

Our very own beautiful Resident **Pamela Zeunert** has a keen eye for football ..

She was mentioned in the latest edition of the Leader in the top 25 AFL tipsters



Top 25 Leaderboard after Round 18	
1.	A. Fechner 112
2.	S. Prince 111
3.	T. Gerlach 110
4.	D. Feltus 110
5.	S. Kowald 110
6.	J. Feltus 110
7.	M. Bierwirth 109
8.	P. Zeunert 109
9.	C. Miller 108
10.	J. Keil 108

Pamela is number 8 on the leader board with 109 points



TLH SHOPPING BUS



Please remember to book -
They will only be travelling to Tanunda until further notice - Thank you

Wednesday 7th October Tanunda
Wednesday 14th October Tanunda
Wednesday 21st October Tanunda
Wednesday 28th October Tanunda

The Bus will pick you up from your home - ONLY if you have booked

Poetry in Motion



Kim Hahn-People, Culture and Customer Service Manager

Just before I write the CEO article for the Tit Tat every second month, I worry about what to write.....Right on cue, one of you, provide me with the inspiration on where to start.

This month I was blessed to have so many wonderful encounters, with Residents, both ILU and Residential, Staff and Volunteers that you have made this article so easy to write, thank you!

I think we all know that working in aged care is a conscious decision to dedicate yourself to the lives of others, all in our individual way, with our individual and shared responsibilities.

In reflection during the last month, I also think that because we genuinely take joy in helping people feel cared for, safe and happy we struggle to acknowledge that aged care is not an easy industry to work in.

Sometimes, the pressure of actioning and adapting to the changes in industry, legislative requirements, pandemic responsibilities mixed with our limited resources both in financial and time, our roles can feel a bit overwhelming and daunting. 2020 has probably seen most of us feel like this a bit more than we usually would.

Following our assessment contact conducted on July 10th by the Australian Aged Care Quality and Safety Commission we have had confirmed a non-compliance within one of the Aged Care standards, specifically requirement 3 (3) (b) and which requires TLH to provide effective management of high impact or high-prevalence risks associated with the care of each consumer. Whilst the feedback from the quality auditors and the report provided was filled with positive affirmations, the auditors were specifically concerned with one Residents possibility of being vulnerable to risk and assessed our current processes as not meeting the requirement. We have now provided the commission with a continuous improvement plan on how we have commenced and continue to plan for amending the non-compliance which was accepted by the AACQSC.

The continuous improvement plan includes intensive training and support for our staff.

I have had some days recently where I felt, just like I have described, overwhelmed and true to TLH form, I was able to bounce back and focus on my little bit in helping to make TLH the amazing place it is because I had experiences that included being thanked in such a lovely way for a response I gave to an ILU Resident, having a surprise vase filled with the most beautiful flowers left at my office door from another of our ILU Residents, Being nicknamed "Blondie" by a Resident, having a Resident freely agree to wearing a ridiculous dress up hat for a photo with the Leader with complete happiness, a Volunteer who is starting her day to assist us in not just one area but 3. The list is endless, true poetry in motion and to think, they are just my experiences, each and everyone of our staff would be able to share similar stories.

So, thank you so much, you don't know what your gestures of kindness bring to our days. Those moments communicate to us that we are all in it together, dedicated to making every day the best it can be.

Take care during October, you are all so very important to us!

Kim



Tanunda
Lutheran Home Inc.

News from Kim & Steph

(People, Culture & Customer Service Manager
& the Quality & Training Officer)

DEPARTMENT OF HEALTH



As at **3pm on 17 September 2020**, a total of 26,813 cases of COVID-19 have been reported in Australia, including 832 deaths, and 23,787 have been reported as recovered from COVID-19.

- Over the past week, there has been an average of 44 new cases reported each day. Of the newly reported cases, the majority have been from Victoria.
- Following the peak of cases at the end of March, there have been a relatively low number of new cases reported daily between mid-April and early-June 2020. Cases have increased since mid-June. Since mid-August 2020, the number of newly reported cases has begun to decrease, but high numbers continue to be reported.
- To date, over 7,178,500 tests have been conducted nationally. Of those tests conducted 0.4% have been positive.

CASES IN AGED CARE SERVICES

Confirmed Cases	Australia	ACT	NSW	NT	QLD	SA	TAS	VIC	WA
Residential Care Recipients	2023 [1089] (618)	0	61 [33] (28)	0	1 (1)	0	1 (1)	1960 [1056] (588)	0
In Home Care Recipients	82 [69] (7)	0	13 [13]	0	8 [8]	1 [1]	5 [3] (2)	54 [44] (4)	1 (1)
Cases in care recipients [recovered] (deaths)									

The 'cases in aged care services' table presents the number of cases that have been reported among care recipients in Australian Government subsidised Residential and In Home Care settings in each state and territory.

Source: health.gov.au ~ 18/09/2020

Weekly data snapshot of COVID-19 cases in residential aged care - updated weekly [Department's website](#)

AGED & COMMUNITY SERVICES AUSTRALIA

A focus on financing aged care

This week has seen the resumption of the Royal Commission hearings in Sydney on the financing and sustainability of the aged care system. Different funding models (HECS style loan arrangements, a Medicare levy, long term care social insurance) have been discussed along with prudential regulation.

We are mid-way through the hearing which will run to 22 September. It's been interesting to hear from some high-profile witnesses in former Prime Minister and Treasurer the Honourable Paul Keating and former Treasurer the Honourable Peter Costello. Both knowledgeable, educational and compelling speakers. And there is clearly something wrong in our means testing system when a former Treasurer who in his own words is "reasonably financially literate" cannot understand it or complete the required forms!

The Royal Commission has also announced today that it will be deliver a special report on the COVID-19 pandemic in aged care to the Governor-General on Wednesday 30 September 2020. The interim report was made public on the same day it was delivered to the Governor-General and we hope the same will happen again. We also hope to see the issues you have all been experiencing in terms of supporting people at such a difficult time, transferring people to hospital and the overall resourcing challenges acknowledged and addressed with some recommendations that can be used as we continue to battle COVID 19 and for any future pandemics.

Source: ACSA Email ~17/09/20

LEADING AGE SERVICES AUSTRALIA

SA Directions infection control training requirements

SA Department of Health and Wellbeing has now provided further information to providers regarding clause 6(1)(c) of the Emergency Management (Residential Aged Care Facilities No 7)(COVID-19) Direction 2020, that all employees or contractors who provide personal care or nursing care to residents at a RACF must complete COVID-19 Infection Control Training of a kind, frequency and by a date determined by the Department for Health and Wellbeing.



To comply with the Direction, all relevant workers must complete the Understanding Covid-19 for Aged Care Workers online training module, [available here](#):

- All relevant employees and contractors must complete this training **by 1 October 2020**.
- RACF must keep records of completion of the mandatory COVID-19 infection training, which must be provided to an authorised officer on request.

Requirements for refresher training will be advised in due course.

Source: LASA Email ~ 10/09/2020

HOME CONTINUOUS IMPROVEMENT UPDATE

- Reminder: Visitors can request reoccurring appointment times to visit their loved ones without having to call every time they wish to visit. To set up a continuously visitation time, please speak with Reception on 8563 7777 or the Registered Nurse 8563 7712.
- Staff attended a voluntary training session on Pain Management hosted by Joan our Nurse Educator
- Staff are also in the process of attending their annual mandatory fire training sessions
- IDDSI framework training is being provided to all Clinical & Hospitality Staff to further educate on Dysphagia and provide information on thickened fluids.
- With the nicer weather coming, Lifestyle are reviewing their calendar to program more outside activities.
- Resident representatives have been presented with new dining room table centre pieces.
- Residents voices their concerns about not being notified when a resident passes away, Ian Lutze, Chaplain, will now speak to residents in each neighbourhood to discuss individually
- The Staff Social Committee have gained a lot of interest in a Staff Talent show for the Residents *Watch this space*
- The Collaboration Committee have expressed interest in a resident Photo Day, where they would be able to have Glam Photos taken.
- Staff & Residents are encouraged to dress up on the 23rd October in their favourite sports team colours

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During August we received complaints about Care (2) Cleaning (1) Environment (1) Food (8) Other (2) Lifestyle (1) Laundry (1) and are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during August we received compliments about Care (1) Food (13) Staff (19) Lifestyle (2) Customer Service (2) Maintenance (1) Management & Communication (1) and a total of five (5) suggestions. We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

*Thank you for all of your support and encouragement
Have a lovely October*

Kim & Steph



18th August 2020



Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff Update



Crazy Hat/Hair Day



Staff & Residents had a lot of fun being creative with their hair and hats on the 18th September

Employee of the Month

August 2020

Congratulations

ABG Staff



Well done and thank you to all the staff who received compliments for August Lilly Fletcher, Sandy Van-Nierop, Sharryn Hueppauff, Shona Day, Heather Dyer, Olivia Wilson, Kelly Templer, Iris Egel, Jhi Bruton, Qunnie Ahrns, Charlie Sapio, Shu Eguchi, Steph Crawford, Steph Vickers, Protea Staff, Tit Tat Team, Laundry Staff, Lifestyle Team

All compliments Submitted are also reviewed annually for our Value based awards.

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Vickers (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.vickers@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people



Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

- Phone Call
- Letter
- In Person

Comment forwarded to Department Leader:

CI Required? Yes/No _____

Was the outcome satisfactory: Yes/No _____

Closure Date: _____

Follow Up: 3 Months N/A

6 Months

9 Months

Other: _____

Resident Relative Staff IRL Resident Other: _____

Compliment Complaint Suggestion

Comments / Details:

Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.





WINNER OF THE
TRIO MEDLEY

B
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"Enjoying life with fun & friends"



WINNER OF WHEEL OF
FORTUNE.

ABG Artist of the
Month

Kevin Linke



Q: Why do dogs run in circles?



A: Because it's hard to run in squares!



Eyewear / Glasses ONLY
(NO Cases Please)
Donation Points

TLH Reception, Protea & Lifestyle Dept.
Tanunda Lutheran Home actively supports the
Lions Club of Barossa Valley Inc., Lions
Recycle for Sight.

Forwarding used spectacles to the Lions
Eyeglass Recycling/Refurbishing Centre in
Brisbane. Refurbished quality spectacles are
sent to countries all around the world. To men,
women and children in need and without the
financial capacity to purchase even the cheapest
paid.

DIGGING INTO THE PAST

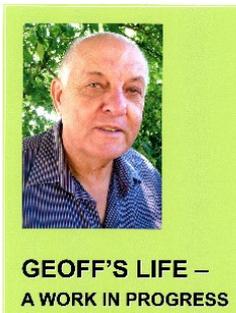


I often wonder how many TRL residents are at this time quietly working away at collecting information about their forebears?

As a younger man I could not ever see myself being interested into digging back into the history of my family. Strangely my interest in doing that has changed, and so every now and then, I do a bit of work and thinking about trying to discover what I can about my forebears. I do that with little expertise and not as much passion as the task deserves. I think I could learn from people who are travelling the same journey, or who have been there and done that.

My paternal great-grandparents left Germany in 1884 to come to South Australia. My grandfather was the only child out of a family of five children that grew up into adulthood. His mother suffered from tuberculosis, which probably explains the early deaths of four of her five children. She also died at a younger age, presumably from tuberculosis, when my grandfather was only fifteen years of age.

There is so little I know about the life of my family in these early days – there are few records and no photographs. Life was hard for them. Even the location of some burial places is not known. A few weeks ago I was able to locate the plan, with some measurements on it, of the cemetery where my great-grandmother is buried, and I think that I should now be able to locate her gravesite and place a marker on her currently unmarked grave.



Fourteen years ago, I began to write the story of my life – and after five years of quite intermittent work on this project my efforts resulted in a publication which I called “Geoff’s Life – A Work in Progress”. One result of doing this was that I became more aware of what I did not know about my history, and so the flame of curiosity in me was ignited. This flame was fuelled when we decided to sell the family property and in the process of cleaning up I discovered historical “stuff” I was previously unaware of. So, I now have a few resources with which to work.

Why am I boring TIT TAT readers with this? The journey of discovery that I am on is a personal one, but it would be great to compare notes with others doing the same thing – and being inspired by what they are doing or what they have done. I know I would benefit from hearing how others are going about this, where they are getting their information from, and any other ‘tricks of the trade’ that they use. I wonder if there are others like me?

Is there anyone that would be interested in getting together over a coffee or a red wine to explore if there is interest in sharing their ‘digging into the past’ journeys? Or, you might be someone who has been thinking about delving into the past and wondering how to start – or, you might just like to spend time with fellow-minded people interested in this. If you are interested, please let Melinda at TLH Reception (8563 7777) know, giving her your contact details, and she will pass them on to me – or you can contact me directly (0419 396 842). Let’s see where this might go!

Geoff Munzberg





VOLUNTEERS NEEDED

'This is Me'

A project capturing the character strengths of older people, developed over their life time, through storytelling.

Volunteer storytellers - aged 65+

Volunteer interviewers - any age

(free training on identifying and describing strengths of character will be provided)

The project will run from February - July 2021

Contact Volunteering Barossa & Light on 8563 8495 or volunteer@barossa.sa.gov.au

Supported by Office for Ageing Well



Government of South Australia
SA Health



"Being and staying Connected"

Have you ever asked yourself the question –

What benefits do I get in making a lifestyle choice of living in a Retirement Village?

When living within any community as we age, how we see ourselves may change when we get to a point in life where thoughts and feelings surround not wanting to be a burden on our families, especially as we watch on with pride, as our own children flourish and enjoying busy lives of their own.

When making the decision to downsize, they say it's the hardest decision to make, making the time to work through what possessions to keep or pass on, seeking legal advice, what can I afford, family thoughts on downsizing are all very relevant conversations that need to be had. Some see this as an amazing time of life, as You can be in control of what happens to Your possessions, Your legacy! This can be a very empowering moment in life for You.



From Tanunda Lutheran Homes perspective, and if you have chosen to live in one of our Retirement Village community's. Your lifestyle choice gives you the security that if you need help when you have a concern that you are trying to resolve, you have someone to call upon, the security of being surrounded by people that care about one another, creating opportunities for new friendships and networking connections. However great or small, for your social and wellbeing needs that are so very important to feel connected.

In the thick of the COVID-19 pandemic earlier this year, our residents felt blessed that they were kept up to date with the relevant information, relating to government COVID rules and restrictions that were evolving so quickly, which added to their sense of security, living within our villages.

As our resident numbers increase, our current empowered residents are now looking at starting up their well-loved and attended current social activities program which is the social hub of our village community. This exciting programme is again empowering our residents, not only to participate but also to be teachers of technology to other residents, giving them the tools and training to connect and stay connected through mobile devices, which was and is ever so important, when we can't see each other face to face. The future of social wellbeing for our residents looks bright.

Come, join us and Be Connected as a Lifestyle Choice for You!

Carolyn



*Barossa Club
Fun,
Games,
Food, Friends
& Memories....*



CARD MAKING GROUP

The group will meet on Thursdays in Protea from 10am...

For details contact

Irene Joppich.



Courtyard Cafe is back ..

- Wash your hands before & after.
- You MUST book for inside dining.
- We have a courtyard available.
- Social distancing at all times.



Q: Why did the snowman name his dog "Frost"?

A: Because "Frost" bites!



NURIOOTPA
RETIREMENT LIVING

An Invitation to Residents, Family and Carers

GP Partners Australia

ACDCare Pilot Project

Tuesday 20th October 2020
Tanunda Lutheran Home

27 Bridge Street, Tanunda SA 5352

Complimentary Afternoon Tea
2.30pm—3.30pm

ACDCare Pilot Project

Our project uses an App—ACDCare App for you to enter your preferences for your future care, along with your beliefs, values, wishes and goals. Having an Advance Care Directive means you can formally appoint your Substitute Decision Maker for such a time when you can no longer make decisions for yourself.
*Someone who will think like you.
All in the one App.*

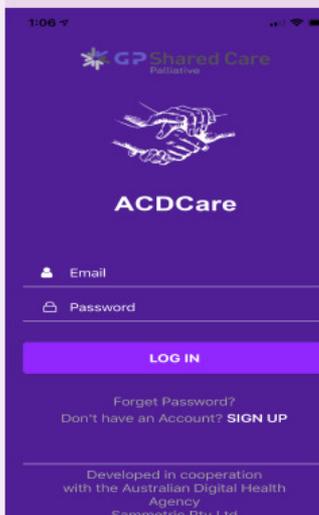
Please join us as we demonstrate the ACDCare App and seek your participation

A payment of \$100.00 will be made to Residents as you download and complete your ACD via the App

Resident's Registration Details

Name:

Please email or hand in to Reception
info@tlhome.com.au



An Invitation to Residents, Family and Carers



Please join us 20th Oct 2020
Complimentary Afternoon
Tea 2.30pm -3.30pm



Laundry News To Residents, Families and Friends

To help us return items of clothing to their correct owner, can you please make sure all items are tagged with the resident's name before they are worn. This includes stockings, hankies, underwear and all outerwear.

We have a fabulous labelling machine in the laundry and can tag any item of clothing you want.

Each month the clothing rack goes to each neighbourhood for one week (including the weekend) to give residents, resident's family and staff a chance to have a good look through the lost clothing display.

WEEK 1 - PROTEA - WEEK 2 - WARATAH - WEEK 3 - TRINITY COURT - WEEK 4 - ABG

Any items claimed will need to be returned to laundry for naming before returning to resident.

Any unclaimed clothing are stored for a total of six months. If clothing hasn't been collected within the six month period, we will discard appropriately in a manner which highly respects our

resident's dignity and privacy through donating to a charity. We would like to thank you in advance for your cooperation and understanding.



"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*



Crazy Hat Day



CRAZY HAT & HAIR DAY



BAROSSA CLUB

"Enjoying life with fun & friends"





Colour in your master piece ..

*Be creative and **colourful***



THE MEN @ TLH

ENJOYING A BBQ LUNCH FOR

FATHER'S DAY





VOLUNTEER NEWS

Volunteers Morning Tea

Please keep an eye open for 2021 dates for the appreciation morning teas will be coming soon.



Volunteering

If you would like to sign up to be a volunteer and make a difference in the lives around you, please arrange a time to come and see Belinda the Volunteer Coordinator. We would love to have you as part of the TLH family.



Happy Birthday

To all of our wonderful Volunteers

for the month of

October



LIFESTYLE PROGRAM

Thursday 1st

From 10am	Card Making with Irene	Protea
10.30	Wonders of Nature	Grevillea
10.30	Moovers & Groovers Waratah / TC2&3	Chapel
1.30	Armchair Travel - Space	Waratah
1.30	Basketball	Grevillea
3.30	Individual Walks	leaving from Acacia

Friday 2nd

9.00 - 12noon	TLH Library Open	Trinity
10.00	Walking Group	Acacia Lounge
11.00	Church Service	Protea & Trinity Only Chapel
1.30	Social Bingo	Chapel
1.30	Memory Game	ABG
2.00	Happy Hour	Grevillea

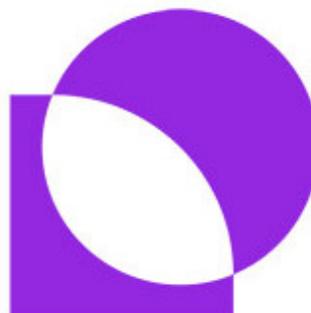
Saturday 3rd

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 4th

10am - Church Service	Chapel
<u>Independent living only</u>	

Please see your TV guide for services available



**World Space
Week** OCTOBER 4-10



Monday 5th**Public Holiday**

There are a variety of different activities available, please ask a staff member for assistance.

**Tuesday 6th**

From 10am Knit & Natter

10.30 Moovers & Groovers Protea / TC1

1.30 Social Biongo

1.30 Men's Group

3.30 Quiz Game

TLH /ABG

Chapel

Chapel

ABG

Acacia

Wednesday 7th

9.00 - 12noon TLH Library Open

10.00 Bottle Top Sorting

10.30 Art and Craft

11.00 Church Service *Waratah Only*

1.30 Wheel Of Fortune

1.30 Arm Chair Exercises

2.00 1st Blessing of the Month

Trinity

Protea

ABG

Waratah lounge

Chapel

Acacia Lounge

Acacia Lounge

Thursday 8th

10.30 Wonders of Nature

10.30 Moovers & Groovers Waratah / TC2&3

1.30 Balloon Tennis

1.30 Colour & Craft—Space Aliens

3.30 Individual Walks

Grevillea

Chapel

ABG

Protea

ABG

Friday 9th

9.00 - 12noon TLH Library Open

10.00 Walking Group

11.00 Church Service Protea & Trinity Only

1.30 Movie Afternoon

1.30 Memory Game

2.00 Happy Hour

Trinity

Acacia Lounge

Chapel

TLH

ABG

Grevillea

Saturday 10th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 11th

10am - Church Service

Independent living only

Chapel

Monday 12th

10.15 Singing in the Chapel

11.00 Worship Service

1.30 Social Bingo

1.30 Bingo

3.30 Walking group

Chapel

Acacia Lounge

Chapel

Grevillea Lounge

Leaving from Acacia

Tuesday 13th

From 10am Knit & Natter

10.30 Moovers & Groovers Protea / TC1

1.30 Carpet Bowls

1.30 Men's Group

3.30 Quiz Game

Protea /ABG

Chapel

Chapel

Men's Shed

Acacia

Wednesday 14th

9.00 - 12noon TLH Library Open

10.00 Bottle Top Sorting

10.30 Art and Craft

11.00 Church Service *Waratah Only*

1.30 Ten Pin Bowling

1.30 Arm Chair Exercises

3.30 Current Affairs

Trinity

Protea

ABG

Waratah

Chapel

Acacia Lounge

ABG

Thursday 15th

10.30 Wonders of Nature

10.30 Moovers & Groovers Waratah / TC2&3

1.30 Men's Group

1.30 Bean Bag Toss

2.00 Sing Along with Doug

Grevillea

Chapel

Protea

Grevillea

ABG

Friday 16th

9.00 - 12noon TLH Library Open

10.00 Walking Group

11.00 Church Service Protea & Trinity Only

1.30 Social Bingo

1.30 Memory Game

2.00 Happy Hour

Trinity

Acacia Lounge

Chapel

Chapel

ABG

Grevillea

Saturday 17th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 18th

10am - Church Service

Independent living only

Chapel

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 19th

10.15 Singing in the Chapel Chapel
 11.00 Worship Service Acacia Lounge
 1.30 Social Bingo Chapel
 1.30 Bingo Grevillea Lounge
 3.30 Walking group Leaving from Acacia

Tuesday 20th

From 10am Knit & Natter TLH /ABG
 10.30 Moovers & Groovers Protea / TC1 Chapel
 1.30 Water Ping Pong Chapel
 1.30 Men's Group Men's Shed
 2.30 ACD Care Information Session Chapel
 3.30 Quiz Game Acacia

Wednesday 21st

9.00 - 12noon TLH Library Open Trinity
 10.00 Bottle Top Sorting Protea
 10.30 Art and Craft ABG
 11.00 Church Service Waratah Only Waratah
 1.30 Wheel Of Fortune TLH
 1.30 Arm Chair Exercises Acacia Lounge
 3.30 Sing Along ABG

Thursday 22nd

10.30 Wonders of Nature Grevillea
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel
 1.30 Colour, & Craft Protea
 1.30 Basketball Grevillea
 3.30 Current Affairs Acacia Lounge

Friday 23rd

9.00 - 12noon TLH Library Open Trinity
 10.00 Walking Group Acacia Lounge
 11.00 Church Service Protea & Trinity Only Chapel
 1.30 Social Bingo Chapel
 1.30 Memory Game ABG
 2.00 Happy Hour Grevillea

Saturday 24th

7.00pm—AFL Grand Final
 There are a variety of different activities available,
 please ask a staff member for assistance.

Sunday 25th

10am - Church Service Chapel
 Independent living only

Monday 26th

10.15 Singing in the Chapel Chapel
 11.00 Worship Service Acacia Lounge
 1.30 Social Bingo Chapel
 2.00 Bingo Grevillea Lounge
 3.30 Walking group Leaving from Acacia

Tuesday 27th

From 10am Knit & Natter TLH /ABG
 10.30 Moovers & Groovers Protea / TC1 Chapel
 1.30 Carpet Bowls Chapel
 1.30 Men's Group Men's Shed
 3.30 Quiz Game Acacia

Wednesday 28th

9.00 - 12noon TLH Library Open Trinity
 10.00 Bottle Top Sorting Protea
 10.30 Art and Craft ABG
 11.00 Church Service Waratah Only Waratah
 1.30 Ten Pin Bowling Chapel
 1.30 Armchair exercises Acacia Lounge
 3.30 Current Affairs ABG

Thursday 29th

10.30 Wonders of Nature Grevillea
 10.30 Moovers & Groovers Waratah / TC2&3 Chapel
 1.30 Balloon Tennis ABG
 1.30 Colour & Craft Protea
 3.30 Individual Walks Leaving from Acacia

Friday 30th

9.00 - 12noon TLH Library Open Trinity
 10.00 Walking Group Acacia Lounge
 11.00 Church Service Protea & Trinity Only Chapel
 1.30 Social Bingo Chapel
 1.30 Memory Game ABG
 2.00 Happy Hour Grevillea

Saturday 31st

There are a variety of different activities available,
 please ask a staff member for assistance.



Tanunda
 Lutheran Home Inc.
 Enriching the lives of our older people

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DOGS



L	R	N	N	R	R	E	H	C	S	N	I	P	A
R	S	H	S	A	O	H	B	S	O	I	I	U	B
I	H	T	R	H	H	T	N	U	T	T	H	D	I
B	E	A	B	R	C	E	T	S	L	A	L	L	N
R	P	E	O	E	H	O	O	W	U	L	I	G	R
N	H	L	X	O	M	S	R	H	E	E	D	T	R
E	E	R	E	B	N	A	I	G	L	I	E	O	S
L	R	X	R	H	S	H	S	E	I	R	L	O	G
G	D	R	R	R	C	E	E	T	R	F	G	E	T
A	P	H	O	U	N	D	T	I	I	E	C	O	R
E	T	D	E	H	F	N	E	T	N	F	L	C	R
B	T	R	I	O	A	R	L	E	E	O	F	I	T
L	E	I	L	L	O	C	S	T	I	R	E	T	B
E	R	H	T	I	D	M	C	O	G	I	A	T	I

CHIHUAHUA

SHEPHERD

CORGI

MASTIFF

BULLDOG

BOXER

ROTTWEILER

TERRIER

HOUND

PINSCHER

COLLIE

BEAGLE

SETTER

