



TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"

John 13:34

JANUARY 2022



*Lutheran
Church
of Australia*



Chaplain's Reflection



Happy New Year!

So here we go again – a hopeful people setting out in hope once more.

Some writers suggest that hope is in a bit of short supply these days. And I get their point. We sometimes live as if there were no tomorrow, or only a dark and depressing tomorrow. Of course depression can do this to you. So can a loss of belief in things that used to give us hope. And the latter is affected by the pace of life because a good hope takes time. One loses faith in politicians if one expects them to meet all our needs today. One loses faith in God when one expects one's prayer to be answered tomorrow, or at least by the end of the week.

Where did the current pace of life come from? Or is it an illusion that drags us along for no meaningful purpose?

Our beloved older folk may well be more hopeful than some of us younger ones, because of that gift of time, and ability to slow down. It's really worth getting alongside them with a new curiosity this year. Only you know your questions, but some of these older folk may be your answer. You may sometimes resist and fight their answers, but something may be too important not to hear.

So here's to Hope. May it spring eternal, as it's meant to do, in 2022.

Chaplain Ian.

family

HAPPY BIRTHDAY



- 1 Gladys Nixon
- 7 Ralph Zanker
- 7 Raelene Graetz
- 12 Janet Thompson
- 13 Rosalie Betts
- 16 Lorraine Russack
- 19 Betty Braunack
- 20 Anna Stroh
- 21 Lorraine Price
- 23 Edna Jean Kuhn
- 24 Clem Jaensch



WELCOME

RESPITE

Darrell Norley

PERMANENT

Jean Carey
Gladys (Fay) Nixon

Psalm 23 annotated, created by Selina Schiller and read at her funeral

The Lord is my Shepherd - that's Relationship!

I shall not want - that's Supply!

He makes me to lie down in green pastures. - that's Rest!

He leads me beside the still waters. - that's Refreshment!

He restores my soul - that's Healing!

He leads me in the paths of righteousness. - that's Guidance!

For his name sake - that's Purpose!

Even though I walk through the valley of the shadow of death. - that's Testing!

I will fear no evil. - that's Protection!

For you are with me - that's Faithfulness!

Your rod and your staff they comfort me, - that's Discipline!

You prepare a table before me in the presence of my enemies. - that's Hope!

You anoint my head with oil, - that's Consecration!

My cup overflows. - that's Abundance!

Surely goodness and mercy shall follow me all the days of my life. - that's Blessing!

And I will dwell in the house of the Lord. - that's Security!

Forever! - that's Eternity!



The **DEADLINE** for all:
News / Information / Stories - February 2022 edition is

Monday 24h January 2022

Email: courtney.mudge@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

Lee Martin , Rachel Strudwick & Courtney Mudge- TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



From the CEO

Lee Martin

HAPPY NEW YEAR - Welcome to 2022

In reflection of what a year 2021 was – it was a year where it took a team all pulling together to ensure the services and care of our residents in the Home and the ILUs were maintained. Looking at what has been achieved in the past 12 months TLH can stand proud. Many positives can be identified, as a small rural organisation we are still financially viable, meeting all the Standards and coping with the many challenges due to industry changes and the COVID-19 pandemic.

I want people to be proud of where Tanunda Lutheran Home is at. We are doing as good as the larger organisations. Aged Care services in the Barossa Valley is a large employer of staff and assists the local economy – our part in that is and has been very positive but rarely recognised.

So, what is the year of 2022 going to bring? As far as the industry and COVID-19 pandemic – more of the same unfortunately. The current status of the Home is that until further notice we are in a “partial lockdown” – that is restrictions on the number of visitors and more stringent signing in / out processes. In the future it will be necessary for everyone entering the Home to complete a COVID-19 Rapid Test. The result takes 15 minutes to occur. This procedure occurs outside the Home at either the reception or Protea entry. Please ensure you allow the extra time to get through the entry procedures. The test kits are being provided to all aged care services free via a federal Government process thank goodness.

We do have many projects that will be completed over the coming weeks / months. Lots of exciting things to demonstrate that we are still moving forward and not sitting on our hands. We would dearly like to have more staff working for us – we have many hours for general and clinical type employment. Please refer anyone needing work. We are more than happy to have volunteers assist us in day-to-day activities with the residents. All new volunteers do need to go through the paperwork and police checks – we can assist with this. We do need drivers on stand-by to take residents to appointments, we could use people in the laundry to iron clothes or fold linen and there is of course the gardening for those who like a challenge.

As I'm sure you all know, working in the aged care industry at the moment is not easy. With the current pandemic situation and workforce issues all our staff are absolutely doing their best to cope. Having 120 residents, all wanting something different can be a challenge. We are here to ensure every residents care needs are being met. I encourage everyone to provide us with any compliments, complaints, and suggestions as to how things may improve. We do appreciate the time others have already taken to write on the feedback forms available around the Home. The staff are readily available to discuss any issues you may have also.

Let's make the year 2022 one to remember. It may require some adjustments and acceptance to changes but at the end of the year I want to be able to demonstrate positive actions have been achieved so we are ready then for 2023.

“Be strong, be fearless, be beautiful. And believe that anything is possible when you have the right people there to support you.” – Misty Copeland

Quality Information

from Sharon & Rebecca

Care Manager &
Relief Quality & Training Officer



COVID-19 Booster doses offering further protection to residents and workers

The Commonwealth's COVID-19 booster vaccination program in residential aged care is well underway. To date, over 900 clinics have delivered Pfizer booster doses to residents and workers at residential aged care facilities across Australia.

On the 13/12/21 the Australian Government accepted ATAGI's recommendation that the time frame for booster doses be brought forward from **six months to five months**.

Based on the new advice, we are now working with vaccine providers and residential aged care facilities to bring forward where possible those booster clinics currently scheduled for early 2022.

What residents and their families need to know:

Your residential aged care facility is responsible for supporting you to get your COVID-19 booster dose and for making the necessary preparations to ensure a safe, smooth and efficient booster clinic.

It is very important that your facility staff are providing you with information to make an informed decision about getting a booster dose. Your facility should be engaging with you now – to ensure you have the time you require to understand and consent to a booster dose.

As has been demonstrated throughout 2021, vaccination saves lives. Booster doses are part of the protection available for you against COVID-19.

A factsheet is available for residents and their families, providing information about the booster program and why you are being prioritised through a dedicated booster clinic at your facility.

Your facility will advise you of when a COVID-19 vaccine booster clinic is scheduled. It is voluntary for you to receive the booster however it is strongly recommended.

Your facility staff will discuss with you, and your substitute decision maker, whether you consent to receive the booster dose and they can assist you to complete the consent form or record your verbal consent. This needs to occur prior to the date of the booster clinic.

If you are eligible for your booster dose ahead of your facility's booster clinic, you can ask your facility to organise for a visiting GP or pharmacist to give you your booster now. You do not need to wait for your facility's scheduled booster clinic to get your booster dose if you are already eligible – that is, it is five months since you received your second dose of a COVID-19 vaccine.

If the booster clinic will be held at your facility less than five months since you received a second dose of a COVID-19 vaccine, your facility will ensure you have access to a booster dose when you become eligible. This can be from a visiting GP.

Residents who are yet to receive a first or second dose of a COVID-19 vaccine can also consent to receive a vaccination at the booster clinic.

Each facility will only be receiving one booster clinic, timed for when at least 80 per cent of residents are eligible for their booster dose. Every resident who is eligible to receive a booster dose is strongly recommended to do so.

SOURCE: DOH Email 13/12/21



SA Health - Rapid Antigen Testing for RACFs

SA Health is supporting workplaces to implement rapid antigen testing (RAT) as a screening tool under the supervision of a health practitioner. A third-party provider may be engaged to manage this process.

RACFs wishing to undertake rapid antigen screening must:

- seek approval from the Chief Public Health Officer
- adhere to standard operating protocols and checklists
- use acceptable RAT kits

follow reporting requirements.

To seek approval to implement RAT, please email: Health.COVIDRapidAntigenTests@sa.gov.au

Further information regarding the process for implementing Rapid antigen testing (RAT) for COVID-19 is available on the SA Health website.

SOURCE: DOH Email – 16th December 2021

Supporting loved ones with Dementia

There are many ways community and family members can support people living with dementia. Dementia Australia has a range of resources, plans and ideas to help. A little support makes a big difference.

Here are some ways to get started:

Seven tips to inspire you, ranging from technology aids to considering how you communicate with someone living with dementia.

Dementia and memory resources to help people navigate changes and plan for the future.

Clever changes you can make to create a dementia-friendly home environment.

Dementia Australia can also help you create a family book online to help keep memories alive.

Creating a digital memory book is a great way to share positive memories with a person living with dementia. Use our online tool to submit photos, stories and details that will be converted into a digital and printable album you can share with family and friends.

These may feel like small things, but 472,000 Australians are living with dementia and that number is set to double in the next 25 years. A greater awareness of dementia, and knowing how to support people impacted by dementia, can reduce discrimination and clear up misconceptions.

Read the little things that make a big difference

For further information and enquiries please contact:

National Dementia Helpline

1800 100 500

Find us online dementia.org.au

Email 14/12/21

SOURCE: Dementia Australia

CONTINUOUS IMPROVEMENTS

- We have implemented the new visitation window in the Chapel entrance for residents loved ones who haven't had their covid-19 vaccine. Bookings are essential!
- A few set backs but it wont be long until you will see Axel, Speckle & Robbie "zipping" around our corridors.
- The UniSA students will be back onsite in February to start their well-being project in Waratah activity and balcony space.
- Just a reminder that copies of the Resident Meeting Minutes can be found in neighbourhood dining rooms.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During November we received complaints about Cleaning (3), Food & Beverages (7), Wellbeing (1), Care (6), Laundry (1), and Staff (1). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during November we received compliments about Care (1), Food & Beverages (8), Laundry (1), Lifestyle (6), Maintenance (4), Management & Communication (1), and Staff (13). TLH received a total of Seven suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.timmis@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to Consumer Services Coordinator – **Belinda Treloar** if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer

at Tanunda Lutheran Home

via drop of at reception or by posting to

Tanunda Lutheran Home

Attn: Quality & Training Officer

27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people

Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box ☐

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No _____

Was the outcome satisfactory: Yes/No _____

Closure Date: _____

Follow Up: 3 Months ☐ 6 Months ☐ 9 Months ☐ N/A ☐

Other: _____

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: _____
☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service
provider first. Your local contact within this service is:

Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@lhome.com.au

Lee Martin, Chief Executive Officer
Phone: 08 8563 7755 or Email: lee.martin@lhome.com.au

If you can't resolve your concern with your service provider,
you can also contact the Aged Care Quality and Safety Commission
- Anyone can lodge a concern
- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or
someone else is receiving to help us when we check
a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au
for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, in Your Capital City



Tanunda
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share
compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



*Share Your
Experience*



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Care Manager - Sharon Berridge
(including Allied Health & Lifestyle)
sharon.berridge@lhome.com.au or Ph: 8563 7757

Operations Manager - Rachel Strudwick
(Including Catering, Food Service, WHS, Maintenance)
rachel.strudwick@lhome.com.au or Ph: 8563 7771

Financial Controller- Ameya Bhiskute
(Accommodation & Fees/Bonds)
ameya.bhiskute@lhome.com.au or Ph: 8563 7768

Staff News

welcome
TO THE TEAM



Kirralea Neal
Carer



Sapinder Kaur
Carer



Mandeep Kaur
Carer

Employee of the Month

October 2021

Congratulations
Nicole Lister



November 2021

Congratulations
Tanya Snaith



**Well done and thank you to all the staff who
received compliments for November**

Anish Appukuttan, Jainah Chishaya, Allyson Nicolai, Leanne Hausler,
Maggie Bosankoe, Rebecca l'Anson, Jessica Thompson, Amanda Smyth,
Hailey Tallarida, Maintenance Team, Chaplaincy Department
and The Barossa Club.

All compliments Submitted are also reviewed annually for our Value based awards.



Colour in your master piece .. Be creative and colourful

Name: _____



ABG Artist of the Month Barry Falland



Rental Opportunities



Recliners - Fridges - Carparks

Recliners - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

Fridges - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

Car parking - Residents with a car, we can offer you a reserved park .

Chairs (normal chair) - Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and agreements, please see Sharryn Hueppauff.

SHOPPING BUS



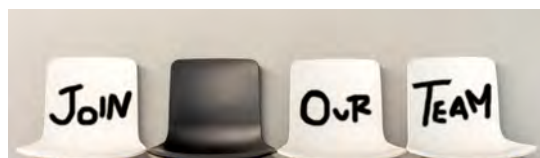
Please remember to book -

They will only be travelling to Tanunda until further notice. Thank you

Wednesday	1st Dec.	Tanunda
Wednesday	8th Dec.	Tanunda
Wednesday	15th Dec.	Tanunda
Wednesday	22nd Dec.	Tanunda
Wednesday	29th Dec.	Tanunda

The Bus will pick **IL Residents** up from their home - **ONLY** if you have booked - TLH (in home) Residents must be at reception by 9am and must book.

Collaboration Committee



We are looking for 2 new members to join the Resident Collaboration Committee. We are needing a representative from Trinity Court and a representative from Waratah. If you think you would like to join the committee please contact Rebecca Hudson or let one of the friendly staff know. Meetings are held on the 2nd Thursday of every month at 1.30pm.



family

Stay safe and remember to hand hygiene .
Please, if you are unwell do not visit the home , we are keeping our residents, your loved ones safe .

Thank you



Due to the COVID-19 virus Tanunda Lutheran Home requests all visitors to schedule their visits in advance to prevent overcrowding of each site and area.

Commencing from the 6th of December Residential Visiting hours will be:

Monday to Friday: 10:00am to 7:00pm
Weekends and Public Holidays:
10:00am to 6:00pm

All visitors must schedule their visits via tllhome.zipline.app or phone Courtney at Reception on (08) 8563 7777 Monday to Friday.

Entry to our facility remains via the Main Administration Entrance during business hours and via the Protea/Chapel entrance after hours.

All individuals entering Tanunda Lutheran Home will be required to sign in via our Zipline device, QR code, provide their vaccination evidence and have their temperature taken.

Please be safe.

If you have any concerns please ring reception on (08) 8563 7777





What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*



2021



A message from Tania

COVID-19 has made this year as challenging as 2020 and it's so great to see how resilient and up for it the Barossa Club members have been. I am so appreciative of their support and involvement this year, as are the rest of the Barossa Club Team.

As usual a huge thanks to the Rae, Mel and the kitchen wizards for bringing such a high level of great food to our lunches, morning and afternoon teas, and for being so encouraging of feedback.

To the incredible TLH Maintenance team thank you again for being so quick to respond and so great at everything you do.

To Brit, Belinda and Ameya thank you for unwavering support in all things admin, finance and tech.

Our incredible team of Barossa Club volunteers always willing to go above and beyond the call, in particular Jan, Karen, Pam and Judy who are such a great help to me and particular on the floor helping with activities and in the kitchen, I would be lost without you.

We plan in 2022 to begin having regular meetings with club members to allow them a platform to be involved in coming up with new activities and events, providing feedback and voicing any concerns they have specific to the club and their involvement in it.

It was wonderful for the Clubbies and the Club staff to be invited to join the lovely folk of Tanunda and Nuriootpa Retirement Villages for Christmas Lunch at the Vine Inn. A great time was had by all and it was terrific to be a part of such a great Holiday atmosphere. The staff at the Vine Inn are to be commended, the food was amazing and the service was top notch. Thank you to Carolyn and the TRL residents for including us all.

As always a huge thank you to the wonderful craft ladies who just never cease in their joy and support of all that we do here at the club.

Merry Christmas, I look forward to seeing you all next year

HAPPY ★ NEW ★ YEAR

RESIDENTIAL LIFESTYLE ACTIVITIES



Santa popped in to say hello to the Residents at Tanunda.

It was wonderful to see so many smiling faces, he even had time to stay for a photo shoot.

The residents celebrated Christmas this year with activities such as biscuit decorating, Pass the Parcel and Present toss.

If you would like a photo of your loved one please email Belinda.Treloar@tlhome.com.au

A big Thank you to all the staff involved

VOLUNTEER NEWS



**Message from Belinda;
Customer Service,
Volunteer & Leisure
Coordinator**

Happy New Year to all of our wonderful volunteers. We trust that you have all had a safe and happy new year. By now you should have all received your Christmas cards from us at the home. Inside these cards were special green tickets. Bring your ticket in to me and I will exchange this for your Christmas / Thank you present.

We look forward to a wonderful 2022 and exciting new beginnings. This year we will be running a series of information session for our volunteers; stay tuned for further details. If you have not already please ensure that I have your correct email details as we find this is the quickest way to communicate with you all.

*Thank you for your continual support and I look forward to seeing you all very soon.—
God Bless.*

Volunteering

If you would like to become a volunteer at TLH please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.

Happy Birthday

**To all of our wonderful Volunteers
for the month of**

January

RESIDENTS MEETING

**The next residents meeting
will be held on Thursday
the 3rd of February at
1.30pm in the chapel**

Please note the minutes from the last meeting are located in the dining rooms.



ACTIVITY PROGRAM

Saturday 1st

Small Group Activities will be held in ABG and 1x1 are available as required

Sunday 2nd

Small Group Activities will be held in ABG and 1x1 are available as required

Monday 3rd—Public Holiday



Tuesday 4th

Small Group Activities will be held in each Neighbourhood at 10.30am and 1.30pm
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Wednesday 5th

From 9am TLH LIBRARY OPEN Trinity Court
Small Group Activities will be held in each Neighbourhood at 10.30am and 1.30pm
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Thursday 6th

From 10am CAFÉ' SHOP TROLLEY
Small Group Activities will be held in each Neighbourhood at 10.30am and 1.30pm
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Friday 7th

From 9am TLH LIBRARY OPEN Trinity Court
Small Group Activities will be held in each Neighbourhood at 10.30am and 1.30pm
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Saturday 8th - Happy Birthday Elvis

ABG Small Group Activities only
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Sunday 9th

ABG Small Group Activities only
Individual activities are available. For people in their rooms— Please see the lifestyle staff

Monday 10th

10:30 <i>Men's Morning</i>	Chapel
11:00 Worship Service	Acacia Lounge
1:30 Social Bingo	Chapel
1:30 Ten Pin Bowling	Grevillea
3.00 Picture Bingo	Grevillea

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY—Thank you

Tuesday 11th

From 10am Knitt & Natter	Protea Lounge
10:30 Moovers & Groovers	Chapel
10:30 Memory Game	Acacia
1:30 Men's Shed / Ladies Pampering	ABG
1:30 Billiard Bowls	Chapel
3:00 Reminiscing	Grevillea

**Wednesday 12th**

From 9am TLH LIBRARY OPEN	Trinity Court
10:30 Music Program	Grevillea
11:00 Waratah Service	Waratah
1:30 Wheel Of Fortune	Chapel
1:30 Armchair Exercises	Grevillea
2:00 <i>Sing Along</i>	Acacia
3:00 Small Group Activities	Grevillea

Thursday 13th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Current Affairs	Grevillea
10:30 Moovers & Groovers	Chapel
10:30 <i>Word Games</i>	Waratah
1:30 Art and Craft	Chapel
1:30 Bean Bag Tos	Grevillea
3:00 Art and Craft	Grevillea

Friday 14th

From 9am TLH LIBRARY OPEN	Trinity Court
10:00 Hoy Card	Waratah
10:30 <i>Chair Yoga</i>	Grevillea
11:00 Church Service Protea/TC	Chapel
1:30 Social Bingo	Chapel
1:30 Coffee and Chat	Grevillea
3:00 Memory Games	Acacia

**Saturday 15th**

1:30 Pampering	Grevillea
3:00 Tunnel Ball	Grevillea
4:00 1x1	ABG

Sunday 16th

10:00 Church Service	Chapel
1:30 Balloon Tennis	Grevillea
2:30 Card Games	Grevillea
4:00 1X1	ABG

Monday 17th

10:30 <i>Foot Spas</i>	Chapel
11:00 Worship Service	Acacia Lounge
1:30 Social Bingo	Chapel
1:30 Rapp Ball	Grevillea
3:00 Picture Bingo	Grevillea

Tuesday 18th

From 10am Knitt & Natter
 10:30 Moovers & Groovers
 10:30 Memory Game
 1:30 Men's Shed / Ladies Pampering
 1:30 **Liberal MP—Ashton Hern**
 3:00 Quiz

Protea Lounge
 Chapel
 Acacia
 ABG
 Chapel
 Grevillea

Wednesday 19th

From 9am TLH LIBRARY OPEN
 10:00 Bottle Top Sorting
 10:30 Art Program
 11:00 Waratah Service
 1:30 Balloon Tennis
 1:30 Armchair Exercises
 3:00 Word Games



Trinity Court
 Protea
 Grevillea
 Waratah
 Chapel
 Grevillea
 Grevillea

Thursday 20th

From 10am CAFÉ' SHOP TROLLEY
 10:30 Current Affairs
 10:30 Moovers & Groovers
 10:30 ***Think and Link***
 1:30 Armchair Travel
 1:30 Water Ping Pong
 3:00 Cooking

Grevillea
 Chapel
 Waratah
 Chapel
 Grevillea
 Grevillea

Friday 21st

From 9am TLH LIBRARY OPEN
 10:00 Hoy Card
 10:30 Drumming Circle
 11:00 Church Service Protea/TC
 1:30 Social Bingo
 1:30 Food Tasting
 3:30 Memory Games



Trinity Court
 Waratah
 Grevillea
 Chapel
 Chapel
 Grevillea
 Acacia

Saturday 22nd

1:30 Art & Craft
 3:00 Rapp Ball
 4:00 1x1

Grevillea
 Grevillea
 Acacia

Sunday 23rd

10:00 Church Service
 1:30 Movement to Music
 2:30 Word Games
 4:00 1X1

Chapel
 Grevillea
 Grevillea
 ABG

Monday 24th

10:30 ***Secret Women's Business***
 11:00 Worship Service
 1:30 Social Bingo
 1:30 Ten Pin Bowling
 3:00 Picture Bingo

Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Tuesday 25th

From 10am Knitt & Natter
 10:30 Moovers & Groovers
 10:30 Memory Game
 1:30 Men's Shed / Ladies Pampering
 1:30 Mini Putt Putt
 3:00 Reminiscing

Protea Lounge
 Chapel
 Acacia
 ABG
 Chapel
 Grevillea

Wednesday 26th—

Australia Day
 Public Holiday

**Thursday 27th**

From 10am CAFÉ' SHOP TROLLEY
 10:30 Current Affairs
 10:30 Moovers & Groovers
 10:30 ***Word Games***
 1:30 Tarp Target Toss
 1:30 ***Birthday Celebrations***
 3:00 Art and Craft

Grevillea
 Chapel
 Waratah
 Chapel
 Grevillea
 Grevillea

Friday 28th

From 9am TLH LIBRARY OPEN
 10:00 Hoy Card
 10:30 ***Foot Spas***
 11:00 Church Service Protea/TC
 1:30 ***Birthday Celebrations***
 1:30 Coffee and Chat
 3:30 Memory Games

Trinity Court
 Waratah
 Grevillea
 Chapel
 Chapel
 Grevillea
 Acacia

**Saturday 29th**

1:30 Pampering
 3:00 Tunnel Ball
 4:00 1x1

Grevillea
 Grevillea
 ABG

Sunday 30th

10:00 Church Service
 1:30 Balloon Tennis
 2:30 Card Games
 4:00 1X1

Chapel
 Grevillea
 Grevillea
 ABG

**Monday 31st**

10:30 ***Foot Spas***
 11:00 Worship Service
 1:30 Social Bingo
 1:30 Rapp Ball
 3:00 Picture Bingo

Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Australian Animal Word Search

C	E	E	J	K	W	D	Q	U	L	S	M	R	T	Q
V	K	D	E	E	D	F	S	Q	P	U	R	C	N	C
A	O	P	L	N	T	B	U	M	P	P	R	P	C	T
R	A	Q	L	Y	G	T	K	N	W	O	M	B	A	T
O	L	G	Y	Z	B	S	U	P	Y	T	A	L	P	D
V	A	W	F	E	K	A	N	S	X	C	M	A	R	J
N	R	J	I	S	G	N	L	W	G	O	J	A	C	K
Q	W	H	S	H	H	K	L	L	A	U	Z	D	A	G
T	M	S	H	U	R	H	R	P	A	I	G	N	B	B
S	H	B	M	U	R	R	P	A	L	W	G	R	H	Q
A	C	T	M	B	A	T	A	J	H	A	S	D	Y	J
G	N	E	Y	T	S	I	T	B	R	S	I	K	T	J
L	I	H	M	F	Y	A	E	O	B	N	X	Q	N	Y
Z	F	U	P	O	S	S	O	K	G	I	R	H	S	J
W	M	Z	L	N	C	P	J	O	M	K	T	J	I	E

BAT

DINGO

EMU

FINCH

JELLYFISH

KANGAROO

KOALA

LIZARD

OCTOPUS

PLATYPUS

RABBIT

SHARK

SNAKE

WALLABY

WOMBAT

