



**Tanunda**  
Lutheran Home Inc.

# TIT TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Fax: (08) 8563 7799
- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved  
you"  
*John 13:34*

**MARCH 2022**



*Lutheran  
Church  
of Australia*

*family*

## Chaplain's Reflection



It's felt a bit like an early autumn this year with endless cool nights and pleasant days. Except of course the leaves haven't turned yet and the grapes haven't been picked.

Strange weather, people are saying. Not at all like a 'normal summer'. But it is the kind of change that we like – change that adds something to our enjoyment of life, at least in the short term. Because as sure as anything summers won't always be like this.

One of the ironies for any of us who have been connected with aged care in recent times, and no doubt in retirement living too, is the amount of change coming at people all the time. Change coming to people who, so they say, find change harder to deal with: elderly people.

There's enough change already challenging people's resilience and faith and approach to life: Just think of grief, ill health, loss of ability suddenly or by degrees, not to mention the weather. Add to that the complexity of COVID-19 requirements, staff turnover and industry changes in the aged care sector.

We push back against change by surrounding ourselves with the unchanging things: our identity, our regular friends and family, our faith practices, our loyalty to causes and sporting teams, a belief in a steadfast God, and routines of daily life.

Change comes, but it can wash over us, around us, even through us, when we've got a solid core. Resilience is a beautiful thing. I need some more I'm sure. Perhaps you do too. How do we achieve that? A question to ponder. I'm sure we've all got a few ideas. Just need to get on with it.

Go well in March, and in another COVID-affected Lent.  
Chaplain Ian.



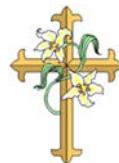
- 3 Wendy Rochow
- 10 Edna Schrapel
- 10 Peggy (Peg) Guyatt
- 18 Elizabeth (liz) Mahoney
- 21 Eileen Hueppauff
- 27 Fereleth Booth



*family*

Stay safe and remember to hand hygiene .  
Please, if you are unwell do not visit the home , we are keeping our residents, your loved ones safe .

*Thank you*



## DEATHS

*Our deepest sympathy to the families of*

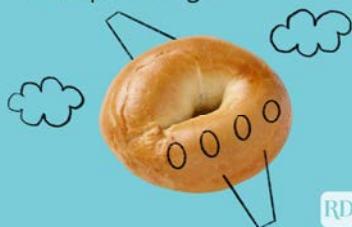
Audrey Zerk 1st February

*May they rest in peace ..*



**Q: What do you call a bagel that can fly?**

A: A plain bagel.



**Q: What do you call a dancing lamb?**

A: A baaaaaa-llerina!



**What do you call a garbage can that doesn't know anything?**

**A dumb- ster!**



The **DEADLINE** for all:  
News / Information / Stories - April 2022 edition is

**Monday 21st March 2022**

**Email: courtney.mudge@tlhome.com.au**

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin , Rachel Strudwick & Courtney Mudge- TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.

## SHOPPING BUS

**Please remember to book** - They will only be travelling to Tanunda until further notice. Thank you

Wednesday	2nd March.	Tanunda
Wednesday	9th March.	Tanunda
Wednesday	16th March.	Tanunda
Wednesday	23rd March	Tanunda
Wednesday	30th March	Tanunda

The Bus will pick **IL Residents** up from their home - ONLY if you have booked - TLH (in home) Residents must be at reception by 9am and must book.



# From the CEO

Lee Martin

I do hope you are keeping well and looking after yourselves. I can't complain about the weather it's been good, the crickets finished, no football and the winter Olympics has not really taken my fancy.

Over the past weeks it is all go here at Tanunda Lutheran Home (TLH). The COVID-19 pandemic is continuing to roll on. Over the past two months we have had over 20 staff testing positive to the affects of the virus and over 40 staff classed as close contacts. All staff have had to isolate at their own homes for various lengths of time. This situation is having a great affect on the clinical rosters – many staff are working extra hours and are now getting tired.

TLH has been very fortunate to have been selected to have the (ADF) Australian Defence Force staff deployed to us to assist our tired staff. We have 10 ADF personnel, a Captain Nursing Officer, four qualified medics who are also Enrolled Nurses and 5 general duty guys who are just ready and raring to do anything. So, over the last week the ADF clinical staff have filled vacant shifts on our roster and are doing everything that our staff would normally do. We assigned the general duty guys to each neighborhood, and they are assisting in doing non-clinical tasks such as; moving residents around in their wheelchairs to get to and back for meals, assisting in the laundry, assisting the kitchenette staff handing out meals, doing some cleaning and the list goes on.

There are so many little stories being fed back to us how much the residents and staff have enjoyed having the ADF staff assisting us. There has been a great respect shown by the ADF personnel towards the residents so much so I've heard some residents don't want them to go. We've been again fortunate to have the deployment here extended until the end of February.

The RAT testing has been going along well. Thank you to everyone for their patience and doing the right thing. I'm sure all residents are over having the swab placed up your noses. Please be assured that we are doing everything we can to protect the staff's health. It's very hard with families at home there are so many ways that you are exposed to the COVID-19 virus – kids at school, going to the shops and visiting friends.

On a very different note, our Langmeil units are now ready for sale – gardens are being established. If you know anyone looking to retire let us know. All our other projects are moving along nicely – a very exciting time in the growing history of TLH.

Please take care, enjoy life as you can and ensure you take all precautions as necessary to stay safe and well.

"Resilience is very different than being numb. Resilience means you experience, you feel, you fail, you hurt. You fall. But, you keep going." — Yasmin Mogahed



**Tanunda**

Lutheran Home Inc.

## Quality Information from Sharon & Rebecca

Care Manager &  
Quality & Training Officer



# ADF surges aged-care support

Australian Defence Force personnel across Australia are gearing up to further support the aged-care sector, following a request from Emergency Management Australia.

The Australian Government announced Defence is expanding its contribution to the whole-of-government support to aged-care facilities by 200 personnel, with up to 1700 ADF personnel available to provide support across Australia. Commander ADF COVID-19 Task Force Rear Admiral Robert Plath is leading the planning and coordination team at the Department of Health to support the aged-care sector as part of Operation COVID-19 Assist.

"A 17-person planning and coordination team is already integrating with the Department of Health team in Canberra," Rear Admiral Plath said.

"We will work with the Department of Health to understand how Defence can best further support the aged-care sector.

"Defence is committing up to 1700 personnel and they will be used to augment existing health response teams, we will also create our own 10-person standing force teams, and the bulk of ADF personnel will support high-priority facilities around the country."

The 10-person ADF standing force teams will initially support aged-care facilities in Queensland, Victoria, South Australia and New South Wales, with other states to follow. These teams will include team leaders, registered and enrolled nurses, and supporting personnel. The Department of Health will decide where to place the teams.

Lieutenant Colonel Anne Oliver is part of the planning and coordination team at the Department of Health in Canberra.

"I'm really happy to be part of the team within the Department of Health supporting their response to COVID-19 in aged-care facilities," Lieutenant Colonel Oliver said.

"Coming from Army Headquarters enables me to understand what Defence support is available in a given region to further support our on-the-ground teams and to support the broader effort."

**Around 200 ADF personnel are currently completing induction training in Brisbane, Adelaide and virtually in preparation for the surge in support.**

### COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During January we received complaints about Food & Beverages (2), and Other (2). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

During January we received compliments about Care (15), Food & Beverages (2), Lifestyle (1), Wellbeing (1) and Other (1). TLH received a total of 1 suggestion.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Sharon & Rebecca

# STAFF COMPLIMENTS

# EMPLOYEE OF THE MONTH

DECEMBER 2021



## AMANDA SMYTH

JANUARY 2022



## TARA BAHADARI

## COMPLIMENTS RECEIVED FOR JANUARY 2022

SEAN HYLAND, BAROSSA CLUB, QUINNIE AHRNS, MARLEY JANSEN, RITA JOSHI,  
LINDA NICHOLSON, MELISSA CARDINAL, MICHELLE DUFF, NATALIE ROLTON,  
JILL BRINKLES, MAGGIE BOSANKOE, BRIDIE POTTER, LEANNE HAUSLER,  
ALLYSON NICOLAI, ASPON KEOCH, KERRY WILLS, SHIVA DABADI, MANDEEP KAUR  
**THANK YOU TO ALL STAFF FOR ALL THE WONDERFUL WORK YOU DO!**



All compliments submitted are also reviewed annually for our value based awards.

# NEW STAFF



**ANGELA REIMANN**  
PCW



**AMANDA KEMPSTER**  
PCW



**JULIE BIRD**  
PCW



**GLORIA MBANO**  
PCW



**SHANNON  
NATTRESS**  
PCW



**PETER NWODO**  
Registered  
Nurse



**GARIMA RAI**  
Hospitality

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: [britany.mickan@tlhome.com.au](mailto:britany.mickan@tlhome.com.au)

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

## We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

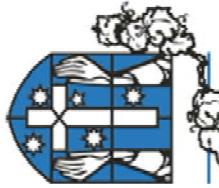
This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at [stephanie.timmis@tlhome.com.au](mailto:stephanie.timmis@tlhome.com.au) or ask a staff member to direct you to speak with Stephanie.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop off at reception or by posting to  
Tanunda Lutheran Home  
Attn: Quality & Training Officer  
27 Bridge Street TANUNDA SA 5352



**Tanunda**

Lutheran Home Inc.

Enriching the lives of our older people

*Share Your Experience*



## Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

On Behalf of: \_\_\_\_\_

If you have provided your details but wish to remain anonymous please tick the box

## OFFICE USE ONLY

Date Received: \_\_\_\_\_ CCS Log No: # \_\_\_\_\_

Comment Maker Acknowledged:

Phone Call  Letter  In Person

Comment forwarded to Department Leader:

CI Required?

Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: \_\_\_\_\_

Follow Up:  3 Months  N/A

6 Months

9 Months

Other: \_\_\_\_\_

Resident  Relative  Staff  IRL Resident  Other: \_\_\_\_\_

Compliment  Complaint  Suggestion

Comments / Details:

Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.





You can do something about it.  
If you have a concern or feedback  
about the aged care you or someone  
else is receiving, you can talk to us.

1800 951 822  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

We encourage you to raise concerns with your service provider first. You local contact within this service is:

Sharon Berridge, Care Manager  
Phone: 03 5563 7737 or Email: [sharon.berridge@lthome.com.au](mailto:sharon.berridge@lthome.com.au)

Lee Martin, Chief Executive Officer  
Phone: 03 5563 7735 or Email: [lee.martin@lthome.com.au](mailto:lee.martin@lthome.com.au)

If you're not satisfied with your service provider,  
you can contact the Aged Care Quality and Safety Commission.  
Anyone can lodge a concern:

- It is free
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards.
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment; call 1800 555 677 (National Relay Service) and ask for 1800 951 822.  
If you need an interpreter; call 131450 (Translation and Interpreting Service) and ask for 1800 951 822; If you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

**Care Manager - Sharon Berridge**  
(including Allied Health  
& Lifestyle)

[sharon.berridge@lthome.com.au](mailto:sharon.berridge@lthome.com.au)

or Ph: 03 5563 7757

**Operations Manager - Rachel Strudwick**  
(including Catering,  
Food Service  
WHS, Maintenance)

[rachel.strudwick@lthome.com.au](mailto:rachel.strudwick@lthome.com.au)

or Ph: 03 5563 7771

**Financial Controller - Ameya Bhiskute**  
(Accommodation &  
Fees/Bonds)

[ameya.bhiskute@lthome.com.au](mailto:ameya.bhiskute@lthome.com.au)

or Ph: 03 5563 7768



## ABG Artists of the Month Raelene Graetz & Betty Holness



## PASSION OF THE HEART

Pat Hunter started knitting in Primary School for the war effort making socks and scarves to send to our soldiers. Pat enjoyed knitting for all her family often spinning her own wool. Since Pat has been living at TLH she has been knitting a vast array of knitted dolls. These include Teddies, Mice, Father Christmas's, and special orders.

Pat would like to thank everyone at TLH whom has purchased her Dolls.

Pat has raised \$360.00 which has been donated to the Barossa Area Fundraisers for Cancer. Pat has chosen this charity as the money remains here in the Barossa.



## FOOTY'S BACK!



*See the Lifestyle team if you would like to be involved in the 2022 Footy Tipping Competition*



Due to the COVID-19 virus Tanunda Lutheran Home requests all visitors to schedule their visits in advance to prevent overcrowding of each site and area.

Residential Visiting hours will be:

Monday to Friday: 10:00am to 7:00pm  
Weekends and Public Holidays: 10:00am to 6:00pm

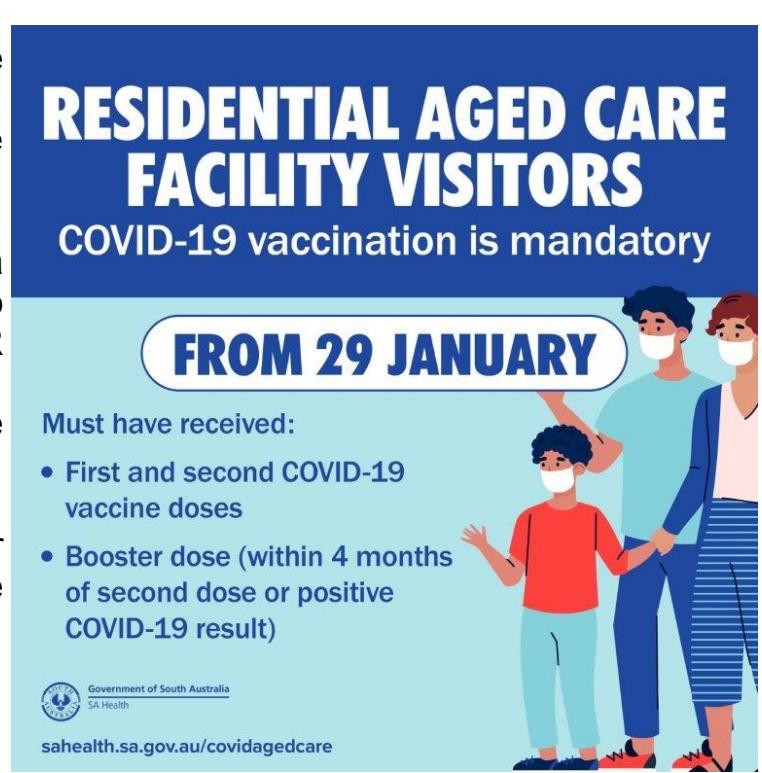
All visitors must schedule their visits via <https://tlhome.zipline.app/welcome>  
or phone Courtney at Reception on (08) 8563 7777  
Monday to Friday.

Entry to our facility remains via the Main Administration Entrance during business hours and via the Protea/Chapel entrance after hours.

All individuals entering Tanunda Lutheran Home will be required to sign in via our Zipline device, QR code, provide their vaccination evidence and have their temperature taken.

Visitors must be prepared to undergo RAT testing prior to entry in the facility.

Please be safe.



## RESIDENTS MEETING

The next residents meeting will be held on Thursday the 7th of April at 1.30pm in the chapel

Please note the minutes from the last meeting are located in the dining rooms.





# What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Please feel free to contact  
Tania Miller on 8563 7729 if you would  
like to know more or would like to make  
a time to have a chat.

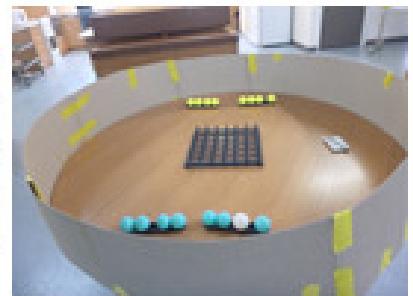
*Barossa Club - Fun, Games,  
Food, Friends & Memories....*



# Valentines Day



## Clubbies having a game of 'bounce'



## TLH – Resident Review – Mrs. Gweneth Smith

Mrs. Gweneth (affectionately known as Gwen) Smith was born on the 25 June 1917, she is 104 years old and nearly 8 months. She was born in the Murray Valley. At 6 years old she almost died of pneumonia. She went to school in Mildura, moved to Melbourne, then lived in Tasmania, later moving to Adelaide, but she never travelled outside of Australia. She managed an outback farm, being the only female on the station for a very long time. Gwen, when living in Melbourne, worked for the "Heads of State/Army" from 1939-1945 as an office secretary for Sir Thomas Blainey who was the head of military, supporting the armed services in Melbourne.

Gwen has an Anglican background, a strong religion person, who strongly lives her life this way.

Gwen was admitted into permanent care at the Tanunda Lutheran Home on the 7 March 2013 into Trinity Court Room 5. During her earlier time at the TLH, she was always making comment of how grateful and thankful she was for all the help she was receiving from the staff.

The big interruption for Gwen and her friend Betty Holness (TC18), who came into TLH from 2017, was the building changes in Trinity Court in mid to late 2020. It saw the change in routine and broke the standard daily momentum for Gwen. She and Betty were being seen constantly in the Trinity Court dining room, every day, several times a day. They would be enjoying a chat and coffee, looking out the window, watching the people and cars pass on Bridge Street. Chatting with hospitality and care staff.

Most of the time, when witnessed, as both suffering some cognitive issues, (by now) the same conversation was happening each day, but they didn't know or care, the friendship was lovely to see. A beautiful bond formed. One would not be without the other. Constantly seeing both ladies with their walkers going around Trinity Court and down to the chapel for church or activities. Greeting staff by name as they went by, with a laugh and a smile.

Gwen was a real 'social butterfly'. She is a bright and bubbly person, greeting everyone with a 'smile'. No one would believe her age, so active. Many birthday celebrations have been enjoyment with staff and family in the TLH.

When the building upgrades were completed, the coffee and chat did not happen again, as we expect they both forgot about it, which was sad to see. Then when Gwen's friend Betty moved to ABG, Gwen's health changed quite dramatically, no longer did she remember faces or names, know that she was 'actually home,' she could not find her room and really missed the company of others on a regular basis (but getting a cognitive person to sit still, as you know, is a constant battle). She is still very talkative and very mobile with or without her walker and hasn't lost that beautiful smile.

Thoughts of moving her to ABG, were quickly discounted, a 104-year-old lady, taking her from a room and area after nearly 8 years to somewhere else, would have not been a good thing.

Unfortunately, the hailstorm and damage to her room forced the move.... immediately, there wasn't a choice, ABG was the only place available.

With the move, Gwen seemed to flourish, it was almost immediate, Gwen recognized Betty and vice versa. The 'two' of them calling out to each other, asking to sit together, at meals and activities.

I'm sure there are days when they have enough of each other too.

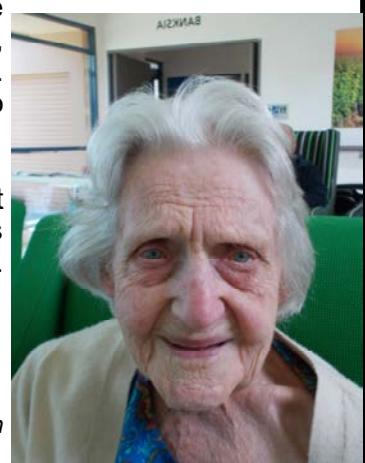
It was witnessed one day, that when Gwen was playing Bingo in ABG, that she took her 'bottle tops', that cover the pictures (not numbers), as the caller calls them out. That on setting up for a game, she lined up all her bottle tops (blue ones), alongside her card, in rows of 3, of which she then proceeded to count out aloud, saying, as she pointed to each row. 3, 6, 9, 12, 15 and one makes 16. So that she had it all organised to begin the game. Wow..... no cognitive issues with Gwen. (at that moment). Wow, gorgeous to see!

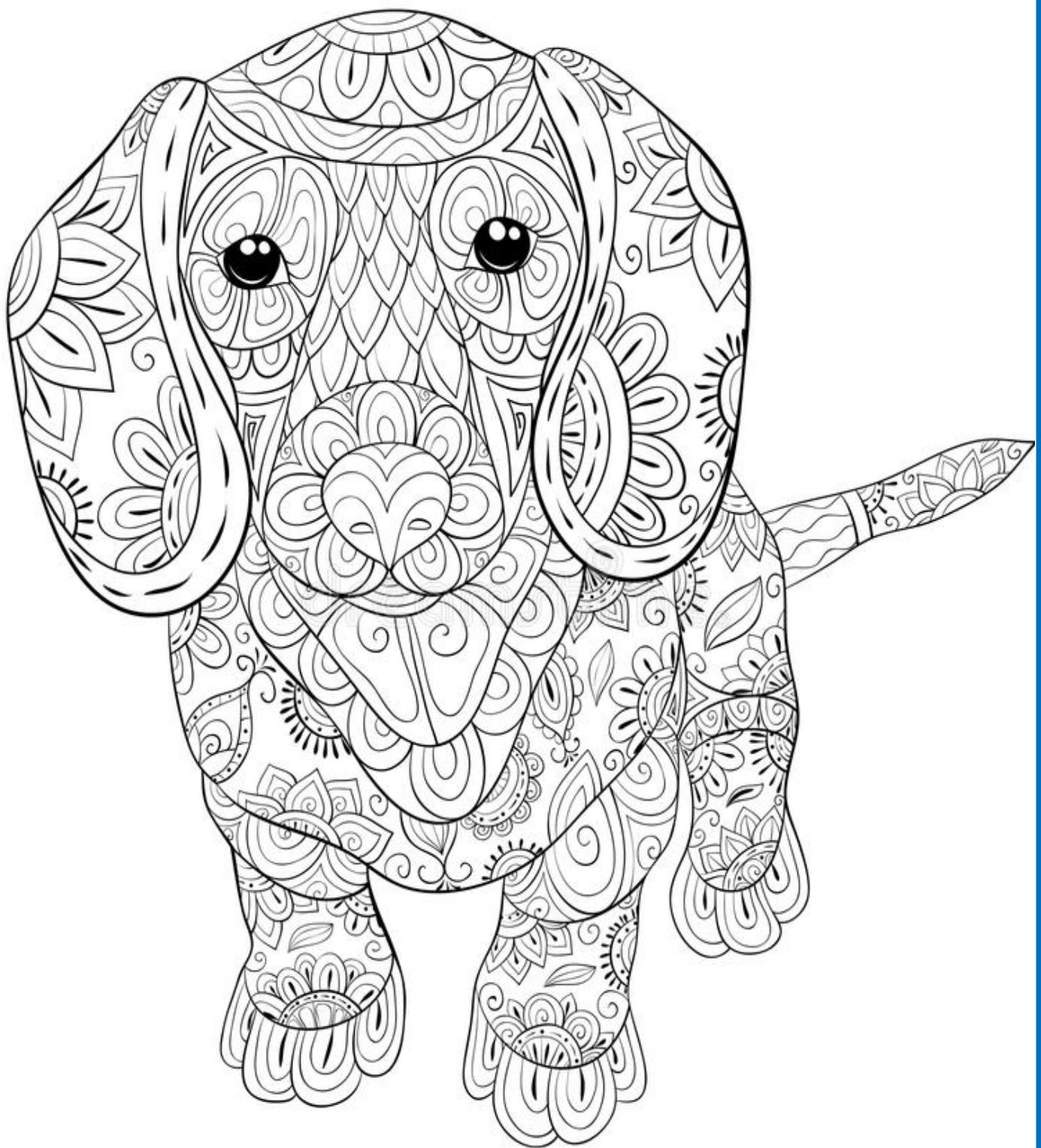
If you walk into ABG today, she will greet you with 'hello' who are you, but then, 'lovely to meet you'. 'I don't know why I am here. "You know, my mind is perfectly OK though, please sit down and have a chat." Just beautiful to hear. Gwen surely has a 'beautiful soul and a gorgeous smile'.

So wonderful to have her as part of our Tanunda Lutheran Home family.

*Written by Sharryn Hueppauff – Placement Coordinator*

*References – information from Lee care, Staff, observations, and personal encounters with Gwen*





*Colour in your master piece .. Be creative and colourful*

*Name: \_\_\_\_\_*

# Motivation

R I A M T O P E H T A E R B Z C W O R K  
B E L I E V E S N U H R B Q Z R B C H P  
D L F A B N S Y X T E A C H X T I V S B  
E B Q T G B V H J S A Y U I S P B R U G  
V M T H I N K Z P X K P H E Y T P I C L  
B U A U T Y C E G H Q J B U T E R B C M  
R H B S V X C I D F B C L E C V O Z E X  
G B V T K T O R S G R L D G S B G A E J  
X E O L P R E U N B G Y E A C O R S D O  
U R B E S A V I B X Y C T S R W E D M U  
I Y U D M C D B R S N X U W S A S B I R  
A G R G U A I V S E R B C K J E S P O N  
Y I R S E A V C T X L J W I E N D R T E  
B V G R U S T S W B M J E D S Q R U S Y  
O E P A V C I N S P I R E I S B S V H A  
M O S G H S B L H Q Y N Z Q L O F G I W  
G D R S R T F C I M A G I N A T I O N E  
A S G E I K U P R B D W Q B C X F P E T  
S W P U X N E W V S A G P O W E R O Y W  
O F S E W I N N E R F M R S U G X B A J

HUSTLE  
INSPIRE  
WORK  
BLESSED  
BELIEVE  
JOURNEY  
BREATHE

PERSISTANCE  
SUCCEED  
POWER  
TEACH  
READING  
IMAGINATION  
HUMBLE

DREAM  
BEST  
GIVE  
WINNER  
THINK  
SHINE  
PROGRESS

## Mobility scooter shop rider deluxe GK 9 little ripper, fold and go

**\$1100.00 ONO**

can be dismantled easily to transport

**FOR SALE**

As new condition--- Purchased in late 2019 from RAA, used for less than 1 Hr

(Has 1 scratch on RHS from internal house wall) Picture attached --colour is blue

Comes with 24-volt charger, batteries excellent, original receipt and owner's manual.

Scooter located in The Vines complex Nurioopta

Please ring Dave 0458486491 or Marina 0439839459 (we are selling this for our mum who is not immediately available) Mark (in QLD 0429121589) For more pictures email Mark on

[nwmoth1@hotmail.com](mailto:nwmoth1@hotmail.com)



## Electric Lift Chair

In good condition

**\$450.00**

contact Brian 85621681





*Colour in your master piece .. Be creative and **colourful***

*Name: \_\_\_\_\_*

## TLH – Resident Review – Miss Loris Fiebiger

Miss Loris Fiebiger will be 73 years old on the 17 May 2022, (she was born in 1949), she is a current resident of Trinity Court, Room 1, admitted to the Tanunda Lutheran Home on respite, aged 60, but quickly changed to permanency on the 14 January 2009.

Loris's father was a 3<sup>rd</sup> generation dairy farmer at the "Fiebiger" property in Keyneton (just outside Angaston SA). Loris says, that after the 4<sup>th</sup> generation family member had the farm, then it was sold – not sure who bought it or what it is now. The road along the farm, was named Fiebiger Road – so will always be a lovely memory for Loris and her family.

While Loris lived and worked on the farm in Keyneton, she spent 3 years having piano lessons. Loris during her working life, also worked at Henschke wines labeling bottles and grape picking. Loris was asked to play the pipe organ at her local Keyneton Church, saying she was, 'self-taught'. When asked if she can use the foot pedals (which is a real art), she would say, "no, I'm not able to do that, but I can still play and produce a beautiful sound."

When Lois was 18 years old her family left the farm and moved to Tanunda. Loris took on the role of the full-time pipe organ player at St Paul's Church on Sundays and played for weddings but more funerals. She filled in at other local churches, at Bethany, Tabor (Tanunda) and Immanuel (Light Pass), when their regular pipe organ players weren't available for a Sunday service.

Loris said, "she had an initial fear of playing a piano or organ out the front of an audience, but the church organ was usually up the back."

Loris initially moved into Trinity Court 3, Room 24 but when the lower levels of Trinity Court were renovated, she requested Room 1, because she liked the view and has lived there ever since. Loris is the longest living resident of the Tanunda Lutheran Home, having reached 18 years in January 2022.

Loris still loves to play and when given the opportunity will play for a TLH church service or funeral. Loris will be seen, walking into the chapel with her large music sheet book, (I'm sure there are a lot of stories there) nestled under her arm. She keeps all the doors closed as she plays the organ.

Sounds can still be heard in the Gramp corridor, so lovely to hear.

Loris loves to remind everyone that she is the longest resident at the Tanunda Lutheran Home and that whatever is happening with regards to the home, she wants to be part of it. So, if a camera is around or some article is being written, she likes to be part of it. I'm sure she will be reminding the staff when her 20<sup>th</sup> anniversary comes around.

You cannot miss Loris, she is a constant fixture in the Tanunda Lutheran Home corridors, with or without her walker and the distinctive shuffling. Even though, sometimes, she will say, "my back is hurting me", she will be seen in every corridor of the home, many hours a day, every day.

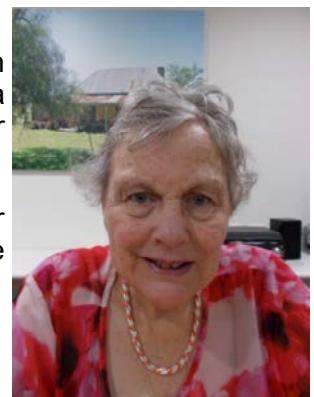
Not wanting to miss out or to make sure she gets it first; Loris is a regular visitor to the reception area anxious to collect her papers and magazine on a Wednesday delivery. Loris enjoys her hairdresser visits and loves to dress up and attend a function in or out of the home. She can be easily seen in a large hat or fascinator for the Melbourne Cup or wearing colourful clothing and jewellery.

Don't close the café, or you will hear Loris telling everyone that she cannot wait until the cafe is open again. At least once a week Loris will be seen in the café enjoying lunch, saying, "I like to step out of Trinity Court and have something different." You may also see her there for a coffee and cake or serving of scones.

Not one for the normal Tanunda Lutheran Home activities, Loris will pop in, sit in the back and watch. You will instead find Loris, sitting in the Trinity Court or Protea lounge, working on a puzzle, doing crosswords, or find words, out of the Advertiser or a magazine.

Staff and residents certainly know when Loris is not well, as you miss her presence in the corridors or lounge areas, but it doesn't seem to last long, she returns with her 'Loris' charm'.

*Written by Sharryn Hueppauff – Placement Coordinator  
References – information from Lee care, Staff, observations, and personal encounters with Loris.*





## RESIDENTIAL ACTIVITIES

During the week of valentines day the residents of the home celebrated with a high tea. The week long special event consisted of elegant treats from the kitchen and lovely tea out of China cups with lace table cloths, fresh flowers and dollies.



HAPPY  
*Valentine's Day*

Thank you to the Lifestyle Team for putting on some beautiful events during Valentines day week. Each high tea was filled with residents sharing experiences, reminiscing and feeling special. Some of the residents shared how nice it was to drink out of a China cup.



## VOLUNTEER NEWS



### Message from Belinda; Customer Service, Volunteer & Leisure Coordinator

**Hello volunteers and welcome to the march Tit Tat. We would like to extend a big thank you to you all as the year has started off a little rocky. I am pleased to say that we are slowly getting back to "Normal" if there is such a thing. I would strongly encourage that if you are unsure about what you could be doing to support TLH and the residents please either send me an email or make a time to pop in. We have many residents waiting for 1x1 visits from you. Thank you for the huge contribution that you all give. We couldn't do it without you.**

### Volunteering

If you would like to become a volunteer at TLH please either send me an email at [belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au) or you can call reception.



**Happy Birthday  
To all of our  
wonderful Volunteers  
for the month of  
March**



**Thank you to the beautiful donations that we have received this month. TLH are always happy to accept donations of any kind. At the moment we are looking for China cups and saucers for our high tea events. If you have some in good condition; we would love to take them off your hands. Thank you Again.**

## COMMUNITY NEWS

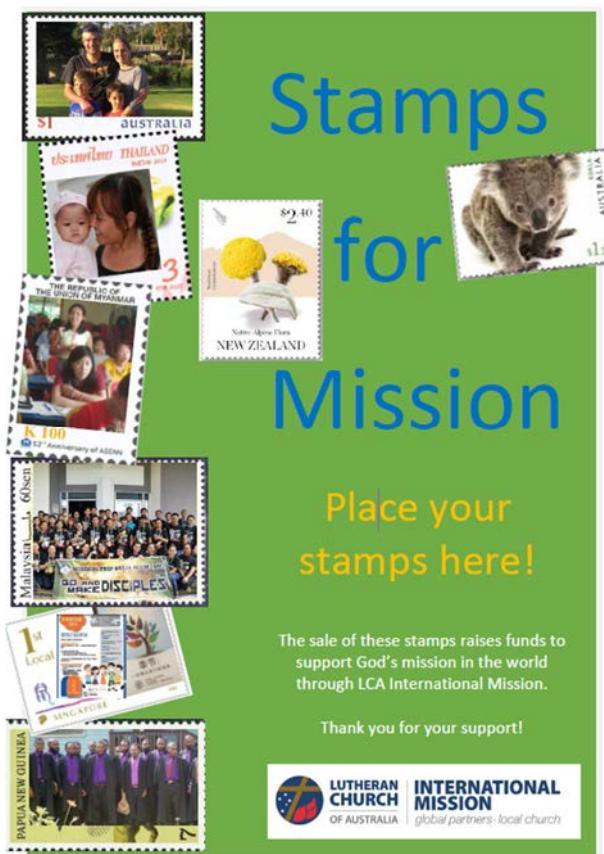
### Cutting Edge

The Hairdresser is open Wednesday—Friday 8:30—5pm Please phone to make an appointment On ext 750

Bottle top sorting for the grow love gardens will commence again this month. If you wish to donate your bottle tops please ensure they are the correct ones. All other bottle tops will be placed in the general recycling.



TLH continue to collect used stamps that can be dropped off at either reception or the Protea nurses station.



# ACTIVITY PROGRAM

## Tuesday 1st—Shrove Tuesday

10:30 Memory Game	ABG
10:30 Moovers and Groovers	TC
10:30 Moovers and Groovers	Protea
1:30 Men's Shed / Ladies Pampering	ABG
1:30 Pancakes in Neighbourhoods	TLH
3:30 Quiz / Small Group Activity	ABG



## Wednesday 2nd

From 9am TLH LIBRARY OPEN	
10:30 Art and Craft	ABG
10:30 Bottle Top Sorting	Protea
11:00 Waratah Service	Waratah
1:30 Armchair Exercise	ABG
1:30 Balloon Tennis	TC / Protea
1:30 Art & Craft	Waratah
2:00 1st Blessing of the month	ABG
3:30 Word Games	ABG

## Thursday 3rd

### From 10am CAFÉ' SHOP TROLLEY

10:30 Current Affairs	ABG
10:30 1x1 Outdoor Walks	TC
10:30 Rumminkin	Protea
10:30 Moovers and Groovers	Waratah
1:30 Bean Bag Toss	ABG
1:30 Vase Decorating	TC / Protea/ Waratah
3:30 Creative Corner	ABG

## Friday 4th

From 9am TLH LIBRARY OPEN	TC
10:30 Chair Yoga	ABG
10:30 Chapel Service	TC
10:30 Chapel Service	Protea
10:30 Hoy	Waratah
1:30 Coffee & Chat	ABG
1:30 Coffee & Chat	TC / Protea
1:30 Bingo	Waratah
3:30 Memory Game / Small Group Activity	ABG



## Saturday 5th

1:30 Art & Craft	ABG
3:00 Rapp Ball	ABG
4:00 1x1	ABG

**PLEASE NOTE : ALL LIFESTYLE  
PROGRAMS MAY BE SUBJECT TO  
CHANGE.**

## Sunday 6th

10:00 Church Service Independent Only	Chapel
1:30 Movement to music	ABG
2:30 Word Games	ABG
4:00 1X1	ABG



## Monday 7th

11:00 Worship Service	ABG
10:30 Card Games	TC
10:30 1x1's	Protea
10:30 Bingo	Waratah
1:30 Ten Pin Bowling	ABG
1:30 Bingo	TC
1:30 Bingo	Protea
1:30 Water Ping Pong	Waratah
3:30 Bingo / 1x1	ABG

## Tuesday 8th

10:30 Memory Game	ABG
10:30 Moovers and Groovers	TC
10:30 Moovers and Groovers	Protea
10:30 Knit & Natter	Waratah
1:30 Men's Shed / Ladies Pampering	ABG
1:30 Billiard Bowls	TC
1:30 Billiard Bowls	Protea
1:30 Think & Link	Waratah
3:30 Reminiscing / Small Group Activity	ABG

## Wednesday 9th

From 9am TLH LIBRARY OPEN	TC
10:30 Music Therapy	ABG
10:30 Card Games	TC
10:30 Bottle Top Sorting	Protea
11:00 Chapel Service	Waratah
1:30 Arm Chair Exercise	ABG
1:30 Wheel Of Fortune	TC
1:30 Whiteboard Games	Protea
1:30 Balloon Tennis	Waratah
3:30 Small Group Activities	ABG

## Thursday 10th

From 10am CAFÉ' SHOP TROLLEY	ABG
10:30 Current Affairs	TC
10:30 1x1 Outdoor Walks	Protea
10:30 Hand Massagers	Waratah
10:30 Moovers and Groovers	ABG
1:30 Parachute Ball	TC
1:30 Flower Arranging	Protea
1:30 Flower Arranging	Waratah
1:30 Flower Arranging	ABG
3:30 Board Games & Puzzles	ABG

Friday 11th

From 9am TLH LIBRARY OPEN  
 10:30 Chair Yoga  
 11:00 Chapel Service  
 11:00 Chapel Service  
 10:30 Hoy  
 1:30 Cooking / Food Tasting  
 1:30 TLH Show  
 1:30 TLH Show  
 1:30 TLH Show  
 3:30 Memory Game / Small Group Activity

Saturday 12th

1:30 Healing Hands  
 3:00 Tunnel Ball  
 4:00 1x1

TC  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG

Wednesday 16th—AFL Starts

From 9am TLH LIBRARY OPEN  
 10:30 Art and Craft  
 10:30 Whiteboard Word Games  
 10:30 Bottle Top Sorting  
 11:00 Waratah Service  
 1:30 Arm Chair Exercise  
 1:30 Balloon Tennis  
 1:30 Balloon Tennis  
 1:30 Quiz  
 3:30 Word Games

TC  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG



ABG  
 TC  
 Protea  
 Waratah  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG

Sunday 13th

10:00 Church Service Independent Only  
 1:30 Ballon Tennis  
 2:30 Card Games  
 4:00 1X1

Chapel  
 ABG  
 ABG  
 ABG

Thursday 17th—Saint Patrick's Day

From 10am CAFÉ' SHOP TROLLEY  
 10:30 Current Affairs  
 10:30 1x1 Outdoor Walks  
 10:30 Rummikin  
 10:30 Moovers and Groovers  
 1:30 Saint Patricks Day Activities  
 1:30 Irish Carpet Bowls  
 1:30 Irish Carpet Bowls  
 1:30 Saint Patrick's Quiz  
 3:30 Creative Corner

Monday 14th—

Adelaide Cup Day  
Public Holiday

Friday 18th

From 9am TLH LIBRARY OPEN  
 10:30 Tunnel Ball  
 10:30 Chapel Service  
 10:30 Chapel Service  
 10:30 Hoy  
 1:30 Drumming Circle  
 1:30 Bean Bag Toss  
 1:30 Bean Bag Toss  
 1:30 Bingo  
 3:30 Memory Game / Small Group Activity

TC  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG

Tuesday 15th

10:30 Memory Game  
 10:30 Moovers and Groovers  
 10:30 Moovers and Groovers  
 10:30 Knit and Natter  
 1:30 Men's Shed / Ladies Par  
 1:30 Tunnel Ball  
 1:30 Tunnel Bal  
 1:30 1x1  
 3:30 Quiz / Small Group Activity



ABG  
 TC  
 Protea  
 Waratah  
 ABG  
 TC  
 Protea  
 Waratah  
 ABG

Saturday 19th

1:30 Art & Craft  
 3:00 Rapp Ball  
 4:00 1x1



ABG  
 ABG  
 ABG

Sunday 20th

10:00 Church Service Independent Only  
 1:30 Movement to music  
 2:30 Word Games  
 4:00 1X1

Chapel  
 ABG  
 ABG  
 ABG



**PLEASE NOTE : ALL LIFESTYLE  
 PROGRAMS MAY BE SUBJECT TO CHANGE.  
 PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER  
 FOR DETAILS ON THE DAY—Thank you**

## Tanunda Lutheran Home

## Residential Lifestyle Program

March 2022

### Monday 21st—Harmony Day

11:00 Worship Service  
10:30 Card Games  
10:30 1x1 Outdoor Walks  
10:30 Bingo  
1:30 Ten Pin Bowling  
1:30 Harmony Day Event  
3:30 Harmony Day Event

ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea / Waratah  
ABG



LUTHERAN  
CARE

### Tuesday 22nd

10:30 Memory Game  
10:30 Moovers and Groovers  
10:30 Moovers and Groovers  
10:30 Knit and Natter  
1:30 Men's Shed / Ladies Pampering  
1:30 Guest Speaker Lutheran Care TC/ Protea/ Waratah  
3:30 Reminiscing / Small Group Activity

ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea / Waratah  
ABG

### Wednesday 23rd

From 9am TLH LIBRARY OPEN  
10:30 Art & Craft  
10:30 Card Games  
10:30 Bottle Top Sorting  
10:30 Chapel Service  
1:30 Arm Chair Exercise  
1:30 Secret Women's Business  
1:30 Foot Spas  
3:30 Bottle Top Washing

TC  
ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG

### Thursday 24th

From 10am CAFÉ' SHOP TROLLEY  
10:30 Current Affairs  
10:30 1x1  
10:30 Hand Massagers  
10:30 Moover and Groovers  
1:30 Parachute Ball  
1:30 Water Ping Pong  
1:30 Coffee & Chat  
3:30 Board Games & Puzzles

ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG

### Friday 25th

From 9am TLH LIBRARY OPEN  
10:30 Chair Yoga  
11:00 Chapel Service  
11:00 Chapel Service  
10:30 Hoy  
1:30 Foot Spas  
1:30 Word Games  
1:30 Bingo  
3:30 Memory Game

TC  
ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG



### Saturday 26th

1:30 Healing Hands  
3:00 Tunnel Ball  
4:00 1x1



ABG  
ABG  
ABG

### Sunday 27th

10:00 Church Service  
1:30 Balloon Tennis  
2:30 Card Games  
4:00 1X1

Chapel  
ABG  
ABG  
ABG

### Monday 28th

11:00 Worship Service  
10:30 Card Games  
10:30 1x1  
10:30 1x1  
1:30 Bean Bag Toss  
1:30 Bingo  
1:30 Ping Pong  
3:30 Bingo / 1x1



ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG

### Tuesday 29th

10:30 Memory Game  
10:30 Moovers and Groovers  
10:30 Moovers and Groovers  
10:30 Knit & Natter  
1:30 Men's Shed / Ladies Pampering  
1:30 Billiard Bowls  
1:30 Think & Link  
3:30 Reminiscing / Small Group Activity

ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG

### Wednesday 30th

From 9am TLH LIBRARY OPEN  
10:30 Art & Craft  
10:30 Card Games  
10:30 Bottle Top Sorting  
11:00 Chapel Service  
1:30 Arm Chair Exercise  
1:30 Wheel Of Fortune  
1:30 Balloon Tennis  
3:30 Concentration



TC  
ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah  
ABG

### Thursday 31st

From 10am CAFÉ' SHOP TROLLEY  
10:30 Current Affairs  
10:30 1x1 Outdoor Walks  
10:30 Hand Massagers  
10:30 Moovers and Groovers  
1:30 Bean Bag Toss  
1:30 Tunnel Ball  
1:30 Word Games

ABG  
TC  
Protea  
Waratah  
ABG  
TC / Protea  
Waratah