



TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

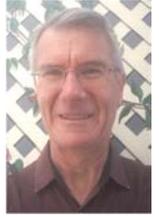
Jesus Christ said:
"Love one another as I have loved you"
John 13:34

SEPTEMBER 2021

Lutheran
Church
of Australia



Chaplain's Reflection



Slow Trains

On my way to work recently, on the lookout for cheap petrol, I took a different route and got stuck at a level crossing with a very slow and very long train coming through. At first I was cranky about the hold up. But then I relaxed, sat back and watched the show. Over 100 very old and very graffiti laden carriages rumbled by, and some of that art was very good. It was like being in a gallery with endless works of art moving by, and they passed at a speed where I could enjoy each one, marveling at the skill of the artists. And all I had to do was stay in the warmth of my car and enjoy this gift.

The graffiti-laden carriages were also a gift, because they provided me with another metaphor for moving into aged care. Moving into aged care is inevitably an enforced slow-down, where the old body inevitably pins you to the wall and says: "You aint going anywhere mate".

At first the slow-down, the interruption to one's life, seems pointless and ridiculous to some. But then you start to notice different things as you ponder the new life situation. Some of the things you notice may be the things you hated, or thought very ugly, which you now start to see with a new appreciation. And some of the things you thought were beautiful and life-giving are not available anymore and need to be grieved.

In an ultimate sense we may imagine God as the celestial train driver. He drops the boom gates down. He stops us in our tracks. And then he begins to show us new things, things which first may look ugly, like the enforced vulnerability at the hands of young staff, the routines and company which we would have run a hundred miles from just 5 years ago. And we begin to see beauty in these things. Life is renewed in a way we least expect it. And all we have to do is open our eyes, or our other senses if the eyes don't work so well anymore.

Believing God really cares is always a challenging act of trust. The invitation is to sit back, open your eyes (and your heart) and see what comes next. You'll probably be surprised.

Chaplain Ian.



family



HAPPY BIRTHDAY

4 Mollie Le Page



5 Ralph Kernich



26 Pamela Zeunert



HAPPY BIRTHDAY

WELCOME

Respite

Gwenyth Benjamin

Permanent

Peggy (Peg) Guyatt

Donald (Don) Jaeger

Rex Mickan

Edna (Jean) Kuhn

Imants Bunde

Richard Filsell



family

Stay safe and remember to hand hygiene .
Please, if you are unwell do not visit the home , we are keeping our residents, your loved ones safe .

If you have had your COVID-19 vaccinations remember to upload details on our Zipline system or ask the reception for help if needed.

Thank you

The **DEADLINE** for all:
News / Information / Stories - October 2021 edition is

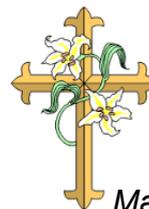
Monday 27th September

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



DEATHS

Our deepest sympathy to the families of

*Marie Bryant 1st August
Thelma Ziersch 8th August
Marjorie Wilkinson 8th August
Mary Brown 22nd August
June Hansen 24th August*

May they rest in peace ..



SHOPPING BUS



Please remember to book -

They will only be travelling to Tanunda until further notice. Thank you

Wednesday	1st Sept.	Tanunda
Wednesday	8th Sept.	Tanunda
Wednesday	15th Sept.	Tanunda
Wednesday	22nd Sept.	Tanunda
Wednesday	29th Sept.	Tanunda

The Bus will pick **IL Residents** up from their home - **ONLY** if you have booked - TLH (in home) Residents must be at reception by 9am and must book.

From the CEO

Lee Martin



Happy Spring everyone. Is it nice to see some sunshine and feel the warmth of the sun on our face again. There has been a reasonable amount of rain which has turned the Barossa Valley very green.

To all the DADs – Happy Father's Day on the 5th September – may you all be spoilt by your children no matter what age they are. Have a great day.

To the CROWS Supporters – there is always next year. To the POWER Supporters – let's hope the Grand Final Cup comes to South Australia. May the best team win on the day.

I would like to acknowledge the great work our government here in South Australia have done in keeping us safe and free of the COVID-19 pandemic. Please join with me to keep the other states in our thoughts and prayers for all to keep safe during these testing times. There is no fun in being in a lockdown situation for so long.

Here at Tanunda Lutheran Home (TLH) all is going well. The new executive team have settled in well. They are getting on with the job at making TLH a better place. We received the news from the Aged Care Regulators that our accreditation has been extended for another six months which means our three-year survey will not occur until 2022.

We have again seen the long serving staff move on to other opportunities. Anne White our Podiatrist after nearly 12 years has decided she needs to slowdown and Mandy Fletcher who has managed rosters and other various roles in her over 17 years has moved to take on a more senior role in another aged care facility. Both staff members have been farewelled with lots of food, gifts, and the card. A Podiatrist will be contracted to provide these services to our residents into the future. Shaedell from reception has accepted the fulltime role in Rostering and admin support.

As the year is moving along, we are dealing with more change in the way aged care is provided. With assistance of the pharmacist and doctors we have introduced new policies to do with reducing the use of antibiotics, overall medications and reduction in the use of antipsychotic medications. In an area to ensure safety of our residents TLH no longer uses bed rails on our beds. We use practices that are less restrictive for the resident. All residents with an assessed falls risk are monitored and care plans are reflective of current practices needed to reduce falls.

Over the past week I have had the pleasure of meeting our new Board Member – Mark Kleemann. Mark is a Lutheran Pastor who has just retired from service with the Airforce as a Chaplain. He lives locally and was born in Tanunda – so it makes him a true local. Please join me in welcoming Mark into the TLH family.

As can be seen around the villages, construction continues, our units on Langmeil Road – expected completion date is now November 2021 – lots happening on the site. Please remember the construction area is a NO ENTRY zone for residents and families. The construction of a further five units at Nuriootpa will commence very soon. For the residents and families who reside or visit Trinity Court there will be some re-construction work happening around the two glassed areas to stabilize the ceilings.

It's September, that means the ROBOTS are still coming. The robots are coming from America, travelling through Sydney to arrive in Adelaide. With the COVID-19 issue we are not sure when the arrival date will be at this stage. I will ensure I keep you all informed. Some building work is required throughout the home to ensure the doorways are all automated and wide enough for ease of movement of the robots and placement of various trolleys.

Over the coming weeks I will be away on a period of sick leave. I am finally having surgery on my aching back to assist in reducing my chronic pain. To all those who have supported me over the past months by checking up on me – thank you, it means a lot to me. In my absence Sharon Berridge will be the first point of call. She will have Rachel & Ameya assisting her. I do hope to be back in around three weeks' time depending on how it all goes.

Please remember, wear a mask wherever you go, wash your hands frequently and use sanitizer often.



Tanunda
Lutheran Home Inc.

Quality Information

from Sharon & Steph
Care Manager &
Quality & Training Officer



NEW PUBLIC REPORTING OF RESIDENTIAL AGED CARE VACCINATION

Nationally as at 22 August, of the total 278,214 residential aged care workers reported to date by providers, 189,541 have received a first dose COVID-19 vaccine (68 per cent) and 130,405 are fully vaccinated (47 per cent).

An [interactive map](#) showing data on vaccination rates of residential aged care workers across Australia is being published today on the department's [website](#).

The map displays data reported through the My Aged Care provider portal and will be updated weekly, in line with the mandatory reporting requirements for providers. The data does not include exemptions for workers under public health orders at this time.

To protect the personal information of individuals – especially at smaller facilities — data is banded into ranges.

A facility's workforce vaccination rate will be displayed within a range, not as a specific number e.g. *90-100% of workers at this facility have at least one dose*.

The band width is based on the number of workers at the residential aged care facility.

Larger percentage bands are used when reporting vaccination rates for residential aged care facilities with less than 20 staff.

Data for facilities with fewer than five staff is not included.

The map is compliant with privacy laws and policies relevant to the electronic publishing of health data.

Note that providers with very low vaccination rates appear to mainly be services with old data. Providers that have not updated their vaccination rates recently should do so as soon as possible

Source: LASA Health Update 288 — Email, 23 August 2021

SA HEALTH - INFORMATION FOR RACFS ON MANDATORY COVID-19 VACCINATION

From 17 September 2021, all RACF staff, contractors and volunteers are required to have received at least one dose of a TGA approved COVID-19 vaccine and have evidence of a booking to receive, or have received, a second dose.

The [Information for Residential Aged Care Facilities fact sheet](#) has been updated to cover some of the more specific questions that have been raised by the sector over the past week.

Who is mandated?

The requirement to receive a mandatory COVID-19 vaccination applies to people who are:

- Employed or engaged by or on behalf of a RACF (whether as an employee, contractor or agency staff) to work or perform duties at a premises of a RACF on a full time, part time or casual basis, including:
- **Direct care workers** (nurses; personal care workers; allied health professionals; and allied health assistants)
- **Administration staff** (reception; management; administration)
- **Ancillary staff** (food preparation; cleaning; laundry; garden; maintenance)
- **Lifestyle / social care** (music/art therapy)
- **Transport drivers of residents of RACF**

- **Volunteers** engaged by a RACF to undertake duties at a RACF
- **Students** on placement at a RACF; and
- **Medical practitioners and allied health professionals** who attend and provide care to residents of a RACF whether employed or engaged by the resident, RACF or another person.

Note: Under the South Australian RACF Emergency Management Direction, allied health professionals such as occupational therapists, physical therapists, speech language pathologists, etc. are mandated to receive COVID-19 vaccination, whether employed or engaged by the resident, RACF or another person.

Who is not mandated?

Some people who must enter a RACF to provide a service, are not mandated to receive a COVID-19 vaccination under the RACF Emergency Management Direction, however COVID-19 vaccination is strongly encouraged for anyone entering a RACF. The following people are not included in this Direction:

- In-reach services including AN-ACC/ACAT/RAS assessors, Aged Care Quality and Safety Commission field staff, Aged Care Advocates delivering the National Aged Care Advocacy Program (Older Persons Advocacy Network Members), trade union officials.
- Emergency services staff, including SA Ambulance Officers undertaking resident transport to/from hospital or providing treatment in a RACF.
- Contractors such as trades people, delivery drivers, hairdressers, librarians, solicitors, pastoral care workers / clergy.
- Volunteers who are not engaged by a RACF, for example community visitors providing companionship to a resident at the request of the resident.
- Family and friends of the resident.

What exemptions are in place and how are they granted?

In a limited number of circumstances, exemptions to the requirement for mandatory COVID-19 vaccination may apply.

Requests for temporary exemptions (not medical grounds or pregnancy) must be made in writing to the Department for Health and Wellbeing by email to officeforageingwell@sa.gov.au. Requests should include contact details and any information relevant to the request.

Source: Department of Health — Email, 19 August 2021

AGED CARE VACCINE ROLLOUT WEB PAGES UPDATED

[Department web pages](#) for aged care workers, providers and residents have been updated with the latest information on the rollout of COVID-19 vaccination for aged care.

Information covering how and where to get a vaccine, eligibility and accessibility is included as well as details on mandatory vaccination and related public health orders, and updated information on recording and reporting.

The newly-developed [mandatory vaccination page](#) includes links to the national framework endorsed by AHPCC, as well as public health orders issued by WA, SA, TAS, the NT and QLD. Public health orders for other states and territories will be added as they are released.

Fact sheet on accessing COVID-19 vaccination translated and now available in 19 languages.

A fact sheet describing how residential aged care workers can access a COVID-19 vaccination ahead of the 17 September deadline for mandatory vaccinations is now available in 19 languages other than English on the department website.

Please share the fact sheets with your workers: [COVID-19 vaccination – How workers in residential aged care can get a COVID-19 vaccination \(other languages\) | Australian Government Department of Health](#).

Source: Department of Health, Email, 22 August 2021

CONTINUOUS IMPROVEMENT

- TLH have received a grant to purchase robots to assist with manual handling tasks, we expect to see these onsite in October/November. Renovations around the home will occur to accommodate the use of the robots.
- New WIFI is being installed throughout TLH
- TLH board have approved a proposal to construct 4 new rooms by ABG, allowing TLH to hold maximum capacity of residents (120)
- New kitchen appliances have been purchased, A new oven and dishwasher will be installed in our main kitchen and each neighbourhood kitchenette will received a new dishwasher
- New laptops, used for medication administration, have kindly been donated by the TLH Ladies Auxiliary

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During July we received complaints about Care (3) and Food & Beverages (8). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during July we received compliments about Education/Training (1), Environment (3), Food & Beverages (21), Lifestyle (4), Maintenance (1), Other (3), Staff (28) and Wellbeing (1). TLH received a total of six suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Sharon & Steph
26th August 2021

really
Are they OK?
Ask them today

Make a moment meaningful and ask R U OK?

Help us mark R U OK? day
9th September 2021
by wearing a splash of yellow.

Merchandise is available from 6th September

Wrist bands \$1
Pins \$2
Pen \$4
Badge \$5
prices are per item

All funds raised will be donated to RUOK
more merchandise is available from ruok.org.au

Remember to stay connected and make asking "are you OK?" part of your everyday

Find more tips at ruok.org.au

RUOK?
A conversation could change a life.

RUOK?™
A conversation could change a life.

1. Ask R U OK?

2. Listen without judgement

3. Encourage action

4. Check in

Start a conversation using these 4 steps

cool? getting there?

Visit us at ruok.org.au

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.timmis@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – **Kim Hahn** if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people

NURIOOTPA
RETIREMENT LIVING

TANUNDA
RETIREMENT LIVING

Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

Phone Call Letter In Person

Comment forwarded to Department Leader:

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months N/A

6 Months

9 Months

Other: _____

Resident Relative Staff IRL Resident Other: _____

Compliment Complaint Suggestion

Comments / Details:

Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Do you have a concern?

You can do something about it.

If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@lthome.com.au

Lee Martin, Chief Executive Officer
Phone: 08 8563 7733 or Email: lee.martin@lthome.com.au

If you can't resolve your concern with your service provider, you can contact The Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



White
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City



Tanunda
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131 450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Care Manager - Sharon Berridge
(including Allied Health & Lifestyle) sharon.berridge@lthome.com.au or Ph: 8563 7757

Operations Manager - Rachel Strudwick
(Including Catering, Food Service WHS, Maintenance) rachel.strudwick@lthome.com.au or Ph: 8563 7771

Financial Controller – Ameya Bhiskute
(Accommodation & Fees/Bonds) ameya.bhiskute@lthome.com.au or Ph: 8563 7768

Staff News



welcome
TO THE TEAM



Kristi McDonald
ACFI - EN



Ameya Bhiskute
Financial Controller



Eric Kinyanjui
Registered Nurse



Julian Soriano
Pharmacist



Courtney Mudge
Receptionist



Duan Tobitt
Hospitality



Prisca Tahwa
Carer



Lisselle Sharman
Hospitality

 **Aged Care
Employee Day**
Thanks for caring

Congratulations to our TLH
superhero costume winners:
Michael Hentschke
Sheree Wills
Charlie Sapio



And a huge thank you to all those who participated. You all looked great.

*Aidacare Healthcare
Equipment*

**Aspire Altitude
Vertical Lift Chair**



You may have seen our amazing new respite rooms with the Altitude Vertical lift Chair:

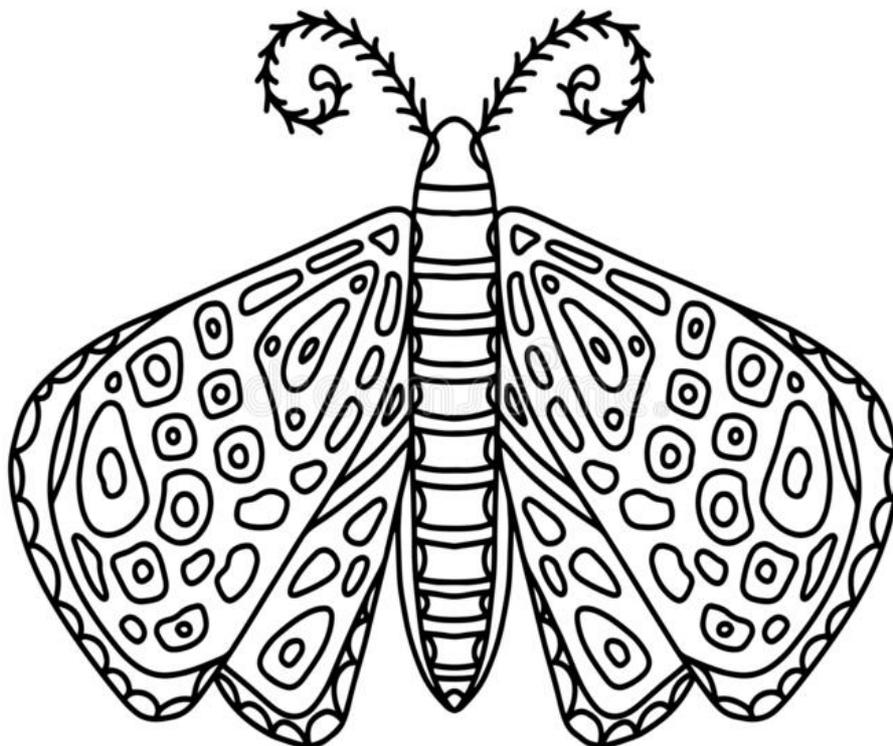
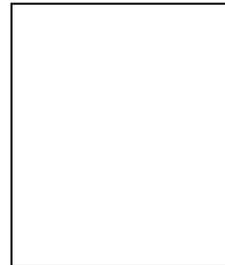
- Fully lie down mode
- Fully rises to get you out of chair
- Able to have lifters underneath chair
- Handles at back to transport a resident around



\$1946.25 GST Free (not including freight) Please Note: purchase subject to assessment by Physio OT (*Pls contact Sharryn to arrange*) (retail price over \$2500.00)



Contact: Sharryn Hueppauff
Placement Coordinator on 8563 7713



TLH are working with the Grow Love community Gardens and sorting bottle tops for recycling.

We have been really pleased to see staff, visitors and Independent living residents support this initiative and have also donated their bottle tops.

A few important points — Please ensure that all bottle tops are clean and are not soiled

- ✗ Metal lids (wine lids) are not part of this initiative and can not be accepted
- ✗ Lids off of jars and other items are also not appropriate such as vegemite lids and chemical tops.
- ✗ Small lids from soft drink bottles are also not accepted

- 3lt milk bottle tops
- Large Juice bottle tops
- Large flavour milk tops



Winners will be announced
Friday the 24th of
September at the Footy
Tipping Presentation,
1.30pm in the Chapel.
Hope you can join us!

Collaboration Committee

We are looking for 2 new members to join the Resident Collaboration Committee. We are needing a representative from Trinity Court and a representative from Waratah. If you think you would like to join the committee please contact Stephanie Timmis or let one of the friendly staff know. Meetings are held on the 2nd Thursday of every month at 1.30pm.

HELP WANTED - HELP WANTED

The laundry are looking for some volunteers who would like to assist with some ironing.

On a ***Tuesday*** and/or a ***Thursday*** morning
Between **10-11.30am**

Either on a regular basis or a once off.

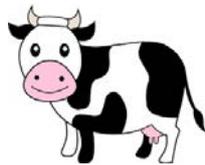
Don't need to be an expert, all skill levels will be welcomed.

If you are available to help please either see
Tammy Wastell or Belinda Treloar



Where do cows go on a Friday nights?

They go to the moo-vies!



ABG Artist of the Month
Audrey Zerk

Rental Opportunities

Recliners - Fridges - Carparks

Recliners - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

Fridges - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

Car parking - Residents with a car, we can offer you a reserved park .

Chairs (normal chair) - Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and agreements, please see Sharryn Hueppauff.





"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





BAROSSA CLUB

"Enjoying life with fun & friends"

Always something happening in the .. Barossa Club ..



Residential Lifestyle Activities

Pampering in ABG

Cheryl Frost, Joyce Lehmann, Toini Mustalahti,
Raelene Graetz



Bean Bag Toss in the Chapel

Clockwise
Errol Weiss
Stan Rosenzweig
Kevin Illman
Rhonda Steinberner
Margaret Meyer



VOLUNTEER NEWS



**Message from
Belinda
Lifestyle / Volunteer
Coordinator**

Thank you to all the volunteers who came to Julian's presentation on the Covid-19 Vaccine. You should have received a letter in the post by now informing you all of the changes in regulations for our volunteers. All volunteers must have a covid vaccine to continue to volunteer for TLH. Please come and see me if you would like to chat about this.



Volunteering

If you would like to become a volunteer at TLH please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.



ACTIVITY PROGRAM

Wednesday 1st

9.00 - 12noon	TLH Library Open	Trinity
10.00	Bottle Top Sorting	Protea
10.30	Art Therapy	ABG
11.00	Waratah Service	Waratah
1.30	Arm Chair Exercises	Acacia Lounge
2.00	1st Blessing of the month	Acacia Lounge
1.30	Balloon Tennis	Chapel
3.30	Current Affairs	Grevillea

Thursday 2nd

From 10am CAFÉ SHOP TROLLEY		
10.30	Wonders of Nature	Grevillea
10.30	Moovers & Groovers	Chapel
1.30	Rapp Ball	Grevillea
1.30	Tarp Target Toss	Chapel
1.30	Switch Cards	Library

Friday 3rd

9.00 - 12noon	TLH Library Open	Trinity
10.00	Hoy	Waratah
10.30	Walking Group	Leaving from Acacia
11.00	Church Service	Protea / TC Chapel
12noon	BBQ Lunch for the Men	Social Centre
1.30	Social Bingo	Chapel
1.30	Memory Games	Acacia Lounge
3.30	Movie Time	ABG

Saturday 4th

1.30	Keep Moving	Grevillea
3.30	Tunnel Ball	Grevillea

Sunday 5th—Father's Day

10.00	Church Service	Chapel
1.15	Sing Along	Grevillea
2.30	Reminiscing	Grevillea
4.00	1x1	ABG



PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 6th

11.00 Worship Service
 1.30 Social Bingo
 1.30 Picture/ Bingo
 2.30 Art and Craft



Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Tuesday 7th

From 10am Knit & Natter
 10.30 Moovers & Groovers
 10.30 **Memory Game**
 1.30 Carpet Bowls / Happy Hour
 1.30 Men's Group
 1.30 Ladies Pampering
 3.30 Quiz / Reminiscing

Protea
 Chapel
 Acacia
 Chapel
 Men's Shed
 Grevillea
 Grevillea

Wednesday 8th

9.00 - 12noon [TLH Library Open](#)
 10.00 Bottle Top Sorting
 10.30 Art Therapy
 11.00 Waratah Service
 1.30 Arm Chair Exercises
 1.30 Balloon Tennis
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Waratah
 Acacia Lounge
 Chapel
 Grevillea

Thursday 9th

From 10am **CAFÉ SHOP TROLLEY**
 10.30 Wonders of Nature
 10.30 Moovers & Groovers
 1.30 Ping Pong
 1.30 Art and Craft
 1.30 **Switch Cards**



Grevillea
 Chapel
 Grevillea
 Chapel
 Library

Friday 10th

9.00 - 12noon [TLH Library Open](#)
 10.00 Hoy
 10.30 Walking Group
 11.00 Church Service Protea / TC
 1.30 Social Bingo
 1.30 Memory Games
 3.30 Movie Time

Trinity
 Waratah
 Leaving from Acacia
 Chapel
 Chapel
 Acacia Lounge
 ABG

Saturday 11th

1.30 Art and Craft
 3.30 Pampering

Grevillea
 Grevillea

Sunday 12th

10.00 Church Service
 1.15 Balloon Tennis
 2.30 Cards
 4.00 1x1



Chapel
 Grevillea
 Grevillea
 ABG

Monday 13th

11.00 Worship Service
 1.30 Social Bingo
 1.30 Picture/ Bingo
 2.30 Art and Craft

Acacia Lounge
 Chapel
 Grevillea
 Grevillea



Tuesday 14th

From 10am Knit & Natter
 10.30 Moovers & Groovers
 10.30 **Memory Game**
 1.30 Water Ping Pong
 1.30 Men's Group
 1.30 Ladies Pampering
 3.30 Quiz / Reminiscing

Protea
 Chapel
 Acacia
 Chapel
 Men's Shed
 Grevillea
 Grevillea

Wednesday 15th

9.00 - 12noon [TLH Library Open](#)
 10.00 Bottle Top Sorting
 10.30 Art Therapy
 11.00 Waratah Service
 1.30 Arm Chair Exercises
 1.30 Wheel Of Fortune
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Waratah
 Acacia Lounge
 Chapel
 Grevillea

Thursday 16th

From 10am **CAFÉ SHOP TROLLEY**
 10.30 Wonders of Nature
 10.30 Moovers & Groovers
 1.30 **COOKING**
 1.30 Bean Bag Toss
 1.30 **Switch Cards**

Grevillea
 Chapel
 Grevillea
 Chapel
 Library

Friday 17th

9.00 - 12noon [TLH Library Open](#)
 10.00 Hoy
 10.30 Walking Group
 11.00 Church Service Protea / TC
 1.30 Social Bingo
 1.30 Memory Games
 3.30 Movie Time

Trinity
 Waratah
 Leaving from Acacia
 Chapel
 Chapel
 Acacia Lounge
 ABG

Saturday 18th- Oktoberfest

1.30 Keep Moving
 3.30 Tunnel Ball



Grevillea
 Grevillea

Sunday 19th

10.00 Church Service
 1.15 Sing Along
 2.30 Reminiscing
 4.00 1x1

Chapel
 Grevillea
 Grevillea
 ABG

Monday 20th

11.00 Worship Service
 1.30 Social Bingo
 1.30 Picture/ Bingo
 2.30 Art and Craft

Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Tuesday 21st

From 10am Knit & Natter
 10.30 Moovers & Groovers
 10.30 **Memory Game**
 1.30 Billiard Bowls
 1.30 Men's Group
 1.30 Ladies Pampering
 3.30 Quiz / Reminiscing

Protea
 Chapel
 Acacia
 Chapel
 Men's Shed
 Grevillea
 Grevillea

Wednesday 22nd

9.00 - 12noon [TLH Library Open](#)
 10.00 Bottle Top Sorting
 10.30 Art Therapy
 11.00 Waratah Service
 1.30 Arm Chair Exercises
 1.30 Ten Pin Bowling
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Waratah
 Acacia Lounge
 Chapel
 Grevillea

Thursday 23rd

From 10am **CAFÉ SHOP TROLLEY**
 10.30 Wonders of Nature
 10.30 Moovers & Groovers
 1.30 Basketball
 1.30 Arm Chair Travel
 1.30 Switch Cards



Grevillea
 Chapel
 Grevillea
 Waratah
 Library

Friday 24th—Footy Tipping Presentation

9.00 - 12noon [TLH Library Open](#)
 10.00 Hoy
 10.30 Walking Group
 11.00 Church Service Protea / TC
 1.30 Footy Tipping Presentation
 1.30 Memory Games
 3.30 Movie Time

Trinity
 Waratah
 Leaving from Acacia
 Chapel
 Chapel
 Acacia Lounge
 ABG

Saturday 25th—AFL Grand Final

1.30 Art and Craft
 3.30 Pampering

Grevillea
 Grevillea

Sunday 26th

10.00 Church Service
 1.15 Balloon Tennis
 2.30 Cards
 4.00 1x1

Chapel
 Grevillea
 Grevillea
 ABG

Monday 27th

11.00 Worship Service
 1.30 Social Bingo
 1.30 Picture/ Bingo
 2.30 Art and Craft

Acacia Lounge
 Chapel
 Grevillea
 Grevillea



Tuesday 28th

From 10am Knit & Natter
 10.30 Moovers & Groovers
 10.30 **Memory Game**
 1.30 Mini Putt Putt / Happy Hour
 1.30 Men's Group
 1.30 Ladies Pampering
 3.30 Quiz / Reminiscing

Protea
 Chapel
 Acacia
 Chapel
 Men's Shed
 Grevillea
 Grevillea

Wednesday 29th

9.00 - 12noon [TLH Library Open](#)
 10.00 Bottle Top Sorting
 10.30 Art Therapy
 11.00 Waratah Service
 1.30 Arm Chair Exercises
 1.30 Balloon Tennis
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Waratah
 Acacia Lounge
 Chapel
 Grevillea

Thursday 30th

From 10am **CAFÉ SHOP TROLLEY**
 10.30 Wonders of Nature
 10.30 Moovers & Groovers
 1.30 Bean Bag Toss
 1.30 Tarp Target Toss
 1.30 Switch Cards

Grevillea
 Chapel
 Grevillea
 Chapel
 Library



Footy Tipping Presentation in the chapel at 1.30 Friday 24th Of September

CARD MAKING

THURSDAY 2nd Sep

PROTEA LOUNGE

AREA FROM 10.15AM



PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.



Spring



N G V S L C T J E D F P Z O R L B
 E T O I P H R A S B I J E D M V G
 L Z R M T A O C N I A R G T Y Q N
 I P E J S N Y K F W H S L A I F I
 A Y B E G M D E P T E Q E W C K R
 D S O K R E N T Y L W H J B U I P
 M U P H T B I L D E N O C Z A F S
 K N T C D A W D G P L D B G P L M
 F S E I R Z U N O S A E S N U B L
 W H Z N A P R S M Y T L F M I W S
 P I F C L E A N I N G E B H K A V
 T N U I B M V R Z O F R C A W H R
 M E D P H C R A M B E K L N S T G
 X L F J Y A S N G L S H O W E R S
 H B R E A K O P L V C Z U F Y D K
 C F T X M U B A S I L W D H G N E
 W I H P E D L J R Y Q B S A O X R

APRIL
 BREEZE
 JACKET
 MAY
 RAINBOW
 SHOWERS
 THAW

BASEBALL
 CLEANING
 KITE
 PICNIC
 RAINCOAT
 SPRING
 UMBRELLA

BREAK
 CLOUDS
 MARCH
 PUDDLES
 SEASON
 SUNSHINE
 WINDY