



TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"

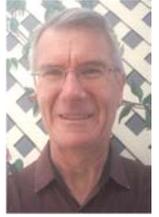
John 13:34

NOVEMBER 2021

*Lutheran
Church
of Australia*



Chaplain's Reflection



It might just be my imagination, but I swear the roses are bigger this year. There's endless beautiful roses in so many gardens, including my own (scrub the 'endless' bit), and the conditions seem to have been perfect for the production of these gorgeous blooms. Check out the car park rose garden if you haven't already done so. Smell a rose if it's been a while.

One of the aims of growing roses, I'd imagine, is to get the flowers to hang on in their perfect state just that little bit longer, before a hot wind, or incessant rain wrecks the whole thing. A bit like people really. We hang on that bit longer, hoping for ideal conditions that will prevent us from 'dropping off the perch' too soon, or at least finding ourselves in a nursing home. And people who arrive at TLH often express the feeling that they were doing so well, and they are so annoyed that they had that fall, or got sick, and now they are in the clutches of the aged care system. Like a wilted rose, past its prime, just hanging on.

OK, that's where comparisons with roses end. We fall. We rise again. Starting a new life, finding our equilibrium again, even in a new place that seems so unfamiliar. New petals grow. New beauty emerges. Even in the least promising of circumstances. And then there's eternity. So a flower blooms once and it is gone. People bloom many times and the best bloom is always ahead. Nursing homes are sometimes called 'God's waiting room'. Well, you could say that about life at any age. I prefer to think that God is with us at all times, in the moment, not waiting for us or us for him. So our Vision is to be dedicated to making every day the best it can be by providing spiritual and physical care in our loving Christian community. Any day has the potential to be one of our best. But it's always been like that hasn't it? Enjoy what's left of Spring. It's been a beauty!

Chaplain Ian.

family

HAPPY BIRTHDAY



- 1 Ivy Winton
- 6 Erika Aubrey
- 10 Heather Beare
- 10 Barry Falland
- 14 Iris Kleinig
- 24 Lissa Claridge



HAPPY BIRTHDAY

WELCOME

Permanent

Brenda Hollitt
Irene Golding



family

Stay safe and remember to hand hygiene .
Please, if you are unwell do not visit the home , we are keeping our residents, your loved ones safe .

If you have had your COVID-19 vaccinations remember to upload details on our Zipline system or ask the reception for help if needed.

Thank you

The **DEADLINE** for all:
News / Information / Stories - December 2021 edition is

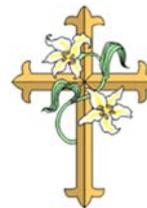
Monday 22nd November

Email: courtney.mudge@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



DEATHS

Our deepest sympathy to the families of

*Gary Jones
Dudley Koch
Verna Robins*

May they rest in peace ..



SHOPPING BUS



Please remember to book -

They will only be travelling to Tanunda until further notice. Thank you

Wednesday	3rd Nov.	Tanunda
Wednesday	10th Nov.	Tanunda
Wednesday	17th Nov.	Tanunda
Wednesday	24th Nov.	Tanunda

The Bus will pick **IL Residents** up from their home - **ONLY** if you have booked - TLH (in home) Residents must be at reception by 9am and must book.

From the CEO

Lee Martin



Are you enjoying the wonderful spring weather? I'm not enjoying the hay fever – it seems like everyone is suffering from the sneezes & itchy eyes.

I know I have discussed it before, but I do want to talk about change. In the aged care industry, we all must show what we are doing to improve things – this means changes are always happening. At our Home we are always striving to meet everyone needs, likes and dislikes. To gain more insight as to how we are doing as an organisation we are having a meet and greet day in the Nuriootpa Coop Mall. We will be asking questions and recording answers from those who choose to speak with us. The answers will be collated and reviewed to guide the strategic planning process.

Over the coming weeks there will be some changes occurring around the Home. The Robots are arriving. To ensure the robots can move about the Home a few doorways will be altered and some cupboards will have special doors fitted. We have been talking to a number of researchers who specialise in robots – a couple of small projects will occur involving the residents, families and staff. Please assist with the surveys that may come your way.

We all here at the Home do hope you have seen the growing number of farm animals. The latest being the cow. The residents love looking at the animals as it brings back nice memories of their younger days. We are raising fund via various methods to expand the number of animals – please assist if you can. If you would like to donate, please reach out to Belinda Treloar. You do need to keep an eye on the animals because they do move around a lot – you may find them anywhere within or even outside the Home.

We have been very lucky over the past weeks to employ several new staff. We are always on the lookout for people who have completed nursing qualifications or aged care courses. If you know any body or there's someone in the family looking for regular work, please give us a call. There is information on our web site that may assist and a form to complete to apply. We welcome all our new staff and thank them for choosing TLH to work.

The year is skipping past very quickly, soon it will be Summer and Christmas. Please ensure you plan ahead and do the shopping early to avoid the rush. Do not forget if posting things – the post office is always very busy – post early to ensure your gifts get there on time. Then there's the warmer weather. Make sure the air-conditioner works – if any issues let the maintenance team know so they can have a look at it. Start drinking more fluids – stay hydrated.

In the month of November the Board and senior staff are attending Strategic Planning sessions. If you have any ideas about the future of the Tanunda Lutheran Home Service, please let me know. Send me an email or write me a letter – I would like to see your ideas. We are looking at building a new aged care facility in the future – that will be a big change for us all to deal with.

All our projects are going well. The Langmeil Road units are nearly finished – a new road will be completed soon. The units at Nuriootpa are well on there way and sales are doing well even before they're built. Work will commence soon on the four extra rooms on the ABG building to ensure we always have enough single rooms for everyone when they agree to stay with us.

Finally, a big thankyou to everyone for remaining positive and helping. TLH is blessed by the attitude and professionalism of the volunteers and staff. Keep up the great work.

Please remember, wear a mask wherever you go, wash your hands frequently and use sanitizer often.



Quality Information

from Sharon & Steph
Care Manager &
Quality & Training Officer



MANDATORY VACCINATION OF RESIDENTIAL CARE STAFF IS NOW IN EFFECT

The Interactive Map will now be updated weekly (Wednesdays) and include reference to second dose rates.

Ensure your workers receive their second dose vaccination

All providers and facility managers and IPC leads are responsible for ensuring their workforce have access to and receive a second dose of a COVID-19 vaccine by the deadlines in respective [public health orders](#).

All facilities which received a first dose in-reach clinic for workers (delivered by Commonwealth vaccine providers, primary care providers or aged care providers) will receive a second dose clinic for workers onsite.

Commonwealth vaccine hubs will continue to operate to provide second dose clinics for workers and these details will be provided directly to facilities.

All other vaccination channels remain available for priority access for residential aged care workers to receive their second dose vaccination, including primary care clinics, pharmacies, Commonwealth vaccination clinics and state and territory run mass vaccination clinics.

DH has published [updated schedules for in reach for second doses](#) and details of [Commonwealth vaccination hubs](#).

An updated [fact sheet](#) has been published by DH for residential aged care workers

Source: LASA Health Update 258— Email, 19 October 2021

MONITORING AND COMPLIANCE ACTIVITIES

The Department will take a proactive approach in contacting facilities directly to:

- ensure continuity of resident care standards as a priority
- understand the reasons for non-medical exemptions or unvaccinated workers
- provide advice on the availability and access to a vaccine for unvaccinated workers
- provide advice on exemption requirements for the relevant state or territory public health order,
- and how to report exemptions correctly in the My Aged Care provider portal.

Providers have clear obligations under the public health orders to ensure accurate workforce vaccination reporting and record keeping processes are in place.

If contacted, facilities will be required to advise the Department of their strategy for addressing non-medical exemptions and increasing vaccination rates, including a plan to ensure all current workers not yet vaccinated receive a minimum first dose COVID-19 vaccine as soon as possible.

Your strategy should consider overall vaccination rates at your facility, roles undertaken by unvaccinated workers, the transmission risk in your local area and other measures in place to prepare and manage the risk of COVID-19.

The Department has advised that facilities that do not have a 100% vaccination rate and who do not demonstrate that sufficient action is being taken to reach full compliance will be referred to Aged Care Quality and Safety Commission and/or State authorities. This may result in the imposition of penalties as applicable under public health orders.

VACCINATION FOR HEALTHCARE WORKERS

The [Emergency Management \(Healthcare Setting Workers Vaccination\) \(COVID-19\)](#)

[Direction 2021](#) came into effect at 5.00pm 7 October 2021.

The Direction places COVID-19 vaccination requirements on all people working in a public hospital, private hospital or ambulance service, including patient transport service in South Australia. A public hospital includes all services provided by a Local Health Network, not just those physically located in a hospital.

The Direction applies to all people engaging in work or duties in one of the above settings, including clinicians, ambulance workers, allied health workers, cleaners, administrative and executive staff and students undertaking placement regardless of whether they work in a patient or a non-patient area. It also includes volunteers and contractors.

From 12.01am on Monday, 1 November 2021 any person outlined above must have:

- received at least one dose of a TGA approved COVID-19 vaccination received or has evidence of a booking to receive a second dose of a TGA approved COVID-19 vaccine within one month of the first dose.
- provided the operator of the health care setting with proof of their vaccination status upon request.

SIRS PRIORITY 2 INCIDENTS NOW NEED TO BE REPORTED

The commencement of the next phase of rollout of the Serious Incident Response Scheme (SIRS) signals another important step for the sector towards ensuring that aged care residents are safe and protected from harm.

Since 1 October, residential aged care providers are required to report Priority 2 incidents on the My Aged Care Provider Portal, in addition to Priority 1 reportable incidents (which have been reportable since 1 April). Priority 2 serious incidents in general are lower impact events or incidents, and are defined as reportable incidents that do not meet the criteria for a Priority 1 reportable incident.

If a reportable incident occurs, or is alleged or suspected to have happened, the provider must immediately take action to ensure the safety and well-being of those involved.

The priority of the incident determines when it must be reported to the Commission. Under the SIRS:

- **Priority 1** reportable incidents must be reported **within 24 hours**.
- **Priority 2** reportable incidents must be reported **within 30 days** of a provider becoming aware of the incident.

Providers must report incidents via the SIRS tile on the [My Aged Care service provider portal](#). For more [information about the portal](#), visit the Department of Health website.

CONTINUOUS IMPROVEMENT

- Continue to watch this space regarding the TLH Robots!
- Stage 3 Complete for the new WIFI is being installed throughout TLH.
- Neighbourhood dining rooms are undergoing review to provide a homely and inviting atmosphere
- UniSA Occupational Therapy Students are onsite for a 12 month period to conduct a wellbeing project which will see the Waratah activity & balcony space upgraded.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During September we received complaints about Care (1), Cleaning (2), Environment (2) Food & Beverages (3), Lifestyle (1), Management & Communication (1) & Wellbeing (4). We are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during September we received compliments about Customer Service (3), Environment (1), Food & Beverages (3), Lifestyle (5), Maintenance (3), Other (1) and Staff (14). TLH received a total of six suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Sharon & Steph
20th October 2021



RESIDENT COLLABORATION COMMITTEE FEEDBACK

As part of our continuous improvement process, Tanunda Lutheran Home are seeking feedback from our residents regarding the Resident Collaboration Committee. We would like your

assistance by completing the below survey. We greatly appreciate and encourage all feedback.

This feedback will help provide us with information to further assist residents and meet their Individual goals.

NAME: _____

NEIGHBOURHOOD: ABG Protea Trinity Court Waratah

1. Did you know TLH had a resident collaboration committee? Yes / No
2. Do you know the purpose of the committee? Yes / No
3. Do you know who your neighborhood representatives are? Yes / No
4. Do you feel comfortable approaching your committee member? Yes / No
5. Have you ever shared feedback with a collaboration committee representative? Yes / No
6. Would you like a formal introduction to your committee member? Yes / No
7. Do you have suggestions about improving this service?

8. Would you / have you ever consider joining the Collaboration Committee as a neighborhood representative? Yes / No

Other Comments: _____

Please return to Stephanie Timmis via Reception by Monday the 6th of December 2021.

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Timmis (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.timmis@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – **Kim Hahn** if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
 Tanunda Lutheran Home
 Attn: Quality & Training Officer
 27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people

NURIOOTPA
RETIREMENT LIVING

TANUNDA
RETIREMENT LIVING

Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

Phone Call Letter In Person

Comment forwarded to Department Leader:

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months N/A

6 Months

9 Months

Other: _____

Resident Relative Staff IRL Resident Other: _____

Compliment Complaint Suggestion

Comments / Details:

Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager
Phone: 08 2983 7737 or Email: sharon.berridge@ahcwa.com.au

Ian Morris, Chief Executive Officer
Phone: 08 2983 7733 or Email: ian.morris@ahcwa.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



White
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Staff News



welcome
TO THE TEAM



Dhairya Mongia
Carer



Jaimee Slater
Carer



Venus Melchor
Carer



Annette Plummer
Lifestyle Team Leader



Julie Gates
Hospitality



Veronica Cormack
Hospitality



Kylie Farquhar
Enrolled Nurse

Employee of the Month

August 2021

Congratulations

*Barossa Club
Staff*



All compliments Submitted are also reviewed annually for our Value based awards.

*Aidacare Healthcare
Equipment*

**Aspire Altitude
Vertical Lift Chair**



You may have seen our amazing new respite rooms with the Altitude Vertical lift Chair:

- Fully lie down mode
- Fully rises to get you out of chair
- Able to have lifters underneath chair
- Handles at back to transport a resident around



\$1946.25 *gst Free* (not including freight) Please Note: purchase subject to assessment by Physio OT (*Pls contact Sharryn to arrange*) (retail price over \$2500.00)

Contact: Sharryn Hueppauff
Placement Coordinator on 8563 7713



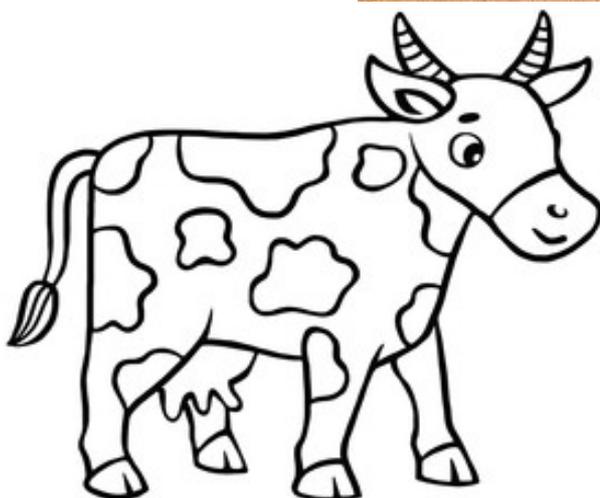
You too can have an
Altitude Vertical Lift Chair in your
own room



**How do we know
that the ocean is
friendly?**



It Waves!



TLH are working with the Grow Love community Gardens and sorting bottle tops for recycling.

We have been really pleased to see staff, visitors and Independent living residents support this initiative and have also donated their bottle tops.

A few important points — Please ensure that all bottle tops are clean and are not soiled

- ✗ Metal lids (wine lids) are not part of this initiative and can not be accepted
- ✗ Lids off of jars and other items are also not appropriate such as vegemite lids and chemical tops.
- ✗ Small lids from soft drink bottles are also not accepted

- 3lt milk bottle tops
- Large Juice bottle tops
- Large flavour milk tops



The lifestyle team are looking for donations of good quality clothing for a clothing exchange that is being held at the end of the year. If you would like to donate please drop clothing to the lifestyle team office or reception. Thank you for your on going support.

Collaboration Committee

We are looking for 2 new members to join the Resident Collaboration Committee. We are needing a representative from Trinity Court and a representative from Waratah. If you think you would like to join the committee please contact Stephanie Timmis or let one of the friendly staff know. Meetings are held on the 2nd Thursday of every month at 1.30pm.

Lutheran Care provides more than 400 Christmas Hampers to local families in crisis, and we need your help....

We would appreciate donations of the following items...

PASTA **SWEET BISCUITS**

Please have donated items to Lutheran Care 26 Second Street, Nuriootpa by



Monday
6th Dec



Rental Opportunities

*Recliners - Fridges -
Carparks*

Recliners - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

Fridges - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

Car parking - Residents with a car, we can offer you a reserved park .

Chairs (normal chair) - Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and agreements, please see Sharryn Hueppauff.



*ABG Artist of the
Month*

Lil Kernich





"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





If you are looking for affordable Christmas gifts or stocking fillers please come and browse the Barossa Club trading table. We have a variety of hand crafted items made by our wonderful volunteers, along with other preloved and new gift ware and Christmas cards. All proceeds go back to benefit the Barossa club members.



Barossa Club members and staff cooking up some scones



Please note that the Barossa club will be closed over the Christmas/New Year period from Thursday 23rd December 2021 and reopening on Wednesday 5th January 2022



Residential Lifestyle Activities

Art & Craft Melbourne Cup



Poppie Making Knit & Natter



Ten Pin Bowling

VOLUNTEER NEWS



**Message from Belinda;
Customer Service,
Volunteer & Leisure
Coordinator**

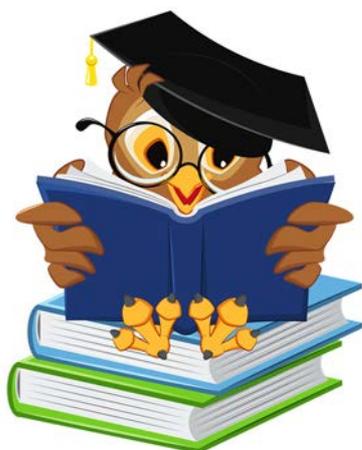
Have you been to library lately???

Did you know that the TLH library is run by a dedicated team of volunteers.

The Library is open every Wednesday and Friday from 9am.

There is a large range of Books, Magazines and DVDs.

Why not pop in and say hello to the library volunteers next time you are on site and borrow a book.



Volunteering

If you would like to become a volunteer at TLH please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.

Happy Birthday

To all of our wonderful Volunteers
for the month of

NOVEMBER



LIFESTYLE Individual Support Program Bev Kernick

ACTIVITY PROGRAM

Monday 1st

10.30 1x1	TLH
11.00 Worship Service	Acacia Lounge
1.30 Social Bingo	Chapel
1.30 Bingo	Grevillea
3.30 Art and Craft	Grevillea

Tuesday 2nd—Melbourne Cup

From 10am Knitt & Natter	Protea Lounge
10:30 Moovers & Groovers	Chapel
10:30 Memory Game	Acacia
1:30 Melbourne Cup w/ Happy Hour	Chapel
3:30 Quiz/reminiscing	Grevillea

Wednesday 3rd

From 9am TLH Library Open	Trinity Court
10:00 Bottle Sorting	Protea
10:30 Art Therapy	ABG
11:00 Waratah Service	Waratah
1:30 Arm Chair Exercise	Acacia lounge
2:00 1st Blessing of month	Acacia lounge
1:30 Wheel of Fortune	Chapel

**PLEASE NOTE : ALL LIFESTYLE
PROGRAMS MAY BE SUBJECT TO
CHANGE.**

Thursday 4th

From 10am CAFÉ' SHOP TROLLEY

- 10.00 Card Making with Irene
- 10:30 Wonders Of Nature
- 10:30 Moovers & Groovers
- 1:30 Residents Meeting
- 1:30 Ping Pong
- 3:00 Bible Study



Protea
Grevillea
Chapel
Chapel
Grevillea
Chapel

Friday 5th

From 9am TLH LIBRARY OPEN

- 10.00 Hoy Card
- 10.30 Walking Group
- 10:00 Church Service Protea/TC
- 1.30 Social Bingo
- 1.30 Memory Games & Happy Hour
- 3.30 Movie Time

Trinity Court
Waratah
Leaving from Acacia
Chapel
Chapel
Acacia
ABG Lounge

Saturday 6th

- 1:30 Art & Craft
- 3:30 Pampering

Grevillea
Grevillea

Sunday 7th

- 10:00 Church Service
- 1.30 Balloon Tennis
- 2.30 Cards
- 4:00 1X1

Chapel
Grevillea
Grevillea
ABG

Monday 8th

- 10.30 1x1
- 11.00 Worship Service
- 1.30 Social Bingo
- 1.30 Bingo
- 3.30 Art and Craft



TLH
Acacia Lounge
Chapel
Grevillea
Grevillea

Tuesday 9th

- From 10am** Knitt & Natter
- 10:30 Moovers & Groovers
- 10:30 Memory Game
- 1:30 Water Ping Pong
- 1:30 Men's Shed / Ladies Pampering
- 3:30 Quiz/reminiscing

Protea Lounge
Chapel
Acacia
Chapel
ABG
Grevillea

Wednesday 10th

- From 9am** TLH LIBRARY OPEN
- 10:00 Bottle Top Sorting
- 10:30 Art Therapy
- 1:30 Balloon Tennis
- 1:30 Armchair Exercises
- 3:30 Current Affairs

Trinity Court
Protea
Grevillea
Chapel
ABG
Grevillea

Thursday 11th— Remembrance Day

From 10am CAFÉ' SHOP TROLLEY

- 10.30 REMEMBRANCE SERVICE
- 1:30 Arm Chair Travel
- 1:30 Bean Bag Toss
- 1:30 Switch Cards



Chapel
Waratah
Grevillea
Library

Friday 12th

From 9am TLH LIBRARY OPEN

- 10.00 Hoy Card
- 10.30 Walking Group
- 11:00 Church Service Protea/TC
- 1.30 Social Bingo
- 1.30 Memory Games
- 3.30 Movie Time

Trinity Court
Waratah
Leaving from Acacia
Chapel
Chapel
Acacia Lounge
ABG

Saturday 13th

- 1:30 Keep Moving
- 3:30 Tunnel Ball
- 6:00 Adelaide Christmas Pageant

Grevillea
Grevillea
CHANNEL 9

Sunday 14th

- 10:00 Church Service
- 1.30 Sing Along
- 2.30 Reminiscing
- 4:00 1X1

Chapel
Grevillea
Grevillea
ABG

Monday 15th

- 10.30 1x1
- 11.00 Worship Service
- 1.30 Social Bingo
- 1.30 Bingo
- 3.30 Art and Craft

TLH
Acacia Lounge
Chapel
Grevillea
Grevillea

Tuesday 16th

- From 10am** Knitt & Natter
- 10:30 Moovers & Groovers
- 10:30 Memory Game
- 1:30 Billiard Bowls
- 1:30 Men's Shed / Ladies Pampering
- 3:30 Quiz/reminiscing

Protea Lounge
Chapel
Acacia
Chapel
ABG
Grevillea

Wednesday 17th

- From 9am** TLH LIBRARY OPEN
- 10:30 Art Therapy
- 1:30 Clothing Thrift Shop
- 1:30 Armchair Exercise
- 3:30 A current Affairs

Trinity Court
Grevillea
Chapel
Acacia
Acacia

Thursday 18th

From 10am CAFÉ' SHOP TROLLEY

- 10:30 Wonders Of Nature
- 10:30 Moovers & Groovers
- 1:30 Tarp Target Toss
- 1:30 Cooking
- 1:30 Switch Cards

Grevillea
Chapel
Chapel
Grevillea
Library

Thursday 25th

From 10am CAFÉ' SHOP TROLLEY

- 10:30 Wonders Of Nature
- 10:30 Moovers & Groovers
- 1:30 Bean Bag Toss
- 1:30 Rapp Ball
- 1:30 Switch Cards

Grevillea
Chapel
Chapel
Grevillea
Library



Friday 19th

From 9am TLH LIBRARY OPEN

- 10.00 Hoy Card
- 10.30 Walking Group
- 10:00 Church Service Protea/TC
- 1.30 Social Bingo
- 1.30 Memory Games
- 3.30 Movie Time

Trinity Court
Waratah
Leaving from Acacia
Chapel
Chapel
Acacia Lounge
ABG

Friday 26th

From 9am TLH LIBRARY OPEN

- 10.00 Hoy Card
- 10.30 Walking Group
- 11:00 Church Service Protea/TC
- 1.30 Social Bingo
- 1.30 Memory Games
- 3.30 Movie Time

Trinity Court
Waratah
Leaving from Acacia
Chapel
Chapel
Acacia Lounge
ABG

Saturday 20th

- 1:30 Art & Craft
- 3:30 Pampering

Grevillea
Grevillea

Saturday 27th

- 1:30 Keep Moving
- 3:30 Tunnel Ball

Grevillea
Grevillea

Sunday 21st

- 10:00 Church Service
- 1.30 Balloon Tennis
- 2.30 Cards
- 4:00 1X1

Chapel
Grevillea
Grevillea
ABG

Sunday 28th -START of ADVENT -

- 10:00 Church Service
- 1.30 Balloon Tennis
- 2.30 Cards
- 4:00 1X1

Chapel
Grevillea
Grevillea
ABG

Monday 22nd

- 10.30 1x1
- 11.00 Worship Service
- 1.30 Social Bingo
- 1.30 Bingo
- 3.30 Art and Craft

TLH
Acacia Lounge
Chapel
Grevillea
Grevillea

Monday 29th

- 10.30 1x1
- 11.00 Worship Service
- 1.30 Social Bingo
- 1.30 Bingo
- 3.30 Art and Craft

TLH
Acacia Lounge
Chapel
Grevillea
Grevillea

Tuesday 23rd

- From 10am Knitt & Natter**
- 10:30 Moovers & Groovers
- 10:30 Memory Game
- 1:30 Water Ping Pong
- 1:30 Men's Shed / Ladies Pampering
- 3:30 Quiz/reminiscing

Protea Lounge
Chapel
Acacia
Chapel
ABG
Grevillea

Tuesday 30th

- From 10am Knitt & Natter**
- 10:30 Moovers & Groovers
- 10:30 Memory Game
- 1:30 Carpet Bowls
- 1:30 Men's Shed / Ladies Pampering
- 3:30 Quiz/reminiscing

Protea Lounge
Chapel
Acacia
Chapel
ABG
Grevillea



Wednesday 24th

From 9am TLH LIBRARY OPEN

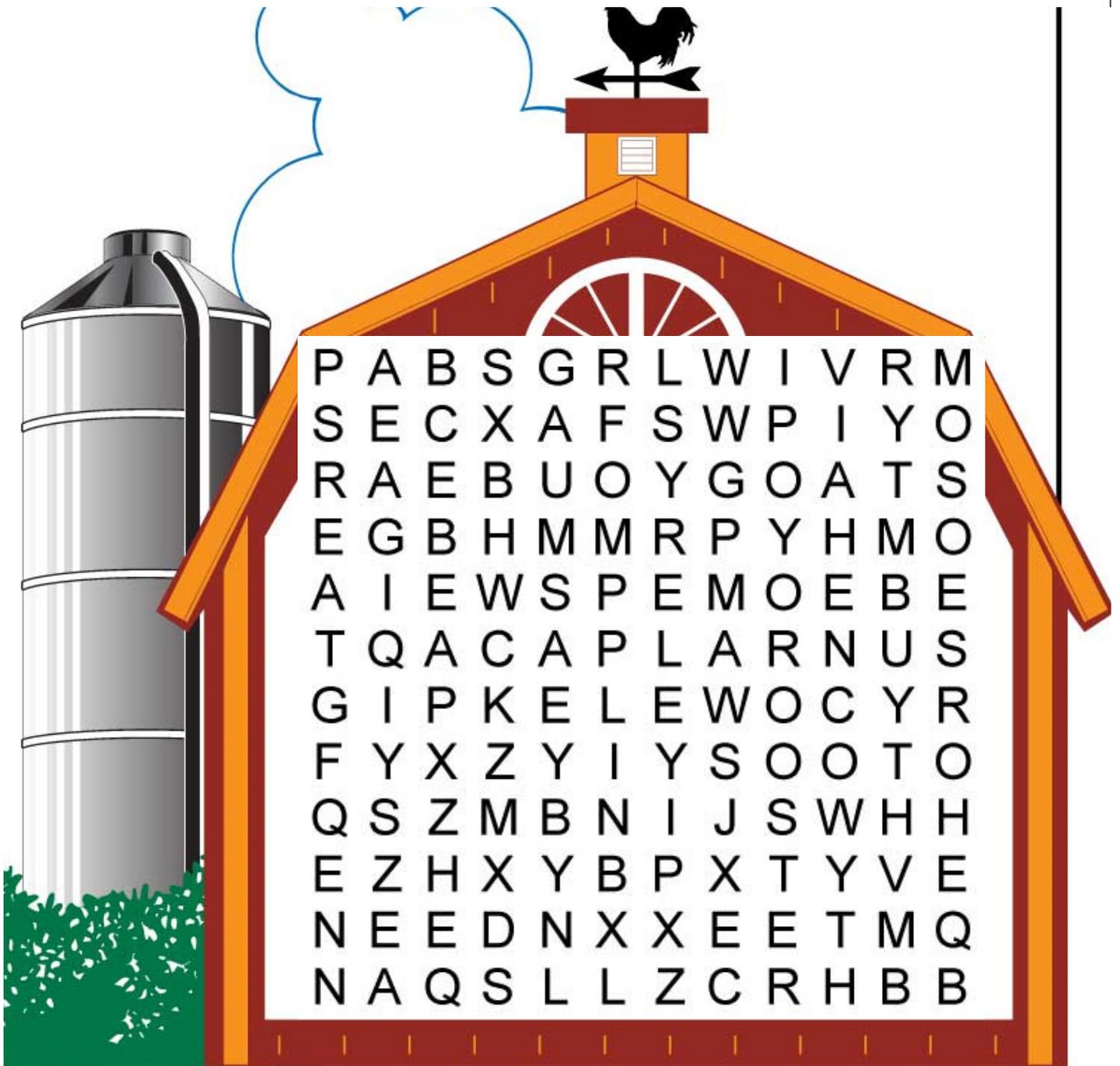
- 10:00 Bottle Top Sorting
- 10:30 Art Therapy
- 1:30 Ten Pin Bowling
- 1:30 Arm Chair Exercise
- 3:30 Current Affairs



Trinity Court
Protea
Grevillea
Chapel
ABG
Grevillea

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Farm Animals Word Search



ALPACA
BISON
COW

EMU
GOAT
HEN

HORSE
PIG
PONY

RABBIT
ROOSTER
SHEEP

