



Tanunda
Lutheran Home Inc.

TIT

TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

FEBRUARY 2021

*Lutheran
Church
of Australia*



Chaplain's Reflection



Some Church Matters.

This applies more to people who like to attend church around the Home, but by all means, you're all welcome to 'listen in'. With Covid-19 restrictions easing, but a feeling of not quite being 'out of the woods' yet, the way we plan Worship Services at TLH are changing a bit.

February will look like this:

Acacia Lounge on Mondays. No change

Waratah Lounge on Wednesday - From Ash Wednesday onwards there will not be a specific Waratah Lounge service. Ash Wednesday, and then Lenten Services, will be held in the Chapel on Wednesdays leading up to Easter.

Trinity/Protea/Waratah - Residents are invited to worship together in the Chapel on Fridays from 19th February onwards.

Sundays in the Chapel - This has been restricted mainly to Independent Retirement Living (IRL) people since October last year. From Sunday 21st onwards, all residents are welcome to join the Sunday service. The one restriction is that we are not able yet to have wheelchair volunteers from the community to help bring people to church. So we are asking people to only attend if they can get to the service unassisted, or if they have a family member who can bring them.

This is all reflected in the Lifestyle Calendar, including the change in time for the Sunday service from 10.00am to 10.30am on a trial basis.

Yes, we've almost gone full circle of a year with Covid-19. Last year we had to stop Lenten Services after a couple weeks in, and that was the beginning of the shutdown and other restrictions.

Thank you for your patience on many fronts in this past year, which probably means we are all a little more patient than we used to be. Put it this way, we can 'do patience' better.

Go well in 2021!

Chaplain Ian

HAPPY BIRTHDAY

February



- 2 Doug Ramsey
- 3 Wendy Rochow
- 5 Margaret Kaesler
- 6 Betty Kohlhagen



- 11 Dudley Koch
- 14 Erna Auricht



- 17 Jenny Leyland
- 19 Chris Pfeiffer

- 22 Ray Giersch
- 23 Errol Weiss



- 23 Ian Hausler



- 24 James Miller
- 24 Ineke Garnaut



- 26 Val Fechner

- 28 Lance Grocke

- 28 Kevin Illman



- 29 Joy Schultz

Welcome



Respite

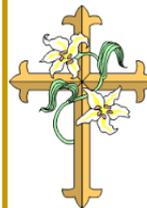
Brenda Button

Ian Young

Permanent

Robert (Neville) Alderslade

Margaret Feuerherdt



DEATHS

*Our deepest sympathy
to the families of*

Bette Boughen 10th January

Jan Ralston 26th January

May they rest in peace ..



Knock, Knock

Who's there ?

Arthur

Arthur who ?

Arthur any chocolates left for me ?



TLH SHOPPING BUS

Please remember to book -
They will only be travelling to
Tanunda until further notice
Thank you



Wednesday	3rd February	Tanunda
Wednesday	10th February	Tanunda
Wednesday	17th February	Tanunda
Wednesday	24rd February	Tanunda

**The Bus will pick you up from your home - ONLY
if you have booked**

The **DEADLINE** for all:

News / Information / Stories - March 2021 edition is

Monday 22nd February

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

Lee Martin Rachel Strudwick - TLH

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



From the CEO



Well all I can say is the world certainly is a different place. With the COVID-19 pandemic continuing throughout the world our lives have been turned upside down. I feel very privileged to be managing a great team of staff who are doing their absolute best to keep our residents in the Home safe and well.

Our staff have completed training in Infection Control and how to use the personal protection equipment we have on hand. Our residents are isolated when there are any signs of a flu as a precaution, this ensures that the minimal amount of residents are exposed. The COVID-19 swab is taken and when the results are returned negative the precautions are removed.

As I am sure you have all been keeping aware – the vaccine for the COVID-19 is coming. At this stage I believe it may be as early as the end of February 2021. But we will have to wait until it is confirmed. Please remember the vaccination is not compulsory. You can freely choose not to have the vaccine. If you choose to have the vaccine there is a need to have two (2) injections 21 days apart. At this stage I am not aware who will actually give the injections – I'll keep you all informed. Residents and staff working in aged care are the first priority to receive the vaccine.

Following the COVID-19 vaccine there is then the need to have the annual flu vaccine. Residents in the Home may elect to have the vaccine where all staff and anyone visiting the Home the vaccine is mandatory as it has been for the past months. I encourage all family members reading this article to ensure you have the vaccines as quickly as possible so as not to restrict the visiting of your loved ones in our Home. When you receive your flu vaccine please ensure you obtain a record to update our system to ensure a smooth entry to the Home.

As I have previously mentioned March 2021 is going to be a very important month. The report into the aged care Royal Commission will be released. We are expecting change to occur – at this stage we are unsure as to changes but the current federal government will ensure the aged care industry improves what it does for the residents in aged care Homes. Please be mindful of the media as I'm sure they will only print what they think will sell papers. If you are in doubt please ensure you ask me – as time permits I'll ensure gathers are organised for residents and families to come together and talk about the changes.

As I am writing this article we have the Regulators here completing an announced visit of the Home to complete a survey to ensure we are meeting standards. This is a one day event, later in the year we will have a three or four day survey to again ensure we are meeting all standards and outcomes. Our staff are working hard to ensure we can demonstrate this through good documentation and involvement with residents and their families. Please, if you have anything that is concerning you – talk to a staff member so we can sort it out.

Coming to a neighbourhood near you (if you live in the Home), a number of robots to assist staff with manual tasks such as the movement of various trollies. By introducing the robots staff will have more time to spend doing care or lifestyle tasks with the residents. No staff member will have hours reduced – they may just have their tasks changed to be more resident focused. Please keep an eye out for a competition to name the robots. I encourage everyone to become involved. Chaplain Ian has agreed to hold a special naming ceremony at an appropriate time. At this stage the robot project 2021 will commence during April 2021 and be completed within a six month period. Photos of the robots will be available for all to see very soon.

As mentioned previously in Tit Tat articles – we need to sell our retirement village Units. There are variety of units on offer, if you know of anyone who is looking to retire in the Barossa send them our way. It's time to start living.

Please remember - please wash & sanitize your hands

Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek. **Barack Obama**



Tanunda
Lutheran Home Inc.



News from Kim & Steph

(People, Culture & Customer Service Manager
& the Quality & Training Officer)

LASA

NEW Vaccination

LASA acknowledges the [National Cabinet's announcement today](#) that there are no current plans to make COVID-19 vaccination mandatory for aged care workers or residents. National Cabinet agreed the interim AHPPC advice on COVID vaccination and aged care facilities.



The Australian Health Protection Principal Committee (AHPPC) has provided advice that state and territory public health orders should not be utilised to require the COVID-19 vaccine for aged care workers at this point.

There is currently a lack of evidence regarding effectiveness at preventing transmission and there is not yet a clear date by which all residents, staff, visitors and carers will have had an opportunity to be vaccinated.

Mandatory vaccinations are not new to aged care as we have had these in place for influenza vaccinations at times. So the AHPPC will continue to monitor the situation and will reconsider this matter and provide advice once further evidence becomes available.

Currently, AHPPC believes that Commonwealth and jurisdictional efforts should focus on communications to strongly encourage community uptake, which is expected to be high.

The Australian Technical Advisory Group on Immunisation (ATAGI) has published [advice on the relative timing of administering influenza and COVID-19 vaccines](#).

The Department of Health has also published information from the TGA about the [process for assessing and approving COVID-19 vaccines](#).

Source: LASA Email ~ 22/01/2020

DEPARTMENT OF HEALTH

New sign language interpreting service

From November 2020, older Australians who are deaf, deafblind, or hard of hearing, and who do not have access to interpreting services through aged care programs or the National Disability Insurance Scheme (NDIS), can access free sign language interpreting services for daily activities such as: Family/social events, banking, moving/selling house, dealing with agencies/advisors etc.

These services are available face-to-face and by video remote.

Sign language services for deaf consumers or consumers who are hard of hearing are available in:

- Auslan
- American Sign Language
- International Sign Language
- Signed English
-

Tactile signing and hand over hand interpreting is available for deafblind consumers.

Access these services

Clients will need to contact Auslan Connections in advance. Once registered you will receive a Department of Health booking code which can be used each time they book an interpreting service. Bookings can be made via the Auslan Connections [website](#) or by calling 1300 010 877. Bookings should be made in advance when possible to ensure the availability of an interpreter.

Further information

Each client can access an average of 40 hours of interpreting services per year. Over the next six months usage will be monitored. A cap may be applied in the 2021-22 financial year.

Deaf or hard of hearing clients who are over 65 won't be required to receive an aged care assessment if they are seeking to access interpreting services.

This new arrangement is in addition to the sign language interpreting services for older Australians who are receiving or want to access aged care services, as [announced](#) by the Minister on 17 June 2020.

Source: DOH Email ~ 26/11/2020

HOME CONTINUOUS IMPROVEMENT UPDATE

- Manual Handling Training has finished for 2020-2021.
- All staff are required to recomplete the "Refresher COVID19 for Aged Care Workers".
- Reminder education provided for Harmony in the Bush, the Basic Principles
- Blinds have been purchased for the new TC dining room and will be delivered and installed mid January 2021
- Training for "Understanding Dementia & Responding to Behavioral Challenges" occurred from 12th January to 20th January

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During December we received complaints about Care (6) Food (6) Other (1) and we are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during December we received compliments about Care (1) Environment (2) Food (10) Other (3) Staff (15) Lifestyle (2) Maintenance (1) Management & Communication (1) and a total of five suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Reminder: it doesn't matter how long we've been living in this pandemic, please don't feel like you should be "used to it by now", being isolated, away from our loved ones and the little things that make our days enjoyable isn't something we get used to, **your doing a great job, be proud of yourself.**

~@wearefeelgoodclub~

Watch this Space Kim & Steph

"Understanding Dementia & Responding to Behavioral Challenges"
information session for
Residents, Representatives, Family Members and GP's





Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff News



Please give a warm



Belinda Barmby
Registered Nurse

welcome
TO THE TEAM



Hannah Norwood
Registered Nurse

Thank you for the Compliments received for Staff in December

“Thank you for being an amazing teacher and a kind person to work with”
“Our Heartfelt thanks to you all for your outstanding care & love for our mum,
we will be forever grateful”
“thank you for coming with me to my appointment”
“Thank you for making staff Ear Savers”

Employee of the Month

Month Year

Congratulations

Angelique Broster

**Well done and thank you to all the staff who
received compliments for December**

Michael Hentschke, Mike Schultz, Charlie Sapio,
Kelly Templer, Rebecca l’Anson, Evelyn Halay, Toby
Stevens, Ajay Randhawa, Carol Winter, Sue Rogers,
Jessica Hoppo, Sean Hyland, Sheree Wills,
Lucy Farley, Helen McNichol, Jenny Irrang, Steve
Bennink, Reception Staff, & All Staff.



All compliments Submitted are also reviewed annually for our Value based awards.

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

We Love Receiving Feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Vickers (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.vickers@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people



Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

- Phone Call Letter In Person

Comment forwarded to Department Leader:

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months N/A

6 Months

9 Months

Other: _____

- Resident Relative Staff IRL Resident Other: _____

- Compliment Complaint Suggestion

Comments / Details:

Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.



*Aidacare Healthcare
Equipment*

**Aspire Altitude
Vertical Lift Chair**



You may have seen our amazing new respite rooms with the Altitude Vertical lift Chair:

- Fully lie down mode
- Fully rises to get you out of chair
- Able to have lifters underneath chair
- Handles at back to transport a resident around

\$1946.25 *GST Free* (not including freight)

Please Note: purchase subject to assessment

by Physio OT (*Pls contact Sharryn to arrange*) (retail price over \$2500.00)



*You too can have a
Altitude Vertical Lift Chair in your
own room*

Contact: Sharryn Hueppauff
Placement Coordinator on 8563 7713

Welcome

Reminder on visiting your loved
ones during Covid-19 ...



All visitors to the home must pre-book their visit. It is paramount that arrangements are made prior to arriving at the Home due to the current COVID-19 and Influenza checks that must be conducted on anyone entering TLH.

Appointments can be arranged by contacting the booking line on 8563 7730 from 10.30am to 3.30pm Monday to Friday and 8563 7712 for weekends to the registered nurse.

Please Note:

- Reception is the only door to enter during office hours – 8:30am to 4:00pm. – Monday to Friday.
- For afterhours and weekends, please enter through the Protea doors, located near the Chapel.



family



Tanunda
Lutheran Home Inc.
Enriching the lives of our older people



Residents, Representatives, Family Members & GP's

TLH invites you to attend an information session on

The background of the central text area features a soft-focus image of pink cherry blossoms in the upper half and several green trees in the lower half, all set against a light, hazy background.

Dementia, Mental Health in the Older Person & Risks for the Older Person

Thursday, 15th April 2021, 2pm to 4pm

Hosted by Kasha Weincierz from KB facilitators
This session aims at increasing participants understanding about why people with Dementia tend to behave in a certain ways and what we can do to minimise occurrence of unwanted behaviours.

It will also to raise awareness of Mental Health issues and provide guidance and equip participants with the information to better identify and provide proper responses to issues related to Mental Health.



Merits Maverick 14

\$2,350.00 ono

- Very good condition (\$5,000 New)
- 5 years old
- 204kg weight capacity
- Adjustable suspension
- RH swing away joystick mount
- Puncture free tires
- With batteries & charger
- Manoeuvrable mid wheel drive design

Please call Oscar & Irene on
0407 106 066

Rental Opportunities

*Recliners - Fridges -
Carparks*

Recliners - If you don't have a recliner or your waiting on a delivery, we can offer recliners for your comfort.

Fridges - If you would like a small fridge or a larger fridge, we can offer what suits your needs.

Car parking - Residents with a car, we can offer you a reserved park .

Chairs (normal chair) - Each room is supplied with one normal chair, if you are wanting more chairs for visitors or family, you will need to supply them, (folding is a good option, so not to take up room in residents rooms). With COVID-19, families are not to go into communal areas to visit they must stay within the residents rooms.

For all rentals prices and agreements, please see Sharryn Hueppauff.



*Artist of the
Month*

Wendy Shemmeld



PANCAKE FUNDRAISER



\$1



PANCAKES will be served from the Chapel kitchen

Tuesday the 16th February
between

9.00am—2.30pm



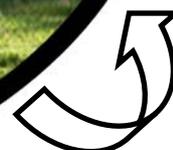
EVERYONE IS WELCOME

\$1 for 2 x pancakes with
your choice of
.. toppings ..





Funds raised go towards our cultural project



ALL funds raised from the pancake fundraiser will go to the cultural project



If you unwell please don't visit until you're better, our staff and residents will thank you for being thoughtful x

What did one blueberry say to the other on Valentines Day ?



" I love you berry much "



Library open Friday mornings From 9.00 to 12.00



STAYING CONNECTED USING TECHNOLOGY

Did you know there are many ways you can stay connected to your family ?

Writing a letter or making a phone call are both fantastic options. We also have Facetime, Skype and Zoom available - these are programs that can be used to see the person you are talking to. If you would like to utilize these technologies we ask that you arrange an appointment time with the staff. By contacting lifestyle team.





"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*



There is always something interesting happening at the Barossa Club ! Feel free to pop down and take a look around, all staff are very friendly and Barossa Club is always looking for new members to join their quirky light hearted fun - Pssst by the way the lunches are amazing !



Delicious



Tania has been extremely busy over the Christmas & New Year break, so the clubbies can enjoy their new surroundings. Making this beautiful transformation possible Tania had some little helpers named Miss Sharryn and the master maintenance team ...

Always looking for donations  to display or sell ..



Big Thank you to all



What do you call two birds in love ?
" Tweethearts ! "



*Colour in your master piece ..
Be creative and **colourful***



TLH are looking at being part of the iconic scarecrow trail again this year for the vintage festival. We are wanting to build a display with approximately 20 scarecrows all representing farmers and the farm life that our residents grew up with.

We are looking for donations of items to help us with this huge challenge. items we are looking for are;

- Wide brim floppy hats
- Check shirts
- Gardening Gloves or similar
- Long pants or overalls
- Gumboots
- Jackets
- Pillows for the Face
- Accessories such as scarves & sunglasses

We are hoping for around 20 of each item. All donations are welcome and can be dropped off at reception or Lifestyle.

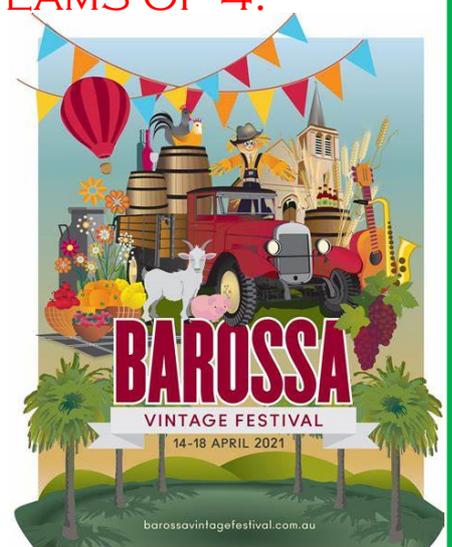


STAFF, RESIDENTS, VOLUNTEERS AND ILR'S

WE WILL ALSO BE CONDUCTING A SCARECROW BUILDING COMPETITION ON FRIDAY THE 5TH OF MARCH HELD IN THE CHAPEL.

DETAILS WILL FOLLOW SHORTLY. THERE WILL BE A PRIZE AWARDED FOR THE BEST FARMER LIKE SCARECROW.

START THINKING ABOUT MAKING TEAMS OF 4.





JANUARY LIFESTYLE ACTIVITIES



DUDLEY KOCH

ERROL WEISS



MARGARET GROSSMAN MARIE BRYANT



AUSTRALIA DAY BINGO



What did the boy squirrel Say to the girl squirrel on Valentines Day ?

“ I'm NUTs about you ! “

VOLUNTEER NEWS

Volunteers Morning Tea

Individual Volunteer Group catch ups

Please note that people who have shown an interest in wanting to catch up in small groups should by now be aware of dates. If you are still waiting to hear from me please either give me a call or pop in and see me for more information.

Volunteering

Please ensure that when your personal details change you inform us. This will help keep our records accurate and current. If you have access to email and would like all correspondences via email please let us know your details so we can update your file. Thank you to everyone who has done this.



Happy Birthday

To all of our wonderful Volunteers

for the month of

February



Message from Belinda Lifestyle / Volunteer Coordinator



Thank you to some very extra special people who have shown their generosity and given donations to TLH; especially over the festive season.

Each of these donations were given to our beautiful residents who rest on the fact they know the community is thinking of them.

These donations come in many forms and from many places; We at TLH just wanted to express our sincerest thanks. A special mention to Pat Hunter who has knitted some beautiful soft bears and toys which we have been selling as part of our Strawberry Fete Fundraising from reception.



Remember to take time out for yourself - Grab a book from the library and have a relaxing read



Monday 1st

11.00 Worship Service	Acacia Lounge
11.00 Wrap Ball	Chapel
1.30 Social Bingo	Chapel
1.30 Picture / Bingo	Grevillea
2.30 Art and Craft	Grevillea

Tuesday 2nd— Resident Photo Day

Photos in the ABG reading nook from 9am please see posters for times for areas.

From 10am Knit & Natter	TLH
10.30 Moovers & Groovers Protea / TC1	Chapel
1.30 Water Ping Pong	Chapel

**Wednesday 3rd**

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle Top Sorting	Protea
10.30 Art Therapy	ABG
11.00 Church Service Waratah Only	Waratah lounge
1.30 Arm Chair Exercises	Acacia Lounge
2.00 1st Blessing of the Month	ABG
3.30 A Current Affairs	ABG

Thursday 4th

From 10am CAFÉ SHOP TROLLEY	
From 10am Card Making with Irene	Protea
10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah / TC2&3	Chapel
1.30 Residents Meeting	Chapel
1.30 Ball Games	Grevillea

Friday 5th

9.00 - 12noon TLH Library Open	Trinity
10.30 Walking Group	Leaving from Acacia
11.00 Church Service Protea / TC only	Chapel
1.30 Social Bingo	Waratah / Protea
1.30 Memory Games	Acacia Lounge
2.00 Happy Hour	Grevillea

Saturday 6th

1.30 Wrap Ball	Grevillea
3.30 Bottle Top Sorting	Grevillea

Sunday 7th

10.00 Church Service Independent Only	Chapel
1.30 Water Ping Pong	Grevillea
3.30 Foot Spas	Grevillea

Monday 8th

10.15 Singing in the Chapel	Chapel
11.00 Worship Service	Acacia Lounge
1.30 Social Bingo	Chapel
1.30 Card / Bingo	Grevillea
2.30 Art and Craft	Grevillea

Tuesday 9th

From 10am Knit & Natter	Protea
10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Share and Tell	Acacia
1.30 Carpet Bowls	Chapel
1.30 Men's Group	Men's Shed
3.30 Quiz Game	Acacia

Wednesday 10th

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle top Sorting	Protea
10.30 Art Therapy	ABG
11.00 Church Service Waratah Only	Waratah lounge
1.30 Wheel Of Fortune	Chapel
1.30 Arm Chair Exercises	Acacia Lounge
2.00 Doug—Sing Along	ABG
3.30 A Current Affairs	ABG

Thursday 11th

From 10am CAFÉ SHOP TROLLEY	
10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah / TC2&3	Chapel
1.30 Quiz / Trivia—Valentines	Chapel
1.30 Bean Bag Toss	Grevillea

**Friday 12th**

9.00 - 12noon TLH Library Open	Trinity
10.30 Walking Group	Leaving from Acacia
11.00 Church Service Protea / TC only	Chapel
1.30 Social Bingo	Waratah / Protea
1.30 Memory Games	Acacia Lounge
2.00 Happy Hour	Grevillea

Saturday 13th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 14th - Valentines Day

10.00 Church Service Independent Only	Chapel
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PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 15th

10.15 Singing in the Chapel
 11.00 Worship Service
 1.30 Social Bingo
 1.30 Picture /Bingo
 2.30 Art and Craft



Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Tuesday 16th—Shrove Tuesday

Pancakes available in the Chapel from 9.00—2.30pm

10.30 Share and Tell
 1.30 Men's Group
 3.30 Quiz Game

Acacia
 Men's Shed
 Acacia

Wednesday 17th—Ash Wednesday

9.00 - 12noon TLH Library Open
 10.00 Bottle top Sorting
 10.30 Art Therapy
 11.00 Ash Wednesday Service
 1.30 Balloon Tennis
 1.30 Arm Chair Exercises
 3.30 A Current Affairs

Trinity
 Protea
 ABG
 Chapel
 Chapel
 Acacia Lounge
 ABG

Thursday 18th

From 10am CAFÉ SHOP TROLLEY

10.30 Wonders of Nature
 10.30 Moovers & Groovers Waratah / TC2&3
 1.30 Water Ping Pong
 1.30 Balloon Tennis

Grevillea
 Chapel
 Chapel
 Grevillea

Friday 19th

9.00 - 12noon TLH Library Open
 10.30 Walking Group
 11.00 Church Service
 1.30 Social Bingo
 1.30 Memory Games
 2.00 Happy Hour

Trinity
 Leaving from Acacia
 Chapel
 Waratah / Protea
 Acacia Lounge
 Grevillea

Saturday 20th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 21st

10.00 Church Service - All Welcome
 1.30 Water Ping Pong
 3.30 Foot Spas

Chapel
 Grevillea
 Grevillea

Monday 22nd

10.15 Singing in the Chapel
 11.00 Worship Service
 1.30 Social Bingo
 1.30 Card / Bingo
 2.30 Art and Craft

Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Grevillea

Tuesday 23rd

From 10am Knit & Natter
 10.30 Moovers & Groovers Protea / TC1
 1.30 Carpet Bowls
 1.30 Men's Group
 3.30 Quiz Game

TLH
 Chapel
 Chapel
 Men's Shed
 Acacia

Wednesday 24th

9.00 - 12noon TLH Library Open
 10.00 Bottle top Sorting
 10.30 Art Therapy
 11.00 Lenten Service
 1.30 Wheel Of Fortune
 1.30 Arm Chair Exercises
 3.30 A Current Affairs

Trinity
 Protea
 ABG
 Chapel
 Chapel
 Acacia Lounge
 ABG

Thursday 25th

From 10am CAFÉ SHOP TROLLEY

10.30 Wonders of Nature
 10.30 Moovers & Groovers Waratah / TC2&3
 1.30 Art and Craft
 1.30 Wrap Ball

Grevillea
 Chapel
 Protea Lounge
 Grevillea



Friday 26th

9.00 - 12noon TLH Library Open
 10.30 Walking Group
 11.00 Church Service
 1.30 Social Bingo
 1.30 Memory Games
 2.00 Happy Hour

Trinity
 Leaving from Acacia
 Chapel
 Waratah / Protea
 Acacia Lounge
 Grevillea

Saturday 27th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 28th

10.00 - Church Service—All Welcome

Chapel

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.



Love



C U U U V A L E N T I N E S J
F U A H U E Q J J X N Q R K P
U T P H R Q Z P S W E E T C Q
X J W I J A U H A A W M A R V
Q I F R D R C D E O C X J B L
Z M D O Z R C X L A C T G Z L
S H P Y U O H F L M R K A S C
S K E C N W O V F O W T X D H
Y I P H R G C P E H V V F Y U
G S U L D Q O M U N O E E N G
I S Q W U U L D L V M O Q J S
F E A L Q C A N D Y W J Z E J
T S X R F Y T V K N S J Z G B
A O W X G N E F C Z A Y O C H
A O J Z K Q H P D T C O R D F

- Gift
- Hugs
- Love
- Arrow
- Candy
- Cupid
- Heart
- Sweet
- Kisses
- Flowers
- Chocolate
- Valentine

