



Tanunda
Lutheran Home Inc.

TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

August
2022



Lutheran
Church
of Australia

Chaplain's Reflection



One of the tasks associated with growing older is to take the time to reflect on how the world is going and where we sit among all that is right and all that is wrong in the world. A lot of people feel quite stressed these days when they watch the news. Some of our residents wonder whether the best of times are behind us now.

This reflection is quite subjective of course. We really mean "My best times are behind me", because the present moment is always the best of times for somebody somewhere. Recessions have come and gone, wars have come and gone, droughts, floods, pandemics...

If I'm sounding a bit Dickensian right now you'd be right. The Tale of Two Cities, of which I'm currently reading a battered old copy with a name written in by fountain pen, begins with "It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness ..." The times were just before the French Revolution, and the Brits were sending convicts to Australia. Best of times?

Perspective is needed. We live in great times in many ways, even while our own time may be coming to a close. We hope and pray for good times for those who come after us.

We pray that God would be 'Lord of our days' and that the best things to happen to us, which may be just around the corner, may be perceived as signs of the Creator's continued commitment to this fine planet on which we live.

Go well, and comfort yourself with a bit of Dickens!

Chaplain Ian.

family



HAPPY BIRTHDAY

- 2 Ian Young
- 8 Murray Andretzke
- 9 Graham Whenan
- 10 Hilde Koczberski
- 16 William Bosward
- 19 Stanley Rosenzweig
- 19 Howard Klaebe
- 20 Wendy Shemmeld
- 26 Helga Jaunzarins
- 26 Hedley Mates
- 28 John Hitchin



 **AUGUST** 

WELCOME!



Permanent

HOME
♥ sweet ♥
HOME

- Roger Brent
- Colin Ladd
- Laura Jovanovich
- Barbara Gear

Respite

Darrell Norley



family

Stay safe and remember your hand hygiene .
Please, if you are unwell do not visit the
home , we are keeping our residents, your
loved ones safe .

Thank you



DEATHS

*Our deepest sympathy
to the families of*



*Raelene Graetz 8th July 2022
Thora Kuchel 16th July 2022
Christine Wilksch 20th July 2022
Rex Russack 24th July 2022*

May they rest in peace ..

The **DEADLINE** for all:
News / Information / Stories - September 2022 edition is

Thursday 26th August 2022

Email: courtney.mudge@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



SHOPPING BUS



They will only be travelling to Tanunda until
further notice. Thank you

- Wednesday 3rd August.
- Wednesday 10th August.
- Wednesday 17th August.
- Wednesday 24th August.
- Wednesday 31st August.

The Bus will pick **IL Residents** up from their
home - **ONLY** if you have booked -

TLH (in home) Residents must be at
reception by 9am and must book.



From the CEO

Lee Martin



Boy oh boy it's been cold lately and yes there is more rain coming too.

Have you heard the news – Tanunda Lutheran Home has completed a three-day audit of the Aged Care Standards and outcomes. We received a score of 43 out of 44 outcomes. In the Industry it is a remarkable outcome. We have been referred to as the “diamond in the aged care industry”. The one outcome not met was a minor issue and has been rectified already. The overall result should mean that TLH will be Accredited for a period of three years. A celebration for staff occurred with food and drinks – those staff who attended had a great time celebrating.

The audit was conducted by four nice auditors who maintained a very relaxed atmosphere during their time with us. Many staff, residents and families were interviewed. We are very proud of the positive comments that were provided then fed back to us. To everyone involved in the process thank you for your efforts. It really is nice to know that we are really doing well in providing above levels of care and support to our residents and staff.

All our projects are going really well. The four new resident rooms are coming along. We look forward to them being completed around September / October 2022. Once the rooms are commissioned our occupancy will increase to close to 100 percent which means our funding also increases – so supporting staff to provide the care.

Sales of the retirement units is doing very well. Thanks to Greg Hamilton who is negotiating the sales. Nine of the 15 units at Langmeil are taken. We can't build until fast enough over at Nuriootpa – we have sold many units before they're built. Please let your friends know that the units are very reasonably priced in the Barossa real estate market. Planning work has commenced on the Angaston project to provide a number of units.

You may be seeing articles in the paper or on television about the state of aged care and the effects of COVID-19 throughout Australia. At TLH we are just now seeing the end of an outbreak of COVID-19 that affected many staff and our residents. Throughout the months of the COVID-19 pandemic TLH has met all infection control requirements and have a very good stock of PPE for staff to use. The use of total lockdown processes has been reviewed to now allowing at least one visitor per day to visit their relative in the Home. There are also other ways that residents can and are encouraged to maintain contact with their families. It is pleasing to report that 100 percent of staff are compliant with the current mandatory vaccination requirements. Staff are expected to complete refresher training in Infection Control and the related processes.

As I'm sure you are all aware the latest CPI figures are starting to take effect on the day-to-day costs. Please ensure you budget for the important household expenses. To ensure your continued health please use the air-conditioner to maintain a comfortable temperature in the unit – being too cold or too hot will heighten the chances of becoming unwell. The same with food, maintain a good diet and drink plenty of fluids. As best you can stay active – come and join the gym group in the physio department.

Finally, I'm taking some time off to re-charge my batteries. Sharon Berridge will be acting CEO in my absence, feel free to contact her via the TLH reception number. On my return I expect to continue the positive journey of ensuring TLH maintains the reputation it has grown over the past years.



Whatever is good for your soul, do that.



Tanunda
Lutheran Home Inc.

Quality Information

from Sharon & Rebecca

Care Manager & Quality & Training Officer



Department's new name to reflect government's aged care priorities



From 1 July 2022, the Department of Health has been renamed the Australian Government Department of Health and Aged Care.

This change reflects the importance of aged care in the community and the high priority the new Government places on aged care reform. It also demonstrates the Government's commitment to making the national health and aged care system the best in the world.

The department's website address and email addresses will remain unchanged.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During June we received complaints about Care (3), Food & Beverages (5) and Other (1), and we are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during June we received compliments about Care (4), Cleaning (1), Food & Beverages (6), Lifestyle (3), Maintenance (1) Other (1), and Wellbeing (1), and a total of seven suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au or

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.



Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via any of the drop boxes located throughout the home or drop of at reception alternatively you can post to

Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352

We welcome feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form if required. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter if you have indicated so.

All the comments are forwarded to Rebecca Hudson (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Rebecca directly via email at rebecca.hudson@tlhome.com.au

You are also welcome to talk to Customer Services Coordinator – **Belinda Treloar** if you are not satisfied with the way your complaint/suggestion is being handled.

Share Your Experience



Tanunda

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Enriching the lives of our older people

Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

Phone Call Letter In Person

Comment forwarded to Department Leader:

CI Required? Yes/No _____

Was the outcome satisfactory: Yes/No _____

Closure Date: _____

Follow Up: 3 Months N/A

6 Months

9 Months

Other: _____

Resident Relative Staff IRL Resident Other: _____

Compliment Complaint Suggestion

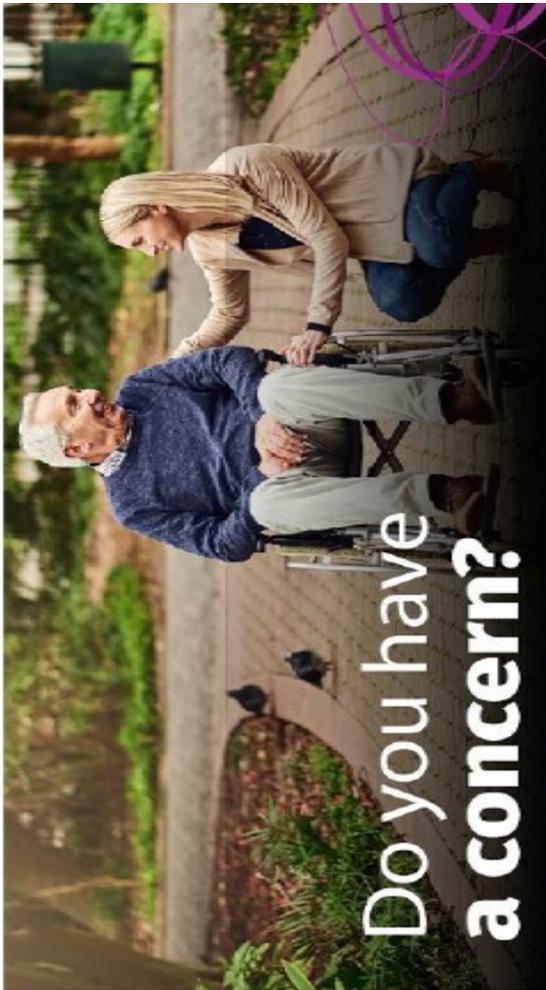
Comments / Details:

Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

Thank you for being apart of our TLH family, our people are our greatest strength, we appreciate your comment.





Do you have a concern?

You can do something about it. If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@lhome.com.au

Lee Martin, Chief Executive Officer
Phone: 08 8563 7755 or Email: lee.martin@lutheranhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission - Anyone can lodge a concern

- It's free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Tanunda
Lutheran Home Inc.

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- Tell us what we're doing well. We appreciate hearing from you.
- If you have a concern, we also want to hear from you.
- We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Care Manager - Sharon Berridge (including Allied Health & Lifestyle) sharon.berridge@lhome.com.au or Ph: 8563 7757

Operations Manager - Rachel Strudwick (Including Catering, Food Service WHS, Maintenance) rachel.strudwick@lhome.com.au or Ph: 8563 7771

Financial Controller – Ameya Bhiskute (Accommodation & Fees/Bonds) ameya.bhiskute@lhome.com.au or Ph: 8563 7768

EMPLOYEE OF THE MONTH!



CONGRATULATIONS
JUNE 2022



ANNETTE
PLUMMER
LIFESTYLE

Well done and thank you to all the staff who received compliments in June 2022

Kitchen Staff, Mel Cardinal,
Quinnie Ahrns, Michelle Adams, The Maintenance Boys,
Kirra-lea Neal, Hari Dongal, The Lifestyle Team, Kim Sawers,
Yasmeen Tolentino, and Sharryn Hueppauff

thank you

Welcome To The Team



Kabita Sapkota
Registered Nurse



Charity Kinyua
Personal Care
Worker



Subigya Uprety
Personal Care
Worker



Kye O'Connell
Personal Care
Worker



Amanda Jones
Hospitality





ABG Shining Stars

Linda Bainbridge, Haidee Randall and Betty Holness

Newspapers



The Tanunda Newsagency delivers papers to TLH on a daily basis. If you would like a personal paper such as the Advertiser or Leader or even a regular magazine; we can assist with this process.

TLH purchases a communal daily paper for each neighbourhood which *must* stay in communal spaces for everyone to read. Please do not take this paper back to your room.

For any enquires please speak to reception.

NEIGHBOURHOOD LEADERS



ABG	Vic Lehmann 116
TRINITY COURT	Pat Hunter 98
PROTEA	Wilf Fechner 108
WARATAH	Irene Golding 105



Scores correct as of the 30/7



Due to the COVID-19 virus Tanunda Lutheran Home requests all visitors to schedule their visits in advance to prevent overcrowding of each site and area.

Residential Visiting hours will be:

Monday to Friday: 10:00am to 7:00pm
Weekends and Public Holidays: 10:00am to 6:00pm

All visitors must schedule their visits via <https://tlhome.zipline.app/welcome> or phone Reception on (08) 8563 7777 Monday to Friday.



WINTER SPECIALS

Shop in comfort at
**Tanunda Lutheran
 Homes**
 Friday
August 12th
 at **1:30pm**

We Stock:
 sportswave **Vivid** **Jillian**
Sizes 8 to 26
 Shirts - Tops - T-Shirts
 Cardigans - Jumpers
 Vests - Ladies Pants
MENSWEAR *if requested*
New Seasons Fashion
 EFTPOS available



ORDER ONLINE AT:
www.dressed4success.com.au
**OR CALL MELINDA TO
 PLACE A PHONE ORDER**



Pictured above– Loris Fiebiger

Proprietor, Melinda Hay: 0418 910 016

melinda@dressed4success.com.au



MOBILE CLINICS AT TANUNDA LUTHERAN HOME

TLH are very lucky to be able to access several mobile clinics willing to travel out to Tanunda to assist our residents in maintaining their well-being.



Dental Clinic

The Australian Dental Foundation schedule 6 monthly checks ups with residents who have previously taken advantage of the service. New residents or residents wanting to use the service for the first time will need to speak to a Nursing staff member to obtain the ADF Dental Outreach Consent Form.

A minimum of 10 residents must be scheduled for the clinic to occur. Australian Dental Foundation are willing to send a dental technician and assistant out when required in an emergency situation – if a resident has dental issues with pain and difficulty chewing.



Optician Clinic

Adelaide Independent Optometrist are willing to travel to Tanunda to see new and returning clients. Eye assessments and vision assessments are conducted on site at TLH by the visiting optometrist. Glasses are made to your prescription and returned for fitting to our site. There is a 20% Pension discount on selected frames and lenses and DVA card concessions can be applied to glasses provided by Adelaide Independent Optometrists.

A minimum of 18 clients must be scheduled for the clinic to occur.

Hearing Clinic

Ron Kendall Tanunda is willing to send an audiologist onto TLH site to assess and assist residents who are existing clients to ensure their aids are optimal for their hearing. They will also accept new clients from our resident cohort.

Bloom Hearing in Nuriootpa are also willing to send an audiologist onto TLH site to assess and assist their existing clients to ensure their aids are optimal for their hearing. Bloom is also willing to accept new clients from our resident cohort or clients transferred from another hearing service.



Dietician

Gizelle and Owen of Wilson Nutrition visits monthly to assess the dietary needs of residents who have been referred by staff either due to weight loss, weight gain or request by resident's GP or family. Gizelle and her colleagues assess the nutritional needs of the individual residents and offer recommendations for achieving the resident's goals for weight loss or gain and improving nutritional intake.



Speech Pathology

Wendy and Steph from Adult Speech Pathology visit monthly to assess the chewing and swallowing ability of residents who have been referred by staff either due to noting issues with swallowing, coughing when eating or drinking or choking episode, or at the request of the resident's GP or family. Wendy and her colleagues assess the resident's ability to safely chew and swallow food and drink and offer recommendations for safe swallowing including food texture modifications and /or thickened drinks.

Please note Dental, Optometrist and hearing clinics require consent forms for new clients. These consent forms can be obtained via Nursing staff, please complete the form(s) and return to Lisa Morrison CNC, Nursing staff or Reception for processing. You will be advised of the Clinic date via posters and staff verbally informing residents. You will be advised of your clinic appointment time on the day of the clinic or as soon as the schedule has been advised.



Barossa Club

"Enjoying life with fun & friends"

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$6.10 (Concession Rate is \$3.05)
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*



BAROSSA CLUB



During July, Tania Miller our Club Coordinator was off. She was spoilt by our clubbies with some lovely flowers and a card sent to her while she was away. A massive thank you to all of our clubbies.

Also a big thank you to all the staff of Tanunda Lutheran Home for covering shifts, we are all an amazing team.

thank you

Special Transport Vehicle (STV)

Special Transport Vehicle (STV)



STV Costings

(inclusive return)

Tanunda \$6.50

Barossa Local \$12.00

Gawler \$35.00

Northern Suburbs / Metro \$57.00

Please Note prices include GST, Additional Charges apply if a staff member is required as an escort. (please see reception) Parking Costs are the responsibility of the resident or their family.

Payment can be made by Cash, Cheque, Card, or can be placed on the residents account.



Tanunda Lutheran Home has a Special Transport Vehicle onsite, available to assist the Residential Aged Care Residents and Independent Living Residents with their transport needs.

This services is run by the home and made possible thanks to the team of dedicated volunteer drivers.

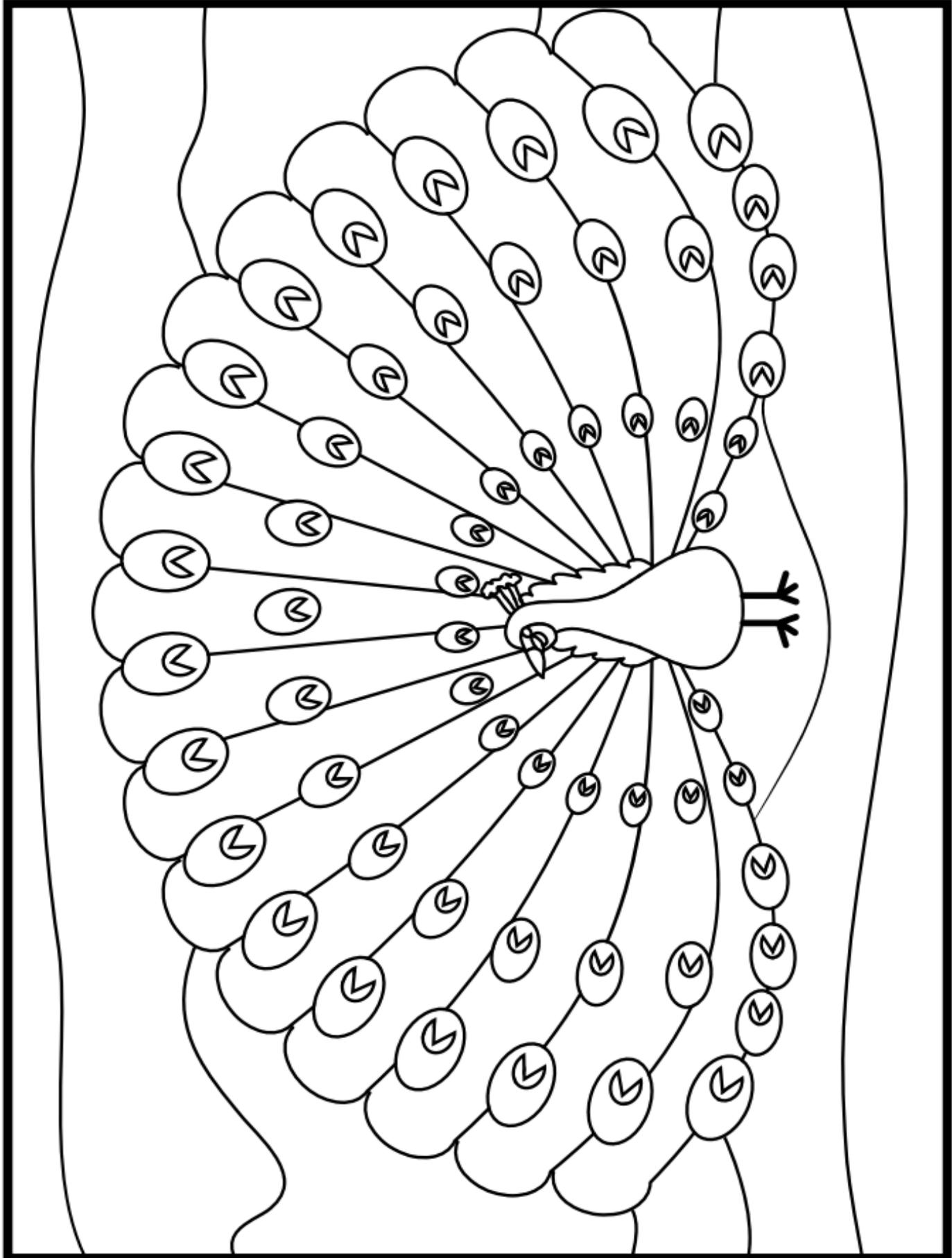


Tanunda

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Enriching the lives of our older people

Please note the price changes of the STV will come into effect from the 1st of August 2022 for all new bookings.



Colour in your master piece .. Be creative and colourful

Name: _____



Aged Care Employee Day

Thanks for caring



Thank you from Management and all the Residents at Tanunda Lutheran Home for every day you care.

7 AUGUST

agedcaresday.com.au

#ThanksforCaring



Daffodil Day 2022

The day we take back from cancer



For all that cancer takes, give hope.



Give everything you can to support life-changing cancer research.
Thursday, 25 August 2022.



Leitchneri, breast & stomach cancer survivor.



Consumer Experience Interviews

PROGRAM

Placing the voice of senior Australians at the centre of aged care services

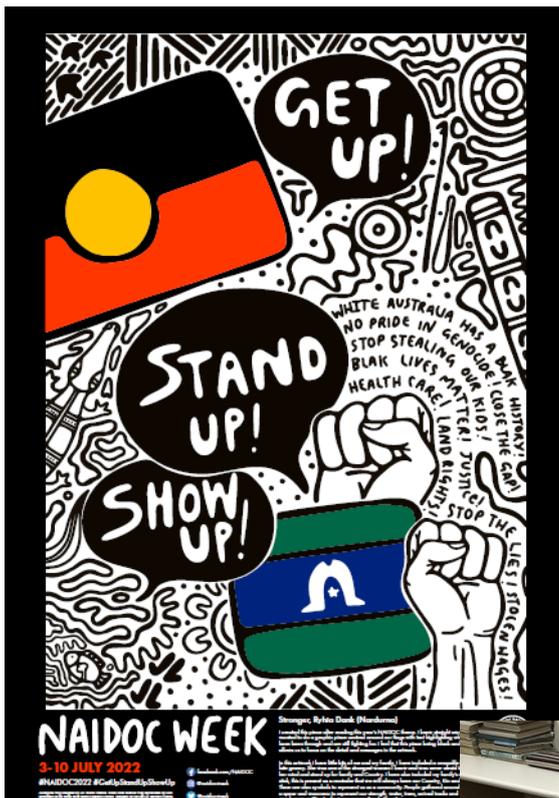


The program is led by IQVIA and will be administered and conducted in partnership with Access Care Network Australia (ACNA) and HealthConsult, on behalf of the Australian Government Department of Health (the Department), March 2022.

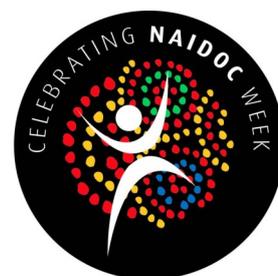
Monday the 22nd of August
Consumer Experience Interviews will be taking place at Tanunda Lutheran Home.

Please let us know if you or your loved one wishes to opt out of the random selection process.

RESIDENTIAL ACTIVITIES



Across the home NAIDOC week was celebrated with Indigenous arts and crafts, themed activities and displays. The residents enjoyed talking about our first nations people and exploring parts of out back Australia.



VOLUNTEER NEWS



**Message from Belinda;
Customer Service,
Volunteer & Leisure
Coordinator**

Please note that when you are volunteering at TLH masks must be worn including in the Barossa Club. If you need masks please come and see me and I am happy to provide you some.

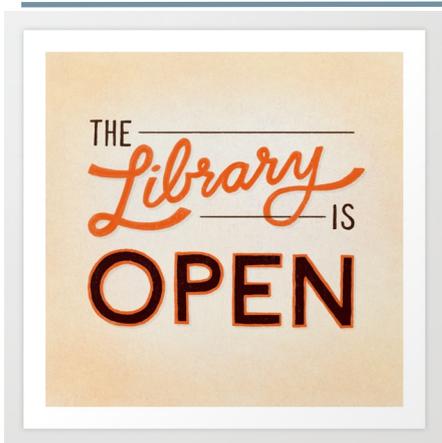
A special thank you to the volunteers who are helping out in the Hairdresser we couldn't do it without you. Have an amazing August keep warm. Blessings—Belinda Treloar

Volunteering

If you would like to become a volunteer at TLH please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.



**Happy
Birthday**
*To all of our
wonderful Volunteers
for the month of
AUGUST*



The Library is open every Wednesday and Friday Mornings from 9am—Come on in and say HI

COMMUNITY NEWS

Cutting Edge

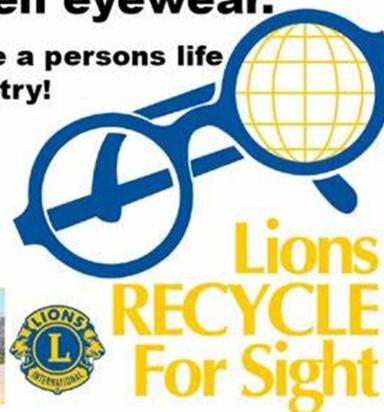
The Hairdresser is open
Wednesday—Friday 8:30—5pm
Please phone to make an appointment
On ext 750



Tanunda Lutheran Home actively supports the Lions Club of Barossa Valley Inc., Lions Recycle for Sight. Forwarding used spectacles to the Lions Eyeglass Recycling/Refurbishing Centre in Brisbane. Refurbished quality spectacles are sent to countries all around the world. To men, women and children in need and without the financial capacity to purchase even the cheapest pair.

Recycle your old, even broken eyewear.

**It could improve a persons life
in another country!**



Do you have an hour spare each week on a regular basis to help out with some gardening around the home?

The current TLH gardening volunteers are looking for some extra sets of hands to help with small tasks such as watering, weeding and pruning. If you feel that you would like to join this group please contact David Armstrong on 8563 1617 or Belinda Treloar on 8563 7777



ACTIVITY PROGRAM

Monday 1st

10:30 Singing In the chapel
 11:00 Worship Service
 1:30 Ten Pin Bowling
 1:30 Basketball
 1:30 Volleyball
 3:30 Bingo



Chapel
 ABG
 ABG
 TC / Protea
 Waratah
 ABG

Tuesday 2nd

10:30 Memory Game
 10:30 Moovers and Groovers
 10:30 Knit and Natter
 1:30 What's in the bag?
 1:30 Lawn Bowls
 1:30 Cricket
 3:30 Commonwealth Games Activities

ABG
 TLH
 Protea
 ABG
 TC / Protea
 Waratah
 ABG

Wednesday 3rd—Concert Day

From 9am TLH LIBRARY OPEN

10:30 Hoy
 11:00 Waratah Service
 1:30 Armchair Exercise
 1:15 *Sweet Beat & Harmony*
The Andrew Sisters Tribute Show
 2:15 1st Blessing of the Month
 3:30 Commonwealth Games Activities



TC
 ABG
 Waratah
 ABG
 Chapel

ABG
 ABG

Thursday 4th

From 10am CAFÉ' SHOP TROLLEY

10:00 **Card making with Irene**
 10:30 Current Affairs
 10:30 Moovers & Groovers
 1:30 Men's Shed / Ladies Pampering
 1:30 Resident Meeting
 3:30 Drumming



Protea
 ABG
 TLH
 ABG
 Chapel
 ABG

Friday 5th

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga
 10:30 Movement to Music
 11:00 Chapel Service
 1:30 Coffee & Chat
 1:30 BINGO
 3:30 Commonwealth Games Activities

TC
 ABG
 Waratah
 TC / Protea
 ABG
 Chapel
 ABG

Saturday 6th

1:30 Healing Hands
 3:00 Tunnel Ball
 4:00 1x1



ABG
 ABG
 ABG

Card making with Irene
 Thursday 4th of August from
 10am in Protea



Sunday 7th—Aged Care Employee Day

1:30 Movement to music
 2:30 Word Games
 4:00 1X1



Monday 8th

10:30 Singing In the chapel
 11:00 Worship Service
 1:30 Bean Bag Toss
 1:30 Memory Game
 1:30 Pampering
 3:30 Bingo



Chapel
 ABG
 ABG
 TC / Protea
 Waratah
 ABG

Tuesday 9th

From 10am Auxiliary Ladies in the Protea Lounge
 available for clothes mending

10:30 Memory Game
 10:30 Moovers and Groovers
 10:30 Knit and Natter
 1:30 Music Therapy / Happy Hour
 1:30 Cricket
 1:30 Bean Bag Toss
 3:30 Reminiscing / Small Group Activity

Wednesday 10th

From 9am TLH LIBRARY OPEN

10:30 Music Therapy
 11:00 Waratah Service
 1:30 Armchair Exercise
 1:30 Food Focus Meeting
 1:30 Art and Craft
 1:30 Wheel Of Fortune
 3:30 Small Group Activities



TC
 ABG
 Waratah
 ABG
 TC
 Protea
 Waratah
 ABG

Thursday 11th

From 10am CAFÉ' SHOP TROLLEY

10:30 On this Day
 10:30 Moovers & Groovers
 1:30 Men's Shed / Ladies Pampering
 1:30 Word Games
 1:30 Rapp Ball
 1:30 Switch
 2:15 Sing Along with Doug
 3:30 1x1's

Friday 12th—Dressed for Success

From 9am TLH LIBRARY OPEN

10:30 Chair Yoga
 10:30 HOY
 11:00 Chapel Service
 1:30 Creative Corner
 1:30 Dressed For Success
 3:30 Foot Spas

TC
 ABG
 Waratah
 TC / Protea
 ABG
 Chapel
 ABG

Saturday 13th

1:30 Bean Bag Toss
3:00 Art and Craft
4:00 1x1



ABG
ABG
ABG

Sunday 14th

1:30 Balloon Tennis
2:30 Cards
4:00 1X1

ABG
ABG
ABG

Monday 15th

10:30 Singing In the chapel
11:00 Worship Service
1:30 Tunnel Ball
1:30 Pampering
1.30 Memory Game
3:30 Bingo

Chapel
ABG
ABG
TC / Protea
Waratah
ABG



Tuesday 16th

10:30 Memory Game
10:30 Moovers and Groovers
10:30 Knit and Natter
1:30 What's in the Bag?
1:30 Bean Bag Toss
1:30 Carpet Bowls
3:30 Reminiscing / Small Group Activity

ABG
TLH
Protea
ABG
TC / Protea
Waratah
ABG

Wednesday 17th

From 9am TLH LIBRARY OPEN
10:30 Art and Craft
11:00 Waratah Service
1:30 Armchair Exercise
1:30 Rapp Ball
1:30 Food Focus Meeting
1:30 Word Games
3:30 Word Games



TC
ABG
Waratah
ABG
TC
Protea
Waratah
ABG

Thursday 18th—MOVIE DAY

From 10am CAFÉ SHOP TROLLEY
10:30 Current Affairs
10:30 Moovers & Groovers
1:30 Men's Shed / Ladies Pampering
1:30 **Movie Day**
Willy Wonka and the Chocolate Factory
3:30 Drumming



ABG
Chapel
ABG

Friday 19th

From 9am TLH LIBRARY OPEN
10:30 Chair Yoga
10:30 Movement to Music
11:00 Chapel Service
1:30 Cooking
1:30 BINGO
3:30 HOY

TC
ABG
Waratah
TC / Protea
ABG
Chapel
ABG



Saturday 20th

1:30 Healing Hands
3:00 Tunnel Ball
4:00 1x1

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Sunday 21st

1:30 Movement to music
2:30 Word Games
4:00 1X1

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Monday 22nd

10:30 Singing In the chapel
11:00 Worship Service
1:30 Target Toss
1:30 Tunnel Ball
1:30 Drumming
3:30 Bingo

Chapel
ABG
ABG
TC / Protea
Waratah
ABG



Tuesday 23rd

10:30 Memory Game
10:30 Moovers and Groovers
10:30 Knit and Natter
1:30 Cupcake Decorating
1:30 Billiard Bowls
1:30 Ten Pin Bowling
3:30 Reminiscing / Small Group Activity

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TLH
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TC / Protea
Waratah
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Wednesday 24th

From 9am TLH LIBRARY OPEN
10:30 Hoy
11:00 Waratah Service
1:30 Armchair Exercise
1:30 Wheel Of Fortune
1:30 Food Focus Meeting
3:30 Small Group Activities

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Waratah
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TC / Protea
Waratah
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PLEASE NOTE : ALL LIFESTYLE

PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY—Thank you

Thursday 25th—*Daffodil Day* 

From 10am CAFÉ' SHOP TROLLEY
 10:30 On This Day
 10:30 Moovers & Groovers
 1:30 Men's Shed / Ladies Pampering
 1:30 *Cup Cake Decorating*
 1:30 *Cup Cake Decorating*
 1:30 *Cup Cake Decorating*
 1.30 Switch
 3:30 Reminiscing

ABG
 TLH
 ABG
 TC
 Protea
 Waratah
 Library
 ABG

Friday 26th

From 9am TLH LIBRARY OPEN
 10:30 Chair Yoga
 10:30 HOY
 11:00 Chapel Service
 1:30 Creative Corner
 1:30 BINGO
 3:30 Board Games



TC
 ABG
 Waratah
 TC / Protea
 ABG
 Chapel
 ABG

Saturday 27th

1:30 Rapp Ball
 3:00 Art and Craft
 4:00 1x1

ABG
 ABG
 ABG

Sunday 28th

1:30 Balloon Tennis
 2:30 Cards
 4:00 1X1



ABG
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 ABG

Monday 29th

10:30 Singing In the chapel
 11:00 Worship Service
 1:30 Ten Pin Bowling
 1:30 Drumming
 1:30 Tunnel Ball
 3:30 Bingo



Chapel
 ABG
 ABG
 TC / Protea
 Waratah
 ABG

Tuesday 30th

10:30 Memory Game
 10:30 Moovers and Groovers
 10:30 Knit and Natter
 1:30 Hide & Seek
 1:30 Ten Pin Bowling
 1:30 Billiard Bowls
 3:30 Reminiscing / Small Group Activity

ABG
 TLH
 Protea
 ABG
 TC / Protea
 Waratah
 ABG

Wednesday 31st

From 9am TLH LIBRARY OPEN
 10:30 Music Therapy
 11:00 Waratah Service
 1:30 Armchair Exercise
 1:30 Ping Pong
 1:30 Balloon Tennis
 3:30 Word Games



TC
 ABG
 Waratah
 ABG
 TC / Protea
 Waratah
 ABG

The Auxiliary Ladies will be onsite in the Protea lounge on August the 9th from 10am to assist with any clothes mending you may have. Please pop by and say hello.



Join thousands supporting cancer research on Thursday, 25th August.



Tanunda Lutheran Home Inc.
 Enriching the lives of our older people



CERTIFICATE OF APPRECIATION
 Celebrating and honouring those who care!

The Resident Collaboration Committee on behalf of all TLH Residents, Thank You for your dedication to providing care and support, and the positive difference you make to their lives each and every day.

Thanks for caring x
 7th August 2022

Word Search

FORGIVENESS



F A M I L Y S T R E N G T H
 C I R K R H D X H S G C G M
 C L E T I T G O F O T O A P
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 C T I G Q I R F R R L P C K
 J U L R I N E D G Y E A E P
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Forgiveness
Acceptance
Patience
Restraint
Integrity

Love
Let It Go
Tolerance
Regret
Morals

Kindness
Compassion
Resilience
Friendship

Forget
Sorry
Strength
Family