



TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

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The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

AUGUST 2020

*Lutheran
Church
of Australia*



Chaplain's Reflection



FOR THE FAMILIES

What a privilege it is to be able to meet so many of the needs of your loved ones in aged care. I tell all new staff on induction that working at TLH is going to have a significant impact on their own spiritual journey. This makes sense because we meet these wonderful residents, with vast life experience. Some of their wisdom and character, faith and spirit is going to rub off on us and make us better people on many levels. A last witness to their faith and values is going on and we are often the receivers of this.

Hearing this may be a mixed blessing for families though. In the early days sending a parent to a 'nursing home' was often seen as a sign of failure, an uncaring thing to do, something laden with shame. So in the early days of TLH every attempt was made to make the 'nursing' home an extension of the 'Christian' home, so families didn't feel so bad. The table grace that is said before meals is a remnant of this culture.

These days families usually have more choices and shared responsibilities. We don't 'put' people in nursing homes. Decisions are made on medical grounds, often as a last resort, hopefully owned by the resident, who themselves have exhausted other options.

The resident then makes many choices about their, spiritual expressions, to lifestyle activities, to foods consumed and friendships formed. They live well, albeit with bodies that don't quite keep up with expectations.

Families and friends are now seen as visitors to their loved ones who are living their life in their 'own home'. It was hard during COVID-19 restrictions. You perhaps did it tougher than others in our society. But we've come through and we're doing OK now.

We and you – staff and families – together go forward sharing the care of these beautiful people.

Chaplain Ian.



HAPPY BIRTHDAY

August

3 Graham Maas

5 Brigitte Dummin



5 Neil Slater



6 Elsie Pfeiler

6 Jean Hudson

8 Murray Andretzke



8 David Thomas



9 Graham Whenan

10 Hilde Koczberski

10 Heather Raven



13 Aubrey Kaesler

14 Kevin Jones

15 Lois Lablack



16 William (Bill) Bosward

20 Wendy Shemmeld

25 Horace (Maurice) Noakes

26 Helga Jaunzarins



26 Hedley Mates

27 Marie Bryant

29 Brian Holthouse



Welcome

Respite

Joyce Lehmann

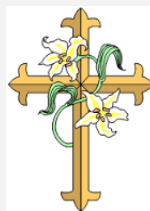
Jim Miller

Brenda Button

Permanent

Colin Gramp

Beryl Handke



DEATHS

*Our deepest sympathy
to the families of*

Taisto (Olli) Mustalahti 18th July

Alma Krollig 24th July

*May they rest in
peace ...*



TLH SHOPPING BUS



Please remember to book your
pick up - They will only be travelling to Tanunda
until further notice - Thank you

Wednesday 05th August Tanunda

Wednesday 12th August Tanunda

Wednesday 19th August Tanunda

Wednesday 26th August Tanunda

**The Bus will pick you up from your home - ONLY
if you have booked**

The **DEADLINE** for all:
News / Information / Stories - September 2020 edition is
Monday 24th August 2020

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.

*'Focus on what ties you together and your family
can never fall apart'*

Author: Unknown

Kim Hahn, People, Culture and Customer Service Manager



Welcome to August everyone. Are you all feeling like I am and wondering where the year is going?

I have lots of news with things that are happening at TLH and want to share them all with you. I am delighted to announce that the Resident members of our Collaboration Committee have volunteered to be a part of our recruitment process.

On the 22nd of July we had two Residents attend a group interview and ask the 8 candidates questions. This was fantastic to see because it gave the panel opportunity to see how the possible new staff interacted with the Residents. A highlight for the panel was seeing the Residents connect with some of the staff and feel confident we are selecting personnel that will treat our Residents with respect, dignity, care and thoughtfulness.

On the 29th of July we plan to change how we welcome new staff on their induction day. We used to give them a welcome gift of a café voucher but will now host a morning tea that the Resident Representatives from each Neighbourhood will attend. Who better to welcome the new staff on their first day at TLH than the people who live here!

On the 7th of August we celebrate Aged Care Employee Day, the 2020 theme is 'thanks for Caring' and this year the Social and Wellness Committee made the suggestion that the gifts given to the employees of TLH were from the Residents. The Resident Collaboration Committee liked this idea, so keep your eyes out for the treats that arrive for the employees from the Residents.

Trinity Court Dining Room extension has been completed, the Residents moved back into the dining room on the 17th July. One of the wonderful comments made by the Residents was 'have you seen our dining room, its just like a Restaurant!' New dining furniture has been ordered and we expect it to arrive sometime in late August. The Ladies Auxiliary has kindly offered to purchase new centre pieces for the Residents, of which we are so grateful, the Ladies Auxiliary support us so much and we would be lost without them.

The Aged Care Quality and Safety Commission have launched their new Service Compliance Rating that can be found on the My Aged Care website. This is a four dot rating system with four dots being the highest a home can reach. TLH is proud to have 3 dots, indicative of some improvements required. At TLH we are dedicated to continuously improving the quality of our Residents holistic experiences and view the rating as reaffirming what we believe.

I have changed offices again, I am now situated in the Social Centre, next to Hollie Moar's office. Please feel welcome to make a time to come and say hello.

It has been absolutely lovely to see so many familiar faces returning to TLH on a more regular basis, from family members to ILU resident to volunteers. We have missed seeing you and it warms our hearts to have you all returning. Things just didn't feel right without you all!

Please continue to stay safe through social distancing, hand hygiene and getting tested for COVID-19 if you have any symptoms.

Wishing you a happy and safe August,



Kim



Tanunda
Lutheran Home Inc.



News from Kim & Steph

(People, Culture & Customer Service Manager
and the Quality & Training Officer)

DEPARTMENT OF HEALTH

As at **3pm on 15 July 2020**, a total of 10,495 cases of COVID-19 have been reported in Australia, including 111 deaths, and 7,928 have been reported as recovered from COVID-19.

- Over the past week, there has been an average of 231 new cases reported each day. Of the newly reported cases, the majority have been from Victoria and sadly include Residential Aged Care Homes.
- COVID-19 cases were reported across all ages.
- The median age of all cases is 41 years (range: 0 to 101 years).
- The median age of deaths is 80 years (range: 42 to 96 years).
- There is a relatively equal ratio of male-to-female cases across most age groups.
- Of cases with a reported place of acquisition, 48% have recent international travel history, including over 1,300 cases associated with cruise ships.
- The overall proportion of cases under investigation in each state and territory is relatively low, indicating that public health actions, including case identification and contact tracing, is occurring in a timely manner.
- To date, over 3,222,000 tests have been conducted nationally. Of those tests conducted 0.3% have been positive.
- On 3 July, 189 historic cases reported in crew members on board a ship were classified as Australian cases and included in New South Wales totals.

CASES IN AGED CARE SERVICES

Confirmed Cases	Australia	ACT	NSW	NT	QLD	SA	TAS	VIC	WA
Residential Care Recipients	115 [40] (33)	0	61 [32] (29)	0	1 (1)	0	1 (1)	52 [8] (2)	0
In Home Care Recipients	35 [28] (4)	0	13 [13]	0	8 [8]	1 [1]	5 [3] (2)	7 [3] (1)	1 (1)

Cases in care recipients [recovered] (deaths)

The 'cases in aged care services' table presents the number of cases that have been reported among care recipients in Australian Government subsidised Residential and In Home Care settings in each state and territory.

Source: health.gov.au ~ 16/07/2020

INTERSTATE TRAVEL

Border restrictions have changed, all interstate travellers are required to apply to enter SA.

"If you are travelling into South Australia, by road or via the Adelaide airport, you need to complete the cross border pre-approval form at least 72 hours prior to your arrival.

The process will speed up the border crossing process and provide certainty for you about any restrictions that may apply before reaching the border."

Source: SAPOL ~ 17/07/2020

AGED & COMMUNITY SERVICES AUSTRALIA

Here we go again...

This week has reminded us all across the country that the COVID-19 pandemic is far from over as metropolitan Melbourne goes back into stage 3 restrictions and Victorian borders are closed to prevent the spread into other States.



Our Victorian members are back to considering the need for greater visitor restrictions in residential care and managing numbers of positive test results. Many of our home care members too are facing renewed challenges in keeping their clients safe.

An extension to the Royal Commission was announced yesterday. The final report will now be handed down in February 2021. We are currently preparing submissions on governance, finance, COVID-19 impacts, funding models and the situation for regional, rural and remote services.

While we are working on the Royal Commission we are also continuing our advocacy on the everyday matters you are facing. Those related to COVID-19 – such as the Visitor Access Code and issues that have been identified with that, additional costs, and the difficulties with the funding increase for home care requiring agreement before it can be granted – as well as ongoing service delivery, policy and regulation matters. Every conversation we have with government departments, ministers and media is talking to the challenges you are facing every day.

Source: ASCA newsletter ~ 09/07/20

HOME CONTINUOUS IMPROVEMENT UPDATE

- Reminder: TLH have a visitor registration station at the reception entrance on Bridge Street, this is to ensure all visitors have had their flu vaccinations for 2020 before entering our home and visiting residents. Restrictions still remain in place.
- Marjorie Abbott has happily joined the Resident Collaboration Committee to help represent Trinity Court residents.
- Members of the Resident Collaboration Committee will now be involved in both the interview process of potential new staff and our new employee induction days.
- 2019-2020 training is finalised, those who did not complete their training will receive performance management.
- Team Leaders attended a webinar on “Aged Care in a COVID era” which was a two day virtual event on 8th and 9th of July.
- TLH are thrilled to announce that we have entered a partnership with Meals on Wheels-Barossa Branch and will be providing the service of heating up the meals for their clients—10th August
- We now have a bell at the Laundry door to enable residents to let the staff know they would like assistance. This bell allows staff to hear assistance is required over the noise of the machines.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During June we received complaints about Residents Care (4) Food (10) Missing Items (1) Other (2) Safety (1) Lighting (1) Wellbeing (1) and are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during June we received compliments about Residents Care (2) Food (31) Staff (13) Customer Service (2) Maintenance (2) Management & Communication (1) and a total of twelve (12) suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

We encourage everyone to continue to practise effective infection control measures, such as social distancing, during this time that as South Australians we are fortunate to be experiencing some easing of restrictions.

Take care and please remember we are here to help

Kim & Steph





Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience

Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff News



Please give a warm welcome to our new staff.



Emeallia Nitschke
Hospitality



Jessica Thompson
Enrolled Nurse



Bianca Wytkin
Hospitality

*Carol Winter, EN
Best Dressed*



Thank you for the Compliments received for Staff in June

"Pleasure to work with"

"Great communication, shifts run smoothly"

"Thank you for the wonderful work you do"

"The residents love having a laugh with you"

"Thank you for your hard work and dedication"

Employee of the Month

June 2020

Congratulations

Jonathon Ko

**Well done and thank you to all the staff who
received compliments for June**

Evelyn Halay, Tricia Cummings, Carol Winter, Deb Leighton,
Prabu Mathias, Miriam Layoan,
Pauline Andala, Michael Hentschke, Mike Schultz,
Jonathon Ko, Luaren Schwartz, Emily Gauci, Heather
Dyer, Iris Egel, Michelle Duff, Emily Schrieber, Lisa Morgan,
Stephanie Vickers, Barossa Club Staff,
Laundry Staff & Maintenance Staff.



All compliments Submitted are also reviewed annually for our Value based awards.



We Love Receiving Feedback

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides. We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, friends or staff. Please feel free to ask staff to assist you to complete the form. There will be no reprisal in connection with comments.

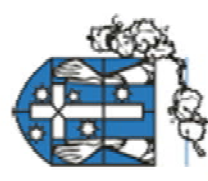
The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Vickers (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.vickers@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.

Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people



Share Your Experience



Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box ☐

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months ☐ N/A ☐

6 Months ☐

9 Months ☐

Other: _____

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: _____

☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Terrariums and plants are available to purchase at reception and from the lifestyle team now .

All plants are either \$5 or \$7.

Thank you to everyone who has already purchased.



Residential Aged Care Residents

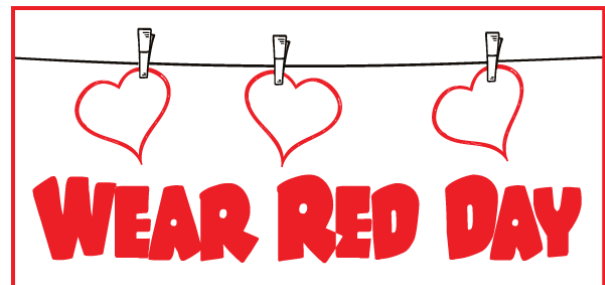
Terrarium making

The TLH residents had a fantastic time making Terrariums in July. It was a fantastic opportunity to get their hands dirty and be creative. Thank you to everyone who helped on the day and to those who donated resources to make this happen

A big **Thank you** to Mitre 10 at Nuri who donated some potting mix and river rocks.

ABG Artist of the Month

Art work by Ron Grossman



Friday 14th August

Wear red - a little RED or lots of RED show your support and have some fun !

RED NOSE DAY



Val Kraft is a very new resident at Tanunda Retirement Living. She moved into her unit at TG Obst Court in February 2020. Val has been a Barossa girl all her life and says that she has had an enjoyable and rewarding life. As we will find out, she has worked hard for most of her life, but when she mentions that she does it with a happy smile!

Val's parents were Hugo and Gertrude Raethel - they had a family of five girls and two sons - Val was born in 1940 and is the middle child in the family. Her family home was at Light Pass Road, adjacent to the old Nuraip Railway Siding, about half way along the bike track between Nuriootpa and Angaston.



Val attended Light Pass Lutheran School - she walked to school - until she was fourteen years old and old enough to leave and go to help on the family property. Her parents grew vegetables, which they sold in Angaston and also in the Adelaide Market. To get to the Adelaide Market in time her father left home at 3.30am. Val liked working with her father - in those days carrot growing involved much manual work, and Val recalls crawling on hands and knees thinning the plants. One day, when she was still quite young, her father felt too tired to drive the truck to Angaston to service the customers there, so he asked Val to drive the five-ton truck into the town on her own - even though her only driving experience was driving around the property!

The Raethel family were members of Light Pass Immanuel Lutheran Church. Val says that she had good times in her teenage years. She enjoyed playing netball at school but did not continue doing that after she left school - there was too much to do at home on the property for her to be involved in sport. She took part in the social activities associated with Lutheran Youth at that time - remembering that "waltzing" was not allowed at Lutheran youth socials.



When she was just 16 years of age, Joan, a friend of Val's, told her about her cousin - a young man by the name of Dennis Kraft.. So Dennis began taking Val out on his motor bike - they often went to the pictures at Nuriootpa. Val says that her father Hugo and Dennis got on really well together - so there were no issues with her marrying at age 19 years!



Val (arrowed) at Light Pass Lutheran School - note the girls wearing hats - but the boys obviously had no sun exposure concerns! Val remembers that two of her teachers were Rhoda Wiencke and Myrtle Rosenzweig

While courting, Dennis taught Val to drive his newly acquired 1957 Holden ute - even though she had already been expertly driving the family five-ton truck!

Dennis and Val built their house on Magnolia Road, Tanunda, at the time of their marriage. It was the home that Val was going to live in for the next 60 years. Dennis's father, Vic, later on gave the 20 acre property to Dennis. They gradually enlarged the house. It was a small holding even after they acquired another 10 acres, which meant that Dennis and Val, besides tending their own vineyard, needed to supplement their income by doing pruning and tying down for other Barossa grape growers. Val says that she is much happier working outside than being inside.

Val and Dennis have two sons - Steven, who is part of the maintenance team at Cellarmaster Wines, and Shane who now runs the family vineyard. Val has three grandchildren - some of whom affectionately call her "Dotty" - ask Val sometime why she has that title bestowed on her! Val is excited about becoming a Great-Grandma in a couple of months time.



Proud fishing couple!

Dennis and Val travelled quite a lot - to many parts of Australia and also to Norfolk Island and New Zealand. Val says that they started out sleeping in their vehicle, then they bought a small tent, then a larger tent, and finally a caravan. Fishing was a great love in their lives. They often went to Streaky Bay to fish for whiting after grape-picking was finished, before they had to embark on the winter pruning. Even though they had a Toyota four-wheel drive, they were members of a Nissan Touring Club (and were made to feel very welcome) which took them to many parts of Australia. They often went to the Northern Territory to fish for barramundi - the biggest that Val caught was a 97cm fish - but Dennis hooked one at 1.3m.

Val and Dennis had one cruise ship holiday - they sailed from Fremantle to Adelaide (photo at right) - Val says they struck quite rough seas while sailing across the Great Australian Bight. In 2000 Val joined a group of travellers on a tour through Europe. The group attended the 2000 performance of the Oberammergau Passion Play. Dennis did not go with her because of some health concerns.



Sadly, in 2015 Dennis died - Dennis and Val shared 55 years of marriage. Val continued to live at the Magnolia Road property until 2020 - but she decided that she needed to move because the house and garden were getting too much for her to maintain. So, she moved away from the Magnolia Road house that she had called home for 60 years.

Val has been an active volunteer in many places for much of her life. She loves baking, sewing, knitting and gardening. She has served as a supplier and volunteer at the local Tanunda craft store "Allerlei" since 1984 - and she still volunteers for a half day per month.

Val has shared a tribute to her, written by grand-daughter Matilda: *"Dotty' you mean the world to me.....I love catching up with you on special occasions and sharing a laugh. You really make the catching up enjoyable and fun.....I have so many memories of us together.....You have spent a lot of time teaching me to knit, sew and crochet.....You will always hold a special place in my heart!"*



Dennis and Val on their cruise from Fremantle to Adelaide.

Val knows that God has watched over her and loved her for the whole of her life - she is so grateful for that! We welcome Val to the TRL community and look forward to getting to know her better when life returns to 'normal'.

Our very own beautiful Resident **Pamela Zeunert** has a keen eye for football ..

She was mentioned in the latest edition of the Herald in the top ten AFL tipsters Round 6



TOP TEN AFL TIPSTERS ROUND 6		
1.	A. Fechner	44
2.	J. Bockmann	42
3.	S. Kowald	42
4.	D. Feltus	41
5.	P. Zeunert	41
6.	G. Holder	40
7.	C. Miller	40
8.	S. Prince	40
9.	H. Humberdross	40
10.	D. Kleemann	40

Pamela is number 5 on the leader board with 41 points



CARD MAKING GROUP RESUMES

The group will meet on Thursdays in Protea at 10am...



For details contact *Irene Joppich.*

If you are NEW to the group you must make contact with Irene before attending. COVID-19 restrictions are still in place - social distancing, Flu vaccine & hand hygiene are mandatory.



"Enjoying life with fun & friends"

Barossa Club is back ..

Please feel free to contact Tania Miller on 8563 7729

BOOK a table for lunch - Opening times 9am to 3pm

Social distancing & Hand Hygiene still apply ...

Barossa Club - Fun, Games, Food, Friends & Memories....



courtyard Cafe is back ..



- Wash your hands before & after.
- You MUST book for inside dining.
- We have a courtyard available.
- Social distancing at all times.

Quality Survey

"Help improve quality by completing the Relatives & Representatives Feedback Survey - Residential (survey) - **This will be emailed to all NOK.....**

Stephanie Vickers, Quality & Training Officer would like your assistance in completing the below survey.

Link provided : <https://pci.moa.com.au/Web/Tools/DataEntryDataSheet.aspx?uniqueCode=wjMS997V>

Please complete your questionnaire before the 10 Nov 2020."

Reminder : Shopping Bus is Back

IRL only at this stage !

Due to the COVID-19 restrictions, we have changed the way the shopping bus runs until further notice - Please read carefully and if you do not understand or have any questions at all, please ask to avoid disappointment:

- You will need to book with reception the Tuesday before, no later than 4.00 pm.
- We please ask that you give permission to have the bus cost (\$5.00) put onto your account. With the restrictions still in place for the COVID-19 the NO cash policy is still in place.
- You will be picked up from your home. - (Please do not go to reception)



Words of Wisdom

Gwen Smith - 103 yrs young

- “Everyone has got something to give – most have more to give than they think”
- “I love people – it doesn’t matter what they are, or are not. The main core is accepting people as they are; they have the right to be their own selves”.
- “If you can do a good turn for somebody – do it. Even a kind thought has meaning.”
- “We’ve all got to grow, and learn to accept what we don’t like”



Favourite Quotes & sayings...





"Enjoying life with fun & friends"

What is the Barossa Club?



- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tai Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





"Enjoying life with fun & friends"



Barossa Club Group Members are becoming involved in a new *craze* that's going to create a fun game for everyone at T.L.H.

We all have the opportunity to become involved - Whether you choose to help paint the rocks or help to hide them for our T.L.H family to find or whether you would like seek and rehide.

For more information pop in to the Barossa Club and see Pam, she is more than happy to supply you with the rocks, that you will need along with some instructions and direction.



This will encourage everyone to enjoy social interaction - but of course with our COVID-19 1.5 social distancing.

Participants can express idea's through painting a version of their thoughts - freedom of painting . The idea is to put a smile on someone's face and for everyone to feel included, self-worth and a valued member of the T.L.H. community.





Colour in your master piece ..

Be creative and colourful



Tanunda Lutheran Home is proud to announce they have been recognised as a state finalist in the LASA Excellence in Age Services Awards 2020.

ORGANISATION AWARD

The Winner will be announced online on Aged Care Employee Day.

Friday the 7th of August at 2:30pm (online)

This will be our industry's opportunity to celebrate the passion, respect, integrity, daring and excellence in our industry.

To learn more about the award or watch the results on the day please follow the link below.

<https://lasa.asn.au/excellence-in-age-services-2020>



New Respite and Sitting Area...

Thank you to Bartsch Builders, they have built two fantastic new rooms that will be used and loved by many.

To all the suppliers who certainly sharpened their pencils when it came to pricing their items with generous discounts, without their help the rooms may not have been possible - Adelaide Window and Door Solutions - Décor made Easy - Aidacare - Beacon Lighting - Barossa Mitre 10 - Betta Electrical

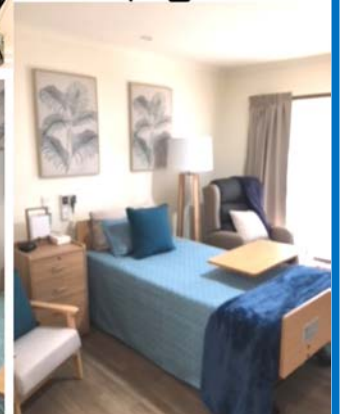
TLH would also like to say *Thank you* to Sharryn Hueppauff for donating \$270.00 for the beautiful bed covers and cushions - also the TLH maintenance team for putting everything together...

If you would like to view the rooms, please contact Sharryn and she will proudly show you around the rooms she has decorated



beautiful

thank
YOU





A group of elderly people were sitting around talking about their ailments. "My arms are so weak I can hardly hold a cup of coffee," said the first. "Ha! My cataracts are so bad I can hardly see my coffee," retorted the second. "I can't turn my head because of the arthritis in my neck," complained the third. "My blood pressure makes me dizzy," contributed the fourth, shaking his head. There was a moment of silence. "Well, it's not all bad," piped up a fifth old-timer, "At least we can still all drive!"

A man walks into a bar with his dog, but the barman tells him, "No dogs allowed." "It's OK," he responds, "This is a talking dog - I'll show you." He says to the dog, "What grows on trees?" The dog replies "Bark, bark." "What's on top of houses?" and the dog says "Roof, roof." "What's the opposite of smooth?" and the dog says "Rough, rough." Unimpressed the barman throws them out. Puzzled, the dog asks his owner, "Which one did I get wrong?"

I feel my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to join an aerobics class for seniors. I bent, gyrated, jumped up and down and perspired for an hour. But by the time I got my leotard on the class was over!

A man comes home from work and is greeted by his wife. She tells him she has good news and bad news about their car. The man says, "OK, so give me the good news." His wife replies, "The good news is, the air-bag works."

Aged Care Employee Day gives the whole of Australia an opportunity to celebrate and honour the people who care for and support the older members of our community.



agedcareday.com.au
#ThanksforCaring

All Australians are being urged to reach out to people they know who work in aged care on

Wednesday 7th August

this year and help recognise the positive contribution they make to the lives of our older Australians and the wider community.

Aged Care Employee Day is a national day to say thank you to the more than 365,000 dedicated people

who care for and support around 1.3 million older Australians who receive care and services each year.

The day is designed to celebrate each and every team member involved in the journey of caring for older Australians. From the nurses and care workers, to the cooks and hospitality teams, to the drivers, cleaners and laundry employees, to the volunteers, to the leisure and lifestyle officers and administration teams – this day is to recognise the entire workforce.

Aged Care Employee Day is an official day, registered with awarenessdays.com. It was initiated by aged care provider Whiddon in 2018 and is now proudly led and co-ordinated by Leading Age Services Australia (LASA).

Individuals and employers wishing to take part can find information and resources on the Aged Care Employee Day **website: <http://www.agedcareday.com.au/>**

VOLUNTEER NEWS

Volunteers Morning Tea

Please note that the appreciation Morning Teas have been postponed until further notice.

TLH would like to thank all of our hard working volunteers and understand this may be a difficult time for your all.



Hopefully we will see you all again in the very near future.

Volunteering

If you would like to sign up to be a volunteer and make a difference in the lives around you, please arrange a time to come and see Belinda the Volunteer Coordinator.

We would love to have you as part of the TLH family.

Happy Birthday

To all of our wonderful Volunteers

for the month of

August



LIFESTYLE PROGRAM

Saturday 1st

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 2nd

10.30 Worship Service



Chapel

Monday 3rd

11.00 Worship Service

Acacia Lounge

11.00 Sing along

TLH

1.30 Social Bingo

Protea / Trinity

1.30 Bingo

Grevillea

3.30 Individual Walks

Leaving from Acacia



Tuesday 4th - International Beer Day

From 10am Knit & Natter

TLH /ABG

10.30 Moovers & Groovers Protea / TC1

Chapel

1.30 Beer Tasting

Protea

1.30 Men's Group / Beer Tasting

ABG

3.30 Quiz Game

Acacia

Wednesday 5th

9.00 - 12noon TLH Library Open

Trinity

10.00 Bottle Top Sorting

Protea

10.30 Art Therapy

ABG

1.30 Balloon Tennis

TLH

1.30 Arm Chair Exercises

Acacia Lounge

2.00 1st Blessing of the Month

ABG

3.30 Current Affairs

ABG

Thursday 6th

From 10am Card Making with Irene

Protea

10.30 Wonders of Nature

Grevillea

10.30 Moovers & Groovers Waratah / TC2&3

Chapel

1.30 Bean Bag Toss

Grevillea

1.30 Arm Chair Travel

Waratah

3.30 Individual Walks

Leaving from Acacia

Friday 7th

9.00 - 12noon TLH Library Open

Trinity

10.00 Walking Group

Acacia Lounge

11.00 Christian Faith & Life

Chapel

1.30 Memory Game

ABG

2.00 Happy Hour

Grevillea

2.00 LASA Awards Afternoon Tea

Chapel

Saturday 8th

There are a variety of different activities available,
please ask a staff member for assistance.

Sunday 9th

10.30 Worship Service Chapel

Monday 10th

11.00 Worship Service Acacia Lounge
10.15 Singing in the Chapel Chapel
1.30 Social Bingo Protea / Trinity
2.00 Bingo Grevillea Lounge
3.30 Walking group Leaving from Acacia

Tuesday 11th

From 10am Knit & Natter TLH /ABG
10.30 Moovers & Groovers Protea / TC1 Chapel
1.30 Water Ping Pong Protea
1.30 Men's Group Men's Shed
3.30 Quiz Game Acacia

Wednesday 12th

9.00 - 12noon TLH Library Open Trinity
10.00 Bottle Top Sorting Protea
10.30 Art and Craft ABG
1.30 Wheel of Fortune Protea / Trinity
1.30 Arm Chair Exercises Acacia Lounge
2.15 Sing Along with Doug ABG

Thursday 13th

10.30 Wonders of Nature Grevillea
10.30 Moovers & Groovers Waratah / TC2&3 Chapel
1.30 Colour, Craft & Puzzles Protea
1.30 Basketball Grevillea
3.30 Individual Walks Leaving from Acacia

Friday 14th

9.00 - 12noon TLH Library Open Trinity
10.00 Walking Group Acacia Lounge
11.00 Christian Faith & Life Chapel
1.15 Social Bingo Waratah / Trinity
1.30 Memory Game ABG
2.00 Happy Hour Grevillea



**A very big thank you to everyone who has
donated jars and items for the
terrarium project.**

Saturday 15th

There are a variety of different activities available,
please ask a staff member for assistance.

Sunday 16th

10.30 Worship Service Chapel

Monday 17th

11.00 Worship Service Acacia Lounge
10.15 Singing in the Chapel Chapel
1.30 Social Bingo Protea / Trinity
1.30 Bingo Grevillea Lounge
3.30 Walking group Leaving from Acacia

Tuesday 18th

From 10am Knit & Natter TLH /ABG
10.30 Moovers & Groovers Protea / TC1 Chapel
1.30 Carpet Bowls Chapel
1.30 Men's Group Men's Shed
3.30 Quiz Game Acacia

Wednesday 19th

9.00 - 12noon TLH Library Open Trinity
10.00 Bottle Top Sorting Protea
10.30 Art and Craft ABG
11.00 Church Service - Waratah Only Waratah lounge
1.30 Balloon Tennis Protea / Trinity
1.30 Arm Chair Exercises Acacia Lounge
3.30 Current Affairs ABG

Thursday 20th

10.30 Wonders of Nature Grevillea
10.30 Moovers & Groovers Waratah / TC2&3 Chapel
1.30 Colour, Craft & Puzzles Waratah
1.30 Men's Group Chapel
1.30 Balloon Tennis Grevillea
3.30 Individual Walks Leaving from **Acacia**

Friday 21st

9.00 - 12noon TLH Library Open Trinity
10.00 Walking Group Acacia Lounge
11.00 Christian Faith & Life Chapel
1.15 Social Bingo Waratah / Trinity
1.30 Memory Game ABG
2.00 Happy Hour Grevillea

**PLEASE NOTE : ALL LIFESTYLE
PROGRAMS MAY BE SUBJECT TO
CHANGE.**

Saturday 22nd

There are a variety of different activities available,
please ask a staff member for assistance.

Sunday 23rd

10.30 Worship Service Chapel

Monday 24th

10.15 Singing in the Chapel Chapel
11.00 Worship Service Acacia Lounge
1.30 Social Bingo Protea / Trinity
2.00 Bingo Grevillea Lounge
3.30 Walking group Leaving from Acacia

Tuesday 25th

From 10am Knit & Natter TLH /ABG
10.30 Moovers & Groovers Protea / TC1 Chapel
1.30 Water Ping Pong Protea
1.30 Men's Group Men's Shed
3.30 Quiz Game Acacia

Wednesday 26th

9.00 - 12noon TLH Library Open Trinity
10.00 Bottle Top Sorting Protea
10.30 Art Therapy ABG
11.00 Church Service Waratah Only Waratah lounge
1.30 Wheel Of Fortune Protea
1.30 Armchair exercises Acacia Lounge
3.30 Current Affairs ABG

Thursday 27th

10.30 Wonders of Nature Grevillea
10.30 Moovers & Groovers Waratah / TC2&3 Chapel
1.30 Bean Bag Toss ABG
1.30 Colour, Craft & Puzzles Protea
1.30 The world around us - A Current affairs Waratah
3.30 Individual Walks Leaving from Acacia

Friday 28th

9.00 - 12noon TLH Library Open Trinity
10.00 Walking Group Acacia Lounge
11.00 Church Service Protea & Trinity Only Chapel
1.15 Social Bingo Waratah / Trinity
1.30 Memory Game ABG
2.00 Happy Hour Grevillea



Tanunda
Lutheran Home Inc.
Enriching the lives of our older people

Saturday 29th

There are a variety of different activities available, please
ask a staff member for assistance.

Sunday 30th

10.30 Worship Service Chapel

Independent Living Only

Services are available to view on your TV - Please
check your TV guide for details

**Terrarium
& Plant Sale****\$5 & \$7****Purchase from
reception**

All proceeds go into the residents
lifestyle fund.

Thank you for your support.



RED
NOSE
DAY

Red Nose Day

RED
NOSE
DAY

B O G G L G S T N E M N I A T R E T N E Z D G S
G K C T E F O I R P N B A J H J C O Z P W I K M
A J O T B A V U E Z Y U P O O Y Q C L F T I M U
N S F D V H U V F C C U Y L E Q D M B P V M X H
Z Y K V C C A S H K W J N S N O I T A N O D D A
N Q C U G R N C M X P F R T Y E N O M L T W F N
Y L B G F A Z H B O R F Z A L Z E Q R U N U X D
C B X M Y M W E L P O E P G N U O Y I E J T U W
J R R F X F C N N N Y R I X T O Y U Y M L T K U
H C E F X O R X X O D Q L M A O W E U I O O J N
C N W V E H N H T I E K P R O Y M M U F E H C S
A V J H S T X W O T M R H T K N G C F Y O F H G
C R J W D R R H L A O H H W J F P I E Q A I T X
E G J P D U A Z E C C F Z Z L A F R I C A N S F
E J A U B O F C O U G N N S W P Q P L J Q U S V
G B Z K U F R B N D Q U K Q T C T X E R R F L K
T F E C C Y T X O E S E I L I M A F R C R S K N
X X D M Q T B Q X T W U D Q B B A D C H E M G O
G P T G L N O P N O S E R B V P Q W I I X J X P
B P P H W E H E A L T H Y M H K H D M L A J C A
C B W T V W S J J U A L H V B E N K O D U B S M
P M G D V T Y Y N G O K Z Z K K G H C R J Z H U
P L P I P O E E N R C U R K R L I Z R E D X E D
D M I A A O E D U X B M T Y W N X H P N X N U E



Donations

Healthy

Education



Young
people

Families

Children

Twentyfourth of
march

Fun

Entertainment

Comedy

Africa



Uk

Money

Comic relief

Nose

Red