



TIT TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

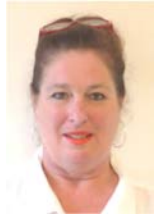
The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

JULY 2020

*Lutheran
Church
of Australia*

Assistant Chaplain's Reflection



Well, we are well and truly into winter now, having recently experienced some really freezing weather especially up in Angaston where I live. The seasons do roll on regardless of what ever else is happening in the world. I have experienced changes also this year, as I have been undertaking some formal chaplaincy training. I have been attending classes for 6 months, and like most students, I started in the classroom, but with the Great Plague making its presence felt, we moved online. But how very precious those final, fully present, classes were when we were able to gather again together! I have learnt a lot in the undertaking of these studies, and was sorely challenged at times also. Chief among the insights, has been the power of Active Listening. This means that one is fully present to the other person, without agenda, in what I call, a Deep Listening exercise. As chaplains we are unafraid of the deep places; we try to notice the important things that the other person is trying to communicate. We are unafraid of the silence.

The course had a strong focus on Reflective Practice, where we honestly consider what the other person really said, and was there evidence that there was more to the story at this point? And What is of value to the person at this time? It was great to be in a mixed group of fellow students in this course as we all brought something unique to the space. It was nice to be able to be really honest about ourselves and each other in a nonjudgmental space. And, as fallible humans, it is a precious thing when we are invited into the life of another, to bear witness of them.

The role of chaplain is to embrace the emotion that others try to avoid. We humans are deep creatures, and on occasion, we have need of the depths of others to support, and to comfort us. We need the deep presence of others to walk with us for a time during some of our more challenging days or weeks, or years. And as we all get older, what a lot of challenges we can face! And giving people a sense of belonging means they don't have to be "fixed up" before being accepted or embraced by us. We are all broken by life in some way or other, and nobody gets through life unscathed but the gentle care and kindnesses we show to one another along the way have great, even eternal, value. May you enjoy the mystery and joy of those you live and interact with on a daily basis.



HAPPY BIRTHDAY

JULY



4 Glenys Selwood

6 Joan Minge

6 Jillian Chapman



9 Cynthia Ellis

10 Glenis Kupke

11 Joan Ruwoldt

16 Bette Boughen



17 Ruth Schmidt

20 Glen Schultz

20 Patricia Maddock

26 Mandy Johns

30 Ros Whiteford

31 Kathleen Rochford



Knitting Group will be up & running again in July.
Tuesday Mornings from 10am
in **Protea** bring your needles & wool - All are welcome ..

The **DEADLINE** for all:
News / Information / Stories - August 2020 edition is
Monday 27th July 2020

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.

welcome

Respite

Beryl Handke

Marlene Tiver

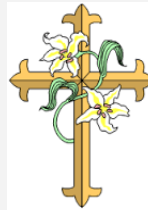
Permanent

Kevin Linke

Maxwell Ham

Edna (Jo) Zerk

Taisto (Olli) & Toini Mustalahti



DEATHS

*Our deepest sympathy
to the families of*

Esther Flinn

09th June

Josephine Heinrich

28th June

*May they rest in
peace ...*



TLH SHOPPING BUS



Please remember to book your pick up - The will only be travelling to Tanunda until further notice - Thank you

Wednesday **08th Unavailable**

Wednesday 15th July Tanunda

Wednesday 22nd July Tanunda

Wednesday 29th July Tanunda

The Bus will pick you up from your home - ONLY if you have booked



From the CEO



Another Financial Year Gone By:

What a financial year Tanunda Lutheran Home (TLH) has had.

There has been good and bad news in the financial outcomes of the financial year. The good news is, overall TLH has had a reasonably good year. Our final end of year balance will be in the black again for the second year in a row.

The bad news is that as time goes by it is becoming harder to make ends meet whilst trying to meet the Standards. The current aged care funding system is not meeting the requirements to provide the increased levels of care of our residents in general deserve. With effects of the COVID-19 pandemic and the funding support from government TLH did well to come up with the little surplus achieved. As an organisation we now have a guaranteed stock of personal protection equipment (PPE) should there be another outbreak of the pandemic.

I would like to acknowledge the efforts of all TLH management staff for the way they have managed their budgets. I especially thank Cherie Cheyne and her team for the excellent work in making sure our finance system is well managed and meets the auditors requirements. It is also nice to have the continued support from the members of the TLH Board who ensure realistic budgets are approved for the business to use.

When reviewing some of our financial outcomes TLH has done very well with our ACFI funding being \$10.00 above the national average, our occupancy is eight percent above the national average and our staff sick leave and use of agency staff is well down as per previous years and is well under the national average. Thankyou to Sharon Berridge and the ACFI team, a big thankyou to Sharryn Hueppauff for ensuring we have residents in our available beds and for our staff coming to work and reducing our need to use agency staff.

How have you all coped with the changes in the COVID-19 pandemic process? At TLH we are now getting used to the very mobile playing field of the COVID-19 changes. At the moment we have access restrictions in place so everyone comes through the same door. This process will continue until we are sure the likelihood of another outbreak well and truly passes. We can not risk an outbreak of any sort in the Home. I do apologise to those who live in the village for the extra distance to travel to come inside but at this stage it cannot be helped.

The visitation process is now almost back to normal but we expect all visitors to the Home to make an appointment and ensure they have had their flu vaccination. There are to be only two visitors in the residents room. If you wish to take a resident out for a social event please ensure their safety and wellbeing by following the COVID-19 social distancing rules and ensure everyone is well – not suffering from a cold or flu. We do ask you follow our processes that will make sure everyone in the Home remains safe and well.

If there is a way you can all help to ensure TLH remains financially viable – that is we need to sell some of the new independent living units available in Nuriootpa and soon in Tanunda. Please, if you know of people you would like to join the TLH extended family, invite them in for a look and discussion with Carolyn Redden. Our units on Langmeil Road are coming along really well. Looking at a March 2021 finish date. We have units available to move into immediately in Nuriootpa – please come along and have a look.

Please remember to stay safe everyone and please wash & sanitize your hands

“The secret to wealth is simple: Find a way to do more for others than anyone else does. Become more valuable. Do more. Give more. Be more. Serve more.”



Tanunda
Lutheran Home Inc.



News from Kim & Steph

(People, Culture & Customer Service Manager
and the Quality & Training Officer)

DEPARTMENT OF HEALTH

As at **3:00pm on 18 June 2020**, a total of 7,391 cases of COVID-19 have been reported in Australia, including 102 deaths and 6,877 have been reported as recovered from COVID-19.

- Over the past week, there has been an average of 16 new cases reported each day. Of the newly reported cases, the majority have been from Victoria.
- Following the peak of cases at the end of March, since mid-April 2020 there has been a sustained and relatively low number of new cases reported daily.
- The overall proportion of cases under investigation in each state and territory is relatively low, indicating that public health actions, including case identification and contact tracing, is occurring in a timely manner.
- To date, over 1,927,000 tests have been conducted nationally. Of those tests conducted 0.4% have been positive.

CASES IN AGED CARE SERVICES

Confirmed Cases	Australia	ACT	NSW	NT	QLD	SA	TAS	VIC	WA
Residential Care Recipients	69 [39] (29)	0	61 [34] (27)	0	1 (1)	0	1 (1)	6 [5]	0
In Home Care Recipients	31 [28] (3)	0	13 [13]	0	8 [8]	1 [1]	5 [3] (2)	3 [3]	1 (1)
Cases in care recipients [recovered] (deaths)									

The 'cases in aged care services' table presents the number of cases that have been reported among care recipients in Australian Government subsidised Residential and In Home Care settings in each state and territory.

Source: health.gov.au ~ 19/06/2020

World Elder Abuse Awareness Day

15 June was [World Elder Abuse Awareness Day](#), a day designated by the United Nations for people around the world to voice their opposition to the abuse and suffering inflicted to our older generations.

The measures in place to help prevent elder abuse and protect the health, safety and wellbeing of senior Australians are even more important during uncertain and challenging times, such as now during the COVID-19 pandemic.

On 14 June 2020, Minister Colbeck announced the introduction of a Serious Incident Response Scheme (SIRS) for residential aged care from 1 July 2021.

The SIRS will expand the responsibilities of residential aged care providers in relation to identifying, recording, managing, resolving and reporting assaults and a broader range of serious incidents in residential aged care.

The SIRS will drive quality and safety improvements to residential aged care at the individual service and broader system level. The SIRS will be administered by the Aged Care Quality and Safety Commission.

Source: Department of Health Newsletter ~ 16/06/20

A week of ups and downs...

Earlier this week the Minister for Health declared aged care free of COVID19. Just a day after this we had a new positive case in a facility in Melbourne. This will be our new normal. We are going to have to learn to live with and manage COVID risks for some time to come.

Further easing of restrictions is occurring with Queensland and Tasmania Directives changing their guidance on aged care visitors. We are anticipating changes to the national guidelines to occur shortly too.

This will also mean change and review for the Industry Code for Visiting Residential Aged Care Homes during COVID-19. We have all been working on FAQs on the Code and will keep you informed as this work progresses.

None of this changes in any way the great work the sector has done under immense pressure, keeping residents and staff safe and avoiding the devastating impacts of the pandemic that we have seen overseas.

Source: ASCA newsletter ~ 18/06/20

HOME CONTINUOUS IMPROVEMENT UPDATE

- Reminder: TLH have a visitor registration station at the reception entrance on Bridge Street, this is to ensure all visitors have had their flu vaccinations for 2020 before entering our home and visiting residents - Remember to pre book your visits.
- Majority of staff have completed their Personal Protective Equipment (PPE) training, for the correct donning & doffing procedures. This training has also included a practical hand hygiene test using glow-bug gel.
- Team Leaders attended a webinar on "Exploring Royal Commission Aged Care Recommendations" on 18th June.
- All staff are well on their way to completing their remaining courses on Bridge (Altura Online Training) by 30th June.
- "Share your Experience" boxes around TLH have now been reopened and are available for use.
- The Courtyard Café has reopened to Residents & Visitors with social distancing restrictions in place for both inside and outside dining. If you wish to visit the Café for a coffee or meal please contact Shu for a reservation on (08) 8563 7756.
- Changes to TLH's visitation restrictions—please see email correspondences for further information.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During May we received complaints about Residents Care (2) Cleaning (1) Food (8) Customer Service (1) Wellbeing (1) and are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during May we received compliments about Residents Care (3) Cleaning (1) Food (19) Other (1) Staff (18) Customer Service (5) Maintenance (3) Wellbeing (2) and a total of seven (12) suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

We hope that all Residents and Families enjoy spending more time with one another with the changes to visitors restrictions to Aged Care Homes.

Kim & Steph



19th June 2020



Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience

Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff News



Please give a warm welcome to our new staff.



Kelly Hunter
Carer



Bowen Fletcher
Hospitality

***Thank you for the Compliments
received for Staff in May***

"Always thinking of ways to bring joy to our residents"

"Absolutely amazing"

"Dedication towards our Residents"

"Happy and Friendly"

Employee of the Month

May 2020

Congratulations

Shona Day

**Well done and thank you to all the staff who
received compliments for May**

Britany Mickan, Michelle Adams, Qunnie Ahrns,
Iris Egel, Rachel Strudwick, Neville Parham,
Darren Cook, Michael Hentschke, Chloe Tsirizos,
Ian Lutze, Lee Martin and Charlie Sapio.

All compliments Submitted are also reviewed annually for our Value based awards.



**OFFICE USE ONLY**Date Received by Dept Manager / Delegate: _____ Verbal Feedback? ☐

Initial action by Department Manager: _____ Date: _____

Staff Name: _____ Sign: _____

(Return to Quality & Training Coordinator for further action)

Action taken by Manager / Delegate: _____

Follow up action if any: _____

All parties involved informed of results? YES / NO

☐ Phone call☐ letter☐ In Person

Manager / Delegate Sign: _____ Date: _____

Added to Trends Data? ☐**Tanunda**
Lutheran Home Inc.27 Bridge Street
TANUNDA SA 5352

Share Your Experience



Resident	Relative	Staff	Other	(Please circle one)

Other *(Please circle one)*

JULY 2020



DONATIONS



The lifestyle team are looking for donations of good quality near new clothing in a variety of sizes for both males and females. These clothes will assist with a "Shopping Experience" for our residents. If you have items that you feel are appropriate please donate at reception or to the lifestyle team.

Thank you



BINGO PRIZES

We are currently looking for bingo prizes to be donated for our residents. If you have small items that you feel would be a good prize we are more than happy to have them.



THANK YOU FOR YOUR CONTINUED SUPPORT

ABG Artist of the Month

Art work by Joan Haese



HAPPY BIRTHDAY

to Gwen Smith who celebrated her 103rd birthday on the 25th of June.

MEET Glenis Kupke - Bridge Street



Glenis at her much loved pianola

Glenis Kupke is a well-known member of the TLH community - she has lived here since 2013. Glenis and her late husband Darrell moved to Tanunda from Cleve, when Darrell suffered a debilitating stroke in 2013, after which he required a level of care which made it necessary for him to move to residential care at TLH. Glenis first lived in a unit in Schiller Court, and later in Bridge Street so that she could be near Darrell and help to care for him.

Glenis has had a full and interesting life, some of which she has written down - and this TIT TAT article about her can only skim the surface of what she has done in her life. Glenis was born in Blyth in 1940, the third of five children of Cliff and Erna Schumacher, and she lived with her parents on the family farm at Kybunga (between Balaklava and Clare) until she married in 1965.

She went to school at Kybunga Primary and Concordia College in Adelaide. Kybunga had a single class-room one teacher school. She was the only student in her class for the last couple of years, and the next oldest girl in the school was in Year Four. The Schumacher's lived four miles from the school, so Glenis and her two elder siblings drove themselves to school by horse and cart - often racing with the neighbour's children who also travelled in another horse and cart. Later she caught the school bus, which at that time was a truck, with wooden seats under a covered canopy mounted on the tray of truck - in the summer the cover of the canopy was rolled up and the kids would lean out and grab leaves from passing trees. Later they had a panel van as a bus. At school Glenis remembers playing Red Rover, French cricket, mothers and babies in make-believe houses under the trees.

Moving to Concordia College from a small country school was exciting. Initially she boarded in the Hostel which was about a mile from the College. The boarders had to walk from the Hostel to the College and back twice a day (lunch was at the Hostel) in a line they called "the crocodile." They had a senior girl who was the "room prefect" who sometimes tried to bribe her room-mates to do jobs for her - but Glenis never succumbed to that! Later she boarded at the Annexe which was close to the College - it had an advantage because the girls could watch the boys ride past on their bikes! Glenis was part of the dance troupe which performed on the Wayville Showground for Queen Elizabeth when she visited in 1954. Glenis enjoyed her two years at Concordia College and began playing the piano then - and she still does that!

When Glenis left Concordia, her father purchased a piano accordion for her and she began to play the organ for church - something she is still doing - but now it is the piano and organ. She had some piano and singing lessons from a teacher who travelled to Blyth. Glenis remembers at one of the concerts given by the teacher's students she was so nervous that she got lost during the piece that she was playing, so she made up a suitable ending, bowed and walked off the stage, the teacher was not impressed!



A precious photo - Glenis and Darrell often played together for church, concerts and weddings.

After College she helped out on the family farm with housework, looking after the hens and turkeys, milking cows, sheep work and sometimes driving the tractor and the truck. A few times she drove a truck load of lambs to the abattoirs - unusual for a girl back then. Later when she was still at home she got a job at Clare Kindergarten where her music skills were useful - she found that rewarding and often wishes that she had trained earlier for that work.

Glenis has played table tennis, and tennis. She was an active member of the church Luther League and was involved in games evenings, debates, speechmaking, play nights and socials attending these in many parts of SA. Her father bought her a Holden Ute so that she could get around - and later she had a Volkswagen.



In her travels she met Darrell Kupke who lived at Yandiah near Booleroo Centre. They had known each other and been friends for many years, and then romance blossomed in 1962 - he also had a Volkswagen! They married in Blyth Lutheran Church in 1965. Darrell had worked on the family farm at Yandiah until then, but decided to join the stock firm Farmers Union. Darrell's first job with Farmers Union was in Adelaide - Glenis had seven weeks to organise a wedding so that they could move to Adelaide together - she made it!

Darrell worked in a number of locations for Farmers Union - McLaren Vale, Wirrabara, Lock, Bordertown and finally Cleve - where they lived for twenty-nine years, the longest place in which Glenis has lived. The houses that they had to live in were sometimes not all that good - Glenis and Darrell became quite expert at "cutting and pasting" their floor coverings to fit the variety of rooms in these houses.

Glenis, besides being a wife and mother, has turned her hands to many things: Millinery course (Booleroo Centre), volunteer kindergarten teacher (Lock), assisting Darrell in the Farmers Union branch (Lock), working in an aged care hostel (Bordertown and Cleve) - her life experiences are many and varied. Glenis has been a generous contributor to her church and community.

In 2013, whilst in Cleve, Darrell suffered a stroke. After four months of rehabilitation in Adelaide, Glenis realised that he was going to need more care than she could provide, and so he moved to residential care at TLH. From that time until Darrell sadly passed away in January 2020, Glenis was able to spend most of every day with him, assisting in his care.



In earlier years Glenis and Darrell, with their family, caravanned to many places in SA, Victoria and WA. In their retirement they travelled all over Australia in this "heritage" caravan. During retirement they also enjoyed some overseas travel in between social bowls and lots of volunteering in the church and the community.



The photo, taken in 2015 at their Golden Wedding, is of Glenis and Darrell and their family: From left, Grant (second son), Melissa (youngest child), and Craig (eldest son). Glenis and Darrell have seven grandchildren.



Glenis is a valuable and appreciated member of our community - thanks Glenis for sharing your story with us!



WE'VE GOT SO EXCITING (can't hold it anymore) NEWS!



Exciting NEWS



We are slowly opening up in different areas of the Home ...

Remember at all times, we must keep our hand hygiene going and social distancing.

If we all play our part we will be open as before in no time!
We thank you all for your patience and understanding in this unscripted 2020 event



CARD MAKING GROUP RESUMES

The group will meet on Thursday 2nd July in Protea at 10am, and monthly after that.

For details contact
Irene Joppich.



If you are NEW to the group you must make contact with Irene before attending. COVID-19 restrictions are still in place - social distancing, Flu vaccine & hand hygiene are mandatory.



Barossa Club is back ..



*Barossa Club - Fun,
Games, Food, Friends
& Memories....*

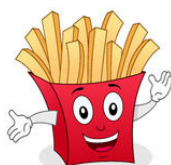
Please feel free to contact Tania Miller on 8563 7729
BOOK a table for lunch - Opening times 9am to 3pm
Social distancing & Hand Hygiene still apply ...



courtyard Cafe is back ..



Drop in and say *hello*
to Shu & the café team



Wash your hands before & after ...

You MUST book for inside dining
and remember we have an outside
courtyard available as well.

Social distancing at all times ...



shopping Bus is back ..

As of: Wednesday July 15th, 2020.
IRL only at this stage !



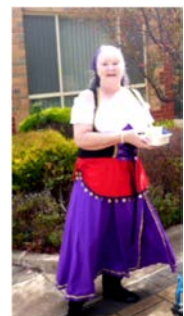
Due to the COVID-19 restrictions, we have changed the way the shopping bus runs until further notice - Please read carefully and if you do not understand or have any questions at all, please ask to avoid disappointment:

- You will need to book with reception the Tuesday before, no later than 4.00 pm.
- We please ask that you give permission to have the bus cost (\$5.00) put onto your account. With the restrictions still in place for the COVID-19 the NO cash policy is still in place. (You all would have received a form in your letter box - Please see Carolyn if you missed out)
- You will be picked up from your home. - (Please do not go to reception)
- Please return account permission slip to reception on or before Monday 13th July 2020. (if you haven't returned your slip, unfortunately you will not be allowed to attend the shopping trip)



A big Thank you to Kym Huxtable for driving our Superhero's, Tania & Pam around to deliver hot lunches to Tanunda Lutheran Homes Independent Living Residents during the COVID-19 restrictions. Without team work from an amazing group of dedicated people, this wouldn't have been possible.

Superhero's don't always wear capes !





"Enjoying life with fun & friends"

What is the Barossa Club?



- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tai Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





ENJOY !!



WE LOVE
WHAT
WE DO !!



BAROSSA CLUB

"Enjoying life with fun & friends"



BAROSSA CLUB

"Enjoying life with fun & friends"



Colour in your master piece ..
Be creative and colourful

Residential Aged Care Residents



A Royal High
Tea!



A MEETING WITH A ROYAL

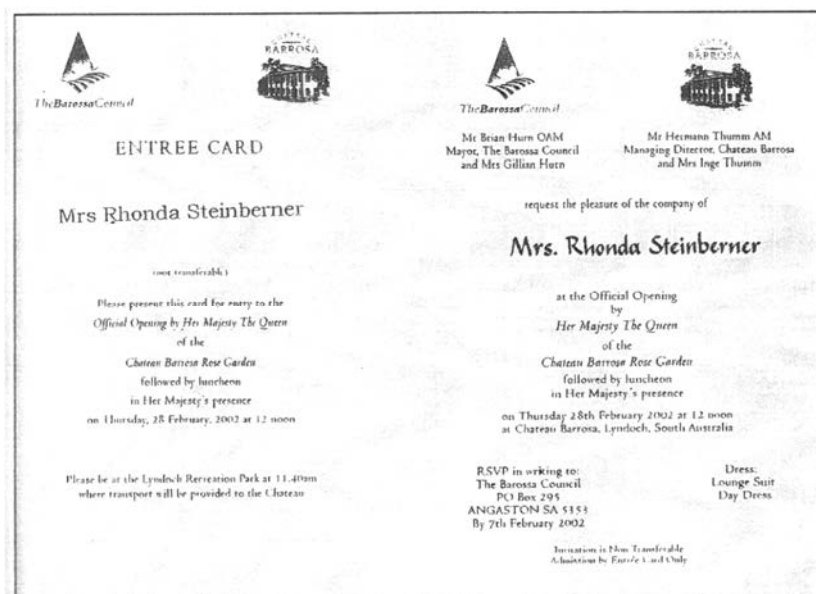
THL Resident Rhonda Steinberner

Rhonda was invited as a guest to the Barossa Chateau Queens Rose Garden in March of 2002.

Rhonda worked as a tour guide at the time and she was asked by the council to represent Tanunda when the Queen officially opened the gardens.

Rhonda remembers that it was a warm day and she had her best outfit on which included a pearl necklace. As the Queen walked past she commented to Rhonda "You have your pearls on today." Rhonda got such a shock that the Queen spoke to her, Rhonda managed to reply "Thank you very much".

Rhonda remembers having a very fancy afternoon tea seated at a table not far from the Queen; Rhonda felt very honoured to be part of such a historic occasion.



Have you noticed the renovations happening in our Trinity Court area??



We are looking to furnish these areas including respite, sitting and dining areas.

Can you kindly assist with monetary donations to help us achieve our goals of a beautiful, new atmospheres for our residents?

If so, please contact Sharryn Hueppauff (Placement Coordinator) 8563 7713 or drop in at Reception.

A big thanks to the kindness already shown by some IRL residents that have contributed already.



VOLUNTEER NEWS

Volunteers Morning Tea

Please note that the appreciation Morning Teas have been postponed until further notice.

TLH would like to thank all of our hard working volunteers and understand this may be a difficult time for your all.




Hopefully we will see you all again in the very near future.

Influenza Vaccination



From 1 May, you must have your influenza vaccination in order to visit an aged care facility. Please make sure when next visiting TLH you submit your evidence. You will then be issued with a TLH flu vaccination card, to be presented each visit.

INFLUENZA VACCINATION RECORD	
	VALID TO 30/04/2021
FIRST NAME	_____
SURNAME	_____
BATCH NO/SUPPLIED BY	_____
Sighted by:	_____
Please ensure you present this card to reception on arrival.	

Happy Birthday

To all of our wonderful Volunteers
for the month of

JULY



Wednesday 1st

9.00 - 12noon TLH Library Open

10.00 Bottle top sorting

10.30 Art Therapy

11.00 Church Service
Waratah Only

1.30 Balloon Tennis

1.30 Arm Chair Exercises

2.00 1st Blessing of the Month

3.30 Current Affairs

Trinity

Protea

ABG

Waratah lounge

TLH

Acacia Lounge

ABG

ABG

Thursday 2nd

10.00 Card Making with Irene

10.30 Wonders of Nature

10.30 Moovers & Groovers Waratah/TC2&3

1.30 Bean Bag Toss

2.00 High Tea

3.30 Individual Walks

Protea

Grevillea

Chapel

Grevillea

Trinity

Leaving from Acacia

Friday 3rd

9.00 - 12noon TLH Library Open

10.00 Memory game

11.00 Church Service

Protea & Trinity Only

1.15 Social Bingo

1.30 Soccer

2.00 Happy Hour

Trinity

Acacia Lounge

Chapel

Waratah / Trinity

ABG

Grevillea

Saturday 4th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 5th

Services are available to view on your TV—Please check your TV guide for details.

Monday 6th

11.00 Worship Service	Acacia Lounge
11.00 Sing along	TLH
1.30 Social Bingo	Protea / Trinity
2.00 Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

Tuesday 7th

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	TLH /ABG
1.30 Hoy	Waratah/ Trinity/ Protea
1.30 Men's Group	Men's Shed
3.30 Quiz Game	Acacia

Wednesday 8th

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle top sorting	Protea
10.30 Art and Craft	ABG
11.00 Church Service	Waratah lounge
Waratah Only	
1.30 Wheel of Fortune	Protea / Trinity
1.30 Arm Chair Exercises	Acacia Lounge
3.30 Current Affairs	ABG

**Thursday 9th**

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah/TC2&3	Chapel
1.15 Terrariums	Protea
1.30 Basketball	Grevillea
3.30 Individual Walks	Leaving from Acacia

Friday 10th

9.00 - 12noon TLH Library Open	Trinity
11.00 Church Service	Chapel
Protea & Trinity Only	
1.15 Social Bingo	TLH
1.30 Memory Game	ABG
2.00 Happy Hour	Grevillea

Saturday 11th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 12th

Services are available to view on your TV—Please check your TV guide for details

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 13th

11.00 Worship Service	Acacia Lounge
11.00 Sing along	TLH
1.30 Social Bingo	Protea / Trinity
2.00 Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

Tuesday 14th

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	TLH /ABG
1.30 Water Ping Pong	TLH
1.30 Trivia	Waratah
1.30 Men's Group	Men's Shed
3.30 Quiz Game	Acacia

Wednesday 15th

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle top sorting	Protea
10.30 Art and Craft	ABG
11.00 Church Service	Waratah lounge
Waratah Only	
1.30 Balloon Tennis	Protea / Trinity
1.30 Arm Chair Exercises	Acacia Lounge
2.15 Sing Along with Doug	ABG

Thursday 16th

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah / TC2&3	Chapel
1.15 Colour, Craft & Puzzles	Waratah
1.30 Bowls	Grevillea
3.30 Individual Walks	Leaving from Acacia

Friday 17th

9.00 - 12noon TLH Library Open	Trinity
10.00 Memory game	Acacia Lounge
11.00 Church Service	Chapel
Protea & Trinity Only	
1.15 Social Bingo	Waratah / Trinity
1.30 Cricket	ABG
2.00 Happy Hour	Grevillea

Saturday 18th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 19th

Services are available to view on your TV—Please check your TV guide for details

A very big thank you to everyone who has donated jars and items for the terrarium project.

Monday 20th

11.00 Worship Service	Acacia Lounge
11.00 Sing along	TLH
1.30 Social Bingo	Protea / Trinity
2.00 Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

Tuesday 21st

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	TLH / ABG
1.30 Hoy	Waratah/ Trinity/ Protea
1.30 Men's Group	Men's Shed
3.30 Quiz Game	Acacia

Wednesday 22nd

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle top sorting	Protea
10.30 Art Therapy	ABG
11.00 <u>Church Service</u>	Waratah lounge
Waratah Only	
1.30 Wheel Of Fortune	Protea
1.30 Armchair exercises	Acacia Lounge
3.30 Current Affairs	ABG

Thursday 23rd

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah/TC2&3	Chapel
1.30 Bean Bag Toss	ABG
1.30 Colour, Craft & Puzzles	Protea
1.30 The world around us-A Current Affairs	Waratah
3.30 Individual Walks	Leaving from Acacia

Friday 24th

9.00 - 12noon TLH Library Open	Trinity
10.00 Memory game	Acacia Lounge
11.00 <u>Church Service</u>	Chapel
Protea & Trinity Only	
1.15 Social Bingo	Waratah / Trinity
1.30 Soccer	ABG
2.00 Happy Hour	Grevillea

Saturday 25th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 26th

Services are available to view on your TV—Please check your TV guide for details

Terrariums will be available to purchase from the front Office In the coming weeks . .

**Monday 27th**

11.00 Worship Service	Acacia Lounge
11.00 Sing along	TLH
1.30 Social Bingo	Protea / Trinity
1.30 Bingo	Grevillea
3.30 Individual Walks	Leaving from Acacia

Tuesday 28th

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	ABG
1.30 Hoy	Waratah / Trinity / Protea
1.30 Men's Group	Men's Shed
3.30 Quiz Game	Acacia

Wednesday 29th

9.00 - 12noon TLH Library Open	Trinity
10.00 Bottle top sorting	Protea
10.30 Art and Craft	ABG
11.00 <u>Church Service</u>	Waratah lounge
Waratah Only	
1.30 Balloon Tennis	TLH
1.30 Armchair exercise	Acacia Lounge
3.30 Current Affairs	ABG

Thursday 30th

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah / TC2&3	Chapel
1.30 Men's Group	Trinity
1.30 Colour, Craft & Puzzles	Protea
1.30 Balloon Tennis	ABG
3.30 Individual Walks	Leaving from Acacia

Friday 31st

9.00 - 12noon TLH Library Open	Trinity
11.00 <u>Church Service</u>	Chapel
Protea & Trinity Only	
10.00 Memory Game	Acacia Lounge
1.30 Social Bingo	Waratah / Trinity
1.30 Balloon Tennis	ABG
2.00 Happy Hour	Grevillea



Tanunda
Lutheran Home Inc.
Enriching the lives of our older people

TANUNDA RETIREMENT LIVING

LADIES' GET TOGETHER
Temporarily Cancelled

Call: Margaret Spike 0481 255 041





Winter



P M U F Y D R H Q L T E K C A J E
Y T S C A R F E V N G W S I B K R
I C J Z D O Y G T B M H S W A P L
G E S F I S R U N A O X C L Q I H
L V A N L T K S J V E B F Z U K O
O T P Y O D Z I E H A W R C S S F
O G E C H W T L I R O J S H D N H
P N X N S A B V H N W F I K G O Z
L I Q U E N Y O S I G V M A N W R
F Z A D R Z L S A G E Q I P O S C
N E B H Y S O F I R M U T E S U J
T E I C E B E R G E D O T K A I W
X R G V L A N U F B I C E R E T F
A F O Z D R I B T E P U N A S R E
M L U S O L S T I C E H Y F O I T
G I P H A N B S M I L Q A S V G Y
E Z N I U G N E P L A F T U M S L

FREEZING
FROST
FROZEN
GLOVES
HOLIDAY
ICEBERG
IGLOO

JACKET
MITTEN
PENGUIN
SCARF
SEASON
SHIVER
SHOVEL

SKIING
SLUSH
SNOWBOARD
SNOWFLAKE
SNOWSUIT
SOLSTICE
SWEATER

