



**Tanunda**  
Lutheran Home Inc.

# TIT TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"

*John 13:34*

**JANUARY 2020**

*Lutheran  
Church  
of Australia*



## Chaplain's Reflection



"TELLING THE FUTURE"

As I was writing this page we were living through the horrendous heatwave. The weather report for Christmas Day had not yet been given, and nobody was quite game to give it. My hunch was that temperatures were on the rise again.

Oh to tell the future! A lot of the time we can safely do so. But I still baulk slightly when my Puratap man makes the next appointment for 12 month's time. So much can change in that time, even though so much will probably stay the same.

Aged care planners would love a crystal ball right now. So would any farmer. And if you're making New Year's resolutions you'll be hoping everything lines up well so that you can fulfil them.

As Christians approach a new year we do so with something of a giant safety net in view. That, as Paul wrote in his letter to the Roman church: "Nothing in all creation can separate us from the love of God" (Romans 8). Christian, post-Christian, or people of different faith, doesn't matter: It's a wonderful idea to ponder – that despite the sometimes vicious variables of life, someone is daring to claim we are 100% in good hands. No well-meaning friend or hopeful politician can make such a claim.

God can, and has.

Hold that thought, and proceed with confidence, into 2020 and beyond!!



Chaplain Ian



## January



- 3 Tony Ognjanovic
- 4 Ivy Parr
- 4 Colin Henschke
- 7 Ralph Zanker
- 7 Raelene Graetz
- 9 Jeff Garnaut
- 10 Ferne Fyfe
- 12 Janet Thompson
- 15 Marjorie Wilkinson
- 16 Sally Schiller
- 16 Lorraine Russack
- 19 Betty Braunack
- 20 Janice Fechner
- 21 Lorraine Price
- 22 Glen Noack
- 23 Jean Kuhn
- 24 Connie Doecke
- 24 Clem Jaensch
- 25 Barbara Keil Mercier
- 25 Zazilia May



Plastic Bread Tags for  
Wheelchairs and  
Plastic Milk and Drink  
Bottle tops for  
Prosthetic Limbs  
(Envision Hands)

### **Donation Drop Off:**

TLH Protea & Lifestyle Dept.

**Thank You**

# Welcome

## **Respite**

Darrell Norley

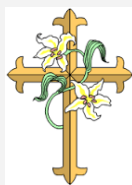
## **Permanent**

Helga Jaunzarins

Edna Pfitzner

Ella Larwood

Erica Gerschwitz



## **DEATHS**

*Our deepest sympathy  
to the families of*

*Gladys Modistach 2nd December*

*Lionel Folland 14th December*

*May they rest in  
peace ...*



The **DEADLINE** for all:  
News / Information / Stories - February 2020 edition is  
**Monday 20th January 2020**

**Email: [rachel.strudwick@tlhome.com.au](mailto:rachel.strudwick@tlhome.com.au)**

TIT TAT TEAM consists of many who put in the hard yards to make this  
amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout  
the Home, IRL & beyond.

## **TLH SHOPPING BUS**

**Departing approx. 9.30am -  
Return 11.30am**



Wednesday	01st January	Tanunda
Wednesday	08th January	Nurioopta
Wednesday	15th January	Tanunda
Wednesday	22nd January	Nurioopta

**Please be at Reception by 9.15am For a cost of  
\$5.00**

*"To the world you may be one person; but to one person you may be the world" Dr. Seuss*



*Kim Hahn,  
People, Culture and Customer Service Manager*

### **Happy Christmas Week!**

I hope everyone's Christmas preparations went well and that if you have started early new years celebrations that they have been festive and fun.

We have had an extremely busy and enjoyable last month or so with our annual TRL Resident Christmas function, participating in the Barossa Parade with our celebration of life float-Happy 100th Birthday to Gordon Fechner float, the Volunteers Christmas Morning Tea, staff Christmas Party, the Residents Ball, the presentation of Australian Flag from Tony Pasin MP and our very special Years of Service Awards for our Staff and our annual General Staff Meeting.

Our General Staff Meeting is held once a year and coincides with the Years of Service Awards. This was one of the positive ideas that Lee brought with him when he started with us as CEO/DOC. Lee's idea was to bring all of the staff together, from all of the different departments so that we could have a greater experience the TLH team environment. Attendance is compulsory for all staff.

We had over 48 staff who celebrated their Years of Service this year and enjoyed a TLH catered lunch with Board Members and the Leadership Team before joining the rest of our staff at the GSM.

The GSM commenced with our Years of Service staff being congratulated by Residents and being presented with a new badge showing their length of service, a pre-paid VISA card and a certificate by Chris Pfeiffer and Lee Martin. Employees who have completed more than 20 years of service also received a bunch of flowers.

This years theme from the GSM was "Thank You for Choosing our Residents" and all staff received a beautiful gift of appreciation. The leadership team then spent the next hours with the staff delivering training specific to aged care, communication, team work, solution finding and items specific to the leader's departments. Lee presented the TLH Values awards for 2019 - an award for each of our 7 values. The afternoon ended with the traditional happy hour and an afternoon tea that included the "Years of Service Cake".

Listening to the way our Residents talk about their staff really reminds me that one gesture, one act of kindness, however big or small really does make a difference to the recipient. I feel that we are so blessed at TLH to see countless two way relationships of equal giving. Our Residents give as much to us as we try to give to them!

Thank you to everyone within our TLH family for the support, comfort, team work and happiness that you all bring to one another's lives.

*Wishing everyone a Christmas filled with love, laughter, happiness,  
friends and family.*

Kim



## News from Kim & Lynn

**Kim Hahn, People, Culture and Customer Service Manager**

**Lynn Keogh, Quality and Training Coordinator**



### STAFFING NEWS

Agency hours again declined again in November, 3 new clinical staff were employed and our total number of staff employed is 196.

### COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During November we received complaints about Residents Care (3) Environment (2) Food (3) Staff (3) Maintenance (1) Wellbeing (1) and have worked with the comment maker in resolving the concern to the comment makers satisfaction

Also during November we received compliments about Staff (5) General (2) Maintenance (2) Food (3) Care (3) Customer Service (1) and a total of 10 suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences.

### ROYAL COMMISSION UPDATE

The Royal Commission held its final public hearing for the year in Canberra last week, inquiring into the interface of aged care with the health system. In particular, the focus was on the ability of residents in residential aged care to access primary and specialist healthcare.

#### **These key propositions are:**

That there should be funding to establish the nationwide implementation of hospital-led multi-disciplinary teams to deliver outreach programs to residential aged care residents.

That a new method of primary care funding be developed to better incentivise General Practitioners to service aged care residents.

That practical and logistical barriers be broken down to give further incentive to General Practitioners to service aged care residents.

That both financial and cultural barriers that prevent medical specialists from attending aged care facilities be broken down.

That aged care providers be required to work with families and residents to help them develop informed and comprehensive advanced care planning directives.

### QUALITY ARTICLE 2020

We would love to hear from you on what you may like us to include in this quality article during the New Year.

If you have any suggestions please fill in one of our Share your Experience forms or send Lynn an email at [lynn.keogh@tlhome.com.au](mailto:lynn.keogh@tlhome.com.au)

The quality articles goal is to keep you informed of aged care specific news both internally and externally.

## LEADING AGED CARE SERVICES AUSTRALIA

### **Peak bodies unite in pre-Christmas warning to avoid New Year aged care emergency, Dec 2019 (extract from article written by Sara Byers on behalf of LASA)**

Australia's largest aged care provider representatives have united in a pre-Christmas appeal to the Federal Government, to avoid an aged care emergency in 2020.

Aged and Community Services Australia (ACSA), Anglicare Australia, Baptist Care Australia, Catholic Health Australia, Leading Age Services Australia (LASA), The Aged Care Guild and UnitingCare Australia have joined together to urge Government to use the Mid-Year Economic and Fiscal Outlook (MYEFO) to address the immediate risk to senior Australians and support this vital industry to transition through the Aged Care Royal Commission process.

We recommend the Government's prompt commitment to key issues raised by the Royal Commission's interim report but the areas addressed are only the tip of the iceberg and the package announced is insufficient to support senior Australians today.

We are working and standing together to ensure every older Australian in need receive the highest quality of care, without failure.

The fact is, without further investment, residential facilities – and associated home and community care services – will be lost in the next twelve months.

With around 50 per cent of facilities operating at a loss, industry analysis suggests that there are nearly 200 providers with up to 50,000 beds at an unacceptably high level of financial risk.

Around 15 per cent of providers have reported that they may need to close services in the next 12 months if circumstances do not improve.

Let us hope that these issues are addressed in 2020.

## **MERRY CHRISTMAS AND HAPPY NEW YEAR**

We would both like to wish all of our TLH family a beautiful Christmas and a New Year filled with blessings, thank you for all of your support throughout 2019.







# Do you have a concern?

You can do something about it.  
If you have a concern or feedback  
about the aged care you or someone  
else is receiving, you can talk to us.

1800 951 822  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager  
08 8563 7752 or [kim.hahn@tlhome.com.au](mailto:kim.hahn@tlhome.com.au)

Cherie Cheyne - Chief Finance Officer  
08 8563 7768 or [cherie.cheyne@tlhome.com.au](mailto:cherie.cheyne@tlhome.com.au)

Lee Martin - Chief Executive Officer  
08 8563 7733 or [lee.martin@tlhome.com.au](mailto:lee.martin@tlhome.com.au)

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



Phone  
1800 951 822



Web  
[agedcarequality.gov.au](http://agedcarequality.gov.au)



Write  
Aged Care Quality and Safety Commission  
GPO Box 9819, In Your Capital City

## Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience

Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

### **Customer Service - Kim Hahn**

Executive People, Culture & Customer Service Manager

(Including Catering, [kim.hahn@tlhome.com.au](mailto:kim.hahn@tlhome.com.au) or Ph: 8563 7752

Food Service

WHS, Maintenance)

### **Clinical and Care - Lee Martin**

Chief Executive Officer

(including Allied Health [lee.martin@tlhome.com.au](mailto:lee.martin@tlhome.com.au) or Ph: 8563 7733

& Lifestyle)

### **Financial - Cherie Cheyne**

Executive Chief Finance Officer

(Accommodation & [cherie.cheyne@tlhome.com.au](mailto:cherie.cheyne@tlhome.com.au) or Ph: 8563 7768

Fees/Bonds )





## TANUNDA RETIREMENT LIVING February 2020 COMING EVENTS

Here are some dates for you to note:



The TRL Social Committee invites our Independent Living residents to our weekly **Friday Coffee and Chat Group** to be held each week in the Social Centre at 10.30am.

The dates are:      7th February  
                             14th February  
                             21st February  
                             28th February

No need to bring anything - just come along and meet and chat with other residents - this is an exciting new initiative that we want to give a try!

The first **TRL Get Together for 2020** will be held on **Thursday 20th February at 10.30am** - Guest Speaker will be Natalie Allan from Barossa Council will help us better understand how recycling works and how we can put our unwanted things in the correct bin.





## OFFICE USE ONLY

Date Received by Dept Manager / Delegate: \_\_\_\_\_ Verbal Feedback? ☐

Initial action by Department Manager: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Staff Name: \_\_\_\_\_ Sign: \_\_\_\_\_

*(Return to Quality & Training Coordinator for further action)*

Action taken by Manager / Delegate: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Follow up action if any: \_\_\_\_\_  
\_\_\_\_\_

All parties involved informed of results? YES / NO

☐ Phone call ☐ letter ☐ In Person

Manager / Delegate Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Added to Trends Data? ☐



**Tanunda**  
Lutheran Home Inc.  
27 Bridge Street  
TANUNDA SA 5352

# Share Your Experience



**Resident**      **Relative**      **Staff**      **Other**      *(Please circle one)*

**Other** *(Please circle one)*

### Comments / Details:

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Do

**you have any suggestions of how we can improve the services provided?**

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## Leave more than memories behind.

After making provision for your loved ones, you may wish to leave some of your estate to Tanunda Lutheran Home.

By naming Tanunda Lutheran Home in your Will, you can be sure that your gift will continue to provide for care and ministry beyond your lifetime.

Your contribution will mean that Tanunda Lutheran Home will ensure those Barossians who come after you will be provided with modern facilities and Christian physical, mental and spiritual care.

Tanunda Lutheran Home has prepared the following helpful points to remember when making your Will and the suggested wording for leaving a legacy.

### How to leave a Legacy with the Tanunda Lutheran Home.

To leave a gift to Tanunda Lutheran Home, the following wording can be used in your Will:

#### General Legacy.

**I give to Tanunda Lutheran Home (ABN: 72 117 050 014), of  
27 Bridge Street, Tanunda, South Australia, 5352**

.....  
(Insert your gift amount. This can be an amount of money,  
a percentage or portion of your estate,  
a property or other specific items).

**to be used by the Home in support of the care and ministry to aging local people  
residing in this Home, owned by the Lutheran Church of Australia, South Australia/  
Northern Territory District.**

### Some points to remember when making your Will:

- As a Christian, remember that everything you have comes from God. Your Will is a final way of showing your love and thanks to Him for all the blessings you have been given in your lifetime. Consider a Christian preamble to your Will.
- Your Will should make fair provision for your immediate family. This will help to avoid future legal challenges.
- Keep your Will flexible by allowing for future events. You should recognise that one or more of your beneficiaries may die before you or at the same time. Make sure that a final beneficiary is named to receive the residue of your estate.
- Provide for the effects of inflation. The value of amounts you nominate today will change over time. Use portions (e.g. 1/8, 1/2, 1/4 etc) or percentages (10%, 20%, 50% etc) in distributing your property and money and this will overcome the effects of inflation.
- In thanks to God, consider naming Tanunda Lutheran Home as a beneficiary in your Will. Legacies provide valuable help to ensure Christian care continues for those who have contributed so much to our way of life here in the Barossa Valley.
- All Legacies to Tanunda Lutheran Home are acknowledged in our Annual Report.



## THANK YOU Dorcas Kernich

Dorcas has been an independent living resident at TLH since 2007—she moved to TRL from their previous residence in Tanunda with her late husband Pastor Eric Kernich. Just about everyone at TLH and TRL knows Dorcas! Dorcas is one of many wonderful volunteers who serve our community—but few have served in the multitude of ways that she does. Dorcas’s volunteering days are not over, but she has decided to take a break in a couple of key areas—TIT TAT and as the representative for Hilda Schulz Drive.



The name “Dorcas Kernich” has been synonymous with TIT TAT for eight years - since 2011, when she took over the publication’s editorship from Pastor Graham Maas. When asked to reminisce about her involvement with TIT TAT some of the things that she said were:

*“Some might consider the name to be a little strange, and wonder about the origin of the newsletter. Back in 1975 TLH Matron Selina Schiller (now a resident in Trinity Court) realised the need for a newsletter and set about establishing a regular, simple hand-written publication. Over the years, due mainly to advanced technology, the newsletter called TIT TAT has evolved into what is now - a much more sophisticated publication.”*

*“When I stepped in as Editor, I was provided with a computer, first in Pastor Maas’s Office, then I had a little nook in a TLH passage from which I*

*worked. So I was now a newshound, with the interesting job of reporting and photographing events around the TLH complex and sharing interesting snippets.”*

*“The TLH office staff allowed me to use the photocopier outside of office hours. So I was able to set up the newsletter, print, staple and arrange delivery to residents at the end of each month. There were several impatient TLH resident hopefuls who waited every month for their copy, wanting to be the first to see the latest issue of TIT TAT. So this monthly routine was the norm for me - and my interstate children knew not to phone me near the end of the month! I’m thankful that my dear late husband Eric ( who passed away in 2009) was supportive of me in this role.”*

Getting TIT TAT out on time has been important to Dorcas - and she has made many personal sacrifices in trying to achieve that. She has a very, very keen eye as a proof-reader! The TIT TAT production team is in awe of her ability to seemingly find every last mistake in the publication - a skill which she no doubt had instilled into her when she did a secretarial course at High School. Readers with a keen eye will have detected that the high standard of copy sometimes now does not always pass the “Dorcas test” - but we try!

Dorcas has been the Hilda Schulz Drive representative on the TRL Residents' Committee for many years. Hilda Schulz Drive residents have been the recipients of many kindnesses from Dorcas. She makes new HSD residents feel welcome, recognises birthdays with a card - and balloons on letterboxes, and has been super-reliable in making sure that residents receive their mail-outs in a timely fashion. HSD residents have experienced the hospitality of Dorcas many times in her home. And of course, she has been a powerful advocate for TRL residents on the Residents' Committee. It goes without saying, that the accuracy of the minutes of the Committee meetings have benefitted from the proof-reading abilities of this special lady!

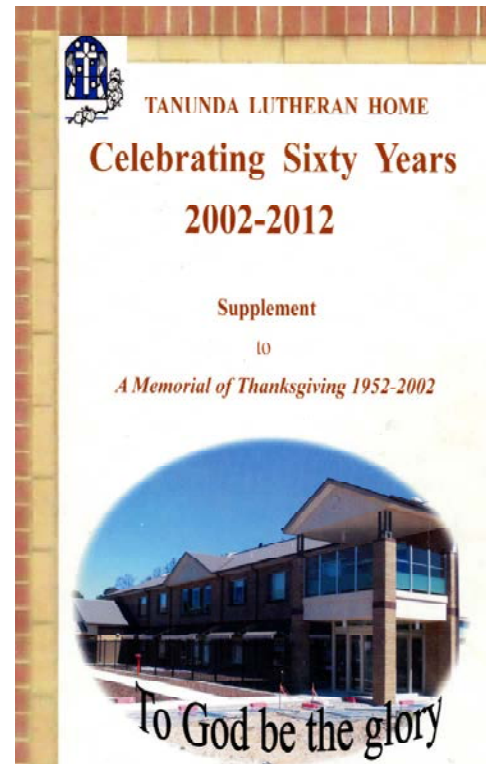
Dorcas has been a generous volunteer at TLH - it is sometimes hard to catch Dorcas at home - and she can often be seen striding out - with walking stick in hand - on a volunteering mission of some sort. This involvement means that she knows a great many TLH and TRL people something that is greatly valued by the more recent arrivals in our community.



**Dorcas and great-granddaughter Catherine**

All of this service has been humbly given. Dorcas says: *"I have spent a large portion of time over the years as a volunteer, I have thoroughly enjoyed the experience. I wish to emphasise that all volunteers and volunteering is important and highly valued - even when it is not done in a high profile situation."*

Dorcas has a large family - 5 daughters, 19 grandchildren and (at last count) 16 great-grandchildren. We know that Dorcas has made sacrifices for her family, because of her dedication to the TLH and TRL community. We hope that she will now have more time to engage with her family, that she is so proud of and loves.



**Dorcas researched and authored this history of TLH for the period 2002-2012. This publication is an example of her publishing talents and her willingness to serve TLH.**



So now Dorcas waves goodbye to her involvement in TIT TAT and as the Hilda Schulz Drive representative! We hope that Dorcas still has many "laps" still left in her for her other volunteering roles at TLH! Thank you Dorcas - and God bless!

*Contributed by Geoff Munzberg*

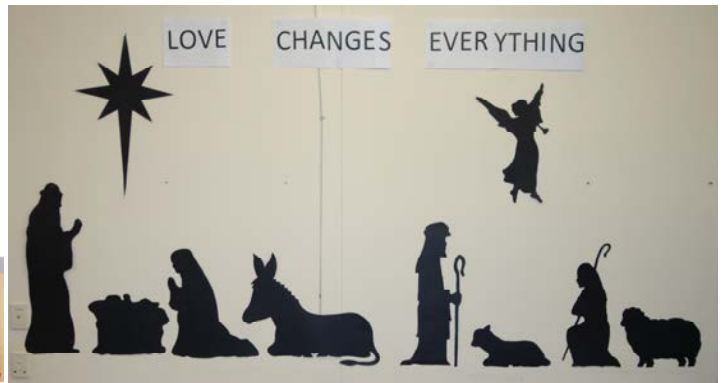
*Proof read by Dorcas Kernich*



## TANUNDA RETIREMENT LIVING CHRISTMAS LUNCH

About 80 TRL residents enjoyed lunch with this silhouette of the nativity scene, and the motto for the event 'Love Changes Everything' as a backdrop.

The lunch was a wonderful day of festive fellowship and good food.



The Christmas tree makers, from left: Ruth Rathjen, Helen Bartholomaeus, Daphne Gower, Elaine Leditschke, Helen Munzberg, Margaret Slater, Lena Rogers, Jan Fechner, Margaret Spike, Barbara Keil Mercier

The event was this year organised by the Social Committee, and there were many people who contributed to the day. This happy bunch of ladies (at left) spent many hours making the origami Christmas trees which were a spectacular feature of the table decorations and a gift to those attending.



Guests gathered in the pleasant surroundings of the Courtyard for drinks served by TLH Staff.

At left, TLH Staff member Sharon Hueppauff explaining what is available to Jill Stevens



Neil Slater, Len Gerschwitz, Ian Lutze and Jeff Garnaut



Frank Schapel, Kevin Illman, Oscar Joppich, Colin Ladd



Thelma Ziersch and Lois Mattner



Below left:  
Max Schubert in earnest conversation with Assistant Chaplain Helen McNicoll.

Below right,  
Kath Maas, Audrey Leske and Jan Fechner.





## TANUNDA RETIREMENT LIVING CHRISTMAS LUNCH (Continued)



The multi-talented Kym Huxtable: From left, volunteer bartender, official welcomer, and just possibly Father Christmas?



Lunch was prepared by the TLH Kitchen and served by TLH Staff - we are grateful for the wonderful support they give us



Chaplain Ian Lutze gave a Christmas message to the group



TLH Board members Chris Pfeiffer and Dave Preuss helping to serve lunch



The TLH Singers led the carol singing, and then sent us on our way home by having us join them in singing "Love Changes Everything" and "We Wish You a Merry Christmas" - the end of an enjoyable day!



Photos by Geoff Munzberg





# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



**Please feel free to contact Tania Miller on 8563 7729 if you would like to know more or would like to make a time to have a chat.**

*Barossa Club - Fun, Games, Food, Friends & Memories....*







# *The Barossa Club welcomes you back for another fun filled fantastic*

2020

Hope you all had a wonderful Christmas and hope the new year is kind to you all ..

Welcome to the New Year 2020 - it was sad to say good-bye to Debbie Seater who has retired for a sea change in Wallaroo. We welcome Wendy Arbon to our team and look forward to new and exciting activities.





# Wellness & Lifestyles



**Tuesdays and Thursdays  
9.00 - 10.00am**

**Resuming 7th January 2020**

**TLH GYM - LED BY  
PHYSIOTHERAPISTS**

**\$6.00 per session**



## Santa's Happy Xmas

**An unlikely tale by Ken Fyfe**

When Santa knocked the North Pole down, it really looked a mess,  
And when his elves had failed to fix it, he went further under stress.  
Pleased with Xmas eve deliveries, his elves were partying; I think,  
They invited him to join them and asked him, what he'd like to drink?  
Santa said he'd like a whisky, and love it better with some ice,  
It was crystal meth they gave him; with whisky refills once or twice.  
Soon, with 'ice' combined with whisky, Santa didn't know or cared,  
I guess that's when he had his mishap; while his driving was impaired.  
Driving home, he must have hit the Pole; now he had to pay the price,  
He'd been driving high on whisky, but he'd slipped up on the 'ice'.  
The sleigh wasn't badly damaged, and all the reindeer seemed okay,  
He wouldn't need those till next Xmas; almost, twelve months away.  
So they weren't any trouble; it was the North Pole was his worry,  
With all the trouble it was causing, it seemed pointless saying sorry.  
His GPS gave false directions; and his compass way off course.  
Lots of things were going wonky; with some new magnetic force.  
North was South or East or West; without a compass no one knew,  
With direction changing constantly; there was nothing they could do.  
Somehow, they had to keep it quiet, regarding Santa being involved,  
If he went to jail for drink or taking drugs, they'd never get it solved.  
They could blame Trump or North Korea; or any country full of rage,  
Or, if that was too realistic, blame that favourite; 'Climate Change'.  
Then the world woke up from chaos and Santa woke up screaming,  
An overdose from 'ice' and whisky can impair all Xmas dreaming!

## Laundry News

To Residents, Families and Friends

Each month the clothing rack goes to each neighbourhood for one week (including the weekend) to give residents, resident's family and staff a chance to have a good look through the lost clothing display.

**WEEK 1 - PROTEA  
WEEK 2 - WARATAH  
WEEK 3 - TRINITY COURT  
WEEK 4 - ABG**

Any items claimed will need to be returned to laundry for naming before returning to resident.

Any unclaimed clothing is stored for a total of six months. If clothing hasn't been collected within the six month period, we will discard appropriately in a manner which highly respects our resident's dignity and privacy through donating to a charity. We would like to thank you in advance for your cooperation and understanding.



# RESIDENTS CHRISTMAS CELEBRATION BALL



The Resident's Christmas Celebration Ball was a wonderful evening that was enjoyed by Resident's, ILU's, Staff, Volunteers and Friends. We were fortunate enough to have the Lyndoch Dancers entertain us with their beautiful ballroom dancing. There were prizes for best dressed, lucky seat and a door prize as well as a special raffle for the ILU's. Christmas spirits were high and we had the biggest turnout yet to an event. Thank you to everyone that joined in on the evening - Good Company, Good Food and Special Memories were made. (There is a full range of photos on display in the Protea Lounge)

We wish you all a very Merry Christmas and a Safe New Year



**STAFF, RESIDENTS AND FRIENDS ENJOYING THE EVENING**

**SOME OF THE LUCKY PRIZE WINNERS**





# VOLUNTEERS CHRISTMAS MORNING TEA



The Volunteers Christmas Morning Tea was a wonderful opportunity for us at TLH to say Thank you to all our wonderful volunteers. The Volunteers at TLH put in an unmeasurable amount of hours for our residents. All the volunteers have very different and diverse roles, these range from attending to the beautiful and meaningful flower displays, to driving residents to appointments. Some of the Volunteers help out in the Café and some run the Library. Every act of a volunteer contributes directly to the happiness and wellbeing of the residents and for that we are truly thankful.

We at TLH look forward to spending more time with you all in 2020.



This Christmas Tree was decorated with baubles that the residents had made for the Volunteers.

The Baubles were a Christmas gift to say 'Thank you'. Each bauble was filled with special items that were picked by the residents and a special message was placed inside.

Each volunteer was encouraged to pick a bauble from the tree.





# Volunteer News

## Volunteers Morning Tea

Morning Tea dates for 2020 to be confirmed - Watch this space

Thank you



## Happy Birthday

To all of our wonderful Volunteers

for the month of

## January

## FREE TLH LIBRARY

Situated on lower level near Trinity Court entrance Open 9.00-12 noon Wednesdays and Fridays

Great assortment of books, magazines, DVDs for your pleasure. If necessary, books can be delivered to residents' rooms.



### Wednesday 1st P/H New Years Day

#### Thursday 2nd

11.00 Colour Creations	ABG
1.15 Ten Pin Bowling	Chapel
1.30 Balloon Tennis	ABG
3.30 Walking Group	Leaving from Acacia

#### Friday 3rd

From 0915am - Canteen Trolley	TLH
10.00 Memory Game	ABG
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Parachute Ball game	ABG

#### Saturday 4th

There are a variety of different activities available, please ask a staff member for assistance.

#### Sunday 5th

10.30 Worship Service	Chapel
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#### Monday 6th

11.00 Colour Creations	ABG
1.15 Social Bingo	Chapel
1.30 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

#### Tuesday 7th

10.00 Knit and Natter	Protea/Grevillia
10.30 Moovers and Groovers	Chapel
1.15 Carpet Bowls/Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

#### Wednesday 8th

9.00 - 12noon TLH Library Open	Trinity
9.30 Bottle Top Sorting	Protea Lounge
10.00 Decoration Removal	TLH
10.30 Garden Reflections	ABG
10.30 Hand Wax Therapy	Protea
10.45 Bible Insights	Chapel
1.15 Water Ping Pong	Chapel
1.30 Arm Chair Exercises	Acacia Lounge
2.00 1st Blessing of the Month	Acacia Lounge
3.00 Reminiscing	ABG

**Thursday 9th**

10.30 Art and Craft with Helen	Grevillea
10.30 Moovers and Groovers	Chapel
1.15 White Board Games	Chapel
1.30 Bean Bag Toss	ABG
2.30 Sing along with Doug	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Friday 10th**

09.00 - 12noon TLH Library Open	Trinity
From 0915am—Canteen Trolley	TLH
10.00 Decoration Removal	TLH
10.00 Memory game	Acacia Lounge
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Basketball	Grevillea

**Saturday 11th**

There are a variety of different activities available, please ask a staff member for assistance.

**Sunday 12th**

10.30 Worship Service	Chapel
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**Monday 13th**

10.00 Colour Creations	Protea Lounge
11.00 Worship Service	Acacia Lounge
1.15 Hoy	Protea Dining
2.00 Ball Games	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

**Tuesday 14th**

10.00 Knit & Natter	Protea/Grevillia
10.30 Moovers and Groovers	Chapel
1.15 Carpet Bowls/Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.15 White Board Word Games	ABG

**Wednesday 15th**

9.00 - 12noon TLH Library Open	Trinity
9.30 Bottle Top Sorting	Protea Lounge
10.30 Hand Wax Therapy	Protea
10.45 Bible Insights	Chapel
1.15 Tour Down Under Afternoon	Chapel
1.30 Armchair exercises	Acacia Lounge
2.00 Current Affairs	ABG

**Thursday 16th**

10.30 Art and Craft with Helen	Grevillea
10.30 Moovers and Groovers	Chapel
1.15 Monthly Birthday Celebrations	Chapel

**Friday 17th**

09.00 - 12noon TLH Library Open	Trinity
From 0915am—Canteen Trolley	TLH
10.00 Memory game	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Parachute Ball game	Grevillea

**Saturday 18th**

There are a variety of different activities available, please ask a staff member for assistance.

**Sunday 19th**

10.30 Worship Service	Chapel
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**Santos Tour Down Under  
Bike Race  
19th - 26th January 2020**

**Tuesday 21st January 2020**

Start Tanunda 11.00am - Finish Tanunda 2.45pm

**Monday 20th**

10.00 Colour Creations	Protea Lounge
11.00 Worship Service	Acacia Lounge
1.15 Wheel of Fortune	Chapel
2.00 Social Bingo	Grevillea Lounge
3.30 Walking Group	Leaving from Acacia

**Tuesday 21st**

10.00 Knit & Natter	Protea & ABG
10.30 Moovers and Groovers	Chapel
1.15 Carpet Bowls & Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**Wednesday 22nd**

9.00 - 12noon TLH Library Open	Trinity
9.30 Bottle Top Sorting	Protea Lounge
10.30 Garden Reflections	ABG
10.30 Hand Wax Therapy	Protea
10.45 Bible Insights	Chapel
1.15 Water Ping Pong	Chapel
1.30 Armchair exercise	Acacia Lounge
2.00 Reminiscing	ABG

Reminder: there are puzzles in  
Trinity Court, Waratah and Protea  
for your  
enjoyment!



**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.**

**Thursday 23rd**

10.30 Art and Craft with Helen  
 10.30 Moovers and Groovers  
 1.15 White Board Word Games  
 2.00 Bean Bag Toss  
 3.30 Walking Group

Grevillea  
 Chapel  
 Chapel  
 Acacia  
 Leaving from Acacia

**Friday 24th**

09.00 - 12noon TLH Library Open  
*From 0915am—Canteen Trolley*  
 10.00 Memory Game  
 10.30 Wisdom of The Elders  
 1.15 Social Bingo  
 1.30 Happy Hour  
 2.00 Cricket

Trinity  
 TLH  
 Acacia Lounge  
 Chapel  
 Chapel  
 ABG  
 Grevillea

**Saturday 25th**

There are a variety of different activities available,  
 please ask a staff member for assistance.

**Sunday 26th**

10.30 Worship Service

Chapel

**Finish  
 Santos Tour Down Under.**

**Monday 27th Public Holiday**

*Australia Day*

**Tuesday 28th**

10.00 Knit and Natter  
 10.30 Moovers and Groovers  
 1.15 Carpet Bowls/Happy Hour  
 1.30 Men's Group  
 3.15 Whiteboard Games

Protea & ABG  
 Chapel  
 Chapel  
 Men's Shed  
 ABG

**Wednesday 29th**

09.00 - 12noon TLH Library Open  
 9.30 Bottle Top Sorting  
 10.30 Hand Wax Therapy  
 10.45 Bible Insights  
 1.15 Volleyball  
 1.30 Armchair exercise  
 2.00 Current Affairs

Trinity  
 Protea Lounge  
 Protea  
 Chapel  
 Chapel  
 Acacia Lounge  
 ABG

**Thursday 30th**

10.30 Art and Craft with Helen  
 10.30 Moovers and Groovers  
 1.15 Ten Pin Bowling  
 2.00 Balloon Tennis  
 3.30 Walking Group

Grevillea  
 Chapel  
 Chapel  
 Acacia  
 Leaving from Acacia

**Friday 31st**

09.00 - 12noon TLH Library Open  
*From 0915am—Canteen Trolley*  
 10.00 Memory game  
 10.30 Wisdom of The Elders  
 1.15 Social Bingo  
 1.30 Happy Hour  
 2.00 Parachute Ball game

Trinity  
 TLH  
 Acacia Lounge  
 Chapel  
 Chapel  
 ABG  
 Grevillea



Tanunda Lutheran Home actively supports  
 The Lions Club of Barossa Valley inc.

Lions Recycle for Sight  
 Eyeware / Glasses ONLY  
 (NO Cases please)

**Donation Drop Off**

TLH Reception, Protea & Lifestyle Dept.

Refurbished quality spectacles are sent to  
 countries all around the world, for people in  
 need and without financial capacity.



TANUNDA  
 RETIREMENT LIVING  
**LADIES' GET  
 TOGETHER**

Saturday 1st February  
 1.30pm in the Café  
 Please bring small plate of food  
 for afternoon tea  
*Margaret Spike 0481 255 041*



2020

# New Years Eve 2020 ..

2020

S H F B O C V D S Y C R U S X  
 N V O E R X V R M P H F C K C  
 O K L L B E E D M P E J L R O  
 O U C I I L K R L A E Q J O N  
 L I M O K D R A A H R C U W F  
 L I N R L M A G M D S G E E E  
 A H A S I C D Y H E N E U R T  
 B P O N O I T U L O S E R I T  
 S C O U N T D O W N P I L F I  
 H A T S R J A N U A R Y O A U  
 M V T T H G I N D I M T G N C  
 Y T R A P T L P T P T O D R N  
 G C R A S G R A E U A J N L W  
 W A J E I G X Q S L V Y I B V  
 G T B C T K P T S S N H S N H



BALLOONS



CHEERS



COUNTDOWN



HAPPY



HOURLASS



NOISEMAKER



BEST



CLOCK



FIREWORKS



HATS



JANUARY



PARTY



SPARKLERS



CALENDAR



CONFETTI



GOALS



HOLIDAY



MIDNIGHT



RESOLUTION

