



**Tanunda**  
Lutheran Home Inc.

# TIT

# TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 3744
- ★ Email: [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website: [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"

*John 13:34*

## DECEMBER 2019

Lutheran  
Church  
of Australia



## Chaplain's Reflection



In December Christians prepare spiritually for the birth of Jesus. How do we do this? Part of it is that we hear Bible readings in church, and in community events and carols and on Christmas cards, that give us certain expectations of what it is like when God is born among us. We 'pretend' each year that we are waiting, and we hear things that turn out later not to be true.

One example - Handel's famous aria "The Messiah" immortalizes an Old Testament prophecy: "For to us a child is born; to us a son is given; and the government will be upon his shoulders. And his name will be called Wonderful, Counsellor, Mighty God, Everlasting Father, Prince of Peace" (Isaiah 9:6). Stirring words, but as it actually turned out, Jesus was born, yes; he was a son, yes, but not a father; never a king, or prime minister, or politician; never referred to as a counsellor; he put godly aspirations aside to be an ordinary bloke, and he died on a cross (the everlasting bit came later).

So which 'child' do we prefer? The glorious Handel's version, or the God who suffers with us? Perhaps we'd like a bit of both. A personal question: Has Jesus or God been for you what you hoped he would be? Was he there as you needed him to be when you were suffering? Are you still waiting for God to come through for you?

Christmas can be disappointing if it reminds us of lost hopes, or it can renew our hope, and show us things we haven't seen before. We may embrace it, or avoid it. We may go through the motions, or we may have a surge of joy, feeling that finally we've got it, whatever 'it' is.

I wish you a stirring and amazing Christmas this year, rich with feeling that a Son has been born for you, that how things have turned out is somehow for the best.



Chaplain Ian.



2

Audrey Leske



6

Gordon Fechner

13

Elaine Leditschke

20

Alan Hall

20

Dot Warren

23

Sally Pearce



29

Jean Hentschke



29

Peter Mattner

31

Venus Bessell



# welcome

## Respite

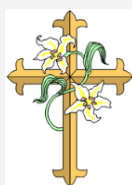
Maxwell Ham

## Permanent

Lindsay Anderson

Brian Selwood

Wendy Rochow



## DEATHS

*Our deepest sympathy  
to the family of*

Joyleen Lienert 10th November

Louise Rice 15th November

Audrey Steventon 30th November

*May they rest in  
peace ...*



Plastic Bread Tags for  
Wheelchairs and  
Plastic Milk and Drink  
Bottle tops for  
Prosthetic Limbs  
(Envision Hands)

### Donation Drop Off:

TLH Protea & Lifestyle Dept.

## Thank You

The **DEADLINE** for all:

News / Information / Stories - January 2020 edition is  
**Monday 16th December 2019**

Email: [rachel.strudwick@tlhome.com.au](mailto:rachel.strudwick@tlhome.com.au)

TIT TAT TEAM consists of many who put in the hard yards to make this  
amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg & Dorcas Kernich - IRL

And all who help deliver the Tit Tat throughout  
the Home, IRL & beyond.

## TLH SHOPPING BUS

Departing approx. 9.30am -  
Return 11.30am



Wednesday	04th	December Tanunda
Wednesday	11th	December Nurioopta
Wednesday	18th	December Tanunda
Wednesday	25th	<b><u>NO BUS</u></b>

**Please be at Reception by 9.15am For a cost of  
\$5.00**



## From the CEO



**Lee Martin - CEO**

In the news we hear and see a lot about change. There are changes in the banking system. Changes in what and how local councils do business, there's climate change and finally the changes to how we do things in looking after our senior citizens whilst at home or in care.

The Aged Care Royal Commission has certainly bought out the worst in the aged care industry. Almost daily we hear of those who are mistreating the elderly. The media is struggling with whether they should tell a good story about aged care or to continue on the relentless negativity style of reporting. I am fortunate to meet lots of professional staff involved in providing care in either homes or aged care facilities. We support each other when we hear about the things going wrong, as we all know we are doing a great job at providing quality care to our residents and are looking after our staff who work for us providing the care to resident's day in day out.

I want to say a BIG thank you to all - our Board Members, staff and volunteers who continually turn up to do their duty and to care for others. For where the aged care industry is at it's not easy admitting to others in the community that you work in aged care. I would like to think that as a caring community we can all stand proud that we are providing great care and have respect for each other. I strongly encourage everyone to provide feedback via our compliments & complaints forms so we can continue to measure our performance here at TLH.

Tanunda Lutheran Home has had a great year – we have met this year's strategic and financial goals; we have lowered the use of agency staff by employing more local people. We continue to have a high occupancy and an active waiting list. The respite rooms are always booked well ahead, don't leave making a booking, get in early. Our building projects are all on track - if you would like to view what we have on offer please make contact with us so we can set up an appointment. Building on Langmeil Road is about to begin. Construction at the Nuriootpa site continues – it's worth a visit. Planning for the land in Angaston will commence in 2020.

Many stand alone Not for Profit aged care organisations, particularly in the rural and remote regions, are facing very difficult times trying to meet budget and find staff. If you have the qualification to work in the aged care industry I encourage you to apply to work with us. If you are able to assist financially by making a donation or adding TLH to your list of beneficiaries that would be much appreciated. All major donations are held towards building a new aged care facility to upgrade our resident accommodation in the future.

Have you seen the 1<sup>st</sup> Edition of the "Tattler"? What do you think? Have we been able to connect with you? If there are any suggestions please feel free to let us know. The second edition is to be released during December 2019. Thank you to those who write and submit their articles and put the Newsletter together.

Did I see you at the Strawberry Fete? What cracker of a day! The weather was great, a good crowd of people turned up to buy the specials from the many stallholders and 80 Kgs of strawberries (with some ice-cream or cream) were consumed. At the end of the day the income received was the best we have ever done. All monies raised goes to assist the Lifestyle staff to ensure our residents have access to appropriate activities and equipment to encourage participation and socialisation with others. Thank you to the organising team – great job!

As we are now heading into summer and the festive season I would like everyone to take care. Look after your health during the hotter days – drink more water & use the air conditioner, be aware of your environment in regard to emergencies – particularly fires and when on the road but above all enjoy the festive season – share with and respect others – make sure your neighbours are OK.

**Elves guides our morals; respect for others guides our manners" — Laurence Sterne**



## News from Kim & Lynn

Kim Hahn, People, Culture and Customer Service Manager  
Lynn Keogh, Quality and Training Coordinator



### ROYAL COMMISSION UPDATE

The Royal Commission held public hearings in Hobart this week, inquiring into governance issues by way of two case studies.

#### KEY THEMES

##### **Whether or not providing quality and care is sufficiently paramount to aged care providers**

Financial viability is necessary to the delivery of quality of care, and is a means to an end, not an end in itself.

##### **How enhanced governance mechanisms could improve decision-making processes and ensure executives and boards of aged care facilities are adequately informed of the risks and likely impacts of their decisions on care recipients.**

Counsel Assisting explored several propositions to enhance governance of aged care providers more broadly, including:

- i. Legislatively-defined statutory duties of aged care directors to take reasonable steps to satisfy themselves of the safety and quality of the care provided within their organisation;
- ii. A positive duty to 'attest' to the regulator that the above duties have been discharged;

A statutory-defined skills mix on aged care boards, including a requirement for directors with clinical experience.

##### **The importance of organisational culture to the delivery of quality care.**

The importance of leadership was highlighted, particularly at a facility-management level, and the need to support and train high quality facility-managers was emphasised. Resident experience witnesses highlighted the importance to them of an organisational culture that encourages openness to feedback and a commitment to continuous improvement.

##### **The need for funding reform in terms of both quantum and structure.**

Counsel Assisting flagged this issue would be examined in greater depth by the Commission in 2020.

### AGED AND COMMUNITY SERVICES AUSTRALIA UPDATE



Extract from Media release 11th November 2019:-

#### **'Living Better Lab': partnership to herald new age of tech and innovation in aged care**

Technology that helps older people live better is not the stuff of science fiction. A new partnership between the key peak bodies for aged care providers and the Digital Health Cooperative Research Centre (Digital Health CRC) – The *Living Better Lab* – will drive new innovations and better care for older Australians.

The Lab will enable the trial of innovations such as a bed that could notify staff when immobile residents require repositioning to reduce the risk of injury and complications; and how a resident's environment can be transformed into an empathetic space.

**Patricia Sparrow, CEO for ACSA, said:** "Australia has the potential to be a global leader in aged care, using the best tech minds to bring the best quality of life to older people."



“As we get older, our health needs are becoming increasingly complex. Innovation and new technology will be key to providing the best quality of life possible for older people and a sustainable aged care system.”

## LEADING AGED SERVICES AUSTRALIA

Prime Minister Scott Morrison has announced a \$537 million funding package in response to Interim Report.



It includes:

- almost \$500 million for an additional 10,000 home care packages to be rolled out from 1st December this year.
- \$25.5 million to improve medication management programs and reduce the use of medication as a chemical restraint.
- \$10 million for additional dementia training and support for aged care workers and providers; and almost \$5 million to help meet new targets to remove younger people with disabilities from residential aged care.

### STAFFING NEWS

Agency hours again declined in again November, and no new staff were employed during this month so our staffing levels remain at 198.

### COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During October we received complaints about Residents Environment (6) Food (5) Laundry (1) Staff (1) Cleaning (2) Care (5) and have worked with the comment maker in resolving the comment to the comment makers satisfaction

Also during October we received compliments about Staff (11) General (4) Maintenance (1) Wellbeing (1) Environment (4) Food(3) Laundry (2) Lifestyle (1) Care (6) and a total of 15 suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences.

*The magic of Christmas never ends and it's greatest gift is Family and Friends*

Wishing you all a Merry Xmas and a happy and safe New Year,  
Kim and Lynn





# Do you have a concern?

You can do something about it.  
If you have a concern or feedback  
about the aged care you or someone  
else is receiving, you can talk to us.

1800 951 822  
[agedcarequality.gov.au](http://agedcarequality.gov.au)

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager  
08 8563 7752 or [kim.hahn@tlhome.com.au](mailto:kim.hahn@tlhome.com.au)

Cherie Cheyne - Chief Finance Officer  
08 8563 7768 or [cherie.cheyne@tlhome.com.au](mailto:cherie.cheyne@tlhome.com.au)

Lee Martin - Chief Executive Officer  
08 8563 7733 or [lee.martin@tlhome.com.au](mailto:lee.martin@tlhome.com.au)

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information



Phone  
1800 951 822



Web  
[agedcarequality.gov.au](http://agedcarequality.gov.au)



Write  
Aged Care Quality and Safety Commission  
GPO Box 9819, In Your Capital City

## Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience

Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

### **Customer Service - Kim Hahn**

Executive People, Culture & Customer Service Manager

(Including Catering, [kim.hahn@tlhome.com.au](mailto:kim.hahn@tlhome.com.au) or Ph: 8563 7752

Food Service

WHS, Maintenance)

### **Clinical and Care - Lee Martin**

Chief Executive Officer

(including Allied Health [lee.martin@tlhome.com.au](mailto:lee.martin@tlhome.com.au) or Ph: 8563 7733

& Lifestyle)

### **Financial - Cherie Cheyne**

Executive Chief Finance Officer

(Accommodation & [cherie.cheyne@tlhome.com.au](mailto:cherie.cheyne@tlhome.com.au) or Ph: 8563 7768

Fees/Bonds )





## T LH OFFICE CHRISTMAS HOLIDAY CLOSING TIMES

This office will be closed from Monday 23rd December 2019 to Friday 3rd January 2020.

This office will re-open Monday 6th January 2020.







## OFFICE USE ONLY

Date Received by Dept Manager / Delegate: \_\_\_\_\_ Verbal Feedback? ☐

Initial action by Department Manager: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_

Staff Name: \_\_\_\_\_ Sign: \_\_\_\_\_

*(Return to Quality & Training Coordinator for further action)*

Action taken by Manager / Delegate: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Follow up action if any: \_\_\_\_\_  
\_\_\_\_\_

All parties involved informed of results? YES / NO

☐ Phone call ☐ letter ☐ In Person

Manager / Delegate Sign: \_\_\_\_\_ Date: \_\_\_\_\_

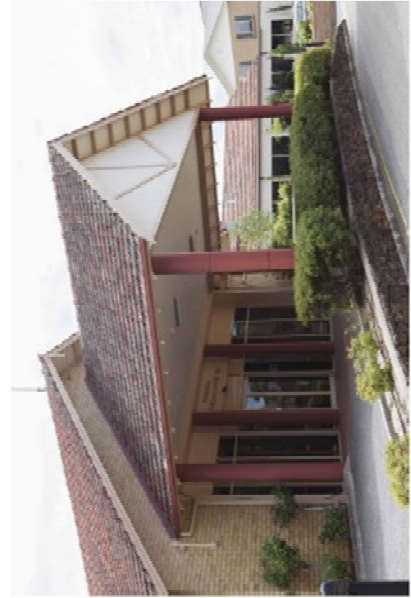
Added to Trends Data? ☐



**Tanunda**  
Lutheran Home Inc.

27 Bridge Street  
TANUNDA SA 5352

# Share Your Experience



Resident	Relative	Staff	Other
<i>(Please circle one)</i>			
Compliment	Complaint	Suggestion	<i>(Please circle one)</i>

### Comments / Details:

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.

Do you have any suggestions of how we can improve the services provided?

**you have any suggestions of how we can improve the services provided?**


---



## Laundry News

### To Residents, Families and Friends



To help us return items of clothing to their correct owner, can you please make sure all items are tagged with the resident's name before they are worn. This includes stockings, hankies, underwear and all outerwear.

We have a fabulous labelling machine in the laundry and can tag any item of clothing you want. Please feel free to ask as many questions as you need regarding labelling.

Each month the clothing rack goes to each neighbourhood for one week (including the weekend) to give residents, resident's family and staff a chance to have a good look through the lost clothing display.

**WEEK 1 - PROTEA - WEEK 2 - WARATAH - WEEK 3 - TRINITY COURT - WEEK 4 - ABG**

Any items claimed will need to be returned to laundry for naming before returning to resident.

Any unclaimed clothing is stored for a total of six months. If clothing hasn't been collected within the six month period, we will discard appropriately in a manner which highly respects our resident's dignity and privacy through donating to a charity. We would like to thank you in advance for your cooperation and understanding.

*Thank you from Tammy & Laundry Team*



**Eyeware / Glasses ONLY**

(NO Cases Please)



**Donation Points - TLH Reception, Protea & Lifestyle Dept.**

Tanunda Lutheran Home actively supports the Lions Club of Barossa Valley Inc., Lions Recycle for Sight. Forwarding used spectacles to the Lions Eyeglass Recycling/Refurbishing Centre in Brisbane.



Refurbished quality spectacles are sent to countries all around the world. To men, women and children in need and without the financial capacity to purchase even the cheapest pair.





**Kym Huxtable** was elected Chair of the Resident's Committee at the AGM in October. Has been a resident at **35 Langmeil Road** for 6 years. After working in various roles in the Metropolitan Fire Service in Adelaide for 28 years he lived in Tasmania for 6 years. He came to TRL because he liked what the Barossa community offered - a semi rural community with lots of facilities and a quiet and safe environment. Kym has significant experience in MFS management and wants to use that to help TRL make the best use of its human, physical and financial resources.



**Annette Ognjanovic** lives at **Alf Pellegrini Drive** - she was elected Secretary of the Resident's Committee at the recent AGM. Annette and her husband Tony moved to Tanunda from Gladstone where Annette worked as a school administration officer. Annette really likes where she lives and being part of the TRL and TLH communities. Her hobbies include painting, quilting, gardening and reading. She would like to see the IT grant for TRL residents being successful, would like TRL to have indoor bowling equipment and better access to the Social Centre.



**David Armstrong** is the new Deputy Chair of the Residents Committee. David and his wife Glenda have lived at **Arrawarra Place** for 6 years. They came to Australia from the UK in 1967. David trained as an industrial chemist and has had significant winemaking and winery managerial roles in a number of wineries in SA and interstate. David and Glenda moved to TRL from Angaston. David loves contributing to his community, and wants to continue to be involved in the financial and management aspects at TRL.



**Helen Bartholomaeus** lives at **Menge Road**. She worked as a teacher, starting her career at Cobdogla and finishing at Woodcroft Primary Schools. Helen appreciates her TRL community, her kind neighbours, her garden and its birds, and having her maintenance issues attended to promptly. Helen is a skilled writer and artist. An issue for Helen is making sure that TRL resources are used effectively, especially so that the communal garden areas are well maintained.



**Verna Graetz** has lived at **Lindner Court** for 9 years. She, and her late husband Frank moved to TRL from Angaston. Before that they lived at Loxton and were involved in a large fruit block. Verna loves cooking and gardening. In Angaston she ran a bakery and tea rooms business. Verna has been on the Resident's Committee for 5 years. She loves living at Lindner Court and is looking forward to watching the new development at Langmeil Road proceed.



**Margaret Spike** lives at **31 Bridge Street** and has been on the Resident's Committee for 6 years. Margaret and her late husband, Pastor Lloyd Spike became TRL residents 15 years ago. They served in many LCA parishes - the last being at Greenock. Margaret loves sewing and visiting. She is very happy living at TRL - loves the security, the help that residents get and her wonderful neighbours, and that her family doesn't have to worry about her welfare.

## ***The TRL Resident's Committee (continued)***



**Jan Schupelius** has been at **Schiller Court** for 6 years. It is obvious that Jan is passionate about gardening - and she also has an impressive collection of dolls! Jan moved to TRL from Riverton, where she lived in retirement with her late husband Kevin. Jan likes to do word puzzles in her spare time - and she loves dancing and country and western music. She would like TRL to make better use of the rainwater on the site.



**Pat Hatch** has been a resident at **Fourth Street** for one year. She moved to TRL from Keyneton. Prior to her retirement Pat worked in the finance industry. Pat says that she loves the community spirit at TRL and the way that people care for each other. She is enjoying re-connecting with people at TRL that she knew in her earlier life. She joined the Resident's Committee as way of having an input - she hopes to have an influence on how TRL more effectively manages environmental issues.



**Margaret Jasper** lives at **Luther Court** in Bridge Street. She has been at TRL for 10 years and a member of the Resident's Committee for 'a long time.' Margaret says that she cares about other people - she is a very involved volunteer at TLH - with 'calling' Bingo something she likes doing. Margaret gets residents involved in carpet bowls and exercise groups and is a member of TLH singers. She thinks that what happens at TRL and TLH is really good!



**Graham Maas** and his wife Katherine, live at **Bridge Street** - they moved at the beginning of 2019. Graham was Chaplain at TLH for 14 years, until 2011. They then lived in Auricht Ave. for 8 years before moving to their TRL unit. Graham says it is great to be back - he is enjoying life - there is something new to do every day. He is enjoying gardening, woodworking, reading and travelling. He was elected to the Resident's Committee this year. He would like TRL residents to experience more togetherness - perhaps in a dedicated drop-in centre.



**Elaine Leditschke** has lived in TRL for 11 years - most of that time at **Hoffmann Avenue**. Elaine and her late husband Rex moved from Eudunda. Elaine is very involved in life at TLH and TRL - she loves giving back to the community that she lives in and likes helping people. She appreciates living under the umbrella of the support that is available. As a long-standing member of the Resident's Committee she hopes that she can help people get to know each other better.



**Rhonda Klemm** shares the role of being the **Hilda Schulz Drive** representative on the Resident's Committee. Rhonda and her late husband John moved to TRL from Gladstone, SA in 2010. She loves living at Hilda Schulz Drive. Rhonda is very involved in the Country Stitchers group - she enjoys doing craft work, patch work, knitting and tapestry. She thinks that green bins for garden waste should be available for TRL residents.



**Helen Munzberg** is a joint representative of the **Hilda Schulz Drive** community. Helen, together with husband Geoff have been at Hilda Schulz Drive since April 2018. They moved from Vine Vale Road, Tanunda where, before retirement, they helped run the family egg farm and vineyard. Helen enjoys meeting new friends at TRL. She enjoys gardening - and going for walks looking at gardens as she goes. She has been on the Resident's Committee since the 2019 AGM.





**A good crowd enjoyed the Tanunda Lutheran Home Annual Strawberry Fete on Friday 15 November. The weather was perfect - and there were lots of strawberries - and the event was a great fund-raiser for the Lifestyle Program of Tanunda Lutheran Home.**

The event is organised by the TLH Lifestyle Team, led by Belinda Treloar, with enthusiastic and generous assistance from TLH Staff - who spent two days setting up the facilities. The Strawberry Fete is an amazing demonstration of Staff, volunteers, residents and supporters from the community working together to stage this event. Various local businesses, suppliers and community organisations generously supported the Strawberry Fete - pictured at right is a board acknowledging their help. The Strawberry Fete raises community awareness of the services provided by TLH.



People, like TRL residents Glen and Joy Schultz, enjoyed relaxing and listening to the Strawberry Fete musicians - from left, the TLH Singers, Garry and the Ukulele Band, and Doug - who is a regular entertainer at TLH.







## Strawberry Fete (continued)

TLH was a busy place - lots of stalls, food and places to spend money!

Photos from Belinda Treloar  
and Geoff Munzberg



Helen and Sean wondering - red, blue, or a bottle of wine?



Melva and her safely contained bee-hive.



Some of the TLH Auxiliary ladies and their cake stall.



Annie and Belinda promoting the Community Visitors Scheme



Lee in full flight extracting bids at the auction sale.



Elaine demonstrating the exact science of making machine biscuits.



The Maintenance Team disguised as BBQ chefs!



Rita and Quinnie waiting to give away some treasures.

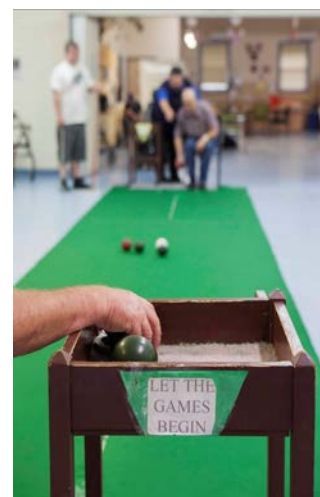


BV Historical Vehicle Club display.



# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



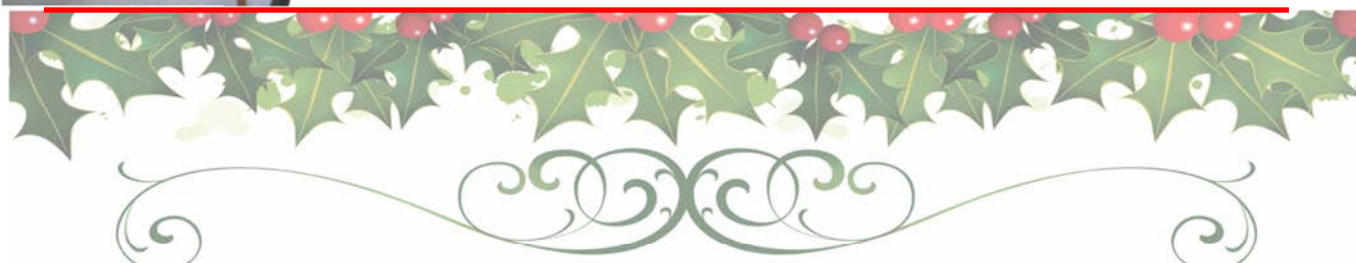
**Please feel free to contact Tania Miller on 8563 7729 if you would like to know more or would like to make a time to have a chat.**

*Barossa Club - Fun, Games, Food, Friends & Memories....*





A great day had by all who attended the Strawberry Fete



## BAROSSA CLUB CHRISTMAS HOLIDAY CLOSING TIMES

The Barossa Club will be closed from  
Monday 23rd December 2019 to Friday 3rd January 2020.

The Barossa Club will re-open Monday 6th January 2020.

*Have a Merry Christmas &  
A Happy New Year!*

We apologise for any inconvenience



# Wellness & Lifestyles



**Tuesdays and Thursdays  
9.00 - 10.00am**

**TLH GYM - LED BY  
PHYSIOTHERAPISTS**

**\$6.00 per session**

**TANUNDA RETIREMENT  
LIVING**

**LADIES' GET TOGETHER**

**First Saturday 7th December  
1.30pm in the Café**

**Please bring small plate of food  
for afternoon tea**

**Please note: The 1st get together  
for 2020 will be**

**Saturday 1st of February 2020**

***Margaret Spike 0481 255 041***



**mobilitysa**  
supporting independence

**PH 0490 705 966  
SALES & SERVICE  
NDIS SUPPLIERS**



## **FOLD & GO** COMPACT FOLDING POWERCHAIR

Max. Range	11km / 7mi. 15km / 9.6mi. (optional)
Max. Speed	7.5kph / 4.7kph
Battery	1pc Lithium-ion battery 24V/11.4AH / 17.1AH (optional)
Motor	DC 24V, 70W (Rating)/210W (Max)
Gradient	3°
Controller	PG VR2 50A
Charger	2A
Caster	7" PU tire
Drive Wheel	8"(200x50) PU tire
Brake	electromagnetic brakes

## TRAVEL TALK GARDEN SHOWS

### Melbourne International Flower and Garden Show

**Where:** Royal Exhibition Building and surrounding Carlton Gardens, Melbourne

**When:** annually at the end of March

Australia's best-loved garden show is affectionately known as MIFGS (*pronounced Mifgus*). It's the largest garden show in the southern hemisphere and showcases the talent of Australian garden designers. The success of the show is partly due to its great location in the heart of Melbourne. Lovers of garden accessories also have fun in the extensive retail section.

### Singapore Garden Festival

**Where:** Suntec International Convention and Exhibition Centre, Singapore

**When:** annually for eight days in July

This garden show is only a few years old, but is already developing a hefty reputation. In 2011 17 countries took part, garden designers from all over the world presented their gardens, and 300,000 visitors turned up to have a look.

### Chelsea Flower Show

**Where:** the grounds of The Royal Hospital Chelsea, on the Thames Embankment, London.

**When:** annually for five days in the last week of May

This is the world's most prestigious flower show. It's run by the Royal Horticultural Society (RHS), a charity that inspires people to get into gardening and gives them the skills to do it. It's both a showcase for garden design and a virtuoso display of horticultural skill and is so well loved that in 1987 the RHS was forced to restrict ticket sales; numbers are capped at 157,000!

### Floriade

**Where :** Canberra

**When :** 12 September to 11 October 2020

Almost 500,000 visitors flock to Canberra during September and October to take in the sea of flowers alongside Lake Burley Griffin in Commonwealth Park. Featuring more than one million blooms, Floriade has earned the title of the largest flower festival in the Southern Hemisphere, and includes a program of horticulture workshops, music and entertainment.

If you would like any information on these garden shows and many more give me a call 8563 0988 or drop into the store 39 Murray St, Tanunda.



**Tanunda**  
Lutheran Home Inc.

Please join us for the 2019

## Resident's Christmas Celebration Ball

Thursday the 19th of December

6:30pm to 8pm

TLH Gramp Chapel

Tea, Coffee, Supper provided.

All loved ones welcome to attend.

Come dressed in green, red and gold.

Family members please **RSVP** to reception on

8563 7777

or via email to [stephanie.vickers@tlhome.com.au](mailto:stephanie.vickers@tlhome.com.au)

by the 9th of December

for catering purposes.





The race that stops the nation had about 20 TRL residents meet in the TLH Social Centre to enjoy drinks and nibbles, afternoon tea, fun and fellowship as they watched the great race.



Contributed by  
Irene Joppich, Dorcas Kernich  
and Carolyn Redden



MC Ray Giersch welcomed those attending. The TLH Singers sang a medley of popular, old-time songs. Participants enjoyed the drinks and nibbles that they had brought, and the delicious afternoon tea supplied by the TLH kitchen staff. Quite a number of those attending got into the spirit of the occasion by dressing in their finest attire - Oscar and Irene Joppich won the prize for the best dressed man and lady. There were prizes for the winners of the Cup sweeps. The pictures tell a little about what happened on this fun-filled day:



Part of the TLH Singing Group relaxing for drinks: From left, Ruth Rathjen, Fern Fyfe, Margaret and Neil Slater, Norma Robinson and Margaret Jasper.



Irene and Oscar Joppich celebrating their win with, from left, Verna Graetz, Connie Kelly, Pat Maddock, Ray Giersch and Len Gerschwitz.



At left, Dorcas Kernich and Daphne Gower looking splendid, and Neil Slater and David Armstrong raise their glasses of red.

Changing the format of the Cup celebration to afternoon tea was voted a good move.

Thanks to members of the Social Committee for organising the day!



**You are invited to Tanunda Retirement Living**

**Christmas Lunch**

**Thursday 12th December 2019**

**12 noon drinks for 12.30pm lunch \$18 per person**

**RSVP with payment to TLH Reception by 6/12/19**



# Volunteer News



Hello everyone and  
welcome to the  
December Tit Tat.

November was a crazy month for us all. We have had the Melbourne Cup, Remembrance day and the Strawberry Fete as well as all our regular activities. Thank you to the outstanding effort by all of the volunteers that helped during this busy period; and who continue to help.

Coming up in December we have the Volunteers Christmas Morning Tea on the 3<sup>rd</sup>, The Barossa Christmas Parade on the 6<sup>th</sup> and the Christmas Celebration Ball on the 19<sup>th</sup>. It's going to be another busy one.

In the Protea Lounge there is a lovely Christmas Tree display that has been created by Annette, please feel free to come and take a look.

The lifestyle team and myself would like to wish you all a very Merry Christmas and a Safe New Year.



## Volunteers Morning Tea

The December Morning Tea  
will be held on  
Tuesday the **3<sup>rd</sup> of December** and will  
include our Christmas Celebration.

Thank you

Belinda & The  
Lifestyle Team



# Happy Birthday

To all of our wonderful Volunteers

for the month of

# December

## Monday 2nd

10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Valley Voices Christmas Performance	Chapel
3.30 Walking group	Leaving from Acacia

## Tuesday 3rd

10.30 Moovers and Groovers	Chapel
10.45 Morning Craft	ABG
1.15 Carpet Bowls/Happy Hour	Chapel
1.15 Men's Group	The men's shed
3.30 Walking Group	Leaving from Acacia

## Wednesday 4th

09.00 - 12noon TLH Library Open	Trinity
10.30 Individual Visits	Grevillea
10.30 Hand Wax Therapy	Protea
10.45 Bible Insights	Chapel
1.15 Wheel of Fortune (Christmas Trivia)	Chapel
1.30 Arm chair exercises	ABG
2.00 1st Blessing of the month	ABG

## Thursday 5th

10.00 St Jakobi Lutheran Primary School Visit	Chapel
10.00 Art and Craft with Helen	Grevillea
10.30 Moovers and Groovers	Chapel
1.30 Resident's Meeting	Chapel
2.00 Golden Memories	ABG
3.30 Walking Group	Leaving from Acacia

## Friday 6th

09.00 - 12noon TLH Library Open	Trinity
10.00 Honey Biscuit Decorating	Protea
10.30 Wisdom of The Elders	Chapel
1.15 Honey Biscuit Decorating	Chapel
1.30 Happy Hour	ABG
2.00 Christmas Memory game with lifestyle	ABG

## Saturday 7th

There are a variety of different activities available, please ask a staff member for assistance.

## Sunday 8th

10.30 Worship Service	Chapel
-----------------------	--------

**Monday 9th**

10.15 Hymn Singing Chapel  
 1.30 JD Fashions Chapel  
 2.15 Social Bingo Grevillea Lounge  
 3.30 Walking group Leaving from Acacia

**Tuesday 10th**

10.00 Christmas Card Writing & Knitting Group Protea  
 10.30 Moovers and Groovers Chapel  
 10.45 Individual Visits ABG  
 1.15 Carpet Bowls/Happy Hour Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Walking Group Leaving from Acacia

**Wednesday 11th**

09.00 - 12noon TLH Library Open Trinity  
 10.30 Hand Wax Therapy Protea  
 10.45 Bible Insights Chapel  
 10.45 Individual Visits ABG  
 1.15 Garry Wharton Christmas Sing Along Chapel  
 2.00 TLH singers Christmas show ABG  
 3.30 Walking Group Leaving from Acacia

**Thursday 12th**

10.00 Art and Craft with Helen Grevillea  
 10.30 Moovers and Groovers Chapel  
 10.45 Individual Visits ABG  
 1.15 Monthly Birthday Celebrations Chapel  
 2.30 Sing along with Doug Acacia Lounge  
 3.30 Walking Group Leaving from Acacia

**Friday 13th**

09.00 - 12noon TLH Library Open Trinity  
 10.00 One on One walking group Acacia Lounge  
 10.30 Wisdom of The Elders Chapel  
 1.15 Christmas Talk - Elvie on the Philippines Chapel  
 1.30 Happy Hour ABG  
 2.00 Memory game Acacia Lounge

**Saturday 14th**

There are a variety of different activities available, please ask a staff member for assistance.

**Sunday 15th**

10.30 Worship Service Chapel

**Monday 16th**

10.15 Hymn Singing Chapel  
 11.00 Worship Service Acacia Lounge  
 1.15 Social Bingo Chapel  
 2.15 Social Bingo Grevillea Lounge  
 3.30 Walking group Leaving from Acacia

**Tuesday 17th**

10.00 Christmas Card Writing & Knitting Group Protea  
 10.30 Moovers and Groovers Chapel  
 10.45 Individual Visits ABG  
 1.15 Carpet Bowls/Happy Hour Chapel  
 1.30 Men's Group Men's Shed  
 3.30 Walking Group Leaving from Acacia

**Wednesday 18th**

09.00 - 12noon TLH Library Open Trinity  
 10.30 Hand Wax Therapy Protea  
 10.45 Bible Insights Chapel  
 1.15 Christmas Gift Wrapping Chapel  
 1.30 Armchair exercise with physio Acacia Lounge  
 1.30 Garry Christmas show ABG  
 3.30 Walking Group Leaving from Acacia

**Thursday 19th**

10.00 Art and Craft with Helen Grevillea  
 10.30 Moovers and Groovers Chapel  
 10.45 Individual Visits ABG  
 1.15 Christmas Movie TLH  
 2.00 Quiz and reminisce on Christmas Acacia  
 3.30 Walking Group Leaving from Acacia  
 6.30 Christmas Celebration Ball Chapel

**Friday 20th**

09.00 - 12noon TLH Library Open Trinity  
 10.00 One on One walking group Acacia Lounge  
 10.30 Wisdom of The Elders Chapel  
 1.15 Social Bingo Chapel  
 1.30 Happy Hour ABG  
 2.00 Memory game Acacia Lounge

**Saturday 21st**

There are a variety of different activities available, please ask a staff member for assistance.

**Sunday 22nd**

10.30 Worship Service Chapel

Stamps for Mission  
 Used Stamps can be left at TLH Reception, Protea & Lifestyle Dept.



Reminder: there are puzzles in Trinity Court, Waratah and Protea for your enjoyment!



**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.**

**Monday 23rd**

10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Christmas Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking Group	Leaving from Acacia

**Tuesday 24th Christmas Eve**

10.00 Knitting Group	Protea & ABG
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Christmas Happy Hour	Chapel
2.00 Christmas Happy Hour	ABG
3.30 Walking Group	Leaving from Acacia

**Wednesday 25th****Thursday 26th****Proclamation Day****Friday 27th**

10.00 One on One walking group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Memory Game	Acacia Lounge

**Saturday 28th**

There are a variety of different activities available, please ask a staff member for assistance.

**Sunday 29th**

10.30 Worship Service	Chapel
-----------------------	--------

**Monday 30th**

10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Social Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

**Tuesday 31st**

10.00 Knitting Group	Protea & ABG
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 New Years Quiz	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**The Christmas Star**

Christmas is a magical time,  
For young and the old.  
The season brings so much to see,  
And so many stories are told.

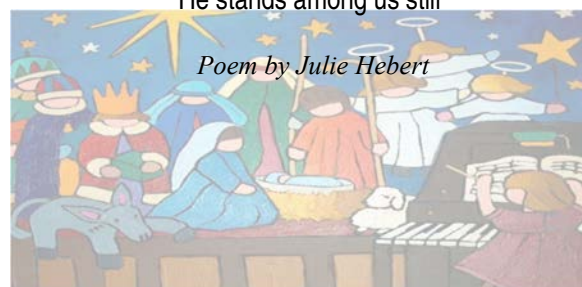
The biggest story of the holiday,  
Is of the Christmas Star.  
Sitting out on Christmas Eve.  
We are reminded who we are.

Christmas is about one thing not presents or of toys.  
Christmas is of Joy and Peace.  
And happy family noise.

Christmas is the spirit of happiness.  
And of being with those you love.  
It is a time to give thanks and show your love.  
And in times of need, look up above.

Christmas became because of one.  
And we have him to thank.  
Next time you see that star shine bright,  
Say a prayer for Jesus sake.

The Christmas star is a presence,  
One in which is a thrill.  
Although it seems impossible now.  
He stands among us still



**REMEMBER** Afternoon Lifestyle Programs  
commence at 1.15pm unless stated otherwise.

Kind Regards, The Lifestyle Team.





# Christmas Crossword



## ACROSS

1. Pumpkin or mincemeat
3. Santa's ride
6. Celebration
8. Newborn
9. Northpole crew
13. Word of praise
14. Words on a Christmas card
17. It's opened on Christmas

## DOWN

1. Alternative word to 17 across
2. Christmas drink
4. Christmas dinner centerpiece
5. Dec. holiday
7. Christmas warmer
8. "Jingle \_\_\_\_"
10. Christmas tree
11. O. Henry's "The Gift of the \_\_\_\_"
12. What carolers do
15. French Christmas.
16. Snow glider



Copyright © Kim Steele - Puzzles to Print