



**Tanunda**  
Lutheran Home Inc.

# TIT

# TAT

MONTHLY NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC

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- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:  
"Love one another as I have loved you"

*John 13:34*

## MAY 2019

Lutheran  
Church  
of Australia



## Chaplain's Reflection

Chaplain Ian Lutze



May is the Season of Easter, the Season of New life, Resurrection, for the Christian community and to varying degrees for all of us. Easter is a pigeon-pair of Lent, the season of struggle, of following Jesus on the road to the Cross, to defeat and death.

Each year it puzzles me why it is easier to say meaningful things in Lent than it is in Easter. Seems it is easier to talk about death than about new life. Easier to talk about struggles than the joy of resolution and peace. Easier to share bad news than good news.

I blame myself a bit for this too – I relish a bit of drama, and when everything is going sweetly it can feel like something is missing. Perhaps I even get a little anxious. Maybe we're all a bit primed for conflict.

Easter presents its fair share of symbols of new life. Chickens are one such symbol. A couple of us were watching the hatchlings in Protea Lounge who'd just the previous day pecked their way out of their egg shells. "Cute" was the term that came instantly to mind. All that fluff, and extending of cute little wings. All very sweet and vibrant as they took little sips from the water bowl. But then one of the chicks took a swipe at the other, competing for the same morsel of food. We remarked: "Where did that come from? When did these chicks learn to fight? They were only 'born' yesterday!"

And isn't that the lesson of the chicks? That life is wonderful, but ordinary and slightly disappointing all at once.

The Resurrection of Jesus is meant to emphasise the deepest longing of people – the great news that life as we know it is not the end, but rather the beginning of something so marvellous we cannot possibly imagine it fully.

But instead of hearing the news and embracing the reality, and letting the good news change our thoughts and attitudes into something amazing, we tend to fall back into a comfortable struggle again – fighting over scraps, like those chicks were doing, the day after the greatest miracle of their lives.

It's called being human I guess. Life is a miracle. It just takes a while to grow into it.

Chaplain Ian Lutze



## MAY



- 3 Eleanor Collis
- 6 Audrey Zerk
- 6 Ruby Pritchard
- 7 Rhonda Klemm
- 7 Pat Hunter
- 8 Robin Lucas
- 9 Iris Ellis
- 10 Jan Ralston
- 14 Neville Alderslade
- 16 Stuart Wilkinson
- 17 Loris Fiebiger
- 19 Aileen Auricht
- 20 Len Gerschwitz
- 21 Max Schubert
- 22 Leona Bruecher
- 23 Bev Kernich
- 29 David Armstrong
- 29 Adrienne Mickan
- 30 Andrew Pearce
- 31 Jill Stevens



# welcome

## Respite

Lorna Noll  
Jan Bachmann

## Permanent

Iris Wandel

Happy  
Birthday



Bev  
Kernich

Bev would like to say a big **Thank you** to all of her friends that have sent congratulations

## Happy Birthday to two lovely ladies



Loris 70th  
&  
Julie 60th



## TLH SHOPPING BUS



Departing approx. 9.30am - Return 11.30am

Wednesday	01st May	Tanunda
Wednesday	08th May	Nuriootpa
Wednesday	15th May	Tanunda
Wednesday	22nd May	Nuriootpa
Wednesday	29th May	Tanunda

Please be at Reception by 9.15am For a cost of \$5.00

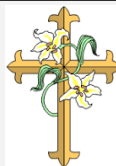
The **DEADLINE** for all:  
News / Information / Stories - JUNE edition is  
**Monday 20th May 2019**

Email: [rachel.strudwick@tlhome.com.au](mailto:rachel.strudwick@tlhome.com.au)

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH  
Dorcas Kernich & Geoff Munzberg - IRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.



## DEATHS

Our deepest sympathy  
to the family of

John Robins 19th April

Gladys Kroemer 25th April

*May they rest in  
peace ...*



# From the CEO

Lee Martin  
CEO



Well Autumn is well and truly here. The leaves of the trees are changing colour and blowing around on the ground. Please take care as the leaves can be slippery – we don't want anyone to slip over. The weather has certainly been dry – and not a drop of rain on the radar. We are placing mulch around the areas of the Home in the attempt to keep some of the moisture in the ground. How did you all fair in the dust storm? Are you still dusting the shelves and the ornaments – the dust just seemed to find its way inside the house.

Just checking to ensure you have remembered to turn your clocks back – could be the reason you are always running late for the appointments. My two little dogs at home are still coming to terms with the change in time for their meals – I'm sure they think we have forgotten them at times.

It is certainly a pleasure driving around the Barossa Valley and seeing all the Scarecrows. What a great way for people to get together and produce a quality Scarecrow and some of the handy work is amazing. I am informed there are about 160 Scarecrows in the region. Have you seen what the residents and volunteers have put together – worth a walk down Bridge Street, Menge Road and Alf Pellegrini Road? Well done to all involved. Don't forget to vote for your favourite.

**Warning, Warning – the flu season is starting early this year. Please arrange to have your flu shot now.** It has been predicted that this will be a big year for the health system to deal with flu cases. We are currently experiencing a large number cases of a viral cold affecting the residents and staff. I do encourage anyone with cold or flu symptoms to refrain from coming into the Home as the nature of the condition means the symptoms spread very easily.

So here we go again – its election time – 18 May 2019. Time to elect another parliament to guide the country into the future. Arrangements are being made to provide a Polling Booth facility at the Home as has happened in the past. We are negotiating for a greater level of support this year as we found we struggled to meet requirements last time. Please watch out for the notifications of when the Electoral Office staff will be on site – in the Social Centre.

Are you having trouble with your footy tips? What is happening with the teams this year? I'm finding it very difficult to pick the winners. Go the Crows! Hoping for some improvement. Well done to those who are doing better than me.

The Aged Care Royal Commission is again holding a number of community focus groups during the coming weeks. Commencing in May the Commissioners will be concentrating on hearing from witnesses in regard to the residential Care industry. The media has remained quiet over the last month or so. It has been announced that the Government has provided funding for a number of Aged Care facilities in South Australia to trial CCTV cameras in general areas and resident rooms. What are your thoughts? I am more than happy to discuss using cameras in residents' rooms.

The project at 20 Schaedel Street, Nuriootpa is well into the construction phase - seven houses are rapidly coming together - the internal works are well underway – cupboards are going in at the time of writing this edition. Nearing lockup stage. Expressions of interest in purchasing a new property continues – if you know anyone interested in joining the retirement village family please refer them to Carolyn Redden. The Langmeil Road project is at the stage where Tenderers are being asked to respond to the now completed Tender Documents – we are expecting the returns by mid-May. The start date is getting closer. If you are interested in living in these special units please make contact with Carolyn Redden.

**To enjoy good health, to bring true happiness to one's family, to bring peace to all, one must first discipline and control one's own mind. ...**



**Tanunda**  
Lutheran Home Inc.



## *News from Kim & Britany*

(People, Culture & Customer Service Manager  
and the Quality Coordinator)

### **ROYAL COMMISSION**

The Royal Commission into Aged Care Quality and Safety (ACRC) has just released the scope and purpose of its next hearing, which will commence in Sydney on Monday 6 May. The hearing will run from 6-8 and 13-17 May.

The public hearing will inquire into:

- The perspective and experience of people in residential aged care and people living with dementia, including their family and carers;
- Quality and safety in residential aged care, particularly for people living with dementia;
- The use of restrictive practices in residential aged care;
- The extent to which the current aged care system meets the needs of people in residential aged care; and
- Good practice care for people living with dementia, particularly in the context of residential aged care.

### **FROM THE AGED CARE QUALITY & SAFETY COMMISSION**

#### **Single Charter of Aged Care Rights**

The Charter of Aged Care Rights recently launched by the Minister for Aged Care and Senior Australians, the Hon Ken Wyatt AM MP, covers 14 fundamental protections that range across safe, quality care to independence, information, personal privacy, control, fairness and choice.

Replacing and strengthening four previous charters on aged care, the new single Charter will underpin the new Aged Care Quality Standards.

From 1 July 2019, providers will be expected to give a personally signed copy of the Charter to every one of their residents and aged care recipients. At the same time they must give them or their authorised representative or family member the opportunity to co-sign the document. "The co-signing makes providers' commitments and obligations under the Charter clear to clients, and ensures that clients are aware of their rights," Minister Wyatt said.

Residential aged care services will have until 30 September 2019 to provide the signed Charter to their residents. Home care providers will have until 31 December 2019.

"Both the Standards and the Charter will further empower the new Aged Care Quality and Safety Commission as it works with the aged care sector to protect senior Australians," Minister Wyatt said.

"Being treated with dignity and living without abuse and neglect are amongst the top tiers of the new Charter."

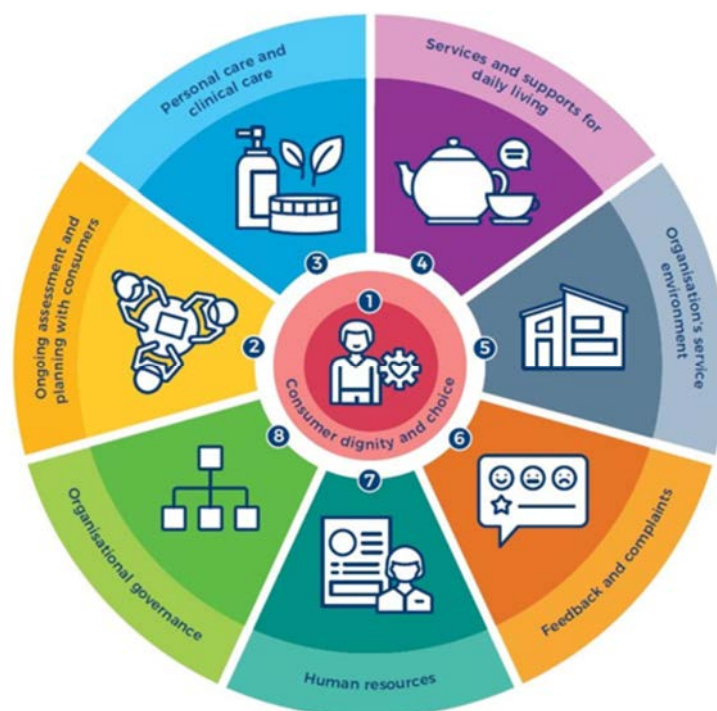
The Charter of Aged Care Rights is easy to read and focusses on high-level consumer rights. The new Charter will make it easier for consumers, their families, carers and representatives to understand what they can expect from an aged care service.

A copy of the new Single Charter of Aged Care rights can be found at:

<https://agedcare.health.gov.au/quality/single-charter-of-aged-care-rights>



Continued.....



## NEW AGED CARE RELATED INITIATIVES IN THE BUDGET

### Better quality of care: aged care compliance improvements

There were three announcements in the Budget on April 2nd that provided a clearer budgetary commitment to compliance outcomes. They included:

- 1) \$38.4 million across five years from 2018/19 to strengthen aged care regulation through the establishment of a risk-based compliance and information sharing system in the Aged Care Quality and Safety Commission.
- 2) \$7.7 million over two years from 2018/19 to develop an end-to-end compliance framework for the Home Care program, including the increased auditing and monitoring of home care providers
- 3) \$5.6 million in 2019/20 to commence the implementation of an enhanced home care compliance framework to improve the quality and safety of home care services and enhance the integrity of the home care system.

\$3.4 million across two years from 2019/20 for the Aged Care Quality and Safety Commission to address the use of chemical restraints and the inappropriate use of antibiotics in residential aged care facilities.

\$2.6 million in 2019/20 to provide additional support for the implementation of the Aged Care Workforce Strategy.

\$1.5 million in 2019/20 to undertake preparatory work for the introduction of a new Serious Incident Response Scheme from July 2022, which will require residential care providers to report a broader range of incidents occurring in their facilities.

From Leading Age Service Australia (LASA), Chief Executive Officer, Sean Rooney:

LASA Chief Executive Officer Sean Rooney said while the announcements were welcome, the budget overall showed the government didn't have a strategy to make aged care better.

"We acknowledge the investment in aged care announced tonight but with a \$7.1 billion surplus, many aged care providers and the older Australians they serve will be rightly disappointed," he said.

"We support measures to improve compliance and increase quality in the sector but the government needs to work collaboratively with industry and focus on improving practices and providing adequate resources."

## INTERNATIONAL DYSPHAGIA DIET STANDARDISATION INITIATIVE (IDDSI)

Australia is currently in the PREPARE phase, with adoption of IDDSI scheduled for 1 May 2019. The implementation process is being led by the Australian IDDSI Steering Committee comprised of representatives from: Speech Pathology Australia, Dietitians Association of Australia, the Institute of Hospitality in Healthcare, Industry (Nestlé Health Science, Precise ThickN, Flavour Creations) and IDDSI International.

Dr Julie Cichero has been appointed the Australian IDDSI Project Officer to support Australian implementation activities.

TLH have met with Key Representatives through the Lantern Project in early April to commence the planning for implementation.

## HOME CONTINUOUS IMPROVEMENT UPDATE

- April saw us welcome in 10 new staff across the Clinical & Lifestyle Departments.
- During April we increased Personal Care Worker hours by 105 hours per fortnight with commencement on Tuesday the 23rd of April.
- In July we will be launching a new education competition aiming to provide staff with an additional 25 hours of Dementia Training per participant.
- We had confirmed for our Residents that as a collective group they wish to be referred to as Residents, not Consumer, Customer or Care Recipients.
- In preparation for July 1st, we are collaboratively developing new policies to reflect the new standards. Residents of TLH will provide guidance within all of the new policies (8 in total).
- Tanunda Lutheran Home is currently investigating how we can create an "Empathy Suit". These suits are used to provide staff with training and a better understanding of how it physically and emotionally can feel to be a vulnerable person. As these suits cannot be purchased we are open to any suggestions or the expertise of our readers to assist. Please contact us if you can help.

## HUMANS OF AGED CARE

(HOAC) is a storytelling platform to celebrate and demonstrate the human elements of care at the heart of aged care services.

Created and championed by Aged and Community Services Australia (ACSA), the industry's leading peak body, HOAC aims to help put some balance back into the public portrayal of the aged care industry by highlighting all the positive aspects of aged care.

Through HOAC we hope to acknowledge and applaud our industry's dedicated individuals, and remind the community about all the positive stories in aged care that rarely get told.

Anyone can get involved with HOAC. Our 'Humans' of Aged Care can be anyone delivering care as a care worker or anyone that works in an aged care facility (cook, cleaner, administrator, manager etc.), an unpaid carer or volunteer, or a resident/individual receiving care and their family members who are passionate about ensuring their loved ones continue to live happy fulfilled lives. [www.humansofagedcare.com.au/](http://www.humansofagedcare.com.au/)

Wishing you a May that is filled with happiness and comfort. Wishing all our beautiful Mums a very Happy Mother's Day. Please let either of us know if there is any way we can help you. Take care.

Kim and Brit



## INTRODUCTION TO DEMENTIA AND SERVICES IN RESIDENTIAL AGED CARE

### Presentation by Kerry McKenzie

Kerry McKenzie, from Dementia Australia, on Monday 25th March and Wednesday 27th March, presented an informative and helpful seminar to a large number of aged care and retirement living residents, TLH staff and carers. She spoke in great detail about what dementia is, how to engage with people with dementia, how to have a good visit, practical strategies for support, and gave an introduction to the services and support provided by Dementia Australia.



- There are a variety of symptoms of dementia. People with dementia can have problems with memory, language, comprehension, judgement, planning, behaviour, spatial orientation, mood and personality changes. A person with dementia can have one or more of these symptoms.
- There are over one hundred different types of dementia. The most common types are Alzheimer's disease (most common), vascular dementia (caused by blocked blood vessels), mixed dementia (several types of dementia at the same time), frontotemporal dementia (expressed as personality changes) and Lewy body disease (similar symptoms to Parkinson's disease).
- Dementia is more common in people over 65 years of age - but it is **not** a normal part of aging. People in their 40's and 50's can have dementia. People over 85 years of age have a 1 in 4 chance of having dementia - but it also means that 3 people in 4 will not have the condition.
- There are a number of other conditions that can be mistaken for dementia - these include depression, loss of hearing and vision, malnutrition, dehydration, infections, medications, constipation and various metabolic disorders. It's important to have an accurate diagnosis to rule these conditions out before assuming that a person has dementia. Early diagnosis is important because sometimes drugs can be used to slow down the onset of the condition. Early diagnosis also means that subsidised assistance services can be accessed sooner.
- People with dementia often have communication issues. They may not understand what is being said to them, become frustrated because they are not making themselves understood and they can lose the usual social conventions of conversation. They can also be very sensitive to the negative body language of people around them.
- Kerry McKenzie gave some tips on how to communicate well with people with dementia. These included: Speaking clearly, slowly and gently, using short and simple sentences. Allow the person enough time to understand what is being said to them. Present ideas one at a time. Use gentle prompts (names and topics) to help the person with recall and recognition. Communicate with the person in a quiet environment. Ask the person if what you are doing and saying is helpful to them and accept their answers.
- A good visit to a person with dementia will be one where there is meaningful interaction and engagement. It will be at a time that is suitable to them, it will stimulate the mind and senses. It may involve spiritual support and content. It will strive to have the person with dementia as involved and participatory as possible.

**Dementia Australia has a wide range of services available to help people who want to learn about dementia, who are care providers (family members, volunteers, staff of institutions, health professionals, etc.). For information or assistance call 1800 100 500 or visit the Dementia Australia website [www.dementia.org.au](http://www.dementia.org.au).**

## Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

### **Customer Service - Kim Hahn**

Executive People, Culture & Customer Service Manager

(Including Catering, [kim.hahn@tlhome.com.au](mailto:kim.hahn@tlhome.com.au) or Ph: 8563 7752

Food Service

WHS, Maintenance)

### **Clinical and Care - Lee Martin**

Chief Executive Officer

(including Allied Health [lee.martin@tlhome.com.au](mailto:lee.martin@tlhome.com.au) or Ph: 8563 7733

& Lifestyle)

### **Financial - Cherie Cheyne**

Executive Chief Finance Officer

(Accommodation & [cherie.cheyne@tlhome.com.au](mailto:cherie.cheyne@tlhome.com.au) or Ph: 8563 7768

Fees/Bonds )





## OFFICE USE ONLY

Date Received by Dept Manager / Delegate: \_\_\_\_\_ Verbal Feedback? ☐

Initial action by Department Manager: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Staff Name: \_\_\_\_\_ Sign: \_\_\_\_\_

*(Return to Quality & Training Coordinator for further action)*

Action taken by Manager / Delegate: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Follow up action if any: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

All parties involved informed of results? YES / NO *(Result must be informed in writing as well as phone call / in person)*

☐ Phone call ☐ letter ☐ In Person

Manager / Delegate Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Added to Trends Data? ☐



**Tanunda**  
Lutheran Home Inc.

# Share Your Experience



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# TANUNDA RETIREMENT LIVING

## APRIL 'MEET AND GREET'

Wednesday 10th April 2019



Oscar Joppich welcomed just over forty TRL residents to this enjoyable and informative event, followed by a pizza and cake lunch.

Ruth Rathjen welcomed recent new TRL residents, who were special guests for the day:



Ineke and Jeff Garnaut



Ruth and Kevin Illman



Pat Hatch



Ruth Schmidt

**Various TLH Staff Members and Volunteers briefly spoke about their roles and activities - these included:**



**CEO Lee Martin** said that occupancy of TRL units is about 98%, that the development at Schaedel Street Nuriootpa is at lock-up stage and tenderers for Langmeil Road will be selected in May.



**Lea Schmid**, Barossa Club Co-ordinator described Club activities and encouraged eligible residents to attend.

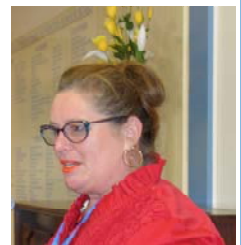


**Tania Miller**, Volunteers' Co-ordinator thanked volunteers for their help and said that more helpers are welcome.



**Chaplain Ian**

**Assistant Chaplain Helen McNicol**



both spoke to the gathering.

Helen plans to work closely with the residents in higher care, which will enable Ian to have more contact with those in independent living. He is planning to collect information about the church affiliations of residents.

**A number of other speakers** described the activities they are associated with e.g. table tennis, card making, card playing, and the various groups that meet socially and for meals.



**The TLH Singers** 'popped-up' to sing three songs, to bring to an end an enjoyable day! Thanks to the Social

*GM*



## WE TAKE PLEASURE IN Meeting with *Mr Ron Letch*



When Tit Tat approached Ron asking him if we could do a story about him, his quick response was that he didn't think that there was much that could be written about him – and that it would be complicated! After a bit of encouragement Ron conceded that he did have a two-page document which summarised his life – and he was happy to share that with Tit Tat. Then, surprisingly he pulled out a book that he had written after the last of his brothers had died that he thought might be of interest to readers of Tit Tat. What an interesting story Ron has!

Ron's parents were Harry and Eileen Letch. He was born in May 1926 in Perth, WA, the third of four sons in the Letch family. From an early age Ron moved around a fair bit with his parents – something that continued into his adult life. After leaving school in 1941, two years

after the Second World War began, Ron briefly worked in a Perth retail store and then in a small engineering plant which produced components for the military. In 1944 Ron enlisted in the RAAF for Aircrew Training and his service career of 27 years had begun.

Ron's initial training was in Western Australia, but then he was posted to western Victoria and later to Lake Macquarie in NSW. Whilst he was in NSW the Americans dropped atomic bombs on Hiroshima and Nagasaki in 1945 and the Japanese surrendered, and the war ended. Most of the men in Ron's group took their discharge, but Ron continued and served in Victoria. But, in March 1946 he was discharged from the RAAF.

He then spent three months with his beloved Dad in WA. After having used up his 'deferred pay' he returned to Perth to seek employment. The Australian Army had created a division called the 'Interim Army' and Ron was accepted into that organisation in 1946. He was sent from Perth to NSW and, after a few weeks, to the Mornington Peninsula in Victoria. He had signals training and was then employed in Melbourne as a librarian/projectionist – a job which he enjoyed.

Late in 1949 the RAAF advertised for people to be aircrew. Ron applied, was interviewed and accepted, and in early 1950 began training at Point Cook, Victoria as a trainee pilot/navigator. After two weeks of training, the group of fifty were told that just twenty-five would continue training as pilots – Ron was rated twenty-sixth!

Ron thinks that he might, at that time, have been a lousy pilot and considers himself lucky because some of those who were accepted eventually died in training accidents and in Korea. Ron asked to continue his training as a Signaller rather than as a Navigator. He graduated as a Signaller/Gunner in October 1951, and so began his active flying career as an RAAF crew member in transport and maritime squadrons. The first year of his flying career was spent in Australia and the islands to the north, delivering supplies for the first British nuclear tests off the coast of WA. Then he was posted to Japan for service in the Korean War which involved daily flights between Japan and Korea carrying passengers, equipment and recovering wounded troops.

By mid-1953 Ron had accumulated his first 1,500 hours of flying and joined Squadron No. 11 in Pearce, WA and later at Richmond in NSW. He served in this squadron for the next thirteen years, with lots of maritime flying involving long sea patrols in support of the Malayan

Continues —>





emergency. In 1956 he went back to Ballarat to train new signallers, and then went to the UK on exchange with the RAF Transport Command which included witnessing the UK atmospheric nuclear tests.

Ron returned to Perth in mid-1959 where he served with the Air Training Corps. In 1963 he re-joined No. 11 Squadron at Richmond where he did lots more long-range flying including some search and rescue flights and escorting HMAS Sydney to Vietnam.

In 1968 he flew to California, USA, training to crew the Lockheed Orion aircraft purchased by the RAAF, before flying them back to their new home base at Edinburgh in SA. After more maritime flying, some of it in the South China Sea, Ron was posted to Pearce, WA, as an instructor in ground subjects for Pilots' Courses – where he rates Angus Houston (who became Chief of Defence Force) as his “best” student. After accumulating about 6,400 flying hours in the RAAF and RAF Ron retired on 28<sup>th</sup> May 1971.

Ron was unable to attend the funeral of his Dad, Harry, who died just eleven days before Ron retired. After retirement Ron lived for a time in Katoomba, where he gained some employment for a couple of years. Ron's mother, Eileen, who was living by herself in Perth, came to live with Ron in Katoomba, and together they travelled around visiting places that Eileen had only heard about. Eileen moved to South Australia in 1973 and died there in 1979 – by which time Ron had also moved to South Australia.

Ron had some part-time paid employment for about 10 years which gave him plenty of time to indulge in his photographic hobbies and pursuing his interest in painting. In his retirement, Ron has written a book – “Mixed Fortunes – A Family's Story” – it's an amazingly precious, interesting and detailed account of his life, the life of his parents and his brothers.

Ron needed to find some new accommodation and was looking for a rental unit when he met Carolyn Redden who found a unit for him at Tanunda Lutheran Home in Fourth Street – he moved in at the beginning of 2018. Ron never married, describing himself as a happy-go-lucky bachelor who was having too much fun and traveling around too much to settle down!

It's wonderful to get to know Ron – a man who through his years of military service has made a significant contribution to our nation – thank you Ron! And, best wishes for a happy and healthy 93<sup>rd</sup> birthday this month!



**Ron, fifth from left, in 1966 with 11 Squadron 'B' crew**

*G.M*



CLARKE & TURNER  
**TRAVEL**  
ASSOCIATES

When experience counts.

Join Clarke & Turner Travel Associates, Tanunda for our Worldwide Travel Information Evening, with special guests from Singapore Airlines, Princess Cruises & Trafalgar.

**When:** Tuesday 14 May  
**Time:** 6:00pm - 8:00pm  
**Where:** Clarke & Turner Travel Associates  
39 Murray Street, Tanunda  
**RSVP:** By Friday 10 May

Discover how you can see the world from a unique and breathtaking perspective, by getting the best tips and hints from our travel professionals on the night.



To RSVP contact Clarke & Turner Travel Associates.

8563 0988 | [tanunda@travelassociates.com](mailto:tanunda@travelassociates.com)  
[travelassociates.com/clarke](http://travelassociates.com/clarke)



## Your Living Legacy

*A will passes on your possessions  
yet neglects the priceless*

*Imagine...*

*... being able to leave a gift for your family, to learn more about the memorable moments that make up your life*

*... providing your loved ones with cherished memories forever, and being able to hand them down to future generations*

*... a legacy of stories, memories, photos and messages, all professionally filmed. A unique footprint to leave from our time on earth*

*... capturing the life experiences which moulded you to become who you are today*

## What is 'Your Living Legacy'?

'Your Living Legacy' is the story of your life, your memories and encounters, tales of times gone by, captured on video and professionally filmed at a location of your choice, to create a lasting memory to pass on to those you hold dear.

A precious gift for your family and future generations to maintain your heritage.



There is never a better time to start than right now, give us a call or drop us a line and we'll guide you through how enjoyable and easy this can be.



**Stream Financial**

For more information  
Contact Janis:  
[legacy@streamfinancial.com.au](mailto:legacy@streamfinancial.com.au)  
P: 1300 983 942 M: 0448 511 866  
[streamfinancial.com.au](http://streamfinancial.com.au)



# Anzac Day Service



In a moving ceremony held in the Chapel, Chaplain Ian Lutze opened the service in the Name of the Father, Son and Holy Spirit and read a Scripture passage from Matthew chapter 5.



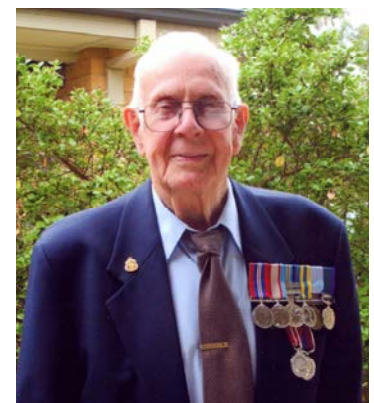
Mr Lee Martin CEO spoke of the fundamental Australian/New Zealand tradition that is not just a national holiday, but a time to remember those who have served our country during conflict and crisis. We remember too, those who served on the home front, supplying material and moral strength to our fighting forces - for theirs was no lesser service to Australia.

"On this day we salute not only the spirit of the ANZACS but, in paying tribute to them, we take the opportunity to dedicate ourselves to striving for our country as they did and upholding their finest qualities of courage, commitment, endurance and mateship.

The young men of Gallipoli were the first ANZACS, ordinary Australians doing their best in a campaign of intense ferocity. Their casualties were horrendous - nearly 8,000 Australians were killed and 78,000 wounded - and to what end? Yet the Australian spirit triumphed. The pride and grief of Australia following Gallipoli formed a bond, so strong that it made a statement to the world that we had come of age and that our armed forces and our people were truly of one nation. ANZAC Day reminds us that wars are to be avoided, but when necessary we must stand up for our values. "

Veteran Mr Ron Letch, who had a long and distinguished career in the RAAF, recited The Ode. Abide with Me and other appropriate hymns were sung. Chaplain Ian offered prayers Veteran. Assistant Chaplain Helen McNicol also addressed the gathering. Following the *Last Post*, veterans were remembered with a minute's silence. Finally the Rouse, National Anthem and *Lest We Forget* concluded the service.

Grateful thanks to musicians  
Glenis Kupke and Neville Alderslade,  
also all who contributed to make this a fitting and  
memorable service.



**Ronald Letch**



**BAROSSA CLUB**

"Enjoying life with fun & friends"

# What is the Barossa Club?

- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



**Please feel free to contact me on 8563 7701 if you would like to know more or would like to make a time to have a chat.**

**Lea Schmid**  
CHSP Club Coordinator

**Lea Schmid**

**Phone: 8563 7701 — Fax: 8563 3744**

**Email: [lea.schmid@tlhome.com.au](mailto:lea.schmid@tlhome.com.au)**

**Website: [www.tlhome.com.au](http://www.tlhome.com.au)**

**Tanunda Lutheran Home Inc.**  
**27 Bridge Street, Tanunda SA 5352**





We would like to introduce to you our Scarecrow family for Vintage Festival in Barossa Club:

Isabella, Gerhard, Wolfgang and Molly.  
Our Vintage Scarecrows are located inside at the Barossa Club entrance near the Trading Table.

We welcome you to come and have a look !!  
Some of the Clubbies have been enjoying creating this family on Tuesday Craft/Art morning...well done to all!

April's cultural month at TLH was Germany which was rather apt for the Barossa Valley's Vintage Festival.

Not only have our Vintage Scarecrows been such fun to make, the Clubbies have enjoyed, and at times participated in, German themed concerts...Muss I Denn...Oom Pa Pa Oom Pa Pa that's how it goes!



The Clubbies all enjoyed the German meal which the great catering team here at TLH prepared...can't beat a German Sausage and Sauerkraut!



We hope you all had a wonderful Easter with family and friends...  
and some chocolate Easter Eggs also?!



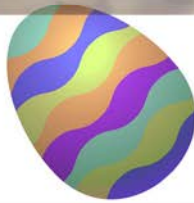
**... Thursday 25th - ANZAC DAY - lest we forget ...**

So from the Barossa Club staff team...auf wiedersehen!

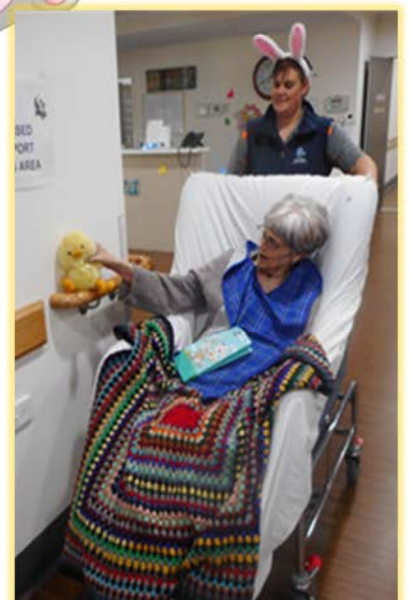




Tania Miller



# Easter Egg Hunt







Tania Miller Courtesy of The Leader - Alicia Ludi-Schutz

# Oma & Opa

Loved by all

Omas & Opas

## Oma and Opa bring some scarecrow fun



Tanunda Lutheran Home Lifestyle co-ordinator, Tania Miller and fellow Lifestyle team members, Paula Koch and Sherril Fechner with "Oma and Opa" and the gang. More than 30 residents helped create the display located on Bridge Street for this year's Barossa Vintage Festival Scarecrow Trail.



**Prize** for the Brightest and most Colourful outfit worn to the Volunteers Morning Tea

Tues 21st May @ 10am

Looking forward to a fun filled and colourful morning tea for all our wonderful volunteers

### Thank You



Thank you Daphne Gower for the kind donation of knitted chickens for our Easter Egg Hunt!





# Wellness & Lifestyles

**Tuesdays and Thursdays at 9.00 - 10.00am**

**IN THE TLH GYM**

**LED BY PHYSIOTHERAPISTS**

**\$6.00 per session**



**ENQUIRIES:**  
**Phone Physios at TLH**  
**Wellness & Lifestyles**

**8563 7739**



## LEADING THE FOOTY TIPPS - 2019



<b>Trinity Court Round 6</b>	
<b>Elsie Weeks</b>	<b>35 pts</b>
<b>Protea Round 6</b>	
<b>Esther Flinn</b>	<b>34 pts</b>
<b>Waratah Round 6</b>	
<b>Irene Boehm</b>	<b>33 pts</b>



# Volunteer News



Volunteers FLU Vaccination  
3rd MAY 9am to 5pm  
Gramp Meeting Room.

Please Note : If you haven't  
popped your name down  
already, please see Tania  
**ASAP....**

As we would like to celebrate our  
fabulous volunteers during National  
Volunteer Week 20 to 26th May. We  
will not be having our regular monthly  
volunteers morning tea on Tues 7th  
May. *Please pass the word around*

## Calling for Help!

If anyone is able to donate flowers for  
a Mother's Day flower activity on the  
9th of May please contact Lifestyle  
8563 7700 or 78563 7702

We are looking for at least 4 buckets of  
colourful flowers and  
some greenery.



## Volunteer Morning Tea

### National Volunteer Week Special

**Morning Tea**

**Tuesday 21st May 2019**

**10.00am**

**Hope to see you there!**

### Wednesday 1st

10.00 Individual Visits	TLH
10.30 Bible Insights	Chapel
10.30 Garden reflections with Lifestyle	Grevillea Lounge
	Chapel
1.15 Ten Pin Bowling	
1.30 Blessing for the month with Chaplain Ian Lutze	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

### Thursday 2nd

10.00 Individual Visits	TLH
10.00 Art and Craft with Helen Harmony Cultural Day	Grevillea Lounge
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Hoy Card Game	Protea Dining Room
2.00 Sing along with Doug	Acacia Lounge
3.30 Walking group	Leaving from Acacia

### Friday 3rd

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Wax Bath	Protea Lounge
2.00 Let's get physical with Lifestyle & Karen	Acacia Lounge

### Saturday 4th

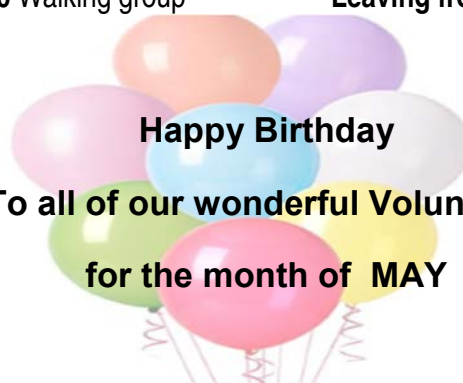
Please ask a Carer if you wish to watch a DVD in your  
room or in the lounge area. Various DVDs to choose  
from.

### Sunday 5th

10.30 Worship Service	Chapel
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### Monday 6th

10.00 Individual Visits	TLH
10.00 Wax Bath	Protea Lounge
10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Kath's Memorabilia	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia



**Tuesday 7th**

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.30 Kathy's Line Dancing	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**Wednesday 8th**

10.00 Individual Visits	TLH
10.30 Garden reflections with Lifestyle	Acacia Lounge
10.30 Bible Insights	Chapel
10.45 Individual Visits	ABG
1.15 Social Bingo	Waratah
2.00 Sing along	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Thursday 9th**

10.00 Individual Visits	TLH
10.30 Art and Craft with Helen	Grevillea Lounge
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Mother's Day Flower arranging	All Area's
2.00 Memory Game	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Friday 10th**

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.30 Black Pepper Fashions/Parade	Chapel
1.30 Happy Hour	ABG
2.00 Harmony Cultural Day with Karen	Acacia Lounge
2.00 Wax Bath	Protea Lounge

**Saturday 11th**

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

**Sunday 12th — Mother's & Special Ladies Day**

10.30 Worship Service	Chapel
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**Monday 13th**

10.00 Individual Visits	TLH
10.00 Wax Bath	Protea Lounge
10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Social Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

**Tuesday 14th**

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Carpet Bowls/Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**Wednesday 15th**

10.00 Individual Visits	TLH
10.00 Easter Craft	Protea Lounge
10.30 Lenten Service	Chapel
10.30 Garden reflections with Lifestyle	Acacia Lounge
1.15 Sing Along with Garry Wharton	Chapel
2.00 Sing along with Doug	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Thursday 16th**

10.00 Individual Visits	TLH
10.00 Art and Craft with Helen	Grevillea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.30 Resident's meeting	Chapel
2.00 Arm chair travel	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Friday 17th**

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.30 Wheel of Fortune Harmony Trivia	Chapel
1.30 Happy Hour	ABG
2.00 Memory game	Acacia Lounge
2.00 Wax Bath	Protea Lounge

**Saturday 18th**

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

**Sunday 19th**

10.30 Worship Service	Chapel
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**Monday 20th**

10.00 Individual Visits	TLH
10.00 Wax Bath	Protea Lounge
10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Social Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

**Tuesday 21st**

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Carpet Bowls and Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**Wednesday 22nd**

10.00 Individual Visits	TLH
10.30 Garden reflections with Lifestyle	ABG
10.30 Bible Insights	Chapel
10.45 Individual Visits	ABG
1.15 Whiteboard Harmony Culture Trivia	Waratah
2.00 Sing a long with Lifestyle	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Thursday 23rd**

10.00 Individual Visits	TLH
10.00 Art and Craft with Helen	
Germany Cultural Day	Grevillea Lounge
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 George Davies Piano Accordion	Chapel
2.00 Memory Games	Acacia Lounge
3.30 Walking group	Leaving from Acacia

**Friday 24th**

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Arm chair travel	Acacia Lounge
2.00 Wax Bath	Protea Lounge

**Saturday 25th**

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

**Sunday 26th**

10.30 Worship Service	Chapel
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**Monday 27th**

10.00 Individual Visits	TLH
10.00 Wax Bath	Protea Lounge
10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Social Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking group	Leaving from Acacia

**Tuesday 28th**

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Carpet Bowls & Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

**Wednesday 29th**

10.00 Individual Visits	TLH
10.30 Garden reflections with Lifestyle	ABG
10.30 Bible Insights	Chapel
10.45 Individual Visits	ABG
1.15 Movie and Icecream afternoon	Waratah Lounge
2.30 Sing along with Garry	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Thursday 30th**

10.00 Individual Visits	TLH
10.00 Art and Craft with Helen	Grevillea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Monthly Birthday Celebrations	Chapel
2.00 Sing along with Doug	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

**Friday 31st**

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Memory Games	Acacia Lounge
2.00 Wax Bath	Protea Lounge

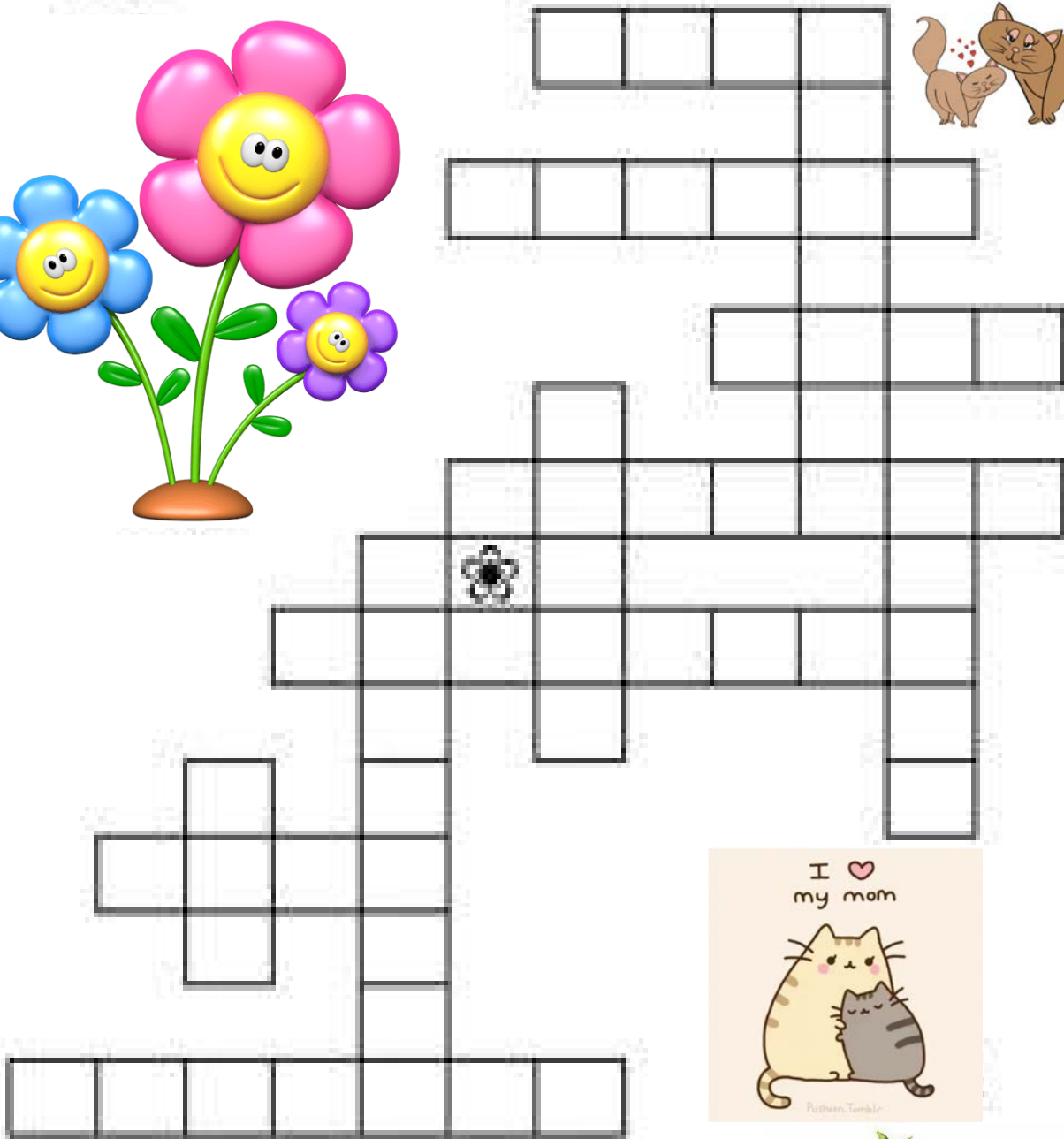
**REMEMBER** Afternoon Lifestyle Programs commence at 1.15pm unless stated otherwise.  
Kind Regards, The lifestyle Team.

There are puzzles in  
Trinity Court, Waratah and Protea  
for your  
enjoyment!



**PLEASE NOTE : ALL LIFESTYLE  
PROGRAMS MAY BE SUBJECT TO  
CHANGE**

# Mother's Day Crossword



MOM

ROSES

JEWELRY

HUGS

HEART

LISTENS

LOVE

MOTHER

FAIRNESS

GIFT

SPECIAL

PATIENCE

