



Tanunda
Lutheran Home Inc.

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MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

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- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

APRIL 2019

Lutheran
Church
of Australia



Chaplain's Reflection



Chaplain Ian Lutze

It's been a challenging Lenten Season, with tragic events in the Barossa, and across the 'Ditch'. We are all appalled by tragic accidents, and condemn violence done between people, while having different views about some of the question marks around the edges.

But as the dust begins to settle around these events and most of the people who aren't directly affected start to move on, there are a few things that can be said. I'll keep my comments to the subject of violence committed against the Muslim community and other minority groups in Australia. Feel free to disagree with anything I say, but make sure you talk about your views with somebody, so you're not holding on to fears or mis-conceptions that can be making life more difficult for you.

So my points are:

- Ultra-right-wing violence does not make a valid point, ever. It is unjustifiable and plain wrong on every level.
- Australia is a changing country, and has always been, but there is no reason to believe we are being overwhelmed by people of different cultures which are too incompatible with ours. At last count 2.8% of Australians were Muslim, and there's no mass migration from Islamic countries taking place.
- Muslim believers in the west struggle with secularization, the pressures of a busy life and the struggle to make space for spiritual reflection and practice just like Christians do. Ask any Muslim parent.
- The Judaic-Christian tradition affirms that all people are created in 'God's image'. On the deepest level there is more that unites than divides.
- Jesus looked and sounded more like an Arab than an Englishman.
- Carers with diverse backgrounds are a gift to us at TLH. So be nice to all our staff. You are doing that, right?
- If you're feeling a bit mad at God for not stopping some of this violence, remember that the main picture of God in suffering is the Christ-figure who stands alongside, weeping where we weep. Christ is powerless alongside us. Ironically this is where the true power of Christianity lies. Ask any veteran where the chaplains did their best work.

Blessings for the rest of Lent, and bring on a long overdue Easter. We've learnt enough for now!

Chaplain Ian Lutze



April



- 3 Daphne Mott
- 7 Rodney Lomman
- 8 Margaret Spike
- 10 Colin Ladd
- 10 Roma Murrin
- 10 Esther Flinn
- 14 Glenys Greig
- 22 Vera Mader
- 22 Jenny Schubert
- 23 June Hansen
- 23 Holly O'Callaghan
- 27 Edna Kohlhagen
- 29 Stella Krieg
- 30 Marjorie Abbott



Welcome

Respite

Betty Holness
John (Frank) Carey
Verna Evans
Iris Wandel



How does the Easter Bunny stay healthy ?



Eggercise

FANTASTIC NEWS

Shopping Bus Pick Up For OFFSITE Residents . . .



If you live offsite and would like to go on the Wednesday shopping bus - You Can !
Simply contact reception 8563 7777 by 3pm on Tuesday and put your name on the list.

Note: Bus waiting areas are your gazebo, pick up time is from 9.20am Sharp !

7th April Turn your clocks **BACK** 1hour



TLH SHOPPING BUS

Departing approx
9.30am
Return 11.30am



Wednesday	3rd April	Tanunda
Wednesday	10th April	Nuriootpa
Wednesday	17th April	Tanunda
Wednesday	24th April	Nuriootpa

**Please be at Reception by 9.15am
For a cost of \$5.00**

Thank you

The **DEADLINE** for all:
News / Information / Stories - MAY edition is
Monday 15h APRIL 2019

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH
Dorcas Kernich & Geoff Munzberg - IRL

And all who help deliver the Tit Tat throughout the Home , IRL & beyond.



From the CEO

Lee Martin
CEO



At the time of writing this article I'm sure there are those who are still reeling from the major incident in New Zealand. It is very sad to see such actions of an individual that effect so many. To all with loved ones or connection to people in New Zealand our thoughts and prayers are with you all.

Great to see the Barossa Valley in full swing with the Vintage – hopefully another successful year for all in the industry and local communities.

It's football time again – Go the Crows. Hoping for a better year.

The Aged Care Royal Commission has held a number of community focus groups over the past weeks. This week the Commissioners are hearing from witnesses in regard to the Home Care industry. The media has been quiet over the last couple of weeks which is good to see. I have the opportunity to be attending a major aged conference in Sydney where leaders in the aged care industry share their experiences and news on all current happenings in the industry – I will share my experiences when I return.

It has certainly been pleasing to see the reduction in agency staff over the past month throughout the home. During the month of February due to the intake of permanent staff we were able to reduce agency staff to only 1/3rd of the previous month's requirements. There have been numerous comments received relating to the permanent staff, increase levels of care and improved communication. Staff are reporting they feel well supported and involved in the day to day activities – it's great to see happy faces around the home. It is with the continued employment of staff that we will meet the needs of our residents in to the future whilst also meeting the new aged care standards.

A special thanks is given to the TLH Auxiliary ladies and the small group of volunteers who make up the Knitting Group for their latest donations to the purchase of equipment for use by the residents. It is with this sort of commitment that makes working here a pleasure. To all ladies concerned, on behalf of the residents and staff thank you for your dedication to Tanunda Lutheran Home.

The project at 20 Schaedel Street, Nuriootpa is well into the construction phase - seven houses are rapidly coming together - the roofing and brick work is nearing completion with internal works to commence soon. Expressions of interest in purchasing a new property continues – if you know anyone interested in joining the retirement village family please refer them to Carolyn Redden.

The Langmeil Road project is at the stage where Tenders are being invited to respond to the now completed Tender Documents. The start date is getting closer. If you are interested in living in these special units please make contact with Carolyn Redden.

You gain strength, courage, and confidence by every experience in which you really stop to look *fear* in the face.



Tanunda
Lutheran Home Inc.



News from Kim & Britany

(People, Culture & Customer Service Manager
and the Quality Coordinator)

ROYAL COMMISSION

The Royal Commission will visit all capital cities as well as regional centres and is due to produce an interim report not later than 31 October 2019 and a final report not later than 30 April 2020. Commissioner Briggs stated "The likely major themes to be addressed include: quality and safety, access and inclusion, young people with disability, interfaces and transitions, future challenges and opportunities, and how to deliver quality in a sustainable way. We will look at the expectations of Australians for quality and safe care, how and where it should be provided and the workforce implications, amongst other things,"

Commissioner Tracey said the Royal Commission was a once in a lifetime opportunity to come together as a nation to consider how we can create a better system of care for elderly Australians. "The hallmark of a civilised society is how it treats its most vulnerable people, and our elderly are often amongst our most physically, emotionally, and financially vulnerable. Frail and elderly members of our community deserve to, and should, be looked after in the best possible way, and we intend to do our best to see that it happens"

Future Hearings in 2019

The Royal Commission will conduct hearings in all capital cities and a number of regional locations. The Commission anticipates hearings will take place in the weeks commencing: 18 March, 6 May, 13 May, 17 June, 24 June, 8 July, 15 July, 29 July, 5 August, 9 September, 8 October, 14 October, 4 November, 11 November and 9 December 2019. The location of each hearing will be announced progressively during the year as arrangements are finalised. With the first hearing completed the Commission have now commenced and completed the second hearing that focussed on home care (18/03/2019-22/03/2019).

Tanunda Lutheran Home was invited by the Royal Commission to provide a written submission and willingly provided this report to the Commission during January.

FROM THE AGED CARE QUALITY & SAFETY COMMISSION

"The Commission will also be empowered by the new aged care Charter of Rights and will implement the new, stronger set of Aged Care Quality Standards, the first upgrade of standards in 20 years."

'Our role is to protect and enhance the safety, health, well-being and quality of life of people receiving aged care. We promote high quality care and services to safeguard everyone who is receiving Australian Government funded aged care'

From 1 July 2019, the Commission expects that organisations providing aged care services in Australia will be compliant with the new Aged Care Quality Standards.

We have commenced a review of TLH to ensure we meet the new standards by July 1.

This includes assessing and amending all policies and procedures along with our Vision and Values for compliance against the single quality framework.

Continued.....

Our Vision and Values are complimentary of the new framework that our Residents and Staff chose in 2017, of which we are all extremely proud.

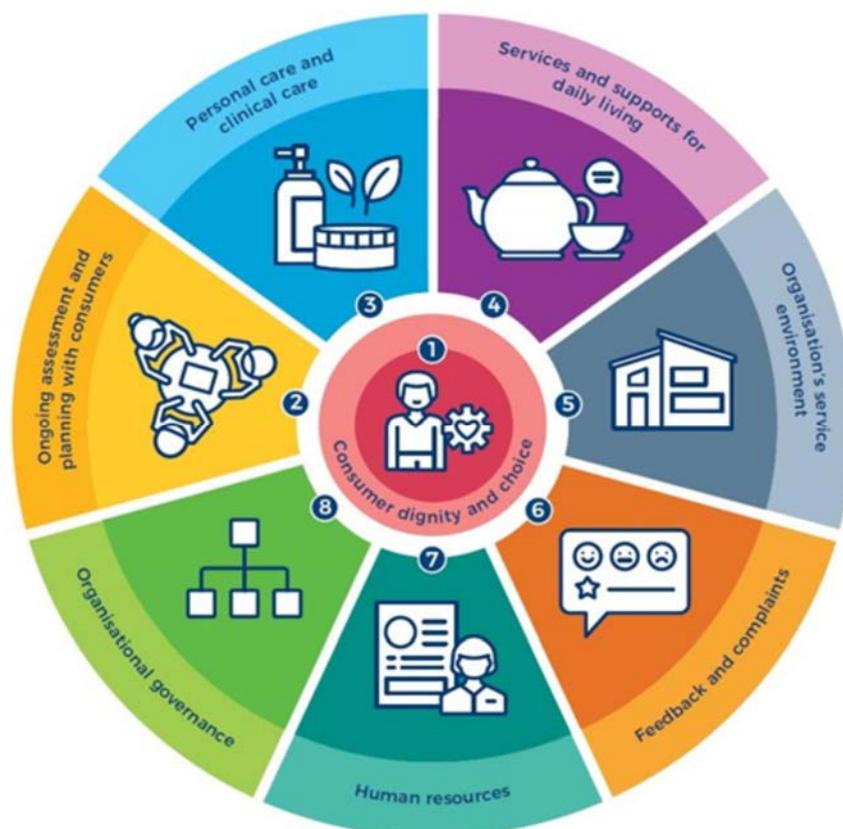
Currently 8 new overarching policies are being drafted to align with each of the new standards. These policies will be distributed amongst Residents for consultation and feedback prior to adopting them into TLH.

Our Vision and Values can be accessed at:

www.tlhome.com.au/about-us/our-mission-and-vision/

The single quality framework is as follows and more detailed explanations can be found at

www.agedcarequality.gov.au/providers/standards



FROM AGED AND COMMUNITY SERVICES (INDUSTRY PEAK BODY)

Humans of Aged Care

(HOAC) is a storytelling platform to celebrate and demonstrate the human elements of care at the heart of aged care services.

Created and championed by Aged and Community Services Australia (ACSA), the industry's leading peak body, HOAC aims to help put some balance back into the public portrayal of the aged care industry by highlighting all the positive aspects of aged care.

Through HOAC we hope to acknowledge and applaud our industry's dedicated individuals, and remind the community about all the positive stories in aged care that rarely get told.

Anyone can get involved with HOAC. Our 'Humans' of Aged Care can be anyone delivering care as a care worker or anyone that works in an aged care facility (cook, cleaner, administrator, manager etc.), an unpaid carer or volunteer, or resident/individual receiving care and their family members who are passionate about ensuring their loved ones continue to live happy fulfilled lives.

www.humansofagedcare.com.au/

AGED CARE FUNDING INCREASE

On Sunday 10th February 2019 the Government announced a \$660 million increase to aged care funding.

ACSA media release stated "Today's announcement is very welcome. It will help more people to get the home care they need and help residential aged care providers to support their residents," Patricia Sparrow CEO of ACSA said.

"In particular, the 10,000 new home care packages will provide relief to thousands of older Australians and their families, keep people independent for longer and provide the kind of flexible care that allows people to remain part of their community. Increasing the home care dementia and veterans' supplements will also assist in providing support to people on packages who face additional challenges.

"The \$320 million boost for residential aged care also provides much needed support for older Australians and the providers who are caring for them. This is an immediate one-off payment while the trial of a new funding model, which has been signalled in today's announcement, is undertaken. We all want to get residential care funding right to be able to meet the growing demand and complexity of resident needs"

HOME CONTINUOUS IMPROVEMENT UPDATE

- Agency hours continue to decline as we continue to welcome new employees. We employed two new additional TLH staff in March with 10 people currently being processed through our recruitment procedure.
- The Resident collaboration committee decided to leave the decision to purchase of the new toaster to the management of TLH due to the majority of the committee approving the improvement.
- We have introduced Culture days with our Residents celebrating a different culture on one day of each month through activities and food.
- The special transport fees have been adjusted to provide users with a reduced fee. This

idea was raised by the Resident Representatives in the Resident Collaboration Committee. New prices will come into effect as of the 1st April 2019. New brochures are displayed around the home reflective of the change to prices.

NEW SPECIAL TRANSPORT VEHICLE CHARGES

(inc. return) as at 1/4/19

- ◆ **Tanunda** \$5.50
- ◆ **Barossa Local** \$11.00
- ◆ **Gawler** \$33.00
- ◆ **Metro/Northern Suburbs** \$55.00
- ◆ **Group hire:** Charges as above
(Cost to be divided between number of passengers)

More details supplied at Reception.

Wishing you an April that is filled with happiness especially during the Easter and Vintage Festival period.

Please let either of us know if there is any way we can help you. We really encourage you to view the amazing stories about the people who work in Aged Care on the "Humans of Aged Care" site.

Kim and Brit



Tanunda
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27 Bridge Street
Tanunda SA 5352

Phone – Reception
08 8563 7777

Fax – Admin
08 8563 3744

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info@tlhome.com.au

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7th March 2019

Dear Tanunda Lutheran Home Inc. Residents and Representatives,

I would like to let you all know that Rachana Patel, our Quality and Training Coordinator has resigned to commence a new career with Uniting Communities as the Quality Coordinator.

Rachana's last day with us is Friday 15th March.

On behalf of everyone at TLH I encourage you to join with us in wishing Rachana all the very best with her future endeavours and thanking her for her assistance in helping us to achieve some of our improvements at TLH such as meeting our re-accreditation for 3 years, the TLH Resident Collaboration Committee and our Comments, Complaints and Suggestions process during her time at TLH.

I am pleased to announce that Britany Mickan, our current Executive Assistant has agreed to temporarily undertake the Quality and Training Coordinator role for a period of 4 months to ensure minimum disruption, meeting the new single quality framework by July 1st and providing us with the opportunity to recruit for the ideal replacement of the Quality and Training Coordinator.

All processes that you have become familiar with regarding comments, complaints and suggestions will continue.

I would like to take this opportunity to encourage you in providing any comments to us through our Share Your Experience form or by directly contacting Britany Mickan on 088637787 britany.mickan@tlhome.com.au or myself on 08 8563 7777 kim.hahn@tlhome.com.au

Kind Regards,

Kim Hahn
People, Culture and Customer Service Manager

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822; if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Bev Galway

Executive Wellbeing, Care & Health Manager

(including Allied Health bev.galway@tlhome.com.au or Ph: 8563 7757

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)



OFFICE USE ONLY

Date Received by Dept Manager / Delegate: _____ Verbal Feedback?

Initial action by Department Manager: _____ Date: _____

Staff Name: _____ Sign: _____

(Return to Quality & Training Coordinator for further action)

Action taken by Manager / Delegate:

Follow up action if any:

All parties involved informed of results? YES / NO *(result must be informed in writing as well as phone call / in person)*

Phone call letter In Person

Manager / Delegate Sign: _____ Date: _____

Added to Trends Data?



Tanunda
Lutheran Home Inc.



Share Your Experience

Share Your Experience





TANUNDA RETIREMENT LIVING MARCH GET-TOGETHER Gawler Movie and Lunch Outing

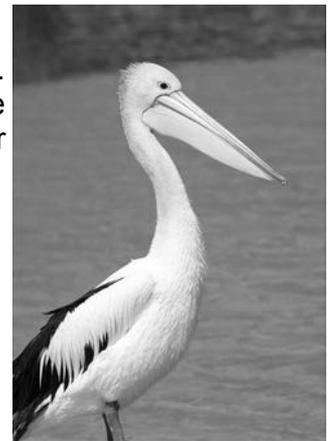


Thursday 7th March some Tanunda Retirement Living residents climb aboard the Community Bus, kindly driven by Kym Huxtable, and travelled to Gawler to view the movie "Storm Boy." On arrival we were served tea, coffee and biscuits by the friendly staff of the Gawler Cinema.

Then we sat back for the next couple of hours to view "Storm Boy." The movie is a retelling of Colin Thiele's classic story "Storm Boy." Many of us had read the book a long time ago, but few could remember the detail of the original plot. In this contemporary version of the story, 'Storm Boy' has grown to be a successful retired businessman and a grandfather, Michael Kingley. Kingley is challenged by his grand-daughter who is concerned about what she sees happening to the world that she is growing up into. This causes Kingley to see images from his past that he cannot explain. He is forced to remember his long-forgotten childhood, growing up on an isolated stretch of coast line with his father.

He recounts to his grand-daughter how he rescued and raised an extraordinary pelican he named Mr. Percival. Kingley and Mr. Percival had remarkable adventures together which developed a very special bond between them. The film contains numerous flash-backs to those adventures, and sets them into the contemporary world that Kingley and his grand-daughter find themselves in. The film is a strong account of relationships - between a boy and his pelican and between Kingley and his father and finally between Kingley and his grand-daughter. It's a powerful story which made us think about our relationships to our families and our responsibilities to the natural world we live in.

Viewing this movie was a thought provoking and moving experience. After the movie finished we were served a sandwich lunch, and then we headed back home - with lots to talk about. Thank you to Irene Joppich for organising the day!



Movie - goers Helen Munzberg, Ruth Schmidt, Irene Joppich, Lorraine Moore, Mavis and Max Schubert



Bus driver Kym 



Pat Hatch



Pat moved into her Fourth Street unit at Tanunda Lutheran Home at the end of 2018. Spending an hour or two talking to Pat is an interesting experience – there are so many facets to her life – one learns something interesting every few minutes! Pat has had her share of ups and downs in her life which have left her a more resilient, resourceful and wiser person.

Pat is the eldest in her family – her parents were Brian and Joyce (formerly Below) Hatch. She has a sister, who lives in Perth, and a brother who was killed in a road accident in NSW when he was 32 years old. Pat's father worked at Tolley's Medland Winery at Dorrien for many years and was the Manager for 16 years, and that is where she grew up.

She had most of her primary schooling at Marananga, with one year at Nuriootpa Primary School, before going on to Nuriootpa High School where she completed her Intermediate Certificate in 1965. When asked if she liked school, her very quick reply was "No!" But she did like history, and art – even though she says that she can't draw. She enjoyed history lessons at high school with Mr. Reg. Butler – and she remembers Mrs. Dulcie Sporn, a teacher for many years at Nuriootpa High – so many years in fact that Pat says that she, some of her children and her mother attended NHS while Mrs. Sporn was on staff! When pressed to share a school day memory, she says that she remembers Mrs. Sporn threatening to tie Pat's long hair back with twine if she didn't keep it tidy!

After leaving high school Pat worked for Mr. Clem Hoffmann in his fruit and vegetable business and then in the fish and chips shop in Nuriootpa. When she was old enough to be accepted as a trainee nurse – exactly 50 years ago this year – she began working at the Angaston Hospital. Matron Hage was in charge of the hospital at that time, and she remembers attending lectures given by Dr. Ian Drever as part of her nursing traineeship. She worked at the Angaston Hospital for 2 years and at the Royal Adelaide for another year before she had to relinquish nursing because of a back problem. She enjoyed nursing – but it was hard work with long hours – 48 hours per week.

While she was nursing at Angaston Hospital a young man, Malcolm Johnston, was admitted in 1970 as a patient. Two years later, after going to lots of local dances – Pat and Malcolm both loved dancing – they married. They lived on the Johnston family property on Flaxman's Valley Road, Wilton. Pat helped on the family vineyard and fruit block. Pat and Malcolm had three children – one girl and two boys. Sadly, after nearly 15 years, the marriage ended, and Pat was left on her own.

Pat and Malcolm agreed that the children could choose with which parent they wanted to live – their daughter decided to live with her father, and the two boys spent time with both parents. Once the children were grown up, Pat decided to change her name back to her maiden name Pat Hatch.

Continues →



Pat's youngest son lives in Perth – but her other two children live locally. She has no grandchildren – but is a “quasi-grandmother” to three young sons of an acquaintance.

In the years that Pat has had to fend for herself she has had a variety of jobs. She worked in the AMP Office in Angaston for 2 years. Then she worked in Call Centres for several years in the finance area for various companies. She worked in the Community Service Centre of Anglicare where she helped people manage their finances.

During her years of employment, Pat saw people who were experiencing various circumstances in their lives – this has given her an empathy for people with needs. When her own time of employment ended, and because of some difficulty in finding accommodation, she experienced a period of homelessness where she had to “couch-surf” for 5 weeks – a character building experience! Pat says that she has had some tough times in her life – but hopes that they are now behind her. She is looking forward to the stability that being part of the TLH community offers.

Pat has many passions in her life! She is Vice-president of the Angaston CWA. She regularly plays carpet bowls at Keyneton. She does lots of reading – reads most things apart from science fiction – and attends a book club at the Nuriootpa library every month. She has read many self-help books, because of the various circumstances that she has found herself in. She spends an hour a week with a student at Nuriootpa Primary School as a LAP volunteer. Pat regularly swims at the REX and likes various forms of needlework and sews. And, she really likes singing!

When asked about what she is looking forward to now that she is part of the TLH community, she replied: “Live my life! An opportunity to be kind to other people! Be an involved and contributing member of my new community!” Welcome Pat!

GM



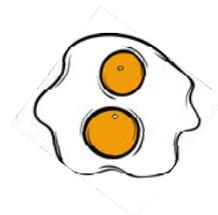
Why was the Easter Bunny so grumpy?

Because he was having a bad hare day.



What day does an Easter egg hate the most?

Fry-days.



Why are rabbits so good at math?

Because they multiply so quickly.



What kind of music does the Easter Bunny like?

Hip Hop.



A Day Without Laughter is a Day Wasted



TRAVEL TALK

Cruise on the Queen Elizabeth

CLARKE & TURNER
TRAVELTM
 ASSOCIATES
 Ph 08 8563 0988
 39 Murray Street, Tanunda
travel-associates.com.au/clarke

Cruise on the Queen Elizabeth and immerse yourself in her evocative art deco elegance.

The newest Queen exudes style and has an especially refined feel. Prepare yourself for a truly remarkable voyage. Queen Elizabeth invites you to an uncrowded world where spacious decks set the perfect backdrop for you to savour a flawless Cunard experience. Immerse yourself in endless entertainment, luxurious accommodation and an array of dining choices. Her art deco features and gleaming chandeliers blend with contemporary attractions to ensure a remarkable holiday. Enjoy croquet on her Games Deck, stunning entertainment in her Royal Court Theatre or relax in her elegant conservatory. With time at sea the choice, as always with Cunard, is yours. There is as much or as little to do as you please, with more possibilities than you have time to discover. Your table is reserved for breakfast, lunch and dinner in one of the sophisticated main restaurants aboard. Each is the home of deliciously imaginative menus, exceptional wines and impeccable service. Live music will be an unmistakable signature of every moment on your ship.

Our accomplished resident musicians will create an enticing ambience, during relaxing moments and on grand social occasions. The string quartet provides a warm welcome on board and melodic accompaniment to Afternoon Tea. The resident pianist sets an elegant tone to evening dinner drinks in the Commodore Club, and you'll also find harpists and contemporary bands in public rooms and lounges throughout the ship.

Sydney to Singapore, Sydney, Brisbane, Whitsundays,
 Darwin, Bali, Singapore

15 Nights - Queen Elizabeth -

Departing 9 - 24 March 2020 - From \$2,659 p/p

Twin Share

Terms & Conditions apply & subject to availability



Call: 08 8563 0988



Tanunda
Lutheran Home Inc.
 Enriching the lives of our older people

Did you know.....

Podiatry Services are available at
 Tanunda Lutheran Home with Government Funding.

Initial appointment \$20
 Subsequent appointments \$15

Contact My Aged Care for a referral for this service on

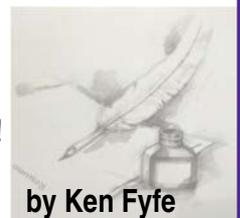
1800 200 422

Or go to www.myagedcare.gov.au



**Man's
best friend**

There's a lot of us were always taught, that dogs are man's best friend,
They wag their tail and let us feed them, if we stay faithful to the end.
But there again, it all depends, on different ways we then behave,
And if we're overly submissive, we become our own dog's slave.
We always take them for their exercise, in both sunshine, and in rain,
Of course they take all that for granted; we do it time and time again.
My wife's dog Roger and her friend's dog Meg, are both adept at this,
They like to take their walks together; neither like it when they miss.
And I'm fairly sure they've learned too much; they pick-up every word,
Such as Out or Walk or Park and any Dog-treat words they've heard.
Not even words spelled out, like W.A.L.K. will keep them in the dark,
Or words they learned together, like their favourites words; The Park.
There, they run around quite freely, till they find the muddiest pools,
Both ignore all words of wisdom; all the cleaning's left for fools.
It's not that they are being spoilt; we call it, "let loose for a spell",
Rather similar to some husbands; who don't conform to rules too well.
But Roger likes to visit older folk and he's proved he's well behaved,
My wife who takes him tells me, "his good manners, have been saved".
They all love Roger when he visits and they all know Rogers name,
At times a few forget my wife's; although they welcome her the same.
But last week, one day when I got home, Roger had my favourite chair,
And I had somehow been inducted, in this one-sided, share and share.
My wife said "you'd better leave him dear, he's run into the ground",
Roger looked at me with one eye cocked; sniffed and turned around.
I thought; he must have heard me coming, before he pinched my chair,
Perhaps I ought to go on strike, it seems man's best friend doesn't care.
But, when he came across to lick my hand, I knew that wasn't true,
It was time to buy a chair like mine; like me, he needs one too.
Still, with two chairs very similar; Roger could find that confusing,
But sharing should improve a lot; I'll get the one that he's not using!



Look out in the **MAY** edition
of the tit tat for a review
on the Dementia Australia
seminar held in March ...
I look forward to reading
the reviews



"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Please feel free to contact me on 8563 7701 if you would like to know more or would like to make a time to have a chat.

Lea Schmid
CHSP Club Coordinator

Lea Schmid
Phone: 8563 7701 — Fax: 8563 3744
Email: lea.schmid@tlhome.com.au
Website: www.tlhome.com.au

Tanunda Lutheran Home Inc.
27 Bridge Street, Tanunda SA 5352



Above: Lea Schmid
Coordinator



Patrick the bear paid a visit



Clubbies Jim and Neville getting into the Irish spirit...love the attire!

To be sure...to be sure...what fun we had in Barossa Club...as Ireland was the cultural country at TLH for the month of March.

The Irish meal was delicious thanks to our wonderful catering team and enjoyed by the Clubbies.

Here's just one of the Irish activities we enjoyed...'Irish Bowls':
The bowl was replaced by potatoes...which had 'minds of their own'...and rolled this way and that which created such laughter....expect the unexpected!

Volunteer Doug Venning entertained the Clubbies with Irish themed music and some of the Clubbies sang along.

In Barossa Club every Tuesday, the morning activity is art/craft based...so we began creating and making our Vintage Scarecrow Family



Doug Venning singing those wonderful Irish



Clubbies Ivy and Wes showing how Irish Bowls is played...see the potato in action with Ivy...and Wes...is that an Irish hat you are wearing?



The making of our Vintage Scarecrow Family begins! Ron & Doug 'making' legs...and the rest.



Tania Miller

Volunteers' Morning Tea

5th March 2019



Another happy monthly get together to acknowledge and thank Volunteers was celebrated in the Social Centre on Tuesday 5th March 2019



Being **Shrove Tuesday**, which is the day before Ash Wednesday, the beginning of Lent in the Christian Church, and forerunner to Easter, Tania organised a cook-it-yourself pancake morning tea with choices of jam and cream or savoury toppings. Added to this were various sandwiches and pastries, all working together to make it another happy, memorable occasion for the thirty or so participants.

Why pancakes?



Anne Tscharke
Clair Altus

Shrove Tuesday originated during the Middle Ages. As in contemporary times, food items like meats, fats, eggs, milk, and fish were regarded as restricted during Lent. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days. The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began. In France, the consumption of all fats and fatty foods on this day coined the name Mardi Gras (known as Fat Tuesday).

Tania's Message to Wheelchair Assistants:

To ensure Residents' safety please notify Staff when returning a Resident to his/her room.



Melva Ratsch & Irene Joppich



New Volunteers Helen Jeindl and Lee Martin



DK

Oma & Opa

Loved by all



The Lifestyle staff and residents have been extremely busy putting together the scarecrows

They are looking fantastic - a credit to the team !

Scarecrows will be displayed on Bridge Street from the 6th April out the front of Trinity Court - Be sure to have a look and remember to Vote Vote Vote for Tanunda Lutheran Home Residents

Have a look at the smiles on everyone's faces while they design and build the scarecrows-priceless ...



SCARECROW CRAFT ACTIVITY



VOTE for
TLH via the
Barossa
Herald
website
throughout
April



Tuesdays and Thursdays at 9.00 - 10.00am

IN THE TLH GYM

LED BY PHYSIOTHERAPISTS

\$6.00 per session



ENQUIRIES:
Phone Physios at TLH
Wellness & Lifestyles

8563 7739



Contact
Angie - 0438 628 41



Contact
Matt - 0439 881 823



Princess Chair - Light Weight - Recliner Functions - Amazing Only \$600

Volunteer News



Don't forget we have our knitting group in protea every Tuesday morning - All welcome ..



Calling out to all our amazing volunteers. The lifestyle team need your help !

When : 18th April
For: Easter Egg Hunt (all areas)
Time: 1.30pm

Resident love to take part in Easter Egg Hunts, they thoroughly enjoy the rush and excitement of finding the hidden eggs. We can only do this with the help of many as you can imagine this is loud, fun and many hands are required! Please let Tania know as soon as possible.

Tania & The Lifestyle Team



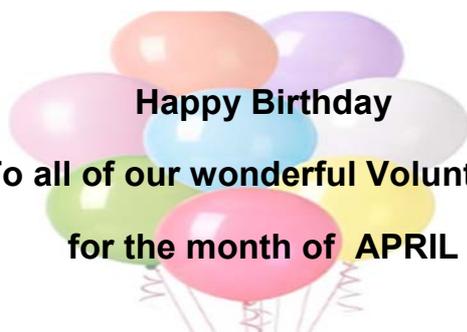
Volunteer Morning Tea

April Morning Tea

Tuesday 2nd April 2019

10.00am

Hope to see you there!



Happy Birthday

To all of our wonderful Volunteers

for the month of APRIL

Monday 1st - APRIL Fools Day

10.00 Individual Visits	TLH
10.00 Wax Bath	Physio Gym
10.15 Hymn Singing	Chapel
11.00 Worship Service	Acacia Lounge
1.15 Social Bingo	Chapel
2.15 Social Bingo	Grevillea Lounge
3.30 Walking Group	Leaving from Acacia

Tuesday 2nd

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Carpet Bowls & Happy Hour	Chapel
1.30 Men's Group	Men's Shed
3.30 Walking Group	Leaving from Acacia

Wednesday 3rd

10.00 Individual Visits	TLH
10.00 Craft -Final Scarecrow Activity	Protea Lounge
10.30 Lenten Service	Chapel
10.30 Garden reflections with Lifestyle	Grevillea Lounge
1.15 Rap Ball	Chapel
1.30 Blessing for the month - with Chaplain Ian Lutze	Acacia Lounge
3.30 Walking Group	Leaving from Acacia

Thursday 4th

10.00 Individual Visits	TLH
10.00 Arts and Craft with Helen - Germany Cultural Day	Grevillea Lounge
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Connect Four	Chapel
2.00 Sing along with Doug	Acacia Lounge
3.30 Walking group	Leaving from Acacia

Friday 5th

10.00 Individual Visits	TLH
10.00 Exercise Group	Acacia Lounge
10.30 Wisdom of The Elders	Chapel
1.00 Individual Computer Lessons	
Please let Lifestyle know if you are interested in Having lessons. These will only be Fridays.	
1.15 Social Bingo	Chapel
1.30 Happy Hour	ABG
2.00 Wax Bath	Physio Gym
2.00 Lets get physical with Lifestyle & Karen	Acacia

PLEASE NOTE ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE

Saturday 6th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 7th

10.30 Worship Service Chapel

Monday 8th

10.00 Individual Visits TLH
 10.00 Wax Bath Physio Gym
 10.30 Hymm Singing Chapel
 11.00 Worship Service Acacia Lounge
 1.15 Dressed for Success Chapel
 2.15 Social Bingo Grevillea Lounge
 3.30 Walking Group Leaving from Acacia

Tuesday 9th

10.00 Individual Visits TLH
 10.30 Knitting Group Protea
 10.30 Moovers and Groovers Chapel
 1.15 Carpet Bowls & Happy Hour Chapel
 1.30 Men's Group Men's Shed
 3.30 Walking Group Leaving from Acacia

Wednesday 10th

10.00 Individual Visits TLH
 10.00 Garden reflections with Lifestyle Acacia Lounge
 10.30 Lenten Service Chapel
 10.45 Individual Visits ABG
 1.15 Armchair Travel - Germany Exploration Waratah
 2.00 Sing along with Garry Wharton Acacia Lounge
 3.30 Walking Group Leaving from Acacia

Thursday 11th

10.00 Individual Visits TLH
 10.00 Easter Art and Craft with Helen Grevillea Lounge
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Germany Wheel of Fortune Chapel
 2.00 TLH Singers Acacia Lounge
 2.00 Walking Group Leaving from Acacia

Friday 12th

10.00 Individual Visits TLH
 10.00 Exercise Group Acacia Lounge
 10.30 Wisdom of The Elders Chapel
 1.00 Individual Computer Lessons
 Please let Lifestyle know if you are interested in having Lessons. These will only be held on Fridays.
 1.15 Social Bingo Chapel
 1.30 Happy Hour ABG
 2.00 Germany Cultural Day Acacia Lounge
 - with Karen
 2.00 Wax Bath Physio Gym

Saturday 13th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 14th

10.30 Worship Service Chapel

Monday 15th (Germany Cultural Day)

10.00 Individual Visits TLH
 10.00 Wax Bath Physio Gym
 10.15 Hymn Singing Chapel
 11.00 Worship Service Acacia Lounge
 1.15 Social Bingo Chapel
 2.15 Social Bingo Grevillea Lounge
 3.30 Walking group Leaving from Acacia

Tuesday 16th

10.00 Individual Visits TLH
 10.00 Knitting Group Protea
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Valley Voices Choir Chapel
 1.30 Men's Group Men's Shed
 3.30 Walking Group Leaving from Acacia

Wednesday 17th

10.00 Individual Visits TLH
 10.00 Easter Craft Protea Lounge
 10.30 Lenten Service Chapel
 10.30 Garden reflections Acacia Lounge
 - with Lifestyle
 1.15 Coffee n Chat/Bingo Bottle Top Wash Protea
 2.00 Sing along with Doug Acacia Lounge
 3.30 Walking Group Leaving from Acacia

Thursday 18th

10.00 Individual Visits TLH
 10.00 Easter Art and Craft with Helen Grevillea
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.30 Easter Hunt Individual area's
 2.00 Memory Game Acacia Lounge
 3.30 Walking Group Leaving from Acacia

Friday 19th—Public Holiday—Good Friday**Saturday 20th—Easter Saturday**

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

REMEMBER Afternoon Lifestyle Programs commence at 1.15pm unless stated otherwise.
 Kind Regards, The lifestyle Team.

Sunday 21st—Easter Sunday

10.30 Worship Service Chapel

Monday 22nd—Public Holiday—Easter Monday

Tuesday 23rd

10.00 Individual Visits TLH
 10.00 Knitting Group Protea
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Carpet Bowls and Happy Hour Chapel
 1.30 Men’s Group Men’s Shed
 3.30 Walking Group Leaving from Acacia

Wednesday 24th

10.00 Individual Visits TLH
 10.30 Garden reflections with Lifestyle ABG
 10.30 Anzac Day Service Chapel
 10.45 Individual Visits ABG
 1.15 Monthly Birthday Celebrations Chapel
 2.00 Let’s get Physical with Lifestyle Acacia Lounge
 3.30 Walking Group Leaving from Acacia

Thursday 25th— Public Holiday—ANZAC Day

Friday 26th

10.00 Individual Visits TLH
 10.00 Exercise Group Acacia Lounge
 10.30 Wisdom of The Elders Chapel
 1.00 Individual Computer Lessons
 Please let Lifestyle know if you are interested in having Lessons. These will only be held on Fridays.
 1.15 Social Bingo Chapel
 1.30 Happy Hour ABG
 2.00 Memory Games. Acacia Lounge
 2.00 Wax Bath Physio Gym

Saturday 27th—Barossa Vintage Festival Parade

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 28th

10.30 Worship Service Chapel

There are puzzles in Trinity Court, Waratah and Protea for your enjoyment!



Monday 29th

10.00 Individual Visits TLH
 10.00 Wax Bath Physio Gym
 10.15 Hymn Singing Chapel
 11.00 Worship Service Acacia Lounge
 1.15 Social Bingo Chapel
 2.15 Social Bingo Grevillea Lounge
 3.30 Walking group Leaving from Acacia

Tuesday 30th

10.00 Individual Visits TLH
 10.00 Knitting Group Protea
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Carpet Bowls & Happy Hour Chapel
 1.30 Men’s Group Men’s Shed
 3.30 Walking Group Leaving from Acacia

GERMANY CULTURE MONTH



Barossa Vintage Festival
 24 - 28 April, 2019



PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE



EASTER



ANGELS
 CALVARY
 CROSS
 EMMAUS
 JOHN
 KING OF THE JEWS
 NAILS



PETER
 RISEN
 SCOURGE
 SCRIBES
 SEPULCHRE
 SIMON
 SPEAR

STONE
 THIEVES
 THOMAS
 THORNS
 THREE
 TOMB

