



TIT

TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email : info@tlhome.com.au

★ Website www.tlhome.com.au

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

JANUARY 2019

Lutheran
Church
of Australia



Chaplain's Reflection

Chaplain Ian Lutze



Some people might say it is bad luck to wish people a Happy New Year too early – like, before Christmas as I'm doing here. But I guess there's no harm in it, and it is the wish of my heart that I will see all of you again when I get back from a not-too-long holiday. And I'm sure I speak for all the staff in saying this. We love our residents, and get quite attached to many of you. So what will 2019 bring? With a little, 'crystal ball gazing' can I suggest the following:



- A couple of our residents are likely to reach the 100 year milestone this year, plus some other significant anniversaries.
- We'll also say goodbye to some residents and feel sad to see them go. We will also feel blessed to have known them.
- Many staff will grow immensely in their roles, and find great meaning, satisfaction, appreciation and support in what they do here at TLH.
- Other staff will discern that this is not where they are meant to be right now. Sadly, more goodbyes.
- Daily life will be lived with the low-key experiences of joy, struggle, sickness, healing, inspiration and boredom. Another day in the life....
- Great connection, meaning and support will be experienced as staff adjust to new accreditation standards, and some strategic support assists us in getting used to what is only the second set of standards the aged care sector has ever had. In my own 'corner' I'll have an assistant chaplain creating inspiring connection and spiritual care beyond what I can offer by myself.
- The community beyond TLH will continue to notice that something special is happening here, and more people will want to be a part of it, and us.

God is with us for another year. What that entirely means is a question for another Tit Tat. But simply being aware of the question, and what it potentially means, makes this place special.

Happy New Year!!

Chaplain Ian Lutze



January



- 3 Tony Ognjanovic
- 4 Ivy Parr
- 4 Colin Henschke
- 7 Ralph Zanker
- 7 Raelene Graetz
- 10 Ferne Fyfe
- 11 Lionel Folland
- 12 Janet Thompson
- 15 Marjorie Wilkinson
- 16 Sally Schiller
- 16 Lorraine Russack
- 17 Val Ruge
- 18 Shirley Dahlenburg
- 19 Betty Braunack
- 20 Janice Fechner
- 21 Lorraine Price
- 22 Glen Noack
- 23 Jean Kuhn
- 24 Connie Doecke
- 24 Clem Jaensch
- 25 Barbara Keil Mercier
- 25 Zazilia May
- 27 Thelma Fulton



Welcome

Permanent

David Thomas

Kathleen Rochford

Respite

Iris Wandel

IRL

Patricia Hatch

TLH SHOPPING BUS

Departing approx
9.30am
Return 11.30am



Wednesday	2nd of January	Nuriootpa
Wednesday	9th of January	Tanunda
Wednesday	16th of January	Nuriootpa
Wednesday	23rd of January	Tanunda

**Please be at Reception
by 9.15am**

**The deadline for news/information for
February edition is
Monday 21st Jan 2019**

TIT TAT TEAM

Dorcas Kernich (Editor)
Ferne Fyfe, Irene Joppich, Ruth Rathjen
Geoff Munzberg

Deliveries

Glenys Greig, Glenis Kupke,



From the CEO

Lee Martin



Well, I trust you all have enjoyed the busy lead up to Christmas with your loved ones and look forward to a relaxing break while we take in the New Year.

The weather is beyond comment - hot then cold.. The vines look great and the Barossa Valley is a pretty picture.

As mentioned in the last Tit Tat we have achieved so much in 2018. We can now add to the list the title of "Best Community Float" in the 2018 Barossa Christmas Parade held on the 7th December 2018. The TLH float brought to life the artwork of the River of Life that is displayed in the Gramp corridor. With the assistance of TLH residents from the Home and ILUs, volunteers, IRL's family and staff the float presentation was remarkable. It was great fun on the night – everyone involved were delighted with the experience. Being awarded the prize tops it all off bigger and better next time. A big thank you to the organisers of the float.

The major focus for the next couple of months is the completion of a submission to the Aged Care Royal Commission. This is a very comprehensive process and will require many hours of work by a small team putting statistics together. Bev Galway will head up the team. Over the coming weeks it is requested that if there are any day to day issues regarding clinical processes or care I invite you to talk to me directly. Happy for people to make appointments via Britany or if my door is open come and say hello. As a trial there will be some changes in who sits in what office – this will occur over the Christmas period.

The Aged Care Royal Commission does have a website. Please keep an eye on it. As previously mentioned, if you would like something clarified please come and ask me – more than happy to assist. The Royal Commission Hearings are being televised and can be watched via the website. TLH staff and the Board are being kept informed by numerous informative emails and meetings.

It is pleasing to report we have been very fortunate to have been able to employ a number of staff into clinical rolls. Welcome to you all. It is also pleasing to see that a number of staff who moved on to other engagements have returned – always happy to have staff come back. We still do have rostered hours available for qualified clinical staff – please check out the TLH website for an application form. Our goal is to reduce agency to it's bare minimum so we can ensure the Person-Centred Care model is even more successful.

The Staff General Meeting was a success with a growing number of staff recognised for their length of service and appointment as Value Champions. Congratulations to all who received Certificates. The launch of the Customer Service video was a great way to demonstrate what we at TLH expect as positive customer service. Completing the video again shows how the residents really enjoy getting involved and having fun at the same time. To all involved well done and thank you.

The project in Nuriootpa is moving along – the actual building works have commenced with seven foundation slabs completed. The house frames will be starting late January 2019. Expressions of interest in purchasing a new property continues – if you know anyone interested in joining the retirement village family please refer them Carolyn Redden.

Welcome to all new residents and their families in the facility and to the independent Retirement Living units – if there is anything we can do to make things better please let us know by completing a Feedback form readily available.

Please stay safe over the Christmas period. Do not drink and drive. If travelling, please take a rest every two hours. See you fresh and rested in the new year – I'm taking a short break. Cherie and Bev will be available in my absence.

Happy New Year 2019



Tanunda
Lutheran Home Inc

Tanunda Lutheran Home News

We support your right to share compliments, suggestions, concerns or make a complaint

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For any Feedback Comment/Complaint or Compliment complete the "Share your Experience" form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Clinical and Care:

Bev Galway – Exec. Wellbeing Care & Health Manager
(Including Allied Health & Lifestyle) bev.galway@tlhome.com.au or Ph: 8563 7757

Customer Service:

Kim Hahn – Exec. People, Culture & Customer Service Manager
(Including Catering, Food Service, WHS & Maintenance) kim.hahn@tlhome.com.au or Ph: 8563 7752

Financial:

Cherie Cheyne – Exec. Chief Finance Officer
(Accommodation Fees/Bonds) cherie.cheyne@tlhome.com.au or Ph: 8563 7768



Tanunda
Lutheran Home Inc.
Enriching the lives of our older people

Did you know.....

Podiatry Services are available at
Tanunda Lutheran Home with Government Funding.

Initial appointment \$20
Subsequent appointments \$15

Contact My Aged Care for a referral for this service on

1800 200 422

Or go to www.myagedcare.gov.au



Shared Heart Performing Arts Project

Are you an actor just waiting for your time to shine?

Don't miss this unique opportunity to develop your performance skills and travel to another country!

The Shared Heart Performing Arts Project "is an international community collaboration to devise a new piece of short theatre which explores the common experiences we share as elders of this world."

Vintage Creative Therapies is seeking expressions of interest from older community members who are willing to participate as performers in a new short, theatre performance piece entitled 'Shared Heart' to be presented as part of the 'Heart of The City Festival' in Vancouver, Canada.

No previous performance experience is necessary, but participants must be aged 65 years or older, be independent, able to travel and be willing to promote the incredible cultural diversity, skills, shared experiences and life potential of older people of the world. The performance piece will include some puppetry.

The approximate cost is \$5,000 each and participants are encouraged to undertake fundraising within their community to support their involvement in this exciting, once in a lifetime opportunity.

A brochure with more information is available at the office or contact:

Alan Hendry at Vintage Creative Therapies on **0479 007 753**.



Monday 24th December	CLOSED
Tuesday 25th December	CLOSED
CHRISTMAS DAY	
Wednesday 26th December	CLOSED
BOXING DAY	
Thursday 27th December	OPEN
Friday 28th December	OPEN
Monday 31st December	CLOSED
Tuesday 1st January	CLOSED
NEW YEARS DAY	

Merry Christmas & Happy New Year..

from The Admin Team & Alfie



Independent Retirement Living
Lionel Folland



Welcome, Lionel to TLH Independent Retirement Living. Lionel is very happy to have made the move from Gawler to be closer to his family.
Thank you for sharing your story



Lionel and siblings
Beth and Gordon

Lionel began life at the Gawler Hospital in January 1934, first child for “French” and Dulcie Folland. In due time, the family grew to three—another boy, Gordon, now living in Adelaide, and sister Beth who resides in Moree NSW. Lionel’s parents owned a small property at Willaston where they milked two cows. Later the family moved to a big old house at Gawler South and the children walked to Gawler Primary School until they became proud owners of push bikes.

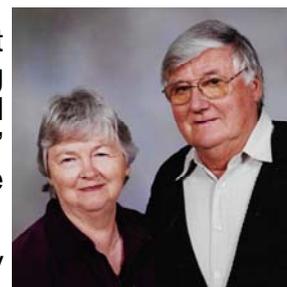
Lionel says he was an ‘average’ student but slipped back somewhat after a bout of illness and consequent removal of tonsils and adenoids, resulting in he and little sister Beth (as well as Cousin Charlie!) all being in Grade 1 together. While Beth furthered her education at a private school in Adelaide, Lionel was offered a job by Mr Bunting and, with his father’s encouragement, gave it a go. So Lionel left school in grade 6 with a good work ethic and with guidance, became a painter. He is proud to say that as a lad, he painted the front of Gawler Institute, a very big building that required the loan of a local plumber’s long ladder. But it still wasn’t long enough, presenting Lionel with a major challenge. Lionel gained employment with a building contractor who offered him five pounds a week to paint old houses. Average age at the time was three pounds! Aged 16-17, Lionel began his apprenticeship with Mr Ayling as a carpenter/joiner, maintaining a family tradition. But unfortunately Mr Ayling suffered injuries due to moving heavy cast iron bath tubs so “French” took over the business.

At the start of WWII Lionel was called up for National Service, based at Woodside, then transferred to Port Augusta for a couple of weeks driving trucks. He recalls going to Adelaide when HRH Queen Elizabeth and Prince Philip were there. Lionel was a Boys’ Scout leader in the Barossa for a long time and organized weekend camps.



Chris and James
Bartsch

Lionel met his future wife Glenice and they had two children - a son Brenton and daughter Chris who is married to James Bartsch. Lionel is proud grandfather to four and has one great grandson.



With late wife Glenice

With increasing age and loss of car and driving licence, Lionel realised he needed to consider a move. He sold his house, the car and unfortunately was followed by a spell in hospital with an attack of shingles that he claims was caused by all the worry of what to do with his 20’ x 30’ garage full of stuff! But he needn’t have worried - he was supported by his family who surprised him by moving all his belongings to his lovely new home in Hoffmann Avenue and all his shed stuff now fits into his double garage.



Continued ..

PROFILE



With Grandson Nate

These days Lionel enjoys company and entertainment once a week at TLH Barossa Club with other Clubbies, membership at Gawler Probus, playing with his large collection of 'Smurfs' when the grandchildren come and generally enjoying retirement after a full working life.

Thank you Lionel for sharing your story with our readers.



Katherine and Nate



Lionel (R) with sons John and Brenton



ED

TRAVEL TALK

SMALL GROUP TOURING

Want to experience the Small-group touring concept with leisurely regional tours throughout the UK and Europe ? Tours explore local areas that might otherwise be missed such as Cornwall, La Provence, Loire Valley, the Scottish Highlands and Northern Italy.

Maximum Group Size 18

With a maximum of 18 passengers, their professional tour leaders are able to offer a more personalised experience, with more attention to the interests of individuals and flexible touring days

Scenic back roads not freeways

Mini-coaches can travel along local roads and across breath-taking mountain passes, to find charming villages and picturesque vistas which lie beyond the well-worn tourist trails, and reach places where large motor coaches cannot go

Charming Accommodation

They choose charming accommodation to reflect the character of the region you visit, from a French chateau, to a small country inn. Every style of accommodation is in keeping with its surrounds and brings more authenticity to the itinerary

Authentic Local Experiences

Local experiences have greater appeal than attractions on the typical tourist trail. They take the time to seek out experiences where the guests can relate to local crafts and culture

Culinary Experiences

Sampling local cuisine is an integral part of experiencing the culture – not to mention one of life's pleasures. They include authentic culinary experiences which are locally sourced

Leisurely Paced Itineraries

They rarely leave the accommodation before 8.30am and the itineraries are thoughtfully planned to avoid cramming too much into one day.

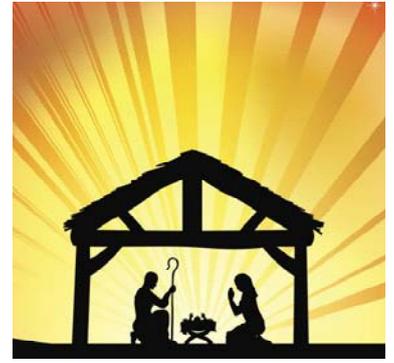
CLARKE & TURNER
TRAVEL
 ASSOCIATES

Ph 08 8563 0988
 39 Murray Street, Tanunda
travel-associates.com.au/clarke

If you would like to know more, we are having an information evening on the 30th January 2019 at Travel Associates, Tanunda. Call 8563 0988 for more details

TANUNDA
RETIREMENT LIVING

TANUNDA
RETIREMENT LIVING
2018
CHRISTMAS LUNCH



Residents from Hilda Schulz Drive, T.G. Obst Crt. and 35 Langmeil Rd. setting up.



About 80 TRL residents enjoyed a great Christmas lunch prepared and served by the TLH staff.



Chris Pfeiffer - serving Ruth Schmidt - one of several TLH Board members who helped serve the meal



Chaplain Ian Lutze asked a blessing and also conducted a profiling survey - see next page for results.



MC Brian Holthouse, with his wife Ina, relaxing before lunch



CEO Lee Martin speaking to the gathering



Reading from Helen Munzberg

TANUNDA RETIREMENT LIVING 2018 CHRISTMAS LUNCH (continued)



CEO Lee, with staff members Sharryn Hueppauff and Tania Miller wheeling out the dessert trolley.



TLH Singers sang carols and led community carol singing



Santa, with Santa's helper Carolyn extending Christmas cheer to Darrell Kupke (husband of Glenis)



Dorcas and Ray—raffle prize-winners
 Winners:

1st	Wendy Schemmeld
2nd	Dorcas Kernich
3rd	Sally Pearce
4th	Annette Boyce
5th	Joan Young
6th	Ray Giersch
7th	Sandy Swan
8th	Heather Beare
9th	Esther Flinn
10th	David Armstrong
11th	Elizabeth Jaeschke
12th	Lena Rogers
13th	Margaret Jasper

Congratulations!

Pastor Lutze's Quiz profiling TRL residents

- They prefer cool rather than hot weather on Christmas Day
- Prefer red colour to green
- Prefer real tree rather than artificial
- Like "Silent Night" better than "Hark the Herald"
- Prefer "Jingle Bells" to "Rudolph the Red Nosed....."
- Like roast turkey better than cold meat and salad
- Enjoy a quiet Christmas rather than a raucous one
- Would go to church rather than a Christmas parade
- Loving people is more important than giving gifts
- Dress in normal clothes rather than fancy hats
- Love Christmas time—not over Christmas yet
- True meaning more important than Christmas glitz
- True believers in Christmas, not Christmas Grinch



BAROSSA CLUB

"Enjoying life with fun & friends"

What is the Barossa Club?

- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program, (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.

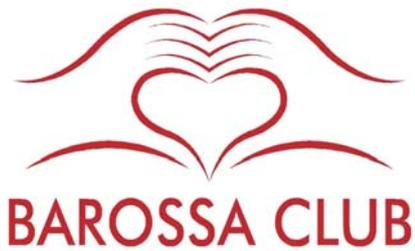


Please feel free to contact me on 8563 7701 if you would like to know more or would like to make a time to have a chat.

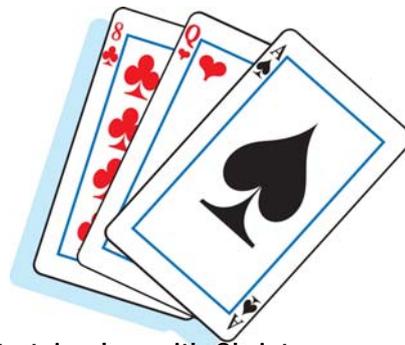
Lea Schmid
CHSP Club Coordinator

Lea Schmid
Phone: 8563 7701 — Fax: 8563 3744
Email: lea.schmid@tlhome.com.au
Website: www.tlhome.com.au

Tanunda Lutheran Home Inc.
27 Bridge Street, Tanunda SA 5352



"Enjoying life with fun & friends"



The TLH Singers entertained us with Christmas carol singing - even provided song books for the Clubbies to join in!

And So... We Welcome 2019... Where Did 2018 Go?



We trust that your Christmas time was full of laughter and cheer and you feel refreshed and ready for what this year may present for you.

Our Christmas photos will appear next month in the February edition of the Tit Tat for all to enjoy at your leisure...and what fun we had in Barossa Club as we enjoyed a variety of concerts, Christmas fun games...including 'pass the parcel' after our delicious Xmas luncheon!

A new year encourages exciting opportunities and we look forward to including new activities and guests in Barossa Club.

The Clubbies always enjoy a chat and social time whilst consuming a delicious lunch made by the great catering team here @ TLH.



Some of the Clubbies enjoying the latest bus lunch outing to Fasta Pasta in Gawler.



We are still trying to work out what is going on with the such diverse weather we are experiencing...still a continuing chat over a cuppa here in Club.

So from the Barossa Staff Club Team...Happy New Year to you all...Lea, Pam and Debbie

Pam teaching a few keen Clubbies a new game to us in Barossa Club called Sequence.

W&L
WELLNESS & LIFESTYLES
AGED CARE
services

Allied Health Department
Tanunda Lutheran Home
27 Bridge St
Tanunda SA 5352
Ph: 8563 7739
Fax: 0885633744

Wellness & Lifestyles

Some enthusiasts in the TLH Better Balance group

Tuesdays and Thursdays 9.00-10.00am

**IN THE TLH GYM - LED BY
PHYSIOTHERAPISTS**

\$6.00 per session

Better Balance

**ENQUIRIES: Phone Physios at TLH Wellness & Lifestyles
8563 7739**



**TEAM
EFFORT**

**Well
done**

FANTASTIC

Whoop Whoop



“Best Community Float”
in the 2018 Barossa Christmas
Parade held on the 7th
December 2018.

Volunteer News



The Lifestyle Team would like to thank each and everyone of the Volunteers, who have helped throughout the year. We wish you a Happy and Safe New Year 2019...

The support is amazing and is invaluable and we look forward to see what the year ahead brings to us all



Volunteer Morning Tea

Feb Morning Tea

Tuesday 5th FEB 2019

10.00am

Hope to see you there!

Happy Birthday

To all of our wonderful Volunteers for the month of JANUARY



Tuesday 1st NEW YEARS DAY— PUBLIC HOLIDAY

Wednesday 2nd

10.00 Individual Visits	TLH
10.30 Individual Visits	ABG
10.30 Bible Insights	Chapel
1.15 Sing along with Garry	Chapel
2.30 Sing along with Garry	ABG
3.30 Walking Group	ABG

Thursday 3rd

10.00 Individual Visits	TLH
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Hoy	Protea
2.00 Performance with Doug	ABG
3.30 Walking group	ABG

Friday 4th

10.00 Individual Visits	TLH
10.00 Exercise Group	ABG
1.15 Social Bingo	Chapel
2.00 Social time and Happy Hour	ABG
3.30 Walking Group	ABG

Saturday 5th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 6th

10.30 Worship Service	Chapel
-----------------------	--------

Monday 7th

10.00 Individual Visits	TLH
1.15 Social Bingo	Chapel
2.30 Social Bingo	ABG
3.30 Walking group	ABG

Tuesday 8th

10.00 Individual Visits	TLH
10.00 Knitting Group	Protea
10.30 Moovers and Groovers	Chapel
10.45 Individual Visits	ABG
1.15 Men's Group	The Shed
1.15 Carpet Bowls/Happy Hour	Chapel
3.30 Walking Group	ABG

PLEASE NOTE ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE

Wednesday 9th

10.00 Individual Visits
 10.00 Craft and Hand Wax Therapy
 10.30 Individual Visits
 10.30 **Bible Insights**
 1.15 Wheel of Fortune
 2.00 **Memory Game**
 3.30 Walking Group

TLH
 Protea
 ABG
 Chapel
 Chapel
 ABG
 ABG

Thursday 10th

10.00 Individual Visits
 10.30 Moovers and Groovers
 10.45 Individual Visits
 1.15 Andrew Vince - Playing the Saxophone
 2.00 **Sing along Doug**
 3.30 Walking group

TLH
 Chapel
 ABG
 Chapel
 ABG
 ABG

Friday 11th

10.00 Individual Visits
 10.00 Exercise Group
 1.15 Social Bingo
 2.30 Art Therapy with Helen & Happy Hour
 3.30 Walking group

TLH
 ABG
 Chapel
 ABG
 ABG

Saturday 12th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 13th

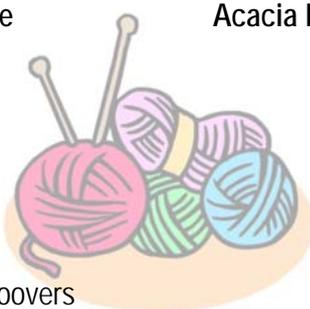
10.30 Worship Service

Chapel

Monday 14th

10.00 Individual Visits
 11.00 **Worship Service**
 1.15 Social Bingo
 2.30 Social Bingo
 3.30 Walking group

TLH
 Acacia Lounge
 Chapel
 ABG
 ABG



Tuesday 15th

10.00 Individual Visits
 10.00 Knitting Group
 10.30 Moovers and Groovers
 10.45 Individual Visits
 1.15 Men's Group
 1.15 Carpet Bowls/Happy Hour
 3.30 Walking Group

TLH
 Protea
 Chapel
 ABG
 The Shed
 Chapel
 ABG

Wednesday 16th

10.00 Individual Visits
 10.30 Individual Visits
 10.30 **Bible Insights**
 1.15 Whiteboard Trivia
 2.00 Memory Game
 3.30 Walking Group

TLH
 ABG
 Chapel
 Waratah
 ABG
 ABG

Thursday 17th

10.00 Individual Visits
 10.30 Moovers and Groovers
 10.45 Individual Visits
 1.15 George Davies Piano Accordion
 1.30 Residents meeting followed by entertainment
 2.30 Doug performing

TLH
 Chapel
 ABG
 ABG
 Chapel
 ABG

Friday 18th

10.00 Individual Visits
 10.00 Exercise Group
 1.15 Social Bingo
 2.30 Art Therapy with Helen & Happy Hour
 3.30 Walking group

TLH
 ABG
 Chapel
 ABG
 ABG

Saturday 19th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 20th

10.30 Worship Service

Chapel

Monday 21st

10.00 Individual Visits
 11.00 Worship Service
 1.15 Social Bingo
 2.30 Social Bingo
 3.30 Walking group

TLH
 Acacia Lounge
 Chapel
 ABG
 ABG

Tuesday 22nd

10.00 Individual Visits
 10.00 Knitting Group
 10.30 Moovers and Groovers
 10.45 Individual Visits
 1.15 Men's Group
 1.15 Carpet Bowls and Happy Hour
 3.30 Walking Group

TLH
 Protea
 Chapel
 ABG
 The Shed
 Chapel
 ABG

Wednesday 23rd

10.00 Individual Visits
 10.00 Craft - Vintage Festival Scarecrow Making Paper Mache
 10.00 Hand wax therapy
 10.30 Individual Visits
 10.30 **Bible Insights**
 1.15 Sing along with Garry
 2.30 Sing along with Garry
 3.30 Walking Group

TLH
 Protea Lounge
 Protea Lounge
 ABG
 Chapel
 Chapel
 ABG
 ABG



Thursday 24th

10.00 Individual Visits TLH
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Arm Chair Travel Waratah Lounge
 2.30 Memory game ABG
 3.30 Walking group ABG

Friday 25th

10.00 Individual Visits TLH
 10.00 Exercise Group ABG
 1.15 Social Bingo Chapel
 2.00 Art Therapy with Helen & Happy Hour ABG

Saturday 26th

Please ask a Carer if you wish to watch a DVD in your room or in the lounge area. Various DVDs to choose from.

Sunday 27th

10.30 Worship Service Chapel

Monday 28th Public Holiday

Australia Day



Tuesday 29th

10.00 Individual Visits TLH
 10.00 Knitting Group Protea
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Men's Group The Shed
 1.15 Carpet Bowls and Happy Hour Chapel
 3.30 Walking Group ABG

Wednesday 30th

10.00 Individual Visits TLH
 10.30 Bible Insights Chapel
 10.30 Individual Visits ABG
 1.15 Balloon Volleyball Chapel
 2.00 Sing along with Sean ABG
 3.30 Walking Group ABG

Thursday 31st

10.00 Individual Visits TLH
 10.30 Moovers and Groovers Chapel
 10.45 Individual Visits ABG
 1.15 Australia Day Theme/ Monthly Birthday Celebrations Chapel
 2.30 Doug performing Aussie music ABG
 3.30 Walking group ABG



PLEASE NOTE ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE

Happy New Year



- | | | |
|----------------------|-----------------------|-----------------------|
| Baby New Year | bubbly | Polar Bear Dip |
| Father Time | December | Times Square |
| countdown | January | clock |
| noise | first | confetti |
| ball drop | party | horns |
| kiss | music | silly hats |
| New York City | Auld Lang Syne | celebration |
| champagne | wristwatch | remembering |
| Dick Clark | fireworks | |
| midnight | resolutions | |

To answer the trivia question, look at words or phrases that are hidden in the puzzle, BUT not in the word list.

Trivia: The first director of the American FBI was born on New Year's Day in 1895. What was his name?



Answer: _____