



Chaplain's Reflection

Chaplain Ian Lutze



TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA
5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email

info@tlhome.com.au

★ Website

www.tlhome.com.au

*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.*

*Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

**DECEMBER
2017**

Lutheran
Church
of Australia



Advent 2017

... And so a new Church Year begins. We have 'calendar' years, and 'financial' years. The Chinese famously have their new year (the next Lunar New Year is February 16th). And Christians begin their new Church Year on Advent 1 (December 3rd). This year is as late as it gets, because the Fourth Sunday of Advent is also Christmas Eve.

The Season of Advent of course is the preparation for Christmas. In Advent Christians imagine that Christ has not yet been born, and we are standing in solidarity with Old Testament people wondering what 'The Day of the Lord' will look like. This year the key readings are from the prophet Isaiah, and begin with a mighty challenge to God: "Rip the sky apart and come down, and show us who you are!" Such a confident and even aggressive challenge to God shows great faith, but also shows people sometimes get desperate, the gloves come off and the day for nice prayers is over. Try it some time. It's a prayer that's good for the soul!

Advent is also about sights and sounds and colour and smells ... and stress. It is a real sensory season: Carols by candlelight on a balmy night, spread out on rugs in the park, or a cool change has come in and the candles keep blowing out and you forgot to bring a jumper. The smell of honey biscuits baking, or fresh pine, or the worrying smell of smoke on a northerly wind. The sight and taste of fresh stone fruit and cherries. And music – the best hymns of the year are heard on "Songs of Praise": O Come O Come Immanuel ... the Messiah ... Once in Royal David's City... The North Wind is Tossing the Leaves. Christmas lights and trees, tinsel, children's plays, barnyard animals, too much alcohol on a hot night, concern about who will be at Christmas dinner, sadness about who won't be there. Advent is all these things and more – in our memories or in our lived experience. Or even in our dream: "Yeah, I'd like to have a bit of that again!" I'm sure everybody in the Home, and especially those wonderful Lifestyle people, will try to ensure you have the richest and most widely-engaged Advent Season possible, and that Christmas Day will be the crowning experience of a rich season of preparations.

The Christian Year begins with joy and expectation. And with something for everyone. You can't hide a light – not even a Christmas light. And by the way, I saw the first reindeer horns in the home today. We all join in.

May you have a wonderful Advent and reflect again that the best is usually ahead of us.

Christmas Services in the Gramp Chapel

Christmas Eve - 10.30am Service of Lessons and Carols

Christmas Day - 10.30am Celebration of Christ's Birth
with Holy Communion.

Chaplain Ian



RAINFALL REPORT NOVEMBER 2017

Thank you Ralph Kernich

Selected Years	Rainfall in mm	Days of Rain	Rain Since 1 Jan.
2003	20.4	5	559.1
2004	68.2	13	531.5
2005	93.8	9	627.2
2006	29.4	6	364.1
2009	44.0	8	539.7
2010	31.0	7	499.5
2011	40.4	12	676.3
2012	7.4	7	403.4
2013	3.4	3	479.4
2014	32.8	5	513.6
2015	35.8	3	403.7
To 24th	46.2	6	457.1

Rainfall for November is slightly above average for the month. No rain fell in November 1967. The highest November recording was 102.6mm in 1952.

*Wishing our Readers
a Happy and blessed Christmas
as we celebrate our Saviour's birth.
May the Lord bless you with the gift of
His perfect peace this Christmas
and a sense of His presence in your heart .*

John 1:14 Ed.

**The deadline for news/information for
JANUARY edition is
Tuesday 26th December**

TIT TAT TEAM: Dorcas Kernich (Editor),
Myra Othams, Joan Minge
Deliveries

Glenys Greig, Glenis Kupke, Raelene Rosenzweig

Special **ST NICHOLAS DAY CONCERT** *Wednesday 6th December 7.00pm*

A feast of beautiful music
Hill & Son Grand Organ
Barossa Regional Gallery

Featuring Andrew Georg - Organist
Naomi Hede - Soprano
Tanunda Liedertafel Choir
Plus community carol singing

Adults: \$20 at the door. Children Free



VALLEY VOICES *CHOIR* **CONCERT**

TUESDAY 12th DECEMBER
1.15pm IN THE CHAPEL

All welcome

TLH SHOPPING BUS



Departing approx 9:30am
Return 11:30am **Cost \$5**

Wednesday	6th December	Nuriootpa
Wednesday	13th December	Tanunda
Wednesday	20th December	Nuriootpa
Wednesday	27th December	Tanunda

Please be at Reception by 9:15am



From the CEO

Lee Martin

Well, what a month we have had at Tanunda Lutheran Home. During the month we had a visit from the Accreditation Agency who completed a review of the following outcomes:

- Human Resource Management
- Clinical Care
- Complaints & Compliments
- Medication Management
- Continuous Improvement



It is a pleasure to report that we received a Met in all areas. Thanks go to all staff who assisted during the day. Special thanks to Kim, Bev and Cindy for all the preparation completed prior to the assessments. The result shows that the systems are now coming together.

We have also just completed a major funding review of our Aged Care Funding Instrument - ACFI. Again, the work completed prior to the day was very beneficial. To all the staff involved over the three days thank you for your continued professionalism and efforts. The results of the review will be known in the next couple of weeks.

Then we had the Strawberry Fete. Did you notice all the signs around Tanunda? What a great day was had by all those who attended. I am confident to say we had twice as many people attending this year than last year. The vibe was electric – everyone was having a really nice time. The stall holders were very happy with the amount of business they generated and were looking forward to coming back next year. The residents had fun – mingling amongst the large number of visitors. There was certainly a lot of food consumed – the BBQ, the strawberries, biscuits and the cheese platters were very well supported. Planning for next year has already started.



Have you seen the corridor to the Gramp Building? The champions of each of the Tanunda Lutheran Values are now displayed for all to see. Well done to all staff selected to share their passion. We have received lots of positive comments regarding the professional attitude of staff and the positive vibe. Thank you and please assist by spreading the good word.

Project updates:

Schaedel Street, Nuriootpa Project - The announcement of the preferred contractor will be released soon. Expression of Interest in the project has been excellent - application forms are available – please see Carolyn Redden if you need more information. The model of the project has certainly added to the conversations.

27 Bridge Street Master Plan - Stage One - The development consultants are now busy preparing the next layer of plans and documentation for the Tendering and council approval process.

27 Bridge Street Master Plan - Have you noticed the change in the landscape – the Zerk and Steicke wings have now been demolished and the final clean-up of the site is underway. The area will be prepared to allow for parking.

Do you know someone who would like to join the Tanunda Lutheran family? We have vacant units available throughout the ILUs – please let your friends know. A reward is being offered if a referral leads to a sale.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know. Should you know of any staff who would like to work for us please get them to submit their resume' to Kim Hahn.

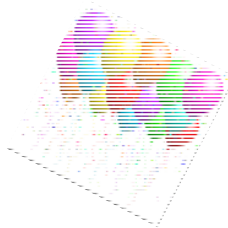
You are never too old to set another goal or to dream a new dream - C. S. Lewis

Lee Martin - 26th November 2017



DECEMBER

- 02 Audrey Leske
- 06 Gordon Fechner
- 12 Mavis Waples
- 13 Elaine Leditschke
- 20 Alan Hall
- 20 Dot Warren
- 29 Jean Hentschke
- 30 Gladys Kroemer
- 31 Venus Bessell
- 29 Peter Mattner



INDEPENDENT LIVING

Brian and Ina Holthouse
6/35 Langmeil Road, Tanunda
Phone: 0417 081 522

RESPITE

Mavis Gerhardy - TC3-22
Betty Holness - TC3-18
Margaret Twelftree - TC3-22

PERMANENT

Iris Kleinig - Waratah 63
Stuart Wilkinson - Waratah 72
Michael Bright - Banksia 01
Ronald (Ron) Thiele - Acacia 01
Peter Mattner - Protea 29



DEATHS

*Our deepest sympathy
to the families of:*

Clem Schmidt - died 30th October
F (Danny) Riedel -died 11th November
Edgar Jaunzarins -died 16th November
Elsie Wallent -died 25th November

Rest in Peace



JUST FOR FUN!

*A man walking down the street says to his friend,
"I'm a walking economy."
His friend replies, "How's that?"
"It's like this—my hairline is in
recession, my stomach is a victim of inflation
and the combination of these factors is putting me
into a deep depression."*



Did you hear about the race between the hose, the tomato and the lettuce? The hose is still running, the tomato is trying to ketchup and the lettuce is ahead.

INDEPENDENT LIVING RESIDENTS

Saturday 2nd December
Ladies' Get Together

1.30pm in Courtyard Café

First Saturday of each month

Please bring small plate of food

Enquiries: Margaret Spike 0481 255 041

Volunteer of the Month Extraordinaire



ROGER FYFE



*Photographs:
Me, my family, and friends Erica and Wendy*



Hi folks! Woof Woof! I'm proud to be selected as Volunteer of the Month. I love visiting residents regularly in care at Tanunda Lutheran Home, accompanied by my mother Ferne who likes to chat with my friends there. She is also a valued part of the newly formed TLH Singing Group.

You might be interested in my profile as I'm a very lucky dog indeed, sharing a home with my mother Ferne and father Ken Fyfe – Ken writes poems on various topics which are published in *Tit Tat* from time to time.

We'll start at the beginning when I was born in Elizabeth on 7th September 2012. My birth mother was a Maltese Shitzu terrier - and as for my birth father – he was a sneaky little dog from down the road who I never really got to know. When six weeks old, I was adopted by my much loved mother and father. (They think they're the boss, but, being so cute, I have a very sneaky method of getting my own way!) On my first night, my mother had a lovely little bed for me beside hers – but I decided that I didn't like it so I cried and she was soft enough to let me into her bed, where I've slept ever since! My mother feeds me chicken for dinner and liver treats at night when I go to bed.

Incidentally, and very importantly, prior to my parents moving in to Arrawarra Place, they were assured that yes, they could keep me otherwise we wouldn't be part of the TLH family. I'm glad I was made welcome, but I do have to behave!

I was a very clean little pup. My mother had no problems training me – I had only two accidents inside the house! When I was six months old, I was getting a bit bored so my mother decided that I should go out to work! She introduced me to the staff and residents at TLH – so for the last five years I've been visiting there regularly and hope that I will be able to continue for many years to come.

I love playing with my ball – that's my very, very favourite thing to do. My friend Jasper is a CAT but don't tell anybody!! He lives in my house too so I have to be nice to him. I have also learned to spell! I know when my parents say we're going for a W-A-L-K in the P-A-R-K! A few of the other many words in my vocabulary are "Collar and lead" and a very special one is D-I-N-N-E-R". Every evening I meet lots of my doggie friends (as many as 15, all shapes and sizes) down at Peter Lehmann's winery where we all socialise at the Doggie Club and enjoy our fun and games. Being a safe place, we are let loose and run around freely. I also have a doggie cousin called Charlie and I love to play with him.



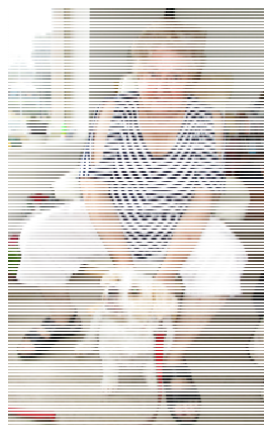
I'm already famous apart from this profile because I appeared as a celebrity live on ABC TV due to my popularity visiting residents in care at Tanunda Lutheran Home. I love going to see all my friends at the Home and they love seeing me. Some of them allow me to jump up on their beds, but I know instinctively who are the more fragile dears so I'm always very gentle with them. Others prefer a cuddle and make a fuss of me and I enjoy that too. My mother can be quite mean when I am offered an occasional tit bit and won't allow me to accept them, saying I'm getting too fat! How can anybody feel that I'm getting too fat??

Thank you for honouring me as Volunteer of the Month. As I said previously, I hope that I can continue visiting my TLH friends for many years to come. I wish all our readers a very happy Christmas and hope you enjoy a doggone good dinner.

Bye for now - Woof Woof!

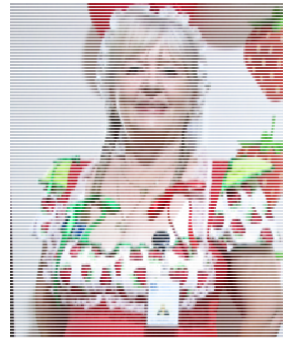
Roger Fyfe

PS— Check out my father's latest poem on page 8.



Around the Home

Staff Long Service Awards - Demolition - Melbourne Cup - CEO - Friday Dress up Day - Ivy's new 'baby' - Strawberry Fete





Remembrance Day Service



← Lee Martin CEO, Rob Hutchinson, Chef



Neville Alderslade , Glenis Kupke

Welcome New Staff



Stephanie Vickers
Receptionist



Thank you Annette—yet another amazing display



Let's laugh



"I'm sorry," said the flower shop assistant. "We don't have any potted geraniums. Would you like African violets instead?"
The customer replied, "No, it was geraniums my wife told me to water while she was away."

The Oldest Computer can be traced back to Adam and Eve - The Apple! But with extremely limited memory - Just one byte then everything crashed!



Hayley's son Abel enjoyed the Strawberry Fete too

LOXTON "LITTLE TOWN" TOUR

**Plans for the Tour to Loxton,
Friday 22nd December 2017**

3.30pm Depart TLH - Front Office

6.00pm Opportunity to visit/peruse stalls at the "Bethlehem Market" at St. Peter's Lutheran Church grounds and purchase BBQ tea and/or other nibbles. (Some may prefer to take their own meal.)

7.00-8.15pm "Unexpected Moments" in St. Peter's Church.

ADMISSION: Adults \$7 Children \$4.

8-30p.m. Depart Loxton, arriving TLH by 11.00pm.

Bus Fare \$40 per person to be paid at the TLH Front Office prior to departure.

**If there is any further interest please contact
Oscar or Irene Joppich
Phone 8563 1312**



Dual Citizens

by Ken Fyfe - Independent Living resident

Our Government says that multicultural, is the proper path to take,
But, checking M.P.s being dual citizens makes it look a big mistake.
It almost makes things incompatible; having one without the other,
And like all games with missing players, it can cause a lot of bother.
So, will multicultural be the answer; helping us be good Australians,
When we now have some M.P.s, on the verge of being called aliens.
It seems they kept us in the dark, about where they did come from,
And thought, dual citizenship seems right; if you're a Kiwi, or a Pom.
That's like our National party leader now; our Ozzie/ Kiwi Vice P.M.
He may be wondering who or what he is; one of us or one of them?
Thank God he wasn't really sure; he may have done what Kiwi's do,
And had our M.P.s do that 'Haka' thing; we all need something new.
They could have done it, while accompanying, the Ozzie Didgeridoo.
As Malcolm Turnbull thought as usual; what would Tony Abbott do?

*For somehow, not only at Christmas,
but all the long year through,
the joy you give to others
is the joy that comes back to you.*

John Greenleaf Whittier

TLH CHAMPION TOMATO GROWER

Can you beat this?
Meet Jim Winter
Independent Living



As one passes Jim's unit on Schiller Crt, the huge, healthy plants in his amazing raised bed vegetable garden are a good reason to stop, admire, and maybe feel just a little bit envious! Back in the wintry weather, Jim's young tomato plants were seen, snug and warm, sheltering inside their two-litre plastic bottles.

Now at the end of November, those plants have grown to an enormous size and are already bearing a sizeable crop! Jim's favourite varieties are Improved Big Red and Tommy Toe. Cucumbers, coriander and a variety of herbs and vegies are also thriving.

Well done, Jim

Ed.



*Give generously, for your
gifts will return to you later*

Holy Bible—Ecclesiastes 11.1



TRAVEL TALK

EDINBURGH MILITARY TATTOO

One of the most iconic events on the festival calendar, this is a must see show for all the family. Set against the backdrop of Edinburgh's imposing castle, The Royal Edinburgh Military Tattoo is one of the most iconic events in Edinburgh's calendar. Bringing together audiences from across the globe, the Edinburgh Tattoo celebrates the skills and talents of military bands and display teams from the British Armed Forces, the Commonwealth and military teams throughout the world.

Each year approximately 220,000 people attend this impressive showcase of military talent. Audiences get into the spirit and stamp and cheer to the sounds of the military pipes and drums, clap to the Highland Dancers and watch in awe at some of the daredevil feats of accomplished motorcyclists or intricate marching formations.

The Edinburgh Tattoo takes place every weekday evening during the busy festival season, normally in August, with two performances on Saturday evening. Visitors to the second performance on Saturday night will enjoy a spectacular Fireworks display which illuminates the sky and cascades over the castle.

Many escorted tours are available that include the best tickets to the Military Tattoo. Why not incorporate a tour that includes a rail trip on the West Highland Line, renowned for its incredible views across the Scottish countryside. Include a rail trip along the shores of the Firth of Forth and climbs into the hills, before pulling into Birkhill, a picturesque town set on a wooded incline.

If you would like any further information please give me a call or pop into Travel Associates in Murray Street, Tanunda .

Please contact [Carolyn](#) at Clarke and Turner Travel Associates on 8563 0988 if you need further information.



Holiday Tunes

Away in a Manger
 Choir of the Bells
 Dominick the Donkey
 Frosty the Snowman
 Holly Jolly Christmas
 Jingle Bell Rock
 Jingle Bells
 Let it Snow
 Little Drummer Boy
 Little St Nick
 O Holy Night
 Rudolph
 Santa Baby
 Silent Nigh
 Silver Bells
 The Christmas Song
 The First Noel
 Winter Wonderland

S	G	R	D	A	M	A	F	C	I	F	Z	Z	X	F	K	U	H	J	X
W	A	W	A	Y	O	B	R	E	M	M	U	R	D	E	L	T	T	I	L
C	K	M	B	H	P	L	O	D	U	R	J	T	G	J	I	H	Z	N	O
Z	D	W	T	Z	E	D	S	Y	E	L	C	B	Y	R	T	G	C	G	K
G	N	O	S	S	A	M	T	S	I	R	H	C	E	H	T	I	J	L	L
Q	A	N	K	O	I	D	Y	A	L	F	D	G	I	R	L	N	B	E	D
X	L	S	O	X	Q	R	T	B	T	I	N	W	X	N	E	T	O	B	J
D	R	T	J	T	I	R	H	V	A	A	H	X	I	P	S	N	A	E	W
F	E	I	F	W	V	T	E	C	M	B	E	U	U	B	T	E	S	L	S
N	D	T	U	C	C	H	S	A	Y	A	A	I	N	S	N	L	C	L	Q
B	N	E	V	X	E	G	N	X	I	L	M	T	R	I	I	I	Y	R	W
F	O	L	N	I	A	I	O	Z	T	K	L	I	N	X	C	S	J	O	U
B	W	V	E	S	Y	N	W	K	M	G	F	O	O	A	K	T	E	C	N
G	R	O	K	A	C	Y	M	V	Z	E	U	A	J	Y	S	L	D	K	U
M	E	Q	W	Q	O	L	A	O	H	K	P	I	T	Y	K	B	N	M	Q
G	T	A	P	U	I	O	N	T	S	L	L	E	B	E	L	G	N	I	J
L	N	F	G	C	Z	H	N	S	L	L	E	B	R	E	V	L	I	S	E
I	I	Y	E	K	N	O	D	E	H	T	K	C	I	N	I	M	O	D	S
L	W	B	T	K	S	L	L	E	B	E	H	T	F	O	R	I	O	H	C
U	I	M	U	Y	F	C	J	H	B	X	B	V	R	U	M	Q	C	Y	B





Volunteer News

Gina Nelson - Manager of Volunteers—8563 7775

Hello Everyone,



Christmas is nearly upon us. This is a time to spend with those that are most important to us...our loved ones. Christmas is a time for us to reflect on the year that has passed and to look forward to the wonderful times ahead.

However each one of you spend your Christmas I wish you and your loved ones peace, love and happiness not only for now but for the year ahead.

Merry Christmas Everyone
xxoo



Monthly Morning Teas



Come along and join me for a beautiful morning tea!
Tuesday 5th December
10.00am in the Social Centre
(training at 10.30am to follow)



HAVE YOU REMEMBERED TO SIGN IN & OUT?

Manual Task Training for Volunteers

For volunteers who may undertake heavy or repetitive tasks such as pushing princess chairs etc. You will be taught how to minimise risk of injury.

Dates :

Tue 5th & Wed 6th Dec

Sessions:

10.30 to 11.30am or .30pm to 2.30pm

Please contact me to register your interest in attending



1st- Philippa Both



5th - Bev Mattner

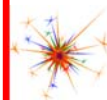


5th - Margaret Kroehn



14th - Joan Schiller

15th - Valerie Rainsford



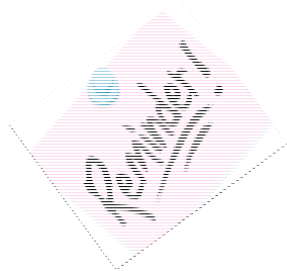
18th - Christine Mitchell



23rd - Coral Bittner

31st - Alison Hamann





Resident Meeting

Thursday 21st

In the Chapel 1.15pm

Come along & have
your say!



Friday 1st

10.00 Individual Visits	TLH
10.00 Craft with Helen	ABG
10.30 Wisdom of The Elders	Chapel
1.15 Bowls with Happy Hour	Chapel
2.30 Individual Visits/Happy Hour	ABG
3.30 Walking Group	ABG

Saturday 2nd

Sunday 3rd

10.30 Worship service with Holy Communion	Chapel
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Monday 4th

10.00 Putting up Christmas tree & morning tea	Trinity L
10.00 Floor Games	ABG
10.15 Hymn Singing	Chapel
11.00 Worship service with Holy Communion	ABG
1.15 Social Bingo	Waratah
2.00 Bingo	ABG
4.00 Walking Group	ABG
6.00 Individual small group activities	ABG

Tuesday 5th

10.00 Putting up Christmas tree & morning tea	Protea D
10.00 Floor Games	ABG
11.00 Exercises with the physio	Chapel
1.15 Social Bingo	Waratah
1.15 Men's Group	Men's shed
3.30 Christian Meditation	TC2 Lounge
3.00 Walking Group	ABG

Wednesday 6th

10.00 Putting up Christmas tree & morning tea	Acacia
10.00 Putting up Christmas tree & morning tea	Waratah
10.30 Bible Insights	Chapel
10.45 Newspaper Reading	Protea
1.15 Sing a long with Gary	Chapel
3.00 Sing Along with Gary	ABG

Thursday 7th

10.00 Decorations in Lounge areas	TLH
10.00 Floor Games	ABG
11.00 Exercises with the physio	Chapel
1.15 White Board Trivia	Waratah
1.30 Doug Venning Performing	ABG
3.00 Walking Group	ABG

Friday 8th

10.00 Putting up Christmas tree & morning tea	Grevillea
10.00 Decorations in all areas	TLH
10.30 Wisdom of the Elders	Chapel
1.30 Christmas Concert, Terry & Dawn	Chapel
2.30 Happy Hour/ Social Time	ABG
3.00 Walking Group	ABG

Saturday 9th**Sunday 10th**

10.30 Worship service with Holy Communion	Chapel
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Monday 11th

10.00 Individual Visits	TLH
10.15 Hymn Singing	Chapel
11.00 Worship service with Holy Communion	Acacia
11.00 Floor Games/ Hooky	Grevillea
1.15 Social Bingo	Waratah
1.15 Christmas Craft	Protea
2.00 Bingo	ABG
3.30 Walking Group	ABG

Tuesday 12th

10.00 Individual Visits	TLH
10.00 Knitting group	Protea
10.00 Mobile Clothing	Protea
11.00 Floor Games.	ABG
11.00 Exercises with the physio	Chapel
1.15 Valley Voices Choir	Chapel
1.15 Men's group	Men's shed
3.00 Walking Group	ABG
3.30 Christian Meditation	TC2 Lounge

Wednesday 13th

10.00 Individual Visits	TLH
10.30 Craft	Protea
10.30 Bible Insights	Chapel
10.00 Putting up Christmas tree & morning tea	Banksia
1.15 Christmas Bingo	Waratah
1.30 Memory Game	ABG
2.30 Walking Group	ABG

Thursday 14th

10.00 Individual Visits	TLH
10.15 Newspaper Reading	TLH
11.00 Exercises with the physio	Chapel
11.00 Floor Games	ABG
1.15 Armchair Travel	Waratah
1.30 George Davies	ABG
3.00 Walking Group	ABG

Friday 15th

10.00 Individual Visits	TLH
10.30 Floor Games	ABG
10.30 Wisdom of the Elders	Chapel
1.15 Bowls & Happy Hour	Chapel
2.30 Happy hour and social time	ABG
3.00 Walking Group	ABG

Saturday 16th**Sunday 17th**

10.30 Worship service with Holy Communion	Chapel
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Monday 18th

10.00 Individual Visits	TLH
10.15 Hymn Singing - Christmas Breakup	Chapel
10.30 Craft	Protea
11.00 Worship service with Holy Communion	Acacia
1.00 Floor Games	ABG
1.15 Social Bingo	Waratah
2.00 Bingo	ABG
3.30 Walking Group	ABG
6.00 Showtime	ABG

Tuesday 19th

10.00 Individual Visits	TLH
10.00 Knitting group	Protea
11.00 Floor Games\ Soft Ball Games	ABG
11.00 Exercises with the physio	Chapel
1.15 High Tea and Birthday Celebrations	Chapel
1.15 Men's group	Men's shed
3.00 Paper Reading	ABG
3.30 Christian Meditation	TC2 Lounge
4.00 Walking Group	ABG
6.00 Individual small group activities	ABG

Wednesday 20th

10.00 Individual Visits	TLH
10.30 Social chat in garden area	Protea
10.30 Bible Insights	Chapel
10.45 Bocce	ABG
1.15 Lorraine Gregory & Gary Wharton	Chapel
2.30 Golden Memories	ABG
4.00 Walking Group	ABG
6.00 Individual small group activities	ABG

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Thursday 21st

10.00 Individual Visits	TLH
11.00 Floor Games	ABG
10.15 Newspaper Reading	TLH
11.00 Exercises with the physio	Chapel
11.00 Bean Bag throwing	Acacia
1.15 Residents' Meeting	Chapel
1.45 Ten Pin Bowling	Chapel
3.00 Doug Christmas Concert	ABG
6.00 Show Time	ABG

Friday 22nd

10.00 Individual Visits	TLH
10.30 Art and Craft	ABG
10.30 Wisdom of the Elders	Chapel
1.15 Bangers & Mash Christmas Party	Chapel
3.00 Golden Memories	ABG
4.00 Individual Visits	ABG

Saturday 23rdSunday 24th

10.30 Worship service with Holy Communion	Chapel
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Monday 25th

Christmas Day



(Public Holiday)

Tuesday 26th

Public Holiday

Public Holiday

REMEMBER
Afternoon Lifestyle Programs
may now commence at 1.15pm

Wednesday 27th

10.00 Individual Visits	TLH
10.30 Bible Insights	Chapel
11.00 Hooky	ABG
1.15 Bingo	Waratah
2.30 Carpet bowls	ABG
4.00 Walking Group	ABG
6.00 Show Time	ABG

Thursday 28th

10.00 Individual Visits	TLH
10.15 Duck Shooting	Protea
11.00 Floor Games	ABG
11.00 Exercises with the physio	Chapel
1.15 Arm chair Travel	Waratah
1.15 Volley Ball	Chapel
2.00 Memory Game	ABG
3.00 Golden Memories	ABG
4.00 Walking Group	ABG

Friday 29th

10.00 Individual Visits	TLH
10.30 Art and Craft	ABG
10.30 Wisdom of the Elders	Chapel
1.15 Bowls and Happy Hour	Chapel
2.30 Happy Hour and social time	ABG
3.30 Walking Group	ABG

Saturday 30thSunday 31st

10.30 Worship Service with Holy Communion	Chapel
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