



Chaplain's Reflection

Chaplain Ian Lutze



SPIRITUAL AUDIT

In these last few months I've completed updating the spiritual profile for all the residents of the aged care facility. This has happened through confidential conversations with all residents, or with their next of kin if the resident hasn't been able to partake in such a conversation.

This audit has achieved a number of things:

- 1) I've had lots and lots of conversations with all the wonderful people in the home. I've learnt so much more about everybody, and am in such a better position to be an effective chaplain to each and every resident.
- 2) A very practical outcome of the audit is that I have a very up to date list of all the people who like to be invited to church on a Sunday. This list enables the following:
 - 2a** The list gels with the lists in the nurses' stations, so that care staff are able to prioritise preparation for people who are likely to want to go to church
 - 2b** The list is given to wheelchair volunteers from the local churches so that they only knock on the doors of people who've indicated they like to be invited
 - 2c** Residents who don't want to be invited don't have to be hassled by the poor volunteers who keep asking each week, and keep getting a negative response from the same people.
- 3) We are able to treat people a little more like adults in their spiritual life trusting that spirituality comes in many shapes and sizes, is often hard-won, and that we simply want to support that.
- 4) We can see that the home progressively becomes a more diverse community with more people arriving from a variety of Christian traditions, but also with no Christian tradition, or indeed from a different tradition. The Home will naturally reflect society at large, although with a bit of a time lag.

Speaking of multi-culturalism have you noticed that more staff are being hired from non-Australian/European backgrounds? Fantastic people hired for their talents. Wonderful people of faith too, in a number of guises. Take the opportunity to get to know them, and sensitively enquire about their faith and culture. You'll be pleasantly surprised and inspired.

An area I haven't been able to give a lot of attention to so far is the ILU community. I've met many of you incidentally, which has been a pleasure. I'm also aware that many of you are quite independent with many strong links to the community, and wouldn't therefore need the services of the TLH chaplain. But it would be great to have the conversations to verify these things, and simply get to know you better. "All in good time" as they say. I again wish you many blessings for your time with us.

Chaplain Ian

TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA
5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email

info@tlhome.com.au

★ Website

www.tlhome.com.au

*The Home is a Christian
Community where, in a
family environment,
Residents and Staff provide
mutual care.*

*Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

**NOVEMBER
2017**

*Lutheran
Church
of Australia*





RAINFALL REPORT

OCTOBER 2017

Ralph Kernich

Rainfall for the month of October (to 24th) of 16.02mm is well below the October average for Tanunda of about 56mm.

Since 1868 when Tanunda recordings began October rainfall has varied considerably. The wettest was in 1949 with 140.6mm and the driest in 2006 when no rain was recorded for the month. There were several years when less than 10mm were recorded in October.

Thank you Ralph for this information

TLH SHOPPING BUS



Departing Approx **9:30am**

Return 11:30am **Cost \$5**

| | | |
|-----------|---------------|-----------|
| Wednesday | 01st November | Tanunda |
| Wednesday | 08th November | Nuriootpa |
| Wednesday | 15th November | Tanunda |
| Wednesday | 22nd November | Nuriootpa |
| Wednesday | 29th November | Tanunda |

TLH LIBRARY

Open Wednesday and Friday

9.00 to 12 noon

Friendly Volunteers will help you select something to read from the wide variety of books and magazines.

Also available are many
Puzzles, CDs, DVDs



**Pop in to the TLH Library
at Trinity 1 entrance**

Tanunda Lutheran Home

Memorial Service

To remember and give
thanks for all residents
of TLH who have died
in the past 12 months.

26th November 2017

at 2.00pm

Gramp Chapel

27 Bridge Street

Tanunda

Theme - Bridges



**The deadline for news/information for
DECEMBER edition is
Friday 24h November**

TIT TAT TEAM: Dorcas Kernich (Editor),
Myra Othams, Joan Minge

Deliveries

Glenys Greig, Glenis Kupke, Raelene Rosenzweig

From the CEO

Lee Martin



So, Spring is here and the Barossa Valley is a picture. The view from my office is wonderful, thanks to the band of volunteers who pruned the roses a few weeks ago. I now have a beautiful display of very colourful roses.

Did you remember to turn your clock forward? It is time to remind everyone that the days are now getting longer and the air temperature is rising. Please ensure you take care by wearing cooler clothing, drinking more water, using the air-conditioner or fan when needed, staying inside in the heat of the day and slip, slap slop if working out-side.

The start of silly season is getting close. Ensure you plan and enjoy the functions and parties drink in moderation and eat healthily. Please don't drink and drive call a friend or a taxi. If planning the Christmas holiday ensure the car is ready organise a safety check and plan for rest stops. For those staff taking a break soon stay safe, enjoy and come back refreshed.

The focus for the facility this month has been training. All staff are attending person centred care and leadership training. From the feedback being received staff have been impressed with what they are learning. Feel free to ask staff what they have learnt. Thank you for being patient with the increase in use of agency staff but in the very near future this will be reduced.

On 27th October 2017 staff are attending a General Staff Meeting this is an opportunity to get all staff together to share. Many staff will be recognised for their years of service and other achievements. I take this opportunity to thank staff for their dedication in providing the care and services to all in the facility and independent living areas. Whilst there have been several staff changes it is believed we are developing a more sustainable, positive and teamwork culture of ensuring resident outcomes are met.

Project updates:

Schaedel Street, Nuriootpa Project - Tender documentation for Stage One has been reviewed and the selection process has been completed. The announcement of the preferred contractors will be released soon. Expression of Interest in the project has been very good, application forms are available, please see Carolyn Redden if you need more information.

27 Bridge Street Master Plan - Stage One - The Barossa Council have approved The Development Application. The appointment of the development consultants and next layer of plans is now occurring.

27 Bridge Street Master Plan - You may have noticed the construction safety fence has been moved. This is because work will commence on the demolition of the Zerk and Steicke Wings. Work is expected to take six to eight weeks.

We do have vacant units available throughout the ILUs please let your friends know. A reward is being offered if a referral leads to a sale.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable, if you have any ideas on how to improve things please let us know. Should you know of any staff who would like to work for us please get them to submit their resume' to Kim Hahn.

Lee Martin— 19th October 2017

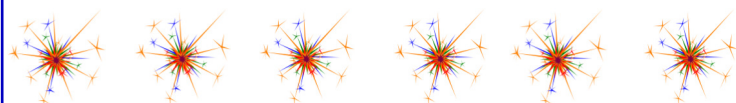
***Stop* worrying about what you have to lose and start focusing on what you have to gain...**



NOVEMBER



| | | |
|----|--------------------|---------|
| 1 | Ivy Winton | Protea |
| 3 | Lena Rogers | IL |
| 5 | Elizabeth Ruediger | IL |
| 5 | Mavis Schubert | IL |
| 6 | Erika Aubrey | Waratah |
| 9 | Alison Redden | IL |
| 10 | Trevor Starick | Protea |
| 12 | Glenda Armstrong | IL |
| 18 | Clair Altus | IL |
| 20 | Dorothy Warren | Trinity |
| 23 | Tess Swaby | Trinity |
| 24 | Lissa Claridge | Waratah |
| 25 | Ruth Tainish | IL |
| 28 | Jeanette Muir | IL |
| 28 | Lois Mattner | IL |
| 29 | Frank Graetz | IL |



More Cards Players

to play 500 and Euchre
Alternate Mondays in
Social Centre.

Contact Ray Giersch 8563 2770

welcome



INDEPENDENT LIVING

Glen Noack
24 Schiller Court
Phone 0481 310 734

RESPITE

Beryl Handke TC3-18
Beryl Kroschel TC3-18
David Thomas TC3-22
Elsie Wallent TC3-18
Lindsay Anderson Waratah 72

INTERNAL TRANSFER

PERMANENT

Rosalyn 'Ros' Whiteford TC2-11



DEATHS

*Our deepest sympathy
to the families of*

Doreen Garrett died 26th September
Shirley Fuller died 6th October
Rebecca Whittle died 9th October
Ron Jungfer died 10th October

Rest in Peace



INDEPENDENT LIVING RESIDENTS

Saturday 4th November
Ladies' Get Together

1.30pm in Courtyard Café

First Saturday of each month

Please bring small plate of food

Enquiries: Margaret Spike:0481 255 041



From the Chaplain

NOVEMBER – THE MONTH FOR REMEMBRANCE



Remembering those who have died is naturally an important part of life in a retirement village, where we become used to saying goodbye to loved ones, friends, residents, even staff and colleagues at times. There are three ways we remember people in the month of November:

All Saints Day on November 5th. This is the theme for the Sunday Service in Gramp Chapel on Nov 5th, and continues over to the ABG service on the Monday. Everybody is given a small flower as we remember somebody that we have lost during the year, or indeed somebody we continue to remember from years past.

Remembrance Day on November 10th It's on the 11th of course, but we're having a small commemoration service on the day before. An opportunity to remember our fallen soldiers, the price paid by some for the freedom of many, including those veterans who have passed in recent times. The service is a Lifestyle activity at 1.30pm Friday afternoon, followed by an afternoon tea.

The Home's Memorial Service on November 26th. This is a service to remember all who have died in the aged care facility and ILUs from November 2016. See the posters around the home, and the notice in this *Tit Tat*. Families and friends of loved ones are specially invited to this service.

Please consider carefully whom you have lost this year, and which is the most appropriate service at which you may remember them. Note that only the Home's Memorial Service will list names.

Ian Lutze, Chaplain

Thank You

**TLH BOARD
MEMBERS
WHO ALL SERVE
IN A
VOLUNTARY
CAPACITY**



Chris Pfeiffer
Chairman



Joan Lindner



Chris Bartsch



Karen Dutschke



Nick Schuster



Max Stollznaw



Andrew Schilling



Liz McGregor



Judy McDonald



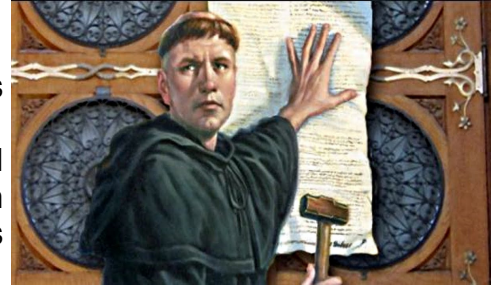
From the Chaplain

95 THESES – 500 BIRTHDAYS

We've just completed a 500th birthday of the event often thought of as the symbolic start of the Reformation in Germany: **The Nailing of the 95 Theses on the Wittenberg Door**. There's been celebrations all around the world, including here in the Barossa. A most interesting series of events was the combined Lutheran/Catholic celebrations in Adelaide. Which perhaps begs the question for some of us, Why would the Catholic Church be celebrating? Wasn't this the big 'parting of the ways' event?

In my recent reading and reflection I'd say a better question is "Why not?" Let me explain.

There's come to be a lot of romance attached to the event at Wittenberg. It's like this young Martin Luther, in his rough-sewn smock, was taking on the sophisticated gentry in Rome, all by himself. Simply because he had an idea, again acquired all by himself, that the Church was wrong in all manner of ways. And come hell or high water, Luther was going to fix the problems. The hammer banging in those nails was like a rallying cry across Europe. A call to arms. The beginning of a noble battle. Hammering nails even symbolised crucifixion, that Luther would go to the cross like his Lord and Saviour to defend his cause.



We can't see the Catholics celebrating that! And yet we are celebrating together. Why? Because Lutherans and Catholics have discovered together that Luther was a total Catholic 'insider' as he set those theses on the door. Luther had studied theology in the Erfurt University (Catholic). He drew on the best modern theological methods and trends at the time, he belonged to the Augustinian Order and now, as an upcoming professor of Wittenberg University, he had some points that he wanted to debate, and used the usual method to put it out there that he wanted a debate. Others had done it just recently. As it turned out Luther's 95 theses weren't interesting enough to be picked up. So that's basically the end of that story. And yet Luther was showing great promise as a Catholic professor in a Catholic university, and it's totally right that the Catholics should celebrate him, even to this day.

It's a bit like South Australians celebrating a home grown footballer when he wins the Brownlow Medal, even though he's played most of his career for an interstate team, and used his great skills against the home side. We'd celebrate that person, right?

But there's more, and there's no 'spin' in this next bit: Martin Luther went on, using Catholic theological tools, to discover the true wonder and power of God's grace in Christ. Again, not the first person at the time to do that. But Luther used all his theological skill and sense of timing and courage, to raise up the one doctrine that protects grace, the Doctrine of Justification, as chief of doctrines, and allowed the power of this focus to change the church in radical ways. We know that this was too much for the Catholic leadership, even though arguably they created the environment where Luther could emerge and flourish. So there was a parting of the ways, a schism of the Church in Europe. But the Catholic Church has recently acknowledged that Luther was right in his Doctrine of Justification, and that they basically agreed with it anyway. So they're celebrating Luther with us in these days.

How interesting is any of this in our day and age? Especially to your young people who seem to have a real aversion to Church 'doctrines' these days? The very idea of doctrine appals them. Doctrine sounds like a lack of freedom, and totalitarian states. But Luther's point was that good doctrine liberates. Bad doctrine keeps people in chains. Luther's Doctrine of Justification allows freedom, forgiveness and grace, so that countless millions of people could get out of bed with more confidence and joy than they ever had. And what is set free by having that confidence and joy, a feeling that God is a friend and all is forgiven? Free thinking, great ideas, courage to make mistakes. Arguably young people in the west are more free 500 years later, because of reformers like Luther, who changed the world to less authoritarian systems of being. Freedom needs protecting though, and you find a lot of bad doctrine outside the church too. The Church battles on like it always has to fight for good doctrine that protects grace, and Christ, and freedom: for all of us, including for all who will always take freedom for granted.

Ian Lutze, Chaplain

PROFILE

FRANK and VERA GRAETZ Independent Living

Both Frank and Verna have river blood in their veins—they were born and raised in the Riverland region, and met at a ball in the Loxton Institute. Frank recalls Verna standing out in the crowded hall wearing a beautiful lemon gown. Life and various employment opportunities caused them to move quite a lot before retiring here seven years ago to their comfortable home in Lindner Court. Thank you Frank and Verna for sharing your story.



**Frank and Verna's
Diamond Wedding photo**

Verna grew up on the family property in the Riverland. Her father, Herb Heinrich had a farm three miles from Moorook, about 20 miles west of Loxton. Verna, one of four children, attended the local primary school before completing her formal education at Loxton High. Due to distance, she boarded in Loxton, returning home each weekend. Frank was raised at Loxton, the youngest child of a family of 12 children, only three of whom are still living. Frank's father, a labourer, was employed by a local carrier, carting stumps to the Berri Pump House and had to cross the river by punt. His mother, in spite of her large family and huge work load, even took in boarders to make ends meet. Monday was always wash day, and with no mod cons, and, as many of our readers can recall, it took all day. Frank attended Loxton Lutheran Day School then went on to the Loxton Area for secondary education.

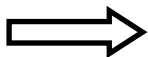
Romance blossomed following their meeting at a ball in the Loxton Institute. Verna was a nurse at the Loxton Hospital and in 1955 they married and settled down in their first home together next door to the St Peters Lutheran church. Later they share-farmed on Herb's property at Moorook. These were tough times. After about ten years and having suffered a number of severe droughts, Frank was forced to find employment elsewhere. For about three months he worked for Alec Knispel, a well known Moorook fruit blocker, carting and packing oranges for the Central Market seven days of the week. For this he was pleased to earn 50 pounds weekly, which was considered very good money. Verna kept the home fires burning on the farm, milking cows and separating the milk, as well as caring for their two young children. Her father, who had retired in Loxton, advised her to stay indoors at nights, keeping the collie dog inside too for safety, as he was a good watch dog.

It was in the early seventies when they left the Riverland. It was difficult to recruit labourers on the fruit block, so they looked around for a change in lifestyle and a location nearer to family members. By this time they had been blessed with three children, LEEAN, Ashley and Sheryl, who have provided Frank and Verna with eight grand-children and two great-grandchildren. So they made the decision to relocate to Angaston the Barossa Valley appealed to them, being more central, convenient and a beautiful part of South Australia. Frank soon found a job with David Linke as truck driver, whilst Verna established what became a very busy, popular bakery/tearooms in Angaston. Her clients enjoyed one of the very first cappuccino coffee machines in the Valley. But after seven years, with retirement looming, they decided to sell the business, purchased a caravan, and enjoyed travelling leisurely around Australia in fact so much that they drove around Australia twice in both directions. They continue on caravanning adventures at regular intervals, having storage space for their van here at TLH.

Their Angaston home though was set on a hill and with a sloping yard, was not really suitable for an ageing couple. So where would they finally settle? They decided to make the move to Tanunda Lutheran Home whilst they were both together and could manage the shift themselves. So now this lovely couple appreciate the excellent features of their home in Lindner Court and enjoy Volunteering Frank is an expert pruner and shares his skills at pruning time Verna serves as rep for their Independent Living area and together they cheerfully help out wherever they are able. God bless you both!



See photo over page



Ed.

With children LEEAN, Ashley, Sheryl

Profile

Concluded



Graetz family. Frank, the youngest of 12 children, is centre front. An older brother Cliff, died aged 12.

Welcome New Staff



Gladys Ondieki
Carer



Neville Parham
Maintenance



Nick Kinyanjui
Carer



Rachel Strudwick
Admin



Stephen Bennink
Housekeeping

TRAVEL TALK

Ocean Cruising

With a choice of more than 300 ships small, large and everything in between and about 2,000 ports of call across the world, [there is a perfect cruise for everyone](#). Cruising allows you to immerse yourself in the life around you different cultures and countries with the perk of only having to unpack once. On a cruise, you can see the world, unwind completely, experience diverse cultures, dance the night away, feast on fabulous cuisine, learn new skills, make new friends and bond with your family. The possibilities are endless, and the benefits are plentiful...

Value for Money

Whatever type of cruise you choose, it will include your accommodation, food, travel, entertainment and, often, other additions.

Discover New Locales

Waking up in a different place nearly every day is a definite bonus. Explore different regions easily and comfortably.

Unpack Once

When you board the ship, you really have arrived at your home away from home, and you won't need to pack again until the end of the cruise.

Experience Different Cultures

Cruising offers you the opportunity to immerse yourself in various cultures. By visiting different countries, you will be able to learn, absorb and explore the world around you.

Shore Excursions

One of the greatest ways to experience the very best of your ports of call is to participate in your cruise ship's shore excursions. These could include cultural walking tours, cooking schools, shopping tours and many adventures Book these prior to your cruise or at the beginning so you don't miss out.

Cruise Special. Cruise from Adelaide on your 8-night A Taste of Tasmania Cruise on board Pacific Eden. You will visit Melbourne, Hobart, Port Arthur and Coles Bay. From \$984 pp.

**Please contact Carolyn
at Clarke and Turner Travel
Associates on 8563 0988 if
you need further information**

CLARKE & TURNER
TRAVEL
ASSOCIATES
Ph 08 8563 0988
39 Murray Street, Tanunda
travel-associates.com.au/clarke

WHAT'S ON



*Another outstanding
Little Town
Christmas Production*

St Peter's Lutheran Church-Loxton

**Don't
Miss!**

**Don't
Miss!**

Locally written and produced - **FRIDAY 22nd DECEMBER**
Arrangements are in hand to hire a bus
Register your interest BY SATURDAY 11th NOVEMBER
to Oscar and Irene Joppich 8563 1312
DETAILS SUPPLIED AS THEY BECOME AVAILABLE

Adults \$7 Children U16 \$4 Family \$18

**Don't
Miss!**

EXPO LIVING AND DYING WELL WITH SERIOUS ILLNESS

**Wednesday 8th November
3.30-6.30pm**

Barossa Arts & Convention Centre
Magnolia Rd, Tanunda

**The Expo will showcase the care and
support services available locally for
people living with a serious illness.**

This event will give members of the community
an overview of the services available to better
manage serious illness and learn more about
end of life decision making.

Afternoon tea provided
FREE EVENT - Register now
Northernhealth.net/expo
Or phone 8209 0700

STRAWBERRY FETE

**Independent Living residents
are having a stall**

*Donations of saleable items
will be gratefully accepted.*

New or used in good condition.

Nothing too big

Jams, pickles, pot plants, cuttings,
vegetables, cards/crafts etc.

**Items can be left with Kim Huxtable
Unit 2- 35 Langmeil Road
Phone 0429 792 891**

OR Ring Kim for pickup service

STRAWBERRY FETE RAFFLE

Check out the great selection of prizes at Reception

**Tickets: \$1 each or 3 for \$2 - Drawn 24th November
2.00pm**



IL Bus Trip to Blyth



Soup
for
lunch



Daphne Gower
Max & Mavis
Schubert



Off to Blyth



Margaret Meyer

Those who travelled to Blyth with the IL group on 19th October thoroughly enjoyed the outing. Though a small town, it boasts many fascinating features, indicating the close working relationship and fervour of the locals.

Points of interest for our group were the Art display, Movie (*Singing in the Rain*), morning tea, lunch, and camaraderie within the IL group.

Photography: Thanks Oscar Joppich



Wendy Schiller



Delicious morning tea



Frank Schapel



Beth Hage, Iris Ellis, Ray Giersch,
Don & Elizabeth Nance, Alison Redden

- * ***Did you hear about the person who fell into an upholstery machine? They're fully recovered.***
- * Work is for people who don't know how to fish.
- * ***Ageing: You know you're getting old when you hear more snap, crackle and pop in your joints than in your breakfast cereal.***
- * Problems are like washing machines—they twist us, spin us and knock us around, but in the end we come out cleaner, brighter and better than before.

- * The only trouble about being a good sport is that you have to lose to prove it.
- * ***A hammer sometimes misses its mark—a bouquet never.***
- * Past experience should be a guide post—not a hitching post.
- * ***Running into debt is bad, but it's running into creditors that finally hurts.***



Independent Retirement Living at Tanunda Lutheran Home at our offsite locations

Units Available for a Licence to Occupy

Unit 7/45 Hoffmann Avenue, TANUNDA is available at Lyel Kohlhagen Estate. This unit is nestled amongst ten units, comprising three bedrooms, the main has built in robes, a large ensuite bathroom and a second toilet. The open plan living/dining and kitchen area has a reverse cycle air conditioner for your comfort. Other features include a single garage under main roof with a remote roller door, ceiling fans inside and a manageable courtyard back garden area.

This unit is available now for \$315,000.00.

Unit 4/120 Menge Road, TANUNDA is a brand NEW home that is situated amongst seven units which are in walking distance to the "Rex", Faith College and our Alf Pellegrini Drive group of seven units. This beautiful unit has high quality floor coverings throughout and a very modern functional kitchen with a corner pantry and side opening oven. The master bedroom has a reverse cycle split system, walk through robe, spacious ensuite, small store room and second toilet, ceiling fans, reverse cycle air conditioning in the living/dining area, single garage with remote roller door, with access direct to the unit. The back has a small courtyard garden where you can create your own space.

All this for \$340,000.00.

Unit 2/15 Arrawarra Place, TANUNDA is situated amongst six units that overlook the park in the beautiful Langmeil Estate. The main bedroom has a reverse cycle split system, a walk through robe and spacious ensuite. The kitchen has been thoughtfully designed and overlooks the open plan living and dining areas of the unit. At the back there is an alfresco entertaining area as well as an additional pergola for plants etc. Other features are a second toilet with small vanity, ceiling fans and a single garage with remote roller door with entry into the unit.

This unit is available for \$342,000.00

This is an opportunity to enjoy retirement living at its best, to be surrounded by like minded people who care about one another, people who continue to maintain their own interests in the community.

The best part is the reassurance of being owned and operated by the Tanunda Lutheran Home who is there to maintain your home.

If you would like to view
or talk more about any of these homes,
please contact Carolyn Redden
Tanunda Lutheran Home Inc
27 Bridge Street Tanunda SA 5352
Phone 08 8563 7777



The Military



WE WILL REMEMBER THEM

Y O V N O C V E T E R A N G E
G W N O F F I C E R E S C U E
E F O A I R C R A F T O R E H
T I I U N I F O R M L L I K S
A G S K N A T F M E P B O M B
R H S O I D A R Y A P D U T Y
T T I C A R R I E R R P V A E
S N M K S A N A V Y O I I S B
I E E S P W D E U K T C N K O
R G D I Y J O I N G C O K E S
O R I R U L E S Y I T U L E S
R U C T N A T I L I M S R I T
R S A T T A C K T E G R A T P
E N L I S T A F F W E A P O N

ADJUTANT
AIRCRAFT
AIR FORCE
ARMY
ATTACK
BOMB
CAMP
CARRIER
COAST
GUARD
COMMANDER
CONVOY
DUTY
ENLIST
FIGHT

JOIN
MARINES
MEDICAL
MILITANT
MINE
MISSION
NAVY
OBEY
OFFICER
PILOT
RADIO
RANGE
RECRUIT
RESCUE
RISK

RULES
SKILL
SKIPPER
SPY
STAFF
STRATEGY
TANK
TARGET
TASK
TERRORIST
TRUCK
UNIFORM
VETERAN
WAR
WEAPON

BIRDS

*Remaining letters will spell
an extra bird*

BLACKBIRD
BUDGIE
CANARY
CARDINAL
CHICKEN
CRANE
CROW
DODO
DOVE
DUCK
EAGLE
EMU
FALCON
FINCH
FLAMINGO
GOOSE
HAWK
HERON

MAGPIE
MARTIN
MOCKINGBIRD
MYNA
OSTRICH
OWL
PARAKEET
PARROT
PELICAN
PIGEON
RAVEN
ROBIN
SEAGULL
SPARROW
SWAN
TURKEY
VULTURE
WOODPECKER

W K D R E K C E P D O O W H
O W N R S W A N N F O J A Y
R A O U I G M I N G I V M T
C H E R L B T B N O U N U I
P T G E R R K I U L C R C M
E E I O A A M C T D K L O H
L E P M S A P U A E G C A U
I K O W L T R S Y L K I M F
C A L F H E R O N I B E E O
A R L C A R D I N A L V D N
N A U K C U D G C E S O O G
A P G R R O B I N H D D G B
R M A G P I E N E K C I H C
Y N E W R E N T O R R A P I
E R S D D R A V E N A N Y M

Let's Laugh!

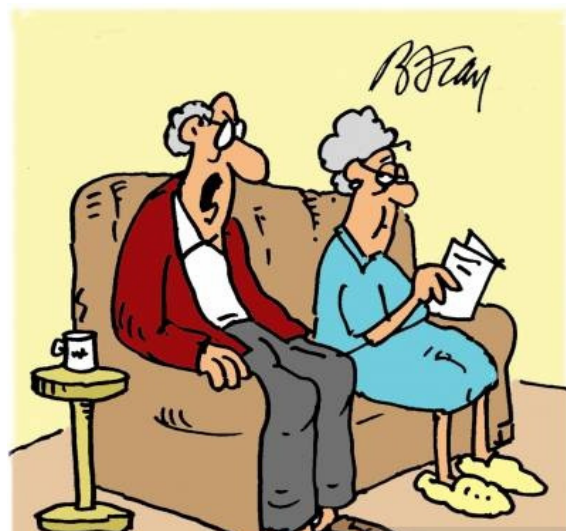
FIRST CHOICE ?

by Ken Fyfe—Independent Living

When my alarm first woke me up today, a little voice said in my head "You should not get up at all today, you'll be much better here instead. This looks like being a real bad day, when most things, will go wrong, Here in bed you'll miss that hassle; you should stay where you belong". I knew I'd heard that little voice before and that I'd heeded what it said, It said something sort of similar then; I'd stayed tucked up, safe in bed. But, this time I thought I'd just ignore it; it almost sounded, too surreal, I knew my wife would not have liked it; fairly sure how she would feel. That's when I heard her calling loudly, "That alarm can wake the dead, And that's more or less how you'll be too; if you don't get out that bed". I knew things were getting harder and chores increase if you've retired, And though they're always done *'pro bono'*; I didn't feel at all inspired. Perhaps I'd heard the voice of reason; but I'm not good at tempting fate, So I hopped out of bed as she was calling, "Hurry up, we're running late". I stubbed my toe as I jumped out; which didn't help my fragile feelings, And I muttered rather uncouth words; still pleased we had high ceilings. Then, I brushed my teeth and lost a filling, shaved and nicked my chin, This time the little voice kept quiet; instead, my wife's voice had cut in. She said; "I fried you eggs and bacon, but *your* cat jumped up and ate it", While I bemoaned my loss, she spoke again, "I hear, bacon's overrated.

So, I've toasted you some toast instead, although it's slightly overdone", I thought the right word was *cremated*; but I just said, "Thank you, Hon". By now my coffee had gone really cold; I used the microwave to heat it, With toast that's burnt, you need a drink; you wash it down, don't eat it. In my haste I sort of burnt my mouth; the coffee now, was much too hot, Then, with my blistered lips distracting me; my morning tablets I forgot, Well, the shopping didn't go so good; my wife said, "Specials all go fast, We could have got here really early; we're never first, we're always last". But we shopped; then put it in the car; of course I dropped a box of eggs, Most were broken so we just drove home; I now had yellow trouser legs. And when we got home with the shopping; I felt the *'lack of tablets'* pain, My wife asked me how that felt, then said; "You've forgotten them again. Take them now then you go back to bed; shopping's really not much fun, I'll put it all away, then wash those jeans; a woman's work is never done".

Then, when I was going to the bedroom, I heard her talking on the phone, Saying; "It's not the shopping, it's the hassle, I like shopping on my own". And as I climbed in bed, I wondered why; and if I'd hear that little voice? Then it said, "I hate to say *'I told you so'*; but at least you got first choice".



"I'm just saying, if our income is 'fixed', how come we're broke?"



"Male, 38, still living with his parents. They asked us to keep him overnight so they could change the locks."



"The doctor is running behind. I wasn't entitled to a senior discount when I first came in."



Tanunda
Lutheran Home Inc.

STRAWBERRY FETE 2017

FRIDAY 24TH NOVEMBER

10am to 3pm Gramp Chapel

27 Bridge St, Tanunda



VOLUNTEERS WE NEED YOU



To support this major fundraising event, we need as many volunteers as possible to help on the day, by volunteering your time to help in any way that you can!

If you are already volunteering your time to the Strawberry Fete, We thank you very much.

**Please contact Gina on 8563 7759
to register your help.**



Volunteer News

Gina Nelson - Manager of Volunteers - 8563 7775

Hello Everyone

This month we have the upcoming Strawberry Fete on Friday 24th November. My team and I have been busy planning for the last 3 months to make sure the day will be a big success.

This will be my first Strawberry Fete as Social Manager. I'm very excited and look forward to the day and to everyone that will be helping. Please let me know if you are able to help on the day as I know already many of you will be.

Thank you once again for all your help and support.

Keep Smiling Everyone X

Manual Task Training for Volunteers

For volunteers who may undertake heavy or repetitive tasks such as pushing princess chairs etc. You will be taught how to minimise risk of injury.

Dates : 5th & 6th December
Sessions: 10.30am to 11.30am
or
1.30pm to 2.30pm

Please contact me to register your interest in attending

Monthly Morning Teas

**Come along and join me for a beautiful morning tea!
Tuesday 7th of November
10.30am in the Social Centre**



I hope to see you there!



**HAVE YOU REMEMBERED
TO SIGN IN & OUT?**



1st - Elizabeth McGregor

1st - Carol Allen

3rd - Lena Rogers

3rd - Jeneth Secker

15th - Trevor Ratsch

17th - Karen Dutschke

19th - Clair Altus

21st - Wendy Howett

25th - Joyleen Graetz





Resident Meeting

Friday 17th
In the Chapel 1.15pm
***Come along & have
 your say!***

**Bus trip around
 Angaston
 With Afternoon Tea
 At
 Bethany Reserve**

Thursday 23rd November
1pm-2.30pm

Please see Lifestyle staff for more
 information



Wednesday 1st

| | |
|-------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Bible Insights | Chapel |
| 10.30 Craft | Protea |
| 1.15 Water Ping Pong | Chapel |
| 3.00 Musical Afternoon | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Showtime | ABG |

Thursday 2nd

| | |
|--------------------------------------|---------|
| 10.00 Individual Visits | TLH |
| 11.00 Floor Games Basketball | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Arm Chair Travel | Waratah |
| 2.00 Memory games | ABG |
| 3.00 Newspaper Reading /Local gossip | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Showtime | ABG |

Friday 3rd

| | |
|------------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Tenpin Bowling \ Floor Games | ABG |
| 10.30 Wisdom of The Elders | Chapel |
| 1.15 Bowls with Happy Hour | Chapel |
| 2.30 Golden Memories | ABG |
| 3.30 Individual Visits/Happy Hour | ABG |

Saturday 4th

Sunday 5th

| | |
|--|--------|
| 10.30 Special Memorial Worship service with Holy Communion | Chapel |
|--|--------|

Monday 6th

| | |
|---|---------|
| 10.00 Individual Visits | TLH |
| 10.15 Hymn Singing | Chapel |
| 11.00 Soft ball Games | ABG |
| 11.00 Worship service with Holy Communion | ABG |
| 1.15 Social Bingo | Waratah |
| 2.00 Bingo | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Tuesday 7th

| | |
|---------------------------------|-----------|
| 10.00 Individual Visits | TLH |
| 10.00 Knitting group | Protea |
| 10.45 Ball Games | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.30 Melbourne Cup | Protea |
| 3.30 Christian Meditation | C2 Lounge |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Wednesday 8th

| | |
|----------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Bible Insights | Chapel |
| 10.45 News Paper Reading | Protea |
| 1.15 Sing a long with Gary | Chapel |
| 3.00 Sing Along with Gary | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Thursday 9th

| | |
|---------------------------------|---------|
| 10.00 Individual Visits | TLH |
| 10.45 Basket Ball | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 White Board Trivia | Waratah |
| 2.00 Memory Game | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Friday 10th

| | |
|-------------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Wisdom of the Elders | Chapel |
| 10.30 Floor Games | ABG |
| 1.30 Remembrance Day Service | Chapel |
| 2.30 Happy Hour/ Social Time | ABG |
| 4.00 Individual Visits / Happy Hour | ABG |

Saturday 11th**Sunday 12th**

| | |
|---|--------|
| 10.30 Worship service with Holy Communion | Chapel |
|---|--------|

Monday 13th

| | |
|---|-----------|
| 10.00 Individual Visits | TLH |
| 10.15 Hymn Singing | Chapel |
| 11.00 Worship service with Holy Communion | Acacia |
| 11.00 Floor Games/ Hooky | Grevillea |
| 1.15 Social Bingo | Waratah |
| 2.00 Bingo | ABG |
| 3.30 Walking Group | TLH |
| 6.00 Show Time | ABG |

Tuesday 14th

| | |
|------------------------------------|------------|
| 10.00 Individual Visits | TLH |
| 10.00 Knitting group | Protea |
| 11.00 Floor Games\ Soft Ball Games | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Social Bingo | Waratah |
| 1.15 Men's group | Men's shed |
| 3.00 Paper Reading | ABG |
| 3.30 Christian Meditation | TC2 Lounge |
| 4.00 Walking Group | TLH |

Wednesday 15th

| | |
|----------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Craft | Protea |
| 10.30 Bible Insights | Chapel |
| 10.45 Bocce | ABG |
| 1.15 Lorraine Gregory performing | Chapel |
| 2.30 Golden Memories | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Thursday 16th

| | |
|---------------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 11.00 Exercises with the physio | Chapel |
| 11.00 Floor Games | ABG |
| 1.15 Volley Ball | Chapel |
| 1.30 Afternoon with Margaret (Music) | ABG |
| 2.30 Art and Craft | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Friday 17th

| | |
|----------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Art and Craft | ABG |
| 10.30 Wisdom of the Elders | Chapel |
| 1.15 Residents' Meeting | Chapel |
| 1.45 Bowls Happy Hour | Chapel |
| 2.30 Golden Memories | ABG |
| 4.00 Individual Visits | ABG |

Saturday 18th**Sunday 19th**

| | |
|---|--------|
| 10.30 Worship service with Holy Communion | Chapel |
|---|--------|

Monday 20th

| | |
|---|---------|
| 10.00 Individual Visits | TLH |
| 10.15 Hymn Singing | Chapel |
| 11.00 Worship service with Holy Communion | ABG |
| 11.00 Floor Games | ABG |
| 1.15 Social Bingo | Waratah |
| 2.00 Bingo | ABG |
| 3.30 Walking Group | TLH |
| 4.00 Individual Visits | ABG |
| 6.00 Show Time | ABG |

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Tuesday 21st

| | |
|---------------------------------|------------|
| 10.00 Individual Visits | TLH |
| 10.00 Knitting group | Protea |
| 11.00 Floor Games | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Men's Group | Men's Shed |
| 1.15 Social Bingo | Waratah |
| 3.00 Cross Words /Puzzles | ABG |
| 3.30 Christian Meditation | TC2 Lounge |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Wednesday 22nd

| | |
|---------------------------|--------|
| 10.00 Individual Visits | TLH |
| 11.00 Ten Pin Bowling | ABG |
| 10.30 Bible Insights | Chapel |
| 1.15 Sing along with Gary | Chapel |
| 3.00 Sing along with Gary | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Thursday 23rd

| | |
|---------------------------------|---------|
| 10.00 Individual Visits | TLH |
| 11.00 Floor Games | ABG |
| 10.15 Hymn Singing | Chapel |
| 11.00 Exercises with the physio | Chapel |
| 11.00 Bean Bag throwing | Acacia |
| 1.15 Arm Chair Travel | Waratah |
| 3.00 Doug performing | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Friday 24th

STRAWBERRY FETE

**Saturday 25th****Sunday 26th**

| | |
|---|--------|
| 10.30 Worship service with Holy Communion | Chapel |
|---|--------|

REMEMBER

Afternoon Lifestyle Programs may now
commence at 1.15pm

Monday 27th

| | |
|---|---------|
| 10.00 Individual Visits | TLH |
| 10.15 Hymn Singing | Chapel |
| 11.00 Floor Games Tennis | ABG |
| 11.00 Worship service with Holy Communion | Acacia |
| 1.15 Social Bingo | Waratah |
| 2.00 Bingo | ABG |
| 3.30 Walking Group | TLH |
| 6.00 Show Time | ABG |

Tuesday 28th

| | |
|---------------------------------|------------|
| 10.00 Individual Visits | TLH |
| 10.00 Knitting group | Protea |
| 11.00 Floor Games Hooky | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Men's Group | Men's Shed |
| 1.15 Social Bingo | Waratah |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Wednesday 29th

| | |
|-------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Bible Insights | Chapel |
| 11.00 Ten Pin Bowling | ABG |
| 1.15 Residents' meeting | Chapel |
| 1.45 Volley Ball | Chapel |
| 2.30 Art and Craft | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

Thursday 30th

| | |
|---------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 11.00 Floor Games Basketball | ABG |
| 10.15 Hymn Singing | Chapel |
| 11.00 Exercises with the physio | Chapel |
| 1.15 George Davies | Chapel |
| 2.00 Memory Game | ABG |
| 3.00 Golden Memories | ABG |
| 4.00 Walking Group | TLH |
| 6.00 Show Time | ABG |

