



Chaplain's Reflection



Chaplain Ian Lutze

TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
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5352

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*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.*

*Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

**OCTOBER
2017**

Lutheran
Church
of Australia



One of the nice things for people with a Christian heritage or practice is that our Teacher and Lord, Jesus himself, liked walking. He enjoyed getting out and about, meeting people, enjoying the world around him and having a sense of what was going on. So his teaching is colourful, lively, and down-to-earth, brimming with joy, hope and spicy critique, reflecting what he saw very day.

Being Christians living in the Barossa is also a delightful experience because Jesus' environment and our environment are so similar. I love driving up Gomersal Road every day, seeing the wheat coming into head, the grape vines sprouting, sheep on the hills, watching the change of seasons. Imagery of Jesus as the Good Shepherd, the Sower, the Vine and Branches, even references to mustard seeds, are immediate and obvious in our visual environment.

Of course Jesus' world is different too. His words of wisdom "The sabbath is made for man, not man for the Sabbath", don't work as easily these days, because we don't live in a Jewish theocracy.

Although, I do like to annoy my wife by quoting "Traffic lights were made for man, not man for traffic lights" when I'm tempted to run a red light and nobody is in sight! Different cultures will see different things that Jesus saw. For example, cities with a strong military presence in Central America will identify with Jesus as he saw armed Roman soldiers every day. But the images of sheep and goats might be more difficult. Jesus' approach of turning daily experiences into universal wisdom translates to every community though, especially his oft-quoted words, "The first will be last and the last first." Every community has its inequalities. Ours certainly does. Churches get into aged care, and other social work, because older people are at risk of being left behind in so many ways. Our ethos is to care for each person as if they were the most valid of people to have a chance to live well.

I wish you a good Spring. I invite you to get out if you can, and let your imaginations and faith be lit up again as you see the world that Jesus saw. And if you can't get out then enjoy the indoors and lap up the care of an organisation that believes you're worth it, because that's what Jesus thought.

TWILIGHT IN THE BAROSSA

Saturday 21st October 5.30pm

Barossa Regional Gallery

A concert of beautiful music featuring

Eleanor Blythman—Vocal

Scott Angove, Steve Kaesler

playing the Hill & Son Grand Organ

Tommy Ng & James Yip

On viola and piano

Mark Sandon—accompanist

Fundraiser for HeartKids in Barossa

\$25 adults. \$20 conc. \$10 students

Chris: 0428 337 132.email ejleske@gmail.com



RAINFALL REPORT

SEPTEMBER 2017



Rainfall for the month of September of 38.7mm (up to 26th) is a little above half the average for the month.

The lowest September figure was 7.4mm in 1944 and the highest 164.6mm in 1912.

Thank you very much Ralph for
this
interesting information



TLH SHOPPING BUS

Departing approx 9:30am
Return 11:30am Cost \$5

| | | |
|-----------|--------------|-----------|
| Wednesday | 4th October | Tanunda |
| Wednesday | 11th October | Nuriootpa |
| Wednesday | 18th October | Tanunda |
| Wednesday | 25th October | Nuriootpa |

- ♦ The reward of a thing well done is to have done it.
- ♦ Mud slinging is lost ground.
- ♦ God estimates us not by the position we are in but by the way we fill it.
- ♦ A man's true wealth is the amount of good he does in this world.
- ♦ Wealth buys leisure but not wisdom.
- ♦ What looks dark in the distance may brighten as you draw near.

Keep saving those used postage stamps.

Simply cut used stamps from envelopes,
allowing a one cm border

**There are receptacles for used
stamps at
Protea desk and Reception**

**MANY THANKS TO THOSE WHO
HAVE ALREADY HANDED IN STAMPS**

The deadline for news/information for
NOVEMBER edition is
Thursday 26th October
TIT TAT TEAM: Dorcas Kernich (Editor),
Myra Othams, Joan Minge
Deliveries

Glenys Greig, Glenis Kupke, Raelene Rosenzweig

Lee Martin

From the CEO



Well what a September 2017 we who live and work at Tanunda Lutheran Home have had. History in the making.

The ground-breaking ceremonies on the 10 September 2017 went off without a hitch. The Governor of South Australia the Honourable Hieu Van Le AC and Mrs Le commented several times how much they enjoyed the day. The presentation of the facility on the day was excellent due to the efforts of the maintenance team well supervised by Hollie Moar. The food prepared by our own catering staff led by Rob Hutchinson demonstrated their new culinary skills in presenting the High Tea. To all staff and volunteers who assisted in making the day, thank you.

It was great to see so many attending the ceremonies – Stephen Knoll – MP, Mayor Bob Sloane, Rev Dr Ruddell and Board Members joined the many residents from the ILUs and the facility in making the day special. Special thank you to Selina Schiller for presenting the flowers to Mrs Le and the Faith College band and singers for their entertainment.

We have now received the council permission to go ahead with the demolition of the Zerk and Steicke wings. This is a major step towards the future of Tanunda Lutheran Home. It is recognised there is a lot of history and memories associated with these two buildings. They are well past the use by date and it is time to say goodbye to them. Work is expected to commence later in October 2017. A function is being organised for a farewell – look out for the posters.



Day 1 - Zerk Wing Demolition

Being an avid Crows and Sturt football fan – I've had a great month seeing the teams win. Go the Crows in the Grand Final – I'm sure they can finish the year off on a high and bring home the 2017 cup. For the first time I have ended on top of the Footy tips competition – looking forward to next year.

Staff over the past couple of weeks have been attending training with even more to come. The resident centred care and neighbourhood models of care are nearing the implementation dates. If you have any questions regarding the changes please feel free to approach me about them. Exciting times ahead.

I am very pleased with the reactions received from those who have come and viewed the models that have been constructed to show the future of Tanunda Lutheran Home and the Schaedel Street projects. If you haven't seen them yet they are in the front entrance to the home.

Project up dates:

Schaedel Street, Nuriootpa Project - Tender documentation for Stage One has been reviewed and the selection process is currently occurring to confirm the preferred contractors. Expression of Interest application forms are now available please see Carolyn Redden if you need more information.

27 Bridge Street Master Plan - Stage One - the Barossa Council have approved The Development Application. The appointment of the development consultants and next layer of plans is now occurring.

27 Bridge Street Master Plan – The demolition of the Zerk and Steicke wings is confirmed. It is planned for work to commence during late October 2017. A farewell function is being organised.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable, if you have any ideas on how to improve things please let us know. Should you know of any staff who would like to work for us please get them to submit their resume' to Kim Hahn.

If we're growing, we're
always going to be out of
our comfort zone.

John C. Maxwell

Lee Martin - 26th September 2017



OCTOBER

| | | |
|----|------------------------|-----------|
| 1 | Margaret Meyer | IL |
| 3 | Shirley Schutz | Grevillea |
| 4 | Jayne Pfeiffer | IL |
| 7 | Frieda Pascoe | Acacia |
| 7 | Richard Winter | IL |
| 8 | Lil Kernich | IL |
| 9 | Val Lehmann | IL |
| 9 | Mary Brown | Acacia |
| 12 | Kathy Kohlhagen | IL |
| 15 | Beth Hage | IL |
| 15 | Frank Schapel | IL |
| 16 | Dorothy Tonkes | IL |
| 18 | Raelene Rosenzweig | IL |
| 18 | Rosalie Harries | Acacia |
| 18 | Gary Jones | Protea |
| 26 | Audrey Schilling | Waratah |
| 26 | Robert Tanti | Protea |
| 29 | Gladys Saegenschnitter | Banksia |
| 30 | Joyce Schulz | Waratah |
| 31 | Sarah Krollig | Protea |

welcome



RESPITE

Rhonda Peltz — TC3-18
Bev Zeunert—TC11

INTERNAL TRANSFER

Gary Jones—Protea 46—Protea 39
Enid Graetz—Protea 39--Protea 46

PERMANENT

Patricia Hunter — TC1-02
Rebecca Whittle — Waratah 63
Daphne Nobes—TC3-25

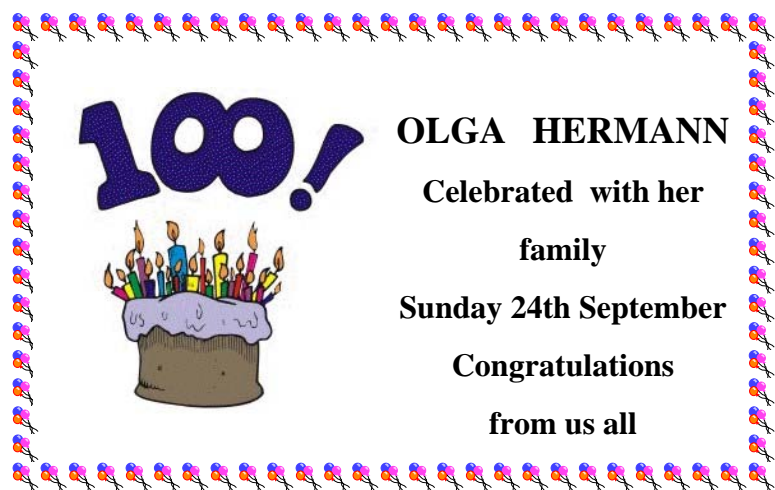


DEATHS

*Our deepest sympathy
to the family of*

Des Wallace - died 17th September

Rest in Peace



INDEPENDENT LIVING RESIDENTS

Saturday 7th October
Ladies' Get Together

1.30pm in Courtyard Café

First Saturday of each month

Please bring small plate of food

Enquiries: Margaret Spike 0481 255 041



Ground Breaking Ceremony Langmeil Road site



HIS EXCELLENCY THE HONOURABLE HIEU VAN LE AC
GOVERNOR OF SOUTH AUSTRALIA
Breaks the First Sod

It was a very special occasion on Sunday 10th September 2017 when a major step was taken in the exciting venture: Stage One—The Thirty Year Plan

This Langmeil Road venue has seen dramatic changes over the years. Due to their age, five little 60 year old cottages built in 1956 were demolished in 2016. The area then looked sad and forlorn for a time until the land was eventually cleared. It was a welcome sight recently to see the ground levelled in preparation for Stage One of the Thirty Year Plan.

So it was with great anticipation and excitement when it was announced that His Excellency the Honourable Hieu Van Le, Governor of South Australia, with Mrs Le agreed to participate in the ground breaking ceremony on Sunday 10th September.

A huge marquee was erected, complete with flooring and seating, and invitations sent out to those fortunate to be included in this historic occasion. One can only imagine just how much planning, consultation and lots of hard work took place. The event was a master of planning and proceeded with army precision, making for a most enjoyable and memorable event on a beautiful, mild Spring day, following a long spell of wet, cold, wintry weather conditions. All those responsible are to be congratulated for the success of every aspect of the occasion. Models depicting the design of both the Nuriootpa and Langmeil Road plans were on show and viewed with awe and admiration.



Faith College music students, together with the Band and choir, showcased their talent and entertained throughout the afternoon. When the Vice Regal party arrived and guests were seated, Lee Martin CEO extended a welcome to all present. He invited honoured guest Selina Schiller, now in residential care, to present a bouquet to Mrs Le. Sister Schiller was Matron in the early days of Tanunda Lutheran Home, serving faithfully from 1965 to 1982. She was instrumental in establishing regular entertainment for the benefit of residents that lasted many years - and some features, like the newsletter *Tit Tat* have survived to this day.

Lee, in his address, mentioned that this event is the beginning of the journey, building convenient, low maintenance residences to serve an ageing population. His Excellency, together with TLH Board Chairman Chris Pfeiffer, proceeded to turn the first sods, using gleaming silver shovels. Chris prayed that God would bless this project and all the staff and residents in the years ahead.



His Excellency made mention of their visit earlier in the day to the free Funday Sunday event on the oval and appreciated the shining example of service and community spirit rendered by volunteers for the benefit of children and all those who enjoyed the food, fun and fellowship. In expressing thanks for their kind invitation, the Governor referred to the importance of showing respect for the elderly that was emphasised in his culture when growing up. These 15 new homes will provide high quality care for some of the 56% of the population who are seniors. His Excellency is very impressed by the philosophy of care and compassion shown, while providing high quality facilities.

Lee then invited Rev Dr Andrew Ruddell, Assistant Bishop SA-NT District, Lutheran Church of Australia, to address the distinguished guests. He based his address on Matthew 5 verses 13-16, where Jesus is describing his mission statement: "You are the salt of the earth and the light of the world." This text often gets mistaken for what Jesus' disciples are to do. Rather, it is who they are 'in Christ'. Baptised and believing in him our whole being is in him. 'In Christ', our lives are a beacon or light, serving our neighbour in love, doing acts of mercy, "that they may see your good works", praising God and not ourselves. Prayers were offered for the residents and encouragement for all who care for them.

His Excellency, together with Chris Pfeiffer, opened the curtain in the Name of the Triune God, to Expose the plaque. The Lord's Prayer was prayed in unison



Ground Breaking Ceremony

Continued

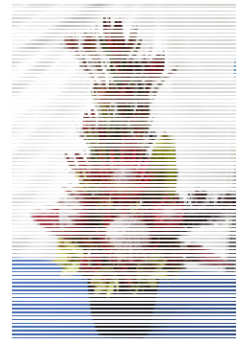


In conclusion, Lee thanked everyone for attending the distinguished guests, speakers, board chairman and members, Len Gerschwitz who represented residents, the Faith Band and choir, and a special mention to Chef Rob and staff, also Hollie Moar and Jarred Irvine (who both looked suave in their Sunday best!) and the Maintenance team.

So many involved in organising this outstanding and significant event deserve our sincere thanks. Everyone was impressed and enjoyed the tasty, attractive, dainty morsels for the High Afternoon tea. Grateful thanks to Rod Hutchinson and his staff who excelled themselves. Guests appreciated this special day organised so efficiently by Management, Maintenance, Kitchen staff and many individuals.

It wasn't long before the site was cleared, having lost its festive appearance, and it was back to work as usual. Well done, everyone!

Ed.



Bev Galway
Rob Hutchinson



Dorcas Kernich, Mrs Le,
Jayne Pfeiffer



MAINTENANCE JOBS



If any residents have a maintenance job that needs attending please ask any staff member to log the job for you. All staff have access to the Maintenance system and are more than happy to assist in getting something fixed for you.

Bev Galway



Left: 30 Year Tanunda plan
Above: Schaedel St, Nuriootpa



Rae Maurer
Julie Green



Hollie Moar, Jarred Irvine
Maintenance



Just a few days before!

PROFILE

TLH CHEF - ROB HUTCHINSON

Rob, our highly regarded Chef, has had a wealth of experience on land, at sea,



Rob was born in 1971 and grew up in Melbourne. He comes from a Naval background his father served in the Navy. Two uncles and his great-grandfather, an ANZAC, served in the army. One uncle is a Vietnam veteran. So it only seems natural that Rob should follow, to a degree, in their footsteps.

Rob grew up as part of a large, well organised household with a range of ages. He always wanted to cook for himself as well as his extended family. His background instilled in him a desire to work in the hospitality industry and so in 1989 (aged 17) he joined the Australian Naval Reserves, moving into the Royal Australian Navy Cookery Training school at HMAS *Cerberus* and trained on HMAS *Bayonet*. Rob achieved a high score in his qualifying period and so began his journey into

the realm of cookery.

Rob first attended primary school at Cowandilla SA, where he joined the Boys' Brigade under the leadership of the local Church of Christ. Other schools he attended were in West Heidelberg (Vic) and at the Melbourne Olympic Primary School. Aged 13, his mother wanted him to learn martial arts and karate. Rob was so successful that at the age of 23 he became an instructor with his own dojo (martial arts schools).

Rob's father, a sailor, was a qualified writer, documenting information as the Captain's secretary. Consequently, Rob has moved around a lot in his lifetime. As a school boy, he was known as a "Navy Brat" because of the many moves necessitated over six years when his father was transferred yet again. Housing for the family was provided by the Military.

Rob moved on to secondary education at Underdale High School here he took on a job as newspaper boy and showed talent in the band as bugler and on bass drum with Boys' Brigade. Whilst studying for his matriculation at high school he joined the Navy Reserves, the RANR and began non-residential training. Later, Rob applied to join the Navy. When facing tests prior to acceptance, he achieved a high score in his chosen categories and so his Navy training began on HMAS *Cerberus*.

Rob served at Port Adelaide's Naval base HMAS *Encounter*. Later, during a recession, military bases were closing down and this was also the fate of the HMAS *Encounter* and the end of the Navy in 1993.

Rob returned to the sea on a small naval patrol boat that provided protection in the South Seas for coastal patrols and was able to locate any illegal fishing operations.

By now he was a qualified Chef, having progressed from the mass galley to the more challenging cooking for officers. He had learned to bake bread, cook, butchery, slaughter and catch fish. He made from scratch massive amounts of dough up to 50 lbs to be made into bread, buns, rolls – all by his own strength, with no machines to help. A big brick oven with rotating racks ensured an even temperature. There were 1200 people at the base to be fed, plus 200 in the officers' mess as well as the crew of 25 on the patrol boat. Rob's day could begin at 5.30am cooking breakfast for crew and captain followed by morning tea, lunch, afternoon tea, supper - and often his day finished at 11.00pm. Rob learned to sleep wherever he could. He was the only cook, so had to work in advance, making sure there was enough food ready in case of sickness. Crew members, including Rob, had to learn procedures in case of a man overboard, one had to jump into the sea while the boat did a U-turn to pick up the casualty not Rob's favourite occupation!

When Rob left the Navy, even though he had completed formal training, his military papers were not recognised by the civilian authorities! Frustrated, he had to attend lectures for six months at Regency Park to meet the requirements of a formal Certificate of Recognition and to add insult to injury, pay the full fees!



Profile

Concluded

In 1996 Rob began working in Aged Care, facing different challenges and gaining experience as Chef/Manager in several Aged Care establishments. In 2006 Rob published an attractive recipe book designed especially for the aged and their specific requirements; "The Grey Gourmet".

Some time later in 2006, Rob's desire to be a soldier was recognised a real digger and was accepted into the Australian Light Horse and trained as a Light Cavalry soldier in the Army Reserves as scout and reconnaissance 3rd/9th SAMR (LH) SAMR (South Australian Mounted Rifles) (Light Horse). The Australian Light Horse came from Australian horses known as a Whaler a big, strong bush horse. Tradition has it, that as the Australian cavalymen rode, they bent down to pluck rear feathers from emus and placed the attractive plumes in their slouch hats. Rob's has pride of place in his office, along with a fine model of their steed.

2006 was a Golden Year for Rob, he not only produced his recipe book, but married wife Miwa in a Shinto Shrine in Tokyo. His bride wore a beautiful kimono and Rob a Hakama Samurai gear. They first met in Adelaide where Miwa was a Japanese/English translator. Her family has connections with the ancient Samurai. Rob began as Chef here at TLH in March 2017 - he uses his recipe book for teaching our catering team - the following are some favourites on the menu for our Residents: Camembert en Croute; Chicken Livers in Brandy Sauce; Kangaroo Goulash; Pickled Pork with Chervil Sauce; Blushing Peas with Sweet Cream. Our TLH Board members also enjoy Rob's specialties as a two-course dinner at their monthly meetings.



Thank you Rob for sharing your interesting life story with us

Ed.



Welcome New Staff



Cherie Pickworth - EN



Lucy Atkins - Carer



Margaret Kilelu - Carer



Meg Saegenschnitter - Carer



Suzanne Rogers - Carer



Tabitha Maiyo - RN



Toby Sevens - HK



Winnie Kiptoo - Carer

ATTENTION ALL RESIDENTS

**If the fire alarm sounds,
please stay in your room.**



**A staff member will inform you if the alarm
is in your area. Also an announcement will
be made over the public address system.**

IF THERE IS SMOKE IN YOUR ROOM

PLEASE GO TO THE NURSES DESK

And WAIT FOR
INSTRUCTIONS.



Around the Home



**Congratulations to
Pastor Colin Henschke and Reta
who recently celebrated
66 years of Marriage
by the grace of God**

Can anyone beat that?

*A happy crowd gathered
in the Chapel
on Sunday 17th September
to celebrate*

**Darrell Kupke's
80th Birthday**



*The yummy chocolate
cake provided by the
Kitchen staff was baked by
Tennille and decorated by
Shannon*

*God bless and keep you
in His loving care,
Darrell*



*All set for another day making attractive
greeting cards in the Social Centre*

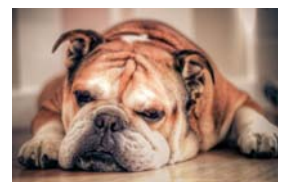
Back:
Coral Bittner, Irene Joppich, Betty Kohlhagen
Front:
Stella Krieg, Audrey Zerk, Margaret Spike

*When God had made the earth and sky
The flowers and the trees
He then made all the animals
And all the birds and bees
And when his work was finished
Not one was quite the same.
He said, "I'll walk this earth of mine
And give each one a name."
And so He travelled land and sea
And everywhere He went
A little creature followed Him
Until its strength was spent.
When all were named upon the earth
And in the sky and sea,
The little creature said, "Dear Lord,
There's not one left for me."
The Father smiled and softly said,
"I've left you to the end,
I've turned my own name back to front
And called you Dog, my friend."*



**CHECK OUT
THE DISPLAY
BY
JAN FECHNER**

**IN THE
CORRIDOR
ALCOVE**



OLDER PEOPLE HAVE RIGHTS

There's no excuse for abuse

Following morning tea and a chat, over forty Independent Living residents paid rapt attention to Rob Nankivell, representing ARAS as he explained our rights and some issues to be aware of. The ARAS Abuse Prevention Program (APP) assists older people living in the community who are experiencing, or at risk of, abuse from those with whom they are in a relationship of trust, such as family or friends. The ARAS Residential Care Team can support Residents of aged care facilities who are experiencing abuse.

Rights: As we age our rights remain and include a right to maintain personal independence, be treated with dignity and respect, live without exploitation, abuse or neglect and to be and feel safe.

Abuse: Can be **Physical** (eg hitting, pushing); **Psychological/emotional** (verbal harassment, threats); **Financial** (misuse of your money, property or resources); **Social** (restricting or stopping activities or contact; **Sexual** (non consensual sexual contact; **Neglect** (failure to meet basic needs).

When an Older Person or their Representative contacts the APP, an Advocate will listen and identify the issues. Advice regarding their rights and responsibilities is given, and options explained and suggestions to safeguard their future, maintain control and improve their quality of life. This is a free, state wide, confidential and independent service.

Advance Care Directive: Rob went on to emphasise the importance of making your wishes for your care today, while still able. An Advance Care Directive gives your carers a clear understanding of your needs and wishes in the event you lose the ability to communicate. This Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with one single form. This will give you peace of mind and the assurance that your wishes are documented and will be carried out. And remember to check that your documents are still valid.

Website: www.advancecaredirectives.sa.gov.au or go to a Service SA Centre to purchase a hard copy of the Form and Kit or call 13 23 24.

Rob invited questions from the audience and was then asked to draw winning raffle tickets. Due to the generosity of donors, there were many lucky recipients Irene Joppich was kept very busy listing the names of all winners three



Frank Shapel, on behalf of the gathering, expressed thanks to all who made this event possible and so enjoyable. Applause followed.

We are all grateful to the Committee who works hard to plan the varied monthly programs, Carolyn for her leadership, the amazing Chef and Kitchen staff for satisfying our hunger, the waiter/waitresses, raffle donors and everyone who contributed in any way.

A delicious two course meal was enjoyed by 25 people who were able to stay.



Ed. Bianca, Pat Maddock, Rae



Irene Joppich
Alison Redden
Rob Nankivell

Resident: *"Honey, I've been through two world wars, the Great Depression, taught 13,297 children, administered four elementary schools and outlived every one of the pastors I worked with."*

I'm 89 years old—and you're telling me it's bed time?"





TOOL BOX

PINCERS
PLANE
PLIERS
PLUNGER
PRESS
PUNCH
RAKE
RASP
RAZOR
REAMER
RULER
SANDER
SCISSORS
SCRAPER
SCREWDRIVER
SHEARS
SHOVEL
SPATULA
SQUARE
STAPLER
TROWEL
WRENCH

ADZE
AUGER
AXE
BORE
BRACE
BUFFER
CALIPERS
CHISEL
CLEAVER
COMPASS
DRILL
EDGER
FILE
FORCEPS
HACKSAW
HATCHET
IRON
JACK
LADLE



MEET and GREET

A MOST PLEASANT OCCASION IN THE SOCIAL CENTRE TO MEET AND MIX WITH NEW IL RESIDENTS

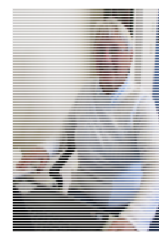


What a most enjoyable afternoon was spent in the Social Centre on Tuesday 26th September when nearly forty Independent Living folk met for a sausage sizzle to meet and greet new residents. Tables and chairs were set up with the opportunity to mix and chat. Our capable emcee, Len Gerschwitz, welcomed all, especially new residents, and extended grateful thanks to all who helped to make this happen the Social Committee, Carolyn, the BBQ cooks, the welcomers and all those behind the scenes.



A lovely surprise was the accomplished TLH Singers, accompanied by Ferne Fyffe, who entertained with bright popular songs and with audience participation. Thank you choir, under the leadership of Ruth Rathjen and accompaniste Ferne Fyffe. We hope it's not too long before we hear you again.

TLH SINGERS: Ruth Rathjen, Margaret Jasper, Elizabeth Nance, Glenis Kupke, Ray Giersch



Ed.

Ferne Fyffe

2017 FOOTY TIPPING

This season we had over 50 residents take part for the second year in a row.

*I would like to thank the hair dresser and café
for donating the prizes again this year - it's greatly appreciated.
I would also like to thank those who helped through the season.*

Unofficially Lee Martin topped the leader board with 136pts.

Officially



| | | | |
|-----------------|---------|-------------|-----|
| 1 st | Joyleen | Waratah | 129 |
| 2 nd | Sally | Trinity Crt | 128 |
| 3 rd | Robert | Protea | 127 |



| | | | |
|-----------------|---------|----------|-----|
| Top tipster for | Protea | Trevor B | 125 |
| Top tipster for | Waratah | Rosemary | 125 |
| Top tipster for | Trinity | Valda | 124 |
| Top tipster for | ABG | Gladys K | 124 |
| Last place Vic | ABG | | |

This year was very close as you can see from the top 6 places.

*This year we had 15 people pick 9 out of 9, with Sean and Robert each having 2,
9 out of 9 for the season.*

*As I am writing this the Crows play Geelong for a spot in the Grand final
so good luck to the Crows.*

Lee Martin predicted a Crows v GWS grand final—well he will be 50% right.



TRAVEL TALK—CHELSEA FLOWER SHOW

The Chelsea Flower Show is undoubtedly the most famous garden competition in the world. Held by the Royal Horticultural Society in the grounds of The Royal Chelsea Hospital in London, horticulturists come from all over the globe to enter this spectacular competition and marvel at the innovative floral displays. Receiving over 150,000 visitors each year, the Chelsea Flower Show has been described as a catwalk for the flower world as new varieties are showcased and the popularity of older varieties are revived. See the grounds of the Royal Hospital Chelsea transformed with stunning horticultural displays for the prestigious RHS Chelsea Flower Show. World-renowned garden designers, plant specialists, florists come together every year to one of London's most charming and affluent neighbourhoods to show off cutting-edge nurseries, arden designs and inspirational floral exhibits. Stroll through Show

Discover rare flowers and plants and creative floral artworks. Spot emerging gardening trends. And browse the horticultural products on sale, from gardening gadgets to sculptures and plants. The Chelsea Flower show is held from 22nd May 2018 to 26th May 2018. Many tour companies offer fully escorted tours that include the Chelsea Flower Show. Very hard tickets to come by. Why not include a trip to the Keukenhof Garden in the Netherlands, with 80 acres of tulips, daffodils, hyacinths and other flowering bulbs, shrubs, ancient trees, exhibitions, gurgling streams, flower parade. Just stunning. If you would like any information please give Carolyn a call on 8563 0988 and I can drop some brochures off to you.





Marananga Band Visit

A large appreciative audience filled the Chapel to capacity on Sunday afternoon 27th August 2017 to hear the Marananga Town Band entertain residents and visitors with a medley of tunes. Thomas Ludi Schutz was in top form as conductor. It was heart warming to see several young band members also sharing their musical gifts.

Members from the Greenock Lutheran parish also presented items interspersed with contributions from the Band. Opening devotion was led by Helen Wendt based on Psalm 93 a psalm offering a sense of peace. God will never lose control of Creation, nor allow us to be swept from His powerful, loving hand.

John Barkley thrilled the audience with a solo accompanied on guitar, then joined with his wife Alison to render the beautiful Aussie songs, *I still call Australia Home* and *I am Australian*. A current resident at TLH, Kerry Warry, taught John guitar 29 years ago. Later in the program, further glorious duets included *All heaven declares* and *The glory of your name*. Their gifted children also presented items Hannah, nearly 10, sang beautifully, whilst Isaac, aged 12, played a medley on the clavichord that included boogie tunes, ending with *When I survey the wondrous cross*.

Between items ranging from favourite hymns and James Bond theme, to bright popular toe-tapping tunes presented by soloists and the band, Helen amused those present with jokes, adding to the afternoon's enjoyment. Wilfrieda Kalleske and Hannah Barkley read poems, one of which was *The Mighty Oak*, referring to the simple things we take for granted, also *Oldies with grey hair* was well received.

Malcolm Nitschke played several catchy tunes on his piano accordion including lively German themed pieces, concluding with the ever popular *Amazing Grace* and the audience couldn't help but sing along.

A hearty thank you to the musicians and organisers, also TLH Lifestyle staff who were in attendance, for this most delightful Sunday afternoon program lasting one and half hours.

Ed.





Volunteer News

Gina Nelson - Manager of Volunteers—8563 7775

Hello Everyone,

It's been a very busy month for myself and my husband Darryn. We have now moved back to the Barossa. Lots of moving and packing but we got there.

Life can get very busy at times for everyone but we all must remember to make the best of everyday, to live life to the fullest and be the best person we can be.

Have a wonderful October everyone and thank you for your time and Dedication to Tanunda Lutheran Home.

Keep Smiling

Volunteer Drivers Needed

Do you hold a current drivers Licence? Are you interested in transporting residents to their appointments in our Special Transport Vehicle or driving a mini bus for outings?

WE NEED YOU

Please come and see me for further information.
Full training given.



Come Join Me For
Morning Tea



Monthly Morning Teas



Come along and join me for a beautiful morning tea!
Tuesday 3rd of October
10.00am Social Centre
I hope to see you there!



**HAVE YOU REMEMBERED TO
SIGN IN & OUT?**

Margaret Meyer 1/10

Joan Schulz 2/10

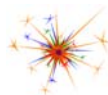
Helen Phillips 16/10

Helen Fiebiger 19/10

Pauline Leske 19/10

Merrawyn Rosenzweig 20/10

Helen McNicol 23/10





Resident Meeting

Tuesday 24th

In the Chapel 1.30pm

Come along & have your say!

**Bus Trip
Picnic at
Lyndoch Gardens**

Thursday 19th October 11am-2.30pm

Please see Lifestyle staff
for more information



Chris

WANTED

*Someone who likes
craft projects
and could spare
some time—and have fun at
the same time
with friendly people*

**Box Making
At the Barossa Club
Tuesdays and Thursdays**

*Any time you can spare
between 10.00 and 2.30*

***These are attractive useful boxes
with lids - for sale***

***Proceeds go to Barossa Club projects
Contact Gina—8563 7759***

Sunday 1st

10.30 Worship service with Holy Communion

Chapel

Monday 2nd

Public Holiday

Daylight Saving

Tuesday 3rd

10.00 Individual Visits

TLH

10.00 Knitting group

Protea

10.45 Floor games

ABG

11.00 Exercises with the physio

Chapel

1.15 Social Bingo

Waratah

1.15 Craft

Protea

1.00 Men's group

Men's shed

3.30 Christian Meditation

TC2 Lounge

4.00 Walking Group

ABG

6.00 Armchair Travel

ABG

Wednesday 4th

10.00 Individual Visits

TLH

10.30 Bible Insights

Chapel

10.30 Ten pin Bowling

Waratah

1.15 Bobby Dazzlers

Chapel

2.30 Golden memories

ABG

4.00 Walking Group

ABG

6.00 Showtime

ABG

Thursday 5th

10.00 Individual Visits

TLH

10.45 Bean Bag Toss

ABG

11.00 Exercises with the physio

Chapel

1.15 White Board Trivia

Waratah

1.15 Balloon Tennis

Protea

2.00 Memory Games

ABG

4.00 Walking Group

ABG

6.00 Showtime

ABG

Friday 6th

10.00 Individual Visits

TLH

10.00 Bocce

ABG

10.30 Wisdom of The Elders

Chapel

1.15 Bowls with Happy Hour

Chapel

2.30 Happy Hour

ABG

4.00 Individual Visits/Happy Hour

ABG

Saturday 7th

Sunday 8th

10.30 Worship service with Holy Communion

Chapel



Monday 9th

| | |
|---|---------|
| 10.00 Individual Visits | |
| 10.15 Hymn Singing | Chapel |
| 11.00 Hooky Board Game | ABG |
| 11.00 Worship service with Holy Communion | ABG |
| 1.15 Social Bingo | Waratah |
| 1.15 Ladies' Group | Protea |
| 2.00 Bingo | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Showtime | ABG |

Tuesday 10th

| | |
|---------------------------------|------------|
| 10.00 Individual Visits | |
| 10.45 Ball Games | ABG |
| 10.00 Dress dignity | Protea |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Social Bingo | Waratah |
| 1.00 Men's group with Sean | Men's shed |
| 3.00 Sing Along | ABG |
| No Christian Meditation | |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Wednesday 11th

| | |
|---------------------------|--------|
| 10.00 Individual Visits | |
| 10.30 Bible Insights | Chapel |
| 10.45 Newspaper Reading | Protea |
| 1.15 Sing along with Gary | Chapel |
| 2.30 Golden Memories | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Arm Chair Travel | ABG |

Thursday 12th

| | |
|---------------------------------|---------|
| 10.00 Individual Visits | |
| 10.45 Poetry | Trinity |
| 10.45 Basket Ball | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Doug Venning | Chapel |
| 2.00 Memory Game | ABG |
| 4.00 Doug Sing Along | ABG |
| 6.00 Show Time | ABG |

Friday 13th

| | |
|-------------------------------------|--------|
| 10.00 Parachute Game | ABG |
| 10.00 Individual Visits | TLH |
| 10.30 Wisdom of the Elders | Chapel |
| 1.15 Bowls /Happy Hour | Chapel |
| 2.30 Happy Hour/ social Time | ABG |
| 4.00 Individual Visits / Happy Hour | ABG |

Saturday 14th

| | |
|---|--------|
| <u>Sunday 15th</u> | |
| 10.30 Worship service with Holy Communion | Chapel |

Monday 16th

| | |
|---|---------|
| 10.00 Individual Visits | |
| 10.15 Hymn Singing | Chapel |
| 10.45 Basket Ball | ABG |
| 11.00 Worship service with Holy Communion | ABG |
| 1.15 Social Bingo | Waratah |
| 1.15 Craft | Protea |
| 2.00 Bingo | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Tuesday 17th

| | |
|---------------------------------|------------|
| 10.00 Individual Visits | |
| 10.00 Knitting group | Protea |
| 10.45 Basket Ball | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Social Bingo | Waratah |
| 1.00 Men's group | Men's shed |
| 3.00 Paper Reading | ABG |
| No Christian Meditation | |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Wednesday 18th

| | |
|----------------------------------|--------|
| 10.00 Individual Visits | |
| 10.30 Craft | Protea |
| 10.30 Bible Insights | Chapel |
| 10.45 Bocce | ABG |
| 1.15 Lorraine Gregory performing | Chapel |
| 2.30 Golden Memories | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Thursday 19th

| | |
|-------------------------------------|---------|
| 10.00 Individual Visits | TLH |
| 11am to 2.30pm Bus Trip | TLH |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Armchair travel | Waratah |
| 2.00 Memories Game | ABG |
| 4.00 Individual Visits / Happy Hour | ABG |
| 6.00 Show Time | ABG |

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Friday 20th

| | |
|------------------------------|--------|
| 10.00 Individual Visits | TLH |
| 10.30 Parachute Game | ABG |
| 10.30 Wisdom of the Elders | Chapel |
| 1.15 Bowls Happy Hour | Chapel |
| 2.30 Happy Hour /Social time | ABG |
| 4.00 Individual Visits | ABG |

Saturday 21st

Sunday 22nd

| | |
|---|--------|
| 10.30 Worship Service with Holy Communion | Chapel |
|---|--------|

Monday 23rd

| | |
|---|---------|
| 10.00 Individual Visits | |
| 10.45 Hooky Board Game | ABG |
| 10.15 Hymn Singing | Chapel |
| 11.00 Worship service with Holy Communion | Acacia |
| 1.15 Social Bingo | Waratah |
| 1.15 Ladies' Group | Protea |
| 2.00 Bingo | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Tuesday 24th

| | |
|---------------------------------|------------|
| 10.00 Knitting group | Protea |
| 10.45 Hooky Board Game | ABG |
| 10.00 Individual Visits | TLH |
| 11.00 Exercises with the physio | Chapel |
| 1.00 Men's Group | Men's Shed |
| 1.15 Residents' Meeting | Chapel |
| 1.45 Ten Pin Bowling | Chapel |
| 3.00 Sing along | ABG |
| 3.30 Christian Meditation | TC2 lounge |
| 6.00 Show Time | ABG |

Wednesday 25th

| | |
|---------------------------|--------|
| 10.00 Individual Visits | |
| 10.00 Cards / Board Games | Protea |
| 10.30 Bible Insights | Chapel |
| 10.45 Bowls | ABG |
| 1.15 Sing along | Chapel |
| 2.30 Golden Memories | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Thursday 26th

| | |
|----------------------------------|--------|
| 10.00 Individual Visits | |
| 10.45 Ball Games | ABG |
| 10.45 Water Ping Pong | Protea |
| 11.00 Exercises with the physio | Chapel |
| 1.15 Doug Venning \ George Davis | Chapel |
| 2.00 Memory Game | ABG |
| 4.00 Doug Sing along | ABG |
| 6.00 Showtime | ABG |

Friday 27th

| | |
|---------------------------------------|--------|
| 10.00 Individual Visits | |
| 10.15 Hymn Singing | Chapel |
| 10.30 Board Games | ABG |
| 1.15 Happy Hour Birthday Celebrations | Chapel |
| 2.30 Happy Hour & Social Time | ABG |
| 4.00 Individual Visits | TLH |

Saturday 28th

Sunday 29th

| | |
|---|--------|
| 10.30 Worship service with Holy Communion | Chapel |
|---|--------|

Monday 30th

| | |
|---|---------|
| 10.00 Individual Visits | |
| 10.15 Hymn Singing | Chapel |
| 10.45 Basket Ball | ABG |
| 11.00 Worship service with Holy Communion | Acacia |
| 1.15 Social Bingo | Waratah |
| 1.15 Ladies' Group | Acacia |
| 2.00 Bingo | ABG |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |

Tuesday 31st

| | |
|---------------------------------|------------|
| 10.00 Individual Visits | |
| 10.00 Knitting group | Protea |
| 10.45 Bocce | ABG |
| 11.00 Exercises with the physio | Chapel |
| 1.00 Men's Group | Men's Shed |
| 1.15 Social Bingo | Waratah |
| 3.00 Cross Words /Puzzles | ABG |
| 3.30 Christian Meditation | TC2 lounge |
| 4.00 Walking Group | ABG |
| 6.00 Show Time | ABG |