



TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA
5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email

info@tlhome.com.au

★ Website

www.tlhome.com.au

*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.*

*Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

**JUNE
2017**

Lutheran
Church
of Australia



Chaplain's Reflection

Chaplain Ian Lutze



What?? I get the front page again?? That means I get to set the tone for this august publication (as in 'weighty', 'significant', 'hard-hitting'). Well, I'll leave it to the CEO to do the hard-hitting! What is my contribution to Tit Tat? It is to articulate the spirit of the place. Set the tone (now I'm repeating myself).

There are things that can take the shine off living in this place. The virus last month certainly did that. Too many deaths in a short space of time can do it as well. So can staff leaving – there's grief for residents and the prospect of unwelcome change. Whether you're in the care facilities or an IL resident, we're all wanting to live life to the full despite our current restrictions, whatever they are, and some of those distractions I mentioned can feel a bit like kicking us when we're down. We love it that we have a God who has prepared us for eternity, but we don't want him calling us to him, with his open arms, too enthusiastically or too quickly.

Yes, we still want to live a bit in this life too, and all the lifestyle and church activities are designed to help us in this regard.

Here's a little clue I picked up last week. I love reading the author Adrian Plass, an Anglican with a sense of humour not too different from Dawn French in the Vicar of Dibley. He wrote a book with the ironic title The 77 Habits of Highly In-effective Christians. In a chapter on "How to be Negative" he hits the nail on the head. Negativity is a way of shielding ourselves from the risk of enjoying life. To use biblical language, negativity is like hiding our light under a bushel or burying our talent in the earth. Negativity feels safe but actually robs us of the change to live life to the full. Whinging usually attracts a ready audience, but it does cost us something too. We all do it, but imagine if:

- * You turned the TV off every time you saw another terror-related story that was making you feel depressed about the world
- * Complimented the staff for another beautiful lunch, even if you couldn't eat it (sometimes just the colours are sooo right aren't they?)
- * Wrote a loving message in a card to the grandchild you're most worried about
- * Thanked God for the noisiest person in your sector.

You're much better than me at being positive of course. And we're entering the Church Season of Pentecost now – the season of life, spirit, renewal. It's all yours to receive, because there's lots of living to do.

Chaplain Ian



**RAINFALL REPORT
MAY 2017**
*Thank you Ralph Kernich
for this information*

Year	Rainfall in mm	Days of Rain	Since 1 Jan.
2003	53.2	12	172.8
2004	47.0	16	95.0
2005	6.4	10	69.4
2006	58.4	11	223.1
2007	51.0	15	268.8
2008	66.8	17	129.1
2009	32.4	11	132.3
2010	48.4	10	136.2
2011	83.2	12	316.3
2012	35.8	9	154.0
2013	69.4	14	148.5
2014	50.1	11	231.6
2015	47.7	11	167.9
To 25th May	15.6	6	201.6

Rainfall to 25th May this year has been well below the May average with only 15.6mm recorded . Since Tanunda records began in 1868 there have been several months of May with less recorded , with no rain recorded in May 1934. The May average is about 60mm

**The deadline for news/information for
JULY edition is
Monday 26th June**
TIT TAT TEAM: Dorcas Kernich (Editor),
Myra Othams, Joan Minge
Deliveries
Glenys Greig, Glenis Kupke, Joan Minge

**The 2017 / 2018 Entertainment
Books are now available for
purchase at Reception or jump
online to purchase an online copy.**
www.entbook.com.au/165x081

\$70 each



TLH SHOPPING BUS

*Departing approx 9:30am
Return 11:30am. Cost \$5*

Wednesday	7th June	Nuriootpa
Wednesday	14th June	Tanunda
Wednesday	21st June	Nuriootpa
Wednesday	28th June	Tanunda

Please be at Reception by 9:15am



**Free Computer
Lessons**
*Australian
Government Initiative*

**Thursday and Friday at Nuriootpa
10.00am—3.00pm
Friendly, supportive involvement**

***Phone 8565 7109
and leave a message***



Lee Martin



From the CEO



Well you can certainly tell it's Autumn in the Barossa Valley. How pretty things look with the different coloured trees lining the roads. There is a small problem – where do all the leaves go? Whose job is it to clean them up?

A little reminder for those who have not yet had their flu vaccination – winter is coming and the flu season is just around the corner – please see your GP for the vaccination that may prevent a nasty flu and possible trip to a hospital.

As I am sure you are all aware – the aged care system is always changing. The expectations of care and services for every individual is different. There are times when the family will need to make decisions regarding their loved one's future needs and care. Tanunda Lutheran Home has several empty beds – why? you may ask – we have had a larger than normal number of residents pass away, there is a new aged care facility in Gawler taking people in and there are some people looking for care and services but are not ready.

To be ready to enter an aged care facility there is the paperwork that needs to be completed and some very necessary steps to be taken. The most important one is the Aged Care Assessment – commonly known as the ACAT. This is where, following a call to My Aged Care, someone will come and assess you for your current needs. As a result of the assessment you will be eligible for either Home Care or Residential Care. There is then the Asset Assessment to be completed via Centrelink. Completing this form ensures you only pay as much as you need. You may need some financial advice to complete the forms. This process does take time so it is suggested that talking with your doctor and family early will save a panic later. It is also suggested that all your personal documentation be clearly completed and stored securely where family can access it.

There are agencies now available to assist families going through the aged care system. Barossa Council have advertised just recently that they can help navigate through the process. I am more than happy for you to contact Sharryn Hueppauff, the Placement Coordinator here at Tanunda Lutheran Home and seek assistance. If you have a computer please look up the My Aged Care web site and get to know your way around it. It does have a lot of information available.

Project updates:

25 Bridge Street project – The project is completed. The new residents have started to move in. The gardens look great.

Schaedel Street, Nuriootpa Project - Construction and Tender documentation for Stage One is ongoing. Hoping for an October 2017 start to construction of Stage One – 12 homes and the Community Centre.

27 Bridge Street Master Plan - Stage One - The Development Application is now being considered by the Barossa Council. The project has been classified as a Category Two application. A consultation process will occur soon.

27 Bridge Street Master Plan – I have had the pleasure of speaking to various community groups – such as: the current and retired Lutheran Pastors, the local Regional GP meeting and the Barossa Rotary Club. A lot of interest has been noted. More presentations are planned over the coming weeks.

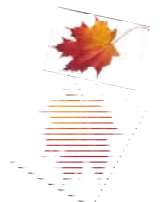
We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know. Should you know of any staff who would like to work for us please get them to submit their resume to Kim Hahn.

This week's quote:

"You live longer once you realize that any time spent being unhappy is wasted." Ruth E. Renkl



Lee Martin— 22nd May 2017





JUNE

3 Rita Kernick	Waratah
6 Beatrice Hueppauff	Protea
7 Enid Graetz	Protea
9 Dorcas Kernich	IL
11 Ken Fyfe	IL
17 Wilf Fechner	IL
17 Laurel Zanker	IL
18 Stefan Rozman	Acacia
19 Alex Muir	IL
22 Teresa O'Brien	Waratah
22 Ruth Rathjen	IL
24 James Richards	Grevillea
25 Gwen Smith	Trinity
26 Jan Schupelius	IL
27 Thelma Ziersch	IL
29 Sylvia Krueger	Acacia



Congratulations to Frances Kurtz, who recently celebrated her 100th birthday.

Welcome New Staff



Eric Kinyanjui
Enrolled
Nurse



Dominic
Chinhanga
Enrolled Nurse



Jess Rowe
Registered
Nurse

welcome

INDEPENDENT LIVING

Ruth Rathjen
3/25 Bridge Street, Tanunda
Phone 0413 815 968

RESPITE

Rita Hoffmann—Protea 42
Rhonda Sharman — Waratah 57
Arthur 'Les' Blair—Grevillea 03
Bev Zeunert—TC3-22

INTERNAL TRANSFER

Kerry Warry—from TC1-02—Banksia 06

PERMANENT

James Richards —Grevillea 05
Malcolm Eagle — TC1-06
Allen Loffler - Waratah 55



DEATHS



*Our deepest sympathy
to the families of:*

A (Lindy) Johnston—died 3rd May
Norma Rosenzweig—died 9th May
Max Mattner— died 11th May
Sylvia Nicolle—died 12th May
Gertrud Fischer—died 22nd May

Rest in Peace

INDEPENDENT LIVING RESIDENTS

Saturday 3rd June
Ladies' Get Together

1.30pm in Courtyard Café

First Saturday of each month

Please bring small plate of food

Enquiries: Margaret Spike 0481 255 041

PROFILE

Dr Judy McDonald



*Introducing Dr Judy McDonald who has recently joined the
Board of Tanunda Lutheran Home .*

*With her medical background and experience, coupled with her compassion and strong
Christian faith, Dr Judy will be a valued addition to the Board.*

Judy was born Judith Corinne Clinton in Cheshire, England in 1950, the first child of Bill and Dorothy. She has one younger brother, Tony. She attended St John's Church of England Primary School and then Birkenhead High School.

In 1963 at the age of 12, Judy's immediate family plus extended family, moved to Guernsey in the Channel Islands where she completed her high school education at the Guernsey Ladies' College. The family ran a guest house for 24 guests so summer times could be quite hectic!

In 1968 Judy was accepted into the Royal Free Hospital School of Medicine (part of London University) to study medicine. This was the only medical school in London that accepted 50% females – ahead of its times. Judy says she has always wanted to be a doctor from as far back as she can remember.

She lived and studied in London for eight years, becoming a qualified doctor in 1974 and then working for 18 months in hospitals. During this time Judy became a Christian and embarked on a faith journey which, although “wobbly”, at times has been a life changing experience. Judy met her husband to be, Wally, in London in 1973 and in 1976 they travelled overland to Australia in a Kombi Van, travelling through Europe, Turkey, Iran, Afghanistan, Pakistan, India, Burma, Thailand, Malaysia and Indonesia, eventually arriving in Sydney in December 1976 – an exciting and unforgettable journey.

Judy worked at the Adelaide Children's Hospital in 1977 and in 1978 she was married. Unfortunately, the marriage later ended. However, she has two beautiful children from this union and feels very blessed. She worked for Child & Youth Health, then Shine SA and later accepted a position as Senior Medical Officer at Port Adelaide Community Health Service where she worked for 17 years. During this time she met and married Steve who was a widower with three children – so a blended family was born and in June 2017 Judy and Steve celebrate their 25th wedding anniversary. The children are grown up and there are now eight grandchildren who are a real joy to Judy and Steve.

In 2004 Judy and Steve had a change in direction in their lives. Steve trained to be a teacher at Tabor Christian College and Judy became a rural locum for two years, working all over South Australia. During this time she did a locum at Angaston Medical Centre and was offered a job, so in 2006 they moved to Angaston, Judy becoming a partner at Angaston Medical Centre and Steve becoming a teacher at Tanunda Lutheran School. They have lived in Angaston since then, and worship at Zion Church where they are actively involved. Judy and Steve both retired from full time work in December 2015. Judy has always had a passion for Aboriginal Health and spent 15 years visiting Ceduna Koonibba Aboriginal Health Service as a fly-in fly-out GP and then since 2004 has been doing the same at the Umoona Tjutakgu Health Service in Coober Pedy.

Another passion of Judy's is Aged Care and this has grown since her mum, Dee, was admitted to TLH in November 2016. As a board member, Judy hopes she can be part of bringing positive changes to the clinical care of residents in the Home.

Ed.

Around the Home



VALE LINDY JOHNSTON

Died 3rd May 2017 at TLH
at the grand age of 105.

Lindy was the oldest person
in Residential Care and
formerly resided in
Hilda Schulz Drive.

Photo: Lindy wearing her
colourful hat on Melbourne
Cup Day.



FAREWELL PASTOR MAX STOLLZNOW

*Well known and loved pastor, Chaplain at Faith Lutheran College,
long term TLH board member, active member of local community,
friend to many over 23 years,
and champion prize-winning Anzac biscuit baker!*



Pastor Max and Rosemary have decided to move to Adelaide and have sold their Tanunda home. They will be nearer their family and able to see more of them. (And he's taking the Anzac biscuit recipe with him!)

Max will be returning to the Valley to continue serving at the monthly TLH board meetings, so we might just see him from time to time. We all wish you both much contentment in your new surrounds and pray for good health as you continue serving in various ways.



BABY NEWS Congratulations



India Margot Bethune
born to Jen and Luke
A little sister to Lilou
→



Abel Gregory Commene
born to Hayley and Evan
A brother to Krystal
←

VALLEY VOICES CHOIR A delightful concert was
enjoyed by a large number of music lovers in the chapel
on 27th April. Our sincere thanks to all the choir members.



Jasmine Piro, Lorraine Gregory, Elizabeth Sibley, Rob King

Rodney
Lomman
(Respite)

was
baptised by
Chaplain
Ian in the chapel on
Sunday 14th May.



*Jesus says:
"Whoever
believes and is
baptised will be
saved."
Mark 16:16a*



**OUR HEARTIEST CONGRATULATIONS TO
RACHEL FRITZ AND
BRENTON PORTER
MARRIED AT
BETHANY LUTHERAN CHURCH**

SATURDAY 6th MAY 2017 - 11.00am



Arrival

Rachel and Brenton

*We all wish you every happiness
throughout your married life.*

*May God add His blessings to
you and your family*



Lorraine Gregory,
Neville Alderslade



Mr & Mrs Porter



Place	Footy Tipping 2017	Wing	TOTAL	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9
1	Stella Krieg	ABG	51	6	6	6	8	6	6	3	4	6
2	Trevor Blenkiron	Protea	51	4	8	5	8	8	4	3	5	6
3	Joyleen Lienert	Waratah	50	6	9	4	6	7	6	3	4	5
4	Audrey Steventon	TC,1	50	6	7	6	5	6	5	5	5	5
5	Elsie Weeks	TC,3	49	6	6	7	6	9	4	3	5	3
6	Gladys Kroemer	ABG	49	3	6	6	5	8	6	6	3	6
7	Sean	Lifestyle	49	3	9	4	8	7	4	4	4	6
8	Mary Brown	ABG	49	6	6	4	6	7	5	5	4	6
9	Lee	CEO	49	6	7	4	7	7	5	2	5	6
10	Doreen Garrett	ABG	49	3	5	5	6	8	4	5	7	6

Footy tips 2017

Well we are up to round 9 in the footy tipping. With so many upsets in the footy it kept it very tight in footy tipping.

I think we have had a different leader each week.

So here are the standing as of round 9.

So keep getting the tips in and good luck to everyone.



*From Sean [Lifestyle]
Go Pies*



WANTED

for Residents at TLH

Do you have an old record player
in good working condition
that you would like to donate
to the Home?

*If so please see Pam, Sean, Sherrill or
Gina in Lifestyle*



GERMAN SINGING GROUP

Starting Monday 12th June

Meeting in Trinity 2 Lounge Room
Second Monday of each month
3.00-5.00pm

*Come along and
join in the fun!*



mobilitysa
supporting independence

SALES & SERVICE



**OPEN 9-5
Monday-Friday**

PHONE 8562 2541

37 Kalimna Rd Nuriootpa

**Email: kerri@mobilitysa.com.au
www.mobilitysa.com.au**



TRAVEL TALK

Travel the Ghan

Synonymous with outback Australia, The Ghan is an engineering marvel which travels through the heart of Australia's red centre from Adelaide in the south all the way to the Top End city of Darwin in the far north. Encompassing a 2,979-kilometre stretch of unyielding rail, to journey on The Ghan is to journey through the very heart and soul of Australia's mysterious interior. Passengers on The Ghan enjoy panoramic views of some of Australia's most dramatic landscapes as the train sweeps from coastal plains through desolate deserts to the lush tropical north.

Platinum Service

The highest class of service available on The Ghan, Platinum Service passengers enjoy private cabins with ensuite and full amenities, complimentary continental breakfast, oversized windows for panoramic views, on-call Cabin Steward service and in-cabin menu.

Gold Service

Offering stylish sleeper accommodation, Gold Service passengers enjoy either a Twin Berth Sleeper Cabin or a larger Superior Cabin featuring a 3/4-size double bed. Meals are included in the cost of fare and Twin Berth Sleeper passengers enjoy access to the Restaurant Car, complimentary tea and coffee. Meals included in the cost of fare and optional room service meals.

Red Service

Red Service passengers can relax in a convertible Day/Nighter Seat. Day/Nighter Seat features include 45-degree reclining and rotatable lounge-style chairs and ample leg room, plus all-day access to the Red Service Matilda Cafe. Full shower facilities are available for Red Service passengers at the end of each carriage with towels and soap provided as well as power outlets to charge your mobile devices. Pension discount may apply.

Would you like to know more?

Please contact Carolyn at
Clarke and Turner
Travel Associates
on 8563 0988

CLARKE & TURNER
TRAVEL
ASSOCIATES™

Ph 08 8563 0988
39 Murray Street, Tanunda
travel-associates.com.au/clarke



Ruth Brown, Arthur Davies, Judith Davies, Georgi Cooper, Lorna Webb, Marg Cant, Dilys Watkins

INDEPENDENT LIVING

Thursday 18th May—Social Centre

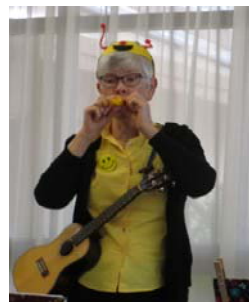
BANGERS AND MASH

If the title sounds suspiciously like sausages and potatoes, well it most certainly isn't! Bangers and Mash is the name of the most talented, happy, congenial group of songsters and musicians anywhere!

The group began in Gawler and soon grew as a number of singers showed interest in joining. Then they set to work to learn an instrument—ukulele, kazoo, melodica, bawu, or chinese flute that sounds much like bagpipes. When thinking of a suitable name, each member placed a suggestion in the hat, and the first name drawn was “Bangers and Mash”- so that name was adopted.



The appreciative audience joined in singing along and reminisced whilst enjoying the old time favourites like *The Anniversary Song*, *Oh, how we danced*, *Country Roads* and many more. Arthur sang *Memories are made of this*, Judith and Georgi harmonised with *Lemon tree*, Marg, Georgi and Lorna sang *Tonight you belong to me*, *Four leaf clover* was presented by Judith and good sport Marg sang *Beside the Seaside*, dressed in old fashioned beach wear—a horizontal striped creation sewn the day before, and sporting a large beach ball with floatie at waistline! Lorna's jokes certainly were appreciated, too, judging by the response!



The whole morning was one of laughter and admiration for the talented, happy band and although lasting quite a while, it was not one minute too long!

Anyone who missed out, keep a look out for their next appearance, because Bangers and Mash will be back!



On behalf of the gathering, Margaret Jasper expressed grateful thanks to the band members, also to the Committee who do a great job organising the year's program. Thank you one and all.

Ed.



ONE DAY ONLY—TLH BAROSSA CLUB

By Malcolm Gogoll



I went to work one day
And let me just say
Once I got the keys
I thought I'll do as I please
But when work must be done
Before all the fun
Setting up for the cubbies
Should be done with no worries

There's a ring on the door bell
Which means someone is well
Coming to club they must be
Also looking for tea

The morning's activities
Are games, talk of your needs
Some stories are personal
We don't make them diversional

Sometimes we will bake
Food for the clubbies' sake
We bake to our full measure
And everyone's great pleasure



Lunch time comes around
And the kitchen staff are bound
To supply the very best
So we can eat and rest



Sherrill

The banter at lunch table
Is good when you are able
To avoid having a fight
When you stand up for your right

The mat rolls out for bowls
The clubbies play their roles
In joining to have fun
Staff make sure that it is done



The Lifestyle staff all care
For everyone who's there
Before they leave for home
They're thanked because they've come

Each day is never ended
Until the cleaning is rendered
We write notes down sometimes
But each note never rhymes

We try to leave with smiles
But sometimes there are trials
We never take home
News that is ours alone



Gina

So make each day count
In large or small amount
These doses of love
Come from God above.



Pam, Rachel, Sean
Caricature by Rachel



Alisha
and
Raelene



Beverley

CHOOKS DISPLAY Until 13th June

We are having a Chook
display in the passage alcove
near the chapel. We invite you
to give each chook a name and
write it in the book.



WINTER WEATHER



BLUSTERY
CHILLY
FOGGY
FREEZING
GALES
GUSTY
HURRICANE
MISTY
OVERCAST
SHOWERY
SNOWING
STORMY
THUNDERY
TORNADO

SEEN AT THE MAY VOLUNTEERS' MORNING TEA



1. Glenis Kupke, Anne Tscharke
2. Rachel Fritz, Wilf Fechner
3. Ivy Parr, Rhonda Klemm, Margaret Seeliger
4. Lindsay Dowman (New Volunteer)
5. Bev Mattner, Margaret Jasper, Eunice and Ken Schuster





Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Hi everyone! Well, I am back from my travels and wanted to let you all know how happy I am to be home, back in the beautiful Barossa! So much to catch up on and people to catch up with! I am hoping to be able to see you all at this month's Monthly morning tea on Tuesday the 6th of June. Thank you all so much for the wonderful work you do to make the lives of our residents so much happier! Blessings, Rachel 😊



Monthly Morning Tea



Come along and join in the fun Atmosphere.
Enjoy a delicious morning tea and fun fellowship with like minded people.
First Tuesday of the month 10.30am in the Social centre!
See you there!



**HAVE YOU REMEMBERED
TO SIGN IN & OUT?**



Happy Birthday

to all of

Our wonderful

Volunteers

for the month of

June



Are you or a friend looking for something interesting and rewarding to do?

Well we need YOU!

Volunteers are needed for the hair dressers, café, escorting residents to appointments, lifestyle, library and driving the Special Transport V.

If you would like to find out more, please contact Rachel Fritz who will be happy to help!



Resident Meeting
Wednesday 21st June
In the Chapel
1.15pm

**Bus Trip
To
Melba's Chocolate Factory**



Thursday 22nd June
Please see Lifestyle staff for more
information
Spaces are limited so be quick!

**A Right Royal
High Tea**
To celebrate the Queen's
birthday



Wednesday 14th June
1.15pm—Chapel



Lifestyle Program

June 2017

Thursday 1st

10.30 One on one visits & sunshine time with Sherrill
10.30 One on one visits with Sean
11.00 Exercises with the physio **Chapel**
1.15 Armchair travel **Waratah**
1.15 'What's in the box?' with Sherrill **Acacia**
3.00 Sundowners with Sean **ABG**

Friday 2nd

10.30 One on one visits & sunshine time with Pam
10.30 One on one visits with Sherrill
10.30 One on one visits with Sean
10.30 Help for Living **Chapel**
1.15 Bowls with Sherrill & Sean **Chapel**
1.15 Craft time with Pam **ABG**
3.00 Sundowners with Sean **ABG**

Happy hour served in all areas in PM activities

Saturday 3rd

Sunday 4th

10.30 Worship service with Holy Communion **Chapel**

Monday 5th

10.15 Hymn singing **Chapel**
10.30 One on one visits & sunshine time with Sean
10.30 One on one visits with Pam
11.00 Worship service with Holy Communion **Acacia**
1.30 Bingo **Waratah**
1.30 Craft with Pam **ABG**
1.30 Golden memories with Sean **TC2**
3.00 Sundowners with Sean **ABG**

Tuesday 6th

10.00 Knitting group **Protea**
10.30 One on one visits & sunshine time with Pam
10.30 One on one visits with Sean
11.00 Exercises with the physio **Chapel**
1.30 Bingo **Waratah**
1.30 Name that tune! with Pam **ABG**
1.30 Men's group with Sean **Chapel**
3.00 Sundowners with Sean **ABG**

Wednesday 7th

10.30 One on one visits with Sean
10.30 One on one visits & sunshine time with Sherrill
10.30 Gospel Goals **Chapel**
1.15 Golden Memories with Sean **ABG**
1.45 Reminiscing with Sherrill **Acacia**
3.00 Sundowners with Sean **ABG**

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Tanunda Lutheran Home

Lifestyle Program

June 2017

Thursday 8th

10.30 One on one visits & sunshine time with Sherrill

10.30 One on one visits with Sean

11.00 Exercises with the physio

1.15 Armchair travel

1.15 Memory Game with Sherrill

3.00 Sundowners with Sean

Chapel
Waratah
Acacia
ABGFriday 9th

10.30 One on one visits & sunshine time with Pam

10.30 One on one visits with Sherrill

10.30 One on one visits with Sean

10.30 Help for Living

1.15 Bowls with Sherrill & Sean

1.15 Craft-making crowns with Pam

3.00 Sundowners with Sean

Chapel
Chapel
ABG
ABG

Happy hour served in all areas in PM activities

Saturday 10thSunday 11th

10.30 Worship service with Holy Communion

Chapel

Monday 12th

Queen's birthday holiday

Tuesday 13th

10.00 Knitting group

11.00 Exercises with the physio

10.30 One on one visits & sunshine time with Pam

10.30 One on one visits with Sean

1.30 Bingo

1.30 Men's group with Sean

3.00 Sundowners with Sean

Protea
Chapel

Waratah
Chapel
ABGWednesday 14th

10.30 One on one visits with Sean

10.30 One on one visits & sunshine time with Sherrill

10.30 Gospel Goals

1.15 A right royal high tea!

3.00 Sundowners with Sean

Chapel
Chapel
ABGThursday 15th

10.30 One on one visits & sunshine time with Sherrill

10.30 One on one visits with Sean

11.00 Exercises with the physio

1.15 Armchair travel

1.15 Craft with Sherrill

3.00 Sundowners with Sean

Chapel
Waratah
Acacia
ABGFriday 16th

10.00 Tanunda Kindy Visit

ABG

10.30 One on one visits & sunshine time with Pam

10.30 One on one visits with Sherrill

10.30 One on one visits with Sean

10.30 Help for Living

1.15 Bowls with Pam & Sean

1.15 Cooking with Sherrill

3.00 Sundowners with Sean

Chapel
Chapel
ABG
ABG

Happy hour served in all areas in PM activities

Saturday 17thSunday 18th

10.30 Worship service with Holy Communion

Chapel

Monday 19th

10.15 Hymn singing

Chapel

10.30 One on one visits & sunshine time with Pam

10.30 One on one visits with Sean

11.00 Worship service with Holy Communion

1.30 Bingo

1.30 Balloon bounce with Pam

1.30 Singalong with Sean

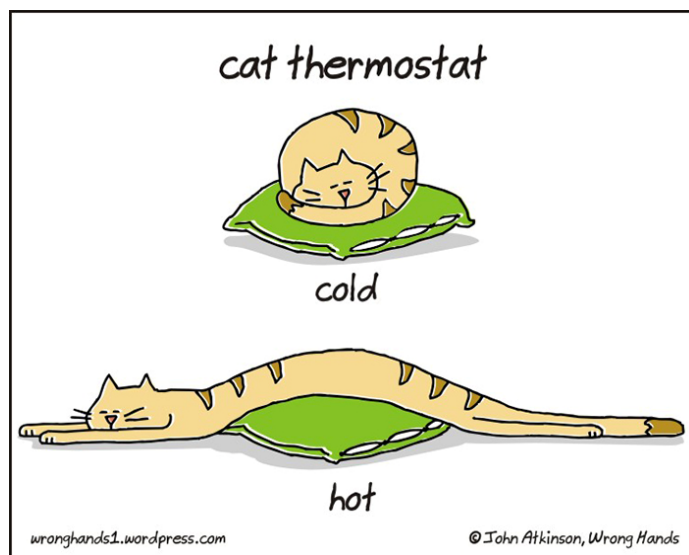
3.00 Sundowners with Sean

Acacia
Waratah
ABG
Chapel
ABG

Kate Quinn belly dancer
Wednesday 28th June
Chapel



REMEMBER Afternoon Lifestyle
 Programs may now commence at 1.15pm
 Instead of 1.30pm unless stated.
 Kind Regards, The lifestyle Team.



Tuesday 20th

- 10.00 Knitting group Protea
 10.30 One on one visits & sunshine time with Sean
 11.00 Exercises with the physio Chapel
 1.30 Bingo Waratah
 1.30 Craft with Pam Waratah lounge
 1.30 Men's group with Sean
 2.00 Students from Good Shepherd Lutheran School will sing Chapel
 3.00 Sundowners with Sean ABG

Wednesday 21st

- 10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Sherrill
 10.30 Gospel Goals Chapel
 1.15 Resident Meeting Chapel
 2.00 Lorraine Gregory Chapel
 3.00 Sundowners with Sean ABG

Thursday 22nd

- 9.00 Bus trip to Melba's chocolate factory
 10.30 One on one visits & sunshine time with Sean
 11.00 Exercises with the physio Chapel
 1.15 Armchair travel Waratah
 3.00 Sundowners with Sean ABG

Friday 23rd

- 10.30 One on one visits & sunshine time with Pam
 10.30 One on one visits with Sherrill
 10.30 One on one visits with Sean
 10.30 Help for Living Chapel
 1.15 Bowls with Sherrill & Sean Chapel
 1.15 Craft with Pam ABG
 3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

Saturday 24th**Sunday 25th**

- 10.30 Worship service with Holy Communion Chapel



Dress for Success

Thursday 29 June 1.30 Chapel

Please note the Lifestyle program may be subject to change

Monday 26th

- 10.15 Hymn singing Chapel
 10.30 One on one visits & sunshine time with Sean
 11.00 Worship service with Holy Communion Acacia
 1.30 Bingo Waratah
 1.30 Craft with Pam ABG
 1.30 'The price is right' with Sean Chapel
 3.00 Sundowners with Sean ABG

Tuesday 27th

- 10.00 Knitting group Protea
 10.30 One on one visits & sunshine time with Sean
 11.00 Exercises with the physio Chapel
 1.30 Bingo Waratah
 1.30 Craft with Pam Waratah lounge
 1.30 Men's group with Sean
 3.00 Sundowners with Sean ABG

Wednesday 28th

- 10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Sherrill
 10.30 Gospel Goals Chapel
 1.15 Belly Dancer Kate Quinn Chapel
 1.15 Reminiscing with Sean Acacia
 3.00 Sundowners with Sean ABG

Thursday 29th

- 10.30 One on one visits & sunshine time with Sean
 10.30 One on one visits with Sherrill
 11.00 Exercises with the physio Chapel
 1.15 Armchair travel Waratah
 1.30 Dress for Success Chapel
 1.30 George Davies ABG
 3.00 Sundowners with Sean ABG

Friday 30th

- 10.30 One on one visits & sunshine time with Pam
 10.30 One on one visits with Sherrill
 10.30 One on one visits with Sean
 10.30 Help for Living Chapel
 1.15 Bowls with Pam & Sean Chapel
 1.15 Reminiscing with Sherrill ABG
 3.00 Sundowners with Sean ABG

