



# Farewell From Chaplain Dianne

## *The End – For me the beginning of life*

These were the words that Dietrich Bonhoeffer said prior to being executed at Flossenbergl camp in Bavaria, Germany on April 9<sup>th</sup> 1945. Bonhoeffer was a pastor, theologian and martyr. He echoed Martin Luther's thoughts and he focussed very much on Christ (Christology) in many of his writings.

Interested residents have just completed a six week study on Bonhoeffer titled "The Way to Freedom". The first week involved viewing a video on Bonhoeffer's life. Topics covered included Discipline, Action, Building Community, Suffering and Death.

The apostle Paul spoke about dying and rising with Christ through baptism:

*Do you not know that all of us who have been baptised into Christ Jesus were baptised into His death? Therefore we have been buried with Him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.*

*For if we have been united with Him in a death like His, we will certainly be united with Him in a resurrection like His.*

*- Romans 6: 3-5*

From a Christian point of view, death is not the end, but the transition to new and eternal life, through Jesus' death and resurrection for us.

When an illness cannot be cured, the focus of care changes to maintaining the best quality of life possible while managing symptoms. Palliative care addresses physical symptoms such as pain or nausea as well as helping with emotional, spiritual, and social needs.

Tanunda Lutheran Home has a dedicated team of volunteers who support clinical staff and carers in providing emotional and spiritual support to residents in their end-times. This role is regarded as a gift to families who wish to avail themselves of the offer of this support. Support is offered to those of faith and also to those of no faith.

A thank you goes out to those volunteers who have re-affirmed their commitment to being on the Palliative Care Support Team for 2017. Additional resources can be found at:

[www.caresearch.com.au](http://www.caresearch.com.au)

[www.palliativecare.org.au](http://www.palliativecare.org.au)

# TIT TAT

MONTHLY  
NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC  
27 Bridge St Tanunda SA  
5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email

info@tlhome.com.au

★ Website

www.tlhome.com.au

*The Home is a Christian  
Community where, in a family  
environment, Residents and  
Staff provide mutual care.  
Jesus Christ said: "Love one  
another as I have loved you"  
John 13:34*

MARCH  
2017

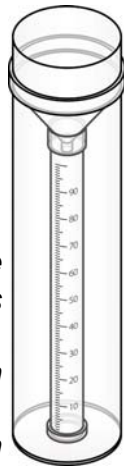
Lutheran  
Church  
of Australia





## RAINFALL REPORT FEBRUARY 2017

*Thank you Ralph Kernich  
for this information*



*The summer months in Tanunda are usually dry, with little rain. So far this summer is no exception. To 23rd February the recordings for the month are 40.8mm recorded on four days. The January total was 49.6mm recorded on four days.*

*In Tanunda the Februarys with the highest rainfall were 1969 with 101mm and 1973 with 94mm. Since 1868 there have been nineteen Februarys with no rain. The highest February recording was 101mm in 1969.*

**DID YOU KNOW??** A rain gauge is called a **UDOMETER** from the Latin word 'usus' meaning 'damp'.

## *Farewell Chef Catherine Wheatley*



**Every blessing and happiness  
Catherine, as you  
move to Tasmania  
to be with your  
extended family.**

**We will miss your  
friendly face  
around the place  
and your  
wonderful meals.**

**Photo:**

***Catherine baked her own farewell cake  
as a way to thank everyone  
for their support. It's a three  
tier chocolate mud cake  
Surrounded by three tiers of  
dainty cupcakes***

## PERMANENT CHAPLAIN

**We thank God that  
Pastor Ian Lutze  
has accepted the Call  
as TLH Chaplain beginning 1st March, 2017**



***Welcome Pastor Ian  
May God richly bless your ministry  
among us***

## TLH SHOPPING BUS

*Departing approx. 9:30am  
Return 11:30am. Cost \$5*

Wednesday	1st March	Tanunda
Wednesday	8th March	Nuriootpa
Wednesday	15th March	Tanunda
Wednesday	22nd March	Nuriootpa
Wednesday	29th March	Tanunda

***Please be at Reception by 9:15am***

**The deadline for news/information for  
APRIL edition is  
Tuesday 28th March  
TIT TAT TEAM: Dorcas Kernich (Editor),  
Myra Othams, Joan Minge  
Deliveries  
Glenys Greig, Glenis Kupke, Joan Minge**



**Lee Martin**

# From the CEO

Is it just me or is everyone else noticing how fast the year is going. We are at the end of February already – the region is looking forward to the start of the vintage and the Home is awaiting the introduction of new and exciting models of care and services.

Over the past weeks Executive staff have been doing the background work to the introduction of Person Centred Care and Neighbourhood models. To define the Neighbourhood model – I put the resident at the centre of everything we do. The resident has more to do with choice of food and when to eat it, daily living care / services and social activities. To explain the neighbourhood model – we are identifying several house locations throughout the facility and developing care and services teams that will then develop a great relationship and needs understanding of each resident in the area. Through the development of both models outcomes expected are, but not limited to:

- Residents' needs and wants better met in a timely fashion.
- Teamwork – training will be given to staff to develop leadership skills, teamwork and customer service.
- Rostering – more permanent staff on shift – less Agency staff.
- Overall operational efficiencies will mean improved budgeting – leading to improved viability of the service.
- Training opportunities – all staff will be involved in various types of training to ensure all care and services are provided using current methodologies and best practice.
- A better place to live and work in. Staff will respect the residents' rights as it is their home and residents and families will appreciate the assistance and services provided by staff to enhance their lives.

To assist in ensuring the changes are met in a reasonable period, staff from Tierra Health have been appointed to work with the Executive Team. They are doing lots of work in the background but soon will be on site and visible, ensuring support is given where needed and conducting training sessions. I look forward to the changes as they will ensure that current and future residents will be well cared for in an enjoyable, homely environment.

## Project up dates:

**25 Bridge Street project** - the construction is slightly off schedule. Because of the extreme weather the units may not be completed until mid-March. Landscaping has commenced. Tiling, floor covering, cupboards and painting is nearly finished. The new residents are very excited and waiting eagerly to move in and join the Tanunda Lutheran Home family.

**Schaedel Street, Nuriootpa Project** - the Barossa Council has approved the Planning Application. Construction documentation is now being completed for Stage One which includes the Community Centre. It is hoped that construction may commence later in 2017.

**27 Bridge Street Master Plan - Stage One** - planning has commenced for the dwellings on the Langmeil Road land. A concept plan has been considered and documentation is now being completed to be put to the Barossa Council.

**27 Bridge Street Master Plan** – discussions continue to develop operational plans for the future management of the project. The demolition of unused buildings is being considered. If you know of any community group that may be interested in hearing the story I have prepared regarding the 30 Year Vision please let me know who to contact.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know. Should you know of any staff who would like to work for us please get them to submit their resume to Kim Hahn.

*Lee Martin*  
23rd February 2017





## March

4 Dora Renner	Trinity
5 Sylvia Nicolle	Protea
8 Kym Huxtable	IL
11 Eileen Redemski	IL
11 Emma Siegler	IL
16 John Schultz	IL
18 Irene Joppich	IL
19 Gordon Meyer	Waratah
23 Daphne Gower	IL
26 Bill Ashenden	Banksia
26 Roy "Scobie" Ruediger	Trinity
27 Don Ralston	IL
31 Oscar Joppich	IL
31 Betty Cross	IL

### Senior's Birthday Prayer

God grant me the senility  
to forget the people I never liked anyway,  
The good fortune to run into  
the ones I do...  
...And the eyesight to  
Tell the difference

# welcome

### INDEPENDENT LIVING

**Iris Ellis**

U3/120 Menge Road - Ph 8563 0304

**Josie Heinrich**

U10/4 Fourth Ave

### RESPITE

**Bev Zeunert — TC3--22**

**Vera Hird — TC3—18**

### PERMANENT

**Robert Atze - Protea 29**



### DEATHS

*Our deepest sympathy  
to the families of*

**Lorna Traeger—died 22nd February**

**Reta Jessop — died 25th February**

**Les Garrett — died 26th February**

*Rest in Peace*



Remember to call in to your  
**FREE LIBRARY**  
Check out the large collection of  
books, magazines, puzzles,  
DVDs, CDs, etc

Free Delivery service  
Open Wednesday and Friday



### INDEPENDENT LIVING RESIDENTS

**Saturday 4th March**

**Ladies' Get Together**

**1.30pm in Courtyard Café**

**First Saturday of each month**

*Please bring small plate of food*

**Enquiries: Margaret Spike 0481 255 041**



# Goodbye from Chaplain Dianne

*I commenced work at Tanunda Lutheran Home in the middle of December.  
I have had the privilege of being the Interim Chaplain for the past three months.*

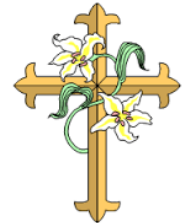
Let me share one of my favourite scripture verses with you:  
***In all thy ways acknowledge Him and He will direct your path***.  
Proverbs 3:6 (Yes, it is in the King James Version)

I have had the opportunity to work with wonderful people—both staff, residents, ILU folk and, in addition to working in an awesome environment which is Tanunda Lutheran Home. I have enjoyed the role immensely and am feeling sad that the interim role has come to an end.  
Thank you to everyone—residents, staff, volunteers and families for helping me to settle into the role and for being helpful and friendly.  
God's grace, love and mercy abounds in the corridors and rooms of Tanunda Lutheran Home. I have enjoyed the one on one times and the group times.  
All the blessings of His love to you all. Thank you for your open doors to me.

As I write this farewell article the traditional hymn titled "Trust and Obey" comes to mind.



*When we walk with the Lord in the light of His Word,  
What a glory He sheds on our way!  
While we do His good will, He abides with us still,  
And with all who will trust and obey.*  
**Refrain:**  
*Trust and obey, for there's no other way  
To be happy in Jesus, but to trust and obey.  
Then in fellowship sweet we will sit at His feet,  
Or we'll walk by His side in the way;*



Our grateful and sincere thanks  
to Interim Chaplain  
Dianne Thiele

## *Thank you Dianne*

for your loving, caring  
and friendly approach to the  
Residents, Volunteers, IL residents,  
Staff and everyone who you have touched  
during your role here as TLH Interim Chaplain

***God go with you  
wherever He leads you to serve***



## **LUTHER'S MORNING PRAYER**

*A model for the  
Christian's daily life*

*I thank you, my Heavenly Father, through Jesus  
Christ, Your dear Son, that You have kept me this  
night from all harm and danger; and I pray that You  
would keep me this day also from sin and every evil,  
that all my doings and life may please You. For into  
Your hands I commend myself, my body and soul,  
and all things. Let Your holy angel be with me, that  
the evil foe may have no power over me. Amen*

# Welcome Menge Road Residents



## **CHRIS and JAYNE PFEIFFER—Unit 1**

Chris and Jayne decided to downsize and move following the sale of their Bed and Breakfast business, Whistler Farm. In deciding the most suitable place for their retirement, Jayne had previously seen in nearby Pellegrini Drive an identical floor plan she favoured, which led them to settle in this lovely unit on Menge Road. Chris helps out on his son's Seppeltsfield vineyard and is kept busy with other commitments. He is chairman of the Marananga congregation, and is a member of four boards. He chairs three, including TLH board. Jayne's working life was spent in offices in Management and Personal Assistant to CEOs.

Jayne is currently president of Soroptomist International Barossa Valley. She loves gardening and volunteers at the Faith Barossa Arts/Convention Centre and is an active member of the Barossa Ladies' Food and Wine Club.

## **TOM and MARLENE HOFFMANN—Unit 2**

Tom and Marlene are very happy in their lovely new home with all its comforts, the spacious living area, good neighbours and variety of bird life. They both look forward to establishing a new garden with a number of favourite plants brought with them. They lived for 31 years in their former home on Light Pass Road just 4.5 kms away. Health concerns made them decide to move, but after two days of unpacking, Marlene unfortunately broke her ankle, which put a sudden stop to her usual activities. They are blessed with two children—a son and daughter, also five grandchildren and five great-grandies.

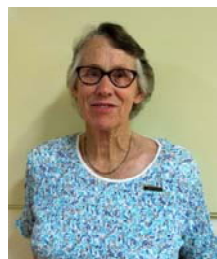


## **IRIS ELLIS—Unit 3**

Having lived all her 81 years in two old farm houses, Iris is thrilled with her brand new home with all modern conveniences, safety features, neat small garden and an attached double garage to house her Toyota Camry. Iris was born and grew up at Gomersal, the youngest of 13 children in the Braunack family. As was the custom of the day, the children walked two kilometres to school and relied on the horse and wagon when the creek was flooded. A memorable event took place in 1939 when the eldest sister's wedding photo made headlines in *The Chronicle*—with all the bride's nine sisters as attendants! After Iris married Angus Ellis, they worked hard together on their farm at Hamilton, struggling to survive the drought years in the 1960s, 70s and 80s. Iris is proud of their two sons and two daughters, who all achieved excellent results academically and went on to become a successful teacher (Sue), manufacturing pharmacist (David), civil engineer (Rod) and a chartered accountant (Julie). Iris has eight grand children—six girls and two boys.

## **JILL STEVENS—Unit 5**

Jill was born in Somerset, England and, lured by our sunshine, migrated with her late husband 53 years ago. After graduating from high school, Jill trained as a teacher before moving to South Australia where she undertook training in librarianship. She worked for forty years as a school librarian, mostly in suburbs north of Adelaide. This occupation did not allow much time for private reading, but given the opportunity, Jill enjoys and prefers murder mysteries. Jill is involved with the Barossa Friends of the Library, raising funds for library projects like large scanners and other equipment that is not supplied by the government. She also edits the Lyndoch Red Cross monthly newsletter. Jill moved to Menge Road after leaving her picturesque rural property at Lyndoch. A large photograph on Jill's living room wall illustrates the beauty of that undulating landscape. Jill is very pleased to have neighbours now and looks forward to meeting and making more friends within the IL community.



## **JENNY SCHUBERT—Unit 6**

Jenny is very happy here in her new home. She previously lived in nearby Magnolia Street, only half a kilometre distant. Jenny knows her home will be well cared for throughout the winter months when she returns to the passion of her life - volunteering at the Hermannsburg community in Central Australia. She and her late husband lived there for eighteen months and Jenny returns each winter. Jenny is very involved there with ministry to children, cooking healthy take-away meals, and baking scones for the tourist café. It is 140 years since the first missionaries arrived at Hermannsburg. Jenny grew up in suburban Adelaide and was educated at Allenby Gardens Primary and Woodville High Schools, Adelaide Teachers' College and for three years she taught in country South Australian schools. After marrying Bevis, also a teacher, they spent many years in various country SA schools, culminating in Bevis's appointment in 1975 as Principal to Tanunda Primary School. Jenny enjoys a close relationship with her two children, their spouses, her seven grandchildren, two grandsons-in-law, three foster-grandchildren, and her two great-grandchildren.

Ed.





## LENTEN SERVICES 2017

Two Lenten services each Wednesday  
1.15pm in Chapel—2.00pm in ABG

	Pastor	Theme
Ash Wed 1st	Guntars Baikovs	The way of Repentance
8th March	Julian Bayha	The way of Sacrifice
15th March	Paul Lohe	The way of Cleansing
22nd March	Max Stollznov	The way of Suffering
29th March	David Gogoll	The way of Testing
5th April	Valdis Andersons	The way of the Cross

KEEP THIS DATE FREE

## Residents' Vintage Ball



**FRIDAY**  
**21st April 2017**



## WHEELCHAIR HELPERS WANTED

*Six weeks of Lenten Services  
beginning 1st March*

**Volunteers are needed to assist in  
getting residents,  
both walking and in wheelchairs,  
to Lenten Services  
commencing Wednesday 1<sup>st</sup> March.**

**1.15pm Service in Gramp Chapel  
with volunteers arriving at 12.30pm  
followed by  
2.00 pm Service in Acacia.  
If interested please contact  
Chaplain Dianne  
phone 0420 945 525 or just turn up.**

**Following the great success of the TLH Wedding  
Dress Display last year  
another will be presented  
in the Social Centre during the  
Vintage Festival**



**from Tuesday 18th to Friday 21st April  
9.00am-3.30pm daily**

**Can you please help by loaning items ?**

- \* Mannequins, real life and still/artificial.
  - \* Anything to do with weddings—bridal gowns, bridesmaids, flower girls, accessories, photos, mementoes, jewellery, artificial flowers etc.
  - \* Everything will be stored securely until the day.
- Wedding items will be taken down on Friday 21st of April from 3.30pm and stored safely until picked up. All items to be labelled, but labels need to be filled in on delivery.

## REMEMBER

**EXERCISES  
TUESDAYS, THURSDAYS  
ARE NOW AT**

**11.00am ONLY**



TIT TAT



## CHECK OUT THE FOOTIE NEWS

**Sean says  
FOOTIE  
TIPPING  
WILL BEGIN  
SOON**





# Congratulations Scobie

**Congratulations to Roy "Scobie" Ruediger (Trinity)  
Awarded a National Medal—Country Fire Service  
and Chief Officer's Training**



**Members of the Truro Fire Brigade**

Scobie has been a member of Truro CFS Fire Brigade for about 65 years and is certainly worthy of this special award. He has always loved horses and dreamed of becoming a jockey - in fact his nickname was taken from a famous jockey of the day who was his hero. As a very young boy (when his Mum wasn't looking!) Scobie would ride bareback around the yard. He regularly attended gymkhanas and shows and loved riding the baker's horse and driving the baker's cart at every opportunity.

Scobie was born at Loxton almost 85 years ago. The family moved to Truro when he was between three and four years old. As a teenager, he joined the local Fire Brigade and helped to build the fire station. He talks of many hair raising experiences fighting fires in this high risk service to the community. In the Keyneton area he once drove a grader to form a fire break—a bale of hay caught fire but fortunately, Scobie was able to push it into the nearby dam, thereby saving the cattle. Scobie's philosophy has always been to help others. He has served well, often risking his life for the benefit of others.

→  
**Scobie  
receiving his  
Award from  
Nik Stanley  
Regional  
Commander  
CFS**



*Well done, Scobie.*

*Heartiest congratulations from us all.*

Ed.

## WANTED

**If you have any unwanted**

- ◆ Picture Calendars
- ◆ Birthday/greeting cards
- ◆ Pictures

Barossa Club would love to  
have them for  
Craft projects

*Please leave them at  
Barossa Club or Reception*

## HIGHLY RECOMMENDED FREE FRINGE EVENT St Peter's Cathedral—Ends 5th March

**Monday-Saturday 10.00-4.00pm**

**Sunday 12noon-4.00pm**

**Visual Arts and Design**

**Three Artists: Maz Gill-Harper**—Many large canvasses interpret and invite conversations about parables of Jesus. Reflects the wonder of creation and creativity.

**Mark Pearse**—potter/sculptor—The potter and his clay - the material that speaks of our daily living, of home and family.

**Julie Haddrick** on Fabric— Art in stitches. Measured. Decorative. Beautiful. Be enriched by the intensity of juxtaposed colour!



## FUN AT BAROSSA CLUB



1.

**1. Malcolm Gogoll** was hoping for sympathy from Barossa Club members during the Tour Down Under.  
(All he got was a lot of laughs.)



Volunteer Ivor Carter played the Didgeridoo for Residents on Australia Day



**Jan Schupelius**  
**Wendy Shemmeld**  
had fun



2.

**2.** A visit from **ELVIS** on his birthday  
9th January  
**Ivor Carter** did a most convincing job of impersonating the King



### **BLOOD BROTHERS**

By **Ken Fyfe—IL (Arrawarra)**

Every day I check our calendar; some nights I check it in my dreams,  
This is not to check for days of rest; I wouldn't go to such extremes.  
I'm only checking our appointments, for all the visits that we make,  
To doctors, physios, podiatrists; or having blood tests we now take.

My wife is getting used to those and I'm quite prone to them myself,  
But that seems better than stagnating; like puppets sitting on a shelf.  
Things didn't used to be like that, when we were young and fairly fit,  
We'd thought then; we were the carers and on occasions did our bit.  
But we never made appointments; at least none that were predated,  
We saw doctors when we needed them, then simply sat and waited.  
That was, if they could fit us in; they always did when we looked sick,  
The system seemed to work OK—but, waiting made it not too quick.  
But that was then and this is now; and now is nothing like back then,  
So I'm not sure which was better; things change time and time again.  
We make appointments with our doctors; they refer us on to others,  
Our blood is tested by pathology; we're more or less 'blood brothers'.  
So, with our calendars reminding us, of proper dates and times to go,  
Our appointments now should keep us fit; that's all we need to know.



# IL SOCIAL MORNING

Thursday 15th February 2017

*What you get by achieving your goals is not as important  
as what you become by achieving your goals*

Henry David Thoreau

## Hypnotherapy and NLP

Mrs Sharon Martin, Hypnotherapist and NLP (Neuro Linguistic Programing) Coach, was the popular speaker at the February IL Social morning held in the Social Centre on Thursday 15th February 2017. Ray Giersch welcomed all present, in particular several new IL Residents—Iris Ellis, Josie Heinrich, Norma Robinson and Jenny Schubert.

Sharon, wife of our CEO Lee, addressed a captive audience with a fascinating explanation of her Hypnotherapy techniques. Sharon grew up in the little railway siding township of Stirling North. Daughter of a nurse and highly qualified in the nursing profession, Sharon trained at the Port Augusta Hospital and later transferred to The Queen Elizabeth Hospital. She completed her Registered Nurse and Midwifery training, is an experienced operating theatre sister as well as a specialty Clinical Nurse in Vascular and Thoracic Surgery. Sharon gained further valuable experience as a Medical Sales Rep for a company selling cardiac valves - these valves were able to increase a patient's life span for several years. When Sharon was working as a Medical Rep as part of her professional development, she had some NLP Coaching to assist her in her Sales role. In turn, Sharon achieved major sales awards resulting in an all-expenses paid trip for herself and Lee to Monte Carlo for the Awards ceremony.

Sharon realised that habits and responses could be changed with the professional use of Neuro Linguistic Programing (NLP) therapy. This modality is used hand in hand with hypnotherapy and complement each other in achieving positive outcomes.

**What is Hypnosis?** It is a natural and normal state of the mind in which the body experiences a state of deep physical relaxation while the mind remains clear, alert and focused. This is similar to the brain wave pattern when we day-dream or get engrossed in reading a book or watching television. It is no different. It is a useful tool for treating anxiety, bad habits, exam nerves, etc.

**Hypnotherapy** is useful to quit smoking, lose weight, cure addictions of various sorts, bad habits like nail biting or twirling hair, as well as fears and phobias. A patient must have complete trust in the hypnotherapist, be willing to be hypnotised and want to make the changes for themselves and not be influenced by a family member, friend or Doctor.

**Neuro Linguistic Programing** is an approach to communication, personal development and psychotherapy. It was created by two Psychiatrists in USA in the 1970s. Using specific techniques producing a connection between the neurological processes, language and behavioural patterns learned through experience—these can be changed to achieve specific goals in life.

Sharon answered a variety of questions from members of the fascinated audience. Sharon consults in Tanunda and can be contacted on mob: 0427 073 710 or email [sharon@healthy-networks.com.au](mailto:sharon@healthy-networks.com.au) Website: [www.healthy-networks.com.au](http://www.healthy-networks.com.au)

Ray invited Alison Redden to extend our grateful thanks to Sharon for her excellent and very informative presentation. A delicious hot meal of either chicken or pork, with vegetables, plus apricot crumble dessert, was enjoyed by those who stayed for lunch. Thank you Catherine, Kitchen staff and the volunteers who assisted with serving.

Ed.



Sharon Martin  
Carolyn Redden



Ray Giersch



Emma Siegler  
Irene Joppich  
Lois Lablack



Jenny Schubert, Barbara  
Keil, Betty Kohlhausen,  
Myra Othams



Daphne Gower  
Norma Robinson



Josie Heinrich, Alison  
Redden, David & Glenda  
Armstrong, Iris Ellis (fr.)



Sharon Martin  
Dorcas Kernich





# Volunteers' Morning Tea

**WELCOME SUPER HEROES!!**

*Be a Superhero—"We all have the capacity to be a superhero. In order to become one, you just have to find your unique power or ability and exploit it for the greater good. The cape and mask are optional accessories, but a kind heart is essential."*

Robert Clancy



Judging from the happy chatter in the social centre on Tuesday 7th February, the first Morning Tea for the year was enjoyed and very much appreciated by all present. Rachel wore a hero's cape to depict the Superhero theme—and once again shone with her artistic table decorations. Chef Catherine and her staff supplied a scrumptious morning tea of pastries, mixed sandwiches and cakes to accompany the tea and coffee, plus a chocolate treat to take home.



Lois Lablack, Clair Altus. Oscar & Irene Joppich, Elaine Leditschke, Eunice & Ken Schuster. Daphne Gower, Jan Schupelius



1. Front: Rhonda Klemm, Ivy Parr, Chaplain Dianne Thiele. Back: Janice Fechner, Joan Minge  
2. Melva Ratsch, Ray Giersch, Anne Tschärke  
3. Margaret Jasper, Judy Nicholls, Coral Bittner, Pauline Leske

## Welcome New Staff



**Herrah Chawla**  
PCW



**Sharlene Reardon**  
Hospitality



**Nory Lynn Scoot**  
Hospitality



**Jacqueline Viergever**  
Hospitality

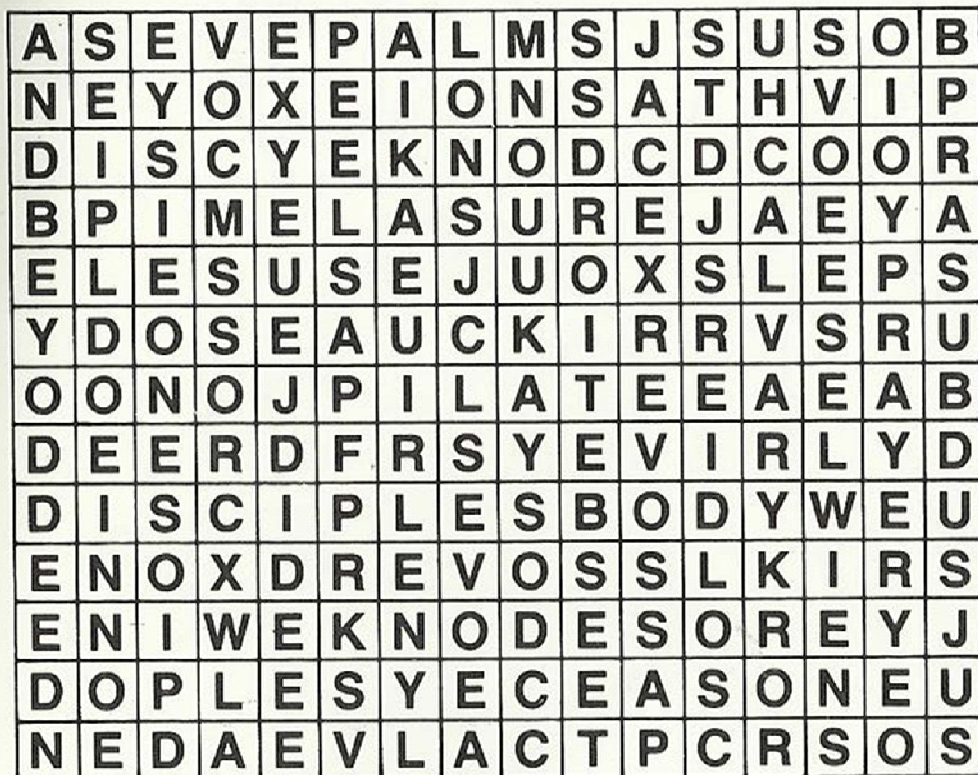


**Janine Bawden**  
Enrolled Nurse



## WORD SEARCH PUZZLE FOR LENT

ASLEEP	CROSS	JESUS	PRAYER
BLOOD	CRUCIFIXION	JUDAS	SOLDIERS
BODY	DISCIPLES	PALMS	WINE
BREAD	DONKEY	PASSOVER	
CALVARY	JERUSALEM	PILATE	



### STUDENT SEEKING WORK

#### COMPUTER ISSUES?

I can come  
to your home!  
Phone  
**Ezra Radke**  
**8563 3996**



*The older we get,  
the more like computers  
we become... We start off  
with lots of memory  
and drive, then we become  
out dated, crash at  
odd moments,  
and regularly need our  
parts replacing!*

# New at the Hairdressing Salon

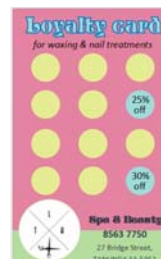


**Fiona Loyde**  
*Beautician*

- \* Half leg waxing \$25
- \* Full leg waxing \$45
- \* Bikini wax \$20

#### Facial Waxing

- \* Eyebrows \$10
- \* Chin \$10
- \* Lips \$10 (all three \$25)
- \* Eye lash tint \$15
- \* Eyebrow tint \$10
- \* Manicures from \$20 to \$35



**Phone 8563 7750 for appointment**

**Wednesday 1<sup>st</sup>**

10.30 One on One Visits  
 10.30 One on One Visits  
 10.30 Gospel Goals



Chapel

1.15 Ash Wednesday— Pastor Guntars Baikovs  
 2.00 Ash Wednesday —Pastor Guntars Baikovs  
 3.00 Sundowners

Chapel  
 ABG

**Thursday 2<sup>nd</sup>**

11.00 Exercises with physio  
 10.30 One on One Visits  
 10.30 One on One Visits  
 1.15 Arm chair travel with Sean  
 1.15 Ladies' group with Sherril  
 3.00 Sundowners

Chapel

Waratah  
 ABG  
 ABG

**Friday 3<sup>rd</sup>**

10.30 One on One Visits  
 10.30 One on One Visits  
 11.00 Help for Living  
 1.15 Bowls  
 3.00 Sundowners

Chapel  
 Chapel  
 ABG

Happy hour served in all areas in PM activities

**Saturday 4<sup>th</sup>****Sunday 5<sup>th</sup>**

10.30 Worship service



Chapel

**Monday 6<sup>th</sup>**

10.15 Hymn singing  
 10.30 One on one visits  
 10.30 One on one visits  
 11.00 Worship service  
 1.30 Bingo  
 1.30 Magic Memories  
 3.00 Sundowners

Chapel

Acacia  
 Waratah  
 TC2 Lounge  
 ABG

**Tuesday 7<sup>th</sup>**

11.00 Exercises with the physio  
 10.00 Dress with Dignity  
 10.30 One on one visits  
 10.30 Sewing and knitting Group  
 1.30 Bingo  
 1.30 Games  
 1.30 Men's Group  
 3.00 Sundowners  
 3.30 Christian Meditation

Chapel  
 Protea

Protea  
 Waratah  
 TC2 Lounge  
 Chapel  
 ABG  
 TC2 Lounge

**Wednesday 8<sup>th</sup>**

10.30 One on One Visits  
 10.30 One on One Visits  
 10.30 Gospel Goals

Chapel

1.15 Lenten Service— Pastor Julian Bayha  
 2.00 Lenten Service—Pastor Julian Bayha  
 3.00 Sundowners

Chapel  
 ABG  
 ABG

**Thursday 9<sup>th</sup>**

11.00 Exercises with physio  
 10.30 One on One Visits  
 10.30 One on One Visits  
 1.15 Arm chair travel with Sean  
 1.15 Ladies' group with Sherril  
 3.00 Sundowners

Chapel

Waratah  
 ABG  
 ABG

**Friday 10<sup>th</sup>**

10.30 One on One Visits  
 10.30 One on One Visits  
 11.00 Help for Living  
 1.15 Bowls  
 3.00 Sundowners



Chapel  
 Chapel  
 ABG

Happy hour served in all areas in PM activities

**Saturday 11<sup>th</sup>****Sunday 12<sup>th</sup>**

10.30 Worship Service

Chapel

**Monday 13<sup>th</sup>**

PUBLIC HOLIDAY – ADELAIDE CUP

**Tuesday 14<sup>th</sup>**

11.00 Exercises with the physio  
 10.30 One on one visits  
 10.30 Sewing and Knitting Group  
 1.30 Bingo  
 1.30 Games  
 1.30 Men's Group  
 3.00 Sundowners  
 3.30 Christian Meditation  
 5.45 Piano Bar

Chapel

Protea  
 Waratah  
 TC2 Lounge  
 Chapel  
 ABG  
 TC2 Lounge  
 TC2 Lounge

**PLEASE NOTE****THE LIFESTYLE PROGRAM****MAY BE SUBJECT TO CHANGE**

Tanunda Lutheran Home Inc.		Lifestyle Program		March 2017	
<b>Wednesday 15<sup>th</sup></b>			<b>Wednesday 22<sup>nd</sup></b>		
10.30 One on One Visits			10.30 One on One Visits		
10.30 One on One Visits			10.30 One on One Visits		
10.30 Gospel Goals	Chapel		10.30 Gospel goals	Chapel	
1.15 Lenten Service—Pastor Paul Lohe	Chapel		1.15 Lenten Service Pastor Max Stollznow	Chapel	
2.00 Lenten Service—Pastor Paul Lohe	ABG		2.00 Lenten Service	ABG	
3.00 Sundowners	ABG		2.00 Resident's Meeting	Chapel	
			3.00 Sundowners	ABG	
<b>Thursday 16<sup>th</sup></b>			<b>Thursday 23<sup>rd</sup></b>		
11.00 Exercises with physio	Chapel		11.00 Exercises with physio	Chapel	
10.30 One on One Visits			10.30 One on One Visits		
10.30 One on One Visits			10.30 One on One Visits		
1.15 Arm chair travel with Sean	Waratah		1.15 Arm chair travel with Sean	Waratah	
1.15 Ladies' group with Sherril	ABG		1.15 Mystery Bus Trip		
3.00 Sundowners	ABG		3.00 Sundowners	ABG	
<b>Friday 17<sup>th</sup></b>			<b>Friday 24<sup>th</sup></b>		
10.30 One on One Visits			10.30 One on One Visits		
10.30 One on One Visits			10.30 One on One Visits		
10.30 One on One Visits			11.00 Help for Living	Chapel	
11.00 Help for Living	Chapel		1.15 Bowls	Chapel	
1.15 Bowls	Chapel		3.00 Sundowners	ABG	
3.00 Sundowners	ABG				
Happy hour served in all areas in PM activities			<b>Happy hour served in all areas in PM activities</b>		
<b>Saturday 18<sup>th</sup></b>			<b>Saturday 25<sup>th</sup></b>		
<b>Sunday 19<sup>th</sup></b>			<b>Sunday 26<sup>th</sup></b>		
10.30 Worship service	Chapel		10.30 Worship service	Chapel	
<b>Monday 20<sup>th</sup></b>			<b>Monday 27<sup>th</sup></b>		
10.15Hymn singing	Chapel		Dress for Success coming in today	Protea	
10.30 One on one visits			10.15 Hymn singing	Chapel	
10.30 One on one visits			10.30 One on one visits		
10.30 One on one visits			10.30 One on one visits		
11.00 Worship service	Acacia		11.00 Worship service	Acacia	
1.30 Bingo	Waratah		1.30 Bingo	Waratah	
1.30 Magic memories	TC2 Lounge		1.30 Magic memories	TC2 Lounge	
3.00 Sundowners	ABG		3.00 Sundowners	ABG	
<b>Tuesday 21<sup>st</sup></b>			<b>Tuesday 28<sup>th</sup></b>		
11.00 Exercises with the physio	Chapel		11.00 Exercises with the physio	Chapel	
10.30 One on one visits			10.30 One on one visits		
10.30 Sewing and knitting Group	Protea		10.30 Sewing and knitting Group	Protea	
1.30 Bingo	Waratah		1.30 Bingo	Waratah	
1.30 Games	C2 Lounge		1.30 Games	TC2 Lounge	
1.30 Celebrating St Patrick's Day	Chapel		1.30 Men's Group	Chapel	
3.00 Sundowners	ABG		3.00 Sundowners	ABG	
			3.30 Christian Meditation	TC2 Lounge	
			5.45 Piano Bar	TC2 Lounge	





**Wednesday 29<sup>th</sup>**

10.30 One on One Visits	
10.30 One on One Visits	
10.30 Gospel goals	Chapel
1.15 Lenten Service	Chapel
2.00 Lenten Service	ABG
3.00 Sundowners	ABG

**Thursday 30<sup>th</sup>**

11.00 Exercises with physio	Chapel
10.30 One on One Visits	
10.30 One on One Visits	
1.15 Arm chair travel with Sean	Waratah
1.15 George Davies	ABG
3.00 Sundowners	ABG

**Friday 31<sup>st</sup>**

10.30 One on One Visits	
10.30 One on One Visits	
11.00 Help for Living	Chapel
1.15 Bowls	Chapel
3.00 Sundowners	ABG

Happy hour served in all areas in PM activities

**Sat 1<sup>st</sup> April**

**Sun 2<sup>nd</sup> April**

10.30 Worship service	Chapel
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**MONTHLY VOLUNTEERS' MORNING TEA**

**Come along and enjoy a pleasant morning with a cuppa and goodies from the kitchen. Catch up with friends**



*All Volunteers are most welcome. Rachel would love to hear from you if you'd like to become a Volunteer*



TIT TAT



MARCH 2017

## THE *LAST CAB RIDE*

I arrived at the address and honked the horn. After waiting a few minutes I honked again. Since this was going to be my last ride on my shift I thought about just driving away, but instead I put the car in park and walked up to the door and knocked. 'Just a minute', answered a frail, elderly voice. I could hear something being dragged across the floor. After a long pause, the door opened. A small woman in her 90's stood before me. She was wearing a print dress and a pillbox hat with a veil pinned on it, like somebody out of a 1940's movie. By her side was a small nylon suitcase. The apartment looked as if no one had lived in it for years. All the furniture was covered with sheets. There were no clocks on the walls, no knickknacks or utensils on the counters. In the corner was a cardboard box filled with photos and glassware.

'Would you carry my bag out to the car?' she said. I took the suitcase to the cab, then returned to assist the woman. She took my arm and we walked slowly toward the curb. She kept thanking me for my kindness. 'It's nothing', I told her. 'I just try to treat my passengers the way I would want my mother to be treated.' 'Oh, you're such a good boy', she said. When we got in the cab, she gave me an address and then asked, 'Could you drive through downtown?' 'It's not the shortest way, I answered quickly.' 'Oh, I don't mind,' she said. 'I'm in no hurry. I'm on my way to a hospice'. I looked in the rear-view mirror. Her eyes were glistening. 'I don't have any family left,' she continued in a soft voice. 'The doctor says I don't have very long.'

I quietly reached over and shut off the meter. 'What route would you like me to take?' I asked. For the next two hours, we drove through the city. She showed me the building where she had once worked as an elevator operator. We drove through the neighbourhood where she and her husband had lived when they were newlyweds. She had me pull up in front of a furniture warehouse that had once been a ballroom where she had gone dancing as a girl. Sometimes she'd ask me to slow in front of a particular building or corner and would sit staring into the darkness, saying nothing. As the first hint of sun was creasing the horizon, she suddenly said, 'I'm tired. Let's go now.'

We drove in silence to the address she had given me. It was a low building, like a small convalescent home, with a driveway that passed under a portico. Two orderlies came out to the cab as soon as we pulled up. They were solicitous and intent, watching her every move. They must have been expecting her. I opened the trunk and took the small suitcase to the door. The woman was already seated in a wheelchair.

'How much do I owe you?' She asked, reaching into her purse. 'Nothing,' I answered. 'You have to make a living,' she said. 'There are other passengers,' I responded. Almost without thinking, I bent and gave her a hug. She held onto me tightly. 'You gave an old woman a little moment of joy,' she said. 'Thank you.' I squeezed her hand, and then walked into the dim morning light. Behind me, a door shut. It was the sound of the closing of a life..

I didn't pick up any more passengers that shift. I drove aimlessly lost in thought. For the rest of that day, I could hardly talk. What if that woman had gotten an angry driver, or one who was impatient to end his shift? What if I had refused to take the run, or had honked once, then driven away? On a quick review, I don't think that I have done anything more important in my life. We're conditioned to think that our lives revolve around great moments. But great moments often catch us unaware - beautifully wrapped in what others may consider a small one.

*People may not remember exactly what you did, or what you said, but they will always remember how you made them feel. Life may not be the party we hoped for, but while we are here we might as well dance.*

*A heart warming story and, I think, a good illustration of what Jesus says to us 'to love your neighbour as yourself - just as I have loved you'.*