



# TIT TAT

MONTHLY  
NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC  
27 Bridge St Tanunda SA  
5352

★ Phone (08) 8563 7777

★ Fax (08) 8563 3744

★ Email

info@tlhome.com.au

★ Website

www.tlhome.com.au

*The Home is a Christian  
Community where, in a family  
environment, Residents and  
Staff provide mutual care.*

*Jesus Christ said: "Love one  
another as I have loved you"*

*John 13:34*

**JANUARY  
2017**

*Lutheran  
Church  
of Australia*



## *In God's Care*

### *I am always in your care –Psalm 31:15*

Psalm 31 is a psalm of trust in God. Nowhere is that trust expressed more beautifully than in verses 14 and 15: *But my trust is in you, O Lord; you are my God, I am always in your care.*

**"I am always in your care."** On the one hand, a little child can say to its parents as they walk through the forest, "I'm not afraid—you are with me. I'm always in your care." On the other hand, the little child can adopt an attitude of independence and wander off on its own, ignoring the presence and protection of the parents. The child has then walked out of the care of those who care.

In the same way, it is possible to reject and ignore the care of God, just as it is possible to reject the love and forgiveness of God. It is part of the human predicament that we want to assert our own independence, to ignore the presence and protection of God both spiritually and physically. God, however, never lets go our hand; it is we who let go of him. This requires repentance as we return to the arms which hold us, and to the hands which guide and lead us.

It is a good practice when visiting people in hospital or at their home, to leave them with the greeting, "I leave you in God's care." That's a good place—the very best place—to leave them. That's the very best place to commit yourself and other people this coming year, as well. We know God's care is good. After all, he is God. And he demonstrated his care and concern and love for us in the most remarkable of all demonstrations of care and love: the sacrifice of Christ for us. If God has gladly done this for us, won't he also do everything else?

*Prayer: Lord, we often falter and stumble and go astray. Take our hands and lead us through the rough paths of this new year. Make us conscious of your presence and of your care.*

*In Jesus' Name. Amen*

***Devotional Meditation from 'Light for the Way'***



# **RAINFALL REPORT** **DECEMBER 2016** *Selected Years*

Year	Rainfall in mm	Days of Rain	Since 1 Jan.
2003	33.0	10	592.1
2004	58.8	10	590.3
2005	32.8	10	660.0
2006	32.0	7	396.1
2007	30.0	6	499.4
2008	75.0	8	487.6
2009	25.2	5	564.9
2010	177.4	15	676.9
2011	62.4	6	738.7
2012	12.2	7	415.6
2013	28.3	9	507.7
2014	13.2	3	526.8
2015	2.0	1	403.7
To 28th Dec 2016	50.2	5	742.6

Early December was dry with 13.2mm recorded in the first week, then nothing until 26th and 27th when we received 37mm over the two days.

*Thank you Ralph Kernich  
for supplying this  
interesting information*

**DEADLINE FOR FEBRUARY 2017 ISSUE**  
Please note deadline for contributions for  
February Tit Tat is  
Wednesday 25th January

**TLH ADMIN OFFICE REOPENS**  
*Tuesday 3rd January*

**COURTYARD CAFÉ**  
*Closed only on public holidays*

## **TLH SHOPPING BUS**

*Departing approx 9:30am*  
*Return 11:30am. Cost \$5*

Wednesday	4th January	Nuriootpa
Wednesday	11th January	Tanunda
Wednesday	18th January	Nuriootpa
Wednesday	25th January	Tanunda

***Please be at Reception by 9:15am***

- ♦ Anger is a condition in which the tongue works faster than the mind
- ♦ A hug can be given for any occasion and it is easy to exchange
- ♦ One nice thing about egotists –they don't talk about other people
- ♦ When all else fails, read the instructions
- ♦ Encouragement is the oxygen of the soul

## **TIT TAT TEAM:**

Dorcas Kernich (Editor), Myra Othams,  
Joan Minge

## **Deliveries**

Glenys Greig, Glenis Kupke, Joan Minge



**Lee Martin**

## *From the CEO*



Well, as we draw 2016 to a close we can reflect on a year of many changes. That is a nature of the aged care business. On a daily basis we change things to meet resident and staffing needs. There are changes enforced upon the aged care system by government to ensure standards are met and funding costs are contained. With the development of In-Home Care there has been a notable change in the type of residents entering the Tanunda Lutheran Home. Residents are frailer and needing more intensive care and support. People are starting to stay longer and receiving care and services in their own homes. It is certainly pleasing to report that Tanunda Lutheran Home continues to maintain a good occupancy level, meeting all Accreditation and Aged Care Standards. As reported throughout the year there have been many changes or updates to systems and processes, staffing and equipment – all to ensure we continually improve and meet challenges as they arise.

2017 will be a great year. The planning has already been completed to ensure we meet the future needs of residents and of the business. The project to introduce Resident Centred Care is on track to commence early in the new year. The appointment of Linda Leske as the Clinical Coordinator permanently has already shown marked improvement in nursing care and support to residents and their families, to staff, stores and equipment. I would like to take the opportunity to publicly thank Linda for all the work she has done in meeting many positive outcomes.

Recently I had the pleasure of promoting Kim Hahn to the Executive position of People & Culture Manager. Kim has clearly demonstrated her abilities within the Human Resources area and will be a great asset to the Executive team and the organisation when discussing future strategic processes and change.

The building projects will ensure our independent living business continues to grow and provide a new environment for those seeking to down size.

As you have heard or seen on the television – we are going to be experiencing some very hot weather. It is being reported it will be the hottest Christmas since WW2. Please ensure you use the air conditioner, stay out of the sun, drink lots of water and dress in cool clothing. Keep an eye out for each other, check on your neighbours to make sure they're OK. If not feeling well, seek medical assistance sooner rather than later.

I do hope everyone has a Merry Christmas and a Happy New Year. For those who are taking a break – be safe and enjoy. If travelling, be extra safe and drive to the conditions. For the staff working over the Christmas period – thank you – I hope you do manage to spend quality time with family when not working. See you all in 2017.

### **Project up dates:**

**25 Bridge Street project** - the construction is on schedule and is at the lock up stage. Painting has commenced and cupboards have been fitted. The completion date is set for the end of February 2017.

**Schaedel Street, Nuriootpa Project** - the Planning Application is currently being considered by the Barossa Council for approval. It is hoped that construction may commence mid 2017.

**27 Bridge Street Master Plan - Stage One** - planning has commenced for the dwellings on the Langmeil Road land. The consulting team has been appointed and a budget approved by the Board.

**The IT project** - The planning of implementing the new clinical software —LeeCare — has commenced. An implementation plan has been written. It is hoped to go live in March 2017 following data input and training of staff. The software will enhance the care, medication management and improve documentation. A change to Office 365 has staff using the latest software.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

***Lee Martin***  
***22nd December 2016***



## JANUARY

4 Ivy Parr	IL
4 Colin Henschke	Waratah
7 Ralph Zanker	Acacia
10 Ferne Fyfe	IL
12 Mildred Koch	IL
12 Janet Thompson	Waratah
13 Ron Jungfer	Protea
13 Phyl Boehm	Trinity
15 Marjorie Wilkinson	Protea
16 Sally Schiller	Trinity
17 Val Ruge	IL
17 Philipp May	IL
18 Lorraine Parker	Waratah
18 Shirley Dahlenburg	IL
20 Janice Fechner	IL
23 Jean Kuhn	IL
24 Connie Doecke	Waratah
24 Clem Jaensch	Grevillea
25 Nick Thomson	Trinity
25 Barbara Keil Mercier	IL
25 Zazilia May	IL
27 Thelma Fulton	Waratah

# welcome

## INDEPENDENT LIVING

**Norma Robinson**  
2 Hilda Schulz Drive

**Tom and Marlene Hoffmann**  
2/120 Menge Road, Tanunda

**Jill Stevens**  
5/120 Menge Road, Tanunda

**Jenny Schubert**  
6/120 Menge Road, Tanunda

## RESPIRE

**Rodney Lomman — TC3-18**  
**Beverley Zeunert — TC3-22**

## INTERNAL TRANSFER NIL

## PERMANENT

**Phyllis Boehm — TC1-03**  
**Roy "Scobie" Ruediger — TC1-02**

## INDEPENDENT LIVING RESIDENTS

**Saturday 7th January**  
**Ladies' Get Together**

**1.30pm in Courtyard Café**

**First Saturday of each month**

*Please bring small plate of food*

**Enquiries: Margaret Spike 0481 255 041**



## DEATHS

*Our deepest sympathy  
to the families of*

Patricia Smith --died 27th November

Ann Siegmund—died 2nd December

Gerner Christensen —died 8th December

Betty Smith — died 17th December

*Rest in Peace*





# PROFILE

## NORMA ROBINSON

Introducing new Independent Living resident Norma Robinson.

*We welcome Norma to 2 Hilda Schulz Drive and our TLH community. Norma is a very positive lady and looks forward to joining in as many activities here as possible.*

*Norma's interests and hobbies include church life, keyboard, reading (mainly mysteries and biographies), baking and playing cards ('Hand and Foot' and 'Pennies from Heaven').*

Recently widowed, Norma moved here to be closer to her son Peter. She was born in Port Pirie and lived, together with her parents and three brothers, on a farm at Telowie Creek. Norma attended the Baptist Sunday School and the local primary school. There were only 12 children in this one teacher school. Her father grew Green Feast peas and as a result of Norma helping wherever she could, developed back problems when picking and lumping large bags of peas at harvest time.

After completing grade seven the family moved into Port Pirie and Norma was enrolled at high school. Her first job was serving at the Prests store in Port Pirie. Norma was also an accomplished dressmaker, sewing bridal and wedding outfits as well as making infants' garments for a baby shop.

Norma met her future husband, Dick, when he was deployed from the Navy. He gained employment with BHAS (Broken Hill Associated Smelters) and became Chief of Accounts. Norma and Dick married two years later and built a new house in Port Pirie. They also helped build a small church and Norma, supported by Dick, started a catering group to pay for it. Every project began with prayer and in time this little Church of Christ worship centre was debt free.

In due course, Norma and Dick were blessed with two sons, Peter and Mark. Peter lives locally but sadly Mark suffered a terminal illness and was called Home when aged 59 years. Both Peter and Mark were each blessed with two daughters.

In time and as retirement beckoned, Norma and Dick moved to Happy Valley on a property of two and a quarter acres. Featured on the several levels of the block were stone retaining walls protecting attractive gardens. The block afforded a picturesque view of the sea and they enjoyed watching planes land and take off at the West Beach airport in the distance.

Dick had developed a heart condition, so Norma faced the challenge, and being resourceful, decided to grow orchids as a hobby. She amassed the amazing number of 1,500 cymbidium orchid plants, successfully grown under shade cloth. But when the decision was made to move into a retirement village just down the hill at Happy Valley, the orchids needed to be disposed of. What was she to do with all those pots? She decided to unselfishly share the joy and placed a sign out the front inviting passers by to help themselves. Needless to say, it wasn't long before they all disappeared!

Norma and Dick spent ten happy years in the Village. Always active in church life, they joined the Church of Christ group that worshipped in the local Council Chambers and then helped build a church for worship.

Norma was an active member of the Happy Valley Church of Christ Women's Fellowship and attended church meetings. Norma also played the organ for worship and was Sunday School Superintendent. But the 40 menfolk had no place to gather for a special dinner, so they cleared a room and opened their home. Seating, tables, cooking facilities were improvised to provide an enjoyable meeting place where fellowship, schnitzels and other goodies were enjoyed. Here too, Norma played a leading role in establishing and supporting this group.

But Dick's health worsened and after a stint in hospital, he was admitted to the Repatriation Hospital. Dick died in March, at peace in the knowledge that he would be with his Lord in heaven. This was his life long comfort and he instilled this belief in his family.

So Norma feels blessed to have found a lovely Independent Unit here at TLH and looks forward to becoming involved and making new friends.

Norma says she is very thankful to be living here at TLH. Important in her life is her faith in Christ and His love, her family, music, and she loves people. Norma says she has enjoyed a wonderful life in knowing and trusting the Lord.

*God bless your sojourn here, Norma. We feel sure you will be a blessing to our community.*

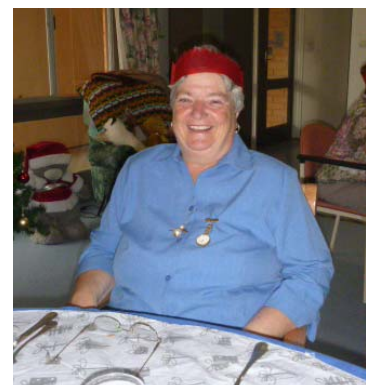
Ed.

## ON HOLIDAYS



AIRPORT  
BEACH  
CAR  
CAR HIRE  
CLIMBING  
COACH  
CRUISE  
FERRY  
FERRY PORT  
GUIDE  
GUIDE BOOK  
HOTEL  
LINER  
LUGGAGE  
MOUNTAINS  
NIGHT LIFE  
PASSPORT  
RELAXATION  
ROAD MAP  
SEA  
SOUVENIRS  
TAXI  
TICKET  
TRAIN  
TRAVEL AGENT

### Having Fun at the Barossa Club Christmas lunch





# Chaplain's Farewell Service

***On Sunday morning 18th December 2016 a congregation of 140 worshippers paid tribute to Pastor John Thiel in a moving farewell service in the Chapel***



The sermon theme, "Come to my people" was for the fourth and last Sunday in Advent in the series "Jesus' Advent Calendar". Pastor John preached on the situation facing Mary and Joseph when the angel announced that Mary was chosen by God to become the virgin mother of Jesus, the Son of God. In his sermon, Pastor John said that, like Joseph and Mary, he is fading from the scene—but Jesus still comes to his people today as the One who has completed his ministry of teaching and miracle working, of suffering and dying, of rising again. Ray Giersch, Congregation chairman, extended thanks to Pastor John for his dedicated ministry over the years in various areas and to Ilene for her support and assistance in worship services. Pastor Max Stollznow represented the TLH Board and Lee Martin CEO expressed appreciation on behalf of the Lutheran Church of Australia SA/NT District Bishop, Pastor David Altus.



**Lee Martin CEO and Sharon served coffee and cake for morning tea**



Glenis Kupke, on behalf of the congregation, presented Pastor John and Ilene with a parting gift of regional produce and, judging by its weight, will keep the Thiel's refreshed for a very long time! After the service, coffee and cake were served by Lee and Sharon.

***God be with you till we meet again  
When life's perils thick confound you,  
Put His arms unfailing round you,  
God be with you till we meet again***



**Lorraine Gregory  
Neville Alderslade**



***Contributed by  
Volunteer John Herring***

## ***"Something nice happened on the way home from the Christmas Parade"***

Recently Angaston had its Christmas Parade which was good. But better still...On our way walking home from the street we were about to cross a foot bridge. There was a family with three or four kids eating their take away tea on the bridge. The children were aged from about 9 down to 4. The Father said to the kids, "Look out for the old people! Then the 9 year old said this: "They are not old people....they are just people." This gave me hope in the up and coming generation if this could be the way children are being taught (maybe at school) not to put people in boxes, not to make judgements, and particularly in our case not to disenfranchise older people. It reminded me that we all need to look for, to see, the real person inside the exterior body. We used to be the young people once after all!

May we see and think of ourselves as the 9 year old said. Being old does not define who I really am—it is just a part of the life experience God is giving me this Christmas.

***Blessings into the New Year***

***John & Kay Herring***



**THANK YOU  
ANNETTE BOYCE**

for once again providing us with a magnificent display of Christmas trees, twinkling lights, nativity scenes and decorations.

**This has given Residents, Staff and Visitors very much pleasure**



- ◆ Love is an endless act of forgiveness
- ◆ Happiness is an unexpected hug
- ◆ A best friend is like a four leaf clover; hard to find, lucky to have
- ◆ Turn your face to the sun and the shadows fall behind you



# From Chaplain Dianne



## THE EPIPHANY

*Arise, shine, for your light has come, and the glory of the Lord rises upon you. Isaiah 60:1*

The feast of the visit of the wise men from the East is celebrated on the 6<sup>th</sup> January and is known as the Feast of the Epiphany. The wise men, who lived a long way from Bethlehem, noticed a new star in the night sky. After studying the star, they realised it had begun to move. They thought it might be leading them in some mysterious way. They began to follow the star, which became brighter as they travelled. They followed the star all the way to Bethlehem, where it stopped just above the stable where Jesus was born.

When they entered the stable they presented Mary and Joseph with special gifts for their son Jesus. The gifts they gave were gold, frankincense and myrrh the most precious gifts they could give.

The visit of the wise men from distant parts of the world reminds us that Jesus the Christ came to save all people.

May God's gifts of peace, mercy, love and hope be with you throughout 2017!

### Appointment of Interim Chaplain

#### WELCOME DIANNE THIELE

How blessed we are to have a Chaplain appointed just prior to Pastor John's farewell service! We look forward to getting to know Dianne as she familiarises herself with our Home and gets to know our Residents, staff and volunteers.

Chaplain Dianne Thiele Phone: 8563 7777  
Mobile: 0420 945 525  
Email: [dianne.thiele@tlhome.com.au](mailto:dianne.thiele@tlhome.com.au)

### CHRISTIAN MEDITATION

*Led by Chaplain Dianne*

Come along on Tuesdays 3.30-4.30pm  
Trinity 1 lounge.

Does over-thinking lead to sadness?  
Do you want to grow in love?  
Do you want to deepen your relationship with God?  
Christian Meditation in the John Main and John Cassian  
(4<sup>th</sup> century AD) may be for you.  
For more information please contact Dianne

### VINE CONNECT

is a 50 plus Christian Singles group  
that has been running for 3 1/2 years  
to which all mobile Residents  
and IL singles are invited.

Our current age range is 60-90 years old.  
**Next one Sunday January 8<sup>th</sup>  
12.30pm at the Weintel, Tanunda**

VINE CONNECT is a Christian Singles group  
(for 50 plus year olds) which meets on the  
second Sunday of the month.  
Come along to celebrate the start of 2017  
with like-minded folk!

Ring Chaplain Dianne on 0420 945 525 or  
Helen on 0439 837 054 for more information  
or just turn up.









**Work, Casual, Dress,  
Walking Shoes &  
Sandals**

**Below Regular  
Retail Price  
Discounts for all  
Staff and Residents**














**Contact Anne White at Tanunda Lutheran Home**  
**Phone 8563 7777 or 0432 237 495**  
**for more information**

## Introducing Anne White - our very own Resident Podiatrist Cloud Nine Podiatry *Helping Keep Your Feet Happy!*

With 30 years Allied Health experience, Anne White is the principal practitioner and driving force behind Cloud Nine Podiatry. Starting out in the dental field and now working as a Podiatrist for the past 15 years, Anne has gained great experience in all aspects of working in the health industry. She takes great enjoyment in the personal contact with her clients and being able to assist them with their Podiatry needs.



Living in the Barossa Valley, and as Tanunda Lutheran Home's resident Podiatrist, Anne is acutely aware of the varied and unique challenges that regional residents face. With the support of the management and staff of Tanunda Lutheran Home Anne has been able to focus on individual patient needs whilst providing a professional and affordable Health Care to the residents of the Barossa Valley and broader Community. For this reason Cloud Nine Podiatry maintains Medicare Bulk Billing status for Chronic Disease Management eligible patients, accepts referrals for Department of Veterans Affairs Gold Card holders and is able to provide on spot Health Fund claiming through Hicaps.

As a Podiatrist, Anne's focus includes the treatment and diagnosis of disorders of the foot and ankle, general foot care including the treatment of corns, calluses and warts, foot orthoses, diabetes assessments, foot health and footwear advice.

With consideration of feedback received on the difficulty some patients and residents have with transport, Anne has recently entered into an agreement to supply the Dr Comfort Shoes and Humphrey Law Socks brands. As a stockist for Dr Comfort Shoes and Humphrey Law socks, Cloud Nine Podiatry is able to provide supply and advice on a range of Diabetic, Therapeutic and Orthopaedic Shoes & Socks at prices which are generally significantly below alternative Retail and Online stores.

So, if you have foot pain, leg pain, knee pain, corns, callus, nail problems or perhaps need generalised foot care advice or would like a new pair of shoes, call Anne today.



### Stockists of Humphrey Law Socks

Australian owned; all materials grown and manufactured in Australia. High content of natural fibres that allow feet to breathe.

Cotton, bamboo and merino wool. Regular, king size, wide fittings. Soft tops, cushion soles. Several styles—business, sports, walking, bed, ankle, knee lengths, plain or patterned.



### TIPS FOR FOOT CARE

**Remember to apply sunscreen** all over your feet, especially the tops and fronts of your ankles, and continue to reapply throughout the day.

**Limit walking barefoot** to prevent injuries, infections and sunburn.

**Drink plenty of water** throughout the day to stay hydrated. This will help minimise foot swelling caused by the heat as well as being good for overall health.

**Promote blood flow** with periodic ankle flexes, toe wiggles, and calf stretches.

**Minimise wearing nail polish** to prevent fungal nail infections. Should this occur consult your Podiatrist for remedies.

**Soak hot feet** in a tub of cool water with a splash of peppermint oil for 10 minutes.

**Moisturise feet daily** to keep skin soft.

# Welcome New Staff



Ella  
Jovanovich  
Carer



Hayley  
Bartholomaeus  
Carer



Sherril  
Fechner  
Lifestyle



Matthew  
Edwards  
Carer



Nathan  
Aubert  
RN

## ADVANCE NOTICE

**PROPOSED  
TLH GARAGE SALE  
Saturday 25 March 2017**

*To raise money to purchase a Golf Buggy*

If you have saleable items in good condition that you no longer need, please consider offering them for sale.

The Independent Living Committee would like to raise funds for a Golf Buggy to pick up our onsite residents from their unit and bring them to facilities at TLH when they find this a difficult task.

**Please NO electrical items, mattresses, large cupboards, dirty items, broken items, pre-loved shoes, or anything you would not buy yourself.**

Details required by Friday 27th January

**Enquiries: Carolyn Redden**



**FOR SALE  
POWERED  
WHEELCHAIR -  
Merits Maverick 10 P326**

**\$1,400 ono  
(around \$4,000 new)**

**As good as new!  
Has just had new batteries fitted  
Comes with full instruction book  
and battery charger  
Comes apart to fit in the back of a car  
or we can deliver  
Inspection welcome  
Located at Bridge Street, Tanunda**

**Phone: 0407 716 506**



**SANTA PROVED VERY POPULAR IN DECEMBER—SEE STORY ON PAGE 11**



# IL Christmas Lunch



This popular annual event was once again eagerly awaited and proved to be another great success. Oscar Joppich was the capable emcee.

This year IL residents from Rossack Drive, Luther Court, Brauer Court, 32 Bridge Street and Arrawarra Place hosted the event on Thursday 8th December in the Social Centre.

The TLH “All Stars” choir performed well, setting the theme for this time of year.

The tables were beautifully set and colourful Christmas ornaments were a highlight. Kitchen staff provided a sumptuous two course hot meal, and several staff members proved to be experts at waiting on tables. Our grateful thanks to Catherine Wheatley and kitchen staff—they are ever cheerful and obliging and their food tasty and attractively served.

A group presented the skit “Adoption Agency” which provided food for thought. Rachel Fritz kindly painted the lovely banner that depicted the theme.

A table quiz (name the carols) had guests thinking, and sometimes bamboozled.

Lee Martin, Pastor John and Chris Pfeiffer each presented a message to the gathering.

This pleasant and enjoyable afternoon concluded with singing A Christmas Blessing — *May the feet of God walk with you...* ”  
Ed.



**Beth Hage, Joy & Glen Schultz, Myra Othams, Jim Ramsey, Gary Lungwitz**



**Jayne and Chris Pfeiffer**



**Elizabeth Nance, Mary Ehmcke**



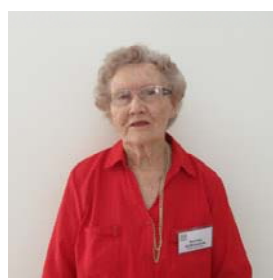
**Betty Kohlhausen, Betty Cross, Elaine Leditschke**



**Ralph & Lil Kernich, Thelma Ziersch**



**Wilf Fechner, Len Gerschwitz, Oscar Joppich**



**Norma Robinson**



**The All Stars Choir**



# Volunteers' Christmas Morning Tea

Many thanks to Rachel Fritz, Manager of Volunteers, Chef Catherine Wheatley, their assistants and Staff members for the outstanding program and variety of food served for the Christmas Morning Tea in the Social Centre on Tuesday 13th December 2016.

No effort was spared in decorating the tables with colourful Christmas ornaments.

The 48 volunteers present were greatly impressed with the variety of savouries and sweets artistically displayed by Catherine. Even the cakes were iced in bright Christmas colours. Several varieties of drinks were offered and enjoyed.

Rachel had made paper ornaments, individually numbered, and asked each person as they entered to select one from the board. Later five lucky ones were drawn, resulting in several happy winners—Jan Ward, Jan Schupelius, Irene Joppich, Max Schubert and Ray Giersch.

Guests who were introduced and invited to speak briefly were Annie Chambers - Coordinator of Volunteers for the Community Visitors' Scheme—Barossa Lutheran Community Care, also Jan Ward and Karen McDonald from Volunteering Barossa and Light—This organisation engages volunteers, matching them to positions and provides help and advice to volunteers. They emphasised that they have total respect for the wonderful work carried out by volunteers.

Father Christmas paid a surprise visit and several ladies were delighted to take turns sitting on his lap—it's a long time since experiencing that honour! And Santa appeared to enjoy it too!

Happy birthday was sung to Elaine Leditschke whose birthday was that day. Eunice Schuster, on behalf of the gathering, expressed thanks to Rachel and all who were responsible for making this morning so very special.

Lee Martin CEO added his thanks for all the help given by our valued TLH volunteers.

Ed.

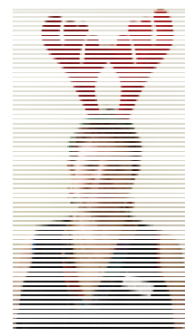


Jan Schupelius  
Ira Zeunert  
selecting a  
numbered bauble  
with Rachel Fritz

Below: Judy Nicholls  
with antlers



**Chef Catherine**



**Anne Tscharke**

**Glenis Kupke**

**Anne  
Shoesmith**



**Guests Jan Ward, Karen McDonald, Annie Chambers**



**Coral Bittner, Ken and Eunice Schuster, Elaine Leditschke**



**Leigh Warren, Lynne Smith**



# Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Happy New year everyone! I hope you all had a wonderful Christmas! A new year 2017 ahead of us all and a time to consider not just how many calories we consumed over Christmas and how much tighter our belts are, but also of the opportunities and experiences that lie ahead for us all! Every new year is a wonderful gift, full of promise! How exciting! May 2017 be one of the best years yet for you all! I look forward to working with you all in the coming year.  
Rachel



## Quiz time!

The traditional ball drop takes place in which New York City landmark?



Times Square

## New Data Base

During December the new CIM data base was implemented. This has replaced the Better Impact | data base I was previously using.

I realise there may have been a few hiccups over this period of time with some things, but I thank you all for your patience. The new data base is much more user friendly and will save time and effort when retrieving information such as birthdays and police check due dates. I will shortly be sending out forms to everyone asking for an update of details so that I can accurately fill in the information onto the new data base. I thank you all for your patience.

**HAVE YOU REMEMBERED  
TO SIGN IN & OUT?**

## Staff Auction Success

On the 13th of December, an auction was held of excess items no longer required by the home. \$4, 494 was raised, enabling staff to purchase much needed equipment for the home. Two vital sign machines and vital sign parameter cards were purchased.



Jan Fechner— 20/1

Helen Fiebiger— 10/1

John Keil— 8/1

Rae Materne— 23/1

Trevor Materne— 6/1



### PLEASE NOTE

There will be  
NO JANUARY MORNING TEA  
Please join us though on  
Tuesday 7th February 2017  
For another get together

WE L♥VE  
OUR VOLUNTEERS





Resident Meeting  
Wednesday 25th  
In the Chapel  
1.15pm

Come along & have your say!

Bus trip to  
Humbug Scrub  
Thursday 19th January  
(Dependant on weather)  
**Please see lifestyle staff  
for more information**



Australia Day Celebrations  
Wednesday 25th of January  
Chapel  
2.00pm after the Residents'  
meeting

## Lifestyle Program

January 2017



### Sunday 1st

10.30 Worship service with Holy Communion Chapel

### Monday 2nd

### PUBLIC HOLIDAY

### Tuesday 3rd

10.00 & 11.00 Exercises with the physio Chapel

10.30 One on one visits & sunshine time with Pam

10.30 One on one visits with Sean

10.30 Sewing & knitting group Protea

1.30 Bingo with Pam Waratah

1.30 Men's group with Sean Chapel

3.00 Sundowners with Sean ABG

3.30 Christian Meditation TC 1 lounge

5.45 Piano Bar TC 2 lounge

### Wednesday 4th

10.30 One on one visits with Sean

10.30 One on one visits & sunshine time with Odette

10.30 Gospel Goals Chapel

1.15 Pick a box! With Sean Chapel

1.15 Summer crafts with Odette Acacia

3.00 Sundowners with Sean ABG

### Thursday 5th

10.00 & 11.00 Exercises with the physio Chapel

10.30 One on one visits & sunshine time with Sean

10.30 One on one visits with Sean

1.15 Armchair travel with Sean Waratah

1.15 Reminiscing kitchens & kids! with Odette Acacia

3.00 Sundowners with Sean ABG

### Friday 6th

10.30 One on one visits & sunshine time with Odette

10.30 One on one visits with Pam

10.30 One on one visits with Sean

11.00 Help for Living Chapel

1.15 Bowls with Odette & Pam Chapel

1.15 Sensory activities with Sean ABG

3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

### Saturday 7th

**PLEASE NOTE ALL LIFESTYLE PROGRAMS  
MAY BE SUBJECT TO CHANGE**



**Sunday 8th**

10.30 Worship service with Holy Communion Chapel

**Monday 9th****ELVIS'S BIRTHDAY!**

10.15 Hymn singing Chapel

10.30 One on one visits &amp; sunshine time with Sean

10.30 Gardening group with Pam

11.00 Worship service with Holy Communion Acacia

1.30 Bingo with Pam Waratah

1.30 Elvis is in the building! Chapel

3.00 Sundowners with Sean ABG

**Tuesday 10th**

10.00 &amp; 11.00 Exercises with the physio Chapel

10.30 One on one visits &amp; sunshine time with Sean

10.30 Sewing &amp; knitting group Protea

1.30 Bingo with Pam Waratah

1.30 Men's group with Sean

3.00 Sundowners with Sean ABG

3.30 Christian Meditation TC 1 lounge

5.45 Piano Bar TC 2 lounge

**Wednesday 11th**

10.30 One on one visits with Sean

10.30 One on one visits &amp; sunshine time with Odette

10.30 Gospel Goals Chapel

1.15 Quizzes with Odette Chapel

1.45 Reminiscing with Sean Acacia

3.00 Sundowners with Sean ABG

**Thursday 12th**

10.00 &amp; 11.00 Exercises with the physio Chapel

10.30 One on one visits &amp; sunshine time with Odette

10.30 One on one visits with Sean

1.15 Armchair travel Waratah

1.15 Reminiscing with Odette Acacia

3.00 Sundowners with Sean ABG

**Friday 13th**

10.30 One on one visits &amp; sunshine time with Pam

10.30 One on one visits with Odette

10.30 One on one visits with Sean

11.00 Help for Living Chapel

1.15 Bowls with Odette &amp; Sean Chapel

1.15 Cooking &amp; reminiscing with Pam ABG

3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

**HYMN SINGING  
RECOMMENCES  
MONDAY 6th February**

**Saturday 14th****Sunday 15th**

10.30 Worship service with Holy Communion Chapel

**Monday 16th**

10.15 Hymn singing Chapel

10.30 One on one visits &amp; sunshine time with Sean

10.30 Gardening group with Pam

11.00 Worship service with Holy Communion Acacia

1.30 Bingo with Pam Waratah

1.30 Floor games with Sean Chapel

3.00 Sundowners with Sean ABG

**Tuesday 17th**

10.00 &amp; 11.00 Exercises with the physio Chapel

10.30 One on one visits &amp; sunshine time with Sean

10.30 Sewing &amp; knitting group Protea

1.30 Bingo with Pam Waratah

1.30 Men's group with Sean Chapel

3.00 Sundowners with Sean ABG

3.30 Christian Meditation TC 1 lounge

5.45 Piano Bar TC 2 lounge

**Wednesday 18th**

10.30 One on one visits with Sean

10.30 One on one visits &amp; sunshine time with Odette

10.30 Gospel Goals Chapel

1.15 Quizzes with Odette Chapel

1.45 Reminiscing with Sean Acacia

3.00 Sundowners with Sean ABG

**Elvis's birthday  
celebrated  
Monday  
9th January in  
the chapel  
The 'King' will be  
in the building**



**REMEMBER** Afternoon Lifestyle Programs may now commence at 1.15pm Instead of 1.30pm unless stated.  
Kind Regards, The lifestyle Team.

### Thursday 19th

10.00 & 11.00 Exercises with the physio Chapel  
10.30 One on one visits & sunshine time with Sean  
10.30 One on one visits with Odette  
1.15 Bus trip Humbug Scrub drive  
1.15 Armchair travel Waratah  
3.00 Sundowners with Sean ABG

### Friday 20th

10.30 One on one visits & sunshine time with Pam  
10.30 One on one visits with Odette  
10.30 One on one visits with Sean  
11.00 Help for Living Chapel  
1.15 Bowls with Odette & Sean Chapel  
1.15 Craft time with Pam ABG  
3.00 Sundowners with Sean ABG  
Happy hour served in all areas in PM activities

### Saturday 21st

### Sunday 22nd

10.30 Worship service with Holy Communion Chapel

### Monday 23rd

10.15 Hymn singing Chapel  
10.30 One on one visits & sunshine time with Sean  
10.30 Gardening group with Pam  
11.00 Worship service with Holy Communion Acacia  
1.30 Bingo with Pam Waratah  
1.30 'Stretch your brain' quiz time with Sean Chapel  
3.00 Sundowners with Sean ABG

### Tuesday 24th

10.00 & 11.00 Exercises with the physio Chapel  
10.30 One on one visits & sunshine time with Sean  
10.30 Sewing & knitting group with Pam Protea  
1.30 Bingo with Pam Waratah  
1.30 Men's group with Sean  
3.00 Sundowners with Sean ABG  
3.30 Christian Meditation TC 1 lounge  
5.45 Piano Bar TC 2 lounge

- ♦ **Love is for fools wise enough to take a chance**
- ♦ **Good judgement comes from experience, and experience that comes from poor judgement**
- ♦ **Dogs have masters—cats have staff**

### Wednesday 25th

10.30 One on one visits with Sean  
10.30 One on one visits & sunshine time with Odette  
10.30 Gospel Goals Chapel  
1.15 Resident's meeting Chapel  
2.00 Australia Day celebrations  
1.15 Crafts with Odette Acacia  
3.00 Sundowners with Sean ABG

### Thursday 26th

Public holiday AUSTRALIA DAY



### Friday 27th

10.30 One on one visits & sunshine time with Pam  
10.30 One on one visits with Odette  
10.30 One on one visits with Sean  
11.00 Help for Living Chapel  
1.15 Bowls with Odette & Sean Chapel  
1.15 Crafts with Pam ABG  
3.00 Sundowners with Sean ABG  
Happy hour served in all areas in PM activities

### Saturday 28th

### Sunday 29th

10.30 Worship service with Holy Communion Chapel

### Monday 30th

10.15 Hymn singing Chapel  
10.30 One on one visits & sunshine time with Sean  
10.30 Gardening group with Pam  
11.00 Worship service with Holy Communion Acacia  
1.30 Bingo with Pam Waratah  
1.30 Board games and cards with Sean TC 2 lounge  
3.00 Sundowners with Sean ABG

### Tuesday 31st

10.00 & 11.00 Exercises with the physio Chapel  
10.30 One on one visits & sunshine time with Sean  
10.30 Sewing & knitting group with Pam Protea  
1.30 Bingo with Pam Waratah  
1.30 Men's group with Sean  
3.00 Sundowners with Sean ABG  
3.30 Christian Meditation TC 1 lounge  
5.45 Piano Bar TC 2 lounge