



TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
27 Bridge St Tanunda SA
5352

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★ Website

www.tlhome.com.au

*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.
Jesus Christ said: "Love one
another as I have loved you"*
John 13:34

**NOVEMBER
2016**

Lutheran Church
of Australia



FROM THE CHAPLAIN

*Thank you
John Herring
for
this contribution
in Pastor John's
absence*



*The birds of the air have nests,
but the Son of Man has nowhere to lay down his head.*

Hello Everyone!

Lately I have been doing a lot of TWITCHING! Have you ever TWITCHED? One Resident recently had a wonderful time twitching—she said, "I saw something today I have never seen before. I saw a little bird tugging at something in the ground. It was a worm. The little bird just kept tugging the tug-of-war with the worm until it won."

TWITCHING is an old English word for bird watching. We can learn so much just watching nature at work, and it is just plain enjoyable. Obviously Jesus just plain enjoyed nature too; he used it to explain psycho/spiritual truths to his friends.

About a month ago some Murray Magpies began visiting our garden for the crumb-fest we throw out to our regular sparrow friends every morning. Murray Magpies are so beautiful, dainty and immaculate. They built a perfect mud cup nest at the bottom of our garden. The storm, with its gales and horizontal rain had no mercy on the nest and the next morning I found the nest had crumbled. I felt really, really sad. It seemed unfair. Two days later they were back again rebuilding their nest. The next storm was much worse than the first. In the morning there was no sign of where the nest had been; in fact no sign of the birds either. But this time I decided not to feel too sad or angry, because life is just like that, and I must accept that life is what it is, and not what I want it to be.

But—back came the birds!

My TWITCHING was rewarded to see the Murray Magpie Mother sitting again on her THIRD mud cup nest.....so far, so good. The birds just never gave up. Their creational instinct kept kicking in, causing them to create...create...and then re-create again and again.

This week's reading from 2 Timothy 4 says: "Proclaim your message and be persistent whether the times are favourable or unfavourable."

What messages of truth have been woven by God into the nests of your life?

Thanks to the birds, I am re-encouraged to not give up when storms of life like disappointment, grief, pain or disability threaten to break me down. I will try.

God bless all the Residents and Carers whose lives are living examples of persistence and creativity whether the times are favourable or unfavourable.



John Herring

Pastor John Thiel-phone 8563 7749 -mob 0428 581 838- john.thiel@tlhome.com.au



RAINFALL REPORT OCTOBER 2016 Selected Years

*Thank you Ralph Kernich
for supplying this
interesting information*

Year	Rainfall in mm	Days of Rain	Since 1 Jan.
2004	7.2	8	463.3
2005	121.4	6	533.4
2006	0.0	0	334.7
2012	17.0	6	396.0
2013	24.6	8	476.0
2014	10.6	3	480.8
2015	12.4	2	365.9
<i>To 26.10.16</i>	52.2	11	668.6

There have been few recordings over the years of 100mm or more in October. The wettest October was in 1949 when 140.6mm were recorded.

A bloke went to see his bank manager about a loan. Handing over his application form, he sat nervously in his chair while the bank manager went through all the details. "Well, your assets seem to be in order," the bank manager said. "What about your liabilities?" "No problem," the bloke replied. "I can lie with the best of 'em."

TIT TAT TEAM: Dorcas Kernich (Editor), Myra Othams, Joan Minge Deliveries

Glenys Greig, Glenis Kupke, Joan Minge

DEADLINE FOR DECEMBER ISSUE
Please note deadline for contributions for December Tit Tat is Friday 25th November

**Why drive
when you can
JUMP ON THE BUS!!**



Barossa Community Shopping Buses
Pick up from home

Gawler Friday Bus

every Friday to Gawler \$5 return
from Angaston, Nuriootpa, Tanunda, Lyndoch,
Williamstown

Arrive Gawler approx. 9.30am. Depart 11.30am.

Elizabeth Monday Bus

1st and 3rd Monday of the month from Angaston,
Nuriootpa, Tanunda, Lyndoch, Williamstown
(via Williamstown 3rd Monday only)
To Elizabeth via Gawler and Munno Para—\$10 return
Arrive Elizabeth approx. 10.00am. Depart 2.30pm

Wheelchair access available

Pick up from home—for info or to book

Call 8563 8411 during office hours

Or email: transport @barossa.sa.gov.au

Available to all



TLH SHOPPING BUS

Departing approx 9:30am

Return 11:30am. Cost \$5

Wednesday	2nd November	Tanunda
Wednesday	9th	Nuriootpa
Wednesday	16th	Tanunda
Wednesday	23rd	Nuriootpa
Wednesday	30th	Tanunda

Please be at Reception by 9:15am



Lee Martin

From the CEO



Well, what a month has gone by. Tanunda Lutheran Home residents, staff and volunteers have all been tested in just about every way. It is with great pleasure that I can report we did very well in all aspects of the challenges we have all faced. To everyone - thank you everyone for all you have done to make sure we were able to provide for our residents and support the staff and volunteers.

The weather has been a real challenge - with our old buildings we experience leaking in many places, which means buckets and towels are placed strategically to reduce the risks of slips by residents or staff and volunteers. When the power went off we were well placed as we had our three generators kick in - there were some changes needed to ensure the important equipment was plugged into the right power point but all worked well. With the associated flooding in the local area some staff were not able to attend work and so the use of agency staff increased over the period. It is so nice to see the sun shining now and feel its warmth. The Barossa Valley outlook is nice to see.

Having the outbreak of the NoroVirus certainly put us all to the test. Day care centers, nursing homes, cruise ships, and hospitals—they're all prime environments for Norovirus. This infectious, gastrointestinal illness can rip its way through close crowded quarters like these wreaking havoc on the residents' digestive systems and leaving them dehydrated due to diarrhoea, lack of appetite and vomiting within a mere 24 hour period. Norovirus symptoms hit those with low immunities the worst, such as infants, seniors, and those with unrelated illnesses. The symptoms might seem like a violent flu, lasting over a few days before emergency medical attention is required. This highly contagious infection spreads quickly through contact with an infected person. However, it typically strikes a population first via faecal contaminated food or water sources. The decision to close the facility is never an easy one but in the circumstances it is the only real way of controlling the spread of the virus. Staff were all wearing gloves, masks and gowns to protect themselves - I'm sure some residents may have thought there were some strange people coming in and out of their rooms. There were 35 cases involving residents and six staff affected during our outbreak. Thankfully all residents and staff are now recovered and very happy about being able to again eat normal food, attend activities, receive visitors and move about the facility freely.

Project up dates:

Menge Road project - Construction work continues to be on time. Handover of the houses will be on the 18 November 2016. New residents will move in shortly after. Still two units available for purchase.

25 Bridge Street project - the framework is well advanced. The project is well on track for a completion date in February 2016.

Schaedel Street, Nuriootpa Project - plans have been accepted by Board Members and the Planning Application is being prepared for the Barossa Council to consider and approve.

27 Bridge Street Master Planning process is ongoing - a final draft plan will be ready for approval by the TLH Board Members in the near future. The demolition is complete - planning is commencing soon.

The IT project - we have completed the replacement of our Server, installed Wifi throughout the facility and are now in the process of developing a process to implement new clinical software that will enhance the care and improve documentation.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

Lee Martin
25.10.16



NOVEMBER

1 Ivy Winton	Protea
3 Lena Rogers	IL
5 Elizabeth Ruediger	IL
5 Mavis Schubert	IL
6 Erika Aubrey	Waratah
9 Alison Redden	IL
10 Trevor Starick	Protea
12 Glenda Armstrong	IL
18 Clair Altus	IL
20 Dorothy Warren	Trinity 2
24 Lissa Claridge	Waratah
25 Ruth Tainish	IL
28 Jeanette Muir	IL
28 Lois Mattner	IL
29 Frank Graetz	IL

Just for fun

There were three women who escaped from prison. To get away from the searching cops they hid in an abandoned farm house. In a room there were three hessian bags sitting around, so they jumped in and hid in them. When the cops came to the farm house one of them saw the bags and said, "There's just three hessian bags in here!" His partner replied, "Then kick them just to be sure it's not them hiding." The officer kicked one bag, and from within squeaked "MEEYYOWWW!" The officer said, "Oh, it's just a stupid cat!" So he kicked another one. "RUFFFF RUFFFF!" was deeply barked from within, so the officer said, "Oh, it's just a stupid dog!" Then he kicked the last bag and from within it screeched, "POTATOES!!"

welcome

RESPIRE

Valda Filsell — TC3 -18
Lorna Traeger — TC3-22
Patricia Smith — TC1-03

INTERNAL TRANSFER

Gertie Klemm—TC15-Banksia 02
Edgar Jaunzarias—Acacia 05-Grevillea 02
Kenneth Schmidt — Protea 45--Banksia 04

PERMANENT

Gerner Christensen — TC2-14
Raymond (Ray) Schulz —Waratah 63
Dulcie Braunack — Protea 42

DEATHS

*Our deepest sympathy
to the families of*

Erica Mattner —died 2nd October
Margret Matte —died 4th October
Nita Bosisto —died 5th October
Grace Irvine —died 11th October
Melva Baum—died 12th October
Rita Dow—died 13th October
Allan Saegenschnitter—died 26th October

Rest in Peace

Welcome new Staff



Bradley Cousins
RN



Prathet Dien
RN



Cassandra Hipkiss
EN



Lynda
Szymczak—Carer

*Welcome new
Volunteer*

*Maintenance Worker
until end of year
Rhayne Sayers*





PROFILE

PASTOR JOHN THIEL and ILEEN

***We say a fond Farewell as Pastor John retires
A farewell service is planned for Sunday 18th December (anniversary of ordination)
Final service Christmas Day***

"I was born in Adelaide on 16th June 1948 to parents Colin (deceased) and Vida (nee Reuther). Serving here as Chaplain at Tanunda Lutheran Home has been a wonderful experience. I have found the people to be dedicated, warm, wise and thoughtful; enthusiastic about their faith and they love to sing hymns – better than many. There have been many willing volunteers to help with church services and Bible studies.

"It has been very rewarding to care for people at very significant stages of their lives, such as entering Independent Living or Residential Care, dealing with the challenges and joys of life, and preparing to enter their eternal Home. I have enjoyed this role, and now, for a range of reasons, it is time to retire. Thankfully my health is quite good at this time.

"I wish all associated with TLH God's richest blessings for the future and will always be very interested in the Home. Ileen and I are retiring to Adelaide as this has been our plan for a considerable number of years. Furthermore, we have three grandchildren living near Adelaide – and one on the way. For the first year of my retirement I plan to have a break from pastoral work, but might well be interested in serving as a relieving pastor after that.

"Ileen was born in Scotland and migrated to Australia at the age of seven. Her parents are Andy (deceased) and Jane Oswald. We met when we were students at Latrobe University in Melbourne (I was in my 8th year and Ileen her first!). We married early in 1974 and soon Ileen was working as a teacher and I was lecturer in biology. I attended Luther Seminary for one year as a trial and after much thoughtful consideration, completed my course and have served in Launceston (Tasmania), Box Hill/Nunawading (Victoria), Holy Cross Murray Bridge (SA) and Keyneton/Eden Valley/Springton (SA). My major interests in the ministry have been mission work and its various aspects including outreach visiting, home groups and Pastor's classes.

"Ileen has been very supportive of my ministry and recommenced paid employment when our first child started school. Ileen worked with Life Education in Melbourne and in time gained a senior position. She began again in Murray Bridge, first as a relief teacher and eventually as the Principal of Unity Lutheran College, Murray Bridge. She was the first female Lutheran High School Principal in SA. In recent times Ileen has worked as a relief teacher in Barossa Valley Lutheran schools.

"We are not sure what the coming years hold for us. I plan to revisit some previous hobbies to see if they still interest me. It will be the first time for many years that we have had to choose a congregation in which to worship. We certainly look forward to spending more time with our children and grandchildren. Our mothers are both in aged care homes. Ileen and I have always enjoyed visiting the Barossa Valley and have been delighted to get to know many of the people in the community. They will be missed very much."

***We all join in thanking you sincerely Pastor John, for leading us in Chapel services,
Bible studies, for visiting IL Residents and those in Care
and for your ministry in various ways at TLH—
in short, always pointing us to Jesus, our Lord and Saviour.
May you both be blessed with a happy retirement, time to relax and enjoy your family.***

May the God of hope fill you with all joy and peace as you trust in him
so that you may overflow with hope by the power of the Holy Spirit. *Romans 15:13*

Ed.

Volunteers' Morning Tea

First Tuesday of each month—Social Centre

The October morning tea was again a friendly, enjoyable occasion with the volunteers mingling and sharing a delicious variety of sweets and savouries provided by our chef, Catherine and staff.

Manager of Volunteers, Rachel Fritz welcomed all present and congratulated those folk celebrating recent birthdays.

These are happy, informal get-togethers and we look forward to another one on Tuesday 8th November (a week later than usual.) Make a note of this in your diary and come along and be spoilt. Many thanks to Rachel,

Catherine, Bev .



Bev Galway
Ray Giersch,
Frank Schapel
←



→
Joan Ruwoldt
Janice Fechner
Anne Tscharke



Lois Lablack
Glenis Kupke
Margaret Jasper
←

- ♦ Compassion is language the deaf can hear and the blind can see—*Mark Twain*
- ♦ *Treat everyone with politeness, even those who are rude to you, not because they are nice, but because you are.*
- ♦ **Never look down on anyone unless you are helping them up.**
- ♦ It's nice to be important but more important to be nice
- ♦ Carve your name on hearts, not on marble.

OUTBREAK OF NOROVIRUS

TLH LOCKED DOWN

20th September – 4th October 2016



A HUGE thank you to all carers who went beyond the call of duty to cater for the needs of residents, in spite of reduced staff numbers, during the two weeks when TLH was locked down. This action was necessary to contain the virus and of course it impacted on many people.

It was difficult for residents who weren't able to have visitors for two long weeks. It was difficult for Management, carers and staff members, volunteers and visitors.

The usual activities to educate, stimulate and entertain were cancelled. Likewise the shopping bus, church services and activities were cancelled and the Hairdressing Salon, Podiatrist and Cafe were closed and greatly missed! A feeling of gloom and loneliness pervaded!

Fortunately the Barossa Club was able to remain open, with minor changes to entry. Pick up or delivered meals from the kitchen were not available. Kitchen staff rose to the challenge and were absolutely outstanding in improvising and making temporary arrangements to serve residents' meals from the chapel because the kitchens in each wing were locked down. Well done Catherine, our amazing Chef, and the whole team. The residents are now enjoying the usual 'silver service' following the use over two weeks of plastic cutlery!

Only one entry to the Home was open, necessitating quite a trek for many who needed to visit Admin.

But we are all thankful to Management for enforcing these restrictions, thus curtailing the spread of the virus. Of the 41 people who contracted the illness, all eventually recovered. We thank God that this crisis has ended and all is again back to normal.

Ed.

Independent Living Coach Tour

Thursday 6th October 2016

Photos: Elaine Leditschke



What a beautiful sunny day we were blessed with for our tour to Sophie's Patch at Mount Barker. I think it is safe to say, we were all looking forward with keen anticipation – so much so that a number of folks were ready and waiting at 8.00am!

Thirty five people joined the tour – so by 8.30 we were ready to go; however we were all sorry to hear that Carolyn was unwell and not able to wave us off. We arrived at Sophie's Patch and were warmly welcomed by Sophie and her very helpful daughter – one of her five children - who by the way, each take their turn in helping look after the massive garden.

As we slowly meandered up towards their home Sophie explained all there was to know about every flower, shrub and tree. I wished I would have had a tape recorder of some sort to be able to comprehend all that she told us!

Sophie's garden is beautiful - and in spite of the very ordinary weather we have experienced of late – many flowers, shrubs etc. were flowering. It was obvious that Sophie not only has a love for gardening, but is also very creative, making use of things like bike spokes and joining them together to make a very nice garden feature – the same goes for horse shoes, boughs of trees, and even lounge chairs made from dead trees, to name a few!

Sophie also shared a brief history of the property – and has only been working on this amazing garden for the past five years. We were then treated to a delicious morning tea in her lovely outdoor area with its large table and chairs - surrounded by – yes, you have guessed – more flowers!

Again we were escorted to another garden area – we were very fortunate because there was only a small section that was too wet to venture into. We said our farewells to this amazingly busy lady and were on our way to the Wallis Auchendarroch House and Tavern, Mt Barker, for a very tasty lunch. The Wallis has a very interesting and long history, originally built by a Scottish-Gaelic in 1860. Later it was purchased by Robert Barr Smith and renovated into a mansion.

In 1922 the Memorial Hospital purchased the building and converted it into the Rest and Convalescent Home. In 1940 it was a Rest Home for Servicemen and later returned to the Memorial Hospital – yet again a Rest Home. In 2009 it became Auchendarroch House and Tavern.

It was then time to board our Coach for our journey home. A great day was had by all. A thank you was extended to our very capable coach driver.

Irene Joppich

Sophie's massive Pumpkins



Sophie's daughter Violet with Sherlock Hounds

Admiring Sophie's Garden



Time for a Rest



A very long pumpkin



Enjoying morning tea



Work, Casual, Dress, Walking
Shoes & Sandals
Below Recommended Retail
Price
discounts for all
Staff and Residents



Contact Anne White at Tanunda Lutheran Home
Phone 8563 7777 or 0432 237 495 for more information



INDEPENDENT
LIVING RESIDENTS

Saturday
Ladies' Get Together

1.30pm in
Courtyard Café

First Saturday of each month
Next one 5th November

*Please bring
small plate of food*

Enquiries: Margaret Spike
0481 255 041



Lindy
is
105!
04.10.16



105!! Congratulations Lindy Johnston (Waratah)
Our Oldest Resident photographed
on her way back home from exercises!



Friends of the
Hill & Son Grand Organ
Tuesday 6 December, 7.30pm

St. Nicholas Day Concert
"Christmas on the Hill"
Organist Peter Guy (Newcastle, NSW)

The wonderful organic flavours of Christmas
at the Town Hall, and more!

Peter Guy is Organist and Master of the Choristers at
Christ Church Cathedral, Newcastle. He enjoys an
active recital schedule and is known for his youthful and
engaging style, having very memorably performed a
number of previous recitals in the Barossa over the last
decade.

Tickets: at the door, \$20. School students, free.

WORK WANTED BY STUDENT

COMPUTER
ISSUES?

I can come
to your home!
Phone
Ezra Radke
8563 3996



POINTS TO PONDER

The sun is always shining somewhere—just because you cannot see it
doesn't prove it isn't there.

Ever wonder why the sun lightens our hair but darkens our skin?

Why don't you ever see the headline "PSYCHIC WINS LOTTERY?"

Why is "abbreviated" such a long word?

Wedding Display and Parade

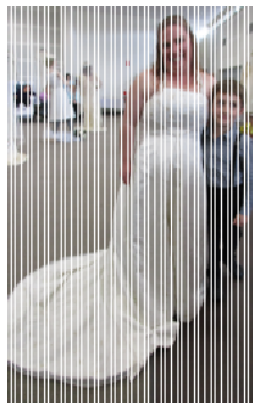
Congratulations to Rachel and her assistants for the amazing way it all came together on Tuesday 11th October 2016. Numerous gowns, wedding accessories and mementoes were artistically displayed in the Chapel/multi function area and, much to Rachel's delight, a lot more was loaned for the day than was anticipated.

Manikin models were generously loaned by St Paul's, Tanunda and Strait Gate, Light Pass. They set off to advantage many of the stunning gowns, while others were hung around the walls and draped over whatever was available. Several members of staff graciously modelled some of the gowns, much to the enjoyment of the guests present. A highlight was a stunning Indian dance performed by a talented 11 year old, Myraa, in her beautiful traditional costume.

Many of the bridal gowns were very old, dating from as far back as 1910; others were 70 years old and more—all exquisitely made and some heavily embroidered—but all greatly admired by those present.

It was generally agreed that it would be great to present the display again next year, maybe for a longer period of time.

Ed





FACE PAINTING

Staff Family Fun Day

Friday 14th October 2016



FUN TIME AT THE FAIR



FUN AT THE FAIR



WHO LAID THESE EGGS?



BABY CAME TOO



SMILE FOR THE CAMERA

WATER BOMBING



DID I WIN A PRIZE?



THE BEST CHEF



YUMMY ICE CREAM



BOUNCY FUN

A REMINDER OF LAST MONTH'S WEATHER

S	G	I	K	F	T	Y	Y	T	N	Z	D	K	I	M	C
P	U	W	T	V	L	L	O	R	R	P	Y	G	G	O	F
D	S	W	T	L	H	R	F	Z	E	W	P	E	Y	M	X
B	T	U	I	U	N	R	N	E	X	D	E	P	F	U	Y
B	Y	H	Y	A	E	P	N	B	B	G	N	B	I	D	W
E	C	V	D	E	J	A	W	H	X	U	T	U	N	Q	Y
G	B	O	Z	R	C	G	H	I	W	H	A	I	H	Y	H
C	A	I	D	I	T	E	Y	P	S	A	W	D	Y	T	W
Z	N	L	R	F	S	N	O	W	I	N	G	Z	R	N	Q
G	J	R	E	Q	A	T	K	Q	M	N	Z	J	E	U	Z
H	U	Y	K	S	C	Z	O	K	S	K	C	C	W	Y	L
H	B	E	O	V	R	N	Z	R	T	T	F	F	O	U	P
B	L	U	S	T	E	R	Y	E	M	L	J	F	H	A	P
Q	B	F	B	T	V	X	I	Z	A	Y	D	Z	S	R	F
Z	M	X	V	R	O	A	D	M	I	S	T	Y	K	O	O

BLUSTERY
CHILLY
FOGGY
FREEZING
GALES
GUSTY
HURRICANE
MISTY
OVERCAST
SHOWERY
SNOWING
STORMY
THUNDERY
TORNADO
WINDY



WE GATHER TOGETHER Places of Worship →

ABBEY
APSE
BASILICA
BEMA
BETHEL
CATHEDRAL
CHAPEL
CHURCH
CONVENT
DAGOBA
MIHRAB
MISSION
MONASTERY

NAOS
NUNNERY
PAGODA
PARISH
PARSONAGE
RECTORY
SANCTUARY
SHRINE
SHUL
STUPA
SYNAGOGUE
TABERNACLE
VESTRY

R	T	D	S	U	L	E	H	T	E	B	B	N	K	Y
Y	E	H	O	W	G	E	U	C	P	A	U	B	E	E
I	U	C	B	S	A	W	A	E	R	N	G	G	L	B
L	E	O	T	D	S	T	Z	H	N	U	A	Y	C	B
C	F	U	O	O	H	V	I	E	D	N	H	T	A	A
H	P	G	G	E	R	M	R	I	O	A	T	C	N	N
A	A	S	D	O	Z	Y	A	S	B	M	G	V	R	B
P	H	R	Z	S	G	R	R	I	G	V	B	O	E	E
E	A	N	M	O	N	A	S	T	E	R	Y	S	B	M
L	U	O	A	X	P	U	N	B	N	D	F	H	A	A
X	V	I	C	O	I	T	X	Y	A	E	D	R	T	N
A	P	S	E	O	S	C	N	M	S	G	V	I	K	H
V	E	S	T	R	Y	N	M	N	C	V	Z	N	U	B
A	C	I	L	I	S	A	B	P	Z	D	D	E	O	Q
Q	I	M	O	P	H	S	I	R	A	P	D	Q	J	C



Our Flower Ladies



Lynn Bartholomaeus



Annette Boyce



Elizabeth Jaeschke



Elaine Leditschke

INTRODUCING OUR TALENTED, GENEROUS, HARD WORKING "FLOWER LADIES"

Have you ever wondered who is responsible for the lovely fresh flowers throughout the Home? Each Monday morning one of these six talented ladies can be seen in the Flower Room busily selecting a vase from an assortment of containers to match the amazing variety of flowers brought in from various gardens at home and on site. Then pushing the trolley laden with most beautiful arrangements that range from very large and spectacular to pretty little eye catching pieces, very often placed on doilies in window sills. All are admired throughout the week and very much appreciated by residents, staff, volunteers and visitors alike.

Then the water level has to be checked and replenished throughout the week and any tired looking stems are replaced. Joan Minge has happily taken responsibility for this task.

Val Ruge has been volunteering weekly for many years but has now officially retired. Thank you for all your creative efforts over your time volunteering. We wish you a happy retirement.

A huge thank you ladies, from all of us. We are impressed with and grateful for your skill and generosity. God bless you richly.



Dianne Litterini



Joan Minge



Rae Materne

Val Ruge





Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Hi everyone! WOW! What a month we have coming up here at Tanunda Lutheran home!!

On Tuesday the 1st of November, we have the Melbourne Cup. This will mean that the volunteer morning tea will now be held instead on the following Tuesday the 8th of November at 10.30am. All are very welcome! We also have coming up, a Remembrance Day ceremony on the 11th at 10am outside the front entrance, our memorial service on the 20th in the chapel at 2pm and of course, our Strawberry fete on the 24th. I hope to see you all there! Have fun everyone! Rachel



Quiz time!



On average how many seeds does a strawberry have?

00Z



Monthly
Morning teas



This month's morning tea will be served

Tuesday 8th November

At 10.30am

One week later due to the Melbourne Cup

See you there!!

**HAVE YOU REMEMBERED
TO SIGN IN & OUT?**



2016

Strawberry Fete

Come along & enjoy a delicious BBQ, desserts, home made produce, auction, jams, old cars, plants, books, bric-a-brac, entertainment, stalls & much much more!

**Thursday November
24th at TLH!**



Anniversaries

Doug Ramsay 2 years

Jeneth Secker 5 years

Carol Siedel 5 years

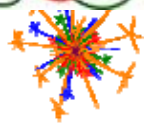
Pam Jones 2 years

Margaret Kroehn 5 years

Annette Boyce 5 years

Fern Fyfe 4 years

Len Gerschwitz 5 years



Carol Allen—1/11 Clair Altus- 19/11

Joyleen Graetz—25/11 Kay Herring— 7/11

Trevor Ratsch— 15/11 Lena Rogers— 3/11

Jeneth Secker— 3/11

Errol Zeunert 9/11



Resident Meeting

Wednesday 23rd

In the Chapel

1.15pm

Come along & have your say!



Come along to
The 2016
Strawberry fete
Thursday November
24th



Opens at 9am

Entertainment all day, stalls, home
baked goods, BBQ, auction,
delicious desserts, strawberry sales,
jams,

Ice creams, vintage cars & much
much more!! See you there!!



Come along & join in the fun!
Tuesday November 1st
at 1.30 in the Chapel.

Sweeps will be held and
a Champagne High Tea
will be served,
Followed by the race.

Beer, wine, champagne and soft
drinks available

Please see lifestyle staff for
details

Lifestyle Program

November 2016

Tuesday 1st

10.00 & 11.00 Exercise with the physio Chapel
10.30 One on one visits & sunshine time with Sean
10.30 Sewing & knitting group Protea
1.30 Melbourne Cup Grand Afternoon & High Tea! Chapel
3.00 Sundowners with Sean ABG
5.45 Piano Bar TC 2 lounge

Wednesday 2nd

10.30 One on one visits with Sean
10.30 One on one visits & sunshine time with Odette
10.30 Gospel Goals Chapel
1.15 Gary & his Uke Chapel
1.45 Sing-along with Sean Acacia
3.00 Sundowners with Sean ABG

Thursday 3rd

10.00 & 11.00 Exercises with the physio Chapel
10.30 One on one visits with Odette
10.30 One on one visits & sunshine time with Sean
1.15 George Davies Acacia
1.15 Arm chair travel with Sean Waratah
3.00 Sundowners with Sean ABG

Friday 4th

10.30 One on one visits & sunshine time with Odette
10.30 One on one visits with Pam
10.30 One on one visits with Sean
11.00 Help for living Chapel
1.15 Baking with Odette ABG
1.15 Bowls with Pam & Sean Chapel
2.00 End of week PARTY! Chapel
3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

Saturday 5th

Sunday 6th

10.30 Worship service with Holy Communion Chapel

Monday 7th

10.15 Hymn singing Chapel
10.30 One on one visits & sunshine time with Sean
10.30 Gardening group with Pam
11.00 Worship service with Holy Communion Acacia
1.30 Bingo with Pam Waratah
2.30 Margaret Tepper Acacia
3.00 Sundowners with Sean ABG

Wednesday 30th of November 1.30 Chapel



Bangers & Mash

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Tuesday 8th

10.00 & 11.00 Exercise with the physio **Chapel**
 10.30 One on one visits & sunshine time with Sean
 10.30 Sewing & knitting group **Protea**
 1.30 Bingo with Pam **Waratah**
 1.30 Men's group with Sean
 3.00 Sundowners with Sean **ABG**
 5.45 Piano Bar **TC 2 lounge**

Wednesday 9th

10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Odette
 10.30 Gospel Goals **Chapel**
 1.15 Sing-along with Sean **Chapel**
 1.45 Craft with Odette **Acacia**
 3.00 Sundowners with Sean **ABG**

Thursday 10th

10.00 & 11.00 Exercises with the physio **Chapel**
 10.30 One on one visits & sunshine time with Odette
 10.30 Mystery Bus trip! With Sean
 1.15 Deutsch Club **Acacia**
 3.00 Sundowners with Sean **ABG**

Friday 11th Remembrance Day

10.30 One on one visits & sunshine time with Odette
 10.30 One on one visits with Pam
 10.30 One on one visits with Sean
 10.00 Remembrance day ceremony **Main entrance**
 1.15 Baking with Pam **ABG**
 1.15 Bowls with Odette & Sean **Chapel**
 2.00 End of week PARTY! **Chapel**
 3.00 Sundowners with Sean **ABG**
 Happy hour served in all areas in PM activities

Saturday 12th

Sunday 13th

10.30 Worship service with Holy Communion **Chapel**

Monday 14th

10.15 Hymn singing **Chapel**
 10.30 One on one visits & sunshine time with Sean
 10.30 Gardening group with Pam
 11.00 Worship service with Holy Communion **Acacia**
 1.30 Bingo with Pam **Waratah**
 1.30 Musical quiz with Sean **Chapel**
 3.00 Sundowners with Sean **ABG**

Tuesday 15th

10.00 & 11.00 Exercise with the physio **Chapel**
 10.30 One on one visits & sunshine time with Sean
 10.30 Sewing & knitting group **Protea**
 1.30 Bingo with Pam **Waratah**
 1.30 Men's group with Sean
 3.00 Sundowners with Sean **ABG**
 5.45 Piano Bar **TC 2 lounge**

Wednesday 16th

10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Odette
 10.30 Gospel Goals **Chapel**
 1.15 Lorraine Gregory **Chapel**
 1.45 Reminiscing with Sean **Acacia**
 3.00 Sundowners with Sean **ABG**

Thursday 17th

10.00 & 11.00 Exercises with the physio **Chapel**
 10.30 One on one visits with Odette
 10.30 One on one & sunshine time visits with Sean
 1.15 Annie & Dean **Chapel**
 1.15 Arm chair travel with Sean **Waratah**
 3.00 Sundowners with Sean **ABG**

REMEMBER Afternoon Lifestyle Programs may now commence at 1.15pm Instead of 1.30pm unless stated.



Remembrance day Ceremony
11th November 10.00am
Main Entrance

Gardening Group
Mondays 10.30am



Friday 18th

10.30 One on one visits & sunshine time with Odette
 10.30 One on one visits with Pam
 10.30 One on one visits with Sean
 11.00 Help for living Chapel
 1.15 Bowls with Pam & Sean Chapel
 1.15 Christmas crafts with Odette ABG
 2.00 End of week PARTY! Chapel
 3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

Saturday 19th

Sunday 20th

10.30 Worship service with Holy Communion Chapel
 2.00 Special Memorial service Chapel

Monday 21st

10.15 Hymn singing Chapel
 10.30 One on one visits & sunshine time with Sean
 10.30 Gardening group with Pam
 11.00 Worship service with Holy Communion Acacia
 1.30 Bingo with Pam Waratah
 2.30 Margaret Tepper Acacia
 3.00 Sundowners with Sean ABG

Tuesday 22nd

10.00 & 11.00 Exercise with the physio Chapel
 10.30 One on one visits & sunshine time with Sean
 10.30 Sewing & knitting group Protea
 1.30 Bingo with Pam Waratah
 1.30 Men's group with Sean
 3.00 Sundowners with Sean ABG
 5.45 Piano Bar TC 2 lounge

Wednesday 23rd

10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Odette
 10.30 Gospel Goals Chapel
 1.15 Resident meeting Chapel
 2.00 Floor games with Odette Chapel
 2.15 Name that tune! With Sean Acacia
 3.00 Sundowners with Sean ABG

Thursday 24th

STRAWBERRY FETE 2016!!



**Please note the Lifestyle program
 may be subject to change**

Friday 25th

10.30 One on one visits & sunshine time with Odette
 10.30 One on one visits with Pam
 10.30 One on one visits with Sean
 11.00 Help for living Chapel
 1.15 Bowls with Odette & Sean Chapel
 1.15 Christmas crafts with Pam ABG
 2.00 End of week PARTY! Chapel
 3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

Saturday 26th

Sunday 27th

10.30 Worship service with Holy Communion Chapel

Monday 28th

10.15 Hymn singing Chapel
 10.30 One on one visits & sunshine time with Sean
 10.30 Gardening group with Pam
 11.00 Worship service with Holy Communion Acacia
 1.30 Bingo with Pam Waratah
 2.30 Margaret Tepper Acacia
 3.00 Sundowners with Sean ABG

Tuesday 29th

10.00 & 11.00 Exercise with the physio Chapel
 10.30 One on one visits & sunshine time with Sean
 10.30 Sewing & knitting group Protea
 1.30 Bingo with Pam Waratah
 1.30 Men's group with Sean
 3.00 Sundowners with Sean ABG
 5.45 Piano Bar TC 2 lounge

Wednesday 30th

10.30 One on one visits with Sean
 10.30 One on one visits & sunshine time with Odette
 10.30 Gospel Goals Chapel
 1.15 Bangers and Mash Christmas Concert Chapel
 1.45 Sing-along with Sean Acacia
 3.00 Sundowners with Sean ABG

Thursday 10th November

Mystery Bus Trip! Bus leaves at 10.30am



Please see Lifestyle staff for more details