

# TIT

# TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
27 Bridge St Tanunda SA
5352

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info@tlhome.com.au

**★** Website

www.tlhome.com.au

The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.
Jesus Christ said: "Love one
another as I have loved you"
John 13:34

#### **OCTOBER 2016**



Lutheran Church of Australia



#### FROM THE CHAPLAIN

Pastor John Thiel



#### CHURCH LIFE - BE IN IT!

Many residents of Tanunda Lutheran Home attend church. It clearly seems that the older and wiser people become, the more they appreciate the benefits of going to church.

We, like all people, are naturally selfish in relation to other people, and rebellious against God. We deserve God's punishment.

God loved us so much that he sent Jesus Christ, his Son, to rescue us from our sin and the punishment we deserve, and assure us that we have a wonderful life in heaven after life on this earth.

The main benefit of going to church is to participate in living the forgiven and eternal life.

We do this by:

- 1. Being baptized into the new forgiven and eternal life and growing in this new life.
- 2. Receiving forgiveness of our sins through the pastor's assured declaration that our sins are forgiven.
- 3. Receiving forgiveness of our sins through the hearing of God's word.
- 4. Receiving forgiveness through receiving Jesus' body and blood in Holy Communion.
- 5. Being supported in our faith by the encouragement and comfort of fellow-Christians.
- 6. Jointly thanking and praising God for his physical and spiritual blessings.
- 7. Jointly praying for the good of the world and ourselves.
- 8. Being part of a community in which we use our talents to serve God.

Quite some years ago, there was a fitness program entitled "Life – Be In It!" For your spiritual fitness, I suggest to you all, "Church life – Be In It."

Pastor John Thiel-phone 8563 7749 -mob 0428 581 838- john.thiel@tlhome.com.au



#### RAINFALL REPORT **SEPTEMBER 2016** Selected Years

Thank you Ralph Kernich for supplying this interesting information

Year	Rainfall in mm	Days of Rain	Since 1 Jan.
2003	63.0	18	499.6
2004	67.5	17	456.1
2005	74.8	21	412.0
2006	22.6	11	334.7
2007	44.2	11	422.4
2008	33.2	11	369.7
2009	77.2	17	461.9
2010	102.5	16	429.3
2011	41.8	10	592.3
2012	45.6	12	379.0
2013	47.2	11	451.4
2014	21.0	10	470.2
2015	33.3	10	353.5
То 26 Ѕер.	107.4	13	549.4

Since rain records began for Tanunda in 1868 there have been few recordings over 100mm for September.

The highest September recording was 164.6mm in 1912; the lowest 7.4 in 1944.

#### **TIT TAT TEAM:**

Dorcas Kernich (Editor), Myra Othams, Joan Minge

**Deliveries:** 

Glenys Greig, Glenis Kupke, Joan Minge

DEADLINE FOR NOVEMBER ISSUE Please note deadline for contributions for November Tit Tat is Wednesday 26th October

#### Why drive when you can **JUMP ON THE BUS!!**



#### Barossa Community Shopping Buses Pick up from home

#### **Gawler Friday Bus**

every Friday to Gawler \$5 return from Angaston, Nuriootpa, Tanunda, Lyndoch, Williamstown

Arrive Gawler approx. 9.30am. Depart 11.30am.

#### Elizabeth Monday Bus

1st and 3rd Monday of the month from Angaston, Nuriootpa, Tanunda, Lyndoch, Williamstown (via Williamstown 3rd Monday only) To Elizabeth via Gawler and Munno Para—\$10 return Arrive Elizabeth approx. 10.00am. Depart 2.30pm Wheelchair access available Pick up from home—for info or to book

Call 8563 8411 during office hours



#### TLH SHOPPING BUS

Departing approx 9:30am Return 11:30am. Cost \$5

Wednesday 5th October Tanunda Wednesday 12th Nuriootpa Wednesday 19th Tanunda Wednesday 26th Nuriootpa

Please be at Reception by 9:15am

What happens if you eat yeast and shoe polish? Every morning you'll Rise and Shine

Joy is a net of love by which you can catch souls (Mother Theresa)

I keep trying to lose weight—but it keeps finding me

Dogs have masters—Cats have staff



Lee Martin

# From the CBO



At the reading of this article you would have been aware the residents and staff in the facility have been experiencing issues with an outbreak of the NoroVirus - a nasty gastroenteritis. It is an unfortunate common issue in aged care facilities as the virus is very easily spread by droplet or poor hygiene. The need to restrict the visiting and activities is to ensure the spread of the virus is contained. Thank you to those who have heeded the warning. All the regulatory bodies are kept informed of the outbreak and how things are going. Thank you to the staff for your efforts throughout this time - it is good to see how people do go that extra to ensure everyone is looked after.



I had the privilege of presenting the 27 Bridge Street Master Plan 2016 to the Lutheran SA/NT District Church Council and the congregation of the St. John's Church, Tanunda. Both audiences were very impressed with the Vision and the work that has occurred behind the scenes to make it all happen. It is an exciting time - future presentations are being planned for later in the year - after we receive updated plans and information. I will keep you all informed.

I am not sure about others, but I have seen enough rain - it really is nice to see the sun come out on the rare occasion. The range of crops around the region certainly presents a very pretty picture. Nice to see all the dams full too.

Congratulations to Sturt Football Club for being SANFL Premiers this year. It was a great grand final to watch. Not so happy about how the Adelaide Crows went out of the race to the flag but we did do better than the commentators indicated at the start of the season. Here's to looking forward to next year. Not sure yet as to what team I'll be barracking for in the grand final - I do hope it is a good close game to make it more interesting.



#### **Project Updates:**

**Menge Road project** - Construction work continues to be on time. Handover of the houses will be on the 18 November 2016. New residents will move in shortly after.



**25 Bridge Street** project - the foundations are laid - framework will commence very soon. All units are sold.

Planning for the **Nuriootpa site in Schaedel Street** continues with final plans being established for Board Members' consideration in October 2016. It is planned to have a Development Application to the Barossa Council shortly after the Board's approval of the plans.

The **27 Bridge Street Master Planning process** is ongoing - a final draft plan will be ready for approval by the TLH Board Members. If you know of a local community group who would like me to present the plan to them please let me know.

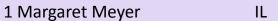
We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.



Lee Martin 26.09.16

TIT TAT 3 OCTOBER 2016





4 Lindy Johnston Waratah
7 Frieda Pascoe Acacia
7 Dorothy Feist Grevillea

7 Richard Winter IL 8 Lil Kernich IL

9 Val Lehmann IL

9 Mary Brown Acacia

12 Kathy Kohlhagen IL 15 Beth Hage IL 15 Frank Schapel IL

16 Dorothy Tonkes IL

18 Raelene Rosenzweig IL

18 Rosalie HarriesAcacia18 Gary JonesProtea

26 Audrey Schilling
 26 Robert Tanti
 29 Gladys Saegenschnitter
 Waratah
 Protea
 Banksia

30 Joyce Schulz Waratah 30 Roma Linke Trinity



### RESPITE Daphne (Joan) Mott — TC3 22 Vera Hird —TC3 18

PERMANENT
Ivy Winton — Protea 35
Dora Renner — TC2 11
Raymond Mayberry — Waratah 54
Margret Matte — Protea 42

#### **DEATHS**

Our deepest sympathy to the families of

Kevin Pedler — died 14th September Daphne Krieg — died 17th September Stella Rohrlach — died 18th September

Rest in Feace



#### TLH CHAPLAIN TO RETIRE

On Sunday 7th August 2016 PASTOR JOHN THIEL announced to the TLH Congregation his intention to retire with the following words:

"Today I am announcing that at the end of the year, I plan to retire from the full-time ministry of the Lutheran Church of Australia and as Chaplain of Tanunda Lutheran Home.

I have gained much satisfaction from my ministry here and it will be difficult to say goodbye to you all. You are a wonderful congregation, full of faith and love, wisdom and joy. I give God thanks for you all.

I became eligible to retire at 65, but heeded the church's request to continue to at least 67. By the end of the year I will be 68-1/2.

I am making this announcement early so that plans can be put in place to ensure the chaplaincy at Tanunda Lutheran Home. The Tanunda Lutheran Home Board will lead the process of arranging the continuing chaplaincy of the Home.

I would like to conduct a farewell service on Sunday 18th December, which is the 35th anniversary of my ordination, and conduct my final service on Christmas Day, Sunday 25th December. Soon after Christmas Ilene and I plan to relocate to our home in Adelaide.

Thank you all for your kind support, friendship and help."

8th September 2016











By now most of our readers would have seen or heard about the impressive, meaningful painting, River of Life now proudly displayed in the corridor at Tanunda Lutheran Home.



John Herring, Alison Halliday, Lee Martin CEO

We are most grateful to the dedicated, artistic folk who developed the concept and brought it to reality in a very beautiful manner. The *River of Life* is the brain child of

volunteer John Herring, who, in collaboration with local artist Alison Halliday and in discussions with Lee Martin CEO and some members of staff, planned this meaningful piece of artwork. More than three metres in length, this triptych (three panels) is done in acrylic and collage and depicts the Early Settlers' program for new residents, general life in the TLH community, and importantly, the role that Palliative Care plays in the Home. In John's words, "The River of Life celebrates the gentleness and tenderness of care given over decades by many carers. It celebrates the enduring patience and courage of those who over decades have needed that care; it celebrates the generosity of Colin and Rita Kroehn, who not only touched the earth lightly with their hard working and contented lives, but that they now touch us all once again as we draw spiritually on this art work. It will inspire us all to keep living out the ethos of this community of our Tanunda Lutheran Home."

Alison chose to focus on the fountain near the main entry to TLH and uses "Wally and Dolly" to travel from their former home into TLH along the Yellow Brick Road. They will be adjusting to a new lifestyle as Early Settlers and crossing the bridges of life where the Yellow Brick Road leads them into



a new community and new places and phases in their journey under the protection of God's umbrella of love. Over time, admirers will spot many significant features, such as *The Angel's Song* (no 125 in The Lutheran Hymnal), the recognition of the Peramangk traditional owners and use of aboriginal colours, and individuals will find many other points of interest. Alison says she found that the verses from Revelation 22:1-5 in the Bible fitted the painting perfectly.



How it began: One Monday morning many months ago, Volunteer John Herring experienced a situation that began a process which has finally culminated in the

unveiling of this remarkable work of art by Alison Halliday. John witnessed a strong, young man kneeling at a resident's feet, and with great concentration, gentleness and empathy he dressed the ugly wound. The ward Clinical Manager simply said, "But that is what we are all about here..it is what we continually try to do..it is the ethos of this TLH Community."

**Funding:** Through the generosity of the late Colin and Rita Kroehn (of Sunnyvale Eden Valley) who have supported TLH financially over many years, the project was funded with a substantial legacy from this kind couple. John was reminded of the words of Jesus, "In as much as you do it for the least of these, you do it unto me also."

So it was with great anticipation, prayers and much joy that this impressive, meaningful painting was unveiled in the Gramp Chapel on Thursday morning 8th September, 2016. Lee Martin CEO introduced the special guests— John and Kay Herring, Alison and Ken Halliday and several Board members. Chaplain John Thiel blessed the work of art—and morning tea was enjoyed by attendees.

John 7:38—"He or she who believes in me... out of their hearts will flow rivers of living water."

Thanks be to God.

Ed.

TIT TAT 5



### PROFILE

#### **HELGA and EDGARS JAUNZARINS**



Introducing new residents Edgars and Helga – Edgar is in Residential Care in Acacia and Helga lives in Schiller Court. Helga is fluent in three languages – Latvian, German and English.

This amazing couple, both refugees, has survived huge difficulties in their lifetime, but despite this, they maintain a very positive, thankful attitude.

Here is their story.

Helga was born in Riga, Latvia on 26<sup>th</sup> August 1929, the eldest of three girls born to Herbert and Elvira Fisher. She attended the local school until 1940, when WWII was raging and the Russian army occupied Latvia. The following year, her father received a message that many people would be deported to Siberia – there were two choices – to be shot, or sent to Siberia. Helga's family was selected to board a ship destined for Berlin in Germany, so they were fortunate to escape from the Russians, even though they lived in both Polish and German camps. In 1944 the horrors of war forced them to leave behind their belongings, for the Russians had attacked Poland, and a large number of these homeless refugees walked, day and night, to freedom, eventually arriving in Australia.

As Latvian refugees, they were sent to live yet again in another camp, this time at Bathurst, NSW; life was not easy. Helga and Edgars had met in Germany in 1947 and eventually married in Bathurst (in a dress and suit borrowed from friends!). But first they needed permission from the Camp Director to marry. The Director enquired whether any others wanted to marry – and thirty people put up their hands!





It was a requirement that refugees work for two years for the government. At the end of that obligation, it was a move to Adelaide where Edgars gained employment as a radio technician at Philips Electrical Industries, Hendon. They settled in Adelaide and raised three children – Ilona, Herbert and Ingrid. Edgars enrolled at the School of Mines and studied there for three years.

Edgars and Helga shared a love of gardening, fishing and water skiing on the River Murray. They enjoyed holidays in their shack at Lake Carlet on the Murray, near Walkers Flat and Purnong. They are extremely proud of the 75lb Murray cod caught there and have a photo to prove it! Over a

period of two weeks they caught Murray cod totalling 300 lb.



But Edgars' health began to deteriorate and he was admitted to St Andrews Hospital. From then on, everything happened unexpectedly and Edgars needed professional care. As they have a daughter and family living locally, they looked for a placement at Tanunda Lutheran Home and are thankful to have found Edgars a room in Acacia. It wasn't long before Helga moved to her Schiller Court unit, and, on advice from her daughter, went on a declutter program - and she says she is very happy here and couldn't have anything better! Their children live on Queensland's Sunshine Coast, Upper Sturt and Tanunda. They are grandparents to seven, and have three great grandchildren.

Welcome to our wonderful community here at Tanunda Lutheran Home, Helga and Edgars
Thank you for sharing your story

Ed.



### INDEPENDENT LIVING SOCIAL MORNING

#### THURSDAY 15th September 2016





#### GUEST SPEAKER FROM COTA Council on the Ageing—Terry Boswell

Following a chat and morning tea, Ray Giersch welcomed the 30 people present and dealt with some housekeeping matters. He announced that \$521 profit was made recently from the sale of raffle tickets and there were many

happy winners. Ray enquired whether anyone present would be interested in playing table tennis. Betty Kohlhagen told another joke from her bottomless supply—which once again resulted in appreciative laughter.

Ray introduced the guest speaker, Terry Boswell, representing COTA—the Council on the Ageing. Terry shared much useful information and explained the aim is to keep seniors as long as they desire in their own home. The three tiers of the Aged Care system are:

**Level 1.** Commonwealth Home Support Program—Basic Support—in the home and community.

**Level 2.** Home Care Packages—Package of support delivered in the home and community.

**Level 3.** Residential Care—Intensive support—Independent Living, nursing homes and dementia care facilities.

Temporary packages are also available.

Membership of COTA offers a number of benefits like free travel with a Senior's card, government consultations, travel insurance, informative newsletter, discounts, and a Moving Along program (gophers).

Terry stressed the importance of everyone completing a Consumer Directive Care document. Information can be obtained from *myagedcare* web site—or ring 1800 222 422 if you need more information and someone will come to you for assessment and to discuss your needs and choices. It is all about what YOU want! If you move house, the same package goes with you. So, just make that phone call—it will all be taken care of and can be changed if necessary.

Terry asked those present to complete a questionnaire. A number stayed on to enjoy a delicious two course meal provided by TLH Kitchen staff—where can one get a better meal than Catherine and her team supply? And capably served by Lee, Bev, Carolyn, Jane. Thank you sincerely to all who made this morning beneficial and enjoyable.

























Top—L-R: Betty Cross, Elaine Leditschke, Alison Redden, Margaret Jasper, Ray Giersch, Pat Maddock, Joy Hall, Irene Joppich, Alan Hall, Beth Hage, Jan Fechner, Len Gerschwitz, Myra Othams, Ralph & Lil Kernich, Gary Lungwitz, Thelma Ziersch, Catherine Wheatley, Jane Long, Lee Martin, Carolyn Redden, Bev Galway, Joan Ruwoldt

Ed.

TIT TAT 7 OCTOBER 2016



#### SEPTEMBER 2016

## Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

#### **OUR APOLOGIES**

September Volunteer News was inadvertently omitted in last month's Tit Tat

Hello everyone, this month, we welcome a number of new volunteers to Tanunda Lutheran Home! I would like to welcome Leigh Warren, driver, Kathryn Brown, medical escort & lifestyle, Hollie Coleman, cafe, Carol Allen, cafe, Elton Chudleigh, driver, Marilyn Schultz, lifestyle and Lorraine Gregory, entertainer who is now registered with us! Welcome to you all!

There will be training in the area of client centred care coming up shortly in September. Client centred care literally means 'respect for human rights, including cultural rights, the right to life and choice, to dignity and to be treated with respect'. It should be an interesting, creative and informative session. It would be great to see you all there! We will also be offering training in WHS and later Beyond Blue training.

Have a wonderful month everyone! Keep smiling! Rachel

Quiz time!

How many stars feature

on the New Zealand flag?



Anniversaries
Hedy Stanley





#### HAVE YOU REMEMBERED TO SIGN IN & OUT?



Monthly Morning teas



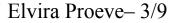
A delicious morning tea will be served Tuesday 6th September At 10.30am

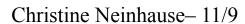


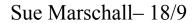


#### **Birthdays for September**











Lorraine Howie-21/9







# Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Hi everyone! Last month for our monthly morning tea held on Tuesday the 6th of September, we had a 'sailing through life's troubled waters' theme. Everyone was given a tiny paper origami sailing boat reminding all that they are the captains of the ship, helping those in need sail through life's troubles. Thank you all for the very valuable work you all do to make sure that the TLH ship is 'sailing right'! During the morning, the lovely ladies from Meals on Wheels spoke to us about the wonderful work they do for the community and handed out information. If you would like to know how you can contact Meals on Wheels, please see me and I will be happy to help!

## Free Manual Handling Course

Volunteering Barossa & Light will be holding a FREE Manual Handling course for our local volunteers on Thursday November 3rd 9.30-12.30 in the Barossa Council Chambers, 43-51 Tanunda Road Nuriootpa. If you are currently involved using manual handling in the area you are volunteering in, we would love you to attend if possible. Northern Volunteering will be facilitating the session.

As spaces are limited, please enrol by emailing Karen McDonald at kmcdonald@barossa.sa.gov.au by October 14th to secure a place.



#### **Quiz time!**

What is 'lava bread'?

Seaweed





#### **Anniversaries**



Christine Neinhaus
Cecilie Noack
Max Schubert
Daphne Gower
Joan Habermann
Alison Hamann
Richard Henderson



Monthly Morning teas







N

Merrawyn Rosenzwieg 20/10

Joan Schulz 2/10

Helen Fiebiger 19/10

Pauline Leske 19/10

Margaret Meyer 1/10

Helen Phillips 16/10



A delicious morning tea will
be served
Tuesday 4th October
At 10.30am
Put it into your diary!!
See you there!!





HAVE YOU REMEMBERED TO SIGN IN & OUT?























#### **VOLUNTEERS' MORNING TEA**



As you sail through life, don't avoid rough waters.

Sail on...because calm seas never make you a skilful sailor.

Be strong always because God will be your anchor.

Manager of Volunteers, Rachel Fritz, again organised a wonderful morning's entertainment as a thank you to Volunteers at TLH.

Those who attend always look forward to the first Tuesday of each month.

Theme for the day on 6th September was Sailing through life's difficulties and in keeping with this concept, Rachel artistically decorated the tables with colourful hand made sailing ships and added streamers to represent the ocean.

Specially invited guests were four representatives from Barossa Meals on Wheels. Heather Richardson addressed the group. highlighting a new frozen meals service that caters for anyone who is in need and is struggling to do their own cooking. Referrals often come from hospitals. This is a new extra service in addition to Meals on Wheels home deliveries, which have been available in the Barossa for 45 years! Generous volunteers deliver hot meals to 60 people in three towns five days each week. The nourishing frozen meals are stored at TLH in a room in Falkenberg Wing and can be collected every second Wednesday and taken home in the microwaveable container for use when required. Cost is a mere \$8.50 for three courses. This service caters for all needs and can help to keep people in their own homes longer. Referrals can come from family, friends, neighbours, etc. Heather issued an invitation to come along to Falkenberg Wing on Wednesday 21st September 9.30am-11.00am for morning tea and to see and hear about this new wonderful service.

Heather encouraged all to promote this excellent initiative by talking to friends and those who could benefit from this service.

Barossa Meals on Wheels Client Services on 0455 872 267 Or Freecall 1800 854 453



- Heather Richardson, Lyn Tasker, Deb Miles, Laurel Rasmus
- 2. Rhonda Klemm
- 3. Ivy Parr, Jan Schupelius
- 4. Lorraine Gregory, Anne Tscharke
- 5. Catherine Wheatley (Chef)
- 6. Irene Joppich, Joan Ruwoldt
- 7. Wilf Fechner, Laurel Rasmus, Ray Giersch
- 8. Debbie Darby
- 9. Margaret Seeliger, Margaret Jasper

Rachel concluded with several news items—

- A new Volunteers' pamphlet has been designed and circulated
- A number of recent birthdays were acknowledged
- Reminder to make sure your Police Check is up to date—no charge to volunteers. Check with Rachel.

Ed.

# Around the Home

#### PRIZEWINNERS FATHER'S DAY RAFFLE

#### Congratulations to

4 Alister

1 Kelly Down (EN) 5 Cherie Cheyne 2 Carolyn Redden 6 Julie (cafe) 3 Jane Long (H/K) 7 Maggie (H/K)

#### **INCOME TAX HELP - 2016**

Tax Help for Low Income Earners is now available through the ATO at Lutheran Community Care 26 Second St Nuriootpa on Tuesday and Thursday mornings until 27th October

Please call 8562 2688 to make an appointment and to check your eligibility for this free service.



A HUGE THANK YOU

to Lee Martin CEO
and Sharon
for their generous donation
of a treadmill for the TLH
Gym—Rolls Royce model!
The seniors of the Tuesday
and Thursday Keep Fit
classes are thrilled to have a
treadmill again following the

Come along to classes run by
Blisscare physiotherapists.

Enjoy the friendship and fun

Learn correct breathing

and feel the benefits:

- Strengthen muscles, core and bones
- ♦ Improve balance
- ♦ Help prevent falls

9.00-10.00am Tuesdays and Thursdays \$6 Phone 8563 7776 for more details



REMEMBER

THE

**SPEED** 

LIMIT

**10 KPH** 

AROUND THE



### Thank You to the Courtyard Cafe

A big Thank You to

Julie Green for her efforts

on Monday 29th August

for Nita Bosisto's 96th Birthday.

Family and friends gathered there for lunch

and Julie provided

12 beautifully presented meals and coffee

on a very pretty and well set table.

A big Thank You from Nita and Family



Joan Minge, Glenys Lienert, Lena Rogers enjoying a cuppa and chat in Joan's Pepper Tree Garden on a lovely spring morning

#### **BRASS AND WIND MUSICAL INSTRUMENTS**





Shawm

**ALPENHORN BASSOON** BUGLE **CLARINET CORNET FIFE FLAGEOLET FLUTE** FRENCH HORN **HAUTBOY HECKELPHONE KAZOO MOUTH ORGAN OBOE PICCOLO POST HORN** RECORDER **SHAWM TROMBONE TUBA** 

## A LESSON IN FINANCIAL PLANNING (By an Irishman in the Outback)

Paddy bought a camel from a farmer for \$100. The farmer agreed to deliver the camel the next day. In the morning he drove up and said, "Sorry son, but I have some bad news. The camel's died." Paddy replied, "Well, just give me my money back then." The farmer said, "Can't do that—I've already spent it." Paddy said, "OK then, just bring me the dead camel." The farmer asked, "What are you going to do with him?" Paddy said, "I'm going to raffle him off."

The farmer said, "You can't raffle a dead camel!" Paddy said, "Sure I can. Watch me. I just won't tell anybody he's dead."

A month later, the farmer met up with Paddy and asked, "What happened with that dead camel?" Paddy said, "I raffled him off. I sold 500 tickets at \$2 each and made a profit of \$898.

The farmer said, "Didn't anyone complain?" Paddy said, "Just the guy who won. So I gave him his \$2 back.

Paddy now works for the Commonwealth Bank. But yesterday Paddy got an offer to work for the Prime Minister as a Financial Planner.

# 

#### TWILIGHT IN THE BAROSSA

Saturday 22nd October 5.30pm Barossa Regional Gallery, Tanunda

\*\*\*\*\*\*\*\*\*\*\*



Open Garden **ROSEWOOD** lan and Margaret Rosenzweig's Garden

409 Sir Condor Laucke Way (Greenock Road) Nuriootpa **SATURDAY 22nd October** 10.00am-4.30pm \$7 entry—Under 18 free Refreshments available A Bible Society fundraiser

**BAROSSA ROSE & FLOWER SHOW** Sat, Sun 29th, 30th October St Paul's church hall

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

**Further information** Phone 0409 096 369

Proudly supported by Channel Nine News

Part proceeds to assist Pinery Fire victims re-establish their gardens



## Welcome New Staff



Amy Hampel Hospitality/ Housekeeping

**Hollie Coleman** Hospitality/ Housekeeping/



#### STRAWBERRY FETE Thursday 24th November

Donations of tins and bottles, goods for the stalls, raffles/ auction etc also help to hull strawberries early that morning would be very much appreciated to make our Strawberry Fete a success. If you can help in any way, please let Rachel know.

Thank you very much



Unfortunately the **Bridal Display** had to be postponed.

Remember to check out The parade and display

TUESDAY 11th OCTOBER



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#### **INDEPENDENT** LIVING RESIDENTS

#### **Saturday Ladies' Get Together** 1.30pm in Courtyard Cafe

First Saturday of each month **Next one 1st October** 

Please bring small plate of food

**Enquiries: Margaret Spike 0481 255 041** 



Resident Meeting

Wednesday 26th In the Chapel 1.15pm

Come along & have

your say!

Bus trip



Numbers are strictly limited. Be quick!!

Please see Lifestyle staff for more details

> Barossa Gold Fields & Whispering Wall (Includes afternoon tea)









#### **Lifestyle Program**

#### October 2016

**ABG** 

#### Saturday 1st

#### Sunday 2nd

10.30 Family & Friends Worship with Holy Communion Chapel

#### Monday 3rd

#### **Public Holiday (Labour Day)**

#### **Tuesday 4th**

10.00 & 11.00 Exercise with the physio Chapel

10.30 One on one visits & sunshine time with Sean

10.30 Sewing & knitting group **Protea** Waratah 1.30 Bingo with Pam

**1.30** Men's group with Sean

**3.00** Art group Painting and drawing with Rachel Protea **ABG** 

3.00 Sundowners with Sean

Wednesday 5th 10.30 One on one visits & sunshine time with Odette

**10.30** One on one visits with Sean

10.30 Gospel Goals Chapel 1.15 Gary & his uke Chapel 1.15 Floor Games with Odette Acacia

2.30 Garv & his uke Acacia 3.00 Sundowners with Sean ABG

Thursday 6th

10.00 & 11.00 Exercises with the physio Chapel

10.30 One on one visits with Odette

**10.30** One on one visits & sunshine time with Sean

**1.15** Arm chair travel with Sean Waratah 1.30 George Davies Acacia

3.00 Sunshine time and Sundowners with Sean

Friday 7th

10.30 One on one visits & sunshine time with Odette

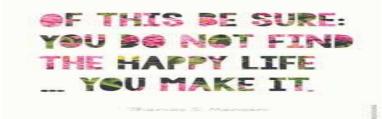
**10.30** One on one visits with Pam

10.30 One on one visits with Sean

11.00 Help for Living Chapel **1.15** Margaret Tepper **Acacia** 

1.15 Bowls with Pam & Sean Chapel 2.00 End of week PARTY! Chapel 3.00 Sundowners with Sean **ABG** 

Happy hour served in all areas in PM activities



PLEASE NOTE ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE

11.00 Worship service with Holy Comm. Acacia **1.30** Bingo with Pam Waratah 2.30 Margaret Tepper Chapel 3.00 Sundowners with Sean **ABG** Tuesday 11th—Wedding display 10am-3pm Chapel Chapel

10.00 & 11.00 Exercises with the physio 10.30 One on one visits & sunshine time with Sean

10.30 Knitting & sewing group **Protea** 

**1.15** Men's group with Sean 1.30 Bingo with Pam

Waratah **3.00** Art group Painting & drawing with Rachel **Protea** 3.00 Sundowners with Sean ABG

Wednesday 12th

10.30 One on one visits with Sean

10.30 One on one visits & sunshine time with Odette

10.30 Gospel Goals Chapel 1.15 Oktoberfest! Featuring Malcolm Nitschke Chapel **1.45** Sing-along with Sean Acacia 3.00 Sundowners with Sean ABG

Thursday 13th

10.00 & 11.00 Exercises with the physio Chapel

**10.30** One on one visits with Odette

**10.30** One on one visits & sunshine time with Sean

1.15 Deutsch Club Acacia **1.15** Arm chair travel with Sean Waratah **ABG** 3.00 Sundowners with Sean

Friday 14th

**10.30** One on one visits & sunshine time with Odette

**10.30** One on one visits with Pam

10.30 One on one visits with Sean

11.00 Help For Living Chapel 1.15 Bowls with Sean & Odette Chapel **1.15** Leslie's Boutique shopping experience **Protea** 1.15 Margaret Tepper Acacia 2.00 End of the week PARTY! Chapel 3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities



Join us for **Happy Hour!**  Saturday 15th Sunday 16th

10.30 Worship service with Holy Communion Chapel

**October** 

Monday 17th

10.15 Hymn singing Chapel

10.30 One on one visits & sunshine time with Sean

**10.30** Gardening group with Pam

11.00 Worship service with Holy Communion Acacia 1.30 Bingo with Pam Waratah **1.15** George Davies Acacia 3.00 Sundowners with Sean ARG

Tuesday 18th

10.00 & 11.00 Exercises with the physio Chapel

10.30 One on one visits & sunshine time with Sean

10.30 Knitting & sewing group **Protea** 

1.15 Men's group with Sean

1.30 Bingo with Pam Waratah **3.00** Art group Painting & drawing with Rachel **Protea** 3.00 Sundowners with Sean **ABG** 

Wednesday 19th

10.30 One on one visits with Sean

10.30 One on one visits & sunshine time with Odette

10.30 Gospel Goals Chapel **1.15** Lorraine Gregory Chapel 1.15 Memory Games Acacia 3.00 Sundowners with Sean **ABG** 

Art Group Each Tuesday afternoon From 3pm till 4pm

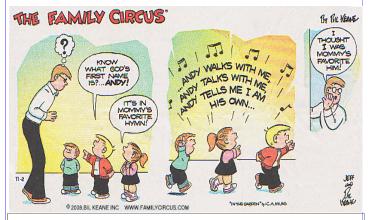


Protea Lounge area

REMEMBER Afternoon Lifestyle Programs may now commence at 1.15pm Instead of 1.30pm unless stated. Kind Regards, The Lifestyle Team.

TIT TAT 15 OCTOBER 2016

Thursday 20th	
10.00 & 11.00 Exercises with the phy	/sio Chapel
<b>10.30</b> One on one visits with Odette	-
10.30 One on one visits & sunshine t	ime with Sean
1.15 'Annie & Dean' entertainers	Chapel
1.15 Quiz time with Sean	Acacia
3.00 Sunshine time and Sundowners	s with Sean ABG
Friday 21st	
10.30 One on one visits & sunshine t	ime with Odette
10.30 One on one visits with Pam	
<b>10.30</b> One on one visits with Sean	
11.00 Help For Living	Chapel
1.15 Bowls with Sean & Pam	Chapel
1.15 Margaret Tepper	Acacia
2.00 End of the week PARTY!	Chapel
3.00 Sundowners with Sean	ABG
Happy hour served in all areas in F	PM activities
Saturday 22nd	
Sunday 23rd	
10.30 Worship service with Holy Con	nmunion <b>Chapel</b>
Monday 24th	
10.15 Hymn singing	Chapel
10.30 One on one visits & sunshine t	ime with Sean
<b>10.30</b> Gardening group with Pam	
11.00 Worship with Holy Communion	
1.30 Bingo with Pam	Waratah
2.30 Margaret Tepper	Chapel
3.00 Sundowners with Sean	ABG
Tuesday 25th	
10.00 & 11.00 Exercises with the phy	·
10.30 One on one visits & sunshine t	
10.30 Knitting & sewing group	Protea
1.15 Men's group with Sean	144
1.30 Bingo with Pam	Waratah



**3.00** Art group painting & drawing with Rachel

Please note the Lifestyle program may be subject to change

#### Wednesday 26th

<b>10.30</b> One on one visits with Sear	1
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10.30 One on one visits & sunshine time with Odette

10.30 Gospel Goals	Chapel
1.15 Resident meeting	Chapel
<b>2.00</b> 'No end to the story' game with Sean	Chapel
<b>1.15</b> 'What on Earth is that?' game with Odette	Acacia
3.00 Sundowners with Sean	ABG

#### Thursday 27th

10.00 & 11.00 Exercises with the physio Chapel

10.30 One on one visits & sunshine time with Sean

1.15 Bus trip to the Gold Fields and Whispering Wall

1.15 Arm chair travel with Sean Waratah

**3.00** Sunshine time and Sundowners with Sean **ABG** 

#### Friday 28th

10.30 One on one visits & sunshine time with Odette

**10.30** One on one visits with Pam

10.30 One on one visits with Sean

11.00 Help For Living	Chapel
1.15 Bowls with Sean & Pam	Chapel .
1.15 Cooking with Odette	Acacia
2.00 End of the week PARTY!	Chapel
3.00 Sundowners with Sean	ABG

#### Happy hour served in all areas in PM activities

#### Saturday 29th

#### Sunday 30th

**10.30** Worship with Holy Communion Chapel

#### Monday 31st

10.15 Hymn singing Chapel

10.30 One on one visits & sunshine time with Sean

**10.30** Gardening group with Pam

**11.00** Worship service with Holy Communion **1.15** Bingo with Pam **Acacia**Waratah

**1.15** Men's Shed with Sean!

**3.00** Sundowners program with Sean ABG



**Protea** 

Gardening Group Mondays 10.30am



