



# TIT TAT

MONTHLY  
NEWSLETTER  
TANUNDA  
LUTHERAN HOME INC  
27 Bridge St Tanunda SA  
5352

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*The Home is a Christian  
Community where, in a family  
environment, Residents and  
Staff provide mutual care.  
Jesus Christ said: "Love one  
another as I have loved you"*

*John 13:34*

**SEPTEMBER  
2016**



*Lutheran Church*



**FROM  
THE  
CHAPLAIN**

**Pastor  
John Thiel**



## PRAYERS FOR HEALING

One of the most popular times for people to want the help of a pastor is when they or their loved ones are ill. I am always glad to be asked and to visit the person who is ill. If the ill person is willing, I am glad to read from the Bible, pray for them, and offer Holy Communion to them.

It is natural to pray that an ill person would be made well again. Fortunately we live in a time when this often happens. Medical help can achieve a lot, and we pray that God's healing would accompany the work of the doctors and nurses. We are delighted when an ill person is restored to health, through the help of the medical helpers or otherwise.

We are also aware that God does not always answer our prayers in the way we may wish. Jesus prayed in the garden of Gethsemane, "Father, if it is possible, take the suffering I face away from me. However, not my will, but yours be done." Jesus accepted God's will that he suffer and die for the sins of all people.

The great follower of Jesus, Paul prayed about a particular problem he had, calling it a "thorn in the flesh". Though he prayed repeatedly that the thorn, whatever it was, be taken away, God's answer was, "My grace is sufficient for you. My power is made perfect in weakness."

The conclusion we must come to is that God does not always give healing in the way we may wish.

A friend of mine died recently after a long illness. I prayed for him every day. The way his family and friends supported him during his final years, months and weeks was amazing, and so was his faith. Surely God answered our prayers, but in a different way.

Thank God that he often grants our prayers for healing. We also thank God that he has something far better for us in mind, one day. That something is eternal life.

I am glad to continue to offer prayers for those who are ill.

Yours in Christ,

Pastor John Thiel (Chaplain)

**Pastor John Thiel-phone 8563 7749 -mob 0428 581 838- john.thiel@tlhome.com.au**



## RAINFALL REPORT AUGUST 2016

*Thank you Ralph Kernich  
for supplying this  
Interesting information*

Year	Rainfall in mm	Days of Rain	Rain Since 1 January
2003	107.6	19	436.6
2004	110.0	19	388.6
2005	71.7	18	337.2
2006	13.0	9	312.1
2007	21.4	12	378.2
2008	81.4	23	336.5
2009	72.7	22	384.7
2010	101.6	22	326.8
2011	100.4	13	550.5
2012	59.6	18	333.4
2013	94.8	21	404.2
2014	15.8	5	449.2
2015	74.2	14	320.2
To 22nd August '16	37.2	6	426.2

***The Tanunda rainfall for August is  
below the average of about 70mm.  
The driest August was in 1914  
with 10.3mm***

**The deadline for news/information for  
OCTOBER edition is  
Monday 26th September**

**TIT TAT TEAM:** Dorcas Kernich (Editor),  
Myra Othams, Joan Minge  
**Deliveries:** Glenys Greig, Glenis Kupke,  
Joan Minge



Remember to call in to your

### FREE LIBRARY

**Check out the large  
Collection of books, magazines,  
puzzles, DVDs, CDs etc**  
Free Delivery service

**Open Wednesday and Friday 9.00-noon  
Trinity One**



### TLH SHOPPING BUS

Departing approx 9:30am  
Return 11:30am. **Cost \$5**

Wednesday	7th	September	Tanunda
Wednesday	14th		Nuriootpa
Wednesday	21st		Tanunda
Wednesday	28th		Nuriootpa

***Please be at Reception by 9:15am***



**Thank you to the people who kindly  
donated back copies of *The Lutheran*  
and *Lutheran Women* for distribution  
among Residents.**



**Lee Martin**

# From the CEO



The year is very rapidly going by. At a meeting the other day we discussed Christmas functions - it feels as though we just had last Christmas. The weather is changing too - a little warmer and the plants are all reacting to the coming spring time. A great time to be living in the Barossa Valley.

By the time you are reading this edition of the Tit Tat you may have seen a major article in the local Leader Newspaper. I hope you did - if not please see staff and we will be able to get you a copy. The idea behind the article is to let everyone in the local community know about the exciting future of Tanunda Lutheran Home's 30 Year Vision. From the growing support we are receiving there is certainly a very positive time ahead.

With the major projects happening and changes around the facility and retirement village, we are experiencing change. Some people are happy to see change - others are not so accepting. In today's aged care and retirement industry it is necessary for us to compete for more business. We acknowledge we have some old buildings that do not look as good as some of the newer facilities on offer in other locations. We have our Gramp building that provides space - this is the envy of many other places. Over the coming years the 30 Year Vision will become reality. With a new aged care facility, retirement apartments, improved social spaces and improved systems, life will be different and exciting. It is the wish of the Board and supported by staff that we continue to provide a Christian supported environment and ensure access to Resident Centred Care.

Should you have any feedback about the process please feel free to let me know. If there are questions as to what is happening please ask for an answer - better to hear the correct message than react to rumours. There are feedback forms available throughout the facility.

## **Project Updates**

**Menge Road project** will be completed in November 2016 - sales of the houses have been excellent. Construction work continues to be on time.

**The Langmeil Road project**—Clearing of the site is nearing completion - if the weather holds the clearing will be completed. Planning for the replacement houses will begin soon.

Planning for the **Nuriootpa site in Schaedel Street** continues with final plans being established for Board Member consideration. It is planned to have a Development Application to the Barossa Council in the near future.

Commencement of work on the **25 Bridge Street** site occurred a couple of weeks ago. A finish date of February / March 2017 is expected. All units are sold.

The **27 Bridge Street Master Planning process** is nearing completion - in the next weeks a final plan will be ready for approval by the Board Members. If you know of a local community group who would like me to present the plan to them please let me know. Happy to attend any location any time to spread the word of the 30 Year Vision.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

*Lee Martin*  
22.08.16



## SEPTEMBER

3 Joyleen Lienert	Waratah
3 Allan Saegenschnitter	Banksia
4 Mollie Le Page	Waratah
5 Ralph Kernich	IL
6 Edgars Jaunzarins	Acacia
7 Joy Hall	IL
7 Max Mattner	Grevillea
11 Gertie Klemm	Trinity 2
13 David Moss	IL
13 Darrell Kupke	Protea
13 Hazel Graue	Waratah
16 Elizabeth Thomson	IL
17 Hilda Randall	IL
18 Kevin Pedler	Protea
24 Olga Hermann	Protea
26 Les Kohlhagen	IL
27 Verna Graetz	IL
27 Trevor Blenkiron	Protea
28 Keith Krieg	Banksia



### DEATHS

*Our deepest sympathy to the family of  
Joan Scholz — died 3rd August*

*Rest in Peace*

## welcome

### RESPIRE

Josette Hocking — TC 3/22  
Raymond Mayberry — Waratah 80  
Leslie Geue — Protea 35  
Dennis Greenwood — TC2/ 11  
Ivy Winton — TC3/22  
Dulcie Schiller — Protea 38  
Valda Filsell—TC2/11

### PERMANENT

Doris Pfitzner — TC 1/09  
Kevin Pedler - Protea 50

### INDEPENDENT LIVING

Philipp and Zazilia May

### INDEPENDENT LIVING RESIDENTS

### Saturday Ladies' Get Together 1.30pm in Courtyard Cafe

First Saturday of each month  
Next one 3rd September

*Please bring small plate of food*

**Enquiries: Margaret Spike 0481 255 041**

### Success before work?

*The only place where success comes before work  
is in the dictionary!*

### CONTROL

*Written by Enid Gray—sister to Myra Othams*

As Parkinson's starts to take over the reins  
And seems to have scrambled what's left of my brains  
I feel less in control of my life every day  
So when asked about it, what can I say?  
It's clear to us all, despite what we're taught  
That nobody has the control that they thought  
As much as we think we have total control  
It's only in part and never the whole  
Don't panic, don't worry, don't start feeling blue.  
Just try to enjoy whatever you do. Accept it—control is just an illusion  
Seeking it causes grief and confusion.

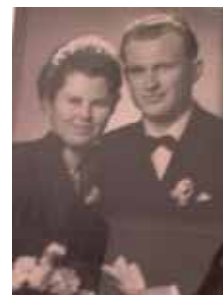






# PROFILE

## PHILIPP and ZAZILIA MAY *Independent Living*



Life brings unexpected twists and turns—and as a result, new IL residents Philipp and Zazilia are grateful for the abundant life they have enjoyed since becoming naturalised Aussies.

Philipp, according to his car numberplate, was born in 1933 in faraway Yugoslavia, while Zazilia's birthplace in 1934 was Austria. Their delightful accents reveal that they did not always call Australia home.

Folk in Philipp's home town were of German origin, very similar to that of Tanunda a hundred years ago. These people were immigrants, forced to flee from Yugoslavia during the war years almost 200 years ago, resulting in this German speaking enclave where Philipp grew up. He had only four years of schooling and had to leave at the age of 11, then had one year in an Austrian school. Though he had a good understanding of Yugoslav, Philipp's first language was German.

During the difficult years of WWII the Yugoslav government wanted to get rid of these German migrants, as they were not naturalised. They were given two choices—leave, or get shot. As a result, the people were granted emergency housing in German schools. Some employment was gained with the local farmers who offered them accommodation. In time, families were forced to leave their homeland for countries all over the world - the United States, Canada, England, or Australia. So many people were separated for life from their relatives.

At the age of 16, Philipp obtained a trade apprenticeship with a blacksmith in Austria—he learned to shoe horses and build wagons and trays for trucks. Later Philipp worked at an Autohaus at Enns, owned by the Ollinger family—with whom the Mays still keep in contact. It just happened that Zazilia also worked there, then after about two years she moved on to a job in a jewellery factory. This was the beginning of their romance, followed by marriage and a year later, their migration to Australia.

Zazilia was born in 1934 in Austria, an only child. Sadly, her father died when Zazilia was six or seven years of age. After her mother remarried, Zazilia was pleased to, in time, welcome a step sister and step brother. Some years later Zazilia's mother also died, at the time when Philipp and Zazilia were planning their wedding. The practice at the time decreed that a bride was to wear not the usual white gown, but out of respect, a dark colour instead during the customary mourning period. These days, Zazilia is pleased to have her step sister and children now living locally.

It was in 1956 that, with their family of two girls and two boys, they left Europe for an uncle's farm at Dutton to begin a new life in South Australia. It was fortunate that this was a German speaking community which



made the transition much easier and helped to assimilate them into their newly adopted country. When they had found their feet after six months or so, Philipp obtained a job in the Tanunda workshop of the Mickan family, and being in contact with the public, was able to master the English language quite soon. Another employee was able to translate for Philipp if necessary. The Mays lived in rental accommodation for about six years before building their home in Pioneer Avenue, Tanunda.

Unfortunately one of their sons was to lose his life in an accident at the tender age of eight. Their three children live locally and Philipp and Zazilia are proud of their six grandchildren and avidly follow their football games.

# Around the Home



## FIDGIT PAYS A VISIT

Barossa Club members had a pleasant surprise when Emily, a registered rescuer of and carer for injured animals, brought her cute orphaned baby joey, Fidgit, in on 27th July. He was snuggled up in his blanket, but peeped out to have his photo taken. Fidgit was rescued on the Eudunda Road, having been separated from his mother.

Emily lovingly cares for him, feeding him with a bottle of special milk every four hours.

Fidgit, though a pretty grey colour, is actually a Red kangaroo and will eventually go to live in a wildlife sanctuary.



## NEW BEAUTY ROOM



The brand new  
**BEAUTY ROOM**  
is now open  
Mondays/Thursdays by  
appointment  
Call 8563 7750

### Offered are:

- ◆ Waxing
- ◆ Manicures
- ◆ Eyelash/eyebrow tinting

Appointments at  
Hairdressing Salon



## FATHER'S DAY RAFFLE GREAT PRIZES TO BE WON

### Tickets at Reception

\$2 each or 6 for \$10

To be drawn 2nd September

Fundraiser—Staff Social & Wellness



## THANKSGIVING SUNDAY



*Tanunda Lutheran Home Congregation  
invites everyone  
to the*

**Annual Thanksgiving Service  
on Sunday 4<sup>th</sup> September, 2016 at 10.30am  
in the Gramp Chapel**

To express our thanks for all the blessings we receive from God, we are donating the entire Sunday offering to Australian Lutheran World Service, one of the largest aid organizations in the world. ALWS delivers help to those in need, regardless of their religion. If you wish to make a tax-deductible donation, please put it in an envelope with your name and address attached. It may be placed on the Sunday offering plate, or given to Treasurer Rhonda Klemm



## INVITATION

### Dear Resident of Tanunda Lutheran Home Family and Friends

You are cordially invited to attend a  
**Family and Friends Church Service**  
at Gramp Chapel, Tanunda Lutheran Home  
on Sunday 2<sup>nd</sup> October, 2016 at 10.30am.

These services have been enjoyed by residents and their family and friends in the past and we hope you can participate in this upcoming service.

May God bless you  
your family and your friends  
*Pastor John Thiel*



## Visit to Wohlers



1



2

Approximately 30 residents were welcomed by Lana, our charming host, who presented us with VIP badges and vouchers for coffee and cake enjoyed in the relaxing atmosphere of Rumours Cafe. We then spread out to explore the diverse floor stock to be found in Wohlers, and perhaps to use our vouchers which entitled us to a discount of 20% for any purchases. It was evident at this stage that the women amongst us were more comfortable and active than the handful of men. A visitor approached one of our people and enquired whether we were a Probus group, apparently because of the increased noise level in the shop! While purchases mostly appeared to be small items like cards and tubes of hand cream, this was a useful opportunity for those of us who were not regular customers to discover the wide range of goods available from this progressive local business. As noon approached, VIP cards were returned and groups strolled down to Valley Hotel where the day's outing concluded with a pleasant pre-ordered lunch and more happy socialising.

*Alan Hall*



3



4



5



6



7



8



9



10



11

1. Glenis Kupke 2. Oscar & Irene Joppich, Laurel Zanker 3. Myra Othams 4. Jan Schupelius, Margaret Hepner, Betty Cross, Lois Lablack. 5. Jim Miller, Ray Giersch, Alan Hall 6. Joy Hall 7. Rhonda Klemm 8. Val Lehmann 9. Erica Gerschwitz, Elaine Leditschke 10. Margaret Jasper, Joan Minge, Shirley Dahlenburg 11. Daphne Gower, Ivy Parr

## 2016 Census THANK YOU

### To IL Residents

We have received a '**BIG THANK YOU**' from the Census Field Officer who delivered and followed up the Census 2016 forms to the Independent Living Units. He said all the Residents were so helpful and made his job so much easier, that he wanted to pass on his thanks through the Newsletter.  
Well done everyone.

# IL RESIDENTS' NEWS

## ALF PELLEGRINI DRIVE

The new TLH Independent Living complex in Alf Pellegrini Drive brought 11 people together in 7 newly built homes. From initial incidental contacts there soon developed friendships as common interests and experiences were discussed.

The completion of the gazebo in late 2014 was the catalyst for more regular gatherings and it was decided that these should be every Monday afternoon for a Happy Hour (or two!). Nibbles and beverages were shared and conversation flowed. A business session was included as common issues and Residents' Committee matters were discussed. The weekly gatherings became "Meetings".

As Summer turned to Autumn and evenings became colder, it was decided to continue the meetings indoors, rotating through the seven residences, and the meeting day was changed to Tuesday.

Off-shoots from the original format have included Thursday morning table tennis, and a football tipping competition which has run for two seasons with weekly tips being sent without fail from places throughout Australia and even overseas. With one round of tips to complete this season, there are three people sharing first place and another only one point behind!

The meetings have produced many positive outcomes, but most importantly they have resulted in the development of friendships and a spirit of caring for each other.

*Alan Hall*

## HILL & SON GRAND ORGAN



Membership costs only \$15 and supports organ music in the Barossa. The group was founded in 2001 to raise public awareness of the organ and contribute to its ongoing use. They also meet regularly for concerts at organ venues around the Barossa region.

*If you would like to know more about the Friends, please contact the secretary on 0408 811 837 or email [skaesler@barossa.sa.gov.au](mailto:skaesler@barossa.sa.gov.au)*

**Sunday 11th September 2.30pm**—Town Hall Grandeur. Kemp English (New Zealand) - one of New Zealand's leading concert performers. Renowned as an exuberant entertainer, he is much in demand as a solo organist, relishing the opportunity to work in a diverse array of styles and periods. Exciting organ grandeur in town hall style, and all that jazz!

*Tickets at the door, \$20. School students, free.*

**Sunday 2nd October 2.00pm** —Barossa Baroque & Beyond. A feast of excellent music from the baroque and beyond, with world class performers, the Hill & Son Grand Organ and other instruments in a variety of ensembles ... solo, duo, trio, quartet...you get the picture. Tickets - \$50 / \$30 conc. Under 18 Free. Go to [www.barossabaroqueandbeyond.com.au](http://www.barossabaroqueandbeyond.com.au) to book tickets, or phone the Barossa Visitor Centre on 8563 0600.



**Congratulations Sandy Bubner**  
**Happy first time grandmother!**

**Elora Ava Schaefer**  
**was born at 10.17am on 25th August**  
**at Kapunda hospital**  
**to Brody and Cai**

**Elora weighed in at 5lb 8oz, is 48cm long**  
**and is doing well.**

**Blessings and happiness to you all from all of us**

## Words of Wisdom

If you meet someone without a smile,  
give them one of yours.

When a man is wrapped up in himself, he makes a  
pretty small package.

Worry—interest paid on trouble before it is due.

Hobby—hard work you wouldn't do for a living



## STAFF HIPPIE DRESS UP DAY AT TLH

Tuesday 16th August 2016



Rachel Fritz



Kim Hahn  
Bianca Galway



Malcolm Gogoll, Lea Schmid



Margaret  
Jasper



Pam Siebel  
Odette Haley



*Please see Rachel if you  
can loan wedding  
paraphernalia  
of any kind—clothing,  
accessories, photos etc  
Great care will be taken  
of any items on loan.*

**Tuesday  
27th September**

### A MUSICAL DELIGHT

Marananaga Band held their annual  
Pleasant Sunday Afternoon concert  
on Sunday 28th August in the Chapel

The varied musical items included well known songs  
and marches. Supporting artists inspired with a  
bracket of songs and piano solos plus an accordion  
medley.

The reading of a Psalm, poems etc were greatly appreciated, leaving  
pleasant memories of quality time spent together.

**We thank all these artists for so generously giving of their time  
and sharing their talents with us.**



### 2016 FOOTY TIPPING

Well the Home and away season has finished for 2016. This is the 10<sup>th</sup> year we have been running the footy  
tipping at the Home and each year it has grown. This year we started with 54 participants.

Here is the final standing for the footy tipping.

At the completion of Round 23

1. Joyleen Lienert 144pts
2. Roma Murrin 143pts
3. Sally Schiller 137pts
4. Trevor Blenkiron 136pts
5. Danny Riedel 136pts



#### Winners for each area

**Rosemary Osborne** for Waratah.  
**Grace Irvine** for Trinity court  
**Mavis Waples** for ABG.  
**Esther Flinn** for Protea.

We had our first perfect 14 perfect 9/9 this season  
Best of luck to the Adelaide Crows for the upcoming final series.

I would like to thank TLH for donating the prizes this year.

**Go the Pies**

Hope to see you all participating next year.

Sean Hyland [Lifestyle]

# Welcome New Staff



**Carla Lienert**  
Carer



**Jessica Thompson**  
Housekeeping



**Skye Fawcett**  
Housekeeping



**Wesley Kiprono**  
Carer



**Julie Ann Grafton**  
Carer



**Lauren Schwarz**  
Carer



## FOR THOSE WHO HAVE EVER DRESSED A CHILD

Even with her pulling, and him pushing, the little boots still didn't want to go on.  
By the time they got the second boot on, she had worked up a sweat.  
She almost cried when the little boy said, 'Teacher, they're on the wrong feet.'  
She looked, and sure enough, they were.  
Unfortunately, it wasn't any easier pulling the boots off, than it was putting them on.  
She managed to keep her cool as, together, they worked to get the boots back on—this time on the correct feet.  
He then announced, 'These aren't my boots.'  
She bit her tongue, rather than get right in his face and scream, 'Why didn't you say so?' as she wanted to.  
Once again, she struggled to help him pull the ill-fitting boots off his little feet.  
No sooner had they got the boots off when he said, 'They're my brother's boots. But my Mom made me wear 'em today.'  
Now she didn't know if she should laugh or cry.  
But she mustered up what grace and courage she had left to wrestle the boots BACK onto his feet again.  
Helping him into his coat, she asked, 'Now, where are your mittens?'  
He said, 'I stuffed 'em in the toes of my boots.'

***She'll be eligible for parole in three years.***

## Contact Sports

by Ken Fyfe—Independent Living

Like my mates I played most contact sports, when I was just a kid, Things like boxing, soccer, rugby, were the kind of things we did. Bloody noses, cuts and bruises, broken bones; kept us all in place, They were 'Badges of Distinction', in our manly growing-up race. Believing those impressed the girls; that helped to ease our pains, They were really false illusions, infecting youthful battered brains. But we still pressed on regardless, because we thought of it as fun, Games of chance like Russian roulette. {But we never used a gun}. Then we lost our rugby final game; just like the aftermath of war, We had black eyes and well bruised egos and felt extremely sore. But that game brought me to my senses; I knew I'd seen the light, With black eyes, I scanned my war wounds; in hospital that night. It was time for major changes; contact sports were not my game, Far too young to end a cripple; that game almost made me lame. So, I tried both cards and dominoes, then I bought a billiards cue, I thought billiards, pool and eight-ball, was something new to do. It all worked out just as I hoped and my scars soon started fading, My mates said, I was crazy, it was it 'contact sports downgrading'. But I soon had lots of girl friends, when I played billiards in a pub, Mates still got and had their wounds fixed, at the local footy club. It took some years to change them; a few had knee joints changed, Playing, until they got dumped; I called it 'contact sports deranged'. My changes now seemed not too crazy; perhaps sensibly inspired, Without contact sports I still play games, although I'm now retired. I now like whist and contract bridge; I always did like taking tricks, And if billiards ever gets too much, cues are perfect walking sticks.



## FATHER'S DAY WORD SEARCH



CARD  
CARING  
CUDDLE  
DADDY  
FATHER  
FATHERS DAY  
FRIEND  
GARDENER  
GENEROUS  
HAPPY  
HELPER  
HUG

KISS  
LISTENER  
MAN  
PAPA  
PARENT  
PRESENT  
READ  
REST  
REWARD  
SURPRISE  
TEACHER  
TIE

*An expectant father rang the hospital to see how his wife was getting on. By mistake he was connected to the Lord's Cricket Ground.*

*"How's it going?" he asked.*

*"Fine," came the answer.*

*"We've got three out and hope to have the rest out before lunch. The last one was a duck."*

### THE SECRET OF A LONG MARRIAGE



At a recent husbands' marriage seminar at a local church the priest asked Luigi (who was approaching his 50th wedding anniversary)

to take a few minutes and share some insight into how he had managed to stay married to the same woman all those years.

Luigi replied to the assembled husbands, "Well, I've a-ried to treat-a her nice, spend-a the money on her, but best of all is when I took-a her to Italy for the 20th anniversary!"

The priest replied, "Luigi, you are an amazing inspiration to all the husbands here. Please tell us what you are planning for the wife for your 50th anniversary.

Luigi proudly replied, "I'm a-gonna go and get her."

### ORIGINS OF THE DAY THAT CELEBRATES FATHERHOOD

The first modern Father's Day celebration was held on 5th July 1908 in Fairmont, West Virginia, in the United States.

It was celebrated as a church service at Williams Memorial Methodist Episcopal Church. Grace Golden Clayton is thought to have suggested the service to the pastor following a deadly mine explosion in nearby Monongah the previous December.

Another driving force behind Father's Day was Mrs Sonora Smart Dodd. Her father, Civil War veteran William Jackson Smart raised six children single-handed following the death of his wife.

Today, Father's Day is celebrated on different dates across the world. In Australia and New Zealand, Father's Day is the first Sunday in September.



# Resident Meeting

Wednesday 28th

In the Chapel

1.15pm

Come along & have  
your say!



Bus trip

Numbers are strictly limited

Be quick!!

Please see Lifestyle staff for  
more  
Details

## **VISION 87.8FM** **Christian Radio program**

**Appreciation shown from a number  
of residents who enjoy the program**

- ◆ We enjoy the Talk Back program  
On Vision Radio usually between  
late morning and early evening.
- ◆ Face to Face clarity is good on our radio—  
seems to be better reception than 5RPM.
- ◆ Many thanks to the folk who made it possible  
for us to listen to a Christian broadcast—I've  
heard they financed it and did all the work  
themselves.
- ◆ Appreciation to the couple who financed the  
return of Vision Radio at Tanunda

## Lifestyle Program

September 2016

### Thursday 1st

10.00 & 11.00 Exercises with the physio  
10.30 One on one visits & sunshine time with Sean  
10.30 One on one visits with Odette **Chapel**  
1.15 George Davies with his accordion **ABG**  
1.15 Floor games with Odette **Chapel**  
3.00 Sundowners with Sean **ABG**

### Friday 2nd

10.30 One on one visits with Pam  
10.30 One on one visits & sunshine time with Sean  
10.30 One on one visits with Odette  
11.00 Help For Living **Chapel**  
1.15 Bowls with Odette & Sean **Chapel**  
1.15 Craft with Pam **Acacia**  
3.15 Sundowners with Sean **ABG**

**Happy hour served in all areas in PM activities**

### Saturday 3rd

### Sunday 4th—Thanksgiving Sunday

10.30 Worship service with Holy Communion **Chapel**

### Monday 5th

10.15 Hymn singing **Chapel**  
10.30 Gardening group with Pam  
10.30 One on one visits & sunshine time with Sean  
11.00 Worship service with Holy Communion **Acacia**  
1.30 Bingo with Pam **Waratah**  
1.30 What's that tune!? With Sean **Chapel**  
3.00 Sundowners with Sean **ABG**

### Tuesday 6th

10.00 & 11.00 Exercises with the physio  
10.30 One on one visits with Pam  
10.30 One on one visits & sunshine time with Sean **Chapel**  
10.30 Sewing & knitting group **Protea**  
1.30 Bingo with Pam **Waratah**  
1.30 Men's group with Sean  
3.00 Sundowners with Sean **ABG**

### Wednesday 7th

10.30 One on one visits with Odette & sunshine time  
10.30 One on one visits with Sean  
10.30 Gospel Goals **Chapel**  
1.15 Gary & his uke **Chapel**  
1.15 Art & craft with Odette **Acacia**  
2.30 Gary & his uke **Acacia**  
3.00 Sundowners with Sean **ABG**

**PLEASE NOTE ALL LIFESTYLE PROGRAMS  
MAY BE SUBJECT TO CHANGE**

**Thursday 8th**

10.00 & 11.00 Exercises with the physio Chapel  
 10.30 One on one visits with Odette  
 10.30 One on one & sunshine time visits with Sean  
 1.15 Deutsch group Acacia  
 1.15 Arm chair travel with Sean Chapel  
 3.00 Sunshine time and Sundowners with Sean ABG

**Friday 9th**

10.30 One on one visits & sunshine time with Odette  
 10.30 One on one visits with Pam  
 10.30 One on one visits with Sean  
 11.00 Help For Living Chapel  
 1.15 Bowls with Sean & Odette Chapel  
 1.15 Margaret Tepper Acacia  
 2.00 End of the week PARTY! Chapel  
 3.00 Sundowners with Sean ABG  
 Happy hour served in all areas in PM activities

**Saturday 10th**

10.30 Worship service with Holy Communion Chapel

**Sunday 11th**

10.30 Hymn singing Chapel  
 10.30 One on one visits & sunshine time with Sean  
 10.30 Gardening group with Pam  
 11.00 Worship service with Holy Communion Acacia  
 1.30 Bingo with Pam Waratah  
 2.30 Margaret Tepper Chapel  
 3.00 Sundowners with Sean ABG

**Tuesday 13th**

10.00 & 11.00 Exercises with the physio Chapel  
 10.30 One on one visits & sunshine time with Sean  
 10.30 One on one visits with Pam  
 10.30 Knitting & sewing group Protea  
 1.15 Andrew Vince Saxophone player Chapel  
 1.30 Bingo with Pam Waratah  
 3.00 Sundowners with Sean ABG

**Wednesday 14th**

10.30 One on one visits with Sean  
 10.30 One on one visits & sunshine time with Odette  
 10.30 Gospel Goals Chapel  
 1.15 'Show day!!' games with Odette Chapel  
 1.15 Sing-along with Sean Acacia  
 3.00 Sundowners with Sean ABG

**Thursday 15th**

10.00 & 11.00 Exercises with the physio Chapel  
 10.30 One on one visits & sunshine time with Sean  
 10.30 One on one visits with Pam  
 1.15 Arm chair travel with Sean Waratah  
 1.15 Craft fun with Pam Acacia  
 3.00 Sundowners program with Sean ABG

**Friday 16th**

10.30 One on one visits & sunshine time with Odette  
 10.30 One on one visits with Pam  
 10.30 One on one visits with Sean  
 11.00 Help for living Chapel  
 1.15 Cooking with Odette Acacia  
 1.15 Bowls with Pam & Sean Chapel  
 2.00 End of week PARTY! Chapel  
 3.00 Sundowners with Sean ABG

Happy hour served in all areas in PM activities

**Saturday 17th**

10.30 Worship service with Holy Communion Chapel

**Monday 19th**

10.15 Hymn singing Chapel  
 10.30 One on one visits & sunshine time with Sean  
 10.30 Gardening group with Pam Protea  
 11.00 Worship service with Holy Communion Acacia  
 1.30 Bingo with Pam Waratah  
 1.15 Name that Tune! Reminiscing With Sean Acacia  
 3.00 Sundowners program with Sean ABG



THE LIFESTYLE TEAM—caricature by Rachel—Do you recognise

REMEMBER Afternoon Lifestyle Programs may now commence at 1.15pm Instead of 1.30pm unless stated.



**Join us for**  
**Happy Hour!**  
**Every Friday**  
**Afternoon**



**Tuesday 20th**

10.00 & 11.00 Exercises with the physio **Chapel**  
 10.30 Sewing & knitting group **Protea**  
 10.30 One on one visits & sunshine time with Sean  
 10.30 One on one visits with Pam  
 1.15 Men's group with Sean  
 1.15 Bingo with Pam **Waratah**  
 3.00 Sundowners with Sean **ABG**

**Wednesday 21st**

10.30 One on one visits with Odette  
 10.30 One on one visits & sunshine time with Sean  
 10.30 Gospel Goals **Chapel**  
 1.15 Lorraine Gregory entertaining **Chapel**  
 1.15 Gardening with Odette **Acacia**  
 3.00 Sundowners with Sean

**Thursday 22nd**

10.00 & 11.00 Exercises with the physio  
 10.30 One on one visits with Odette  
 10.30 One on one visits & sunshine time with Sean  
 1.15 'Pick a card' game with Sean **Acacia**  
 1.15 Floor games with Odette **Chapel**  
 3.00 Sundowners with Sean **ABG**

**Friday 23rd**

10.30 One on one visits & sunshine time with Sean  
 10.30 One on one visits with Pam  
 10.30 One on one visits with Odette  
 11.00 Help For Living **Chapel**  
 1.15 Bowls with Sean & Odette **Chapel**  
 1.15 Margaret Tepper **Acacia**  
 2.00 End of the week PARTY! **Chapel**  
 3.00 Sundowners with Sean **ABG**

Happy hour served in all areas in PM activities

**Saturday 24th**

**Sunday 25th**

10.30 Worship service with Holy Communion **Chapel**

**Monday 26th**

10.15 Hymn singing **Chapel**  
 10.30 One on one visits & sunshine time with Sean  
 10.30 Gardening group with Pam  
 11.00 Worship service with Holy Communion **Acacia**  
 1.15 Bingo with Pam **Waratah**  
 2.30 Margaret Tepper **Chapel**  
 3.00 Sundowners program with Sean **ABG**



**Gardening Group**  
**Mondays 10.30am**



***Please note the Lifestyle program  
 may be subject to change***

**Tuesday 27th**

10.00 & 11.00 Exercises with the physio **Chapel**  
 10.30 Sewing & knitting group **Protea**  
 10.30 One on one visits & sunshine time with Sean  
 10.30 One on one visits with Pam  
 10.00-3.00 Wedding dress parade & display **Chapel**  
 3.00 Sundowners with Sean **ABG**

**Wednesday 28th**

10.30 One on one visits with Sean  
 10.30 One on one visits & sunshine time with Odette  
 10.30 Gospel Goals **Chapel**  
 1.15 Resident meeting **Chapel**  
 2.00 Quizzes with Sean **Chapel**  
 2.15 Craft with Odette **Acacia**  
 3.00 Sundowners with Sean

**Thursday 29th**

10.30 One on one visits & sunshine time with Sean  
 10.30 Bus trip to Birdwood Motor Museum & lunch  
 1.15 Armchair travel with Sean  
 3.00 Sundowners program with Sean **ABG**

**Friday 30th**

10.30 One on one visits & sunshine time with Odette  
 10.30 One on one visits with Pam  
 10.30 One on one visits with Sean  
 11.00 Help For Living **Chapel**  
 1.15 Floor games with Pam **Acacia**  
 1.15 Bowls with Sean & Odette **Chapel**  
 2.00 End of the week PARTY! **Chapel**  
 3.00 Sundowners with Sean **ABG**

**Wedding Dress Display  
 & Parade**



**Tuesday**  
**27th September**  
**10am till 3.00pm**  
**Chapel**