



TIT TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
27 Bridge St Tanunda SA
5352

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★ Website

www.tlhome.com.au

*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.
Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

MAY 2016



*Lutheran Church
of Australia*



FROM THE CHAPLAIN



JESUS, THE SOURCE OF LOVE

Jesus gives his constitution for his church

At the heart of Tanunda Lutheran Home's vision statement are the words of Jesus, "Love one another, as I have loved you."

It could be said that these few words are Jesus' constitution for his church, for he adds, "By this everyone will know that you are my disciples, if you have love for one another." Jesus' followers are to be known by the fact that they love one another as he has loved them.

Jesus doesn't just tell us to love, or just set us an example

Jesus doesn't just tell us to love. If that was all he did, his command would be quite difficult. Nor does Jesus simply set us an example of how to love. Following Jesus' example would be very difficult.

Jesus is the source of our love

The aspect of Jesus' commandment which is new and special is the addition of the words, "As I have loved you." Here Jesus indicates that he is the source of our love for one another.

My wife and I saw a wonderful illustration of these words of Jesus, when we sat at the bottom of a waterfall in Tasmania. As the water flowed over the waterfall it filled lots of small pools at the base. From each of these pools, water kept flowing. Each pool reminded us of a person, receiving God's love and passing on that love to others. Each pool receiving water from the waterfall had to pass it on. So, we who receive God's love, can't help but pass it on to others.

The main role of Jesus' followers

The main role of followers of Jesus Christ, as stated in his constitution, is to "love one another." You see, love covers everything. Someone said, "Love would break every law in the book to help the person who is loved." Love ensures that the well-being of the person loved is first and foremost.

Love might even arrive at different conclusions in a particular situation. One might think it is better to place a loved one in a nursing home; another may think it better to wait. One may give treats to a loved one; another might give only healthy food. .

Love means being willing to forgive a wrong. Love means wanting to make peace. Love means using our gifts in God's service. Love means seeing others in the best possible light (putting the best construction on everything). Love is keeping the Ten Commandments, not because we have to but because we want to.

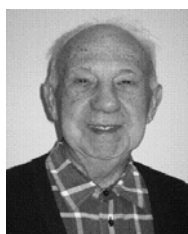
Love means asking ourselves the question, "What can we do to best help others and encourage others in the Christian faith?" Amen

Pastor John Thiel

RAINFALL REPORT—APRIL 2016

| Year | Rainfall in mm | Days of Rain | Rain Since 1 January |
|----------------------|-------------------|-----------------|-------------------------|
| 2003 | 32.4 | 7 | 119.6 |
| 2004 | 5.4 | 6 | 48.0 |
| 2005 | 12.00 | 5 | 63.0 |
| 2006 | 45.2 | 14 | 164.7 |
| 2007 | 111.0 | 8 | 217.8 |
| 2008 | 47.2 | 11 | 62.3 |
| 2009 | 81.4 | 8 | 99.9 |
| 2010 | 58.6 | 12 | 87.8 |
| 2011 | 11.6 | 7 | 233.1 |
| 2012 | 12.8 | 5 | 118.2 |
| 2013 | 49.7 | 6 | 79.1 |
| 2014 | 64.1 | 10 | 181.5 |
| 2015 | 58.4 | 8 | 121.6 |
| To 26th April '16 | 10.6 | 2 | 97.4 |

The month of April has been very dry. There have been several years with less rain—the lowest April recording was 0.3 in 1962



*Thank you Ralph Kernich
for supplying this interesting
information*

DEADLINE FOR JUNE ISSUE

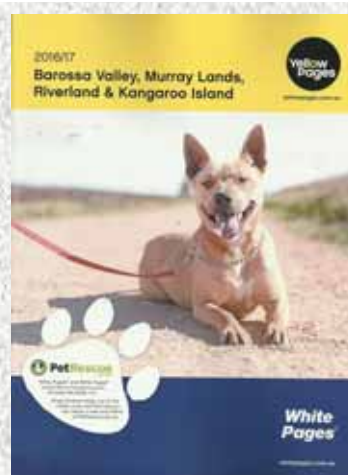
Please note deadline for contributions for
June Tit Tat is THURSDAY 26th May

TIT TAT ON LINE

Did You Know?

You can see recent issues of
Tit Tat on line in colour!

Go to www.tlhome.com.au
and click on Newsletter



New Local
2016-17
Phone Books
are
available
from Reception

TLH SHOPPING BUS



Departing approx 9:30am
Return 11:30am. **Cost \$5**

| | | | |
|-----------|------|-----|-----------|
| Wednesday | 4th | May | Tanunda |
| Wednesday | 11th | | Nuriootpa |
| Wednesday | 18th | | Tanunda |
| Wednesday | 25th | | Nuriootpa |



The deadline for news/information for JUNE edition is 26th May

TIT TAT TEAM: Dorcas Kernich (Editor), Myra Othams, Joan Minge
Deliveries: Raelene Rosenzweig, Glenys Greig, Glenis Kupke



Lee Martin

From the CEO



At the time of writing this *Tit Tat* article a number of communications have already been circulated to inform all associated with Tanunda Lutheran Home that a major change process has occurred. As indicated the only way to meet the financial challenges in the future was to review staffing positions. The changes made will make savings and greater effort in developing the funding process is planned to increase income. In the years ahead we will see funding of aged care become more difficult and so future plans need to include ways of developing financial sustainability. During the coming weeks I assure you all that the care and management of the residents will be maintained at the highest levels. Should anyone have particular concerns please feel free to make an appointment with me to discuss them.

Please be assured that during the review process the wellbeing of staff has been paramount and all have been treated with respect and dignity. A farewell for all staff leaving has been coordinated for the 27th April 2016. I take this opportunity to publicly thank all those leaving the organisation for their service and professionalism over the years, to the residents past and current, support to fellow staff and the organisation.

It was with some surprise that Marilyn Langley announced her retirement from her position as the Independent Living Manager. Her experience and attention to detail will be missed. Marilyn has left her mark in the number, model and quality of well designed homes that current residents are living in. The Independent Living residents will be farewelling Marilyn at an informal function in the social centre - please check the brochures for date and time. I welcome Carolyn Redden into the position of Independent Living Coordinator in a full time role and look forward to the future challenges.

Over the past weeks a number of presentations were given in regards the Tanunda Lutheran Home -Concept Master Plan. Over 200 people have listened to the presentation and provided feedback. There have been no negative comments made and the most common positive comments were - great to see the vision of the next 30 years and we wish we could all be here to see the final phase of the project. A report making recommendations is being provided to the Tanunda Lutheran Home Board for consideration at the May Board Meeting. Thank you to all those who took time to attend the presentations and provide their feedback. A very positive and exciting time ahead.

Other projects occurring are on time - houses at Menge Road are going well - five sold with two to go. The demolition of the Langmeil Cottages is on track - should be completed very soon. Planning for the replacement houses on the Langmeil site and the project at Nuriootpa are about to begin - a number of workshops will be held to ensure we develop a product that will meet the needs and expectations of residents into the future. A tendering process is occurring for the building of the 25 Bridge Street houses - outcome should be known soon.

I would again like to acknowledge the work and effort the TLH Maintenance Team has put in to the refurbishment process of Trinity Court. The changes made to the environment are very positive and well regarded by the residents.

I look forward to being at the official re-opening of Trinity Court to celebrate the achievement. Notices are around advertising the date and time.



We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

Lee Martin
26.04.16





Happy Birthday FOR MAY

| | |
|-----------------------|-----------|
| 3 Eleanor Collis | Protea |
| 6 Audrey Zerk | Acacia |
| 6 Ruby Pritchard | IL |
| 7 Andy Nadas | Grevillea |
| 7 Rhonda Klemm | IL |
| 10 Jan Ralston | IL |
| 14 Neville Alderslade | IL |
| 15 Reta Henschke | Waratah |
| 15 Maxine Lynas | Protea |
| 16 Stuart Wilkinson | IL |
| 17 Loris Fiebiger | Trinity 1 |
| 19 Aileen Auricht | IL |
| 20 Len Gerschwitz | IL |
| 21 Max Schubert | IL |
| 23 Bev Kernich | Trinity |
| 26 Reta Jessop | Trinity 3 |
| 28 Frances Kurtz | Trinity 1 |
| 29 David Armstrong | IL |

welcome

RESPITE

PERMANENT

Clem Jaensch — Grevillea 01
Joyce Stevens — Waratah 62
Mollie Le Page — Waratah 66
Teresa O'Brien — Waratah 73

DEATHS



*Our deepest sympathy
to the family of*

Suzie Machek — died 8th April

Rest in Peace



VALE

We mourn the passing of
highly respected identity
Hedley Zerk

affectionately known as Pete, aged 91.
08.07.1924—30.03.2016

Pete served as a member of TLH board
for nearly 30 years, 20 years as chairman.
The Zerk Wing was named in his honour.

Pete was involved in the forming of a
congregation at TLH and
was chairman for many years.

Resting where no shadows fall

Our heartfelt sympathy to Audrey and family



Hill & Son Grand Organ

SUNDAY 15th MAY—2.30pm

Vibrant Vintage Victoriana—Shirley Gale, Adelaide
Renowned Adelaide organist, Shirley Gale (Organist Emeritus, St Peter's Cathedral) presents an organ concert with a vibrant, vintage style part of the SA History Month celebrations. \$10 at the door.

Enjoy a refreshment during intermission for \$5.



“Lutherans in Wine” Thanksgiving Service

Gramp Chapel

***Any Lutherans who have been involved
in grape growing or wine making
are especially invited***

Display of relevant paraphernalia
and historic video.

Morning tea

*It would be appreciated if winemakers
could bring a representative bottle of wine
for display and blessing*

Volunteer of the Month



DAHPNE GOWER—Independent Living

Daphne can be seen anywhere in the Home, any day of the week, assisting residents with Bingo, busily knitting, folding table napkins or helping as a Pastoral Assistant on Sundays and Mondays in Gramp Chapel and Acacia Wing



Daphne Gower, nee Carpenter, claims she has River Murray blood in her veins! She was born in 1933 at Holder near Waikerie. Her mother, heavily pregnant, was visiting a friend when she unexpectedly went into labour and Daphne was born soon after. She lived in the Riverland until she married.

Daphne's education was at Waikerie and Ramco primary schools, then Waikerie High School. Her father managed a fruit block and spent many hours at the river catching yabbies and fish, including Murray cod back in the days when they were more plentiful. The river was a great attraction for the children too – Daphne's older brother was a good swimmer and often swam right across the river. Not to be outdone, Daphne (who wasn't able to swim) managed to dog paddle across with the aid of a kerosene tin. For her effort, she received a belting from her father who was not amused at the risk she'd taken! Daphne was one of a melded family totalling 12 children. Both her father's first wife, and her mother's first husband had died—he was killed while felling trees that provided wood for the paddle steamer boilers. Each couple had a family of four children. Daphne's mother helped care for the children and eventually married the widower. They too had four children, so it became a very busy household even though some of the older children by this time had left home.



Siblings: Daphne, Murray, Bill, Rose

Living in a fruit growing district, the older children were able to earn pocket money cutting apricots. Their lunch consisted of very ripe, squashy apricots sandwiched between two slices of bread - is it any wonder that Daphne is not fond of apricots!

Daphne did well at school, but as was the custom at the time, left high school at the age of 14 to enter the work force. Her first job was at the Cash and Carry general store at Waikerie and later, living with her half sister, at the Berri packing shed. Daphne also worked part time at the Berri Hospital, assisting with the new born babies – up to 17 of them. Later Daphne worked for many years in a coffee shop based in the Community Store at Nuriootpa. She loved her voluntary job as ambulance assistant, working for many years based in Nuriootpa. She even delivered a baby in the ambulance near Sedan Hill half way to the hospital. The cord was around the baby's neck but fortunately Daphne had the presence of mind and knowledge to save the baby.

Romance, Marriage and Family: At a Nurses' Ball in Berri, she met Laurie Gower, who worked for the Railways there. He had been promoted to Berri from his first job at Murray Bridge, and was to become her beloved husband. Their courtship lasted quite a long time and they travelled around together by motorbike. Eventually they were married at the Ramco Lutheran church (now demolished) and set up home at Berri. Eighteen months later, they were blessed with the birth of their first child, Judy. After a promotion to Murray Bridge, they moved there and Barry arrived. A further promotion as Station Master saw them moving to Burra where Susan was later born. Following the pattern of a shift with a baby to follow, their fourth child Kathy was born at Mt Pleasant – Laurie again being appointed Station Master. Yet another move before the railways closed down took the family to Truro. By this time the children were ready to begin high school and the decision was made to move to Nuriootpa. Laurie was secretary at Penfolds for over 20 years before he retired and they then moved to Tanunda.





Travel: During school holidays the whole family enjoyed camping, towing a trailer carrying their tents and provisions. In their retirement, Daphne and Laurie graduated to a caravan and enjoyed many years together in the company of their large group of Caravan Club friends. It took many weeks to travel around Australia – and they always ended up in their favourite spot, Lucinda in Queensland, where they had relatives.



They had a 'tinny' and loved fishing for prawns in the channel opposite Hinchinbrook Island, but were careful to avoid the crocodiles lurking around. The weather was ideal and they enjoyed their holidays at Lucinda. They eventually sold the caravan and flew up annually to their favourite destination.

But their plans were shattered, after 61 very happy years together, when Laurie died there suddenly in 2012, while on holidays. He was 83, his death due to a heart condition. Daphne, back in Tanunda, and after discussion, decided to move to TLH and has lived very happily in Fourth Street since 2013. She has met many lovely people and very much enjoys her voluntary work spending time with residents, many hours folding table napkins two or three times each week, assisting in Chapel and Acacia as a pastoral assistant, and visiting residents as well as assisting with Bingo. Daphne is a keen knitter and joins the knitting group on Tuesday mornings. She makes pretty, practical coat hangers, rugs and

beanies and donates them all to charities and for raffles.

Thank you, Daphne, for sharing your story with us. We wish you blessings on all you do and pray you are able to continue volunteering for a long time to come.
Ed



FOR SALE

SHOP RIDER SCOOTER
Black with Red trim
Just 4 years old

\$1,100 ono - Owner's Manual
Brand new would cost \$2,900

Enquiries phone 8563 0442



**INDEPENDENT
LIVING RESIDENTS**

Saturday Ladies' Get Together
1.30pm in Courtyard Cafe

First Saturday of each month
Next one 7th May

Please bring small plate of food

Enquiries: Margaret Spike 0481 255 041

The Sad Bird *By Margaret Tepper, Volunteer*

Did you ever hear a sad bird sing,
See a lark soar with a broken wing
His heart so heavy, he can no longer fly
He spirals and falls and thinks he will die.
But tomorrow is another day
And the sun bows down and beckons him
To try his voice and mend his wing.
The bird lifts his head and opens his heart,
To find yet again, he can still sing.
But before he can lift his wings again
He must rise above the despair he's in
Because life is full of broken wings
and unfinished songs left to sing
And like the lark, when I spiral and fall
I must throw off despair and begin to walk tall
And I must try my voice and mend my wing,
So once more I soar and my spirit will sing.



INDEPENDENT LIVING



DROP-IN MORNING

First Thursday of month

Pop in—stay for a coffee—

come and go as you please

at this informal monthly morning

of information and fellowship



DISPLAY OF MOBILITY AIDS

*Invitation to IL Residents
Residents in Care
Families of Residents*

Shane Thompson
From Scooters and Mobility - Salisbury
(formerly Scooterworld)

**will be here on Thursday 5th May
from 10.00am-noon
in the Social Centre**

***Shane will bring along a range of
mobility aids and will be happy to talk to you
and answer questions***

A LONGER LIFE

Ken Fyfe, Independent Living

Most folk think that life begins, when we're born and start to breathe,
With a little help from couples, God sends those kids that we receive.
They say babies are a future sign, of life's journey through the years,
Which doesn't hold a lot of promise, it just depicts, life's full of tears.
Kids hope the infant years pass quickly, while waiting for their teens,
Till they realise that's not good at all, it just makes them in-betweens.
Things start improving in their twenties, when their adult lives begin,
They do the things they've done for years, now it's not a teen age sin.
For most, the thirties should improve a lot; married life is all it takes,
That's supposed to mean slow down a bit; some do put on the brakes.
Then, you'll reach your roaring forties; it's said, that's when life starts,
Forty never meant too much for me; except that's double top in darts.
In your fifties things are changing, because you're starting to mature,
But unlike wine, age doesn't help much; so it's something we endure.
Your sixties have you wondering; what shall you do, once you retire,
You've gone past wishful thinking, so you won't set the world on fire.
In your seventies you'll retire; although that pension age keeps rising,
Just hope your superannuation's good; finance shouldn't be declining.
In your eighties you'll forget things and the years now seem so short,
You're sure it's Easter soon, or Xmas and hope it's what you thought.
In your nineties you'll start thinking; you could reach a hundred soon,
Like the Gun-fight at O.K. Corral, it's just like waiting for High Noon.
Still, once you reach your hundred, you could live a few years longer,
You have been good for ages, so that should have made you stronger.
Your place in Paradise looks good; after all those years you've waited,
Unless you find yourself recycled; that's not quite, 'Reincarnated' !!!

HEWETT
Ageing in Style
EXPO

Stalls • Information
Presentations • Health Checks
Raffle Prizes • Devonshire Tea

Free Event
Friday May 20, 2016
10.00am–1.00pm
Hewett Centre – 28-30 Kingfisher Drive, Hewett

For assistance with transport or
further information, contact Debra Anderson
Phone: 8563 8414

FREE EVENT

Friday 20th May 10.00am-1.00pm
Hewett Centre—28-30 Kingfisher Dr

Around the Home



Ivy Parr and Carol Seidel packing up at the former Library in Falkenberg prior to moving to the new site in Trinity Crt 1



Store Room

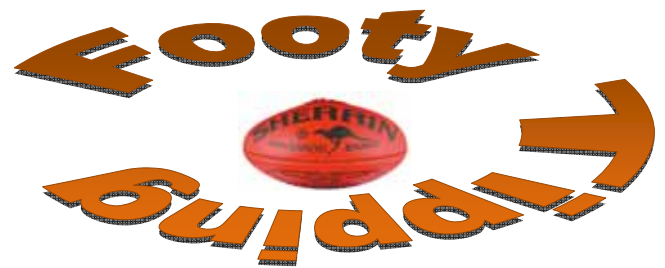


New Library

Check out the large assortment of books, puzzles, videos etc. Same friendly and helpful service continues. Open Wednesday and Friday 9.00am-noon



Pastor John Thiel baptised Gary Jones (10th April) and Joan Young (17th April) at worship service in the Gramp Chapel



*Welcome to the 2016 Footy Tipping
This session we have a record 53 tipsters this year so Well Done to everyone who is participating —and it's not too late to join.*

At the completion of Round Three

1. Joyleen Lienert 21pts
2. Sean 20pts
3. Doreen Garrett 19pts
4. Grace Irvine 19pts
5. Malcolm 19pts

We had our first perfect score — 9 out of 9 by Roma Linke. Well done!

*For those who are wondering,
our CEO Mr Lee Martin
is on 12 pts in 44th position*

- * Working for God on earth does not pay much, but his Retirement Plan is out of this world.
- * Happiness comes through doors you didn't even know you left open.



Irene Johnson was baptised by Pastor Thiel on 13th March



A CENTURY!
Congratulations Christine Ruciack (Grevillea) who celebrated her 100th birthday in February





INDEPENDENT RETIREMENT LIVING



*An update on the building project
at 120 Menge Road Tanunda*

Completion date for these seven homes is November this year
Five homes have been sold off the plan with only two remaining
A secured caravan storage area is included on this site

Welcome New Staff



Stephanie Crawford
Carer



Jane Long
Housekeeping




Stephanie Mansfield
Enrolled Nurse



Sharon Milway
Enrolled Nurse

CULTURAL MEALS FOR 2016

Third Tuesday of each month

| | | |
|--------------|---|---|
| May 17 | Brazil Mardigras |  |
| June 21 | Christmas theme | |
| July 19 | America 4th July | |
| August 16 | Spain BOOM! Festival (Hippie theme-music, art, culture) | |
| September 20 | Italy Venetian Masks Carnival | |
| October 18 | Germany Oktoberfest | |
| November 15 | Thailand Moon Lantern Festival/ Festival of Light | |

*I Wish
You.....*



- ♦ When you're lonely,
I wish you Love
- ♦ When you're sad,
I wish you Joy
- ♦ When you're discouraged,
I wish you Hope
- ♦ When your spirit is low,
I wish you Beauty
- ♦ When you're troubled,
I wish you Peace

Mother Quotes

Goldilocks' Mother: "I've got a bill here for a busted chair from the Bear family. You know anything about this, Goldie?"

Volunteers Morning Tea



It was advertised as a Special Morning Tea—and all present agreed that it certainly was! A few surprises were to come for the 20 Volunteers who attended the 10.30am event in the Social Centre on Tuesday 5th April.

Rachel Fritz, Manager of Volunteers, welcomed everyone, with an invitation to enjoy the delicious variety of savouries, sandwiches and sweets as well as tea, coffee and a special iced tea. It was good to meet up with other volunteers and to enjoy each other's company.

Whilst acknowledging the highly valued roles of all volunteers, Rachel selected several and presented them with SA Volunteer Certificates of Appreciation.

Certificates and gifts were presented by Cherie Cheyne to:

Joan Habermann— Joan, after volunteering here for quite a few years has decided it's time to move on to new ventures.



Ken Schuster, unable to be present, has driven residents to appointments over many years.



Ken too, has decided to hang up his driver's hat, retire, and go into different areas helping the residents here.

Lois Mattner, also not present today, and now retired, has been quietly working in the gardens of the Home for a very long time, tidying and making things look lovely.



Bob Darby, unable to attend, has been a great help until recently with the Men's Shed. He helped build toys with the men to be sold at last year's Strawberry Fete and loved working in the gardens with residents. Bob is moving on to another place to help others and is continuing his service to those in need.



Dorcas Kernich: Dorcas has been doing an amazing (and at times I'm sure a frustrating!) job with the *Tit Tat* over the past eight years. Today we celebrate a huge achievement with Dorcas publishing/editing her 100th *Tit Tat*! Congratulations.



Sally (Selina) Schiller— Where do we even start with (Sister) Sally? Sally has been part of TLH in this role for a very long time. She started here in 1965 as matron and worked until 1982, when she retired in Adelaide. However, Sally, feeling a call

from God to serve the residents here, moved back to continue volunteering her services. Selina has tirelessly served those in need, visiting the lonely, serving the church and many other services to the Home—too many to count. The world would be a far poorer place without people like Sally.

John Herring is a well known face around here and has been for quite some time. Today isn't to say goodbye, but to thank John for all his efforts with the New Settler's program. This program was devised and started by John and eventually became an award winner. It helped a large number of new residents entering the Home and for this, we say a huge thank you. John is now thinking up other wonderful ideas and has suggested a new program called the Piano Bar. We look forward to seeing what John will come up with next!



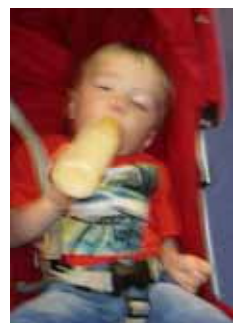
Wilf Fechner extended a vote of thanks to Rachel and all those involved with the day's activities.

Next Volunteers' Morning Tea will be a week later than usual—so keep TUESDAY 10th MAY free.

Ed.



↓ Some volunteers enjoying the morning tea ↑



Abraham came with Nanna Jan ↑



SA Police Scam Awareness Presentation



It was a real eye-opener to be made aware of how easily we can be conned into revealing our personal details to callers on the phone, computer, through the mail or per email. The results can be catastrophic, as many people have discovered.

On Thursday 7th April, Sergeant Michael McNally addressed a group of interested residents and friends in Barossa Club, describing the various scams that are prevalent and how not to be caught out. Scammers are increasingly sophisticated in their activities, moving with the times to take advantage of new technology, creating plausible stories that will convince you to part with your money or personal details.

Ten Top Scams to Avoid

Advance fee fraud: If you are asked to provide payments in advance to receive goods or money, think twice.

Lottery, sweepstakes and competition scams: Don't be lured by a surprise win – only the scammer takes home a windfall.

Dating and romance scams: Don't let love bite you online.

Computer Hacking: If your computer's security is compromised, you are too.

Online shopping, classified and auction scams: Scammers love the ease of online shopping too.

Banking, credit card and online account scams: Keep your financial details secure and your money safe.

Small business scams: Scammers take advantage of the busy nature of many small businesses to swindle them.

Job and employment scams: Big income—guaranteed? Unlikely!

Golden opportunity and gambling scams: "Risk-free investment" opportunity—or opportunity for misfortune?

Charity and medical scams: Charitable and health conscious consumers beware—scammers will try anything to get your money.

Full details are in The Little Black Book of Scams available from the Police Station



***DON'T GET
CAUGHT!***

Ed.

Calling all Gardeners CAN YOU HELP Pinery Fire Survivors?



Is anyone able to donate potted plants, packets of seeds (flowers or vegies) or bulbs to be given to victims of the Pinery fire?

Any type of plants would be acceptable to assist in establishing new gardens. If you can do some potting up and care for the plants until early June, it would be much appreciated by a group who is organising a pick-up point at Hamley Bridge Primary School on 10th

June. Plants will be given to recipients over the following two days of that long holiday weekend.



*Further details are available from
Joan Minge Ph 8563 2062
who will arrange transport*

GOD'S GRACIOUS GIFT to GARDENERS



Autumn Leaves!

Put them to good use

Place layers of leaves in a fertiliser bag
Add a little soil between layers
Perhaps a little fertiliser
Keep slightly moist
And in Spring—voila!
A bag full of black soil



Mother Quotes

Little Miss Muffet's Mother: "Well, all I've got to say is if you don't get off your tuffet and start cleaning your room there'll be a lot more spiders around here!"

Columbus' Mother: "I don't care what you've discovered, Christopher. You still could have written!"



Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Hi everyone!

This month, we have Volunteer week which runs from May 9-15. You are all invited to our special morning tea being held on Tuesday 10th May! (Please note not the usual first Tuesday of the month). Come along and enjoy some fellowship with everyone over a wonderful morning tea!

A strange anomaly.... Due to a huge amount of anniversaries falling on the 30th of May (I counted 116!), there was not enough room to put everyone on this page. I would however, like to congratulate those people celebrating a milestone with their volunteering this month and thank them all too! You are all amazing! Last month, we said thank you to a number of volunteers who were either leaving us, or who had achieved something special. Dorcas Kernich celebrated 100 Tit Tats! What an achievement! Selina Schiller (Sister Sally) retired after serving since 1982! John Herring received an award for the New Settlers program & Joan Habermann, Ken Schuster, Bob Darby & Lois Mattner have all either retired or moved on. From everyone here at TLH A GIGANTIC THANKYOU! To all of you! Have a great month everyone! Rachel

Volunteer appreciation morning teas...

Come and enjoy a delicious morning tea and a catch up with everyone celebrating volunteer week this month!

10.30am in the Social Centre

Tuesday

10th May

We hope to see you there!!



Birthdays for May

Rhonda Klemm-7th May

Judy Nicholls- 24th May

Cecilie Noack- 31st May

Max Schubert- 21st May



WE NEED YOU!

Volunteers are needed for the following roles:

The podiatrists, hairdressers for June 7th & 21st and Wednesdays in the café. If you would like to

The miracle is not that we do this work, but that we are happy to do it.
Mother Teresa



Inviting all
Volunteer Floral Artists
To a Meeting
Tuesday 31st May 10 am
Social Centre



Quiz of the month

How many men have walked on the moon?

twelve



PLEASE REMEMBER TO SIGN IN & OUT???

MOTHERS DAY (American Spelling)

F R C B Y Y H C L Y L I M A F
 G S E T H O U E V U U O G I M
 N O N S N P G L F K M V M O X
 I U E O P W S T W M D P T X U
 V R R M I E H E Y O D H M E B
 I F D T C G C W I W E E K K A
 G R L A U G H T E R V H I Z Y
 Z C I O R R W O R O O E S L J
 Y Z H S W E E T L A T M S Q P
 H T C T J E P O Z I E O E Q W
 V W M G N I R A C H D H S M H
 V L A I C E P S M W A A K N T
 T I R F Q D R D S K N I Y K T
 K W E T N J X A Z T T O N N H
 L P R S L U P T P C J R O S G

CARING
 CHILDREN
 DEVOTED
 FAMILY
 FLOWERS
 GIFTS
 GIVING
 HEART
 HOLIDAY
 HOME
 HONOR
 HUGS
 KISSES
 LAUGHTER
 LOVE
 MEMORIES
 MOMMY
 MOTHER
 NURTURE
 PARENT
 RESPECT
 SPECIAL
 SWEET



ANIMAL MOTHERS





Resident Meeting Wednesday 25th

In the Chapel

1.15pm

Come along & have
your say!

Bus trip

Kapunda Duck Pond

Come along, feed the ducks
and enjoy afternoon tea

Please see Lifestyle staff
for more details



Monday May 30th



Lifestyle Program

May 2016

Sunday 1st

10.30 Worship Service

Chapel

Monday 2nd

10.15 Hymn singing

Chapel

10.30 Individual visitation with Sean

10.30 Individual visitation with Carolyn

11.00 Worship service

Acacia

1.15 Sunshine hour with Sean

Grevillea

1.30 Bingo with Carolyn

Waratah

2.30 Margaret Tepper

ABG

3.00 Sundowners program with Sean

ABG

Tuesday 3rd

10.30 Sewing & Knitting Group

Protea

10.30 Individual Visitation with Carolyn

10.30 Individual Visitation with Sean

10.00 & 11.00 Exercise group with the Physio

Chapel

1.15 Ladies' Group with Carolyn

Banksia

1.15 The Shed with Sean with special guest speaker
Marcus Hearl

Chapel

3.00 Sundowners program with Sean

ABG

Wednesday 4th

10.30 Individual Visitation with Odette

TC

10.30 Individual Visitation with Sean

ABG

10.30 Gospel Goals

Chapel

2.00 Sunshine hour with Odette

Grevillea

2.30 Gary and his Uke

ABG

3.00 Sundowners program with Sean

ABG

Thursday 5th

10.30 Individual visits with Sean

10.30 Individual visits with Odette

10.00 & 11.00 Exercises with the physio

Chapel

1.15 George Davies

ABG

1.15 Arm Chair travel with Sean

Waratah

2.15 Sunshine Hour with Odette

Grevillea

3.00 Sundowners program with Sean

ABG

Friday 6th

10.30 Individual visitation with Sean

10.30 Individual visitation with Odette

10.30 Individual visitation with Carolyn

11.15 Help for living

Chapel

1.15 Bingo with Carolyn

Waratah

1.15 Rae's reading

Chapel

1.30 Sunshine Hour with Odette

Grevillea

3.00 Sundowners with Sean

ABG

Happy hour in all areas in PM activities

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Saturday 7th



Sunday 8th Mother's Day

10.30 Worship Service with Holy Communion **Chapel**
'Lutherans in Wine' Thanksgiving Service

Monday 9th

10.15 Hymn singing **Chapel**
 10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Pam
 11.00 Worship Service with Holy Communion **Acacia**
 1.30 Bingo with Pam **Waratah**
 1.30 'Mystery hour' with Sean **ABG**
 3.00 Sundowners program with Sean **ABG**

Tuesday 10th

10.30 Knitting & sewing group **Protea**
 10.30 Individual visitation with Sean
 10.30 Individual visitation with Pam
 10.00 & 11.00 Exercise group with the physio **Chapel**
 1.15 Ladies 'Group with Pam **Banksia**
 1.30 The shed with Sean
 3.00 Sundowners Program with Sean **ABG**

Wednesday 11th Staff dress up day '50s'

10.30 Individual visitation with Sean
 10.30 Individual visitation with Odette
 10.30 Gospel Goals **Chapel**
 1.15 'Rock around the clock'!! Rock & roll dance demonstration **Social Centre**
 2.30 Sunshine time with Sean **Grevillea**
 3.00 Sundowners program with Sean **ABG**

Thursday 12th

10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Sean
 10.00 & 11.00 exercises with the physio **Chapel**
 1.15 Deutsch conversation Group **Chapel**
 2.00 Sunshine time with Sean **Grevillea**
 3.00 Sundowners program with Sean **ABG**

Friday 13th

10.00 Individual Visitation with Odette
 10.30 Individual visitation with Sean
 10.30 Individual visitation with Pam
 11.00 Help for Living **Chapel**
 1.15 Bingo with Pam **Waratah**
 1.15 Margaret Tepper **Chapel**
 3.00 Sundowners program with Sean **ABG**

Happy hour in all areas in PM activities

Saturday 14th

Sunday 15th Pentecost

10.30 Worship service with Holy Communion **Chapel**

Monday 16th

10.15 Hymn singing **Chapel**
 10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Pam
 11.00 Worship Service with Holy Communion **Acacia**
 1.30 Bingo with Pam **Waratah**
 2.30 Margaret Tepper **ABG**
 3.00 Sundowners program with Sean **ABG**

Tuesday 17th Cultural Day 'Brazil' Mardigras!

10.30 Sewing & Knitting Group **Protea 2**
 10.30 Individual visitation with Sean
 10.30 Individual Visitation with Pam
 10.00 & 11.00 Exercises with the Physio **Chapel**
 1.15 Ladies' group with Pam **Banksia**
 1.15 The Shed with Sean
 3.00 Sundowners Program with Sean **ABG**

Wednesday 18th

10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Sean
 10.30 Gospel Goals **Chapel**
 1.15 Lorraine Gregory **Chapel**
 2.15 Sunshine time with Odette **Grevillea**
 3.00 Sundowners program with Sean **ABG**

Thursday 19th

10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Sean
 10.00 & 11.00 Exercises with the physio **Chapel**
 1.15 Bowls **Chapel**
 3.00 Sunshine time with Sean **Grevillea**
 3.30 Sundowners program with Sean **ABG**

Rock and Roll Day
Wednesday 11th May 1.15
Social Centre.
Be there or be square!



REMEMBER Afternoon Lifestyle Programs now commence at 1.15pm
 Instead of 1.30pm unless stated.
 Kind Regards, The Lifestyle Team.

Friday 20th

10.30 Individual Visitation with Odette

10.30 Individual visitation with Sean

10.30 Individual visitation with Pam

11.00 Help for Living

1.15 Rae's reading

1.15 Bingo with Pam

2.00 Sunshine time with Odette

3.00 Sundowners program with Sean

Happy Hour in all areas in pm activitiesChapel
Chapel
Waratah
Grevillea
ABG**Saturday 21st****Sunday 22nd**

10.30 Worship Service

Chapel

Monday 23rd

10.30 Individual Visitation with Sean

10.30 Individual Visitation with Pam

10.15 Hymn singing

11.00 Worship Service

1.15 Bingo with Pam

1.15 Sunshine time with Sean

2.00 'SingalongaSean'

3.00 Sundowners program with Sean

Chapel
Acacia
Waratah
Grevillea
ABG
ABG**Tuesday 24th**

10.30 Sewing & Knitting Group

10.00 & 11.00 Exercises with the Physio

10.30 Individual visitation with Sean

10.30 Individual Visitation with Pam

1.15 Ladies' Group with Pam

1.15 The Shed with Sean

2.30 Sunshine time with Sean

3.00 Sundowners program with Sean

Protea
Chapel

Banksia

ABG

**Wednesday 25th**

10.30 Individual Visitation with Odette

10.30 Individual Visitation with Sean

10.30 Gospel Goals

1.15 Resident meeting

2.15 Quizzes

3.00 Sundowners program with Sean

TC
ABG
Chapel
Chapel
Chapel
ABG**Thursday 26th**

10.30 Individual visitation with Sean

10.30 Individual visitation with Odette

10.00 & 11.00 Exercises with the Physio

1.15 Bus trip Duck Pond Kapunda

1.15 Social afternoon with Sean

3.00 Sundowners with Sean

Chapel
Waratah
ABG**Friday 27th**

10.30 Individual Visitation with Sean

10.30 Individual Visitation with Odette

10.30 Individual visitation with Pam

11.00 Help for Living

1.15 Bingo with Pam

1.30 Margaret Tepper

1.30 Sunshine time with Odette

2.00 Craft & knitting with Odette

3.00 Sundowners program with Sean

Happy Hour in all areas in pm activitiesChapel
Waratah
Chapel
Grevillea
ABG
ABG**Saturday 28th****Sunday 29th**

10.30 Worship Service with Holy Communion

Chapel

Monday 30th

10.15 Hymn singing

10.30 Individual Visitation with Sean

10.30 Individual Visitation with Pam

11.00 Worship Service with Holy Communion

1.15 Bingo with Pam

1.15 'Dress for success'

2.30 Margaret Tepper

3.00 Sundowners program with Sean

Acacia
Waratah
Chapel
ABG
ABG**Tuesday 31st**

10.30 Sewing & Knitting Group

10.00 & 11.00 Exercises with the Physio

10.30 Individual visitation with Sean

10.30 Individual Visitation with Pam

1.15 Ladies' Group with Pam

1.15 The Shed with Sean

2.30 Sunshine time with Sean

3.00 Sundowners program with Sean

Protea
Chapel

Banksia

ABG