



Tanunda
Lutheran Home Inc.

TIT

TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax: (08) 8563 7799
- ★ Email: info@tlhome.com.au
- ★ Website: www.tlhome.com.au
- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:
"Love one another as I have loved you"
John 13:34

SEPTEMBER 2020

*Lutheran
Church
of Australia*



Chaplain's Reflection



The Virus that Keeps on Taking

I was brainstorming the other day regarding the many activities cancelled, weddings deferred, 80th birthdays left uncelebrated, trips not taken, because of the Coronavirus Pandemic. Not to mention the things we can't look forward to, which I won't mention because we all want to hope for the best.

Looking back to the first wave of this epidemic: It didn't seem to go so long, and action was swift and dramatic. And then restrictions were eased. That was the fun bit. Planning that party again which had been put off, inviting that extra person around without feeling guilty. But things only eased so far, then the Victorian experience put the wind up everybody, and some things have tightened again. Restrictions are everywhere. So Church on Sundays was restarted for one Sunday, and then closed down again. Masks are appearing throughout the care facility right now.

Some of us may feel like we're now in a longer, even endless, boring phase, with occasional false hopes of a vaccine being available soon. We're a bit more on our own now too. As one IRL resident told me the other day: "I've got to get out and socialise, or else I stay home and get depressed. It's up to me." And it's up to all of us of course to look out for each other.

We're on a longer journey now, perhaps having a 'desert experience for our soul'. Nobody we know has the virus, yet it dominates our thinking, daily, taking a part of our joy in living away.

This challenging soul journey will bring the best out of some of us. Others will struggle. God may feel present to some. For others it may feel like he's socially-distancing himself from us. My encouragement is to pray for each other, if that is your habit, and reach out, pick up the phone, value all your friendships and connections. This is hard, but we will get through.



Chaplain Ian.

HAPPY BIRTHDAY

September



4 Mollie Le Page



5 Ralph Kernich

10 Margaret Slater

11 Robert King

13 Lorraine Moore



14 Jack May



16 Elizabeth Thomson

17 Hilda Randall

18 Katherine Maas



22 Christel Makai

23 Maxwell Ham



24 Annette Ognjanovic

26 Pamela Zeunert

27 Verna Graetz

27 Trevor Blenkiron



Q: I'm allergic to bread but I eat it anyway

A: I'm a gluten for punishment



The **DEADLINE** for all:
News / Information / Stories - October 2020 edition is
Monday 21st September 2020

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this
amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.

Welcome

Respite

Ken Hueppauff

Permanent

James (Jim) Miller

Errol Weiss

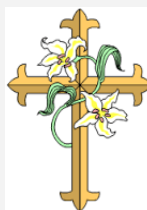
Victor (Vic) & Joyce Lehmann

Evelyn Schotteilus

Glen Noack

Gladys Lane

John Hitchin



DEATHS

*Our deepest sympathy
to the families of*

Colin Gramp 7th August

Austin Ashley 8th August

Les Kohlhagen 12th August

Horace Noakes 17th August

Connie Doecke 21st August

Beryl Handke 29th August

*May they rest in
peace ...*



TLH SHOPPING BUS



Please remember to book - They will only be
travelling to Tanunda until further notice - Thank
you

Wednesday 2nd September Tanunda

Wednesday 9th September Tanunda

Wednesday 16th September Tanunda

Wednesday 23rd September Tanunda

Wednesday 30th September Tanunda

**The Bus will pick you up from your home - ONLY
if you have booked**



From the CEO



Mr Lee Martin

I would like to acknowledge the Veterans and all survivors of the Second World War – great to see the ceremonies celebrating the 75 anniversary. Thank you for your service and efforts in making Australia the great place it is. To all our farmers – isn't the rain nice. Have we had enough rain yet? So where are we at now with the COVID-19 pandemic!!

I assume you are like me, getting sick and tired of hearing about the COVID-19 pandemic – it's all over the TV and radio – doesn't matter what conversation you're having - sooner or later it turns to how the pandemic is effecting you or the family.

As you know, Tanunda Lutheran Home has in excess of 100 vulnerable residents, staff and volunteers. Everyone working here is trying their hardest and complying to all government changes to protect us all from the COVID-19 virus. The government also places ever changing restrictions on the management of the Home. Some of these restrictions may seem harsh, but it is all about preventing the virus getting into the Home and stopping our residents from becoming very ill.

At the writing of this article, meetings are being held to ensure the latest restrictions are put in place throughout the Home. Clinical and Care Staff as well as the Allied Health Staff are only allowed to work in one aged care facility. All clinical and care staff performing resident care in less than 1.5 meters will now need to wear masks. TLH is in a good position as we have lots of masks so staff should not have to worry about the supply. It is hoped that residents will accept this restriction as it is implemented to ensure no infections are passed on to other residents or staff.

All residents that show signs of any type of respiratory issues will be immediately asked to stay in their room until a COVID-19 test is completed and returned with a negative result. During this time staff will be wearing full PPE – gloves, gowns & masks to ensure the other residents and staff remain safe. Relatives can still visit but must be mindful of the restrictions. Staff will ensure the families are kept informed.

With the effects of winter colds and flus on our staff we must ensure they are well before coming to work. This requires some to have the COVID-19 test – then wait for the negative result. Staff are managing the roster as best we can and will always ensure we have the appropriate number of staff on duty to meet the requirements of the residents. We are still encouraging our Volunteers to assist as best they can. Our activities continue to ensure residents are entertained and involved in day to day happenings. The Café is open as is the Hairdresser – please make use of them.

When visiting the Home, it is very important that family members and friends ring and make an appointment to enter the Home. This is to meet the restriction of how many people can be in the Home at any time. We also would like you respect others safety by visiting in the residents room, in the Café or outside if the weather permits. We do not want you joining the resident activities or socialising with other residents as this increases the risk of spreading infections. Ensure you have had your flu injections – please present your evidence that you have had the injection each time you come into the home. No injection, no evidence, no entry to the Home – that is the current Law.

As mentioned in my previous Tit Tat article – we need to sell our Retirement Village Units. If you know of anyone who is looking to retire we in the Barossa have a lot to offer. Please suggest to others to come and join the family and have a good time socialising. Our Langmeil Road project is coming along very quickly.

Please remember to stay safe everyone and please wash & sanitize your hands

Spread love everywhere you go. Let no one ever come to you without leaving happier."

-Mother Teresa



Tanunda

Lutheran Home Inc.



News from Kim & Steph

(People, Culture & Customer Service Manager
and the Quality & Training Officer)

DEPARTMENT OF HEALTH

As at **3pm on 12 August 2020**, a total of 22,127 cases of COVID-19 have been reported in Australia, including 352 deaths, and 12,774 have been reported as recovered from COVID-19.

- Over the past week, there has been an average of 393 new cases reported each day. Of the newly reported cases, the majority have been from Victoria.
- Of cases with a reported place of acquisition, 23% have recent international travel history, including over 1,300 cases associated with cruise ships.
- The overall proportion of cases under investigation in each state and territory is relatively low, indicating that public health actions, including case identification and contact tracing, is occurring in a timely manner.
- To date, over 5,041,000 tests have been conducted nationally. Of those tests conducted 0.4% have been positive.

CASES IN AGED CARE SERVICES

| Confirmed Cases | Australia | ACT | NSW | NT | QLD | SA | TAS | VIC | WA |
|-----------------------------|-----------------|-----|--------------|----|-------|-------|-----------|-----------------|-------|
| Residential Care Recipients | 1310 [49] (198) | 0 | 61 [32] (29) | 0 | 1 (1) | 0 | 1 (1) | 1247 [17] (167) | 0 |
| In Home Care Recipients | 76 [32] (7) | 0 | 13 [13] | 0 | 8 [8] | 1 [1] | 5 [3] (2) | 48 [7] (4) | 1 (1) |

Cases in care recipients [recovered] (deaths)

The 'cases in aged care services' table presents the number of cases that have been reported among care recipients in Australian Government subsidised Residential and In Home Care settings in each state and territory.

Source: health.gov.au ~ 12/08/2020

Prepare your communications:

Residential Aged Care Facilities are being reminded of the need to have up-to-date contact details for the authorised representative of each resident living within the facility.

As a part of your ongoing preparedness to manage a potential case of COVID-19, it is important that correct contact details, including a mobile telephone number and email address, are held for the primary contact of each resident. These details should be readily available to facilitate prompt and regular communication with residents' families in the instance of a COVID-19 case being linked to the facility. Authorised representatives should be encouraged to share the information they receive directly from providers about their loved one's health and wellbeing with wider family and friends.

Source: Department of Health Email ~ 05/08/2020

ROYAL COMMISSION

Royal Commission Hearing: The response to COVID-19 in aged care: 10th August 2020. The first day of the hearing ran from 10am to 4pm AEST.

The Royal Commission website provides links to the [transcripts](#) of the day and the webcast. At the close of the hearing the documents displayed in the hearing room by the operator during the [webcast](#) will be uploaded to the Commission's website in the [exhibits list](#).

Leading/Counsel Assisting opening remarks – Mr Peter Rozen QC, Senior Counsel Assisting: “68% of all COVID-19 deaths in Australia relate to residential aged care. One of the highest proportions in the world. The extension of time for the Commissioners to submit their final report has enabled the inclusion of aged care’s COVID-19 response into the inquiry. The hearing will not focus on extenuating circumstances in Victoria. It will focus on the COVID-19 response in aged care, consider future requirements, and consider preparedness - balancing infection control with the quality of life of older Australians accessing care. It will also consider the role of and challenges for various stakeholders thus far. The pandemic has exposed flaws in aged care system. The aged care system is not failing, however, but operating as it has been designed to operate. We should not be surprised with the results.”

Source: LASA Email ~11/08/2020

LEADING AGE SERVICES AUSTRALIA

SA Health confirms one worker / one facility strategy will be implemented

At the meeting with SA Health yesterday afternoon, it was confirmed that a one worker/one facility strategy similar to what is in place in Victoria is to be implemented in South Australia, likely within two to three weeks.

No details are yet available about this matter, however we understand that it will be enacted through an update to our State Emergency Directions.

We are similarly awaiting further detail on these matters.

Thank you to all our members who responded to our Member Update on Tuesday asking for views on the one worker/one facility questions we asked. We received a good level of response which will help inform our ongoing communication with SA Health.

- 87.5% of respondents indicated such a scheme should cover all categories of staff; and
- In relation to whether such a scheme should be limited to ‘hotspots’ or enacted state-wide, the responses were evenly split.

Source: LASA Email ~ 07/08/2020

HOME CONTINUOUS IMPROVEMENT UPDATE

- Visitors can request reoccurring appointment times to visit their loved ones without having to call every time they wish to visit. To set up a continuously visitation time, please speak with the Administration team on 8563 7730 Mon-Fri 10:30am to 3:30pm.
- Performance Management has started on those who did not complete their 2019-2020 training.
- Mandy, Rostering officer & Steph, Quality & Training Officer have now relocated offices, you can find them both in a shared office near ABG.
- We Welcome Joan who is a Nurse Educator – to keep staff up to date with infection control particularly in relation to COVID-19
- TLH staff celebrated “Aged Care Employee Day” with Cupcakes, Balloons and Badges from our residents.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During July we received complaints about Residents Care (4) Environment (1) Food (7) Missing Items (1) Wellbeing (1) Rights & Responsibilities (1) Management & Communication (1) and are working with the comment maker(s) in resolving the concern to the comment makers satisfaction.

Also during July we received compliments about Residents Food (15) Staff (28) Customer Service (2) Maintenance (1) and a total of nine (9) suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

Thank you for all your patience and ongoing support throughout all the COVID-19 visitation changes. Stay safe and take care of one another.

Kim & Steph





Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience

Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff Update



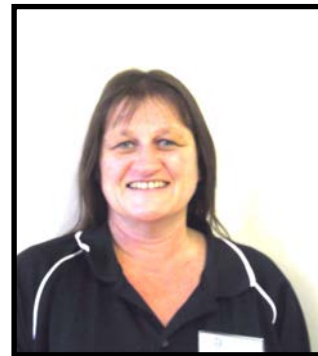
Please give a warm welcome to our new staff.



Wayne Denby
Enrolled Nurse



Jane Jokudu
Carer



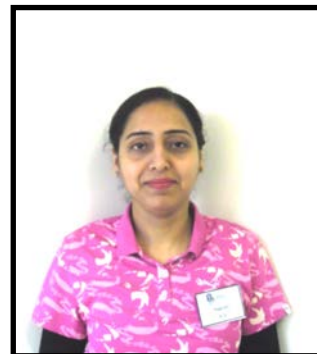
Tracy Dowler
Carer



Pamela Karimi
Carer



Joan Wilkinson
Registered Nurse



Supreet Kaur
Carer

July 2020

Congratulations

Ram Siebel

Well done and thank you to all the staff who received compliments for July

Steve Bennink, Jenny Irrgang, Maide Rice, Brittanee Margach, Deb Harris, Shona Day, Heather Dyer, Lee Martin, Miranda Chishaya, Jhi Bruton, Michael Hentschke, Mike Schultz, Olivia Wilson, Emily Gauci, Sheree Wills, Karen Benyo, Jen Taylor, Qunnie Ahrns, Tiffany Day, Allyson Nicolai, Cyprian Onger, Anne Harris, Kelly Templer, Sharryn Hueppauff, Maintenance Team.

All compliments Submitted are also reviewed annually for our Value based awards.





We Love Receiving Feedback

To book an appointment with Kim Hahn you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.



Tanunda

Lutheran Home Inc.

Enriching the lives of our older people



Share Your Experience

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter.

All the comments are forwarded to Stephanie Vickers (Quality & Training Officer) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can also contact Stephanie directly via email at stephanie.vickers@tlhome.com.au or ask a staff member to direct you to speak with Stephanie.

You are also welcome to talk to People, Culture & Customer Service Manager – Kim Hahn if you are not satisfied with the way your complaint/suggestion is being handled.



Please return this form to the Quality & Training Officer at Tanunda Lutheran Home via drop of at reception or by posting to
Tanunda Lutheran Home
Attn: Quality & Training Officer
27 Bridge Street TANUNDA SA 5352

Comment Makers Information (Optional)

By providing your details it ensures that we are able to contact you and inform you of any and all outcomes from your comment.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box ☐

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged:

☐ Phone Call ☐ Letter ☐ In Person

Comment forwarded to Department Leader: ☐

CI Required? Yes/No

Was the outcome satisfactory: Yes/No

Closure Date: _____

Follow Up: 3 Months ☐ N/A ☐

6 Months ☐

9 Months ☐

Other: _____

☐ Resident ☐ Relative ☐ Staff ☐ IRL Resident ☐ Other: _____

☐ Compliment ☐ Complaint ☐ Suggestion

Comments / Details:

☐ Would you like to discuss this issue with the relevant leadership team member?

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*



Terrariums and plants are available to purchase at reception and from the lifestyle team now .

All plants are either \$5 or \$7.

Thank you to everyone who has already purchased.



Residential Aged Care Residents

Terrarium making

The TLH residents had a fantastic time making Terrariums in July. It was a wonderful opportunity to get their hands dirty and be creative.

Thank you to everyone who helped on the day and to those who donated resources to make this happen

A big **Thank you** to Mitre 10 at Nuri who donated some potting mix and river rocks.

ABG Artist of the Month

Joyce Lehmann



Terrarium
& Plant Sale

\$5 & \$7

Purchase from
reception

All proceeds go into the residents lifestyle fund.

Thank you for your support.



Remember when TRL residents met last December for the 2019 Christmas Lunch?

Remember the Christmas mural with the motto "Love Changes Everything"?

Little did we realise then that 2020 had something else in store for us that was going to change our lives so much!

The Christmas Lunch was the last time that a large group of TRL residents met together. The plans were in place at the beginning of 2020 for the usual TRL events to go ahead - monthly meetings and the weekly Friday Coffee and Chat functions - but at the beginning of March COVID-19 changed all of those plans!



BUT, NOW THINGS LOOK AS IF THEY COULD RETURN TO SOMETHING A LITTLE MORE LIKE NORMAL!

On Wednesday 12 August a very enthusiastic group of forty-two TRL residents met at the Clubhouse, Tanunda, to share a meal together - the first time for about six months that they have been able to meet. Residents enjoyed a scrumptious meal in pleasant and sociable surroundings - notwithstanding the necessary COVID-19 restrictions. It was good to see how residents helped each other with car-pooling, etc. to make this event such a success.



Carolyn Redden took a few photos - from left, part of the happy lunch crowd, and Irene and Oscar enjoying themselves

At left is Daphne Gower, a member of the TRL Social Committee, enjoying her lunch. The Social Committee has again started meeting after being in recess for nearly five months. If the current COVID-19 restrictions remain unchanged, the Committee is planning some activities for residents.



Residents can look forward to the **Friday Coffee and Chat Group** resuming - the Social Centre is again available for our use. Initially the Coffee and Chat Group will meet fortnightly with the first get-together on Friday 11th September - watch your letterbox for more details.

Another **lunch outing** is planned for Wednesday 14th October - the venue is to be confirmed. This will again be an RSVP function - watch your letterbox for the details.

The **card-making group** is meeting - if you would like to be part of that group contact Irene Joppich (8563 1312) to know how (or if) you can be involved.

The **TLH Singers** and the **table tennis players** are considering how they could resume their activities in the current circumstances. It's been great to see how TRL residents have kept in touch with each other recently - keep up the good work!

TITBITS

from

Betty Kolhagen

For many years, one of Betty's hobbies has been to collect 'bits and pieces' and write them down. Recently, Betty has given a couple of her notebooks to TIT TAT, thinking that we might share with readers some of the wisdom that she has collected.



So, here goes!

- ◆ It's just like magic - when you live by yourself, all your annoying habits are gone!
- ◆ *Some people, no matter how old they get, never lose their beauty. It simply moves from their face to their heart.*
- ◆ You know you're getting old when you get out of the shower and you're glad the mirror is fogged up.
- ◆ *Friends are quiet angels who lift us to our feet when our wings have trouble remembering how to fly.*
- ◆ If you are still talking about what you did yesterday, you haven't done much today.
- ◆ *Never question your wife's judgement - look at who she married!*
- ◆ No-one has ever caught a fish as big as the one that got away.
- ◆ *It rarely occurs to teenagers that the day will come when they'll know as little as their parents.*
- ◆ Friendship is someone who doesn't notice if your house is in a mess, but knows when you are.
- ◆ *When you can't sleep, don't count sheep, talk to the Shepherd.*
- ◆ Grandmas are only antique little girls.
- ◆ *The most important trip you make in life is meeting people half-way.*
- ◆ I have nothing against grey hair - I just wish they were the ones that fell out.
- ◆ *Real generosity is doing something for someone who will never find out.*

There are lots more - perhaps another time?



TANUNDA LUTHERAN HOME
now offers

Retirement Living in Nuriootpa.

Welcome to the residents of
NURIOOTPA RETIREMENT LIVING

- part of the TLH community!

Residents at Nuriootpa Retirement Living



Lee Martin (CEO of Tanunda Lutheran Home) with four of the residents who are enjoying living at NRL, Schaedel Street, Nuriootpa.



One of several units available at Schaedel Street

have their own Social Centre.

There are a number of units available to view now - they are modern units providing comfortable and convenient accommodation.



For more details on what is available at Nuriootpa Retirement Living contact

Carolyn Redden,

'phone 8563 7777 or 0417 351 123



"Enjoying life with fun & friends"

Joppich.

Barossa Club
Fun,
Games,
Food, Friends
& Memories....



Q: Why was a broom late for a meeting A: It over swept



Courtyard Cafe is back ..

- Wash your hands before & after.
- You MUST book for inside dining.
- We have a courtyard available.
- Social distancing at all times.



Staff and Residents

CRAZY
HAPPY & HAT
18th September

Reminder:

The Uniform Policy still applies for casual clothes days.

CARD MAKING GROUP

The group will meet on Thursdays in
Protea from 10am...

For details contact



Laundry News



To Residents, Families and Friends



To help us return items of clothing to their correct owner, can you please make sure all items are tagged with the resident's name before they are worn. This includes stockings, hankies, underwear and all outerwear.

We have a fabulous labelling machine in the laundry and can tag any item of clothing you want.

Each month the clothing rack goes to each neighbourhood for one week (including the weekend) to give residents, resident's family and staff a chance to have a good look through the lost clothing display.

WEEK 1 - PROTEA - WEEK 2 - WARATAH - WEEK 3 - TRINITY COURT - WEEK 4 - ABG

Any items claimed will need to be returned to laundry for naming before returning to resident.

Any unclaimed clothing are stored for a total of six months. If clothing hasn't been collected within the six month period, we will discard appropriately in a manner which highly respects our resident's dignity and privacy through donating to a charity. We would like to thank you in advance for your cooperation and understanding.

Bulgarian : Tatko

Latvian : tevs

Japanese : otosan, papa



Happy Fathers Day



Fathers day - a day for people to show their appreciation for fathers and all father figures.

Father figures include stepfathers, fathers-in-law, guardians - foster parents and family friends.



Brazilian Portuguese : pai

Swedish : pappa

Polish : tata ; ojciec

French : papa

German -
banketi, papi

Italian : babbo

Irish : aithair ; daidí

Welsh : tad

Sunday
the 6th
September

Finnish : isä



KOREAN: ABONIM, ABOJI, APPA

ENGLISH : FATHER ; DAD ; DADDY ; POP ; POPPA ; PAPA

Arabic : babba ; yebba ; abbi (classical)

Dutch : vader ; papa ; pappie



HAPPY
BIRTHDAY
ELSIE ...

101

YRS. YOUNG





"Enjoying life with fun & friends"

What is the Barossa Club?



- ♦ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ♦ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ♦ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ♦ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ♦ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ♦ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ♦ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ♦ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ♦ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



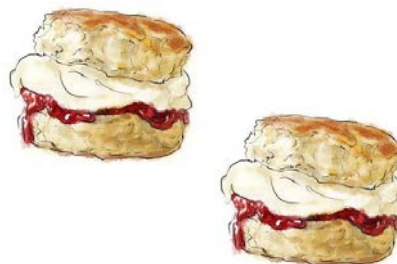
**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





"Enjoying life with fun & friends"



Marianne made some beautiful scones for the clubbies for afternoon tea



Don't forget Fathers Day on the 6th September



"Fathering is not something perfect men do, but something that perfects the man."

—Frank Pittman, American psychiatrist



- **FUN FACTS :**
- OWLS CAN TURN THEIR HEADS AS MUCH AS 270 DEGREES
- SOME OWL SPECIES HUNT FISH.
- THERE ARE AROUND 200 DIFFERENT OWL SPECIES.

Colour in your master piece ..

Be creative and colourful



Gorgeous New
Respite Rooms
with a sun filled
Sitting Area...

thank
YOU



beautiful



Assistant Chaplain Helen McNicol has a NEW office :

Please make sure you pop in and say hello to Helen in her new working environment. Helen is now at the main entrance - her office is off the waiting room in the administration area.....



Mon: 11am to 3pm
Tues: 11am to 3pm
Wed: 11am to 3pm
Thur: 11am to 3pm
Fri: 11am to 3pm

As of the 1st September

As of the 1st of September each office space and meeting room on site will have GREEN signage to identify how many people are allowed in the space at one time, as per the COVID-19 regulations. Please help us stop the spread by adhering to these signs and following the recommendations.

For any further information or clarification please see either Lisa Morrison or Sheree Wills.

BE COVIDSAFE



EXAMPLE

Have you meet our Top Chef Rodney Lomman?

Rodney is a resident of Tanunda Lutheran Home and has had a passion for cooking since he was 16 years old. Rodney first started cooking in his family home to assist his Mother.

Rodney would never follow a recipe and has fond memories of cooking a boiled fruit cake at his Mother's request, which was a hit with all the neighbours. He can even recite the recipe from his head still to this day.

During Rodney's working life he spent time in bakehouses and hotels, where his passion for cooking continued to develop. Rodney's favourite things to make are scones, cup cakes and boiled fruit cake. Recently Rodney entered the Chocolate Cake men's baking competition at the Tanunda Show with his Tim Tam Chocolate Cake. Rodney engages in individual Lifestyle Support time on a weekly basis where he is able to continue his passion of cooking with direct assistance from a Lifestyle team member.

Rodney states that cooking makes him feel happy and provides a sense of accomplishment. "The best part of cooking is being able to share what you make"

Rodney is very happy to be part of the TLH community where he is enabled and encouraged to continue his passion for cooking.



Pictured Rodney with Elvie a lifestyle team member

VOLUNTEER NEWS

Volunteers Morning Tea

Please note that the appreciation Morning Teas have been postponed until further notice.

TLH would like to thank all of our hard working volunteers and understand this may be a difficult time for you all.



Volunteering

Hopefully we will see you all again in the very near future.

If you would like to sign up to be a volunteer and make a difference in the lives around you, please arrange a time to come and see Belinda the Volunteer Coordinator.

We would love to have you as part of the TLH family.

Happy Birthday

To all of our wonderful Volunteers

for the month of

September



LIFESTYLE PROGRAM

Tuesday 1st

From 10am Knit & Natter

10.30 Moovers & Groovers Protea / TC1

1.30 Carpet Bowls

1.30 Men's Group

3.30 Quiz Game

Protea /ABG

Chapel

Chapel

Men's Shed

Acacia

Wednesday 2nd

9.00 - 12noon TLH Library Open

10.00 Bottle Top Sorting

10.30 Art and Craft

1.30 Balloon Tennis

1.30 Arm Chair Exercises

2.00 1st Blessing of the Month

Trinity

Protea

ABG

Chapel

Acacia Lounge

ABG

Thursday 3rd

From 10am Card Making with Irene

10.30 Wonders of Nature

10.30 Moovers & Groovers Waratah / TC2&3

1.30 Armchair Travel

1.30 Basketball

3.30 Individual Walks

Protea

Grevillea

Chapel

Waratah

Grevillea

Leaving from Acacia

Friday 4th

9.00 - 12noon TLH Library Open

10.00 Walking Group

11.00 Church Service **Protea & Trinity Only**

1.30 Social Bingo

1.30 Memory Game

2.00 Happy Hour

Trinity

Acacia Lounge

Chapel

Chapel

ABG

Grevillea

Saturday 5th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 6th—Happy Father's Day

Please see your TV guide for services available.



Q: Why don't ants get sick ?

A: Because they have little antibodies



Monday 7th

| | |
|-----------------------------|---------------------|
| 10.15 Singing in the Chapel | Chapel |
| 11.00 Worship Service | Acacia Lounge |
| 1.30 Social Bingo | Chapel |
| 1.30 Bingo | Grevillea Lounge |
| 3.30 Walking group | Leaving from Acacia |

Tuesday 8th

| | |
|---------------------------------------|------------|
| From 10am Knit & Natter | TLH /ABG |
| 10.30 Moovers & Groovers Protea / TC1 | Chapel |
| 1.30 Water Ping Pong | Chapel |
| 1.30 Men's Group | Men's Shed |
| 3.30 Quiz Game | Acacia |

Wednesday 9th

| | |
|-----------------------------------|---------------|
| 9.00 - 12noon TLH Library Open | Trinity |
| 10.00 Bottle Top Sorting | Protea |
| 10.30 Art and Craft | ABG |
| 11.00 Church Service Waratah Only | Waratah |
| 1.30 Wheel Of Fortune | Chapel |
| 1.30 Arm Chair Exercises | Acacia Lounge |
| 3.30 Current Affairs | ABG |

Thursday 10th

| | |
|--|---------------------|
| 10.30 Wonders of Nature | Grevillea |
| 10.30 Moovers & Groovers Waratah / TC2&3 | Chapel |
| 1.30 Chocolate Milkshakes | Chapel |
| 1.30 Balloon Tennis | Grevillea |
| 3.30 Individual Walks | Leaving from Acacia |

Friday 11th

| | |
|--|---------------|
| 9.00 - 12noon TLH Library Open | Trinity |
| 10.00 Walking Group | Acacia Lounge |
| 11.00 Church Service Protea & Trinity Only | Chapel |
| 1.30 Social Bingo | Chapel |
| 1.30 Memory Game | ABG |
| 2.00 Happy Hour | Grevillea |

Saturday 12th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 13th

Please see your TV guide for services available

Terrariums will be available to purchase from the front office

Monday 14th

| | |
|-----------------------------|---------------------|
| 10.15 Singing in the Chapel | Chapel |
| 11.00 Worship Service | Acacia Lounge |
| 1.30 Social Bingo | Chapel |
| 2.00 Bingo | Grevillea Lounge |
| 3.30 Walking group | Leaving from Acacia |

Tuesday 15th

| | |
|---------------------------------------|------------|
| From 10am Knit & Natter | TLH /ABG |
| 10.30 Moovers & Groovers Protea / TC1 | Chapel |
| 1.30 Carpet Bowls | Chapel |
| 1.30 Men's Group | Men's Shed |
| 3.30 Quiz Game | Acacia |

Wednesday 16th

| | |
|-----------------------------------|---------------|
| 9.00 - 12noon TLH Library Open | Trinity |
| 10.00 Bottle Top Sorting | Protea |
| 10.30 Art and Craft | ABG |
| 11.00 Church Service Waratah Only | Waratah |
| 1.30 Balloon Tennis | Chapel |
| 1.30 Armchair exercises | Acacia Lounge |
| 3.30 Current Affairs | ABG |

Thursday 17th

| | |
|--|-----------|
| 10.30 Wonders of Nature | Grevillea |
| 10.30 Moovers & Groovers Waratah / TC2&3 | Chapel |
| 1.30 Bean Bag Toss | ABG |
| 1.30 Men's Group | Protea |
| 2.15 Sing Along with Doug | ABG |

Friday 18th

| | |
|--|---------------|
| 9.00 - 12noon TLH Library Open | Trinity |
| 10.00 Walking Group | Acacia Lounge |
| 11.00 Church Service Protea & Trinity Only | Chapel |
| 1.30 Social Bingo | Chapel |
| 1.30 Memory Game | ABG |
| 2.00 Happy Hour | Grevillea |

Saturday 19th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 20th

Please see your TV guide for services available

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 21st

10.15 Singing in the Chapel
 11.00 Worship Service
 1.30 Social Bingo
 1.30 Bingo
 3.30 Individual Walks

Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Leaving from Acacia

Tuesday 22nd

From 10am Knit & Natter
 10.30 Moovers & Groovers Protea / TC1
 1.30 Water Ping Pong
 1.30 Men's Group
 3.30 Quiz Game

TLH /ABG
 Chapel
 Chapel
 ABG
 Acacia

Wednesday 23rd

9.00 - 12noon TLH Library Open
 10.00 Bottle Top Sorting
 10.30 Art and Craft
 1.30 Wheel of Fortune
 1.30 Arm Chair Exercises
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Chapel
 Acacia Lounge
 ABG

Thursday 24th

10.30 Wonders of Nature
 10.30 Moovers & Groovers Waratah / TC2&3
 1.30 Basketball
 1.30 Colour, Craft & Puzzles
 3.30 Individual Walks

Grevillea
 Chapel
 Grevillea
 Protea
 Leaving from Acacia

Friday 25th

9.00 - 12noon TLH Library Open
 10.00 Walking Group
 11.00 Church Service
 1.30 Social Bingo
 1.30 Memory Game
 2.00 Happy Hour

Trinity
 Acacia Lounge
 Protea & Trinity Only
 Chapel
 Chapel
 ABG
 Grevillea

Saturday 26th — AFL GRAND FINAL

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 27th

Please see your TV guide for services available



Tanunda
Lutheran Home Inc.
 Enriching the lives of our older people

Monday 28th

10.15 Singing in the Chapel
 11.00 Worship Service
 1.30 Social Bingo
 1.30 Bingo
 3.30 Individual Walks

Chapel
 Acacia Lounge
 Chapel
 Grevillea
 Leaving from Acacia

Tuesday 29th

From 10am Knit & Natter
 10.30 Moovers & Groovers Protea / TC1
 1.30 Carpet Bowls
 1.30 Men's Group
 3.30 Quiz Game

TLH /ABG
 Chapel
 Chapel
 ABG
 Acacia

Wednesday 30th

9.00 - 12noon TLH Library Open
 10.00 Bottle Top Sorting
 10.30 Art and Craft
 1.30 Balloon Tennis
 1.30 Arm Chair Exercises
 3.30 Current Affairs

Trinity
 Protea
 ABG
 Chapel
 Acacia Lounge
 ABG



Eyewear / Glasses ONLY

(NO Cases Please)

Donation Points

TLH Reception, Protea & Lifestyle Dept.

Tanunda Lutheran Home actively supports the Lions Club of Barossa Valley Inc., Lions Recycle for Sight.

Forwarding used spectacles to the Lions Eyeglass Recycling/Refurbishing Centre in Brisbane. Refurbished quality spectacles are sent to countries all around the world.

To men, women and children in need and without the financial capacity to purchase even the cheapest pair.





... Spring ...



C H I C K E J U N E G R W O W
H P U D D L E M A P R I L H S
I B L O H B U N N Y E B O M E
B A S E B A L L T T E U M A E
S U M A M A T C H A N T F R D
H O T S P R I C I N G T L C S
N E S T T A P I H E A F O H O
E G S G E T R A I N B O W L R
E G S S Y R E W S O L Y E E A
A S E H B U F N N S O L R S I
E G R O W O F L L Y O Y S S N
A N U W E F M A Y Y M V R O C
S A N E R A N B O W S H E S O
U M B R E L L A E A S T E R A
T H A S P R I N G P U D D E T



APRIL
BASEBALL
BLOOM
BUNNY
BUTTERFLY
CHICK
EASTER
EGGS

FLOWERS
GREEN
GROW
HATCH
JUNE
MARCH
MAY
NEST

PASSOVER
PUDDLE
RAINBOW
RAINCOAT
SEEDS
SHOWERS
SPRING
UMBRELLA

