



Tanunda
Lutheran Home Inc.

TIT

TAT

MONTHLY NEWSLETTER
TANUNDA
LUTHERAN HOME INC

27 Bridge St Tanunda SA 5352

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- ★ Facebook: Tanunda Lutheran Home

The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

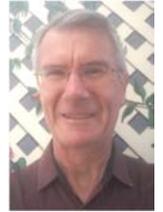
Jesus Christ said:
"Love one another as I have loved you"
John 13:34

MAY 2020

Lutheran
Church
of Australia



Chaplain's Reflection



One of our lovely residents told me this cool joke the other day.

A couple, let's call them Sue and Dave, decided to go on a camping trip. After a vigorous day's hiking, the couple climbed into their sleeping bags and fell asleep. In the middle of the night Sue nudged Dave awake, and murmured "Look at the stars darling. What does this mean?" Dave, being a bit of a philosopher, answered "Well it means that we have a totally amazing creator. It means that we are so very small in such a vast universe. It means that I'd be feeling so lonely if I didn't have you ..." To which Sue replied: "No Dave. It means somebody nicked our tent!"

Now of course Dave and Sue were both right in their own ways. They were just looking in different places, thinking in different ways.

A good joke for the epidemic we're in I believe. Some people seek the bigger meanings – Like that there is a God who moves the virus around, infecting people, killing people, so that God can teach us or show us something. Others believe it has all been predicted somewhere. The things God is trying to show us may be nasty: "You're all sinners and need to 'wake up'". Or it may be pleasant: "I want to lead you back to honouring the more important things in life. Sorry about the collateral damage!" We've got a few Daves around the place. They like to share their views in letters to the editor of newspapers. We need our Daves.

The Sues among us keep it practical – some annoying microbe made somebody sick, and that person passed it on to somebody else. Nobody sent this virus. The virus does not choose people. And we are not getting in the way of God's 'lesson' by stopping its spread as best we can. In fact, let's remind Dave that God is at work in Sue as well, given that Sue has been trained and gifted to help stop the spread and make people well again.

We will all make local meaning as things go along – Like "I didn't expect to miss people as much, (or as little), as I have"; or "I've been amazed at how adaptable people are to new circumstances." Or: "I'm so grateful that the shut-downs have allowed me to get on top of my pokies addiction", and so on.

But back to a totally practical question: "Who'll buy Dave and Sue a new tent?" The nights are getting cold, the rains have come. Life goes on.



Chaplain Ian.



May



03 Eleanor Collis

03 Edna Pfitzner

06 Audrey Zerk

06 Ruby Pritchard



07 Rhonda Klemm

07 Pat Hunter

07 Sylvia Steinberner

08 Robin Lucas

09 Iris Ellis



10 Jan Ralston

10 Sarah (Jean) Fitzgerald

14 Neville Alderslade

16 Stuart Wilkinson

17 Loris Fiebiger

20 Len Gerschwitz

21 Max Schubert

22 Leona Bruecher

23 Bev Kernich

29 David Armstrong

29 Adrienne Mickan

30 Sally Pearce

31 Jill Stevens



welcome

Respite

Maxwell Ham

Permanent

Ronald & Margaret Grossman

Jean Hudson

Austin Ashley

Hedley Mates

Pamela Zeunert



DEATHS

*Our deepest sympathy
to the families of*

Inez Bormann 1st April

May Inez rest in

peace ...



The **DEADLINE** for all:

News / Information / Stories - JUNE 2020 edition is

Monday 19th May 2020

Email: rachel.strudwick@tlhome.com.au

TIT TAT TEAM consists of many who put in the hard yards to make this amazing edition happen.

Lee Martin & Rachel Strudwick - TLH

Geoff Munzberg - TRL

And all who help deliver the Tit Tat throughout the Home, IRL & beyond.

TLH SHOPPING BUS



Departing approx. 9.30am - Return 11.30am

Wednesday

Temporarily Closed

Wednesday

Temporarily Closed

Wednesday

Temporarily Closed

Wednesday

Temporarily Closed

Please be at Reception by 9.15am For a cost of \$5.00



From the CEO



Lee Martin
CEO

From Hero's to Villains in a short timeframe.

As I am sure you are like me sick of the COVID-19 on the media and the politicking.

Over the past weeks Tanunda Lutheran Home as have other aged care services provided exemplary care to our residents and staff during this time of uncertainty. Our residents well supported by their families have been kept informed and occupied in some very different ways. It is pleasing to see residents using technology to see and speak to their love one's. The window chats very popular, receiving letters from people within the community was very positive. As was reported last month by Kim Hahn in the Tit Tat our environment is a little more confronting, difficult, emotional and sad. It is not good not being able to hug the ones you love.

Our staff have been well supported throughout the COVID-19 pandemic. We have had dress up Fridays – which is always a good thing, staff have had lots of chocolates and lollies, education and specific information has been provided. We have finally been able to purchase enough personal protection equipment (PPE) to be able to deal with any future outbreak that requires infection control measure and the use of PPE.

At the time of writing this article TLH remains in “lockdown”. That means all our external doors are closed. If you require to enter the facility the door to use is the Main Door near the reception area. If you do need to visit you must ring and confirm that it is appropriate for you to do so. Please don't just arrive thinking you will be able to come in – you may be disappointed. This situation will continue until we are advised that the (Barossa valley is no longer a COVID-19 “Hot Spot”). If a resident becomes unwell visitors will be able to visit. Our staff are monitoring all our residents – those who need to see their loved one are sure to be contacted and invited to come in. All visitors as with staff need to complete the documentation and have temperature checks.

Please remember: 1 May 2020 – If you can not demonstrate by producing clear documentation that you have had a flu vaccine for 2020 you are legally not allowed to enter an aged care facility. Our staff monitoring the main entrance will soon be asking for evidence if visitors are seeking to gain access to the facility. All staff will be vaccinated.

In conclusion, I take this opportunity to acknowledge our TLH staff for their support through this trying time, the support and encouragement from the TLH Board Members and to all TLH, TRL & NRL residents and their families for being patient and tolerant of the changes that have occurred in a very short timeframe. For the many TLH volunteers who have assisted in various ways – well done – happy to have you come back if you would like to. Last but not least – a big thank you to the community of the Barossa Valley – your support and continued compliments have made our difficult situation just a little easier to handle.

Two big steps forward this week for TLH – firstly the foundations have been poured for five of the TRL new ILUs on Langmeil Road and secondly the Community Centre at our Nuriootpa Retirement Living site is now complete – an opening celebration will be conducted in the near future.

***At the going down of the sun and in the morning - We will remember them -
Anzac Day 2020***



“ANYTHING IS POSSIBLE WHEN YOU HAVE THE RIGHT PEOPLE THERE TO SUPPORT YOU”



Tanunda
Lutheran Home Inc.

News from Kim & Steph

(People, Culture & Customer Service Manager and the Quality Officer)

DEPARTMENT OF HEALTH

As at 3:00pm on 19 April 2020, a total of 6,606 cases of COVID-19 have been reported in Australia, including 70 deaths and 4,230 have been reported as recovered from COVID-19.



- Over the past week, there has been an average of 42 new cases reported each day. Of the newly reported cases, the majority have been from NSW.
- Cases of COVID-19 were reported across all ages.
 - ◇ The median age of all cases is 47 years (range: 0 to 101 years).
 - ◇ The median age of deaths is 79 years (range: 42 to 95 years).
- There is a relatively equal ratio of male-to-female cases across most age groups.
- There has been a steady decline in cases. However, it is too soon to tell whether this trend will be sustained.
- Of cases with a reported place of acquisition, 64% have recent international travel history, including around 1,200 cases associated with cruise ships.
- The overall proportion of cases under investigation in each state and territory is relatively low, indicating that public health actions, including case identification and contact tracing, is occurring in a timely manner.
- To date, over 420,000 tests have been conducted nationally. Of those tests conducted 1.6% have been positive.
- The 'cases in aged care services' table presents the number of cases that have been reported among care recipients in Australian Government subsidised Residential and In Home Care settings in each state and territory

CASES IN AGED CARE SERVICES

Confirmed cases	Australia	ACT	NSW	NT	Qld	SA	Tas	Vic	WA
Residential Care	53 [11] (11)	0	51 [11] (10)	0	1 (1)	0	1	0	0
In Home Care	25 [6] (1)	0	9 [1]	0	7 [3]	1	4 (1)	3 (2)	1

Cases in care recipients [recovered] (deaths)

Source: health.gov.au ~ 20/04/2020

BAROSSA CLUSTER

There are 39 confirmed cases linked to areas within the Barossa region including Tanunda, Nuriootpa, Williamstown, Angaston and Lyndoch.

Anyone in these areas from Saturday 14 March 2020 who develops symptoms should immediately self-isolate and be tested.

Travel in or out of these towns should now be limited and any non-essential travel within the region is discouraged. Anyone attending work should adhere to social distancing guidelines and working from home is encouraged.

Source: sahealth.sa.gov.au ~ 20/04/2020

CAN I STILL HAVE CONTACT WITH FRIENDS AND FAMILY?

The Australian Government is advising everyone to practise “social distancing”, which means less contact between you and other people to help slow the spread of the disease. If you are an older person (60+ years of age), you should consider limiting physical contact with other people, especially young children, and avoiding large groups of people. You may wish to limit your visitors to one or two people per day, and limit the duration of visits. This will help protect you and help stop the spread of disease.

It's possible that children and young people may be carriers of COVID-19 but show no symptoms, making it extremely difficult to tell if it's safe for them to visit an older relative.

These measures may be stressful for you and your loved ones. A chat over the phone, video call or email - rather than visits in person – is a good precaution and could help stop the spread of COVID-19.

Source: health.gov.au ~ 20/04/2020

HOME CONTINUOUS IMPROVEMENT UPDATE

- Buffet Breakfast renovations have been completed in Protea & Waratah. The buffet breakfast project will recommence following the end of the COVID pandemic.
- All staff members have had their Flu vaccinations completed, as per Australian Department of Health directive issued on the 23 March 2020: ALL Aged Care Workers from 1 May 2020 must have your influenza vaccination to work in or visit an aged care facility. While the flu vaccine cannot protect against COVID-19, it is possible to become ill with both influenza and COVID-19, which has the potential to cause severe outcomes including hospitalisation.
- All staff are currently undergoing several online COVID-19 training courses, to keep us up to date and informed on correct procedures.
 - ◇ Infection Control Training
 - ◇ Personal Safety
 - ◇ Families & Visitors—Part 1 Residential Care & Part 2 In-Home Care
 - ◇ COVID!9 & Aged Care
 - ◇ Outbreak Management Procedures
 - ◇ Personal Protective Equipment (PPE)
 - ◇ Laundry
 - ◇ If you suspect a person has Coronavirus
 - ◇ Catering (coming soon)
 - ◇ Work in a Home Care Setting (coming soon)

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During March we received complaints about Residents Care (2) Cleaning (1) Food (3) Staff (2) Management & Communication (1) and have worked with the comment maker in resolving the concern to the comment makers satisfaction.

Also during March we received compliments about Residents Care (3) Food (17) Other (1) Staff (9) Lifestyle (4) Customer Service (3) Maintenance (1) Wellbeing (2) and a total of 11 suggestions.

We really value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

We wish you a safe May & want to thank you from our hearts for all of your support and understanding.

Kim & Steph





Do you have a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Kim Hahn - People, Culture & Customer Service Manager
08 8563 7752 or kim.hahn@tlhome.com.au

Cherie Cheyne - Chief Finance Officer
08 8563 7768 or cherie.cheyne@tlhome.com.au

Lee Martin - Chief Executive Officer
08 8563 7733 or lee.martin@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, In Your Capital City

Tanunda Lutheran Home supports your right to share compliments, suggestions, concerns or make a complaint.

- ◆ We welcome feedback and complaints as part of our commitment to provide a high-quality service.
- ◆ Tell us what we're doing well. We appreciate hearing from you.
- ◆ If you have a concern, we also want to hear from you.
- ◆ We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.
- ◆ We value open and timely communication. It benefits our ongoing relationship with you. We will work with you to address concerns and resolve issues.



Share Your Experience



You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged care Advocacy line on 1800 700 600. If you are deaf or have a hearing or speech impairment: call 1800 555 677 (National Relay Service) and ask for 1800 951 822.

If you need an interpreter: call 131450 (Translation and interpreting service) and ask for 1800 951 822 if you don't want to raise your concern with management.

For any Feedback – Comment / Complaint or Compliment complete the Share your Experience form located all around the facility, or alternatively direct your feedback to one of the key personnel:

Customer Service - Kim Hahn

Executive People, Culture & Customer Service Manager

(Including Catering, kim.hahn@tlhome.com.au or Ph: 8563 7752

Food Service

WHS, Maintenance)

Clinical and Care - Lee Martin

Chief Executive Officer

(including Allied Health lee.martin@tlhome.com.au or Ph: 8563 7733

& Lifestyle)

Financial - Cherie Cheyne

Executive Chief Finance Officer

(Accommodation & cherie.cheyne@tlhome.com.au or Ph: 8563 7768

Fees/Bonds)

Staff News

Please give a warm welcome to our new staff members



Phoebe Mickan
Hospitality



Prabu Mathias
Registered Nurse



Meriam Laoyan
Registered Nurse

Congratulations

Employee of the Month

April 2020



Shu Eguchi





OFFICE USE ONLY

Date Received by Dept Manager / Delegate: _____ Verbal Feedback?

Initial action by Department Manager: _____ Date: _____

Staff Name: _____ Sign: _____

(Return to Quality & Training Coordinator for further action)

Action taken by Manager / Delegate: _____

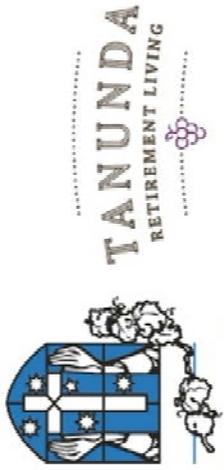
Follow up action if any: _____

All parties involved informed of results? YES / NO

Phone call letter In Person

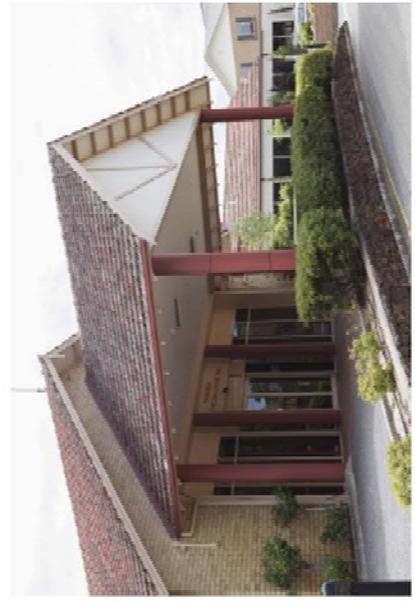
Manager / Delegate Sign: _____ Date: _____

Added to Trends Data?



Tanunda
Lutheran Home Inc.
27 Bridge Street
TANUNDA SA 5352

Share Your Experience



I would like to introduce myself to you all -

My name is **Julian Soriano**, I am a pharmacist who will be working at your lovely home a few days a week for the next 18 months, I am here to help with any medicine-related problems and answer any questions you might have.

I am here as part of a project sponsored by the Country South Australia Primary Health Network and the Pharmaceutical Society of Australia. Don't worry, Travis and the team at Terry White will still be providing their usual services.

I will be slowly introducing myself to you all over the coming weeks, but if you see me in the corridors please say 🙌 hi



A little bit about me: I am an avid sports fan and love to play and watch soccer, I also really enjoy cooking, so if you have any great recipe idea please feel free to share them with me!

If you would like to contact me please feel free to email me at email: 22jsoriano@gmail.com or call and ask for me at reception.



“Patience is the best medicine”



Canteen Trolley

The canteen trolley is now available Monday to Friday, Shu starts his rounds at 11am and heads straight to the nurses stations.

You are welcomed to pre order any hot drinks or food from the café, the nurses stations have extra ordering forms and all charges go straight to your residential account. If you require any help with the ordering forms, please ask one of your carers or lifestyle team..

As you can see there are plenty of goodies on the trolley:

Chocolate bars - Muffins - Sweet treats - Fruit Biscuits - Fresh sandwiches - Drinks - Cakes - Pkts of chips and more

See Shu and his trolley weekdays from 11am



SELF ISOLATION AT HOME

All of us have been experiencing a level of self isolation at home in recent weeks—for most that has meant that trips to the supermarkets or to medical appointments have been possible. Other residents have made the personal choice to not go anywhere—and have chosen to self isolate at home, depending on family and others to deliver what they need for their survival. But one Tanunda Retirement Living resident self isolated at home for 14 days—not because she chose to, but because she was obliged to.

So, how did **Dorcas Kernich** get herself into that situation? At the beginning of April she decided to spend an enjoyable holiday with family in Perth. When it was time to come home, she found that upon entry into South Australia she would need to spend 14 days of mandatory self isolation in her home at Hilda Schulz Drive.

She experienced significant challenges in getting a flight home to Adelaide, so it was a real relief for her to be back in her own home—even though that was going to mean she was unable to leave her house for 14 days. Arriving home she found a sign on her front door telling people that she could only be contacted by telephone or via a text message.

TIT TAT asked Dorcas to write about her experience, and here is a little of what she has written: “I thought that I could easily fill in that enforced time of seclusion – there were crosswords, books, gardening, telephone, plus technology in the form of TV and computer. After lovely showers of rain, I enjoyed watching the neighbouring brown park miraculously turn to a lush shade of green.

I was really heartened by and appreciated the many offers from friends and neighbours, all enquiring what provisions I required. Throughout this time, our amazing Carolyn kept in touch by phone and email. For all of this I am truly thankful. Amazingly, Easter Bunny was able to find me, leaving at my front door a pretty box of a keenly sought after commodity – two toilet rolls nestled in shredded paper and decorated with chocolate bunnies! Even though I advocate the importance of socialising, my isolation surprisingly posed no real problems for me.

I am blessed to be part of our wonderful TLH community and have experienced so many acts of kindness throughout this period. I feel that a crisis brings rewards in that the community rallies together to provide loving support. Even closing churches for Sunday worship services proved to be a bonus – there were so many Easter church services available in the media, with uplifting spiritual comfort at a tough time.



Dorcas and Norma sharing a celebratory coffee



Dorcas admiring her view of the park from her back courtyard

But we’ve grown spiritually through this crisis, putting our faith at the forefront of our lives and praising our loving Lord, Jesus Christ. *‘The Lord is good – a stronghold in a day of trouble. He protects those who take refuge in Him’* (Nahum 1:7). May the Lord graciously provide for all those in need and grant His peace. Thankfully, I’m enjoying good health and have survived my mandatory two weeks’ of self isolation!”

RANDOM ACTS of KINDNESS

During this time when we need to spend so much time by ourselves with limited contact with others, it's been great to see, hear and experience what residents and staff have been doing to help each other.

TIT TAT noticed that around Easter time a few of these butterflies with a short encouraging message on them obviously hand-made - appeared on the front doors of a some residents. We also know that residents have been getting messages of greeting, thanks and encouragement in their letterboxes.

We know that residents are also exchanging 'phone calls with each other just to say 'Hello, how are you going?' and to have a bit of a chat.. There will be lots of other ways that our residents' community are caring and encouraging each other. The recipients of these acts of random kindness have been encouraged by what is happening in our community - thank you to the people responsible!

Around Easter time, we know that our Chaplain and some of the Pastor residents of our village also gave the Lord's Supper to people in our community - also a special and appreciated act of love and care. It is important at this time that residents feel cared for - physically, emotionally and spiritually - and we can all help each other!



TIT TAT would like to hear about the RANDOM ACTS OF KINDNESS that are happening in our community. We think that it would be helpful if we could share what is happening to brighten the lives of the people in our community.

Would you like to share what you have experienced, or are experiencing, or are doing, with TIT TAT readers? If you have something to share, please contact Melinda at TLH Reception (8563 7777) and she will get someone from TIT TAT to 'phone you for the details of what you would like to share and perhaps have included as a snippet in a future edition.

**THINGS MAY SEEM A BIT BLEAK . .
BUT, HERE ARE A FEW THINGS
THAT MIGHT MAKE YOU SMILE . . .**

- I know a great joke about coronavirus - you probably won't get it though.
- What should you do if you don't understand a coronavirus joke? Be patient.
- What kind of jokes are allowed during quarantine. Inside jokes!
- What's the best way to avoid touching your face? A glass of wine in each hand.
- Why didn't the sick guy get the joke? It flu over his head.
- I went to the chemist today and asked the assistant, "What kills coronavirus?" She replied, "Ammonia Cleaner." I said, "Oh, I am sorry, I thought you worked here."
- Breaking News! Apparently a person in Melbourne has died because of coronavirus. In his house they found 1000 cans of food, 50 kilos of pasta, 80 kilos of rice, 300 toilet rolls and 50 litres of hand sanitizer - which he had purchased "just in case." The whole lot collapsed and buried him.
- Day three at home without sport . . . Found a lady sitting on my couch yesterday. Apparently she is my wife. She seems nice.
- I sneezed in the bank today - it was the most attention I have received from the staff for 10 years.
- Chinese doctors have confirmed the name of the first person to contract coronavirus. When asked his name he said, "Ah-Chu."
- To those who are complaining about the quarantine periods and curfews - just remember that your grandparents were called to war. You are being called to sit on the couch and watch Netflix - you can do this.
- I don't know why my fishing buddy is worried about coronavirus. He never catches anything.
- During self isolation . . . Dogs: "You're here all day? This is the best, I can love you, see you, be with you, follow you - I am so excited because you are the greatest and I love you being here so much!" Cats: "What are you still doing here?"
- So many coronavirus jokes out there. It's a pundemic.



Geoff Munzberg



Covid-19 didn't stop the Easter Bunny ...



HAPPY 90th BIRTHDAY TO EMMA ZIEGLER!

The Lyell Kohlhagen Estate residents met in March to celebrate the 90th birthday of one of their fellow residents, Emma Ziegler (pictured, left). LKE residents met for afternoon tea at the Garnaut's. Picture below, from left: Elaine Leditschke, Ineke Garnaut and Emma Ziegler.





"Enjoying life with fun & friends"

What is the Barossa Club?



- ◆ Barossa Club is a social support group funded by the Commonwealth Home Support Program (CHSP).
- ◆ Barossa Club is available for people from 65 years, living in the local community, who live independently in their home within the Barossa Valley region, including Independent Retirement Living.
- ◆ A referral (individuals meeting the criteria) from My Aged Care is required to attend Barossa Club.
- ◆ All that is needed is a simple telephone call to My Aged Care on 1800 200 422 or alternatively visit the My Aged Care website.
- ◆ The very helpful My Aged Care staff will explain all that is required and are happy to answer any questions that you may have.
- ◆ The opening times for Barossa Club are Monday to Friday 9.00am to 3.00pm and closed on weekends and public holidays.
- ◆ A delicious two course lunch meal prepared by the wonderful TLH Catering Team is available to enjoy in Barossa Club and the cost is \$7.00.
- ◆ A bus service for pick up and drop off to your door if you live in Tanunda, Angaston or Nuriootpa is available for \$5.80 (Concession Rate).
- ◆ A variety of activities are offered in the morning and afternoon, including social time during morning and afternoon tea.



Wheel of Fortune



Connect Four



Playing Cards



Tia Chi



**Please feel free to contact
Tania Miller on 8563 7729 if you would
like to know more or would like to make
a time to have a chat.**

*Barossa Club - Fun, Games,
Food, Friends & Memories....*





BAROSSA CLUB

"Enjoying life with fun & friends"



Even though our clubbies are not attending club due to restrictions, staff are staying connected with them on a daily basis.

To honour our veterans, we delivered poppies and flags to their homes, Wilf Fechner also helped with this.



Pam Jones donated individual packs of Anzac biscuits for each club member.



COVID-19 UPDATE ON CHANGES

With all the changes happening in the world at the minute, Tanunda Lutheran Home has made some temporary changes for the well being of all concerned.



Barossa Club has closed for now and will re open as soon as possible - In the meantime Tania has implemented a delivery service, so Independent Living Residents don't miss out on their delicious lunch.



Lifestyle has also made some changes to the program, please make sure you check the program before your normal activity would start. Lifestyle team are available anytime you may have a question re: the temporary changes to any or all lifestyle activities.



Our Church services are no longer available on Sundays we will let you know as soon as this service is back on.



Temperatures are being taken at the one and only entrance into the facility for all members of staff and any persons who enter the facility .



We ask all family members to please be patient and understanding with the TLH staff, while we are all going through this unusual and unscripted virus. TLH will always put the safety of our residents first , this is why we have TLH in a lockdown.



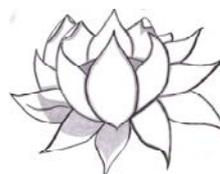
Practise Regular Hand Hygiene - Practise Social Distancing - Practise Respiratory Etiquette



We would like to wish all the Mums a very Happy Mother's day on the 10th of May.



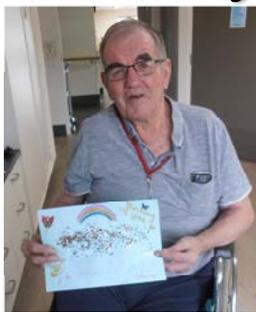
- ◆ On Mother's Day, we wish you lots of smiles and eternal happiness.... We wish you brightness and good health.
- ◆ When mothers are around, there is happiness around.... Always love them and respect them for they are the angels sent by God.
- ◆ Mothers are the source of strength, love and inspiration.
- ◆ Mothers inspire us, instill us with hope, give us energy, bring us happiness and make this life a beautiful one for us.
- ◆ THANK YOU MUM XXXX



Residential Aged Care Residents Enjoying April



SOMEONE SPECIAL



EASTER



ANZAC DAY



To Someone Special
Tanunda Lutheran Home Inc
27 Bridge Street
TANUNDA SA 5352

BRINGING EVERYONE TOGETHER

In early April TLH sent a letter out into the community via social media and in the newspapers asking people to send special messages of support to our residents, to let them know people were thinking of them during this difficult time. The letter box on Bridge Street was decorated to catch people attention and the response from the community has been overwhelming.

Within the first week we had received around 30 letters and to date we have lost count. The letters have come from small children sending in pictures and stickers, young teenagers explaining how they are being effected at the moment and adults sending in cards of well wishes. The most recent delivery has come from the Stepping Stones child care center from their passionfruit room. These pictures brought a tear of joy to our residents. The first lot of replies have gone and out we continue to work on replying to all those who have asked. Copies of the letters have been placed on display in our Protea Lounge area so all who wish to have a look can see them. We would like to express our heart felt gratitude to all how have participated, this has helped keep our spirits high. If you would like to send a letter to "Someone Special" it's not too late, we would love to hear from you.



Thank you

thank you



STAYING CONNECTED USING TECHNOLOGY

Did you know there are many ways you can stay connected to your family at this time?

Writing a letter or making a phone call are both fantastic options. We also have Facetime, Skype and Zoom available. (these are programs that can be used to see the person you are talking to.) If you would like to utilize these technologies we ask that you arrange an appointment time with the staff. By contacting reception or lifestyle.

We would like to **thank you** for their patience and kind thoughts during these trying times.



VOLUNTEER NEWS

Volunteers Morning Tea

Please note that the appreciation Morning Teas have been postponed until further notice.

TLH would like to thank all of our hard working volunteers and understand this may be a difficult time for your all.



Hopefully we will see you all again in the very near future.

Influenza Vaccination



From 1 May, you must have your influenza vaccination in order to visit an aged care facility.



Police Clearances

Letters have now gone out to volunteers that are due to have their police clearance renewed.

If you need help with this process please contact Belinda on 8563 7775 - email: Belinda.treloar@tlhome.com.au

Happy Birthday

To all of our wonderful Volunteers

for the month of

MAY

“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you or forsake you” (Deuteronomy 31:6).

NATIONAL 18-24 MAY 2020
VOLUNTEER
 CHANGING COMMUNITIES. CHANGING LIVES. **WEEK**



TLH would like to say a very big thank you to all of our wonderful volunteers. Without you our world wouldn't be so bright. From the bottom of our hearts Thank you

Friday 1st

9.00 - 12noon TLH Library Open	Trinity
10.00 Memory Game	ABG
11.00 Church Service	Chapel
Protea & Trinity Only	
1.30 Social Bingo	Waratah / Trinity
1.30 Basketball	ABG
2.00 Happy Hour	ABG

Saturday 2nd

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 3rd

Services are available to view on your TV Please check your TV guide for details



Monday 4th

11.00 Worship Service	Acacia Lounge
11.00 Sing along	TLH
1.30 Social Bingo	Protea / Trinity
2.00 Bingo	Grevillea Lounge
3.30 Individual Walks	Leaving from Acacia

Tuesday 5th

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	ABG
1.30 Wheel of Fortune	Protea Lounge
1.30 Men's Group	Men's Shed
3.30 Reminiscing / Mother's Day	Acacia

Wednesday 6th

9.00 - 12noon TLH Library Open	Trinity
10.30 Art Therapy	ABG
11.00 Church Service	Waratah lounge
Waratah Only	
1.30 Balloon Tennis	Trinity / Protea / Waratah
1.30 Arm Chair Exercises	Acacia Lounge
2.00 1st Blessing of the Month	ABG
3.30 Current Affairs	ABG

Thursday 7th

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers	Chapel
Waratah / TC2&3	
1.15 Colour, Craft & Puzzles	Protea / Trinity
1.30 Bean Bag Toss	Grevillea
3.30 Individual Walks	Leaving from Acacia

Friday 8th

9.00 - 12noon TLH Library Open	Trinity
10.00 Memory game	Acacia Lounge
11.00 Church Service	Chapel
Protea & Trinity Only	
1.15 Mother's Day Activities	Waratah / Trinity
1.30 Mother's Day Activities	ABG
2.00 Happy Hour	Grevillea

Saturday 9th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 10th — MOTHER'S DAY

Services are available to view on your TV - Please check your TV guide for details

**Monday 11th**

11.00 Worship Service	Acacia Lounge
1.30 Social Bingo	Protea / Trinity
2.00 Bingo	Grevillea Lounge
3.30 Individual Walks	Leaving from Acacia

Tuesday 12th

10.30 Moovers & Groovers Protea / TC1	Chapel
10.30 Knit & Natter	ABG
1.30 Hoy	Waratah/ Trinity
1.30 Men's Group	Men's Shed
3.30 Quiz / Reminiscing	Acacia

Wednesday 13th

9.00 - 12noon TLH Library Open	Trinity
10.30 Art Therapy	ABG
11.00 Church Service	Waratah lounge
Waratah Only	
1.30 Wheel of Fortune	Protea / Trinity
1.30 Arm Chair Exercises	Acacia Lounge
3.30 Sing Along	ABG

Thursday 14th

10.30 Wonders of Nature	Grevillea
10.30 Moovers & Groovers Waratah / TC2&3	Chapel
1.15 Colour, Craft & Puzzles	Protea Lounge
1.30 Basketball	Grevillea
3.30 Individual Walks	Leaving from Acacia

Friday 15th

9.00 - 12noon TLH Library Open	Trinity
10.00 Memory game	Acacia Lounge
11.00 Church Service	Chapel
Protea & Trinity Only	
1.15 Social Bingo	Waratah / Trinity
1.30 Cricket	ABG
2.00 Happy Hour	Grevillea

Saturday 16th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 17th

Services are available to view on your TV - Please check your TV guide for details

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE.

Monday 18th NATIONAL VOLUNTEERS WEEK

11.00 Worship Service **Acacia Lounge**
 11.00 Sing along **TLH**
 1.30 Social Bingo **Protea / Trinity**
 2.00 Bingo **Grevillea Lounge**
 3.30 Walking group **Leaving from Acacia**

Tuesday 19th

10.30 Moovers & Groovers **Chapel**
 Protea / TC1
 10.30 Knit & Natter **ABG**
 1.30 Hoy **Protea / Trinity**
 1.30 Men's Group **Men's Shed**
 3.30 Quiz / Reminiscing **Acacia**

Wednesday 20th

9.00 - 12noon TLH Library Open **Trinity**
 10.30 Art Therapy **ABG**
 11.00 Church Service **Waratah lounge**
Waratah Only
 1.30 Balloon Tennis **TLH**
 1.30 Armchair exercises **Acacia Lounge**
 3.30 Current Affairs **ABG**

Thursday 21st

10.30 Wonders of Nature **Grevillea**
 10.30 Moovers & Groovers **Chapel**
 Waratah / TC2&3
 1.30 Men's Focus Group **Protea**
 1.30 Parachute with Bean Bag Toss **ABG**
 3.30 Individual Walks **Leaving from Acacia**

Friday 22nd

9.00 - 12noon TLH Library Open **Trinity**
 10.00 Memory game **Acacia Lounge**
 11.00 Church Service **Chapel**
Protea & Trinity Only
 1.15 Social Bingo **Waratah / Trinity**
 1.30 Soccer **ABG**
 2.00 Happy Hour **Grevillea**

Saturday 23rd

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 24th

Services are available to view on your TV—Please check your TV guide for details

Monday 25th

11.00 Worship Service **Acacia Lounge**
 1.30 Social Bingo **Protea / Trinity**
 1.30 Bingo **Grevillea**
 3.30 Individual Walks **Leaving from Acacia**

Tuesday 26th

10.30 Moovers & Groovers **Chapel**
 Protea / TC1
 10.30 Knit & Natter **ABG**
 1.30 Hoy **Waratah / Trinity**
 1.30 Men's Group **Men's Shed**
 3.30 Quiz / Reminiscing **Acacia**

Wednesday 27th

9.00 - 12noon TLH Library Open **Trinity**
 deliveries only
 10.30 Art Therapy **ABG**
 11.00 Church Service **Waratah lounge**
Waratah Only
 1.30 Wheel Of Fortune **TLH**
 1.30 Armchair exercise **Acacia Lounge**
 3.30 Current Affairs **ABG**

Thursday 28th

10.30 Wonders of Nature **Grevillea**
 10.30 Moovers & Groovers **Chapel**
 Waratah / TC2&3
 1.30 Colour, Craft & Puzzles **Protea Lounge**
 1.30 Balloon Tennis **ABG**
 3.30 Individual Walks **Leaving from Acacia**

Friday 29th

9.00 - 12noon TLH Library Open **Trinity**
 11.00 Church Service **Chapel**
Protea & Trinity Only
 10.00 Memory Game **Acacia Lounge**
 1.30 Social Bingo **Waratah / Trinity**
 1.30 Parachute Bowls **ABG**
 2.00 Happy Hour **Grevillea**

Saturday 30th

There are a variety of different activities available, please ask a staff member for assistance.

Sunday 31st

Services are available to view on your TV - Please check your TV guide for details



TANUNDA RETIREMENT LIVING

LADIES' GET TOGETHER
 Temporarily Cancelled



Call: Margaret Spike 0481 255 041



Mothers Day



G T O A N O I T A I C E R P P A
 D E T O V E D C W G A E R A H S
 E N E A M L O A E U S T F I G T
 T D A O O M R N I I O C W I S E
 H E M V F M O S I D H O S U T P
 E R E O S H B R E A K F A S T R
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 E E Y N R I R A E W R G I R U E
 M O A E O T E U E J U O K C A T
 J L A G R B I I N H U O F E L N

APPRECIATION
 BEAUTIFUL
 BREAKFAST
 CANDY
 CHARMING
 COMFORT
 DEVOTED
 FLOWERS
 FORGIVING
 GIFTS



GUIDANCE
 HUGS
 JEWELRY
 JOY
 KISSES
 LAUGHTER
 LOVE
 MATERNAL
 MOM
 MOTHER



NURTURE
 PERFUME
 PROTECTIVE
 SHARE
 TELEPHONE
 TENDER
 THE BEST
 WARM
 WISE

