

TIT

TAT

MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
27 Bridge St Tanunda SA
5352

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The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.
Jesus Christ said: "Love one
another as I have loved you"

John 13:34

DECEMBER 2015



FROM THE CHAPLAIN



ADVENT AND CHRISTMAS

The time from the fourth Sunday before Christmas to Christmas is known as Advent in the Christian Church. This year it commenced on

Sunday 29th November.

Advent means "Coming" and it is a time when Christians prepare for the coming of Jesus Christ. They prepare for the remembrance of his coming at Christmas, and they also prepare for his second coming to take them to heaven.

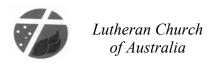
Advent not only helps us prepare for Christmas in the very best way, but helps us fine-tune our readiness for the time Jesus comes again, or the time when we must die.

It is common to display an Advent wreath and light a candle for each of the four Sundays in Advent. This year on the four Sundays of Advent we will consider the topic, "Prepare for Christ's coming:" (1) With Watchfulness; (2) With Repentance; 3) With Good Fruit; (4) With Faith.

At Christmas we celebrate God's most wonderful gift to us — Jesus Christ, who has come to save us from eternal death and eternal punishment; and give us forgiveness and eternal life. That's something well worth celebrating.

All are welcome to attend the Advent services in the Gramp Chapel, or Acacia Lounge, as follows:

The day	Gramp Chapel at 10.30am	Acacia Lounge at 11am
Advent 1	29 th November	30 th November
Advent 2	6 th December	7 th December
Advent 3	13 th December	14 th December
Advent 4	20 th December	21 st December
Christmas Day	25 th December	No service
1 st Sunday of Christmas	27 th December	28 th December



Pastor John Thiel



RAINFALL REPORT NOVEMBER 2015

Year	Rainfall in mm	Days of Rain	Rain Since 1 January
2003	20.4	5	559.1
2004	68.2	13	531.5
2005	93.8	9	627.2
2006	29.4	6	364.1
2007	26.2	6	469.4
2008	28.5	11	412.6
2009	44.0	8	539.7
2010	31.0	7	499.5
2011	40.4	12	676.3
2012	7.4	7	403.4
2013	3.4	3	479.4
2014	32.8	5	513.6
To 25th Nov	35.6	3	401.5

The rainfall for November which fell in the first week is a little above average for the month. No rain was recorded in November 1967. The most rain for the month was recorded in 1952 (102.6mm)

Thank you Ralph Kernich for this information

DEADLINE FOR JANUARY ISSUE Please note deadline for contributions for January Tit Tat is

TUESDAY 29th December





TLH SHOPPING BUS

Departing approx 9:30am Return 11:30am. Cost \$5

Neturn 11.50a	111. G	J SL ΨΟ	
Wednesday	2nd	December	Tanunda
Wednesday	9th		Nuriootpa
Wednesday	16th		Tanunda
Wednesday	23rd		Nuriootpa
Wednesday	30th		Tanunda



The deadline for news/information for the JANUARY edition is 29th December

TIT TAT TEAM: Dorcas Kernich (Editor), Myra Othams, Joan Minge **Deliveries:** Raelene Rosenzweig, Ross Thorn, Glenis Kupke





Lee Martin

From the OEO

It hasn't taken long for the hot weather to arrive. Please ensure you all keep up your fluids to stay hydrated and use the air conditioner to stay cool. The landscape of the Barossa didn't take long to change with the crops now gone and the vines coming on - so nice to see. It will be a pleasure to see the road works completed on Gomersal Road - taking a lot longer to travel to Adelaide and back.

There has been a lot happening around Tanunda Lutheran Home. Trinity Court renovations are nearing completion - the residents' dining room and kitchenette is now in use. From comments received everyone likes the change. If you have not seen the area - please come and have a look. It is planned in the near future to upgrade the gardens in the Trinity area to tidy things up a bit more. Work has progressed quickly on renovating the ABG Staff Room. All staff will now be able to meet and eat in the same location enhancing the team culture. I am sure staff will enjoy the new fresh look and access to all things that are needed to enjoy a break and lunch.

The TLH Board has reviewed the outcomes of the focus groups and survey held in regards to the suggested name and logo change. The heritage of the service and changes already made were highly considered. It has been decided to leave things as they are - the name and logo will remain in their current form. Work will continue on upgrading the website to make it more informative and user friendly for future clients and the administration documentation will get a fresh look and feel.

Work has commenced on the Menge Road development. Completion of seven ILUs is expected in the later part of 2016. Planning continues on the Bridge Street and Nuriootpa projects. Settlement on a block of land in Angaston is planned for early December 2015. With this purchase of land in Angaston TLH now has business opportunities in all three major towns of the Barossa Valley. Please let people know of the developments - refer them to Marilyn so we can provide follow up advice.

On 20th November the cool change arrived and the Strawberry Fete went full steam ahead. With the assistance of many staff and volunteers the day went like clockwork. The new location for the fete had some minor issues that will be looked at next year but overall it was considered a success. It was indicated that people were more included on what was happening - could hear and see the entertainment. Congratulations to the raffle prize winners and for those who picked up a bargain in the auction. When a final dollar figure is confirmed I will ensure the amount raised is shared. To all involved a big thank you for a great day and super efforts.

It was great to see 130 TLH staff at the Staff General Meeting. During the three hour session staff received presentations regarding a variety of subjects to keep them informed of salary sacrificing, superannuation and retirement factors, effects of negative gossiping and all the positive results achieved over the past 12 months. Following the meeting staff enjoyed nibbles and drinks. Thank you to all staff involved in making the day a success.

As we farewell staff, it is nice to be able to welcome the new staff and volunteers who have come on board - we all hope you enjoy your work here - we look forward to getting to know you as part of the TLH team. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

Lee Martin 23.11.15





FOR DECEMBER

Birthday Correction

Congratulations to Elizabeth Ruediger who celebrated her special 80th Birthday on 5th November. We hope you had a lovely day.

3 Doreen Garrett	Banksia
5 Margaret De Tenon	Trinity 1
6 Gordon Fechner	Protea
9 Graham Clarke	Protea
12 Mavis Waples	Acacia
13 Elaine Leditschke	IL
14 Mary Ehmcke	IL
16 Frank Warnest	Acacia
17 Don Fatchen	IL
18 Norma Rosenzweig	Acacia
20 Alan Hall	IL
20 Dot Warren	Trinity 2
22 Margaret Wilson	Trinity 3
25 Grace Irvine	Trinity 1
26 Gertrud Fischer	Trinity 3
28 Cecelia Tajnikar	Grevillea
29 Jean Hentschke	Protea
30 Gladys Kroemer	Acacia

Hymn Singing November and December 10.15am

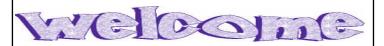


Monday 30th November Monday 7th December

Monday 14th December

Monday 21st December-Christmas Program

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PERMANENT

Margaret De Tenon—Trinity 1/02 Erica Mattner—Waratah 63 Maxwell Mattner—Grevillea 03 Beverley Kernich—TC2 –13

INTERNAL TRANSFER



RESPITE

Vera Hird—Trinity Crt 22 Stella Krieg—Trinity Crt 22 Ann Siegmund —Waratah 81 Valda Fechner—Waratah 81

DEATHS



Our deepest sympathy to the families of

Ann Marten—died 3rd November
Amanda Zilm—died 11th November

Rest in Peace

Christmas Stamps



.65c each or \$13.00 per booklet

Available at Reception
CHRISTMAS CARDS
Available at Courtyard Cafe



Our valued Board members

























The residents who won prizes were:
Norma (ABG) (1st)
Bev (2nd)



FUN AT THE FAIR Strawberry Fete in Chapel and Surrounds FRIDAY 20th NOVEMBER 2015







Happy Hullers

Mick Partington, Duncan Dempster, Harold Neindorf, Doug Ramsey



Val Graetz, Jacqui Lee,

Carol Seidel

Kelly Trevelion

Marilyn Langley

Lena Rogers, Judy Nicholls

Ivor Carter the Entertainer



Lesley Lever



Erna & Dora Renner, Shirley Dahlenburg, Pauline Leske, Kathy Kohlhagen, Margaret Spike



Auctioneer Danny Harkin



Congratulations to Raffle prize winners

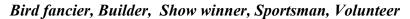
1st: H Roder 2nd: Ray Giersch 3rd: H Roegler 4th: Britany Mickan





PROFILE

DOUG RAMSEY - Independent Living





Doug has lived in Schiller Court for two years and shares his life story with our *Tit Tat* readers. Born at Kadina in 1932, Doug was raised on his father's farm at Thomas Plains, between Paskeville and Bute on the Yorke Peninsula. Doug's schooling was at the local one teacher school. The male teacher was untrained and not suitable for a teaching role, but was appointed when there were no other applicants for this isolated country area. A natural lefthander, Doug was forced (by way of a slap across the hand) to write with his right hand – a typical attitude of the times. When the local church and school closed down, Doug was happy, at the age of 14, to leave his school days behind. Rather than catch the high school bus to Bute, he chose to help his father on the mixed farm – growing wheat and wool. For the first three years before the advent of tractors, they had 28 draught horses – each team worked for half a day before being rested. At lunch time a team was taken out to the paddock with Dad's dinner, and the horses were changed over. Those taken home were rewarded with hay in the feeders. Some horses developed sore shoulders. At seeding time two horses pullled the trolley to take super and grain out to the paddock for seeding. For a while, Doug missed the horses, but certainly appreciated the benefits of the tractor. Tap water was available but not electricity until Doug later married. Doug rejoices that the Thomas Plains Tennis Club is still going strong and celebrated its centenary eight years ago when 140 people attended. Doug crafted and installed the plaque on the building that was formerly the church.

When WWII had been declared his father attended Monday evening army training classes at Kadina. As there were guns on the home property, rifle shooting was part of the course. A number of local farmers took Italian prisoners of war from the internment camps into their homes. The prisoners worked on the farm in return for board and keep. It was a mutually satisfactory arrangement. If problems arose, the authorities would intervene and replace them with others. The prisoners built a dry stone wall 25 miles long that divided the station from farmers' properties. The wall is still there to this day, between Booborowie and Farrell Flat, and in good condition. The wall was at one time featured on Landline.

Doug is a keen bird fancier and has learned a great deal about them whilst growing up. His interest began after taking three baby cockatoos from their nest, then erecting a cage for them. This began a lifetime interest in and love of birds. He has won an impressive number of prizes and ribbons at various country shows including grand champion awards.

Romance blossomed when Doug met Lorraine Wakefield at a dance in Kadina. Lorraine, a ball room dancer, was born in Kadina, but when her parents moved to Whyalla she continued her career as a nurse at Wallaroo Hospital. Eventually Doug and Lorraine married and they lived and worked on the farm. Doug's parents moved into Kadina and his father came out daily to the farm.

Doug and Lorraine became parents of two girls and two boys whilst living on the farm. Eventually they realised that the farm had to either get bigger - or get out. So the farm was rented out and the family moved to Whyalla, where their fifth child, another boy, was born and where he still lives. The children completed their secondary education at the High School there. Doug wisely insisted that they all learn a trade. Doug is proud to say all his children have developed and maintain an excellent work ethic. Eldest child, Julie Launder is a nurse at the Barossa Village and commutes from Eudunda. Carolyn is a nurse in Adelaide, Gary served over 11 years in the Australian Navy and now manages Hair House Warehouse at Elizabeth (with a staff of 14 girls). Stephen was a mechanic, but now at the age of 58, wasn't prepared to learn all about new cars, and is now employed at the Ardrossan silos. Michael lives at Clare and is driving road trains for various firms. Doug has six grandchildren - two boys and four girls - and five great-grandies, all boys. The eldest, aged 18, won Best and Fairest in the Eudunda Football Association.

Whilst living at Whyalla, Doug took on the mammoth job of building 25 big cages in their back yard for their feathered friends. He learned how to care for the huge variety of birds – when and how to feed them, cleaning the cages, providing fresh water every couple of days and so on. A neighbour also loved birds and together they instigated the Birds' Club in Whyalla which is still going well today. Doug is a life member of this club, and several others as well.

Lorraine was very supportive of Doug's interest in birds. They kept Cape Barren geese, black swans, wood ducks, black ducks, guinea fowls, jungle fowls, peacocks, seven cages of pheasants. All cages had self feeders and taps in each cage. They had two cages of bettongs (marsupials), plus swamp wallabies in a quarter acre fenced area. Around bird cages there was a run for fowls and kangaroos. A most successful trench was dug 3 feet deep x 2 feet wide right around the fence line, with rocks strategically placed, to prevent foxes getting in to the birds. Thanks to Doug's ingenuity, for 25 years not one fox ever got in. Guinea fowls and peacocks ran wild around the place.



An eight acre paddock of scrub was fenced off to keep out the stock that had denuded the area of vegetation. Native trees and shrubs were planted to coax the native birds back again. About two years later they repeated the operation on ten acres on the other side. The government paid for fencing which Doug erected.

The Ramsey boys played junior football for Wilpena Football Club. Doug was president for a couple of years. He also coached the juniors at the Nicholson Tennis club in Whyalla and was president for 12 years. In the beginning, there was one A grade seniors' team and three junior teams. Over a few years, Doug built it up to three A grade and eight junior teams - an achievement of which Doug is proud. Other interests of Doug's were rowing and baseball at Wallaroo, playing basketball for Paskeville, Cricket for Bores Plains, .303 shooting for Willamulka Rifle Club, member of Birds' Club at Nuriootpa and has been made Life Member of several Clubs. The Buffalo Lodge at Kadina was a service club that assisted needy Club members with gardening, financial matters and other areas of need. Having served on committees for three years, Doug achieved the honour of Fourth Degree. Meetings were on Friday nights-miss three ,and start again at the beginning!



Doug worked shifts for Whyalla BHP for 3-1/2 years in the rolling steel mill. When he got tired of shift work he was employed by E&WS at Whyalla, then at Snowtown and Clare, totalling 21 years as an employee of E&WS, thus gaining a lot of experience. But with ageing, it was time for change. They decided to get a block somewhere and finished up at Clare on 100 acres, with sheep and wheat. Here Doug built more large bird cages-100 parrot cages for princess parrots, lorikeets, Indian parrots, eclectus parrots and others. And Doug calls this retirement!

Sadly, Lorraine died two years ago when still at Clare. So where to now? It was time to look at retiring. The children helped Doug to sort out, clean up and to make the decision to move to Tanunda Lutheran Home to be closer to family members. Currently Doug enjoys helping with dishes and other duties at Barossa Club; regularly assists residents at The Shed, waters pot plants on the verandah every second day, assisted with sales of honey at the recent Strawberry Fete, prunes the grape vines at his place and loves gardening.

Thank you Doug, for sharing your interesting story.

Ed.

SAPOL PRESENTATION Personal Safety Home Security

Tuesday 8th December 2015 from 10.30am in the **Barossa Club Activities area** All welcome! \$2 donation for non-Barossa Club members Morning tea will be provided.

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TIT TAT **DECEMBER 2015**

Sprichst Du Deutsch? Do you speak German?

A combined TLH / Barossa Village program. Barossa Deutsch Conversation Group is for people interested in speaking German in a social setting. These sessions are being recorded to preserve the language and experiences of this culture.

رما^{ers & Groo}الم Exercise Classes

Held every Tuesday and Thursday in the Chapel 10:30—11:30am Our exercise classes are run by a qualified team of physiotherapists. All residents are welcome to attend. No need to book.



Our grateful thanks for another magnificent display. Thank you Annette Boyce





Monthly Volunteer Morning Teas First Tuesday of each Month (Replacing reward vouchers) Began Tuesday 3rd November 2015

Rachel Fritz

The inaugural monthly Tuesday morning tea to honour Volunteers was held on Tuesday 3rd November 2015 in the Cinema Room, as the Social Centre was set up in readiness for the Melbourne Cup luncheon.

Small cakes, hot and cold drinks were provided by the Kitchen staff and enjoyed by those attending. Lee Martin CEO expressed thanks from the bottom of his heart to all Volunteers who so generously offer their time and support where it is needed, often sitting alongside a resident at the end of their lifetime. Currently there are around 135 Volunteers listed, 80 of whom are very active. With their average age increasing, it is hoped more younger Volunteers

can be found. New Manager of Volunteers, Rachel Fritz was introduced. She comes with a lot of experience

Oscar Joppich

Doug Ramsey

and expertise and will seek out further Volunteers. Lee encourages more Volunteers

to attend the regular morning teas at 10.30am in the Social Centre.

On behalf of all present, Oscar ex-

pressed thanks to the Kitchen staff for providing afternoon (Note: Tue 1st December event is cancelled. Ed.)



L-R: Dorcas Kernich, Cecilie Noack, Ira & Errol Zeunert, Lena Rogers, Joan Habermann, Margaret Seeliger, Len Gerschwitz, Janice Fechner, Lee Martin CEO

Chooks are the only things you can eat before they are born and after they're dead!

"Two of our chooks have stopped laying!" said the farmer to his wife.

"How do you know?"

"Cos I just ran over them with the tractor."





Congratulations Rachel from all of us

Rachel is wearing a beautiful engagement ring. Her fiance Brenton Porter proposed on the same day as Rachel was interviewed at TLH!

Congratulations on both achievements, Rachel

Wishing you Toy

May Christmas bring you happiness And fill your heart with love And may you richly share in all The blessings from above May there be many presents bright **Around your Christmas tree** And greeting cards from near and far For all the family It is the hour to rejoice It is the time of year When everyone should dwell in peace And in good will and cheer And when December disappears May there be even more Of pleasure and fulfilment and Of happiness in store May every season, day and month Throughout the new year bring Prosperity and progress and The best of everything

There is more pleasure in loving than being loved

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The glory of life is to love—not to be loved to give, not to get to serve not to be served

CHRISTMAS SYMBOLS and their origins

Although part of our modern celebration, the stories behind them have a rich and fascinating history

HOLLY

One of the most popular plants with which to make Christmas wreaths is holly. Immediately recognisable with its spiky, leathery leaves and vivid red fruit, holly has been a part of winter festivals in the northern hemisphere long before Christianity.

Because holly bore fruit all year and stayed green throughout winter the Druids believed the plant was sent by the gods to watch over winter. Holly was said to ward off evil spirits and invite good spirits to find shelter in the house during winter. "But it was considered unlucky to leave the holly up after the pagan festival of Imbolc in early February when the earth goddess returned to get spring under way.

CHRISTMAS TREES

There is perhaps no other Christmas symbol as potent as the decorated tree. The modern day custom is believed to have originated in Germany. Born out of a fusion between Christian and pagan traditions, people brought evergreen trees into their home as a sign of renewed life. There are many stories as to how the tree became ingrained in Christmas tradition, many surrounding an English monk called Saint Boniface. One says he was a missionary in Germany trying to teach pagans the idea of the holy trinity and used the evergreen trees because of their triangular shape.

CHRISTMAS WREATHS

Centuries before Christianity there were many customs of gathering evergreen leaves for midwinter festivals to adorn the home in the form of a wreath. It was a symbol of life and hope. But with the rise of Christmas as a Christian celebration wreaths took on special religious significance. The wreaths were made of many different types of foliage but had to be from some kind of evergreen tree.

CHRISTMAS CARDS

Giving and receiving cards at Christmas is a custom dating back hundreds of years. Although there are various beliefs about their origin, most people agree the modern day Christmas card evolved from Christmas "pieces", an early type of school progress card given by English schools to parents. Emerging in the 18th century, the piece was an ornately decorated piece of paper on which students would write holiday greetings to their parents. It was a way of showing parents their child's best handwriting.



NEW SETTLERS (A different sort of Christmas) JOHN HERRING



Residents who have moved into TLH in 2015 are about to experience their first Christmas in a very different place and way of living from what they have before.

Some New Settlers will be just relieved that they are being looked after at TLH this Christmas. Some will feel grateful, appreciating the sincere efforts of others to make them feel at home. But it will still be a different Christmas from any you have had before. Your Christmas will be (however kindly meant) wrapped up in the routine that any Institution has to run on. Your Christmas will be tied up with the strings of Rules and Regulations (however kindly meant).

But what about the first Christmas?

Our culture has made it look so sweet...but it wasn't really.

The GOVERNMENT (Rome) were in control then too. Joseph and the heavily pregnant Mary were forced to make an arduous journey on a donkey. Just to get counted!



The TOURISM and INFRASTRUCTURE facilities were unprepared and overwhelmed by the flood of visitors (hence the Stable).

The HIGHLY EDUCATED EXPERTS (Wise men) turned out to be not so wise after all! They blundered by going to the REGIONAL COUNCIL (Jerusalem) instead of to Bethlehem.



They told the leader of the JERUSALEM TERRORIST CELL (Herod) about the birth of the new King (Jesus) which led to the murder of all the little boys under two years of age (infanticide). This resulted in Joseph, Mary, and Jesus, becoming REFUGEES fleeing to Egypt.

Except for the ordinary people like you and me (THE SHEPHERDS) the first Christmas was a shambles. An atrocity of bureaucratic bungling. A hierarchy of inconvenient rules and regulations. What a tragic mess!

It was to the ORDINARY people like you and me (THE SHEPHERDS) that God gave the best sound and light show ever seen on earth (The Angels singing). God gave the ordinary people the wonderful message of God's Peace and Salvation born that night.

The Government of that day, the Regional Council of the day, the highly educated experts of the day, had to be told the profound message of the day by the ordinary people of the day (the Shepherds) because they were too caught up in the importance of what they were trying to do to understand what was really happening.

Your Christmas will be differently packaged this year, but it is what is in the package (your heart) that really matters.

Greetings from the New Settlers Group which will start again in February 2016

John Herring



INDEPENDENT LIVING RESIDENTS ENJOY MELBOURNE CUP LUNCHEON 3rd NOVEMBER



We were happy to have a lovely sunny day for our Melbourne Cup function, held in the Social Centre. It was a delight to see the ladies and gentlemen dressed in the latest Melbourne Cup fashions. Nibbles and drinks were enjoyed while our three gentlemen, Frank, Oscar and Ray cooked a very tasty BBQ for us to enjoy, which accompanied the equally tasty salads – followed by most enjoyable sweets – thank you so much to our very capable Kitchen staff.

Betty Kohlhagen and Ray Giersch shared some Melbourne Cup trivia. The Mannequin Parade followed and winners were – **Best Dressed Lady:** 1st prize: Betty Kohlhagen—2ndprize: Glenis Kupke, and 3rd prize: Irene Joppich. Congratulations to these three ladies. **Best Dressed Man:** 1st prize: Darrell Kupke, 2nd prize: Oscar Joppich and 3rd prize: Ray Giersch. Congratulations to these three gentlemen.

There was much excitement when the Race began. My horse was running first for most of the run, but ran out of puff near the end – only to be overtaken by number 19 – everyone was happy to think that a very young lady won the Melbourne Cup – first time ever – for a lady! Well done!

Sweep 1: 1st Margaret Hepner, 2nd Marilyn Langley, 3rd Darrell Kupke.

Sweep 2: 1st Shirley Dahlenburg, 2nd Betty Kohlhagen, 3rd Lois Lablack. Congratulations to these winners.

Although our numbers were down, a most enjoyable time was had by everyone.

A sincere thank you to everyone who donated the prizes for our Melbourne Cup function.

Irene Joppich



















HAPPY PRIZE WINNERS (Above): Irene Joppich, Marilyn Langley, Shirley Dahlenburg, Margaret Hepner, Oscar Joppich, Glenis Kupke, Darrell Kupke, Lois Lablack, Ray Giersch, Betty Kohlhagen BELOW: George Davies (accordion), Val Lehmann, Verna Graetz, Wendy Shemmeld, Dorcas Kernich, Margaret Jasper, Daphne Gower.











RESIDENTS HAD FUN AT THE MELBOURNE CUP PARTY











Sal Tatchell

Val Graetz













Ann Siegmund

Stella Rohrlach

Joyce Schulz

Les and Doreen Garrett

Connie Doecke







Gwen Smith

Graham Clarke

Gertrud Fischer



Esther Flinn





Gordon Meyer







Nelda Graetz



Administration Office Hours Christmas 2015 and New Year

Thursday 24 th December 2015	Closing at midday
<u>Friday 25th December</u>	<u>Closed</u>
Weekend	Closed
Monday 28 th December	<u>Closed</u>
Tuesday 29 th December	Open
Wednesday 30 th Dec.	Open
Thursday 31 st December	Closing at midday
Friday 1 st January 2016	<u>Closed</u>
Weekend	Closed
Monday 4 th January 2016	Open

Wishing you a blessed and safe Christmas and New Year

Welcome New Staff



Kristy Tilbrook

Administration

Assistant



Rachel Fritz Lifestyle and Manager



Belle Sternal Allied Health Assistant



Derek Connor Personal Care Worker



Usha Gurung Registered Nurse



Rachael Hoille Personal Care



Kim Todman Enrolled Nurse



Jinse John Personal Care Worker



Kymberley-Jane Sparks Personal Care Worker



Kelly Down Enrolled Nurse



Farewell and Happy Retirement

IVOR CARTER from Barossa Club

We wish you all the best and thank you for your wonderful contribution to TLH. Your personality and musical talents will be sorely missed.



Ivor Carter and Doug Ramsey busy in The Shed making music with a 7-lb jam tin!

TLH Ladies' Auxiliary

The stall at the Strawberry Fete raised \$777.50. In the last months we donated \$6000.00 for purchasing needed items, such as a computer and monitor for the Laundry; tools to set up The Shed, and power packs for two electric wheelchairs. The Auxiliary also paid the cost of six sets of liturgical banners in the Chapel costing \$5400.00. With the support of 19 Guilds/ Fellowships who come in to do mending and sewing at the Home, as well as donating homemade biscuits for residents, we also provide the Christmas cakes for residents on Christmas Day. We sincerely thank all who support the Ladies' Auxiliary to make this possible. *Christine Mitchell, Secretary*.

Christmas Blessings to all our readers



From the TLH Ladies' Auxiliary



"How embarrassing," said one fellow to another.
"The party invitation plainly said, Black Tie Only!
When I got there, everyone was wearing suits as
well."

Advertising a discussion entitled, "What Makes a Happy Marriage?" a poster at a women's club read: "What do you have in common with your husband?" Beside it someone had written, "We were both married on the same day." INDEPENDENT LIVING RESIDENTS

<u>Ladies' Get Together</u>

1.30pm in Courtyard Café

Saturday 5th December

Please bring small plate of food Enquiries: Margaret Spike 0481 255 041

Christmas Pickle

What a strange world we live in! Apparently there is an old tradition where a pickle ornament is hidden on the Christmas tree. The first person to find the pickle among all the other ornaments is said to receive an extra present at Christmas. The tradition has stories originating from the Spain to Germany, but either way it seems like a fun and not to mention weird tradition! Have any of you





Bus trip

Xapunda
Christmas Cree festival
Friday 4th December
Bus boards at 1.30pm

Gold coin donation

For more information

Please speak to lifestyle staff



Lifestyle Program	DECEMBER	2015
Tuesday 1st 10.30 Sewing & Knitting G 10.30 Individual Visitation	•	Protea ABG
10.30 Individual Mens Vis10.30 Exercise group with1.15 Christmas tree trimn1.15 The Shed with Sean	the Physio ning	Chapel TC 2
3.00 Christmas tree trimn Group activities with	ning Banksia and s	mall ABG
Wednesday 2nd 10.30 Individual Visitatio 10.30 Individual Visitatio 10.30 Gospel Goals 1.15 Christmas tree trin 1.15 Christmas tree trin 3.00 Sundowners progr	n with Sean nming nming	TC ABG Chapel Grevillea Waratah ABG
Thursday 3rd 10.30 Individual Visitatio 10.30 Individual Visitatio 1.15 Redeemer School 3.00 Sundowners progr	n with Sean Children	Banksia ABG Chapel ABG
Friday 4th 10.30 Individual visitation 10.30 Individual Visitation 11.00 Help for living 1.15 Bus trip Kapunda		TC ABG Chapel
1.15 Bingo1.15 Margaret Tepper3.00 Sundowners prograHappy Hour in all areas		Waratah Chapel ABG
Sunday 6th 10.30 Worship Service w	ith Holy Communio	n Chapel
Monday 7th 10.15 Hymn Singing 10.30 Individual Visitation 11.00 Worship Service with		Chapel ABG
Acacia10.30 Individual Visitation1.15 Christmas Tree trim1.15 Christmas tree trim3.00 Sundowners progra	nming iming	P/W Acacia Protea ABG

PLEASE NOTE ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE

DECEMBER 2015

Lifestyle program

Tuesday 8th 10.30 Sewing & Knitting Group 10.30 Individual Visitation with Carolyn 10.30 Exercise Group with the Physio 10.30 Individual Men's Visitation with Sean 1.15 The Shed with Sean 1.15 Ladies Group	Protea 2 ABG Chapel Banksia
3.00 Sundowners program with Sean	ABG
Wednesday 9th 10.30 Individual Visitation with Odette 10.30 Individual Visitation with Sean 10.30 Gospel Goals 1.15 Valley Voice Choir Christmas 3.00 Sundowners program with Sean	TC ABG Chapel Chapel ABG
Thursday 10th 10.00 Greenock School children 10.30 Individual visitation with Sean 10.30 Individual visitation with Odette 1.30 George Davies Accordion Xmas 3.00 Sundowners program with Sean	Chapel TC/P/W ABG Chapel ABG
Friday 11th 10.00 Individual visitation with Carolyn 10.30 Individual Visitation with Sean 10.30 Individual Visitation with Odette 11.00 Help for living 1.15 Bobby Dazzlers Xmas 1.30 Bingo and afternoon tea 1.15 making Christmas decorations 3.00 Sundowners program with Sean Happy Hour in all areas in pm activi	Protea 2 TC ABG Chapel Banksia Waratah2 TC1 ABG
Saturday 12th	
Sunday 13th 10.30 Worship Service with Holy Communic 1.45 Greenock Parish Christmas Carols	on Chapel ABG
Monday 14th 10.15 Hymn Singing 10.30 Individual Visitation with Sean 11.00 Worship Service with Holy Communic	
 10.30 Individual Visitation with Carolyn 1.15 A reading of the Christmas Carol 1.30 Bingo and Afternoon Tea 3.00 Sundowners program with Sean 	Acacia P/W TC Waratah2 ABG
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Tuesd	ay 15th	
	Sewing & Knitting Group	Protea 2
10.30	Individual Visitation with Carolyn	P/W
10.30	Exercise Group with the Physio	Chapel
10.30	Individual Men's Visitation with Sean	•
1.15	The Shed with Sean	
1.15	Lorraine Gregory entertaining	Acacia
1.30	Bingo and Afternoon Tea	Waratah2
3.00	Sundowners program with Sean	ABG
Wedne	esday 16th	
	Individual Visitation with Odette	TC
10.30	Individual Visitation with Sean	ABG
10.30	Gospel Goals	Chapel
1.15	Bobby Dazzlers Xmas	Chapel
3.00	Sundowners program with Sean	ABG
Thurse	day 17th	
	Individual Visitation with Sean	TC/P/W
	Rae's Reading	TC
	Individual Visitation with Odette	ABG
1.15	Deutsch Christmas	Chapel
3.00	Sundowners program with Sean	ABG
Friday	<u>18th</u>	
10.30	Individual Visitation with Sean	TC
10.30	Individual Visitation with Odette	ABG
10.00	Gardening Group	Protea2
11.00	Help for living	Chapel
1.30	Reminiscing with Odette	Banksia
	Bingo	Waratah2
1.15	Music appreciation with Marg Tepper	
Chape		
	Sundowners program with Sean	ABG
Happy	y Hour in all areas in pm activities	
30		







REMEMBER Afternoon Lifestyle Programs now commence at 1.15pm Instead of 1.30pm unless stated. Kind Regards, The lifestyle Team.

Saturday 19th

Sunday 20th

10.30 Worship Service with Holy Communion Chapel

Monday 21st

10.15 Hymn Singing	Chapel
10.30 Individual visitation with Carolyn	P/W
10.30 Individual visitation with Sean	ABG
11.00 Worship Service with Holy Commu	ınion Acacia
1.15 Cooking and Book club	Waratah2
1.30 Christmas card making	Banksia
3.00 Sundowners Program with Sean	ABG

Tuesday 22nd

10.30	Sewing & Knitting Group	Protea
10.30	Exercises with the Physio	Chapel
10.30	Individual Men's visitation with Sean	
10.30	Individual Visitation with Carolyn	P/W
1.15	Ladies 'Group	Banksia
1.15	The Shed with Sean	
3.00	Sundowners program with Sean	ABG

Wednesday 23rd

10.30 Individual Visitation with Odette	TC
10.30 Individual Visitation with Sean	ABG
10.30 Gospel Goals	Chapel
1.15 Two wanderers Christmas	Chapel
3.00 Sundowners program with Sean	ABG
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Thursday 24th Christmas Eve

10.30	Visit from Santa	Protea /Waratah
1.15	Visit from Santa	TC
3.00	Sundowners program with Sean	ABG
	Visit from Santa	ABG

Please note the Lifestyle program may be subject to change



Your FREE Library
Open Wed and Friday
9.00-noon
Come to Falkenberg Wing
for huge variety of
books, DVDs, CDs,
Puzzles etc
Free delivery service

Friday 25th



Christmas Day—Merry Christmas

10.30 Worship with Holy Communion	Chapel
Saturday 26th	Public Holiday
Sunday 27th	Public Holiday
10.30 Worship with Holy Communion	Chapel
Monday 28th BOXING DAY	Public holiday

Tuesday 29th

10.3	Games and social time	P/W
	Games and social time	TC
3.00	Bangers and mash singalong	ABG

Wednesday 30th

10.30	Games and social time	Banksia
1	Resident meeting	Chapel
3.00	Reminiscing (celebrations)	ABĠ

Thursday 31st

10.30	Games and social time	TC
1.15	New Year's Eve celebrations	Protea
3.00	Sundowners program	ABG

